



inMed v





Discovering Coimbra

Known as the city of the students, Coimbra has one of the oldest Universities in Europe, which in 2015 celebrated 725 years of existence.



For that reason, the city is surrounded by a very particular mysticism, without a doubt result of a past full of relevant and curious events, but also a reflex of the many memories of its former students, who will forever remember the years past in this ancient House of Knowledge.

Coimbra is clearly a city one will have to visit to be able to understand all this beautiful city has to offer.





 **nem aac**

NÚCLEO DE ESTUDANTES DE MEDICINA
DA ASSOCIAÇÃO ACADÉMICA DE COIMBRA



NEM

Núcleo de Estudantes de Medicina

Created on May 4th 1998, Coimbra's Medical Students' Association (NEM/AAC) acts, since then, as the legitimate representative of the 1800 students of the Faculty of Medicine of University of Coimbra (FMUC).

Presenting itself as an institution of innovation, efficiency and the utmost dedication from students for students, NEM appears as a platform where a student can find a real and practical way to contribute to his community - one of the most important goals as a physician.

Striving to give back to our community, NEM, through its activities, promotes the self development and health of the ones that surrounds us.

4000+
followers on our
Facebook page







>400 Participants



1 Nobel laureate
+ various international
speakers



300 registrations
< 2 minutes

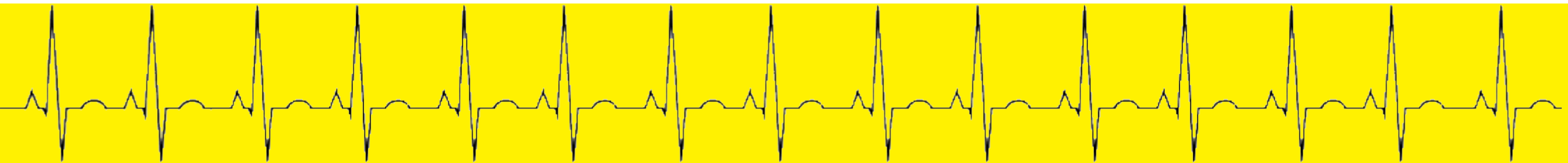


97% Participants
Want to participate again

Heading to its fifth edition, the scientific-medical congress In4Med, wants to be amongst one of the best conferences organized in Portugal. But that's only the first step...

We want to be the best of the world!

After a fourth edition marked by the presence of innumerable international guests such as the 2008's Nobel Laureate of Physiology and Medicine, Prof. Harald zur Hausen, the V In4Med pretends to consolidate its image by continuing its tradition of attracting genius speakers and bring to Coimbra students from all over the world"





But In4Med is not only lectures.

With a significant amount of Workshops, accounting for a wide diversity of areas, ranging from Interventional Radiology to parturition simulation, and many many more... In4Med strives to rise every standard by showing the best Practical Workshops. Side by side with our amazing Workshops, our congress also encourages the interest and curiosity for investigation through our Scientific Poster Competition!

In4Med is three days of sharing and knowledge!

3 days that will reveal the most formidable things happening in Science

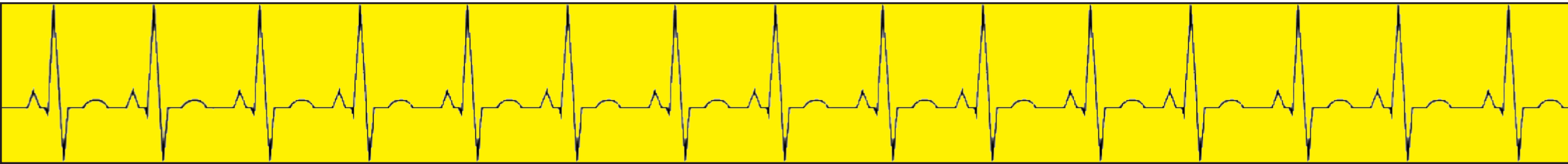
3 days where Coimbra becomes the Portuguese Capital of Medicine

3 days that will change the lives of 400 students

The future starts today



Scientific Lectures





Cardiovascular Diseases

In ancient times, the Egyptian conceived the heart as the organic and spiritual center of man and, in the Bible, this organ is told to be the center of knowledge. Today, the cardiovascular disease stands as the main cause of death and morbidity in Portugal and in the World.

So what about the future? The future is dictated by the promotion of healthier lifestyles and diets, affecting the risk factors, and search of better treatments to diminish the mortality rates associated with cardiovascular diseases. This change of paradigm, in which everyone has a major role, is vital for stopping this epidemic.

Because medicine must be guided by the heart!

Neurosciences

Neurosciences is the best example that our comprehension of human physiology is still very limited, being an extremely complex area and proportionally fascinating.

It is a modern theme, marked by the increasing incidence of demential diseases and others, where our technology and knowledge is not advanced enough.

Therefore, with this relevant role in our society's health and the amount of investigation invested in this area, we intend to demonstrate to our students the quality of what has been done and what will go from the workbench to the bedside.

