

2020/2021 – Autumn Semester Tibor Glasz MD PhD & CR

Semmelweis University 2nd Department of Pathology _____ & & ____

Degenerative vascular diseases

• Arteriosclerosis – collective term for degenerative alterations in mechanic-structural vascular wall characteristics (stiffening/hardening or softening)

- Atherosclerosis mural change of elastic and middle sized to large muscular arteries
- Arteriolosclerosis mural change of small muscular arteries and arteioles
- Medial sclerosis of Mönckeberg mural change with special characteristics
- Vascular changes in diabetes mellitus
- Aneurysms
- Dissection of vascular wall layers

Atherosclerosis

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1950 1952 1954 1956 1958 1960 1962 1964 1966 1968 1970 1972 1974 1976 1978 1980 1982 1984 1986 1988 1990 1992 1994 1996 1998 2000

Number of deaths in mortality groups (2000; Hungary)





Division of cardiovascular death cases (2000; Hungary)

National Institute for Statistics - 2003

Atherosclerosis is cause of death

in **50%**

of the cases on the western hemisphere.

Atherosclerosis in the young

Enos WF et al.: Coronary disease among United States soldiers killed in action in Korea: preliminary report. JAMA **1953**, 152: 1090-1093.

Lipid metabolism

| And a subscription of the | | MAJOR LIPIDS | MAJOR APOPROTEIN(S) |
|--|--------------------------|--|--------------------------|
| 「二日本にたち」 | Chylomicron 80–500 nm | 80–95% TG (dietary) | C proteins, AI, AII, B48 |
| Contraction of the second seco | VLDL 30-80 nm | 45–65% TG (endogenous) 25% cholesterol | C proteins, B48, E |
| | IDL 30 nm | 45% cholesterol | B100, E |
| | LDL 15–25 nm | 70% cholesterol | B100 |
| State of the state | HDL 5–12 nm | <25% cholesterol | AI, AII |

Lipid metabolism

Functions of the intact endothelium

- Provision of a non-adherent, non-thrombogenic vascular inner surface
- Regulation of
 - vascular wall permeability
 - fibrinolytic and coagulation characteristics of the vascular wall
 - adhesion of leukocytes and thrombocytes (so-called homing)
 - lipid oxydation
- Production of so-called chemoattractants
- Proliferation stimulus for vascular smooth muscle cells
- Production of extracellular matrix components
- Metabolic activity (e.g. LDL-oxydation)
- Maintenance of elasticity (vessel tonus through NO, PGI₂, Endothelin, Angiotensin II, TXA₂) and structure (e.g. basal membrane) of vessels
- Effectuation of inflammatory and immunologic reactions

Functions of monocytes/macrophages

- A cell type of central importance in atherogenesis
- Participation in lipid metabolism
 - oxydation
 - ingestion of extracellular lipid substances with formation of foamy cells
- Production of extraordinarily many kinds of cytokines and growth factores
 - growth stimulants:
 - growth antagonists:chemoattractants:

GM-CSF, M-CSF, HB-EGF, IGF-I, VEGF, bFGF, TGFα, PDGF, IL-2 IL-1, TNFα, TGFβ MCP-1, oxLDL

- Antigen presentation for T-cells
- 'Scavanger' function to eliminate harmful substances

Functions of smooth muscle cells

- Two different phenotypes: (a) contractile, (b) synthetic
- The contractile phenotype
 - rich in myofilaments
 - lipid uptake and excretion in equilibrium: no lipid accumulation, no foamy cells
- The synthetic phenotype
 - □ rich in rough endoplasmatic reticulum (RER)
 - on cytokine stimulation (PDGF, bFGF, TGFß) production of extracellular matrix components and expression of LDL- and 'scavanger' receptors >>
 - Solution >> disbalanced lipid-uptake and -excretion: lipid accumulation and formation of foamy cells
- Migration from the media into the intima

Theories on atherogenesis

- The «response to injury» theory
- The lipid theory
- The theory of monoclonal growth
- The thrombogenic theory
- The infection-inflammation / autoimmnune theory

