Epidemiology of cancer. Preneoplastic disorders.





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- B/18. Epidemiology of neoplasms
- B/19. Caracteristics and morphology of preneoplastic disorders
- B/20. Grading and staging of cancer

B/21. Effects of tumor on host (cancer cachexia, paraneoplastic syndromes)

- 1. Epidemiology of cancer
- 2. Preneoplastic disorders / precursor lesions
- 3. Effects of tumor on host
- 4. Grading and staging of cancer

Cancer incidence (No) is rising (global data)



Cancer incidence rate is roughly stable since 1995 (US data)



Year

The mortality rate of cancer is ~17% worldwide

• 58.39 million deaths in 2019 \rightarrow 9.9 million cancer related



30-35%

Cancer incidence & mortality in the US by site and sex

Incidence

Mortality



Adapted from Cancer facts & figures 2016. American Cancer Society. www.cancer.org/research/cancer-facts-statistics/all-cancerfacts-figures/cancer-facts-figures-2016.html.

Overall 15% decrease in age-standardized death rates



Overall 15% decrease in death rates



CA: A Cancer Journal for Clinicians, Volume: 70, Issue: 1, Pages: 7-30, First published: 08 January 2020, DOI: (10.3322/caac.21590)

Causes of reduction in death rates

1. Decreased use of tobacco products \rightarrow lung cancer



Cancer Progress and Priorities: Lung Cancer, Matthew B. Schabath and Michele L. Cote, Cancer Epidemiol Biomarkers Prev October 1 2019 (28) (10) 1563-1579

3. Use of the Papanicolaou smear test for early detection \rightarrow cervical cancer





May nearly eliminate cervical cancer

2. Improved detection and treatment \rightarrow colorectal, breast and prostate cancer















4. ? Decreasing exposure to unknown dietary carcinogens \rightarrow gastric cancer



Cancer death rates by type, World, 1990 to 2017 The number of deaths from different types of cancer per 100,000 individuals. To allow comparisons between countries and over time this metric is age-standardized



Source: IHME, Global Burden of Disease (GBD

Environmental factors

- Include any cause that is not inherited genetically
- Dominant risk factors for many cancers



RATE OF RISK FACTORS IN CANCER



- A high fraction of cancers are potentially preventable
- The risk for developing cancer is modified by interactions between environmental exposures and genetic variants



Relative rate of risk for developing

Environmental factors - Dominant risk factors

Supported by the geographic variation in death rates from specific forms of cancer



The most important environmental factors linked to cancer

- Diet
 - Obesity a modestly increased risk for developing many different cancers
 - Low consumption of fruits and vegetables, red and processed meat consumption, low dietary fiber, salt
- Smoking
 - Cancers of the lung, mouth, pharynx, larynx, esophagus, pancreas and bladder
- Alcohol
 - Cancers of the oropharynx, larynx, esophagus and liver
- Reproductive history
 - Lifelong cumulative exposure to estrogen stimulation (if unopposed by progesterone) increases the risk for developing cancers of the endometrium and breast
- Infectious agents
 - Cause approximately 15% of cancers worldwide



Rate of different environmental factors in the development of cancer



Age and cancer



Most cancer deaths: 55-75 years of age



Cancer is responsible for ~10% of all deaths among children (<15 ys)

40



Causes of deaths for children between 5 and 14, World, 2017 Annual number of deaths - by cause - for children between 5 and 14 years old.





