

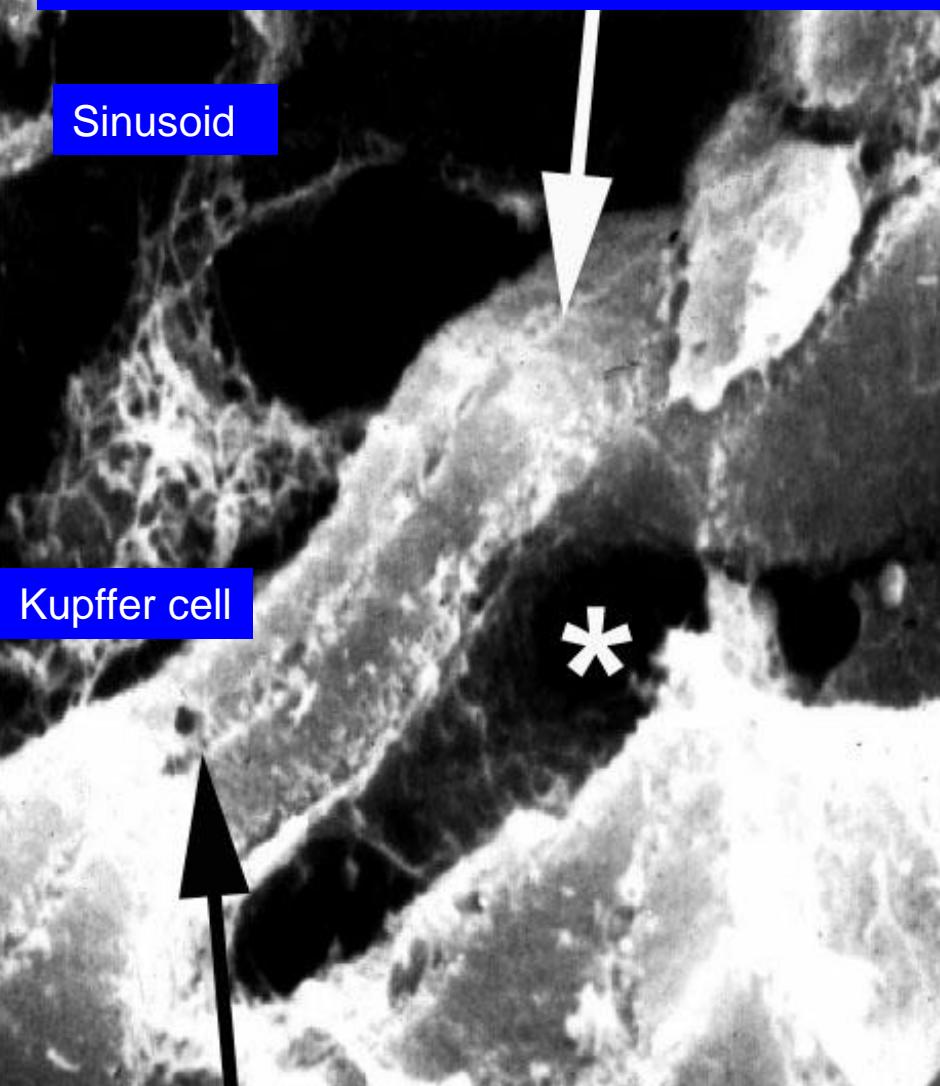
LIVER PATHOLOGY (1)

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Semmelweis University
2nd Dept. Pathology
Budapest
February 2021

Liver Pathology (1)

- Structure of the liver
- General reactions of the liver
- Diagnosis of liver diseases
- Congenital liver diseases, enzymopathies
- Infectious liver diseases
 - Viral hepatitis
- Chronic hepatitis
 - (** important
 - (x) only for special interest, not for exam
 - No sign – decide it yourself

Hepatocyte trabecule. Arrows point to bile capillaries



Sinusoid

Kupffer cell

Lobule - acinus

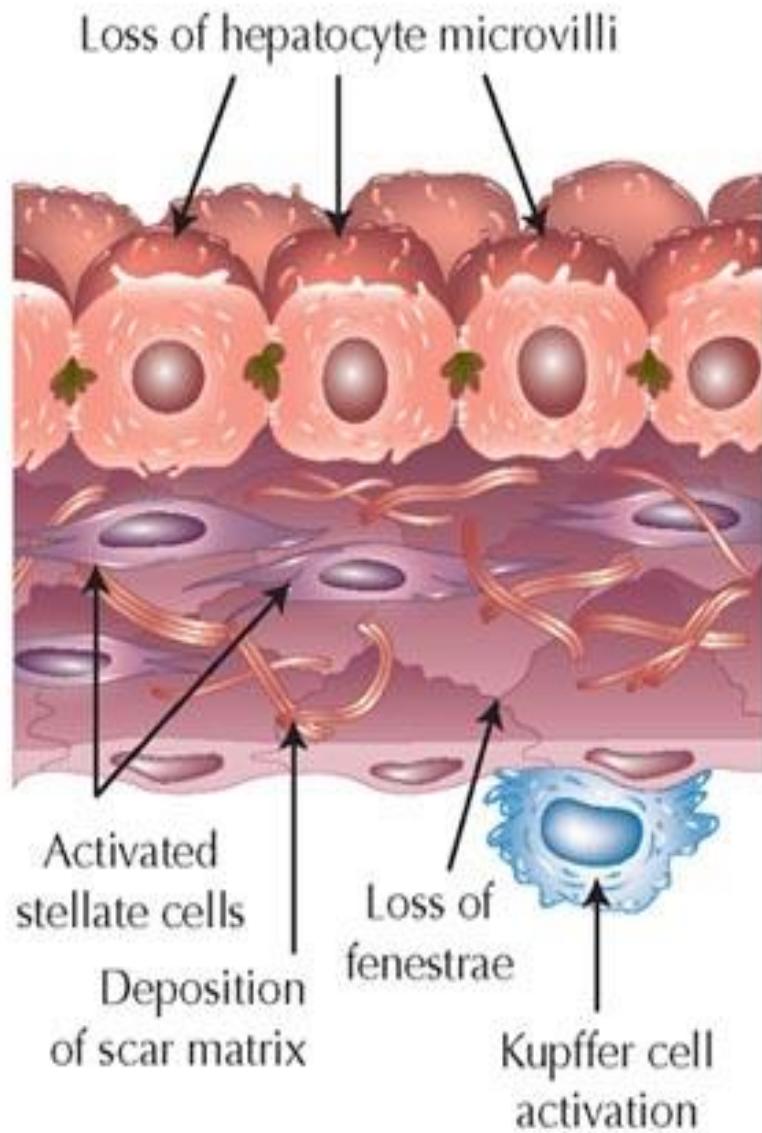
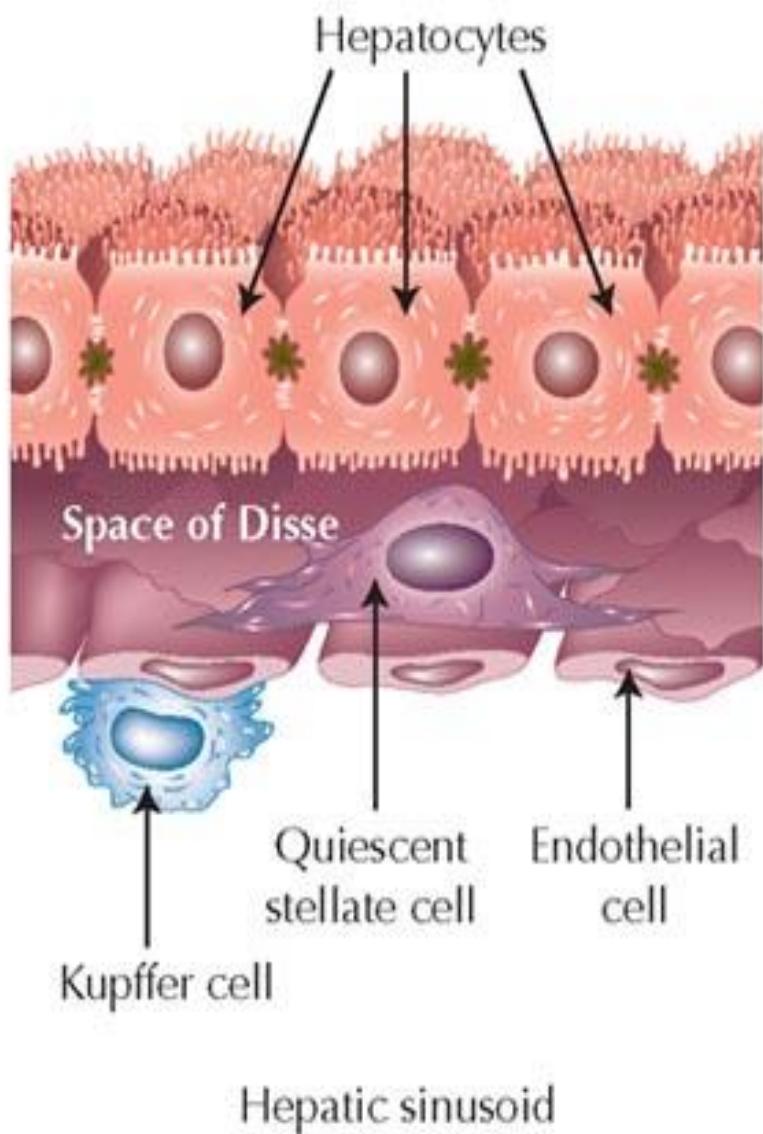
hepatocyte

sinusoid

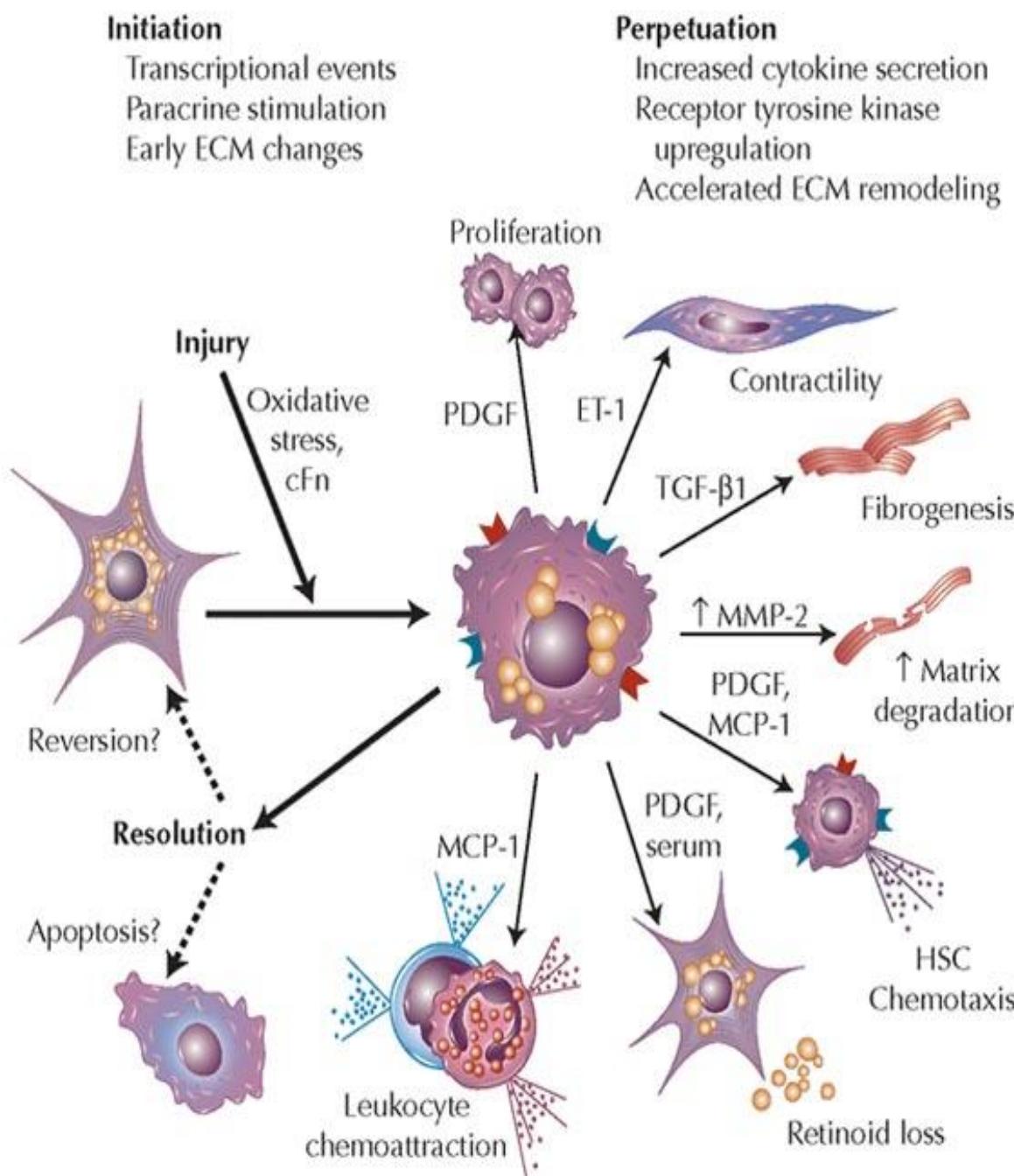
Bile capillary

Normal liver by scanning eletron microscopy

Normal liver → Liver injury

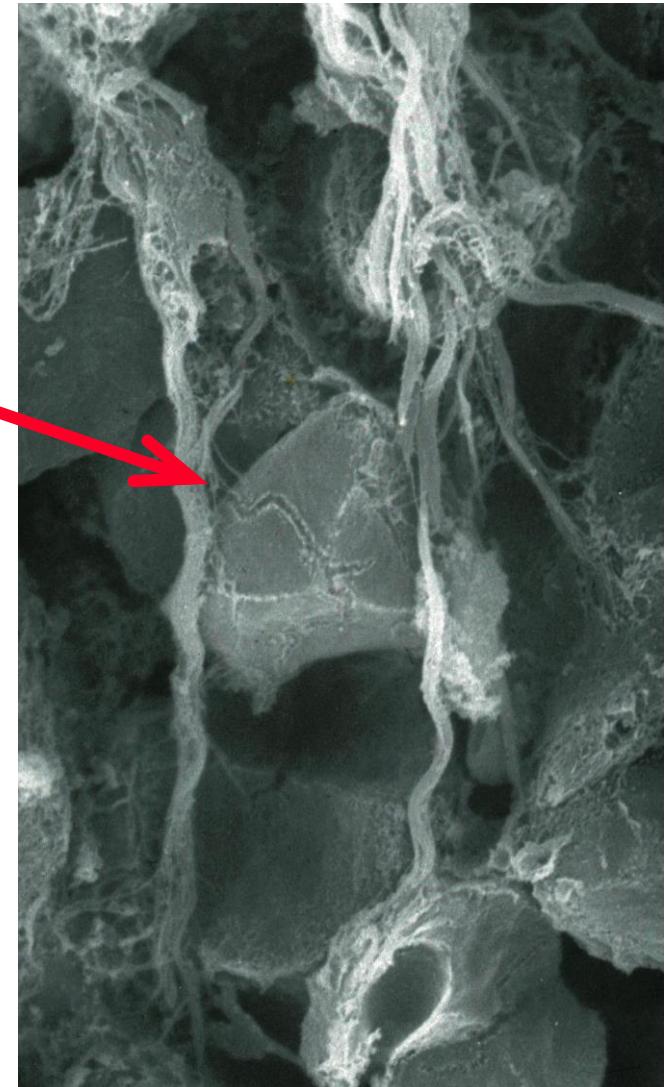


„Stellate cell“



Types of liver cells (**)

- **Parenchymal cells**
 - Hepatocytes (arrow)
 - Biliary cells
- **Non parenchymal cells**
 - Endothelial
 - Kupffer cells
 - Stellate (Ito, fat storing)



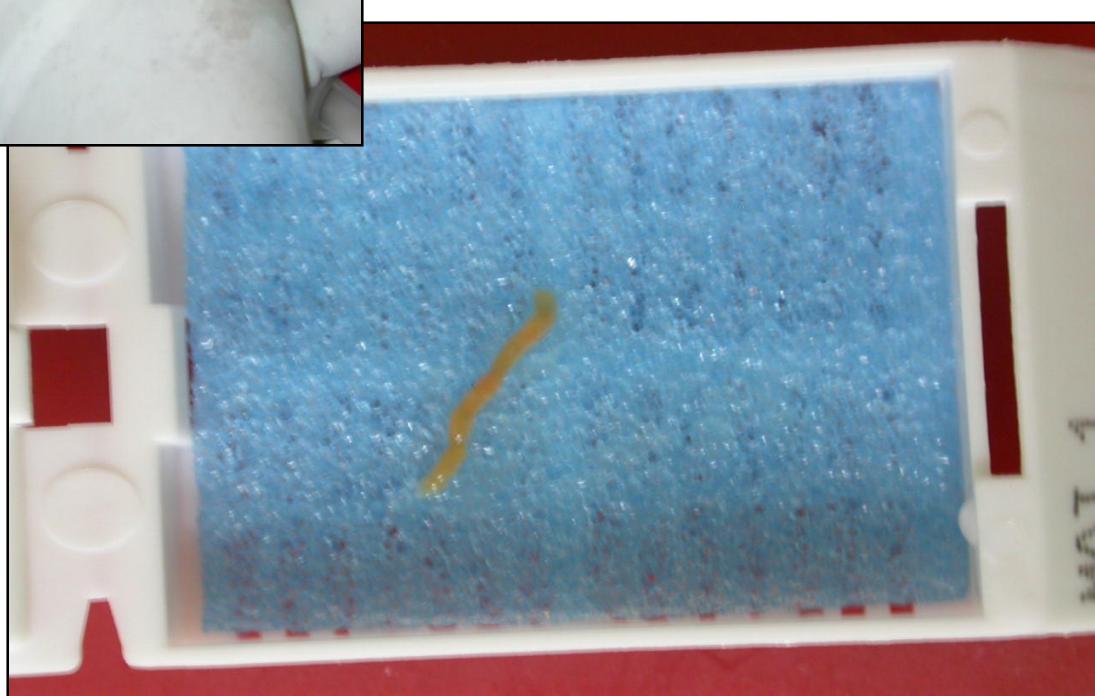
Basic reaction types of the liver (**)

- Reversible changes
 - adaptive
 - degenerations
 - Intracellular accumulation
- Irreversible changes
 - Cell death: necrosis, apoptosis
- Regeneration/proliferation
- Inflammation
- Neoplastic transformation

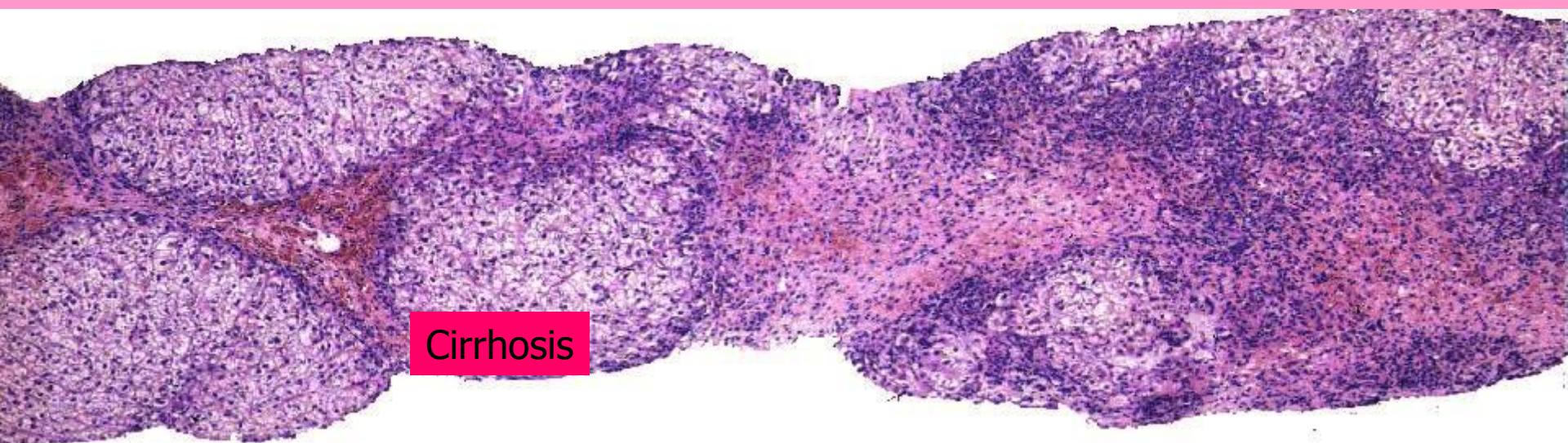
Methods in diagnostics of liver diseases (**)

- Needle biopsy
 - Histology
 - Sections: H&E, PAS, ePAS, Berlini blue, connective tissue stains, Shikata - orcein, etc, immunohistochemistry
- Fine needle aspiration biopsy
 - cytology
- „Surgical” („wedge”) biopsy

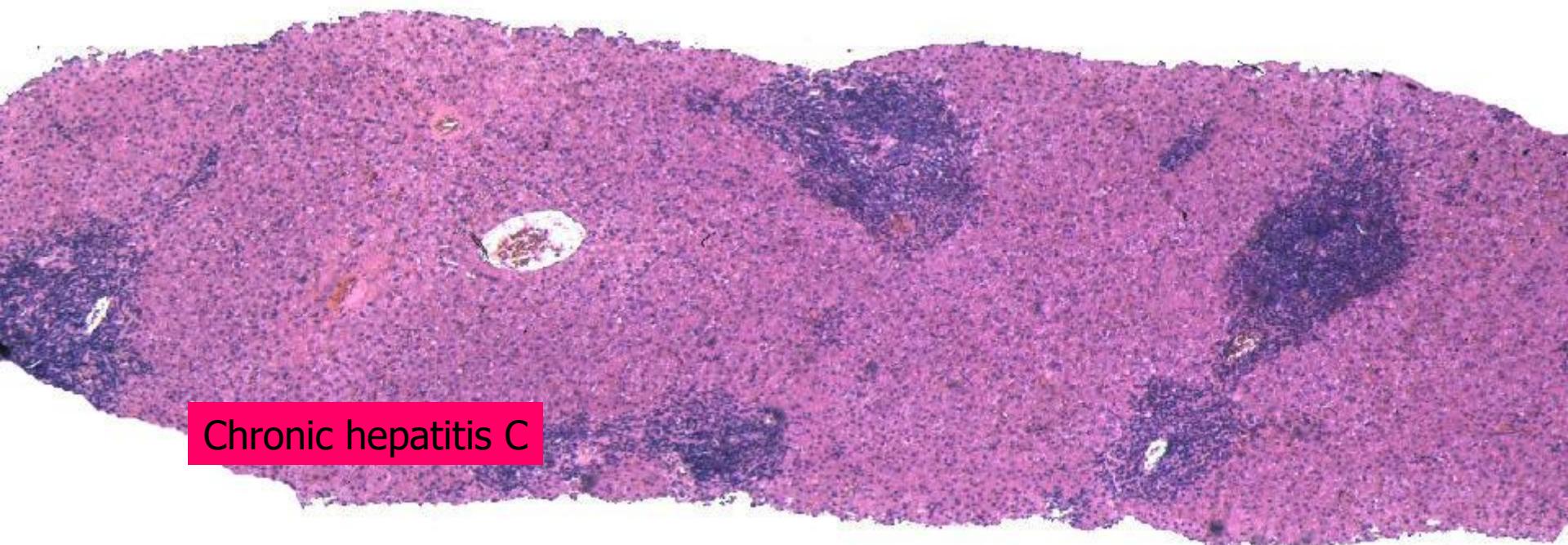




Needle biopsy samples. HE staining.



