EXAMINATION TOPICS

1. Describe the disinfection methods used for general and basic care instruments and

instruments in a hospital environment and explain the concepts of asepsis and

antisepsis.

2. Describe the daily workflow in a hospital ward and the content of the nursing

documentation. Task: A new patient is admitted to the ward. Place the patient in the ward,

and record the patient's nursing history and any additional procedure on admission.

3. Do the preparations for bedding for a bedridden patient and for washing the patient.

Clean and tidy the bed and its environment. Describe the patient's needs in terms of

hygiene, comfort and safety.

4. Prepare to meet the toileting needs of a bedridden patient and carry out the related

nursing task. Describe the tasks regarding quantitative and qualitative monitoring of the

secretions, and record these on the nursing chart and in the nursing documentation.

5. When admitting a new patient, measure the weight and height of the patient (BMI). Take

the temperature, breath and pulse count. Prepare to monitor the patient’s blood pressure,

7.do the measurement, and record the readings of all the above tests on the nursing chart

and in the nursing documentation.

6. Describe the options for meeting the patient's nutritional and fluid intake needs.

Describe nursing tasks related to enteral nutrition and adequate fluid intake. Explain the

management of the fluid chart.

7. Prepare to administer subcutaneous and intramuscular injections. Explain how to

properly do the injection and complete the related documentation.

8. Describe the options for mobilizing the bedridden patient in bed. Do the mobilization

while respecting the comfort and safety needs of the patient.

9. Prepare the patient for an invasive intervention that requires anesthesiology.

11. Place an elastic bandage on the patient's body and complete the related

documentation.

12. Prepare for blood sampling and perform the procedure under the supervision of a

nurse. Explain the possible complications of blood draw, possible sampling errors, the

handling of the blood sample and the relevant documentation. Describe the sampling

equipment necessary for the procedure.

13. Prepare the patient for venipuncture (cannulation). Describe the method of fixing the

cannula, monitoring, and possible complications. Insert the cannula under the

supervision of the nurse and complete the related documentation.

14. Prepare to administer the prescribed intravenous infusion. Assemble the infusion set.

Complete the related documentation.

15. Prepare for blood glucose monitoring at the bedside. Explain the readings of the

device that indicate low or high values. Enter the readings in the nursing chart and the

nursing documentation.

16. Prepare to insert a permanent catheter. Explain the rules and the possible

complications. Complete the related documentation.

17. Describe the general and specific diagnostic procedures of the relevant hospital ward

and the necessary preparations for them. Do a 12-lead ECG on a patient with standard

and chest leads. Explain the rules for placing the electrodes on the patient’s body.

18. Describe the options and methods for Risk assessment of pressure ulcers. Do the risk

assessment and complete the related documentation. Describe the options for

prevention.

19. Prepare for wound management and for changing the dressing. Assess the condition

of the wound. Complete the related documentation.

20. Describe the rules governing dosage, and the related tasks of the nursing staff

regarding sorting and administration. Explain specified methods of administration (e.g.

drops or inhalation) and describe how to do them. Administer the medication and

complete the related documentation.

21. Describe the personal protective equipment used in the clinical environment and how

to use it. Explain hazardous waste management. Explain the importance and possibilities

of preventing nosocomial infections. Demonstrate the use of sterile and disposable

rubber gloves.

22. Describe the symptoms and signs of circulatory and respiratory arrest. Prepare to start

CPR, and describe the steps of Basic Life Support.

23. Prepare to determine the patient's blood group and to administer transfusion.

Describe the related nursing tasks.