Most frequent types of cancer in childhood (<15)

Acquired conditions that predispose to cancer

1. Chronic inflammatory disorders, e.g.:

- Inflammatory bowel disease → Colorectal carcinoma
- Gastritis / ulcers → Gastric adenocc., MALT lymphoma
- Viral hepatitis → Hepatocellular carcinoma
- Chronic pancreatitis → Pancreatic carcinoma
- Hashimoto thyreoiditis → MALT lymphoma



2. Immunodeficiency states, e.g.:

- EBV \rightarrow NHL, HL
- HHV8 → Kaposi sarcoma
- HPV → Planocellular carcinoma

Secondary IDs (90%) HIV, CMV, EBV Lymphoma/Leukaemia Prematurity/Old age Drugs Malnutrition Diabetes Splenectomy Chronic renal disease Primary IDs (10%) Antibody deficiencies Combined cellular & antibody deficiencies Phagocytic cell deficiencies Cellular deficiencies Complement deficiencies

3. Precursor lesions

- Localized disturbances of (epithelial) cell differentiation
- Represent a stage in the multistep carcinogenesis
- May progress / be stable / regress
- Not all malignant tumors have precursor lesions



1. Epidemiology of cancer

2. Preneoplastic disorders / precursor lesions

- 3. Effects of tumor on host
- 4. Grading and staging of cancer

Preneoplastic disorders / precursor lesions

- Preneoplastic = NOT neoplastic (not capable of autonomous growth), reversible
- Premalignant = precancerous = precursor lesions:
 - Preneoplastic lesions
 - Some benign tumors (different level of risk for malignant change)
 - colon adenoma colon adenocarcinoma (up to 50%)
 - leiomyoma of the uterus extremely rare malignant transformation
 - In situ carcinomas, dysplasias, atypical hyperplasias



Precursor lesions

Organ	Precursor lesion	Malignant tumor
Lung	Squamous metaplasia and dysplasia	Squamous cell carcinoma
	Atypical adenomatous hyperplasia	Adenocarcinoma
Breast	Flat epithelial atypia (Chr. 1 gain, Vhr. 16 loss)	
	Atypical ductal hyperplasia (ADH) (Chr. 1 gain, Vhr. 16 loss, PIK3CA mut.)	
	Ductal carcinoma in situ (DCIS) (Chr. 1 gain, Vhr. 16 loss, PIK3CA mut.)	Invasive (ductal) carcinoma ER+ HER2 - (Chr. 1 gain, Vhr. 16 loss, PIK3CA mut.)
	Atypical apocrine adenosis (TP53 mut. HER2 amplif.) \rightarrow DCIS (TP53 mut. HER2 amplif.)	Invasive (ductal) carcinoma HER2 + (TP53 mut. HER2 amplif.)
	$? \rightarrow$ DCIS (TP53 mut. BRCA inactivation)	Invasive (ductal) carcinoma ER-, HER2 - (TP53 mut. BRCA inactivation)
	Atypical lobular hyperplasia (ALH) —	
	Lobular carcinoma in situ (LCIS)	Invasive lobular carcinoma
Prostate	High-grade prostatic intraepithelial neoplasia (HG-PIN)	Adenocarcinoma
Colon	Adenomas	Adenocarcinoma
	Serrated adenomas	Serrated adenocarcinoma
Stomach	Chronic gastritis (H. pylori) \rightarrow atrophy \rightarrow intestinal metaplasia \rightarrow dysplasia	Intestinal type adenocarcinoma
	Adenoma	Intestinal type adenocarcinoma
	Inflammatory and hyperplastic polyps with dysplasia	Intestinal type adenocarcinoma
Bladder	Noninvasive papillary tumor	Invasive urothelial carcinoma
	Urothelial carcinoma in situ	Invasive urothelial carcinoma
Uterus	Endometrial hyperplasia and dysplasia (E2个)	Endometrioid endometrial carcinoma
	Serous intraepithelial carcinoma (TP53 mut.)	Invasive serous carcinoma (TP53 mut.)
Uterine cervix	Cervical intraepithelial neoplasia (CIN) / Squamous intraepithelial lesion (SIL) (HPV)	Squamous cell carcinoma
Oral cavity	Leukoplakia	Squamous cell carcinoma
	Erythroplakia	Squamous cell carcinoma
Esophagus	Barrett esophagus	Adenocarcinoma
Liver	HBV-induced chronic liver disease (cirrhosis) \rightarrow high-grade dysplastic nodules	Hepatocellular carcinoma
	Alcoholic liver disease (cirrhosis) \rightarrow high-grade dysplastic nodules	Hepatocellular carcinoma
	Adenoma	Hepatocellular carcinoma
Pancreas	Pancreatic intraepithelial neoplasia (PanIN).	Adenocarcinoma
	Mucinous cystic neoplasms	Adenocarcinoma
	Intraductal Papillary Mucinous Neoplasms (IPMN) (GNAS mut.)	Adenocarcinoma (Colloid adenocc.)
Kidney	Nephrogenic rests	Wilms tumor
Vulva	Vulvar intraepithelial neoplasia (VIN) (HPV) (Leukoplakia)	Squamous cell carcinoma (poorly differentiated)
	Differentiated vulvar intraepithelial neoplasia (dVIN) (Leukoplakia)	Squamous cell carcinoma (well-differentiated, keratinizing)
Vagina	Vaginal intraepithelial neoplasia (VAIN) (HPV)	Squamous cell carcinoma
	Vaginal adenosis	Clear cell adenocarcinoma
Penis	Penile intraepithelial neoplasia (PeIN) (Bowen disease, in situ carcinoma) (HPV)	Squamous cell carcinoma
	Leukoplakia (HPV)	Squamous cell carcinoma
Ovarium	Benign and borderline serous/mucinous tumors	Low-grade serous carcinomas (KRAS mut.)/Mucinous carcinoma (KRAS mut.)
	Serous tubal intraepithelial carcinoma (STIC) (TP53 mut.)	High-grade serous carcinomas (TP53 mut.)
	Benign and borderline endometrioid tumors, endometriosis	Endometrioid carcinoma (PTEN mut.)
Fallopian tube	Serous tubal intraepithelial carcinoma (STIC) (TP53 mut.)	Invasive serous carcinoma (TP53 mut.)
Testis	Germ cell neoplasia in situ (Chr. 12 aberrations)	Germ cell tumors (Chr. 12 aberrations)
Bone marrow	Clonal hematopoieis of indeterminant prognosis (CHIP)	Acute myeloid leukemia
	CHIP \rightarrow Myelodysplastic syndromes (MDS)	Acute myeloid leukemia
Bone	Paget disease	Osteosarcoma
Skin	Actinic keratosis (TP53 mut)	Squamous cell carcinoma (TP53 mut)
Salivary gland	Pleomorphic adenoma	Carcinoma ex pleomorphic adenoma (malignant mixed tumor)
Peripheral nerve	Plexiform neurofibroma	Malignant peripheral nerve sheath tumor