Cirrhosis



Chronic hepatitis C

Liver Pathology (1)

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 - **(**) important**
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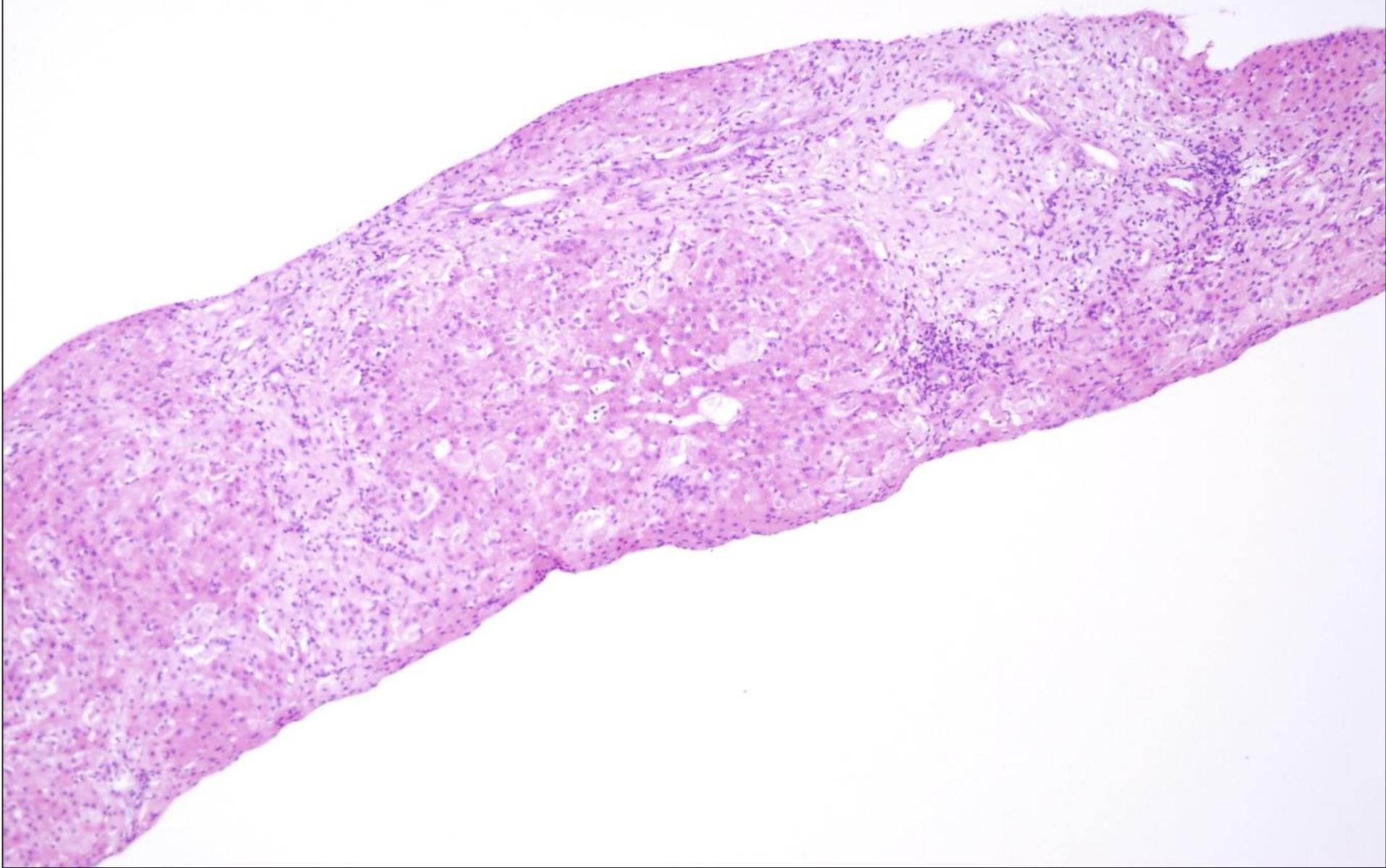
Congenital liver diseases, enzymopathies (1) (**)

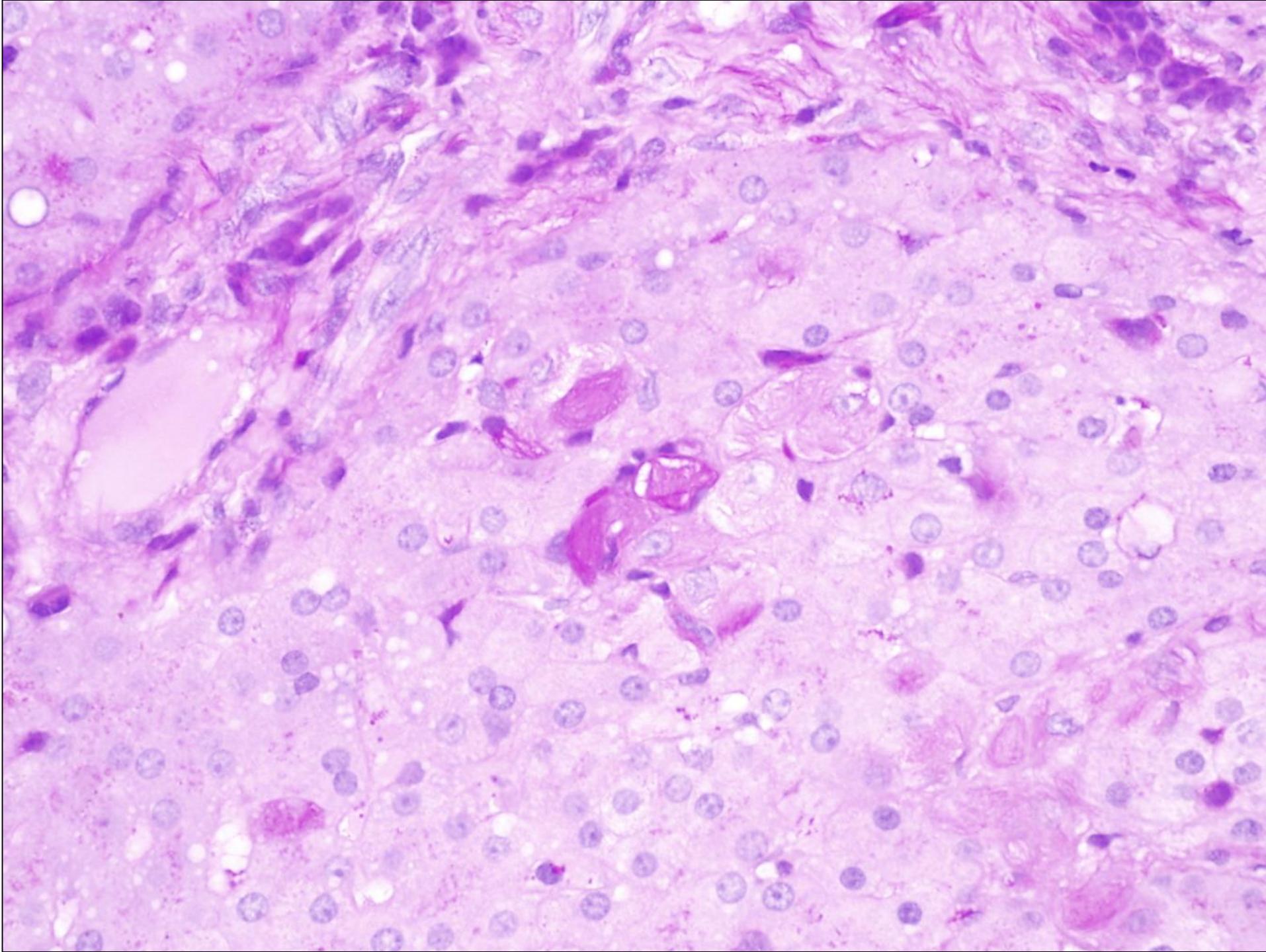
- **Haemochromatosis (Fe)**
 - „bronzdiabetes”: liver (cirrhosis), pancreas (fibrosis, atrophy), skin discoloration
- **Wilson disease (Cu) (AR)**
 - Liver (CAH, cirrhosis), CNS (basal nuclei), eyes (Kaiser-Fleisher ring)
- **Alfa-1-antitrypsin deficiency (AR)**
 - Serum AAT low, liver (dPAS+ globulusok, cirrh), lung (emphysema), CAVE smoking!!! PiMM (normal), Z,S altered
- **Tyrosinaemia (AR)**
 - HCC!
- **Glycogenosis (AR)**
 - Liver is involved in types I., (Gierke) III., IV., VI (hepatomegaly, steatosis, fibrosis, cirrhosis, adenomatosis, HCC)
- **Galactosaemia**
 - Cataracta, hepatomegaly, cirrhosis. Screenings!!! Diet!
- **Gaucher disease (glykozil-ceramid-lipidosis)**
 - Most common enzymopathy in the liver, genetic heterogeneity,
 - **Gaucher-cells** (!!!).
 - Types I.: young, liver II.: infants, children, cerebral alterations III.: CNS and liver alterations, young adults

Case

3 yr old male (10695/04)

- Hepatosplenomegaly
- Virus serology: negatív
- Clinical question: hematologic disorder?





Diagnosis

- Gaucher disease



Wilson disease

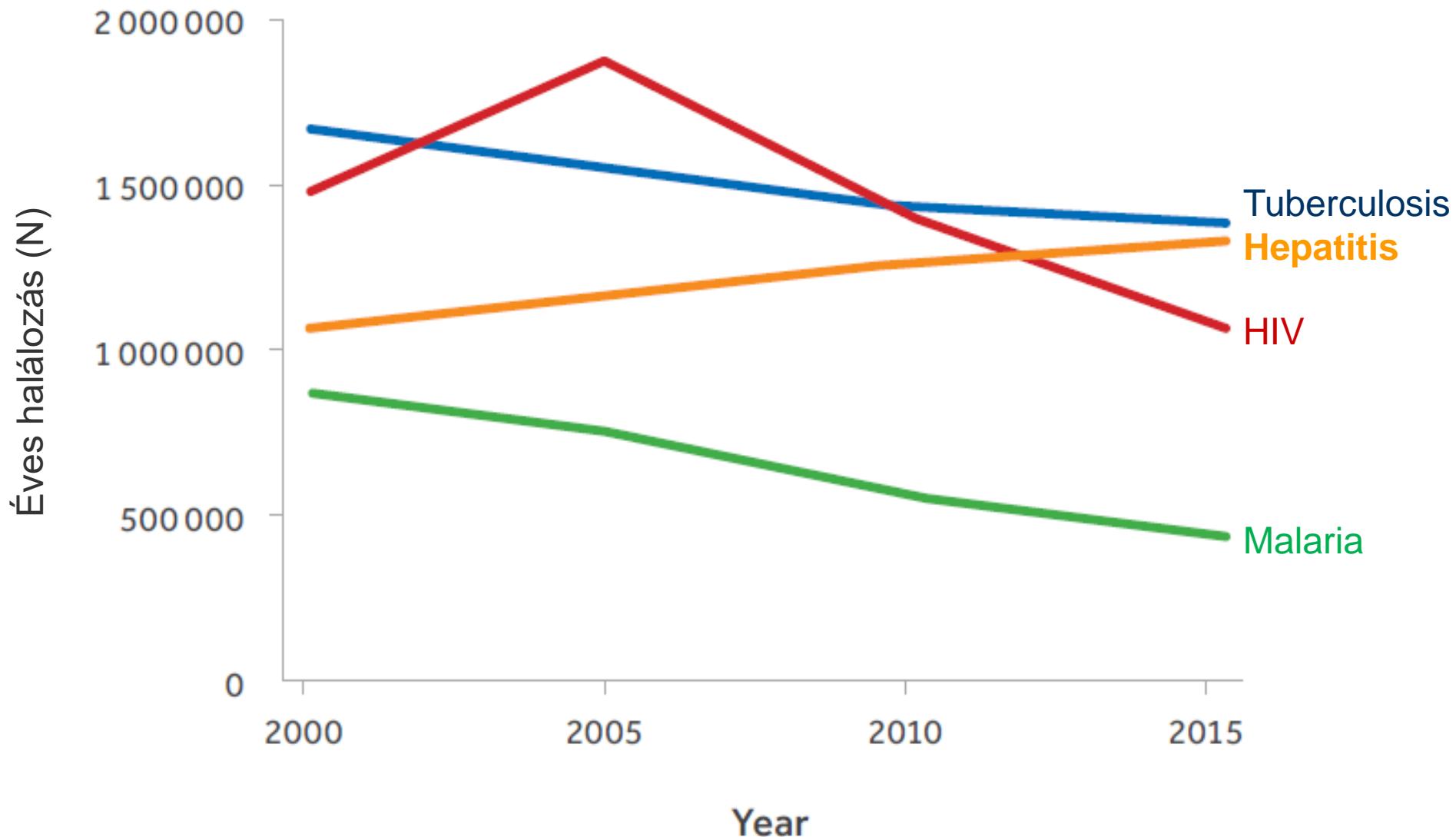
Congenital liver diseases, enzymopathies (2) (**)

- Porphyrias
 - primary (inherited), secondary (liver disease, diabetes etc)
 - Acut intermittent porphyria (long asymptomatic period, manifestation for external effects, no skin alteration, GI and psychotic symptoms (!!), endocrin alterations (hyponatremia!), hist: UV fluorescence. Urine, stool!)
 - Porphyria cutanea tarda (increased UV sensibility, skin alterations, liver: steatosis, porf.precursor, UV fluorescence)

Congenital liver diseases, enzymopathies (3) (**)

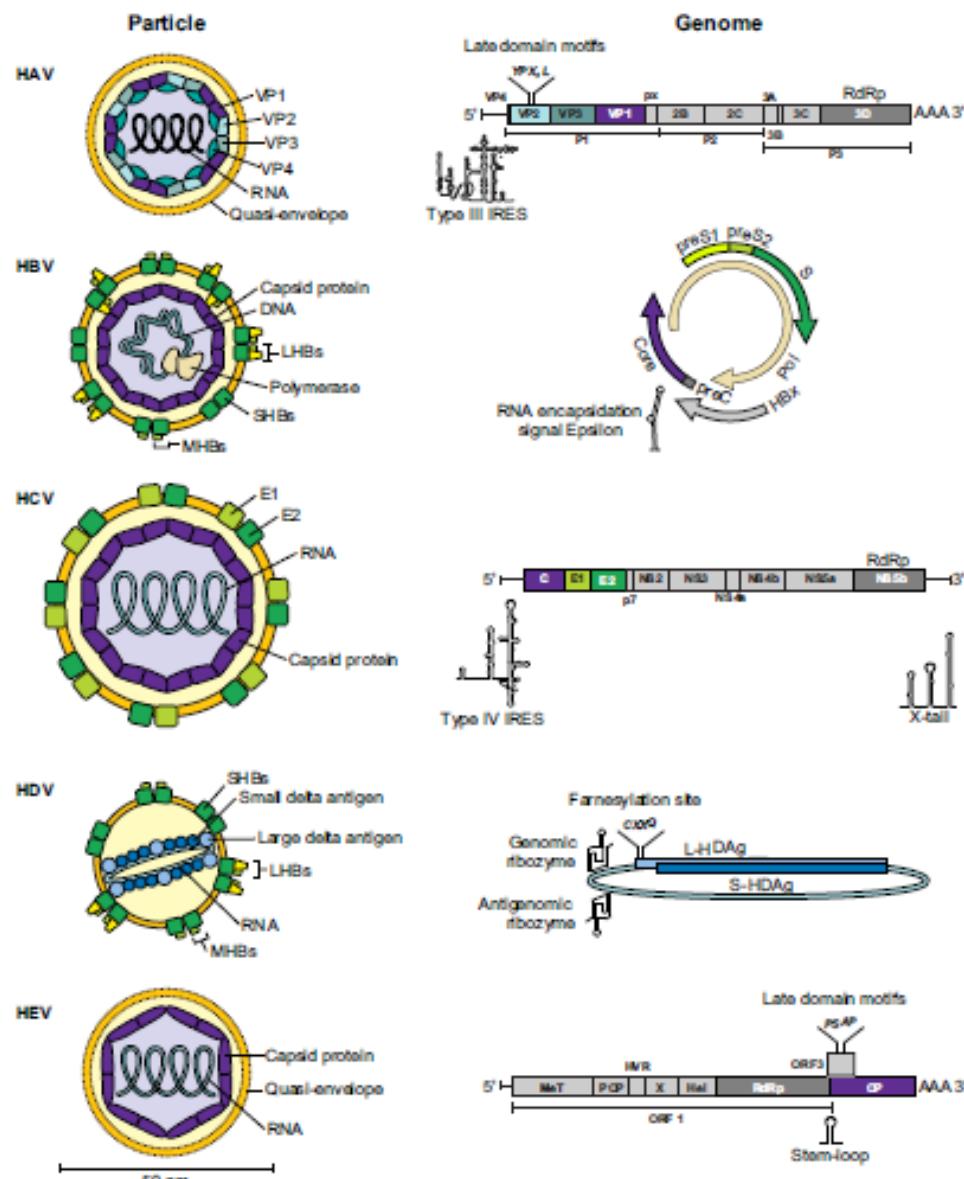
- Hereditärer hyperbilirubinemias
 - Non-conjugated
 - **Crigler-Najjar-syndrome**
 - Type I.: fatal (AR) II.: less severe (AD)
 - **Gilbert-syndrome** (AD) (fluctuating icterus,
 - 3-7 %, „normal liver“ by histology
 - Conjugated
 - **Dubin-Johnson-syndrome** (AR) (intermittent jaundice, „black“ liver, large pigment granules)
 - **Rotor-syndrome** (AR) (mild icterus, increased number of lysosomes, „normal liver“)

Viral hepatitis-associated mortality shows increasing tendency



Hepatotropic viruses (***)

	HAV	HBV	HCV	HDV	HEV	
Family	Picorna	Hepadna	Flavi Hepaci	Satellit	Hepe	
Genome	ssRNA	dsDNA	ssRNA	ssRNA	ssRNA	
Virion	27 nm	42 nm	55-65 nm	36 nm	32-34 nm	
Chronicity	-	+	+	+	-/+	



