# REQUIREMENTS

## Psychiatry, Psychotherapy

## Aim of the subject and its place in the curriculum:

The aims of the subject is to acquire in-depth knowledge about the diagnostics, symptoms and treatment of psychiatric disorders at the level of a general medical practice. It is expected from students to be able to identify the basic elements of psychopathology and the conditions requiring emergency psychiatric interventions. Furthermore, students' communication skills are developed in order to be able to examine patients and explore psychiatric conditions independently.

## Location of the course (lecture hall, practice room, etc.):

The location of Psychiatry lectures and practice session are within the premises of the Department of Psychiatry and Psychotherapy (i.e. Lecture hall and rooms for education)

## **Competencies gained upon the successful completion of the subject:**

- Recording the patient's history (general, somatic, psychiatric, pharmacological and family history)
- Complex psychiatric examination (assessing the consciousness, perception, orientation, thought, intellect; emotional and memory functions; mood, and psychomotor functions of the patient; assessment of attitude towards examiner, motivation system and personality functions)
- Suicide risk assessment
- Family consultation to uncover the patient's problems
- Exploration of patients after suicide attempts or in crisis situations.
- Interpretation of the Mini Mental State Examination results
- Indication of psychiatric inpatient treatment
- First steps of emergency psychiatry care
- Identification of different intoxications
- Recognition of somatic disorders underlying psychiatric symptoms
- Management of immediately dangerous behaviours
- Psychoeducation (regarding the disorder, therapy, prodromal signs, patient care)
- Differential diagnosis of psychiatric disorders; making a diagnosis

**Minimum and maximum number of students registering for the course:** We instruct the entire fifth year, therefore, there is no limit on number of subscribing students in the Neptun System. Student selection method in case of oversubscription:

## How to register for the course:

Registration for the course is possible in the Neptun system within the rotations of the block practice system.

## **Detailed thematic of the course<sup>2</sup>:**

Lectures

Introductory lecture: curriculum, objectives, exams Gene-environment interactions in psychiatry. Psychopathology. Mental status examination Classification of mental disorders Organic mental disorders: diagnosis and treatment Anxiety disorders: diagnosis and treatment Eating disorders Affective disorders: diagnosis and treatment Diagnosis and treatment of the alcohol use disorder Schizophrenia and other psychotic disorders

Sleep disorders: diagnosis and treatment Personality Disorders Diagnosis and treatment of the substance use disorder Somatoform disorders, Somatization and Conversion disorders, Hypochondriasis Posttraumatic stress disorders

Suicide, sexual disorders Legal and ethical issues in psychiatry Child and adolescent psychiatry (ADHD, autism, tic disorders) Pharmacotherapy in psychiatry Emergency Psychiatry EEG and event related potentials in psychiatry

Geriatric psychiatry

Adult ADHD (symptoms, comorbidity, course, therapy)

Psychotherapy I: Cognitive and behavioural therapy

Psychotherapy II: Family therapy, autogenic training, hypnosis

Transcultural psychiatry

Community psychiatry, rehabilitation of psychiatric patients

Consultation and liaison psychiatry

## Practices

The topics of psychiatric practice sessions are closely related to that of the lectures focusing on the following fundamental issues: writing a case report, psychopharmacologic treatment, psychotherapy, liason psychiatry, and the conditions of emergency psychiatry.

#### **Potential overlap(s) with other subjects:**

Behavioural sciences, Medical communication, Medical anthropology, Medical sociology, Psychotherapy in medical practice, Pharmacology and pharmacotherapy, Neurology

Special training activities required<sup>3</sup>: None.

#### Policy regarding the attendance and making up absences:

Similar to other subjects, the course is considered completed if the absences do not exceed 20% of practice sessions each semester. Practice teachers record absences on an attendance sheet at each practice occasion together with the following data: the ID number of the group, topic of the practice sessions, the demonstrated diagnosis. It is not possible to certify absences. Therefore, making up missing practice time is compulsory either by coming to practice sessions with a different group or performing extra tasks such as writing a case report that is examined and signed by one of our practice teachers. In the case of mass absences because of exceptional cases (i.e. grave disease) the permission of the head of the department is necessary.

**Means of assessing the students' progress during the semester**<sup>4</sup>: There are not any mid-semester tests or oral reports in Psychiatry but on the last day of the first week of the practice (Thursday) there are three specific questions to be answered in writing during the block practice session.

#### **Requirement for acknowledging the semester (signature):**

The semester is acknowledged if the student has actively participated at the practice sessions which cover the theory and practice of examining a patient and case discussions attached to demonstrations. The sheet entitled The *Register of Psychiatric Conditions* must be downloaded from our website in the fifth year and submitted with the required signatures certifying the observed psychiatric disorders. This sheet of paper must be submitted at the final exam of Psychiatry in the six year.

#### Type of the examination:

At the end of the first semester there is a semi-final exam, while a practice mark must be acquired at the end of the second semester. The semi-final exam is a written exam containing 50 multiple choice questions. Some of them are related to case vignettes within the body of the test paper.

#### Exam requirements<sup>5</sup>:

The material should be acquired by regular patient examinations during the practice sessions, by studying the e-learning material available also on our website and by studying from the designated text books. Preparation for the semi-final exam includes presence at the lectures, text books and the drafts and PowerPoint presentations of lectures made available for students on the website of the Department of Psychiatry and Psychotherapy.

#### Type and method of grading<sup>6</sup>:

In the first semester, the semi-final exam can be passed by answering a written test of 50 items. An oral semi-final exam is only allowed by permission from the head of the department in the case of subsequently failing two written exams in Psychiatry. In the second semester, a practice mark can be gained by considering the following factors: the students' performance exhibited within the semester during the practice sessions, the quality of their written case report submitted to their own practice teacher and the oral performance related to the topics of practice sessions.

#### How to register for the exam:

Exam registrations can be made in the Neptun system within the time limits permitted by the Rule Book of Study and Exams of Semmelweis University.

#### **Opportunities to retake the exam:**

Retake of the semi-final exam are permitted within the boundaries set by the Book of Study and Exams of Semmelweis University. There are two occasions of passing attempts in the form of a written exam. The third attempt to correct the failed exams can be oral.

# Literature, i.e. printed, electronic and online notes, textbooks, tutorials (URL for online material):

Text books and lecture materials available on the website should be consulted while preparing for examination:

Kaplan and Sadock's Synopsis of Psychiatry. Eleventh edition. Eds: B.J. Sadock, V, A Sadock, Lippincott Williams, 2015