The «response to injury» theory

- In short: Atherogenesis is a stereotype counterreaction of the vascular wall to harmful effects of any kind resulting in a typical vessel wall change: the atherosclerotic plaque.
- Definition: Arteriosclerotic plaque is a mass-forming lesion of the vessel wall characterized by a degenerative type circumscribed mural thickening via intramural lipid accumulation and fibrous tissue production in varying proportions. Initially, plaque formation is confined to the gradually thickening intima, yet not changing the original wall structure; later the plaque extends from the intima over to the media to wash away and replace these layers and results in fundamental remodelling of the vascular wall. Main consequences result from the mass-forming character of the lesion: loss of original vascular (a) morphologic composition, (b) elasticity (wind-pipe function hardening or softening), (c) patency (altered hemodynamics).
- Harmful effects may be
 - cellbiologic
 - geometric
 - microanatomic ('progression-prone' vs. 'progression-resistant' locations)
 - mechanic-hemodynamic
 - microenvironmental
- Backgrounds may be
 - genetic constitution of the body
 - chemical constitution of blood components

Hemodynamic factors of plaque formation

Simple autopsy experience: Atherosclerosis accentuated around vessel branchings

turbulent flow >>

The «response to injury» theory

- *Central pathogenic event*: focal endothelial activation and readjustment of its reactivity and metabolism is the initiative step for atherogenesis and plaque formation.
- Endothelial stimulation
 - modification of the lipid metabolism (production of oxLDL!)
 - excretion of biologically active molecules (chemoattractants, mitogenes, growth regulators, NO, adhesion molecules, thrombogenic factors)
- According to this theory...
 - endothelial stimulation >>
 - adhesion and intimal gathering of circulating cellular elements: leukocytes, thrombocytes, monocytes, T-lymphocytes
 - enhanced endothelial permeability: intimal gathering of lipid substances >>
 - infiltration of medial smooth muscle cells into the intima across the internal elastic membrane and proliferation of intimal muscle cells >> phenotypic change from cont-ractile to synthetic >> production of extracellular matrix components (esp. collagene)
 - monocytes turn to macrophages + synthetic smooth muscle cells: intake of excess extracellular lipides >> foamy cell formation
- Plaque stability is defined by plaque components: (a) dimensions of the plaque's lipid core, (b) proteolytic enzyme activity of cellular (inflammatory) plaque elements, (c) calcification

Heme-mediated cytotoxicity:

an example of oxidative stress to the endothelium

- A recently proposed, **ubiquitous** mechanism of **endothelial damage**
- Leakage of hemoglobin from red blood cells and oxidation within the plasma >> production of ferri- or methemoglobin >> heme release from its proteins
- Free heme and heme iron are toxic to endothelium both can catalyze free radical reactions and so e.g. potentiate cytotoxicity by activated polymorphonuclear leukocytes (PMN) (amplification of cellular damage arising from activated oxygen) >> in particular, the endothelial lining is at greatest risk of exposure to free heme and heme iron
- Mechanism of cellular damage: the highly hydrophobic heme can easily enter and cross cell membranes >> readily and spontaneous penetration of endothelial cells by heme >> liberation of heme iron, an especially active catalyst of oxidation of cell membrane constituents and LDL particles passing through the endothelium >> production of oxLDL >> direct cytotoxicity and oxidative stress particularly to vascular endothelium
- Mechanisms of defence: (a) hemopexin a serum protein present at remarkably high concentrations in plasma, binding heme with extraordinary avidity, (b) hap-toglobin, albumin plasma proteins with heme binding activity, (c) intracellular mechanism heme oxygenase-1 (HO-1) and ferritin: cleavage of the porphyrin ring of heme by HO-1 releasing free redox active iron, the latter being effectively sequestered by the antioxidant iron storing protein, ferritin

Participants in atherogenesis

Adhesion of neutrophils and thrombocytes

Invasion of

muscle cells

smooth

Monocyte

LDL, VLDL

Thrombocyte

Thrombus

formation

Endothelium

Macrophage

Cytokines/ growthfactors

Foamy cell

Media

Proliferation of smooth muscle cells **Internal elastic** membrane

The lipid theory

- Central pathogenic event: Insudation of lipid substances into mural structures of the vessels.
- Epidemiologic, clinico-pathologic analyses
 correlation of body weight with atherosclerosis
 LDL,VLDL ↑, and HDL ↓: enhanced risk for plaque formation
- Animal experiments (atherogenic diet)
- Inherited derangements of lipid metabolism
 partial or complete loss of receptors; genetic damage
 - familiar hyperlipidemia