Chronic infection with viral hepatitis

- Global prevalence
 - HBV: 257 million (3,5%)
 - HCV: 71 million (1%)
- Geographical differences
 - HBV: <1 – 20%
 - HCV: <1 – 10%
- Chronic inflammation
 - HBV: appr. 10%
 - HCV: appr. 70-80 %

Other viruses causing hepatitis

- CMV
- EBV
- HHV-6, -7
- Human parvovirus B19
(small, ssDNA virus)
- TTV
(unenveloped xDNA
virus)



HBV

- **257 million chronic HBV infection**
- **3,5% - world population**

WHO Global Hepatitis Report 2017

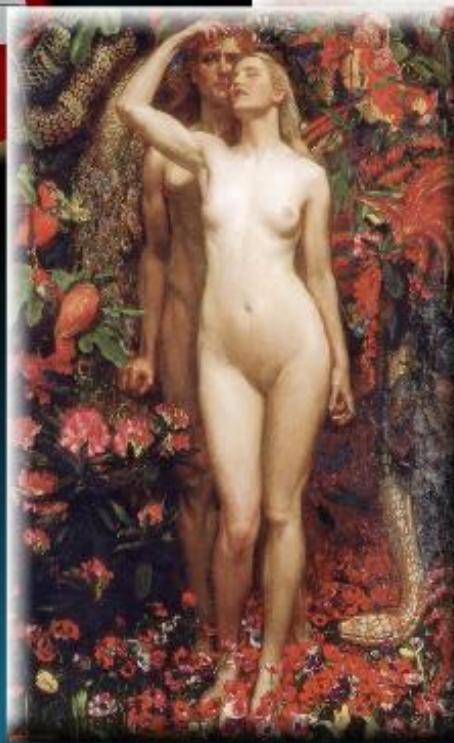


- **257 million**

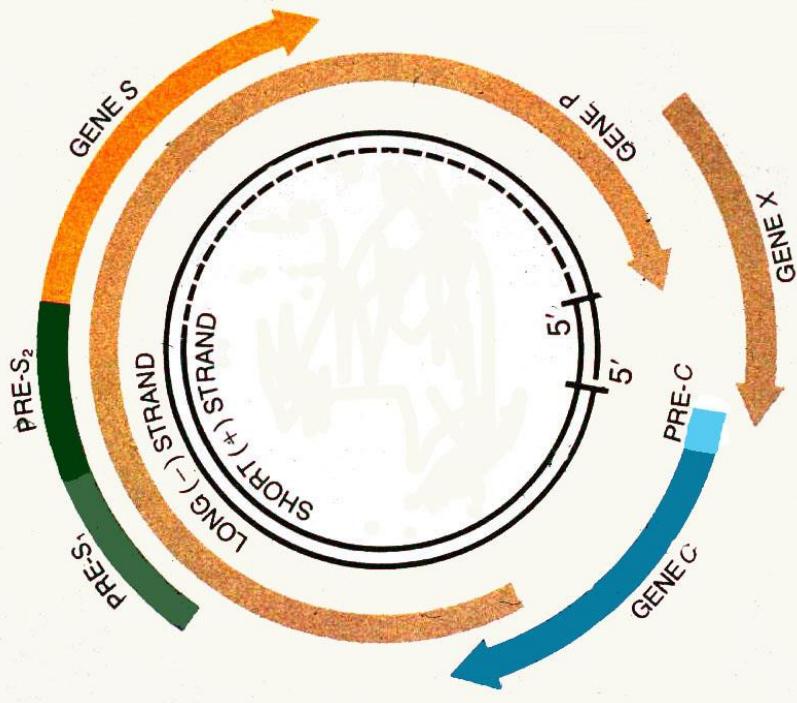
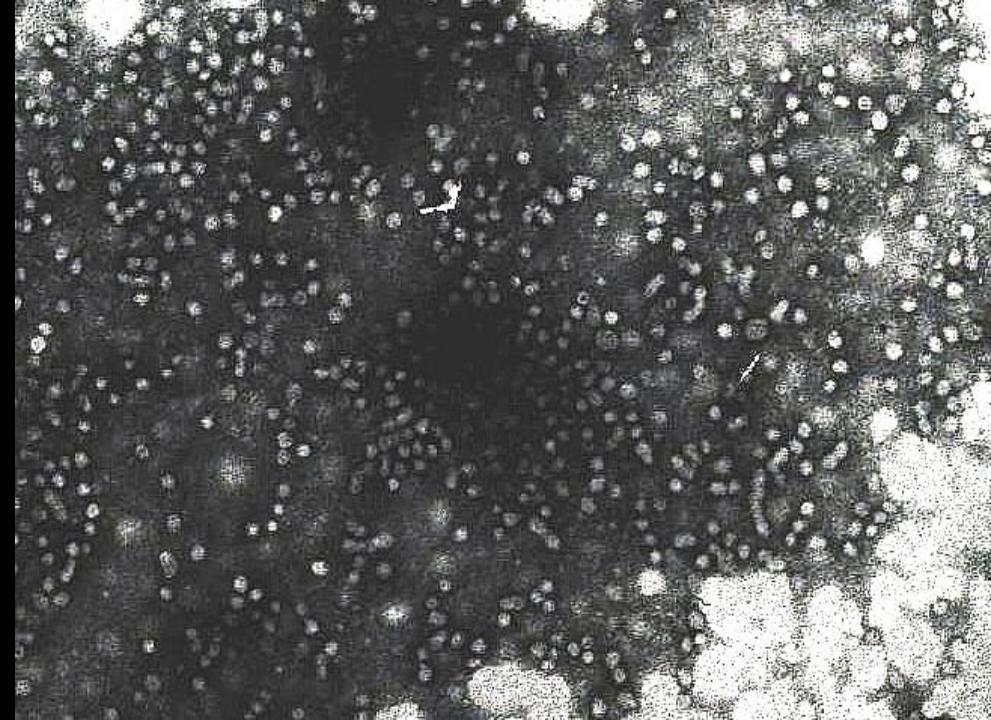
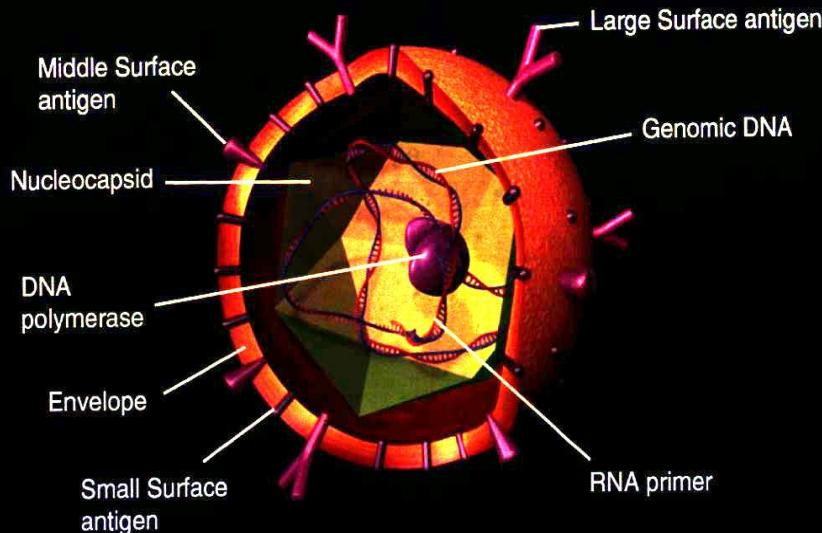
- 0,1%-6,2%

- Far East: 6,2%
- Africa: 6,1%
- Eastern Mediterranean: 3,3%
- South-East Asia: 2,0%
- Europe: 1,6%
- America: 0,7%