Lung – squamous metaplasia and dysplasia

- Smoking (and other environmental factors)
- Nearly linear correlation between the frequency of lung cancer and pack-years of cigarette smoking





(A to E, Courtesy of Dr. Adi Gazdar, Department of Pathology, University of Texas Southwestern Medical School, Dallas, Texas. F, Reproduced with permission from Travis WD, Colby TV, Corrin B, et al, editors; World Health Organization histological typing of lung and pleural tumors, Heidelberg, 1999, Springe.



Breast – DCIS (and FEA, ADH, AAA)

 Hormonal factors (E2 excess) and inherited susceptibility (BRCA 1 / 2 mutation)



Uterus – endometrial hyperplasia & dysplasia

Estrogen excess (obesity, failure of ovulation, prolonged admin. of estrogenic steroids without counterbalancing progestin, estrogen producing ovarian lesions: PCO, granulosa-theca cell tumors).



· SMALL COMPACT GLANDS

- · FEW MITOSES
- · DENSE STROMA



Hyperplasia with atypia (= endometrial intraepithelial neoplasia, EIN) – high risk

- · CROWDED GLANDS
- · IRREGULAR SHAPE + SIZE
- · CELLS APPEAR ATYPICAL





Colon – Adenomas

- Villous and sessile polyps more often show malignant transformation
- Size and high-grade dysplasia shows better association with malignant transf.