The lipid theory

- According to this theory...
 - Lipid insudation into the intima >>
 - LDL-receptors of monocytes/macrophages infiltrating into the intima become after a time oversaturated >> aspecific, so-called 'scavanger'-receptors will be involved in the lipid uptake >> lipid ingestion exceeds metabolic capacities of the cell >> foamy cell formation
 - Appearance of macroscopic fatty streaks
 - Production of oxLDL >> endothelial stimulation by oxydative stress >> adhesion molecules and adherence of more monocytes

Genetic background of hyperlipoproteinemias

| Lipoprotein types | Lipid types | Genetic damage | Atherogenity |
|-----------------------|--------------------------------|--|--------------|
| LDL | Cholesterol | Mutation of the LDL-receptorgene | *** |
| LDL & VLDL | Cholesterol & Triglicerides | Mutation of the LDL-receptorgene | ++ + |
| VLDL | Triglicerides | Mutation of the lipoproteinlipase-gene | ŧ |
| VLDL & Chylomicron | Triglicerides & Cholesterol | Mutation of the apoprotein- or lipoproteingene | + |

The theory of monoclonal growth

- According to this theory...
 - Proliferation of smooth muscle cells should be monoclonal, similar to tumors

 this theory was never proven

The thrombogenic theory

- According to this theory...
 - Mural (not necessarily occlusive) thrombosis >> further gathering of circulating cellular elements >> organisation of thrombus >> plaque formation
 - According to present understanding, thrombosis is rather a complication than an initial step of atherogenesis

Commonly acknowledged risk factors of arteriosclerosis and their effects

Atherogenesis: conventional and 'new' risk factors

- hypercholesterinemia
- hypertension
- diabetes mellitus, smoking
- sex, age
- hyperhomocysteinemia
- inherited factors, genetic factors
- in < 50% of the patients

infectious agents

factors

□ "New" risk

- immune reaction
- inflammation

Theory of infection: possible role of microbes in atherogenesis

Probable agents

Intracellular pathogenes

Chlamydia pneumoniae Helicobacter pylori CMV Herpes simplex virus Mycoplasma pneumoniae

<u>Newly proposed</u>

Hepatitis A virus

proinflammatory procoagulant proatherogenic

} activity

humoral and cellular reactions

<>

<>

autoimmunity (discovery of the so-called anti-cholesterol antibodies /ACHA/) Chlamydia Genus

C. trachomatis (1907)C. psittaciC. pneumoniae (1989)C. pecorum (1992)

<u>Characteristics</u>: - highly specialized, Gram-negative bacterium; - obligatory intracellular energy parasite

Chlamydia pneumoniae: a factor in atherogenesis?

Demonstration of the agent in atherosclerotic plaques by immunhistochemical reaction

Effect of important risk factors upon arteriosclerosis

| <u>Hyperlipidemia</u> | <u>Hypertension</u> | <u>Smoking</u> | <u>The pathologic</u> <u>reaction</u> | <u>The morphologic</u> <u>alteration</u> |
|-----------------------|---------------------|----------------|--|---|
| + | + | + | endothelial dysfunction | none |
| ++ | - | - | lipid deposition | fatty streaks |
| + | + | - | proliferation of smooth muscle cells, fibrosis | atheromatous plaque |
| ++ | + | - | plaque rupture, and thrombosis | complicated plaque |

Frequency of arteriosclerotic changes according to topographic sites

Thoracic aorta in healthy conditions

Lumen

Intima

M

e

d

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a

Orcein, 100x

Intact intimal inner surface of the aorta as seen on scanning electron microscopy

Morphologic forms of atherosclerosis

Early atherosclerosis: minimal plaque, nearly normal conditions (picrosyrius; 50x)

Stages of plaque formation

A g e


Early atherosclerotic lesion, AHA-Type I.: intracellular lipid accumulation (scanning-EM; 3000x)



Early atherosclerotic lesion, AHA-Type I.: intracellular lipid accumulation (transmission-EM; 4000x)

Stages of plaque formation





Early atherosclerotic lesion, AHA-Type II.: fatty streaks – macroscopic appearance



Early atherosclerotic lesion, AHA-Type II.: fatty streak (H&E; 100x)