*WHO Global Hepatitis Report
2017*



Hepatitis B Virus



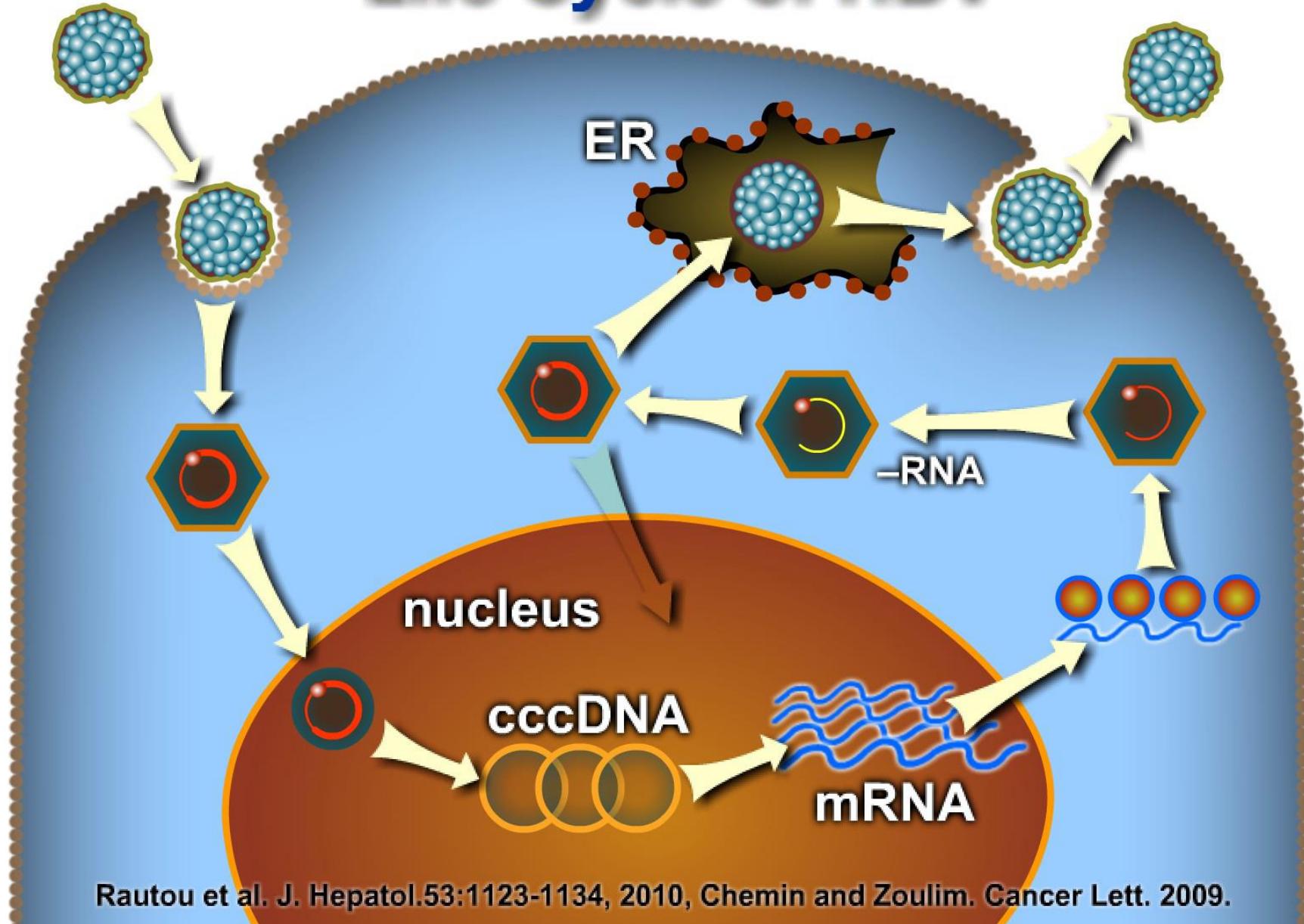
Hepadnaviridae

dsDNA ()**

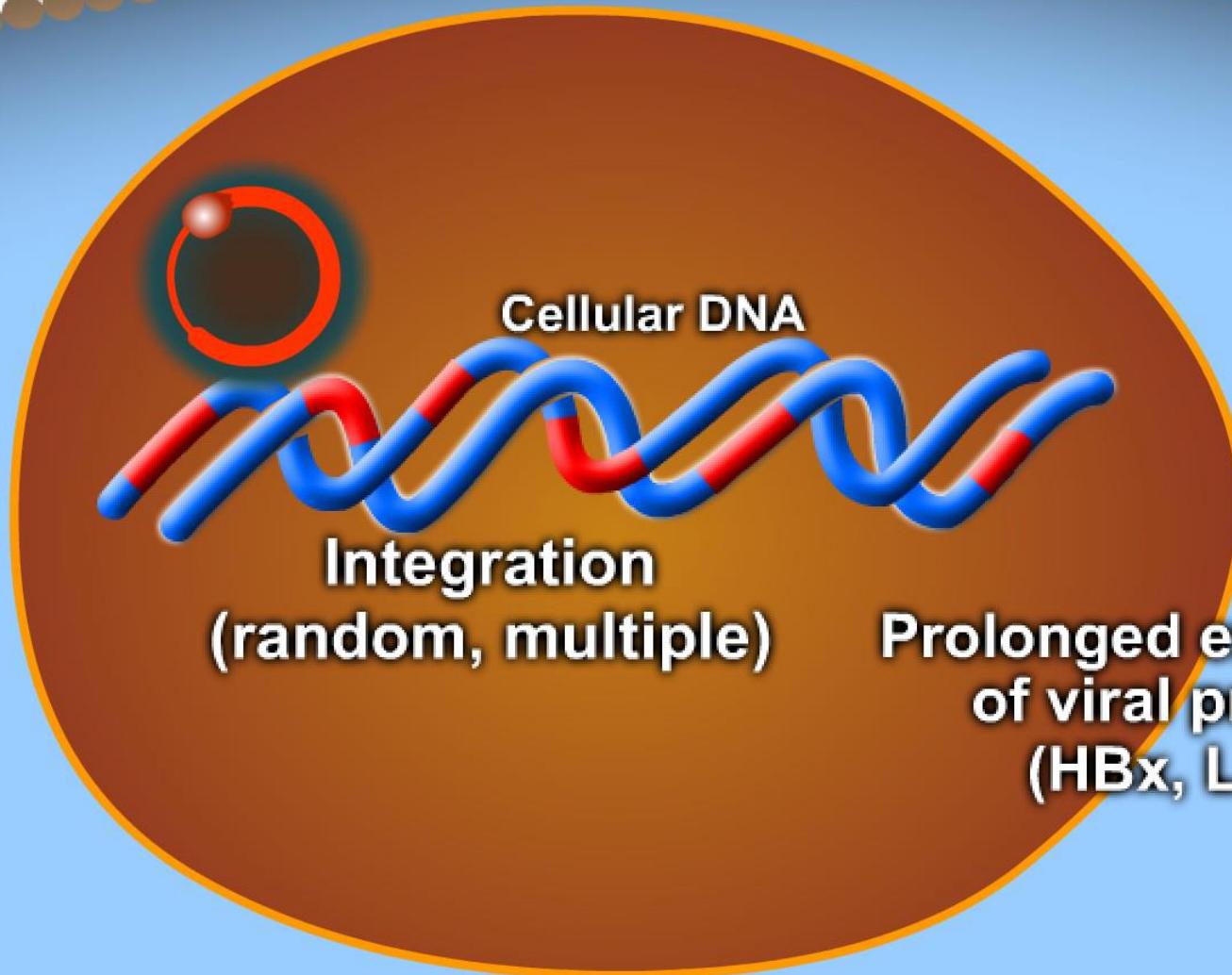
RT

Core, surface Ag

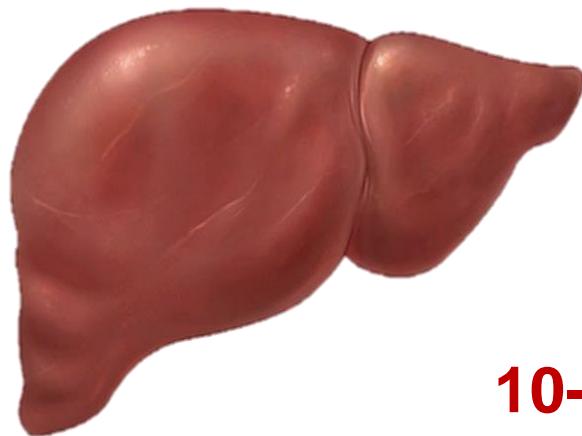
Life Cycle of HBV



Insertion of HBV Genome in Cellular Genes



Viral gene persistence



10-20 years



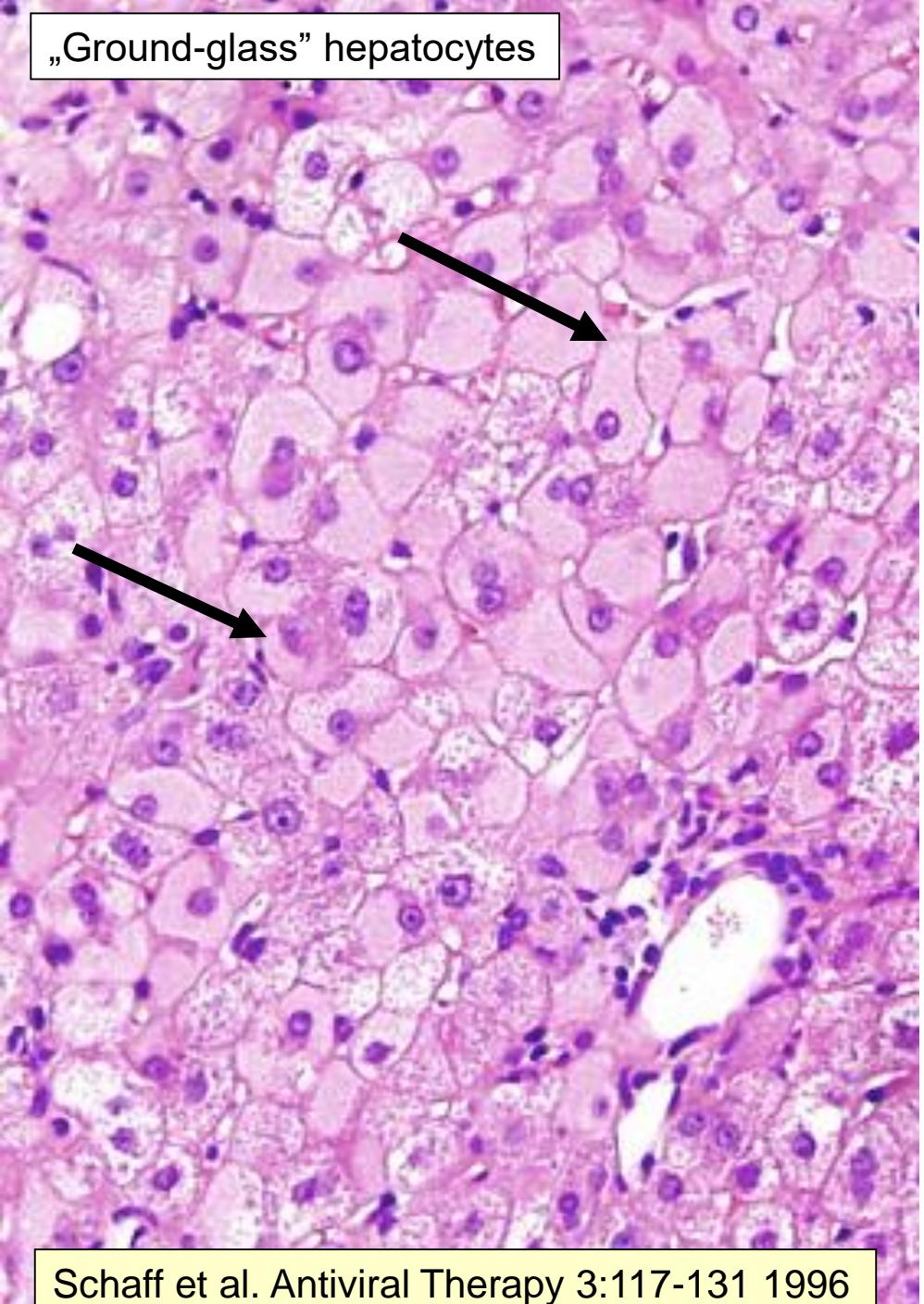
HBV

10%
Chronic
inflammation

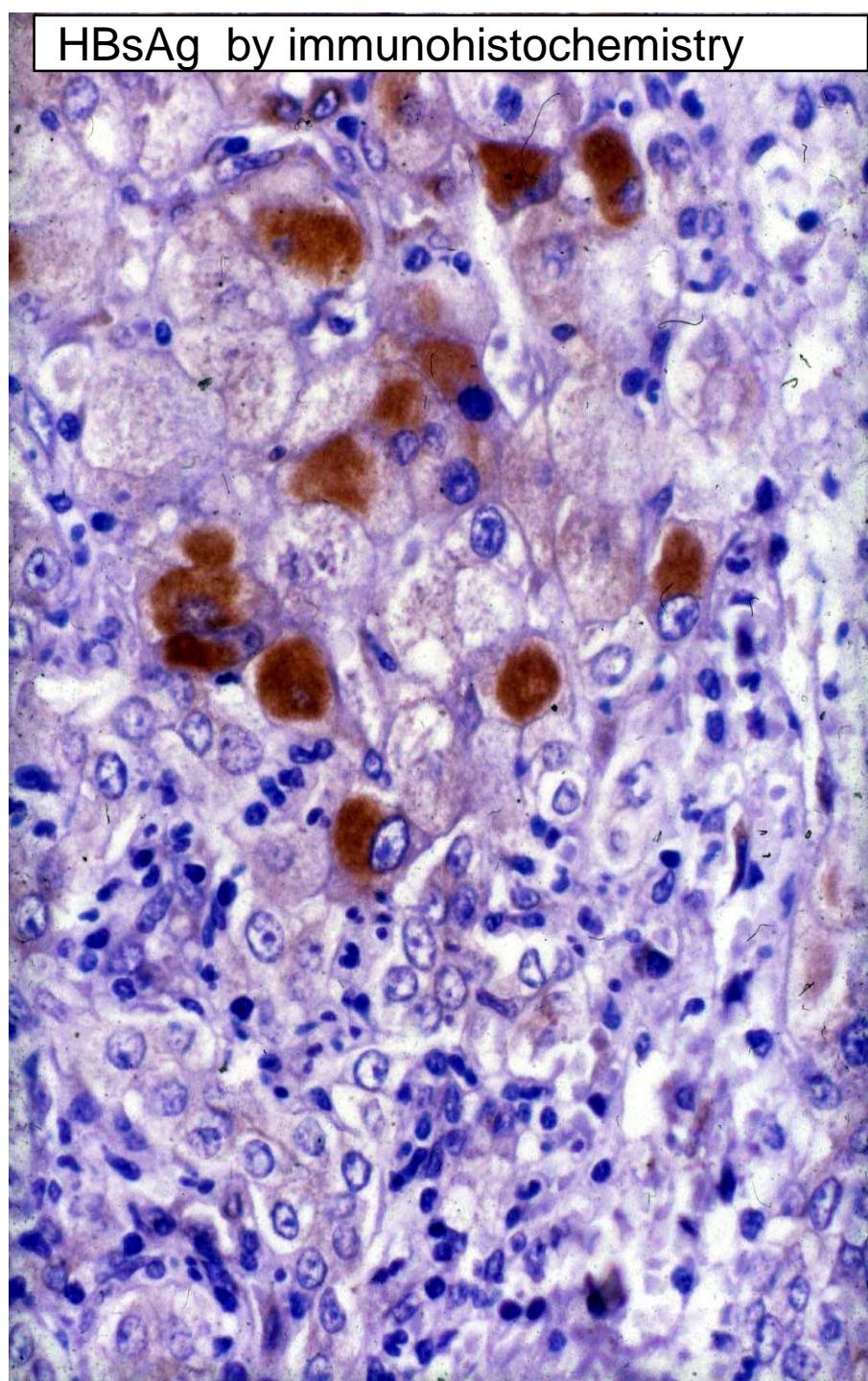
Cirrhosis

Liver cancer

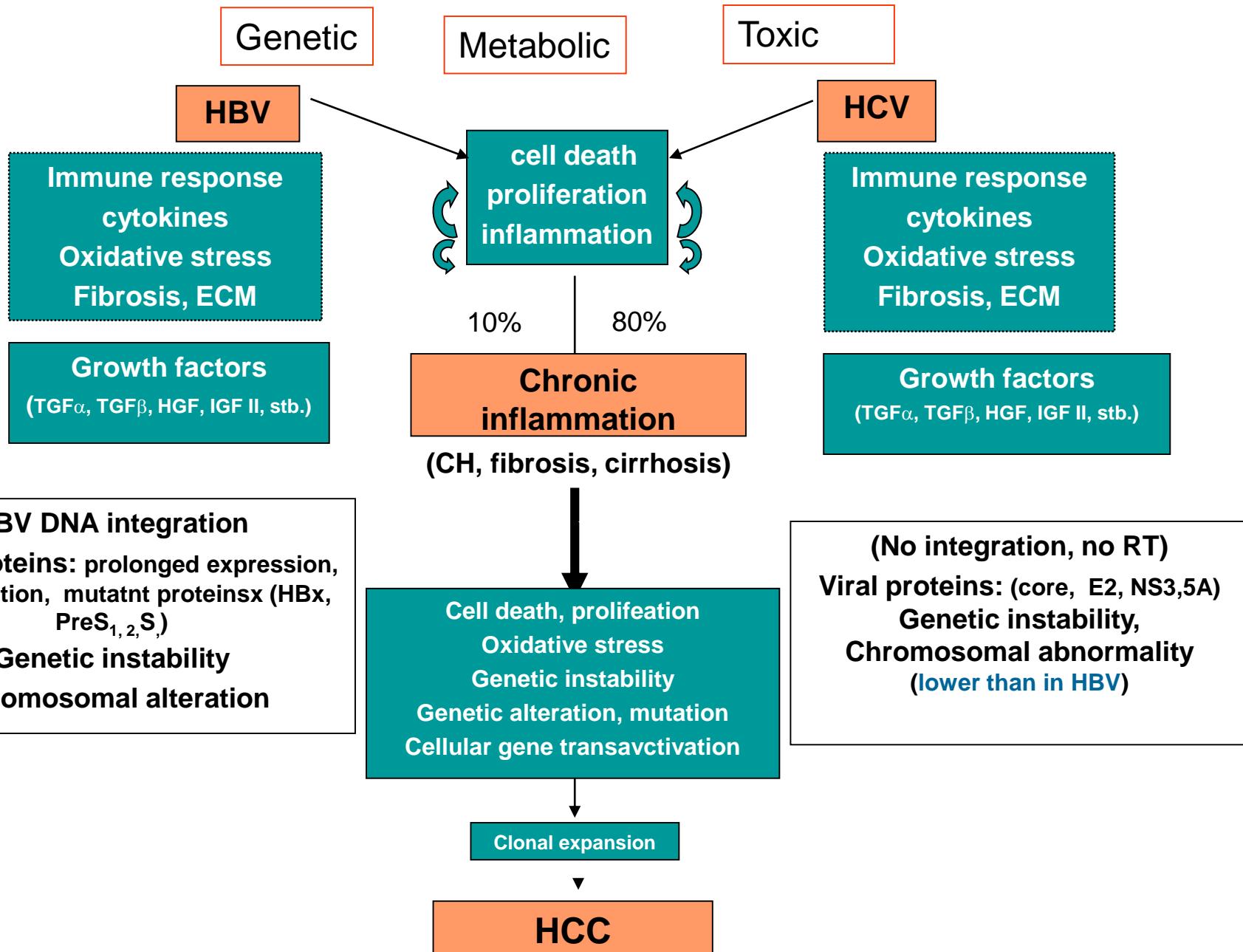
„Ground-glass“ hepatocytes



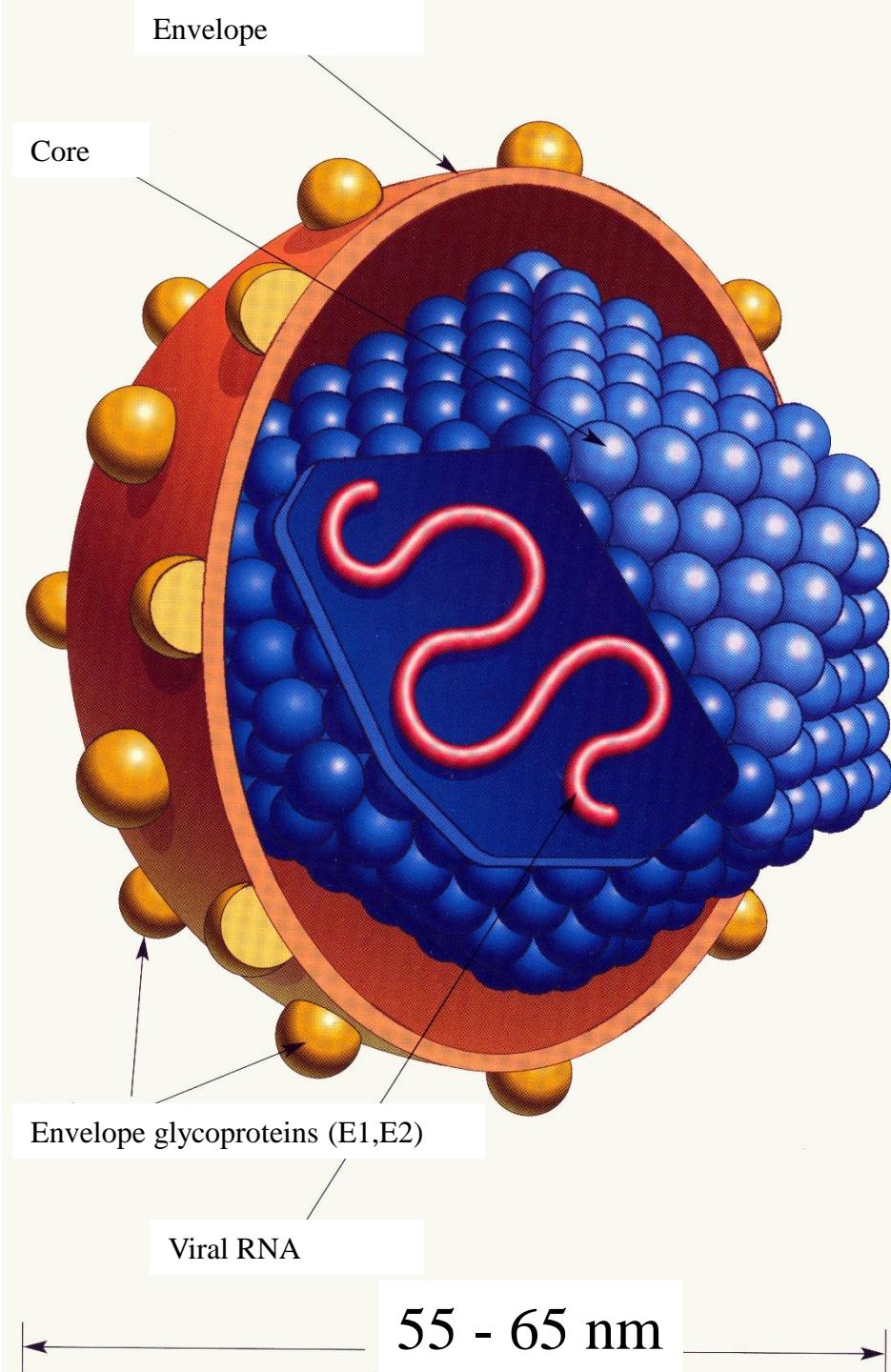
HBsAg by immunohistochemistry



Pathomechanism of virus-induced HCC



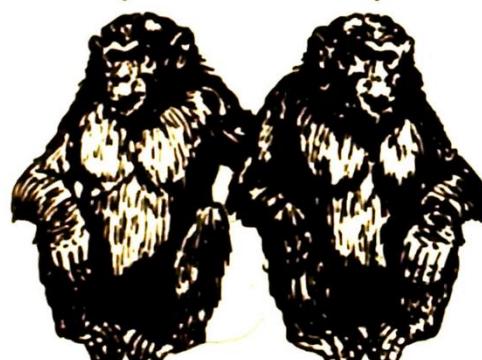
HCV (**)





Chronic
Non-A, Non-B Hepatitis

Broken Pipette



#922

#930

Non-A, Non-B hepatitis

HCV: „Báránybőrbe bújt farkas”

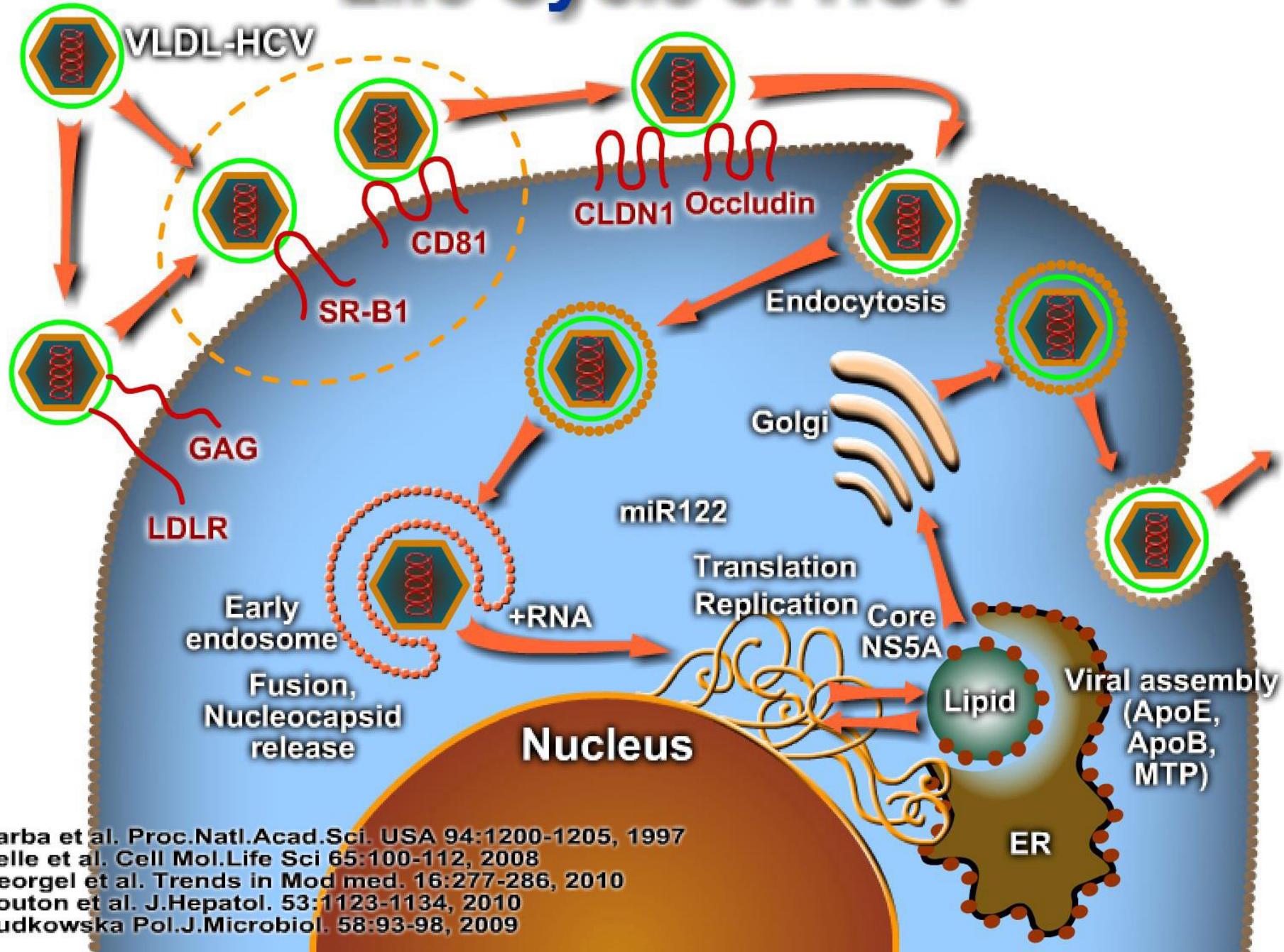
(„wolf in lamb's clothing – wolf in sheep's clothing”)

- Milder and more prolonged (15-30 yrs)
- Transmission: transfusion, sexual (rare), perinatal (rare)



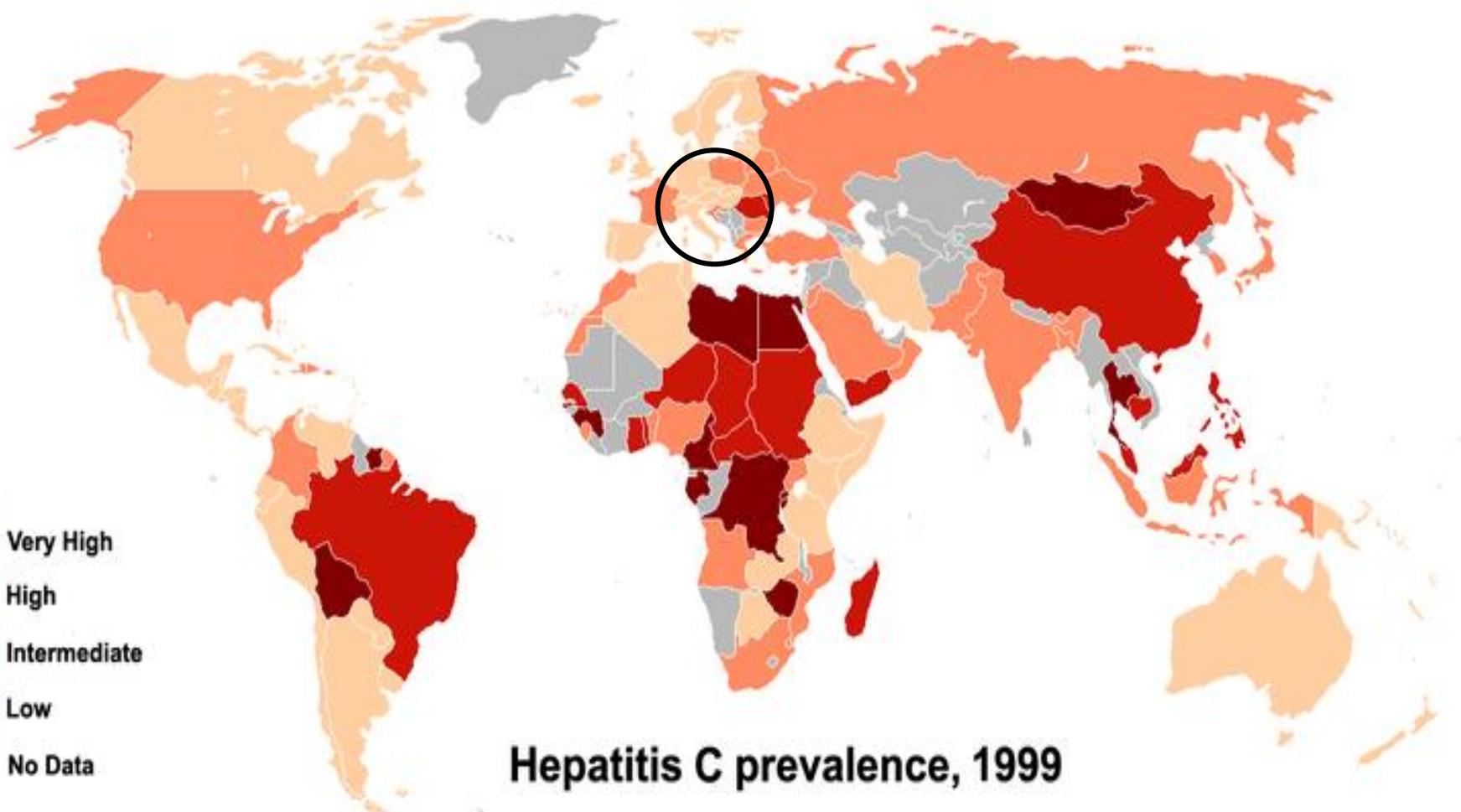
- 71 million infected
- **80%** progression into chronicity
- No vaccine