Cervix – SIL / CIN

- HPV (high risk, e.g. 16, 18)
- Formerly Cervical intraepithelial neoplasm I-III
- At present Low-grade / High-grade squamous intraepithelial lesion

Natural history of SILs

Lesion	Regress	Persist	Progress	
LSIL (CIN I)	60%	30%	10% (to HSIL)	
HSIL (CIN II, III)	30%	60%	10% (to carcinoma) ^a	

^aProgression within 10 years.

LSIL, Low-grade SIL; HSIL, high-grade SIL.



Normal







Oral cavity, vulva, penis – Leukoplakia

- A white patch or plaque that cannot be scraped off and cannot be characterized clinically or pathologically as any other disease
- Tobacco use / HPV are the most common risk factors
- Hyper-/parakeratosis, basal cell hyperplasia, and dysplastic epithelium in a proportion of cases (biopsy!)





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Inherited syndromes that predispose to cancer

Inherited Predisposition	Gene(s)	Malignant tumor(s)				
Autosomal Dominant Cancer Syndromes						
Retinoblastoma	RB	Retinoblastoma				
Li-Fraumeni syndrome (various tumors)	TP53	Breast cc, sarcomas, glioblastoma, leukemia, lymphoma, adrenocortical				
Melanoma	CDKN2A	Melanoma				
Familial adenomatous polyposis/colon cancer	APC	Colon adenocarcinoma				
Neurofibromatosis I and 2	NF1, NF2	MPNST, glioma, leukemia				
Breast and ovarian tumors	BRCAI, BRCA2	Breast and ovarian carcinomas				
Multiple endocrine neoplasia 1 and 2	MEN I, RET	Pit, parathy, pancr, phaeochr, medull				
Hereditary nonpolyposis colon cancer	MSH2, MLH1, MSH6	Colon adenocarcinoma				
Nevoid basal cell carcinoma syndrome	РТСНІ	Basal cell carcinoma, medullobl.				
Autosomal Recessive Syndromes of Defective DNA Repair						
Xeroderma pigmentosum	Diverse genes involved in nucleotide excision repair	Basal cell carcinoma, squamous cell carcinoma, melanoma				
Ataxia-telangiectasia	ATM	Leukemia, lymphoma, breast cc				
Bloom syndrome	BLM	Wide variety of cancer types				
Fanconi anemia	Diverse genes involved in repair of DNA cross-links	Leukemia, MDS, liver cc and other solid tumors				

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Effects of tumor on host

1. Local effects – location is crucial for both benign & malignant neoplasms

- Mass effect
 - Compression
 - Mechanical obstruction
 - ➢ infarction
- Tissue destruction
- Uceration → bleeding, secondary infection



2. Systemic effects

- Hormonal effects (more likely with benign tu.)
 - Endocrine gland tumors (e.g. Pituitary adenomas, Islets of Langerhans tu. = insulinoma, Adrenocortical tu.)
- Cachexia
- Paraneoplastic syndromes





Cachexia – Greek, kakos = bad things & hexis = state of being

- Progressive loss of body mass (skeletal muscle & fat)
- Profound weakness, anorexia, and anemia
- Pathogenesis not fully understood
 - Reduced food intake
 - Complex metabolic aberrations: elevated energy expenditure, excess catabolism and inflammation

TNFα (cachexin), IL-6, IL-1







- No satisfatory treatment (only to remove the tumor)
- Cancer cachexia is now considered a systemic paraneoplastic phenomenon

Paraneoplastic syndromes

- Symptom complexes of cancer patients (10-15%) NOT related to local or metastatic expansion of the tumor, or hormonal elaboration of endocrine gland tumors
- May represent the earliest manifestation of an occult neoplasm
- May be associated with significant clinical illness / be lethal.

