

**SEMELWEIS EGYETEM TESTNEVELÉSI ÉS SPORTKÖZPONT**  
**2020-2021 I. féléves órarend**

| 2020/2021<br>TIMETABLE<br>I - II. YEAR<br>8:00 - 18:00        | I. Semester                                     |   |   | English P.E.I; P.E. III;                           | Trainings                   |
|---|---|---|---|--|-----------------------------|
|   |   |   |   | German Sportl. Sport III;                          | P.E. III; P.E. V; P.E. VII. |
|   |   |   |   | Hungarian Testnevelés I. III;                      | Course P.E. V; P.E. VII.    |
|   | MONDAY  | TUESDAY   | WEDNESDAY   | THURSDAY   | FRIDAY                      |
| 8:00 - 9:00<br>GYTK II. A1, A2<br>EM I. 6,7,8,10,20 EM II. 10 | 8:00 - 9:00<br>AOK I. G1, G2, G3                | 8:00 - 9:00<br>AOK I. A3, D2, D3                                | 8:00 - 9:00<br>AOK I. E1, E2, E3                    | 8:00 - 9:00<br>EM I. 17, 18<br>EM II. 8, 9, 11, 12 |                             |
| 9:00 - 10:00<br>AOK I. H1, H2, H3                             | 9:00 - 10:00<br>FOK I. 4, 5, 6                  | 9:00 - 10:00<br>DM I. 4, 5, 6                                   | 9:00 - 10:00<br>DM I. 10, 12                        | 9:00 - 10:00<br>EM I. 21, 22<br>EM II. 7           |                             |
| 10:00 - 11:00<br>EM I. 3,11,12,16                             | 10:00 - 11:00<br>DM II. 9<br>EM II. 1, 3, 4, 5  | 10:00 - 11:00<br>GYTK I. B2, C1, C2                             | 10:00 - 11:00<br>AOK II. H1, H2, H3                 | 10:00 - 11:00<br>DP I. 1<br>ED I. 1, 2, 3, 5       |                             |
| 11:00 - 12:00<br>AOK II. B1, B2, B3                           | 11:00 - 12:00<br>EKK III. 1, 2<br>DM II. 7      | 11:00 - 12:00<br>AOK II. G1, G2, G3                             | 11:00 - 12:00<br>AOK I. B1, B2, B3                  | 11:00 - 12:00<br>GYTK I. D1, D2                    |                             |
| 12:00 - 13:00<br>DM I. 9, 17                                  | 12:00 - 13:00<br>FOK I. 1, 2, 3                 | 12:00 - 13:00<br>AOK II. E1, E2, E3                             | 12:00 - 13:00<br>DM I. 13, 16                       | 12:00 - 13:00<br>DZ I. 2, 3                        |                             |
| 13:00 - 14:00<br>DM I. 1, 2, 3                                | 13:00 - 14:00<br>EM II.<br>13,14,15,16,17,18,19 | 13:00 - 14:00<br>DM II. 3, 4, 13                                | 13:00 - 14:00<br>EM I. 14<br>DM I. 14 DM II. 8, 10  | 13:00 - 14:00<br>EKK I. 1, 2<br>AOK I. C1          |                             |
| 14:00 - 15:00<br>EP I. 1, 2, 3, 4                             | 14:00 - 15:00<br>AOK II. A1, A2, A3             | 14:00 - 15:00<br>DM I. 7, 8, 11                                 | 14:00 - 15:00<br>DM II. 2<br>EM I. 9, 13            | 14:00 - 15:00<br>DM II. 11, 12<br>AOK I. D1        |                             |
| 15:00 - 16:00<br>AOK I. F1, F2, F3                            | 15:00 - 16:00<br>GYTK II. B1, B2                | 15:00 - 16:00<br>GYTK II. C1, C2<br>EM I. 1,2,4,5               | 15:00 - 16:00<br>GYTK I. A1, A2, B1                 | 15:00 - 16:00<br>FOK II. 1, 2                      |                             |
| 16:00 - 17:00<br>AOK II. F1, F2, F3                           | 16:00 - 17:00<br>AOK I. A2<br>FOK II. 3, 4      | 16:00 - 17:00<br>AOK II. D1, D2, D3<br>EP II. 1,2,3             | 16:00 - 17:00<br>FOK II. 5, 6<br>EM I. 15, EM II. 2 | 16:00 - 17:00<br>DZ I. 1<br>DM I. 15, DM II. 14    |                             |
| 17:00 - 18:00<br>AOK I. A1, C2, C3                            | 17:00 - 18:00<br>DP. II. 1<br>DM II. 1, 5, 6    | 17:00 - 18:00<br>AOK II C1, C2, C3<br>ED II. 1,2,3,4,5 EM II. 6 | 17:00 - 18:00<br>EM I. 19<br>DZ II. 1, 2            | 17:00 - 18:00<br>ED I.4<br>EKK II. 1, 2            |                             |
| 18:00 - 19:00<br>Step aerobic                                 | 18:00 - 19:00<br>Boulder<br>Salsa               | 18:00 - 19:00<br>Bless You Gym                                  | 18:00 - 19:00<br>Circuit training<br>Badminton      | 18:00 - 19:00<br>Zumba                             |                             |
| 19:00 - 20:30<br>Basketball<br>training                       | 19:00 - 20:30<br>Volleyball<br>training         | 19:00 - 20:30<br>Basketball<br>training                         | 19:00 - 20:30<br>Volleyball<br>training             | 19:00 - 20:00<br>Aerobic                           |                             |
| 20:30 - 22:00<br>Handball<br>training                         |   | 20:30 - 22:00<br>Handball<br>training                           |   |  |                             |
| <b>Artificial football field and artificial tennins court</b> |   |   |   |  |                             |
| 17:00 - 18:00<br>Soccer course                                | 18:00 - 19:30                                   | 17:00-18:00<br>Ultimate frisbi beginner                         | 17:00-18:30 és 18:30 - 20:00<br>Tennis 1. Tennis 2  |  |                             |
| 18:00 - 19:30<br>Soccer for women                             | Soccer training                                 | 18:00 - 19:00<br>Ultimate frisbi advanced                       | 18:00 - 19:30<br>Soccer training                    |  |                             |
| <b>Out of Sportcenter</b>                                     |   |   |   |  |                             |
|   |   | 20.15 - 21:15<br>Icehockey training                             |   | 15:00-17:00<br>Golf                                |                             |
|   |   |   |   | 15:00 - 17:00<br>Hiking 1.<br>Hiking 2.            |                             |
|   |   |   |   |  |                             |