Life Cycle of HCV

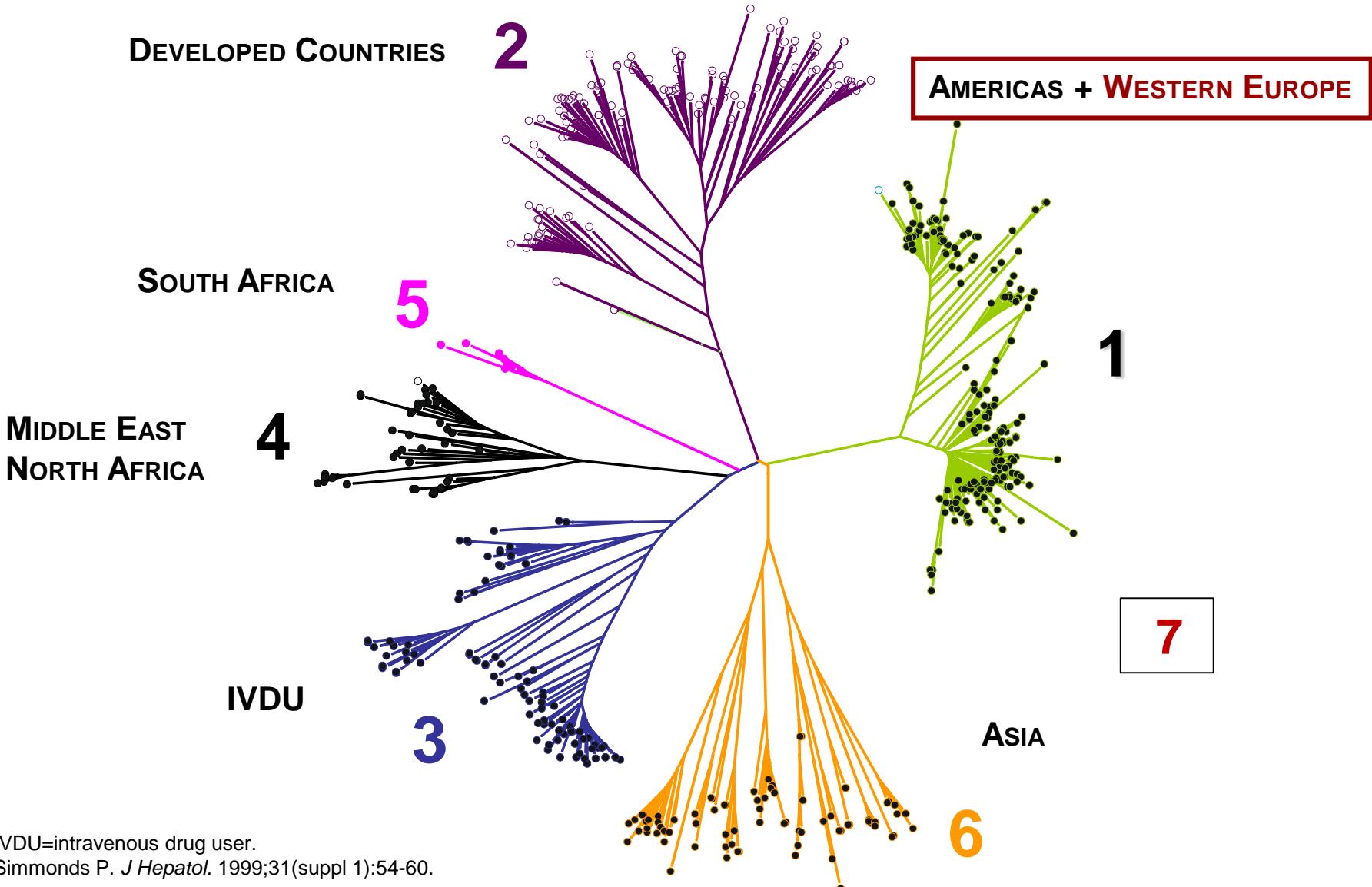


Barba et al. Proc.Natl.Acad.Sci. USA 94:1200-1205, 1997
Helle et al. Cell Mol.Life Sci 65:100-112, 2008
Georgel et al. Trends in Mod med. 16:277-286, 2010
Routon et al. J.Hepatol. 53:1123-1134, 2010
Budkowska Pol.J.Microbiol. 58:93-98, 2009

Worldwide Prevalence of HCV



HCV Genotypes

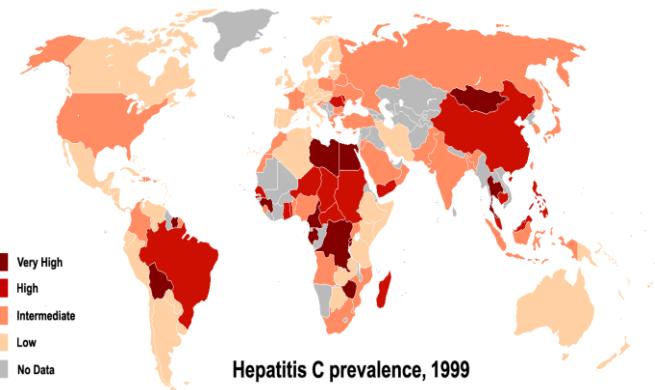


IVDU=intravenous drug user.

Simmonds P. *J Hepatol.* 1999;31(suppl 1):54-60.

Prevalence of HCV infection

Chronic infection: **71 million, 1% of world population**



Highest: Egyptom (14,7%)

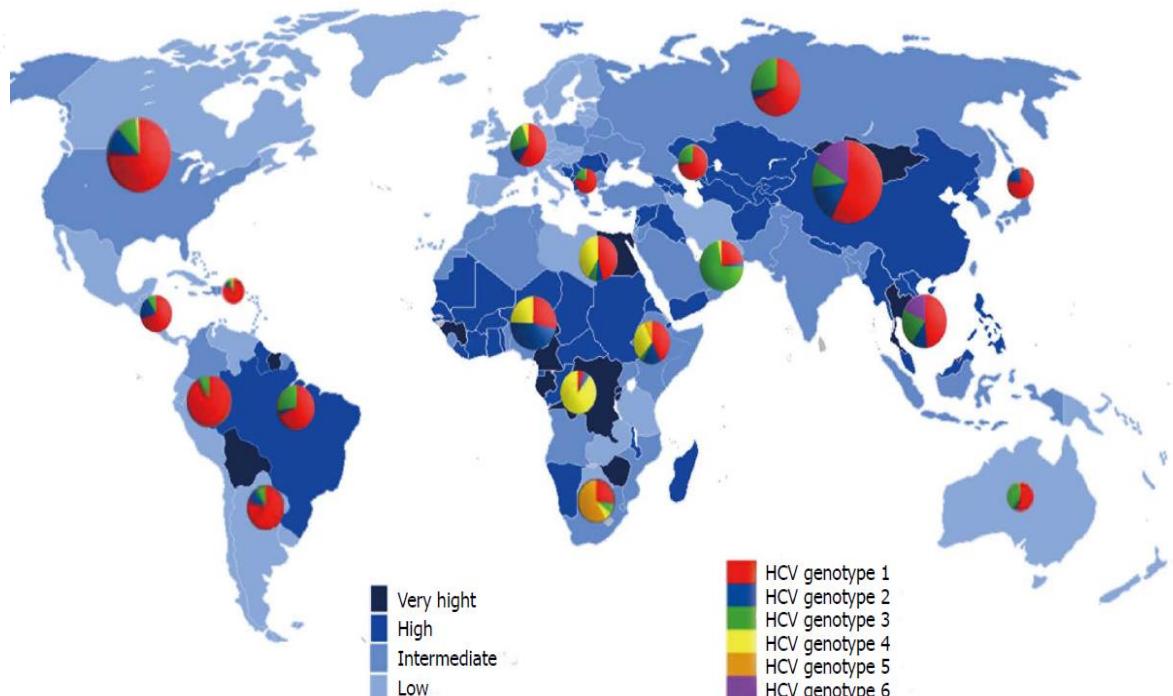
East-Middle Europe

Low (0,2-1,0%): Cseh, Albania,

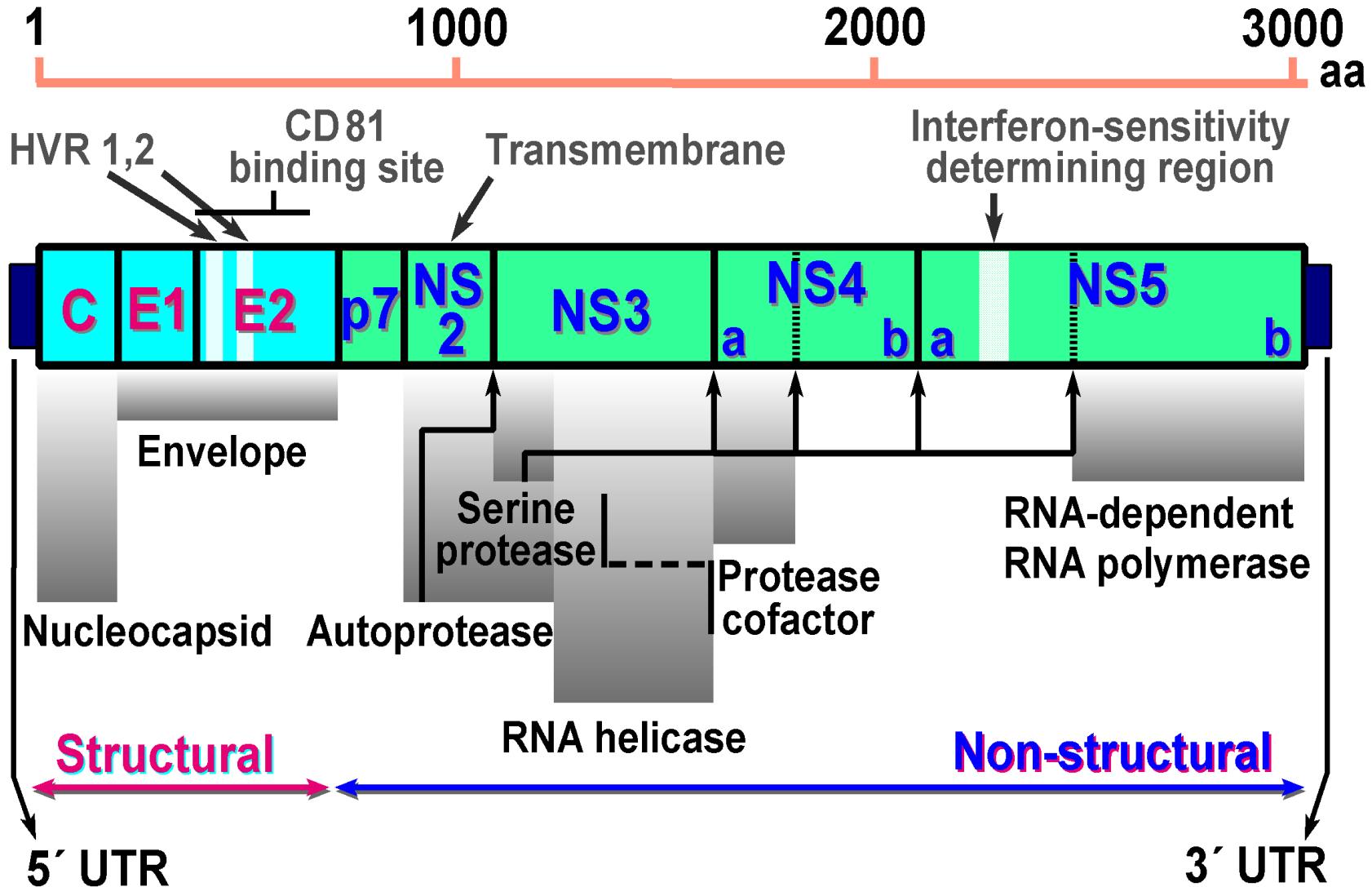
Croitia, **Hungary**

- Middle (1,4%): Poland, Bulgaria

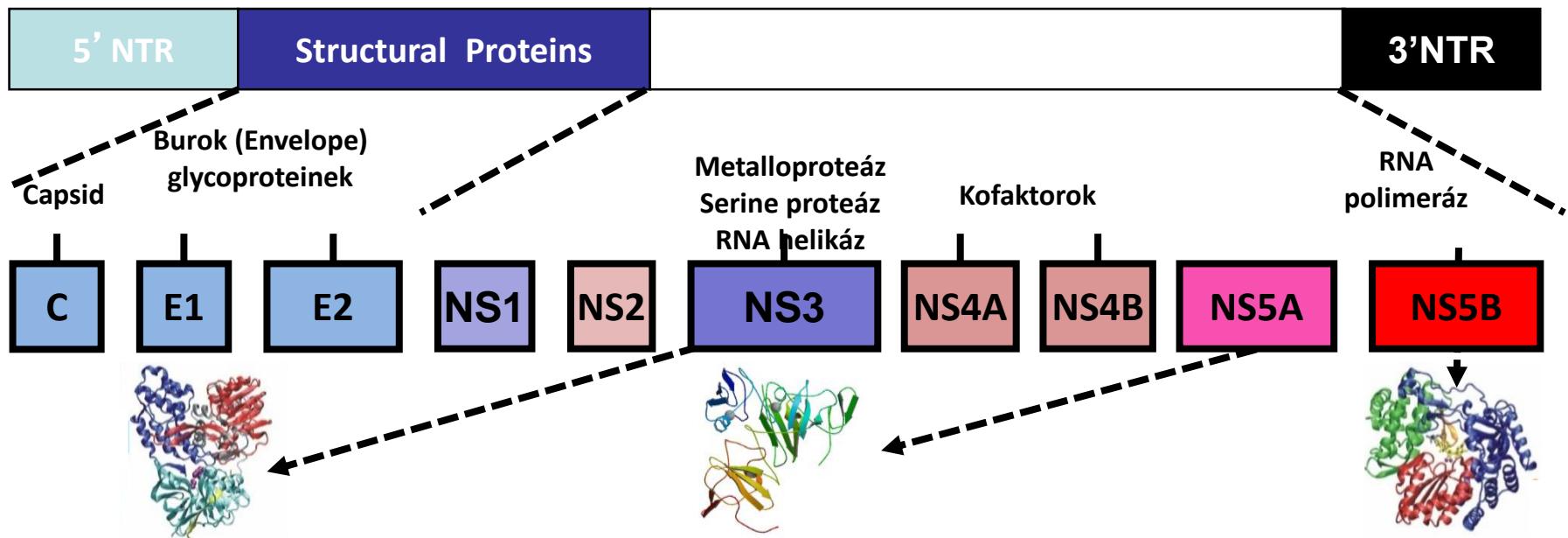
- High (2,3-3,3%): Ukraina, **Romania**



Structure of HCV genome

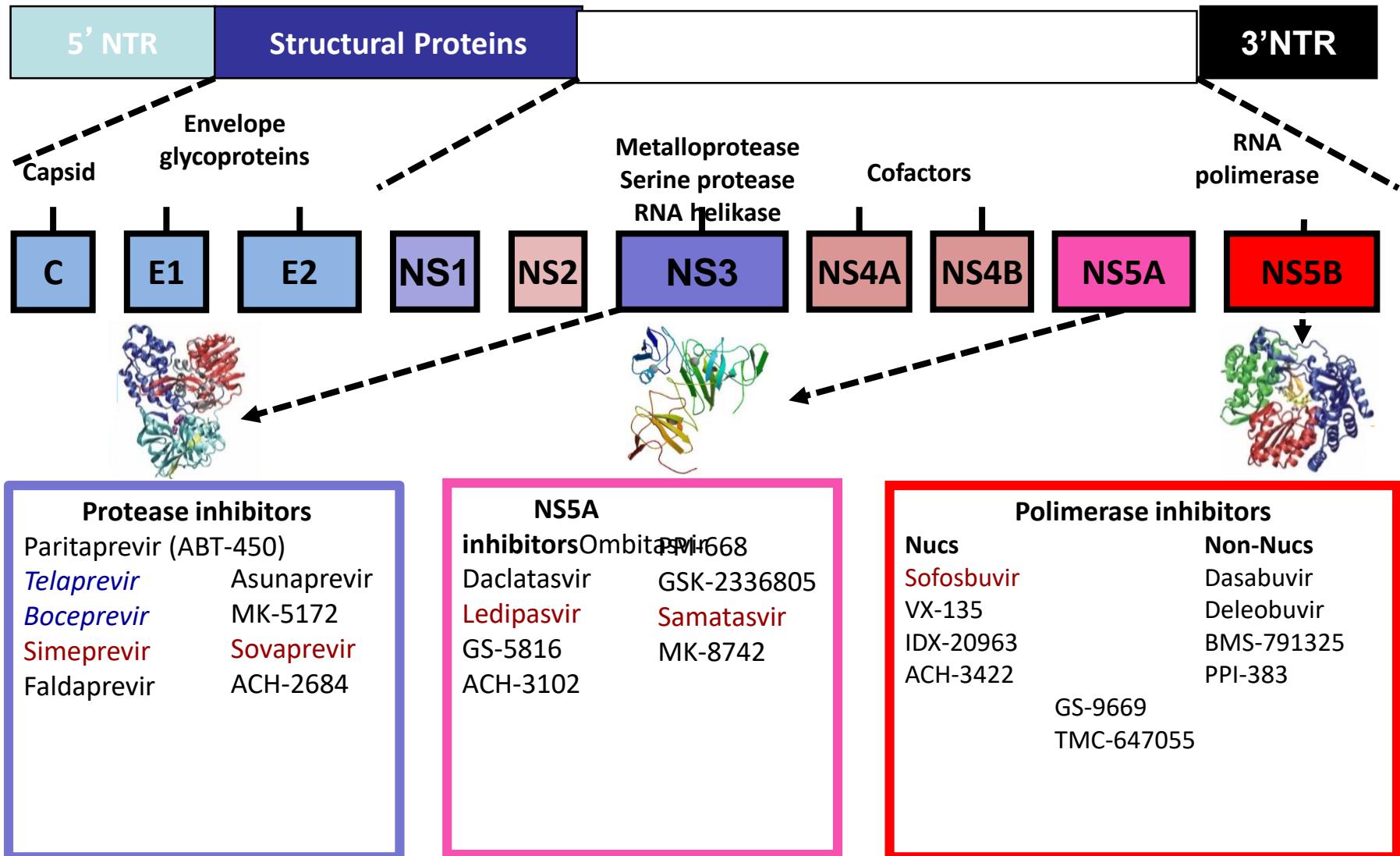


Direct-acting antivirals, DAAs



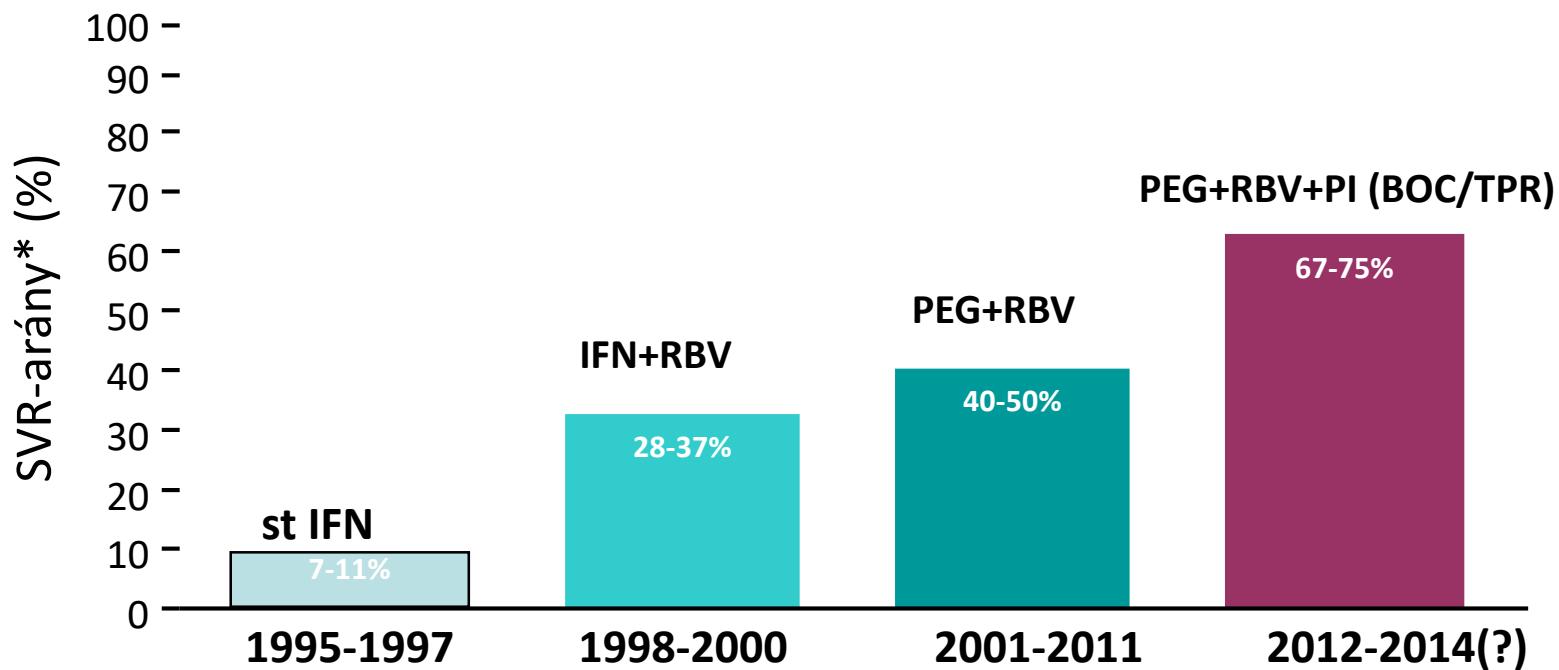
- Adapted from Schinazi R, et al. *Liver Int* 2014; **34** (Suppl 1):69–78.

Direct-acting antivirals, DAAs



• Adapted from Schinazi R, et al. *Liver Int* 2014; 34 (Suppl 1):69–78.