Clinical Syndrome	Major Forms of Neoplasia	Causal Mechanism(s)/Agent(s)	
Endocrinopathies			
Cushing syndrome	Small cell carcinoma of lung Pancreatic carcinoma Neural tumors	ACTH or ACTH-like substance	
Syndrome of inappropriate anti-diuretic hormone secretion	Small cell carcinoma of lung; intracranial neoplasms	Anti-diuretic hormone or atrial natriuretic hormones	
Hypercalcemia	Squamous cell carcinoma of lung Breast carcinoma Renal carcinoma AdultT cell leukemia/lymphoma	Parathyroid hormone–related protein, TGF-α	
Hypoglycemia	Fibrosarcoma Other mesenchymal sarcomas Ovarian carcinoma	Insulin or insulin-like substance	
Polycythemia	Renal carcinoma Cerebellar hemangioma Hepatocellular carcinoma	Erythropoietin	
Nerve and Muscle Syndrome			
Myasthenia	Bronchogenic carcinoma, thymoma	Immunologic	
Disorders of the central and peripheral nervous systems	Breast carcinoma, teratoma	Immunologic	
Dermatologic Disorders			
Acanthosis nigricans	Gastric carcinoma Lung carcinoma Uterine carcinoma	Immunologic; secretion of epidermal growth factor	
Dermatomyositis	Bronchogenic and breast carcinoma	Immunologic	
Osseous, Articular, and Soft-Tissue	Changes		
Hypertrophic osteoarthropathy and clubbing of the fingers	Bronchogenic carcinoma	Unknown	
Vascular and Hematologic Changes	5		
Venous thrombosis (Trousseau phenomenon)	Pancreatic carcinoma Bronchogenic carcinoma Other cancers	Tumor products (mucins that activate clotting)	
Nonbacterial thrombotic endocarditis	Advanced cancers	Hypercoagulability	
Anemia	Thymoma	Immunologic	
Others			
Nephrotic syndrome	Various cancers	Tumor antigens, immune complexes	

Mnemonic: MEN DOVVN

Endocrinopathies & Muscle syndrome

1. Cushing syndrome - ACTH

- Small cell lung carcinoma
- Pancreatic neuroendocrine tumors
- Pheochromocytoma
- Thyroid medullary carcinoma



2. Hypercalcemia – PTH-related protein, TGF-α

- Squamous cell lung carcinoma
- Breast carcinoma
- Renal cell carcinoma
- Adult T-cell leukemia / lymphoma



- 3. Myasthenia Postsynaptic acetylcholine receptor (AChR) antibody
 - Lung carcinoma
 - Thymoma



PRESENTATION -> WEAKNESS

⇒ EXTRAOCULAR MUSCLES
 DOUBLÉ VISION → DIPLOPIA
 ⇒ EYELLO MUSCLES
 DROOPING → PTOSIS
 ⇒ FALIAL MUSCLES
 ⇒ SWALLOWING
 ⇒ FATI GUE IN JAW

-> SWARED SPEECH

-> WORSE WITH USE -> IMPROVES WITH REST

MYASTHENIC CRISIS * LIFE-THREATENING * e.g. DECREMED FUNCTION OF BREATHING MUSCLES

Dermatologic & Osseus & Vascular-Hematologic

1. Acanthosis nigricans – EGF, TGF-α

- Gastric carcinoma
- Lung carcinoma
- Uterine carcinoma





2. Hypertrophic osteoartropathy & clubbing of the fingers - ?PDGF, PGE2, VEGF

- Lung carcinoma
- Painful artropathy due to proliferative periostitis
- Proliferation of connective tissue beneath the nail matrix

Clubbing and positive Schamroth's sign

Schamroth window



Reumatol Clin. 2015



- 3. Venous thrombosis (Trousseau phenomenon / migratory thrombophlebitis)
 - Pancreatic carcinoma
 - Lung carcinoma



Procoagulant factors _____
e.g. mucin, tissue factor

-3

Multiple venous thrombosis in different and changing sites

4. Nonbacterial thrombotic (marantic) endocarditis – hypercoagulable state

- Advanced cancers
- Mucin producing adenocc.







