

20234/2025. ACADEMIC YEAR							
PROGRAM OF STUDY (FOR STUDENTS OF 5TH YEAR)							
Full (Hungarian) name of the subject: Testnevelés IX.							
Program: Undivided program (pharmaceutical)							
Schedule: Full-time							
Short name of the subject: P.E.							
English name of the subject: Physical Education IX.							
German name of the subject: Sport IX.							
Type of registration: obligatory/obligatory elective/elective/criteria requirement							
Neptun code of the subject: GYKTSII16G9A							
Responsible Department: P.E. and Sport Centre							
Responsible tutor Kornélia Várszegi				Title, academic degree: director, P.E. teacher			
Contact information: - phone: +36-20/825-0611 - email: varszegi.kornelia@semmelweis.hu							
Name of the persons responsible for the teaching of the subject: Lehel Zsolt Weisz Miklós Nagy-Kismarci Bence Rimay István				Title, academic degree: P.E. teacher P.E teacher cheerleading trainer football trainer			
Class per week: 1 hour practise				Credit point(s): 0			
Professional content, intent of acquirement and it's function in order to implement the goals of the program: The short-term goal of the course is to maintain and improve the students' current state of health, to create the physical conditions for a better quality of life by learning and practicing (new) branches of sports that can be practiced after graduation as well. The long-term goal is to improve the quality of life and life prospects of future physicians, and to provide students with credible preventive attitudes and lifestyle advice - so that they can represent those in their later practice, through their own health-promoting behavior.							
Short description of the subject: Upon completion of the course the student will be able to carry out regular physical activity							
Course data							
Recommend ed term	Contact hours (lecture)	Contact hours (practice)	Contact hours (seminar)	Individu al lectures	Total number of contact hours/sem ester	Normal course offer	Consult ations
9 semester	-	14	-	-	14	Autumn semester* Spring semester Both semesters (* Please underline)	--
Program of semester**							
Topics of theoretical classes (pro week):							

Topics of practical classes (pro week):

You can register for the “independent sports activity” course as part of the Physical Education course in the Neptune system.

Every week, a questionnaire is sent to the students through the Neptune system:

- The questionnaire can be filled in from Monday to Sunday in a semester (no entries can be made in advance or afterwards).
- Students must assure themselves that they have completed the questionnaire truthfully.
- It is a minimum requirement for the signature that a training of 1 × 60 minutes per week is completed (to be 10 times responses) and this is recorded in the questionnaire.

Other way, Free of charge:

2x90 mins./week sport training (competitive sport, for qualified only): cheerleader, female's football, men's football, handball, basketball, volleyball, waterpolo

Schedule of consultations:***Course requirements*****Prerequisites:**

Prerequisites Physical Education I – VIII.

Conditions of attending the classes, amount of acceptable absents, way of presentation of leave, opportunity for makeup:

The student who completes the independent sport activity course is also supposed to attend 10 classes and record their participation in the weekly sent UniPoll questionnaire.. Practice leaders follow an online presence registration at the beginning and end of the lessons, which can be individually tracked on semmelweis.hu/sportkozpont homepage.

Another way to complete the Physical Education course is to 15 times actively participate in the trainings of university teams. As teams take part in championships during the school year, we only accept applications from professional athletes!

The grading method; the conditions for getting the signature; the number, topic(s) and date(s) of the mid-term assessments, (reports, term tests), and the process in which they contribute to the final grade; and the possibility of their retake or their upgrading retake (as provided in §§ 25-28 of the STUDY AND EXAMINATION REGULATIONS):**Number, topics and dates of tests during the semester, opportunities of makeup and improvement of results***:****Requirements of signature (as provided for in STUDY AND EXAMINATION REGULATIONS § 29):**

Active participation in practice classes 10 times (trainings 15 times) under the conditions described above.

Number and type of projects students have to perform independently during the semester and their deadlines:

Type of the semester-end examination: signature*/practical grade*/semi-final*/final* (* Please underline)

Examination requirements: as published by the education-research department on the MOODLE interface by the start of the academic term.

Form of the semester-end examination: written*/oral*/combined examination/**practical examination/the assessment of completing project work (according to STUDY AND EXAMINATION REGULATIONS 30.§)*** (*Please underline*)

The possibility and conditions for offering grades:

Active participation in practice classes 10 times (trainings 15 times) under the conditions described above.

May be exempted from attending classes the student who

1. whose diagnosis and the opinion of the sports doctor do not allow to exercise, and submits a certificate

or

2. does sports regularly and submits a certificate of association and federation in the neptun system in the exemption period preceding the semester.

A list of the basic notes, textbooks, resources and literature that can be used to acquire the knowledge necessary to master the curriculum and to complete the assessments, with exact description about which of them is required to acquire which part of the syllabus (e.g. description based on topics)), as well as the main technical and other aids and study aids that can be used:

In the case of a subject lasting more than one semester, the position of the teaching/research department on the possibility of parallel enrolment and the conditions for admission**:**

yes*/no*/on and individual assesment basis* (*Please underline*)

If the subject is not passed, it can be retaken with special permission.

The course description was prepared by: Kornélia Várszegi