Steps in treatment of chronic hepatitis C Naiv patients



*G1 HCV fertőzött, terápianáiv betegek

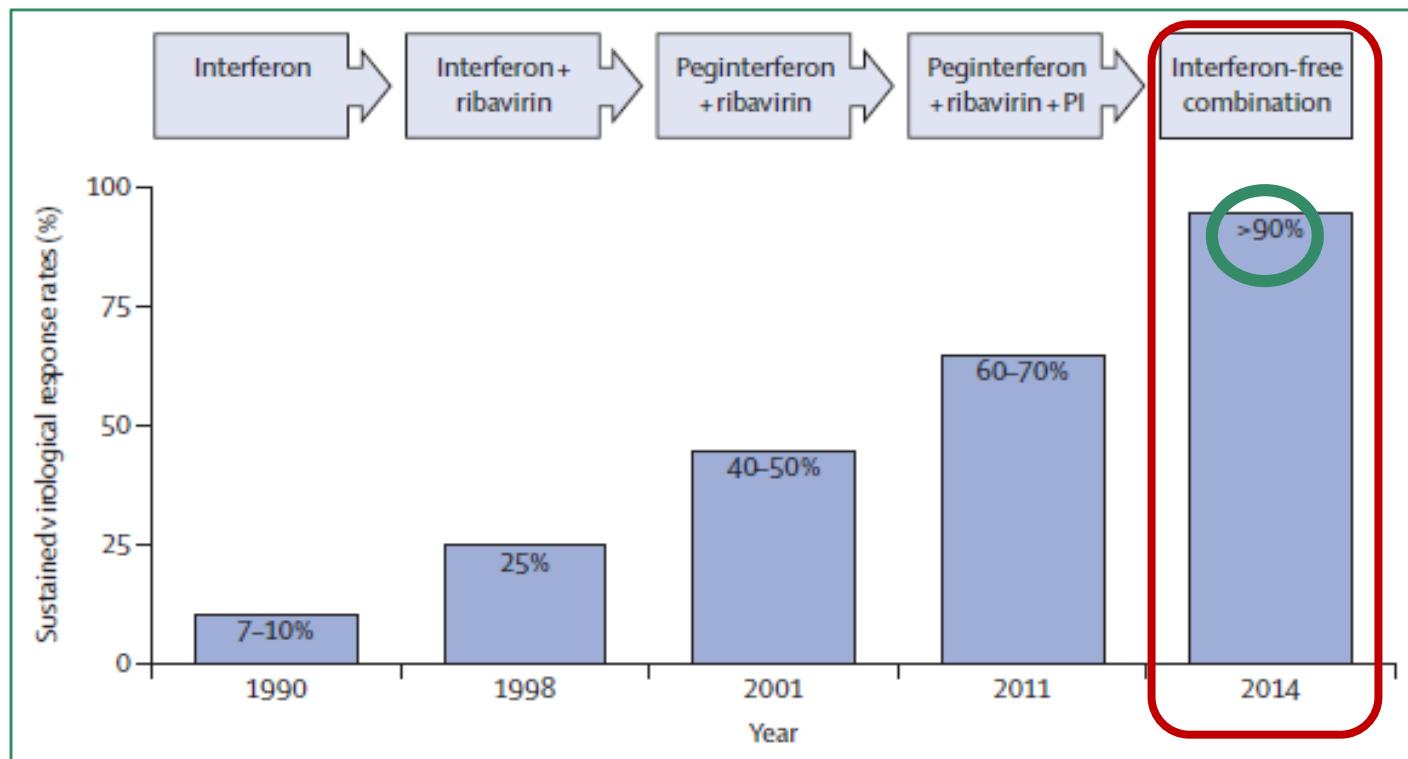
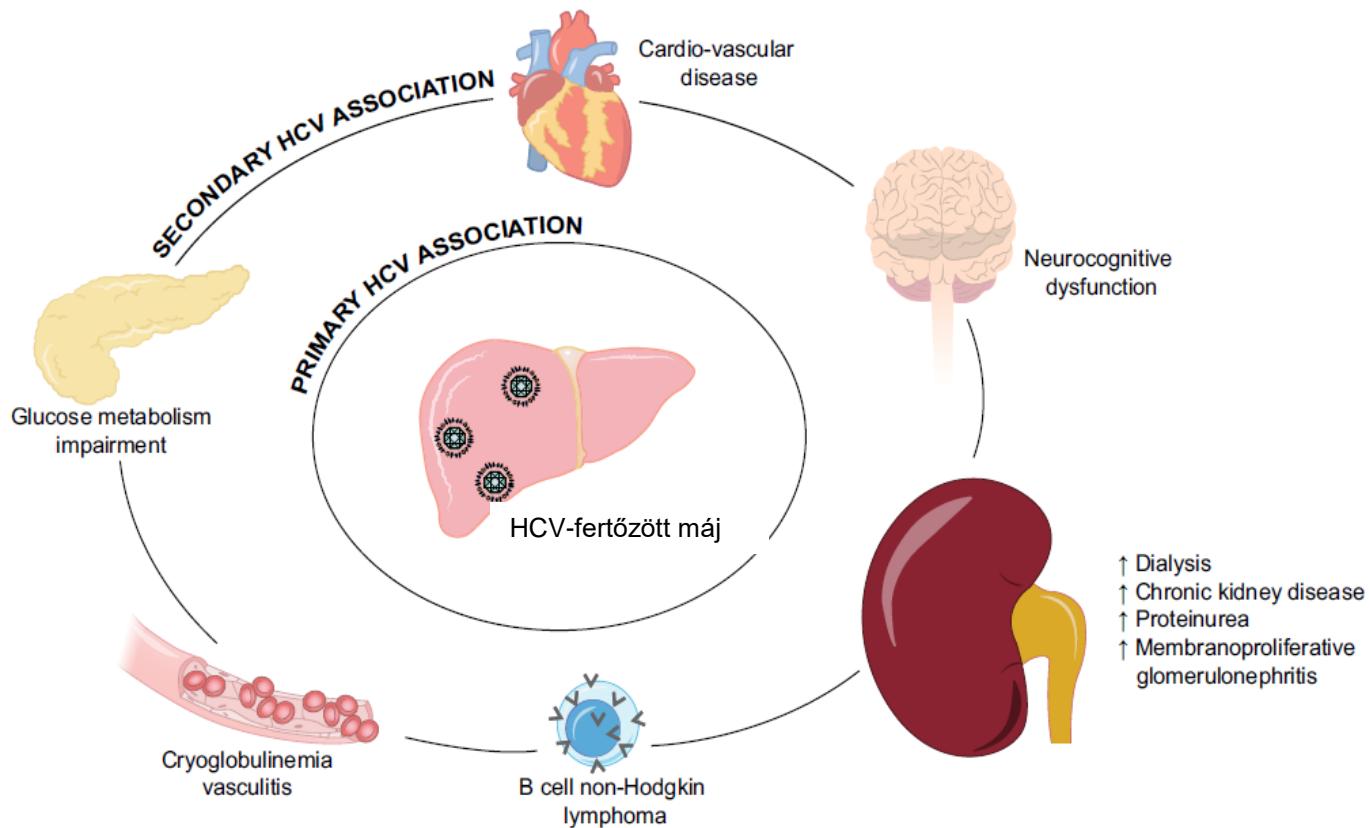


Figure 1: Changes in standard of care for HCV, and improvements in numbers of sustained virological responses
Data from references 9–12. PI=protease inhibitor.

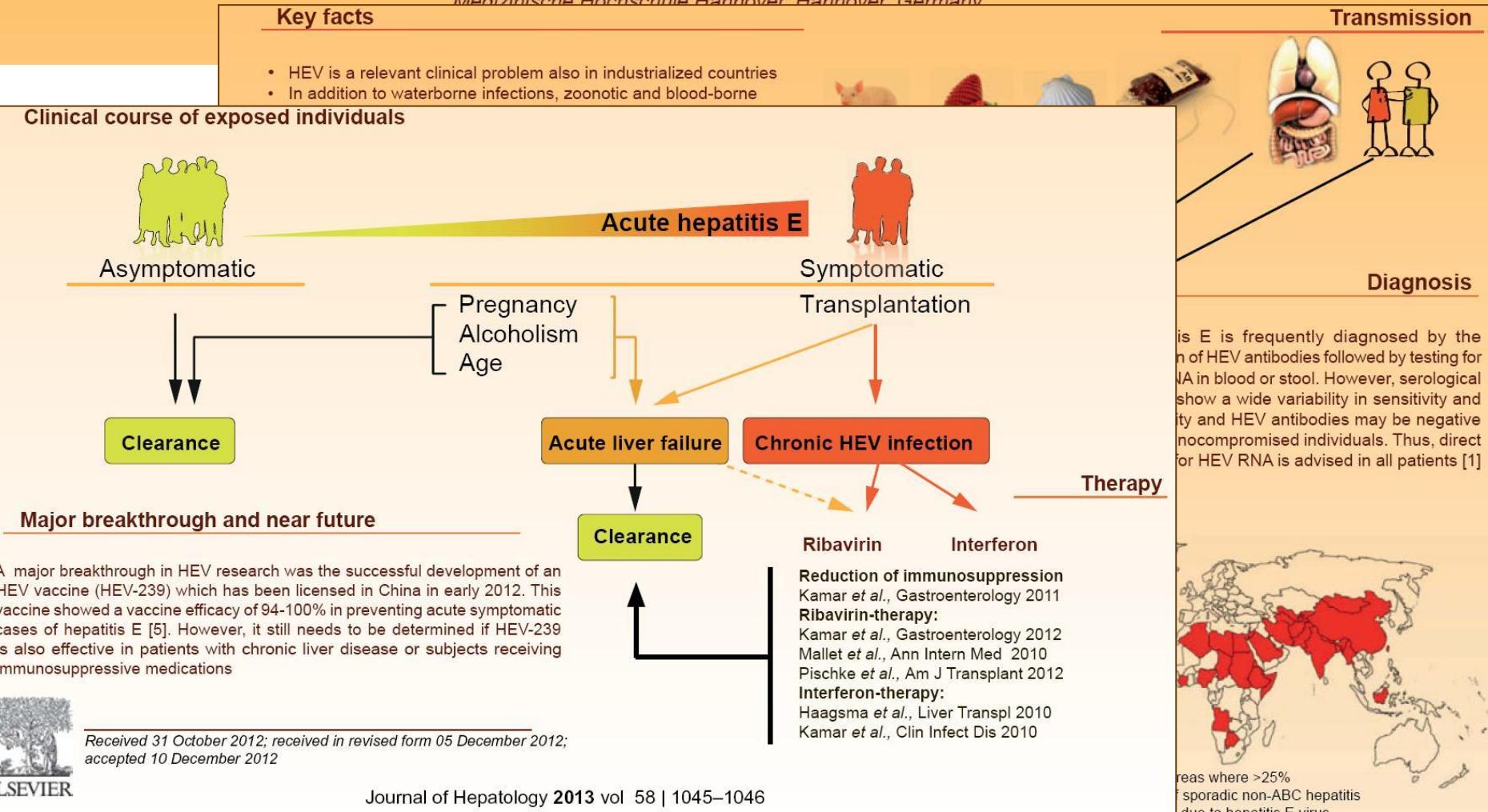
Manifestations of chronic HCV infection



Hepatitis E virus infection: Multiple faces of an underestimated problem

Sven Pischke, Heiner Wedemeyer*

Medizinische Hochschule Hannover Hannover Germany



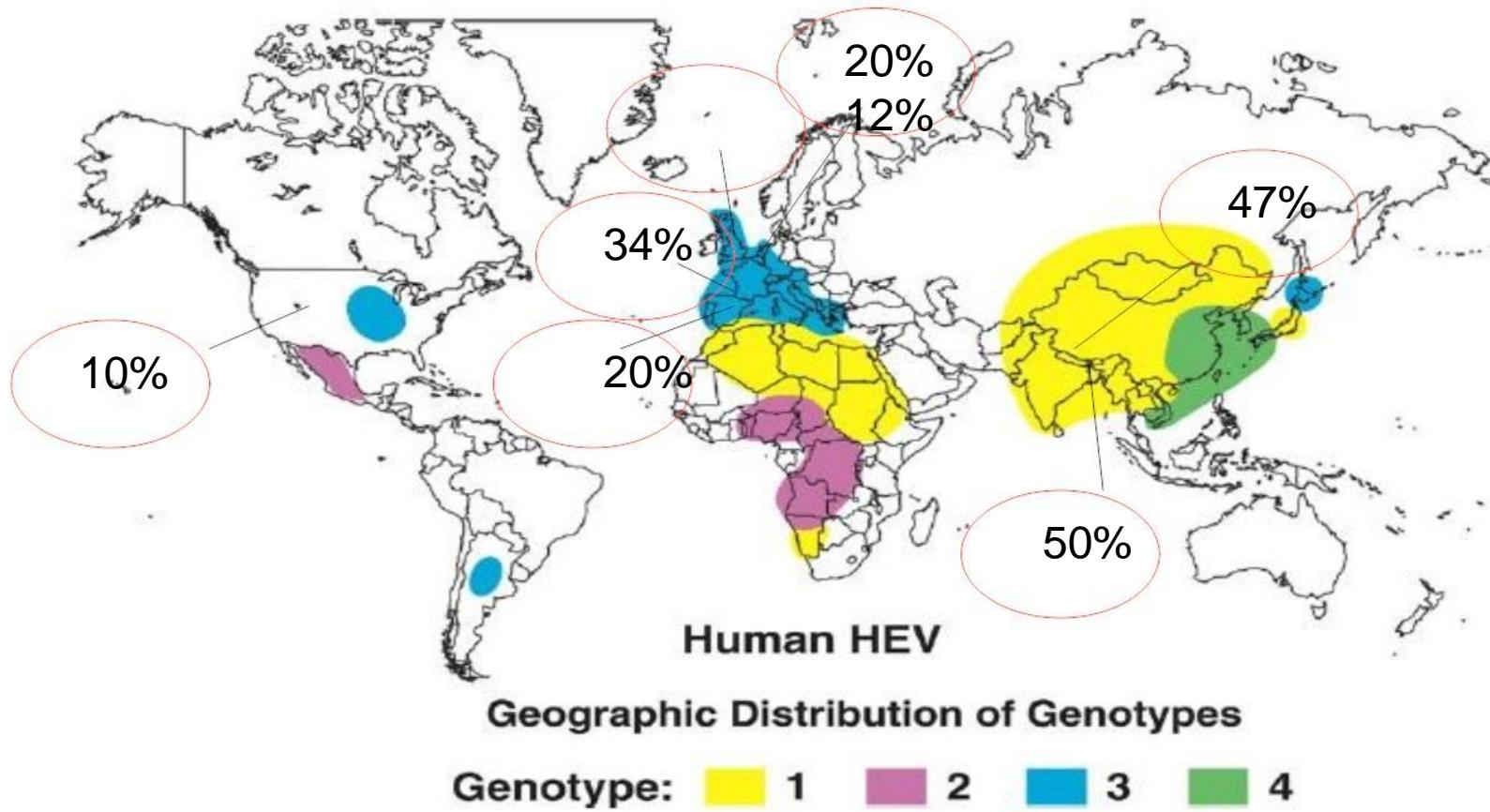
Epidemiology

- 1st cause of acute hepatitis
 - Worldwide, in Europe, in France
- 20 million cases /year
 - 70 000 death/year
 - > 3 million symptomatic patients
- In Europe: 2 million cases/year

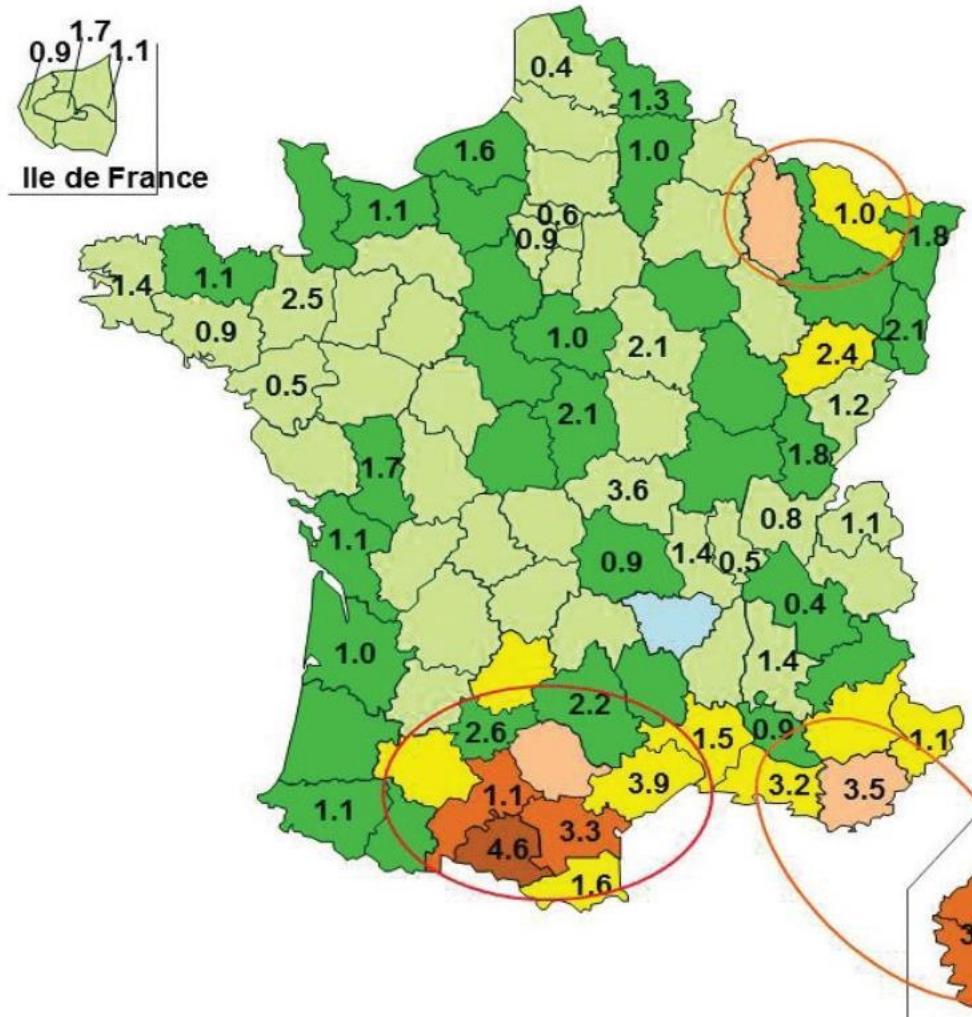
Comparison of HEV genotypes

Characteristics	HEV 1 and 2	HEV3 and 4
Source of infection	Obligate human pathogen	Zoonotic Blood supply
Route of infection	Faecal-oral via infected water	Consumption of infected pork Blood supply
Outbreaks	Yes	No
Clinical attack rate	1:5	< 1:10
Demographics	Mainly affecting young adults	Mainly affecting older men Male:female ratio 3:1
Chronic infection	No	Yes in Imunosuppressed individuals
Occurrence of second HEV infection	Yes	Yes
Neurological sequelae	Yes	Yes

Seroprevalence



Stramer SL Transfusion 2015
Izopet J Clin Virol 2015
Dalton H Curr Infect Dis Rep 2014



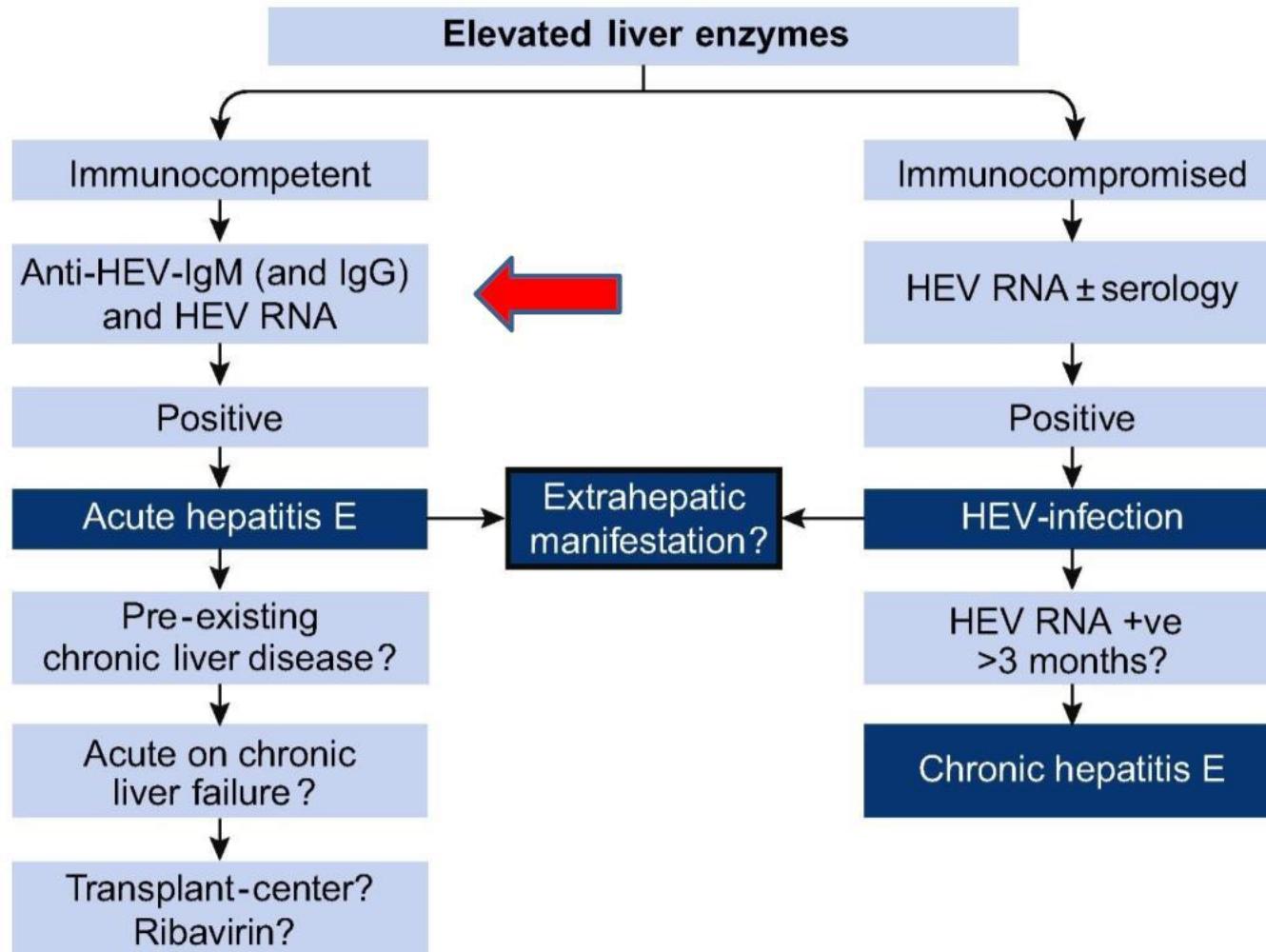
IgG and IgM seroprevalence in french blood donor