Stages of plaque formation





Intermediate atherosclerotic lesion, AHA-Type III.: preatheroma (toluidine blue; 100x)

Stages of plaque formation



A g e



Advanced atherosclerotic lesion, AHA-Type IV.: Atheroma (H&E; 100x)



Advanced atherosclerotic lesion, AHA-Type IV.: Atheroma (H&E; 50x)

Stages of plaque formation



A g e



Advanced atherosclerotic lesion, AHA-Type V.: Fibroatheroma (Orcein; 50x)



Fibrotic occlusion with recanalizing small vessels apparently following intimal proliferation and obliterating thrombosis (Azan; 50x)

Stages of plaque formation



A g e



Severe atherosclerosis of the abdominal aorta with development of an aneurysm



Advanced atherosclerotic lesion, AHA-Type VI.: complicated plaque (Azan; 50x)

Stages of plaque formation





Severe atherosclerosis of the abdominal aorta: calcified-hemorrhagic plaques



Reserve capacity of organs against atherosclerosis

- ischemic reserve capacity of tissues in developping slowly hypoxia
- anastomoses between supplying vessels
- formation of otherwise unimportant collateral vascular connections
- compensational vessel dilatation of Glagov
- shrinkage of fatty plaques (by e.g. serious loss of body weight)

Plaque formation: compensational vessel dilation



(Glagov et al., 1995)

Clinical appearances of atherosclerosis

- Noises of flow at the stenotic segments on auscultation (e.g. carotid art. stenosis)
- Weak pulse
- Ischemic pain
 - Angina pectoris
 - Abdominal angina (typically 10-15 minutes after a meal)
 - mesenteral thrombosis >> bowel infarction
 - *Claudicatio intermittens* (pain in the lower extremities on walking)
 - foot gangrene
 - Ischemic colitis
- Functional derangement of the affected organs (as by myocardial infarction)
 - Development of an ischemic heart disease, cerebral circulatory defeciencies
 - myocardial / cerebral infarction
 - Ischemic colitis
 - Renovascular atherosclerosis >> secondary hypertension
 - Leriche-syndrome (aorto-iliac stenosis with impotence)

Complications of atherosclerosis

Specimen of the Museum of the 2nd Dept. of Pathology; Semmelweis University

ulcerated plaque

thrombotic mass as aneurysmal content

Severe atherosclerosis of the abdominal aorta

Complications of atherosclerosis



Intimal rupture of the aortic arch with dissection in the descending aorta

Arteriolosclerosis and hypertension



Regulation of the systemic blood pressure

Formes of hypertension

- Primary /essential/ cause unknown (90-95% of the cases)
- Secondary (a definite disease in the background 5%)
- Benign development slow over the years (95%)
- Malignant development accelerated, blood pressure elevation is drastic (5%)
- Definition by WHO: systemic blood pressure above 140/90 Hgmm over a longer period

Primary hypertension

initially: a volume hypertension; later: a resistence hypertension

Pathogenesis

- preponderance of the sympathetic activity
- activation of the renin-angiotensin-system
- disbalance of vasopressants and vasodilators of the endothelium

Development of essential hypertension and points of drug-action in medical therapy



Secondary hypertension

- Renoparenchymal hypertension (glomerulonephritides, pyelonephritides >> decreased filtration >> activation of the reninangiotensin-system)
- Renovascular hypertension
- Aortic coarctation (hypertension of body parts above the stenosis)
- Endocrine hypertension (pheochromocytoma, Cushing's syndrome, Conn's syndrome)

Nephrosclerosis









Lamellar elastosis



Mönckeberg's mediasclerosis

- Affected are middle sized arteries of the lower extremities
- Diffuse or focal calcification of the media
- Especially in patients over 50 years of age with diabetes mellitus
- Etiology and pathogenesis unknown
- Radiologically demonstrable



Mönckeberg's mediasclerosis




Aneurysms

Definitions:

- *aneurysm*: a circumscribed lumen dilatation that exceeds generally 150% of the original lumen.

