# Renal pathology



## Urologic diseases of the kidney

- I. Developmental abnormalities
- II. Cystic diseases
- III. Renal stones
- IV. Obstructive uropathy
- V. Pyelonephritis

### Congenital abnormalities

#### 1. Agenesis of the kidney

In utero detected bilateral agenesis indicates abortion

2. Hypoplasia of the kidney

Smaller kidney with contralateral compensatory hypertrophy

#### 3. Oligomeganephronia

Reduced number of nephrons leading to end stage renal disease (ESRD) by the time of adolescence

#### 4. Horseshoe kidney

The most common congenital anomaly (1/500-1000) resulting from the fusion of lower (90%) or upper (10%) poles

#### 5. Ectopic kidneys

The kidney lies at the pelvic brim or within the pelvis



## Renal dystopy





### Congenital abnormalities

- 6. Duplication of the renal pelvis and the ureter
- 7. Ureteropelvic junction stenosis

Usually unilateral, leads to hydronephrosis, early operation can save the kidney

- 8. Accessory renal artery
- 9. Multicystic renal dysplasia







## Stricture of the ureteropelvic junction

## Cystic diseases of the kidney

Cystic renal dysplasia Polycystic kidney Adult (AD) Infantile (AR) Medullary cystic ("sponge") kidney Dialysis associated cystic kidney Simplex cysts Renal cysts associated with inherited diseases (ST) Glomerulocystic diseases Extraparenchymal renal cysts



## Renal dysplasia (Cystic renal dysplasia)

Developmental anomaly, NOT neoplastic process! Sporadic

- Unilateral, ( or bi~) complete or segmental
- Metanephric differentiation abnormality
- Deficient development of the collecting ducts combined with abnormalities of the lower urinary tract development

(Stricture of the vesicoureteralis junction, ureter agenesia) Dg.: palpable abdominal mass

- Abnormal tissue elements (cartilage, undifferentiated mesenchyme)
- Cysts
- Enlarged kidney with insufficent function

## Renal dysplasia







## Renal dysplasia







# Polycystic kidney (ADPKD)

Occurrence: 1: 400-1000 CRF 5-10% AD PKD1: 16p13.3 (85%) RF: 40 y.: 5%, 50 y: 35%, 60 y.: 70%, 70y: 95% polycystin-1 PKD2: 4q21 (15%) RF: 0, 5, 15, 45

polycystin-2



Polycystic kidney – other accompaniing congenital anomalies Hepatic cysts Berry anerysms Mitralis prolapse – other valvular anomalities

Th.: Dialysis, renal transplatation

# †: 40 %: coronary / hypertensive heart disease 25 %: infection 15 %: aneurysm rupture, hypertensive intracerebral haemorrhage 20%: other causes

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## Polycystic kidney - clincal signs

Pain Haematuria Progressive renal insufficiency Proteinuria (not more than 2g/day) Polyuria Hypertension Autosomal-recessive (ARPKD)

Perinatal, neonatal, infantile, juvenile subcategories PKDH1 gene (fibrocystin) Markedly enlarged kidneys Lung hypoplasia, oligohydramnion Medullary and cortical elongated cysts, sponge-like appearance Usually leads to death within the first month of life



Cystic diseases of the renal medulla A) Medullary sponge kidney

1-3 mm medullary cysts of the collecting ducts, leads to infections

Does not lead to renal failure

#### **B)** Nephronophtysis

Sporadic or familial Atrophic kidneys, cysts at the corticomedullary junction Leads to ESRD



#### Simple cysts

Common finding, single or multiple, do not influence the renal function



#### Cystic diseases of the kidney

Acquired cystic disease of the kidney In case of long-standing dialysis

Glomerulocystic kidney disease

Cysts in hereditary syndromes von Hippel-Lindau syndrome Tuberous sclerosis









#### Urolithiasis

Three factors:

Salts that are capable of crystallization Core that triggers crystallizaton (cell debris, urinary cast) Lack of inhibitors of crystallization 1. Calcium stones 60-70%
Calcium oxalate/calcium phosphate
Hypercalciuria (with or without
hypercalcemia), hyperoxaluria
Brown-black, 1-2 cm, visible by
X-ray

2. Struvite stones 15%
Magnesium ammonium phosphate
After infection (e.g., Proteus)
Grey-yellow, staghorn calculi
3. Uric acid stones 15%

Hyperuricemia (gout, rapid cell turnover e.g., leukemias)

White or orange, radiolucent

4. Cystine stones 1-2%Cystinuria









Clinical features Uni- (80%) or bilateral Kidney stone attack: intense pain in the lower back (lumbal area) extending into the groin Nausea, vomiting Smaller stones are more hazardous Hematuria Might be without symptomes