Blue < 10%, green 20-30%, yellow 30-40%, pink 40-50 %
 Orange 60-70%, brown > 70%

When should you look for HEV? EASL guidelines

- Acute viral hepatitis (A1)
- Suspected drug induced liver injury (A1)
- Decompensated cirrhosis
 - Guillain-Barré syndrome, neuralgic amyotrophy(B1),
 - Acute neurological symptoms associated with elevated transaminases
- Elevated transaminases following transfusion (A1)

HEV diagnosis EASL guidelines



Conclusion 1

- HEV infection diagnosis is rising
- Subtype 3 may be more severe
- Neurological symptoms are frequent (Neuralgic amyotrophy +++)



HEV: HISTORY

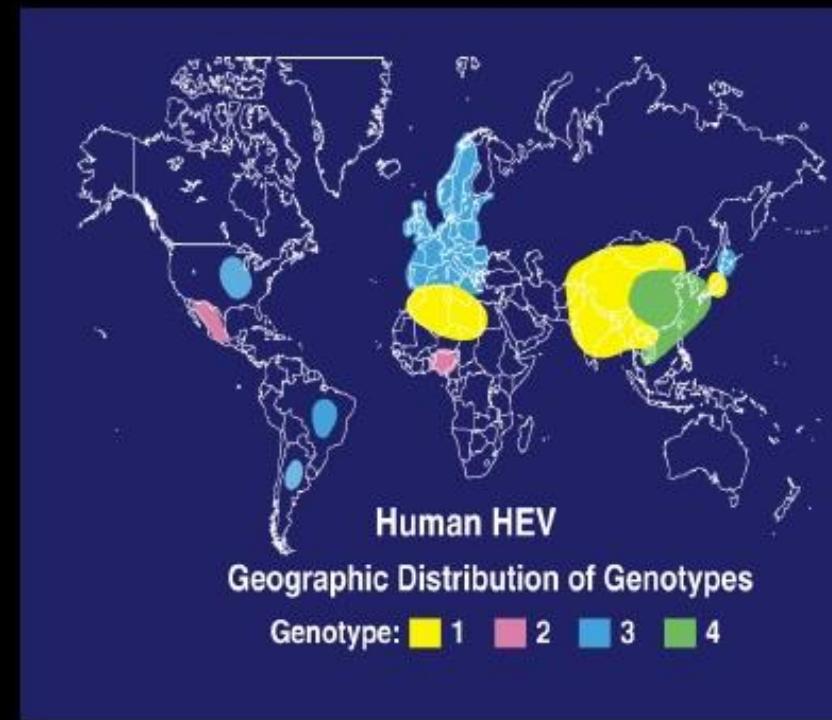
H.Alter HepDart, Dec.2013.



- **1978: Water-borne epidemic in Kashmir caused 20,000 icteric cases; 700 FH; 600 deaths; not HAV**
- **1980: Epidemic hepatitis among Russian soldiers in Afghanistan; not HAV related**
- **1983: Russian volunteer swallows fecal extract from 9 acute cases in the Afghan epidemic and recovers 27-30nm VLP from his acute phase stool (Balayan)**
- **CDC recovers identical VLP from macaques inoculated with acute phase stool; serial passage**
- **1990: Bile from cyno macaques used in differential diagnosis tool – HEV/R**

HEV: VIROLOGY

- Small (32-34nm, 7.2 kb), non-enveloped, positive-sense single-strand RNA virus in hepeviridae family (Hepevirus)
- 4 genotypes; 1 serotype
- Gt 1,2: human virus endemic and epidemic predominantly in southeast Asia
- Gt 3,4: primarily swine viruses that infect humans (zoonosis)
- Gt3 main HEV infection in developed world; Gt4 in China



Genotype 1 vs 3 Hepatitis E

Feature	Genotype 1 (Epidemic)	Genotype 3 (Endemic)
Sex (M:F)	1:1	3:1
Age	20-45 yrs	40-80 yrs
2nd Spread	Uncommon	Not known
Source	Water	Food
Agent	Human	Swine
Seasonality	Yes	Usually not
Fatality rate	Pregnancy	Elderly
Extrahepatic	Yes (Pancreas)	Yes (CNS)
Chronicity	No	Yes, immune deficient

PARADIGM SHIFT IN PERCEPTION OF HEV INFECTION

Previously considered to be an acute, self-limited infection occurring only in endemic regions, it has now been shown to:

- **Occur in surprisingly high frequency in non-endemic countries**
- **Evolve to chronic infection in immunosuppressed patients, particularly solid organ recipients**
- **Evolve to cirrhosis in those chronically infected**
- **Results in an asymptomatic chronic carrier state among immunosuppressed; undetermined if there is a carrier state in healthy, potential donors**

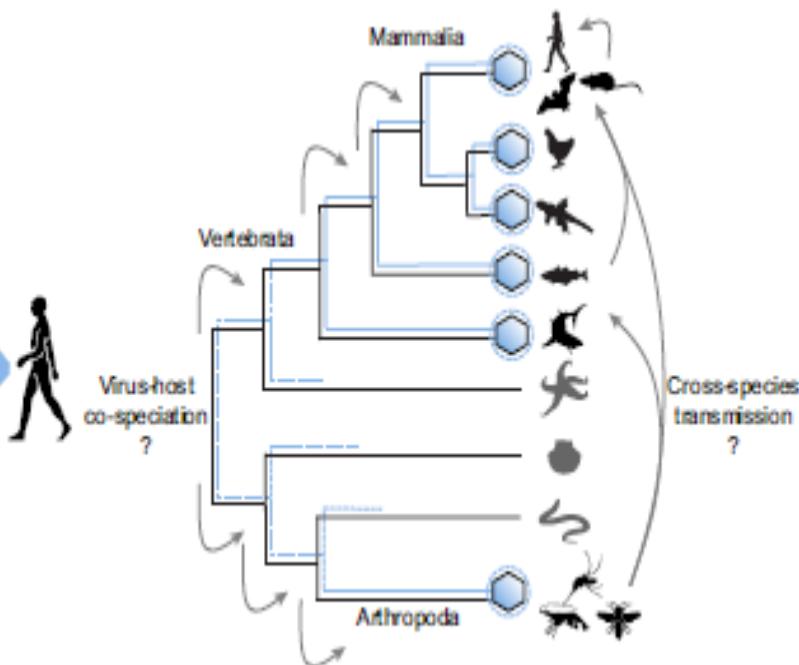
How Might Non-Swine Handlers be Exposed to Contaminated Pork?

[Caution: This slide is not for the queasy]

- **Gastro Elitism Movement:** wild boar pappardelli, pigs feet Milanese
- **Figatelli (raw pork sausage) :** favorite in Southern France
- Liver slime from pig poop is pooled and used to irrigate soil and plants
(don't forget to eat your veggies)
- Dunkin Donuts sells pork donuts in China
- Scrapple made from pig heads and liver
- 11% of raw pig liver in US markets tested HEV RNA+
- USDA: cook pork meat to 145F; organs to 160F



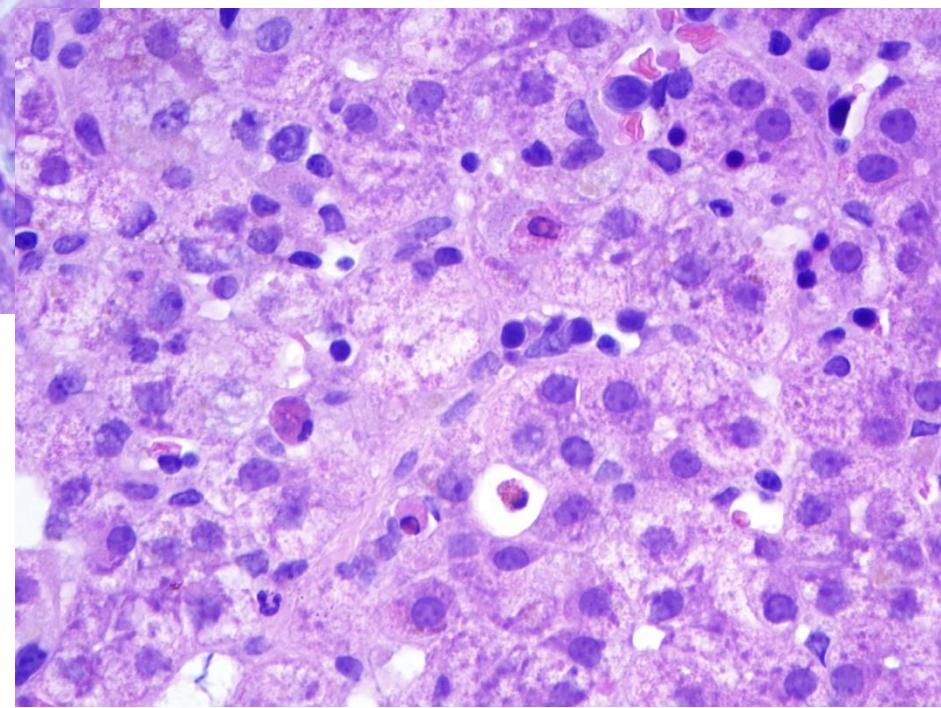
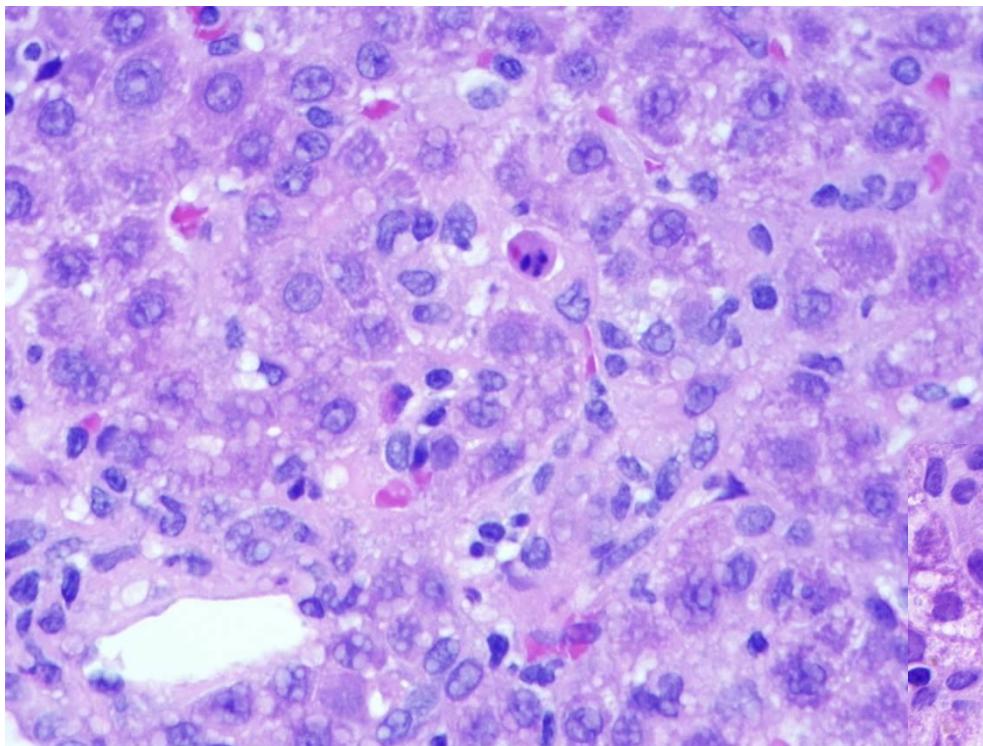
	Evolutionary origins	Common ancestry	Source of infection	Transmission
HAV	bat	monkey	human	fecal-oral
HBV	bat	monkey	human	fecal-oral, blood
HCV	bat	horse	human	fecal-oral, blood
HDV	bat	?	human	fecal-oral, blood
HEV	bird, bat	Gl 1+2: Gl 3+4: Gl 7:	human, animal	fecal-oral, blood



Pathology of acute viral hepatitis

- **Gross:** enlarged, reddish, or shrunken (extensive necrosis)
- **Histology:**
 - Lobular, portal and periportal inflammation
 - Inflammatory cells: dominating lymphos (but plasma cells, PMNs, eos in lower number)
 - Necrosis, apoptosis (Councilmann-like bodies)
 - Cholestasis (not always)
 - PAS+ Mas

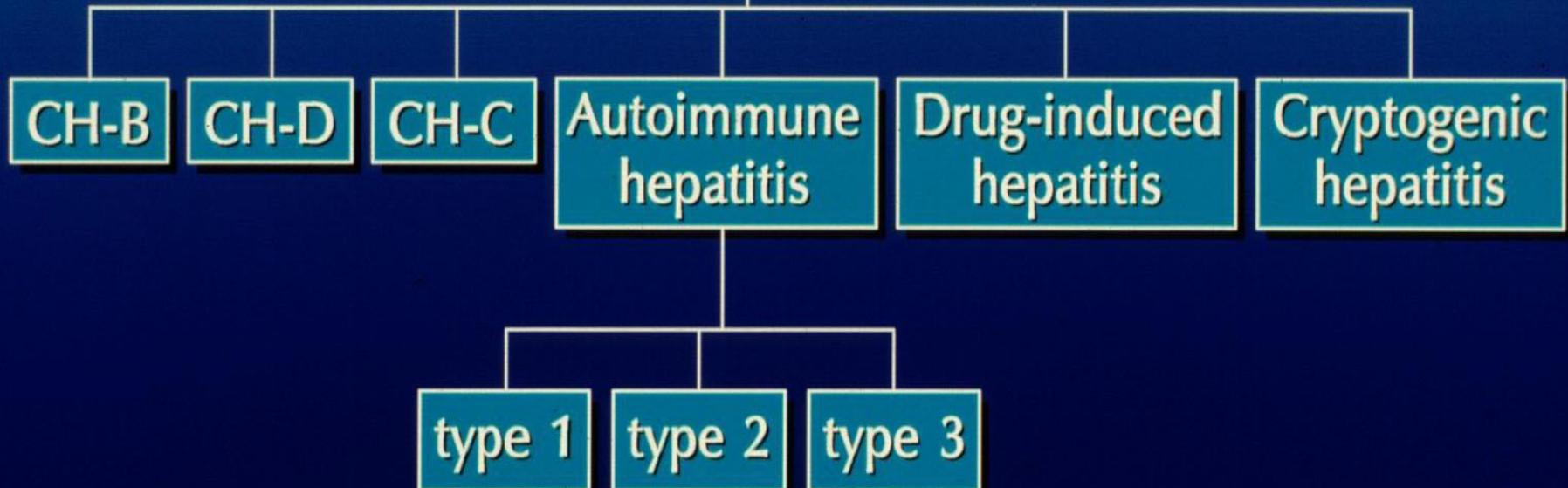
Akut vírushepatitis



Classification of Chronic Hepatitis

(XX)

CHRONIC HEPATITIS



(Desmet et al., Hepatology 19:1513, 1994)

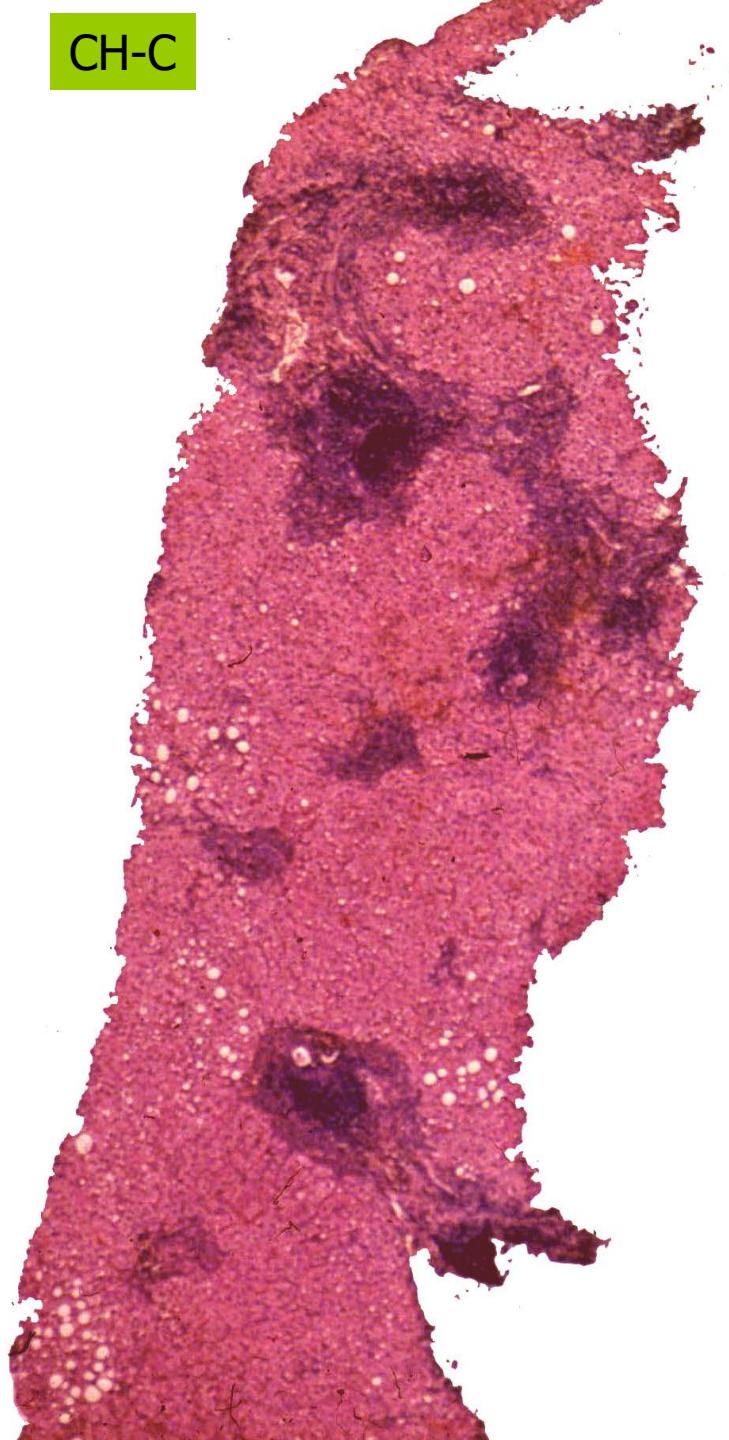
General pathomorphology of CH (**)

- necrosis / apoptosis
- inflammation
- fibrosis
- specific features
- **Grading, staging**