- ectasy: diffuse dilatation of a vessel.

causes:

- degeneration of mural structures by atherosclerosis (atheroma)
- infection of vascular wall structures (*aneurysma mycoticum/infectivum*)
- aneurysm formation in tertiary syphilis ascending aorta
- constitutional weekness of the vascular wall (so-called berryaneurysms)
- trauma



Aneurysms - Localisations -

Aneurysms



A1 = fusiform; A2 =saccular, A3 = berry-aneurysm, B = pseudoaneurysm (*indeed: a perivascular hematoma*), C = dissecting aneurysm (*indeed: dissection of the vessel wall layers*)

Aneurysms

morphology

- aneurysma verum (*real aneurysm*) – vascular wall structures are detectable in the aneurysmal wall. Forms: (a) fusiform and (b) saccular (special form: berry-aneurysm of cranial arteries)
- aneurysma spurium (*fake aneurysm*) – e.g. posttraumatically, after catheterization. The perivascular hematoma looks from the outside as if it was a real aneurysm.

complications:

- rupture (the larger the aneurysm, the higher the risk)
- usuration (pressure-linked atrophy or erosion) of neighbouring body parts (e.g. vertebrae)
- thrombosis
- embolisation

Museum of Pathology; 2nd Dept. of Pathology; Semmelweis University

Berry-aneurysm of the left internal carotid artery just before its joining the cranial basal vessels Saccular aneurysm of the aortic arch

Museum of Pathology; 2nd Dept. of Pathology; Semmelweis University

Fusiform aneurysm of the descending thoracic aorta

Huge chronic aneurysm of the postero-apical two-third of the left ventricular wall

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114

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Museum of Pathology; 2nd Dept. of Pathology; Semmelweis University

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25 26 27 28

30cm RULER

Chronic aneurysm of the postero-lateral left ventricular wall with thrombosis

Vessel dissections

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Dissection

Definition:

a longitudinally expanding detachment of vascular wall layers resulting in the formation of a secondary (false) lumen that runs parallel to the original one.

pathogenesis: wall layers' detachment is possible through

- constitutional weekness (Marfan's syndrome: weekness of the elastic fibers and deposition of mucoid substances: *cystic medial degeneration of Erdheim-Gsell*)

- atherosclerosis (atheromatous intimal plaques with intimal rupture and distally from here detachment of the degenerated wall layers under the pulsating blood stream. A second, more distal intimal tear may lead to reunification of the two blood ways, or else, an adventitial tear to perivascular hemorrhage.)

- hypertension

Dissection

- complications:

- infarction of the supplied organ
- rupture with hematoma of the neighbouring regions (retroperitoneal hematoma; hemascos; hematopleura; hemopericardium) >> exsanguination

- clinical apperance of the aortic dissection:

- typical age: 40-60th years of life. With Marfan's syndrome yet in youth possible.
- on palpation: a pulsating abdominal mass
- complaint: sudden, anihilating, knife-stabbing-like thoracal/abdominal pain >> sometimes followed by an acute abdomen syndrome
 the more dangerous type of the aortal dissections is the proximal

form (Typ A, or DeBakey I. and II.)

- somewhat less dangerous is the distal type (Typ B./DeBakey III.)

- early diagnosis may offer the chance of a successful operative intervention (vascular prosthesis)



Dissection of the arterial wall layers

Photomicrograph by Glasz, T; Semmelweis University, 2nd. Dept. of Pathology

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Vasculitides

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Vasculitides of the large vessels

Giant cell arteritis (temporal arteritis)

- over the 50th year of life; generally in females; affected are the aorta, its large branches, the extracranial branches of the carotid artery (like the temporal artery)
- cause unknown (immunpathogenesis against wall structures is possible)
- morphology: a segmental granulomatous panarteritis with giant cells and elastic fiber fragmentation; later mural fibrosis
- clinically painful thickening of the vessels; pain in the facial and mandibular region; fever; weekness; muscular pain in the neck and the shoulders; on involvement of the ophtalmic artery visual complaints or even blindness may occur

Vasculitides of the large vessels

Takayashu-Arteritis

- in females under 40 years;
- affected are the aorta and its elastic large branches: the classical topography is the aortic arch

- morphology: histologically an initial sign is the inflammation of the vasa vasorum; followed by a non-segmental, granulomatous panarteritis with giant cells upon long segments of the affected vessel; later mural fibrosis; wall thickening at the branchings-off of the side vessels of the aortic arch causing vascular stenosis and weekness of the pulse in the arm (*pulseless disease*)