Predisposes for infections



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## Shock-wave therapy



## Causes of Tubulointerstitial Nephritis Infection

Acut bacterial pyelonephritis

Chronic pyelonephritis (reflux nephropathy)

Other infections (viral, parasitic)

## Toxins

Drugs Acute hypersensitive nephritis Analgesic nephropathy Heavy metals Lead, Cadmium

## Metabolic diseases

Urate nephropathy Hypercalcaemic nephropathy Hypokalaemic nephropathy Oxalate nephropathy





Tubulointerstitial nephritis Physical factors Chronic obstruction Radiation nephropathy Neoplasms Myeloma multiplex Immunological diseases Transplant rejection Sjögren sy Sarcoidosis Vascular disorders Other Balkan nephropathy Nephronophthisis - medullary cystic disease "Idiopathic" interstitial nephritis

#### Obstructive uropathy

Obstruction predisposes for infections and stone formation Unrelieved obstruction leads to hydronephrosis Hydronephrosis: Dilation of the renal pelvis and calyces

Progressive atrophy of the kidney



#### Obstructive uropathy

#### Causes:

- 1. Congenital anomalies
- 2. Calculi
- 3. Prostatic hyperplasia
- 4. Tumors
- 5. Lower urinary tract inflammations
- 6. Pregnancy
- 7. Uterine prolapse
- 8. Functional disorders



Figure 20–49 Obstructive lesions of the urinary tract.

#### Obstructive uropathy

Clinical features: Acute obstruction usually provokes pain Partial obstruction may remain silent Partial bilateral obstruction leads to inabilty to concentrate the urine resulting in polyuria followed by chronic tubulointerstitial nephritis Complete bilateral obstruction leads to oliguria or anuria

### Pyelonephritis

#### 1. Acute pyelonephritis

Inflammation of the tubules, the interstitium, the calyces and the renal pelvis

Caused by bacterias (E. coli, Proteus mirabilis, Klebsiella,

Enterococcus)

Usually consequence of an ascending urinary tract infection

Less commonly result of a hematogenous spread In normal kidneys, or as a complication of urinary tract disorders (e.g. VUR)

Predisposing factors: catheter, diabetes, pregnancy, lower urinary tract obstruction, immunsuppression

Acute pyelonephritis Morphology: Sligthly enlarged kidney(s) 1-3 mm yellowish abscesses on the surface and in the parenchyme (pyelonpehritis apostematosa) The calyces and the renal pelvis are reddish Patchy interstitial suppurative inflammation, aggregates of neutrophils in the tubules, tubular necrosis Glomeruli are also affected in case of hematogenous origin



Acute pyelonephritis Clinical features: Uni- or bilateral Sudden onset with high fever Pain at the costovertebral angle Leukocytosis, high sedimentation rate Pyuria, bacteruria Usually follows a benign course (with appropriate antibiotic therapy) Complicated cases can be fatal

#### Chronic pyelonephritis

Chronic injury of the interstitium and the tubules resulting in scar

#### formation

The renal pelvis and the calyces are also affected

Causes: reflux nephropathy, chronic obstruction

**Recurrent** infections

Morphology:

Kidneys are irregularly scarred, corticomedullary scars overlying

dilated calyces, flattening of the papillae

The calyces are dilated and their mucosa is thickened

Micr.: Focal interstitial fibrosis, atrophic tubules, tubular casts

(thyroidization), lymphoid infiltration

The mucosa of the calyces and pelvis is fibrotic and contains cronic

inflammation





Histology: Lymphoid cell infiltration Bowman capsule thickening Glomerulosclerosis Tubular cylinders (thyroidisation) focal interstitial fibrosis, tubular atrophy Fibrosis of the mucosa of the calyces





## Thyroidisation

Pyelitis, pyelectasia + pressurenatrophy









## Vesicoureteral reflux (VUR)





*Chronic pyelonephritis* Clinical features: Uni- or bilateral



Episodes of acute pyelonephritis, or silent clinical course leading to destruction Bilateral chronic pyelonephritis can result in hypertension and renal insufficiency 10% of patients on dialysis therapy have chronic pyelonephritis

Xanthogranulomatous pyelonephritis Middle-aged women with diabetes Usually unilateral Proteus mirabilis infection Tumor-like lesion Yellowish areas, extracapsular spread, infiltrative pattern Foamy histiocytes, giant cells, lymphocytes, plasma cells, neutrophi Indicates nephrectomy





## Female 73

Hypertension

Diabetes

Decreased renal reserve

Process destroying the renal calyces









## Female, 45

Hematuria, costovertebral pain

Vascularised lesion protruding into the pyelon by ureteroscope Malignant?









## Cyt.dg.: mal. cannot be proved







## Tu. neg. VS. nephrocalcinosis



## Pyelitis