CH-C



CH-C

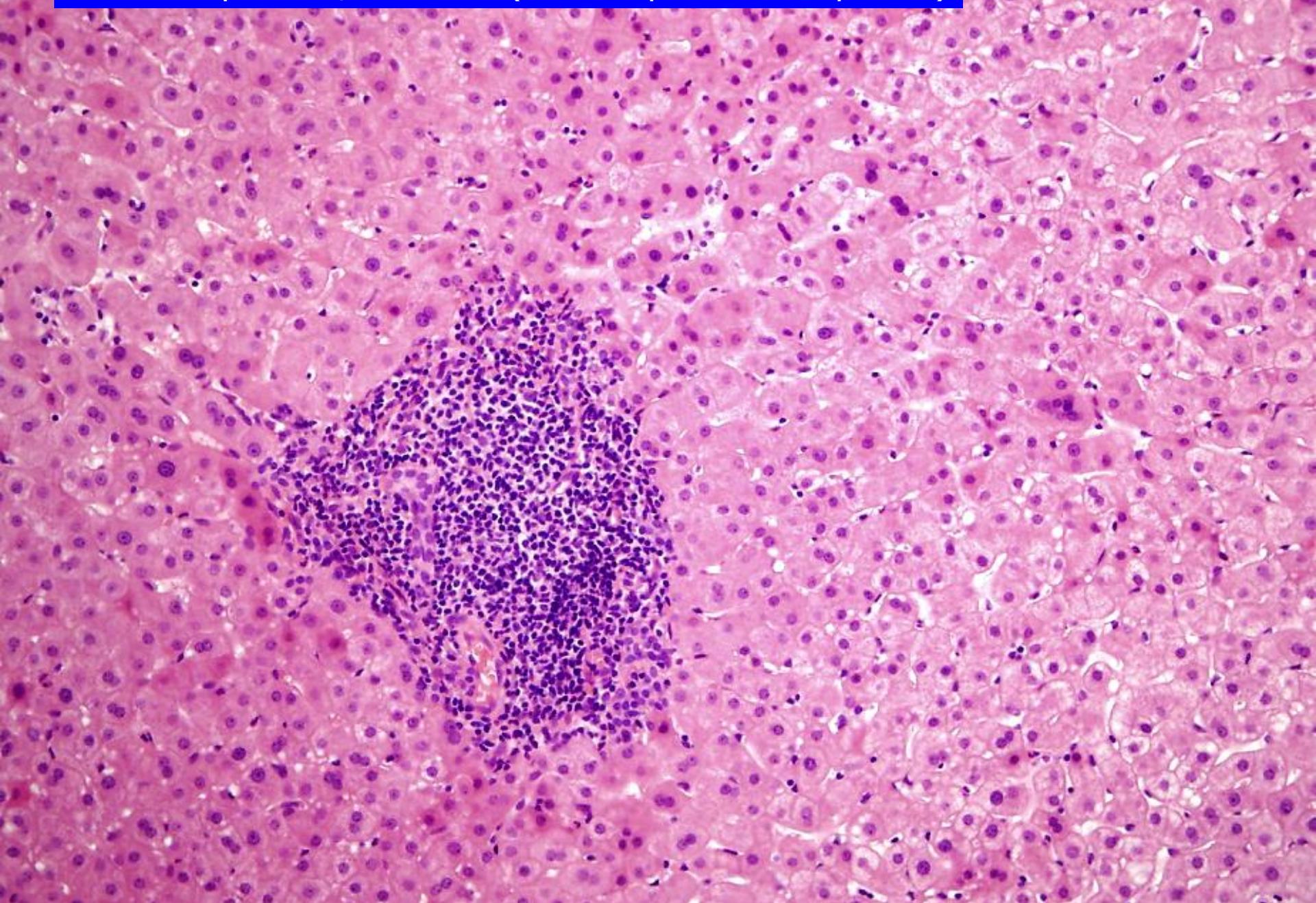


Histology Activity Index (HAI)

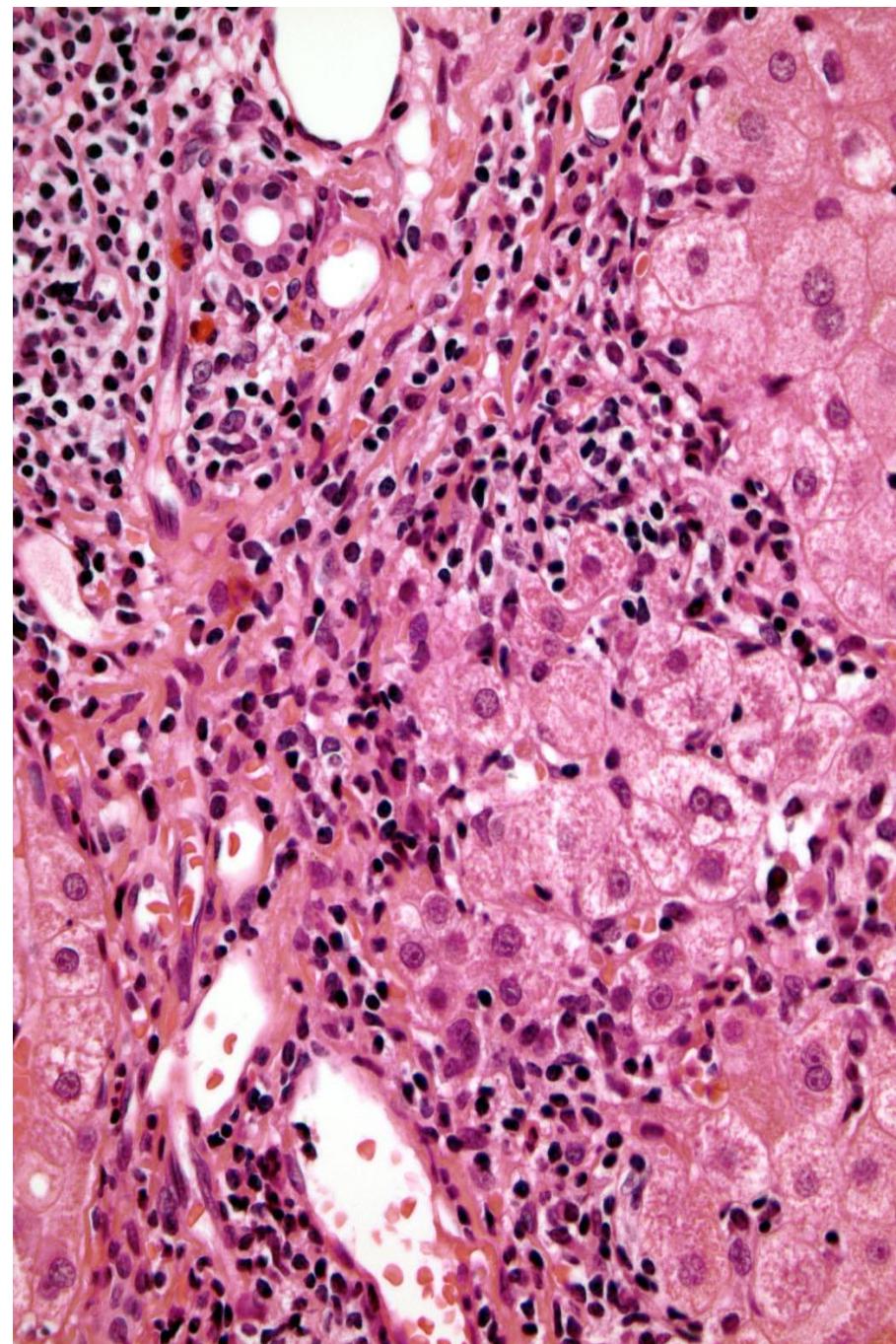
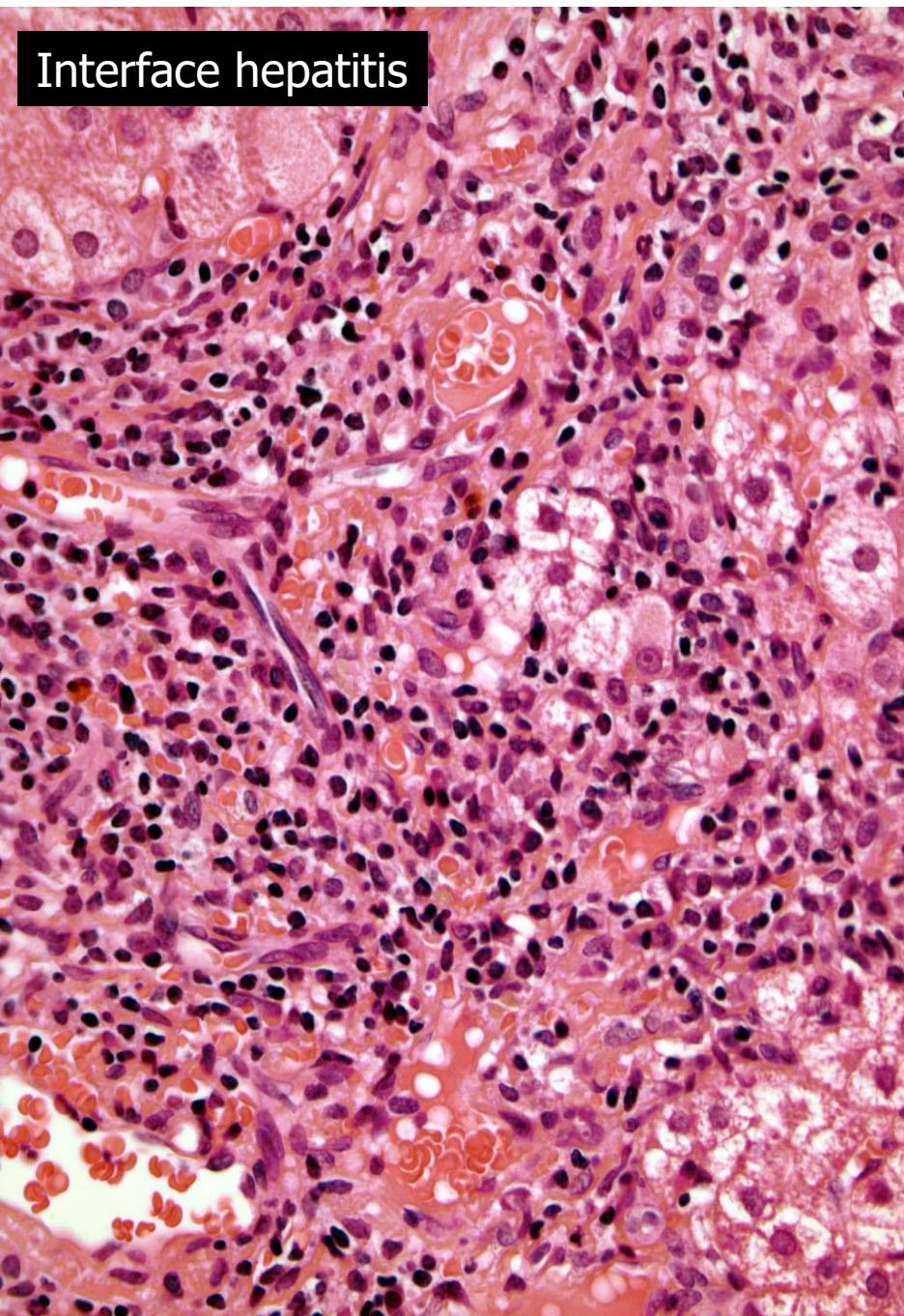
	<u>Scores</u>
Portal necrosis with or without bridging	0 - 10
Intralobular degeneration and necrosis	0 - 4
Portal inflammation	0 - 4
Fibrosis	0 - 4

(Knodell et al., Hepatology 1:431, 1981) (×)

Chronic hepatitis C, mild form („chronic persistent hepatitis“)



Interface hepatitis



Modified HAI grading necroinflammatory changes

	score
Grade A : Interface hepatitis (piecemeal necrosis)	0-4
Grade B : Confluent necrosis	0-6
Grade C: Focal lobular activity	0-4
Grade D: Portal inflammation	0-4
	<hr/>
	maximum: 18

- + additional features
- + immunohistochemical findings

Staging of Chronic Hepatitis

(x)

Score ⁽¹⁾	Description ^(2,3)
0	no fibrosis
1	mild fibrosis
2	moderate fibrosis
3	severe fibrosis
4	cirrhosis

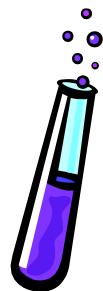
based on: ⁽¹⁾Knodell et al., 1981, ⁽²⁾Scheuer 1991,
⁽³⁾Sciot and Desmet 1994

A májfibrosis mértékének megállapítása

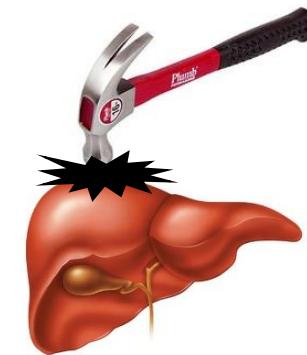
- Májbiopszia : „the gold standard”



- Serum markerek

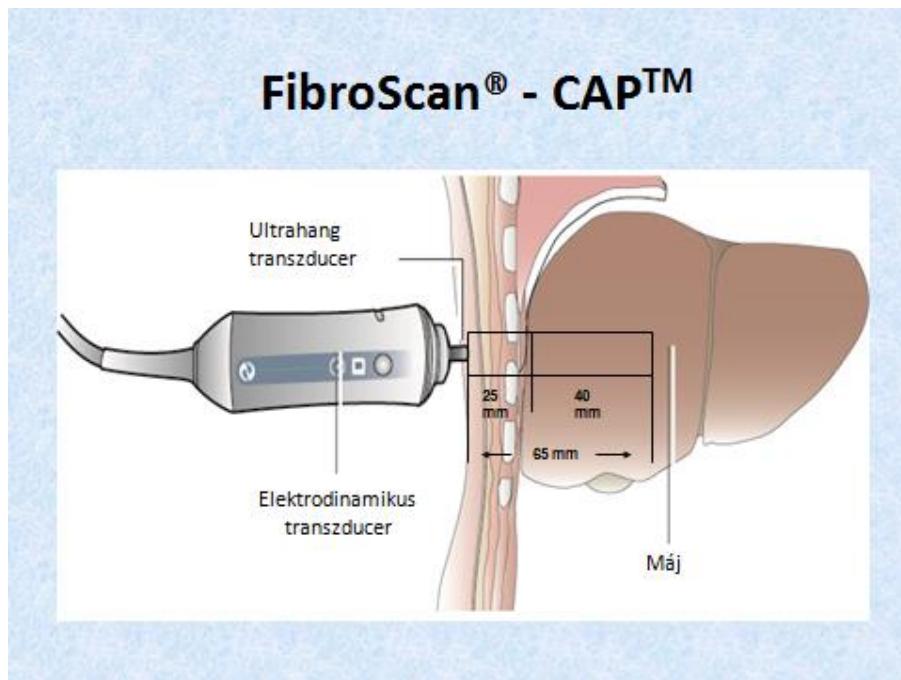


- Képalkotók : US, Fibroscan
– („keménység”)



Fibroscan—CAP mérésének bemutatása

*kb. 1 cm átmérőjű, 4 cm hosszú
virtuális szövethengert mérünk, a
bőrfelszíntől mért 25 és 65 mm
távolság között.*



Definition of AIH* (**)

AIH is an unresolving inflammation of the liver with:

- characteristic (but not specific) histology
- hypergammaglobulinaemia
- autoantibodies in the serum
- absence of „known” etiology (genetic, toxic, viral)

* Czaja A.J. Hepatology. A textbook of Liver Disease 2003.1163-1202, Saunders

Diagnostic criteria of AIH(1) * (**)

- Clinical: symptomatic (fatigue, fluctuating jaundice, arthralgia, acute/fulminant? etc.)
asymptomatic
- Sex/Age: female predominance
young (bimodal, children)
- Other: association with other autoimmune disorders

* Intern. Autoimmune Hepatitis Group
J. Hepatol. 1999; 31: 929-938

Diagnostic criteria of AIH (3)

Serological features*

Autoantibodies (Ab)

- Non-organ specific Abs
 - anti- nuclear AB (ANA)
 - anti- smooth muscle AB (SMA)
 - anti- neutrophilic cytoplasmic (pANCA)
- Liver-related Abs
 - asialoglycoprotein receptor (anti-ASGPR)
 - soluble liver antigen (anti-SLA) (liver-pancreas antigen - anti-LP)
 - liver cytosol type 1 (anti-LC1)
 - liver/kidney microsome type1 (anti-LKM1)

* Intern. Autoimmune Hepatitis Group J. Hepatol. 1999; 31:929-938

Classification of AIH

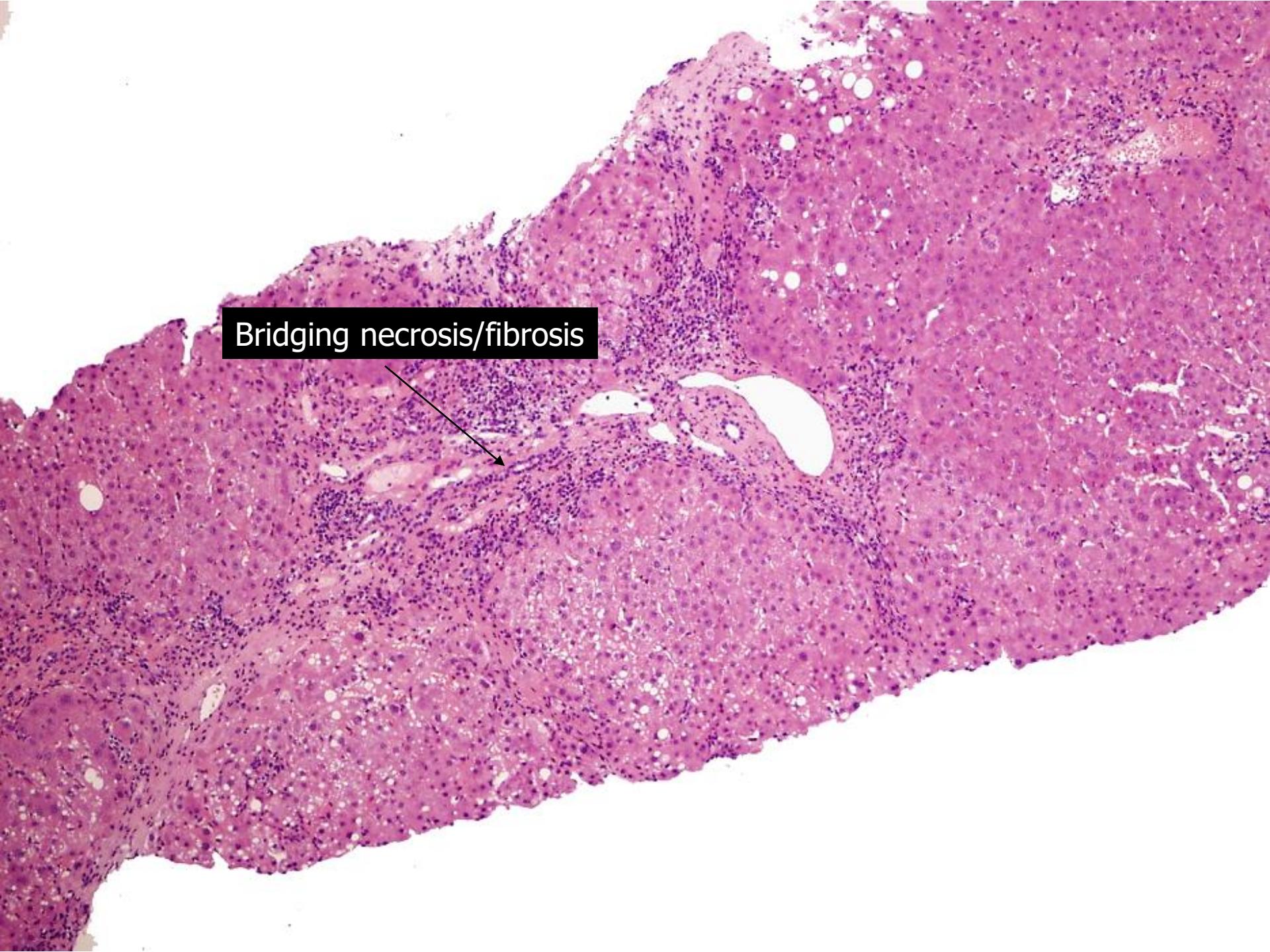
based on serological markers (antibody profiles)*

- Type 1: ANA/SMA positive (anti-SLA/LP positive, anti-ASSGPR, pANCA positive, 80%)
- Type 2: anti-LKM1 positive (almost always young females with severe disease, 3-4 %)
- Type 3: anti-SLA/LP positive (ANA/SMA positive, 3-4 %)

* Czaja A.J., Manns M.P.: Am.J.Gastroenterol. 1995;90:1206.

Diagnostic criteria of AIH (4) Histological features

- Interface hepatitis
 - periportal, periseptal
 - predominantly lymphoplasmocytic inflammation
- Mild/moderate acinar involvement
- Bridging necrosis/fibrosis
 - portal/portal
 - central/portal
- Rozette formation of hepatocytes
- Nodular regeneration
- No bile duct damage or granulomas
- Multinucleated giant cells (**children -23%**)
- **Cirrhosis**

A hematoxylin and eosin (H&E) stained liver biopsy specimen. The image shows a large area of normal liver tissue with a lobular architecture. In the center-left, there is a prominent area of bridging necrosis or fibrosis, characterized by a dense, pink-stained band of connective tissue spanning between two portal tracts. A black arrow points to this central area. The surrounding liver parenchyma appears relatively normal.

Bridging necrosis/fibrosis