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Grading and staging of cancer

- To predict clinical behavior, aggressivity
- To set up prognostic groups for common therapy
- To establish criteria for therapy

1. Grading – level of differentiation of a tumor, based on microscopic features

- The degree of differentiation of tumor cells ± No of mitoses ± presence of certain architectural features (semi-quantitative)
- Criteria for the individual grades vary in different types of tumors
- 2 4 categories: Low-grade, High-grade; Grade I, II, III, IV
- Correlation with biologic behavior is not very good \rightarrow well / poorly differentiated
- 2. Staging extent of spread of a tumor, based on clinical, radiological, surgical and histological criteria
- Prognostic value
- TNM classification (developed and maintained by the Union for International Cancer Control (UICC); also used by the American Joint Committee on Cancer (AJCC)
 - Used for solid tumors (except CNS tu.)
- Lymphomas / Leukemias have different staging system



TNM classification of solid tumors

TNM staging varies for specific forms of cancer

T: size or direct extent of the primary tumor

- Tx: tumor cannot be assessed
- Tis: carcinoma in situ
- T0: no evidence of tumor
- T1, T2, T3, T4: size and/or extension of the primary tumor

N: degree of spread to regional lymph nodes

- Nx: lymph nodes cannot be assessed
- N0: no regional lymph nodes metastasis
- N1: regional lymph node metastasis present
- N2: tumor spread to an extent between N1-N3
- N3: tumor spread to more distant or numerous regional lymph nodes

M: presence of distant metastasis

- M0: no distant metastasis
- M1: metastasis to distant organs







Lung cc.; http://www.thebestoncologist.com/Cancer_Disea ses/Lung_Cancer/Staging_of_Lung_Cancer.html



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Prognostic value of TNM staging (e.g. colon cancer)

STAGE	I	<u>N</u>	M
Stage o	Tis	No	Mo
Stage I	T1, T2	No	Mo
Stage II	T3, T4	No	Mo
Stage IIA	Т3	No	Mo
Stage IIB	T4a	No	Mo
Stage IIC	T4b	No	Mo
Stage III	Any T	N1, N2	Mo
Stage IIIA	T1, T2	N1	Mo
	T1	N2a	Mo
Stage IIIB	T1, T2	N2b	Mo
	T2, T3	N2a	Мо
	T3, T4a	N1	Mo
Stage IIIC	T3, T4a	N2b	Mo
	T4a	N2a	Mo
	T4b	N1, N2	Mo
Stage IV	Any T	Any N	M1
Stage IVA	Any T	Any N	M1a
Stage IVB	Any T	Any N	M1b
Stage IVC	Any T	Any N	M1c

100% 90% 94% 80% 82% 70% 60% 67% 50% 40% 30% 20% 10% 11% 0% Stage I Stage II Stage III Stage IV

100 90 80 70 Survival rate IIB 60 IIC – 50 IIIA-+ 40 IIIB-C 30 20-10-0 3 2 5 0 1 4 Years from diagnosis

Observed survival rates for 28,491 cases with adenocarcinoma of the colon. Data from the SEER 1973–2005 Public Use File diagnosed in years 1998–2000. Stage I includes 7,417; Stage IIA, 9,956; Stage IIB, 997; Stage IIC, 725; Stage IIIA, 868; Stage IIIB, 1,492; Stage IIIC, 2,000; and Stage IV, 5,036.

Colon and Rectum At-A-Glance, Springer, 2010



Other staging systems

1. Ann Arbor classification

Clinical staging system of Hodgkin and Non-Hodgkin lymphomas

2. Rai and Binet classifications

• Similar clinical staging systems of chronic lymphocytic leukemia

3. International Neuroblastoma Risk Group Staging System

- Clinical staging systems of neuroblastoma
- 4. Children's Oncology Group/National Wilms Tumour Study Group (NWTSG) classification and International Society of Paediatric Oncology (SIOP) classification
 - Clinical staging systems of Wilms tumor

5. Modified Chang's Staging of Medulloblastoma

• Clinical staging system of medulloblastoma