

## REQUIREMENTS

<b>Semmelweis University, Faculty of General Medicine</b> <b>Name(s) of the Institute(s) teaching the subject:</b> Institute of Behavioral Sciences
<b>Name of the subject:</b> Dental Psychology <b>Credits:</b> 2 <b>Total number of hours:</b> 28 <b>lectures:</b> 14 <b>practices:</b> 0 <b>seminars:</b> 0 <b>Type of the course (mandatory/elective):</b> Mandatory
<b>Academic year:</b> 2019/2020
<b>Code of the course<sup>1</sup>:</b> FOKVMAG019
<b>Course director (tutor):</b> Dr. Gyöngyvér Salavecz <b>Contact details:</b> salavecz.gyongyver@med.semmelweis-univ.hu <b>Position:</b> assistant professor <b>Date of habilitation and reference number:</b> -
<b>Aim of the subject and its place in the curriculum:</b> The course aims to provide students with an insight into human personality, behavior, emotion and motivation basic laws. Practical introduction to the principles of human behavior helps dental students to better understand patients' mental health can handle special communication situations (eg patients of different ages, communication with difficult patients, suggestive communication). Students become familiar with most important psychological phenomena in dentistry: pain, anxiety and stress. They gain insight into the functioning of psychosomatics and basic psychotherapy interventions.
<b>Location of the course (lecture hall, practice room, etc.):</b> Lecture hall.
<b>Competencies gained upon the successful completion of the subject:</b> <ul style="list-style-type: none"><li>- Developing an understanding of the complex interplay between one's physical well-being and a variety of biological, psychological, and social factors.</li><li>- Learning the nature of the stress response and its impact in the etiology and course of many health problems.</li><li>- Understanding the approach of bio-psycho-social model.</li><li>- Being able to identify various psychological disorders and key personality traits related to health/disease.</li><li>- Handling psychological and communication problems emerging on the field of dentistry.</li></ul>
<b>Prerequisite(s) for admission to the subject:</b> None.
<b>Minimum and maximum number of students registering for the course:</b> None. <b>Student selection method in case of oversubscription:</b> Every student is accepted.
<b>How to register for the course:</b> By Neptun.

**Detailed thematic of the course<sup>2</sup>:***Lectures:*

Week 1.	Psychological Thinking, Models, Theories	Dr. Peter Ujma
Week 2.	Principles of perception, pain, consciousness, emotions and communication -and their relations to dentistry	Dr. Peter Ujma
Week 3.	Conscious states, sleep, dreaming, general anesthesia	Dr. Robert Bódizs
Week 4.	Stress and stress management in dental practice	Dr. Adrienne Stauder
Week 5.	Psychosomatics and Psychotherapeutic methods in dental practice	Dr. Nora Fóris
Week 6.	Control problems, cognitive-behavioural therapy and their relation to dental practice	Dr. Nora Fóris
Week 7.	Motivational interviewing and its application in dental practice	Dr. Nora Fóris
Week 8.	Depression and their relation to dental practice	Dr. Nora Fóris
Week 9.	Psychological crisis, presuicidal syndrome, and burn-out prevention	Dr. János Kollár
Week 10.	Breaking bad news and disclosing medical errors	Dr. János Kollár
Week 11	Substance misuse, substance abuse, drug addiction	Tamás Fenyves
Week 12	Dental consequences of eating disorders	Tamás Szalai
Week 13	Psychology of Pain (types, measuring, alleviation)	Dr. János Kollár
Week 14	Review	Dr. Nóra Fóris

**Potential overlap(s) with other subjects:** Medical Communication, Psychotherapy.

**Special training activities required<sup>3</sup>:** None.

**Policy regarding the attendance and making up absences:** Students are expected to attend regularly on lectures according to the Rules of Study and Examination.

**Means of assessing the students' progress during the semester<sup>4</sup>:**  
None.

**Requirement for acknowledging the semester (signature):**  
Participation on lectures according to the Rules of Study and Examination.

**Type of the examination:**  
Written.

**Exam requirements<sup>5</sup>:**  
Theoretical exam based on the topics of the lectures.

**Type and method of grading<sup>6</sup>:**  
The sole source of grading is the achievement reached on the written exam.

<p><b>How to register for the exam:</b> By Neptun.</p>
<p><b>Opportunities to retake the exam:</b> According to the examination rules of Semmelweis University.</p>
<p><b>Literature, i.e. printed, electronic and online notes, textbooks, tutorials (URL for online material):</b> Mostofsky DI, Forgione AG, Giddon DB (eds.), Blackwell Munksgaard, 2006.</p> <p><i>Recommended textbooks:</i> Behavior &amp; Medicine. 4th Edition, Danny Wedding, Hogrefe &amp; Huber Publishers, Seattle, 2006. Fadem B: Behavioral Science, Lippincott Williams &amp; Wilkins, 5th ed., 2008. Sarafino E.P.: Health Psychology. Biopsychosocial interactions. 6 th ed., New York, Wiley, 2008. Kopp M. - Skrabski Á.: Behavioral Sciences Applied in a Changing Society, Corvina, 1996..</p> <p><i>Additional readings:</i> Powerpoint slides and prezi presentations used for the lectures. They will be made available on the website of the course.</p>
<p><b>Signature of the tutor:</b></p>
<p><b>Signature(s) of the head(s) of the Institute(s):</b></p>
<p><b>Date:</b> 25<sup>th</sup> of September 2019</p>

<p><b>Credit Transfer Committee's opinion:</b></p>
<p><b>Comment of the Dean's Office:</b></p>
<p><b>Signature of the Dean:</b></p>

<sup>1</sup> Dékáni Hivatal tölti ki, jóváhagyást követően.

<sup>2</sup> Az elméleti és gyakorlati oktatást órákra (hetekre) lebontva, sorszámozva külön-külön kell megadni, az előadók és a gyakorlati oktatók nevének feltüntetésével. Mellékletben nem csatolható!

<sup>3</sup> Pl. terepgyakorlat, kórlapelemzés, felmérés készítése stb.

<sup>4</sup> Pl. házi feladat, beszámoló, zárthelyi stb. témaköre és időpontja, pótlásuk és javításuk lehetősége.

<sup>5</sup> Elméleti vizsga esetén kérjük a tételsor megadását, gyakorlati vizsga esetén a vizsgáztatás témakörét és módját.

<sup>6</sup> Az elméleti és gyakorlati vizsga beszámításának módja. Az évközi számonkérések eredményeink beszámítási módja.