Reproductive Medicine

Reproduction stands as the highest pinnacle of creation, with the glorious purpose of perpetuating species over time. However, we have currently been watching a steady, multifactorial, reduction of the global fertility rates, especially in developed countries.

Will the continuous pressure imposed by the increasing obstacles to reproduction, translate into amazing new fertility treatments? Will the scientific developments improve society's reproduction rates and ultimately allow couples to fulfill their dreams of parenthood?

How can Science help us from preventing an impending extinction of our species? How can we make it possible for future couples to achieve the miracle of birth?

Plastic Surgery

Since the beginning of times, Humanity is in a continuous search for knowledge and capacity to change its surroundings in a formidable way.

Although it's usually seen, in a contemporary world dominated by aesthetics, in the most superfluous form, it is essential to recognize the true importance of this surgery, not only as a way to reach physical perfection but, and above all, to recognize the potential of surgery as a reconstruction technique.

Having in mind its importance, in the present and in the future, Plastic Surgery is a field that just couldn't be neglected by the V In4Med.



Friday – 19th February

08h00

Check-in

09h00-09h30

Opening Session

09h30-10h15

Plenary Session

10h15-10h45

Coffee-Break

10h45-12h00

Cardiovascular Panel

12h00-14h00

Lunch

14h00-17h00

**Posters Presentation /
Social Program**

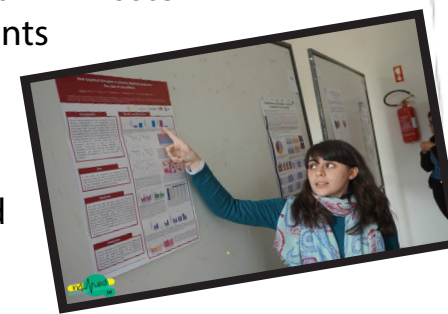
17h00-23h00

Sunset

Posters Presentation

Biomedical projects developed by students will have the main stage.

Through oral and Poster presentations, participants will be able to present their own research work and discuss the results with a renowned Scientific Committee.



Social Program

The V In4Med Social Programme intends to promote the dialogue and interaction between students from different faculties and nationalities.

In order to do so, during the 3 days of the conference, speakers and participants will be invited to enjoy three refined and elegant amazing experiences outside the congress venue.



Saturday – 20th February

08h00

Check-in

09h00-10h15

Neurosciences Panel

10h15-10h45

Coffee-Break

10h45-11h30

Plenary Session

11h30-12h15

Plenary Session

12h15-14h30

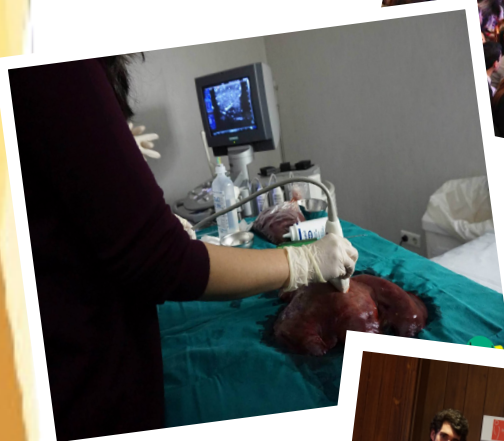
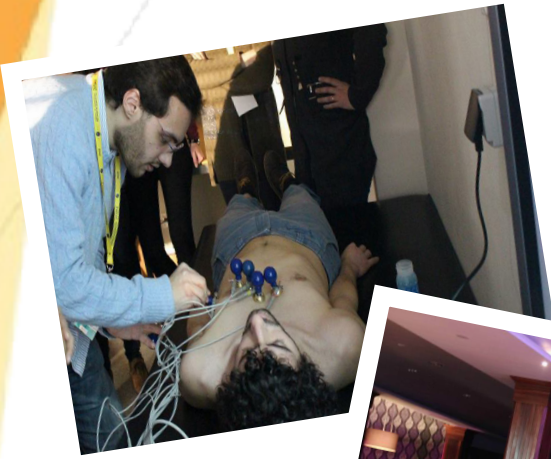
Lunch

15h00-19h00

Workshops

21h00-24h00

Gala Dinner



Sunday – 21st February

08h00	Check-in
09h00-10h15	Plastic Surgery Panel
10h15-10h45	Coffee-Break
10h45-11h30	Plenary Session
11h30-12h15	Plenary Session
12h15-14h30	Lunch
14h30-15h45	Reproductive Medicine Panel
15h45-16h15	Coffee-Break
16h15-17h00	Plenary Session
17h00-17h30	Ending Session & Awards Ceremony



Clinical Competition

The Clinical Competition is part of the In4Med! Its main goal is to engage students in clinical reasoning by solving multiple clinical questions that will challenge the participants knowledge!

We hope to see
you soon!

“One of the most magical and mesmerizing experiences of my humble little life! (...) Far and away the best conference I’ve ever been to in my life.” [referring to In4Med]

Dr. Ahmed Hankir

“The Wounded Healer”