- clinically in the early stage general chronic inflammatory symptomes (fever, weekness, weight loss); in later stage symptomes of the vessel stenoses (ophtalmologic, neurologic alterations)

Vasculitides of the middle sized vessels

Polyarteritis nodosa

- affected are the visceral main vessels and their primary side branches (the mesenteric, lienal, renal, hepatic, coronary, etc. arteries)
- all organs may be affected (other than the lungs)
- alterations of varying ages appear synchronously in several arteries: a segmental, nodular, necrotizing panarteritis
- initially fibrinoid necrosis of wall structures, later fibrosis; the necrotic damaged segments dilate aneurysmatically:
- macroscopically a pearl chain like aspect; later vascular thrombosis
- peak of prevalence in young adults

- clinically fever, abdominal and muscular pains (often with melena); later occlusive symptomes: infarctions of various organs (a very 'colourful' clinical picture) >> on affection of the kidneys: hypertension

- immunsuppressive therapy (corticosteroids) gives remission up to 90% of the cases

Vasculitides of the middle sized vessels

Kawasaki-Arteritis

- develops in children younger than 5 years of age in the asiatic continent
- affected are the visceral, most frequently the coronary arteries: a segmental, necrotizing panarteritis >> myocardial infarction
- exact cause unknown (suspected is an immunpathogenesis with malfunction of T-cells and macrophages)
- in case cutaneous purpures, mucosal inflammations, enlargement of lymphatic nodules also occur: muco-cutaneous lymphnode syndrome

Morbus Buerger (*thrombangitis obliterans*)

- affects severely smoking males under 40 years in the small to middle sized muscular arteries of the (primarily lower) extremities
- smoking plays a probable role: hypersensitivity against tobacco
- a segmental panarteritis with thrombosis; later intimal fibrosis, organization of thrombi, recanalisation
- pain in resting position refers to affection of the neighbouring nerves
- smoking abstinence brings spectacular amelioration

Vasculitides of the small vessels

Schönlein-Henoch's Purpure

- IgA-deposition in small vessels
- begins with infection of the upper respiratory tract around the 5th year of life
- clinically: fever, joint pains, cutaneous purpures, melena, hematuria, IgA-nephropathy
- generally a spontanous healing follows

Wegener's Granulomatosis

- necrotizing, granulomatous inflammation of the upper & lower respiratory organs
- furthermore, all over the body, focal, necrotizing vasculitides of small vessels + glomerulonephritis possible
- begins around the 40th year of age; without therapy leads to death within a year
- clinically: two-sided, necrotizing pneumonitis; chronic sinusitis; nasopharyngeal ulcerations; renal damage

- immunsuppressors may successfully be applied

Churg-Strauß Syndrom

- eosinophylic, granulomatous, respiratory inflammation with necrotizing small vessel vasculitis + asthma bronchiale

Pathology of the veins



Demonstration of the venous valves and their function (XVII. century by Harvey after his master Fabrizio d'Aquapendente)

Varicosity

dilation of the veins in the lower extremities

insufficiency of venous valves >> chronic venous insufficiency
primary varices (hormonal, working, etc. conditions)
secondary varices (e.g. after thrombosis of the lower limb veins)
phlebosclerosis (by recurring phlebitides, drog abusers)

Thrombosis of the deep veins

lower limb veins, periprostatic-periuteral plexus

- clinically: swelling, pains
- collaps of the nearby capillaries: paleness of the limb (phlegmasia alba dolens)

affection of the collateral veins: decrease of venous drainage of the whole limb (*phlegmasia coerulea dolens*)

consequencies: propagation; rethrombosis; thrombembolism; organisation of thrombi, postthrombotic syndrome, *ulcus cruris venosum*

Thrombosis of the periprostatic venous plexus

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Postmortem Photo Archive 2nd Dept. of Pathology; Semmelweis University

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Postmortem Photo Archive of the 2nd Dept. of Pathology; Semmelweis University

Thrombosis of the periprostatic venous plexus

Museum of Pathology; 2nd Dept. of Pathology; Semmelweis University

Pylethrombosis: blood clotting in the portal vein

Paradox embolism: an embolus just in the phase of transition from the right to the left circulation through the opening of a patent foramen ovale

Esophageal varices. Note rough inner surface over meandering submucosal veins with a mucosal rupture

Esophageal varices on cut surface