ACUTE INFLAVING TION

Árpád Szállási





Inflammare (Latin), to set on fire



Terminology: tissue+itis (Greek, "pertaining to") ασθένεια γαστήρ + "itis" (the disease of the stomach")

tongue oral mucose	glossitis stomatitis	
cornea	keratitis	
lung	if infectious: pneumonia ($\pi v \epsilon u \mu o v(\alpha)$; if not, pneumonitis	
stomach	gastritis	
small intestine	enteritis	
coecum	typhlitis	
rectum	proctitis	
testis	orchitis	
vagine	colpitis	
fallopian tube	salpingitis	
belly bottom	omphalitis	
breast	mastitis	
adipose tissue	panniculitis	
brain	encephalitis	

The objectives of the lecture

- 1. The inflammatory cascade: understand the chain of vascular and cellular events in the natural history of acute inflammation
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- 4. Describe the morphologic patterns of acute inflammation





Chronic Inflammation The Silent Killer



CHRONIC INFLAMMATION

The "NOT SO SILENT" Killer



How Chronic Inflammation Has Single Handedly Robbed Us Of Our Health, And What You Can Do About It

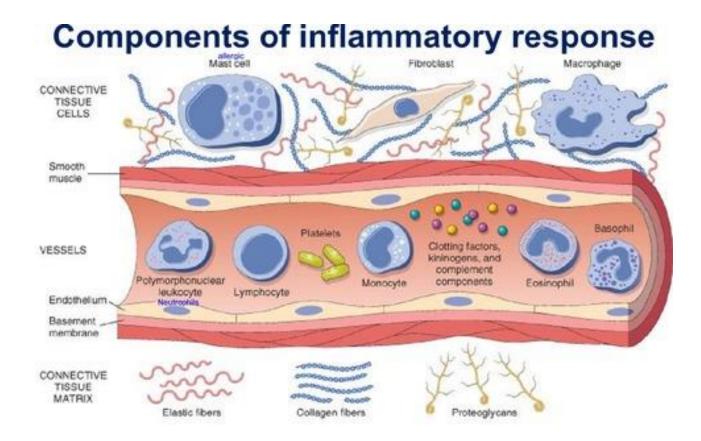
DR. MINA NAZIH BOTROS

Inflammation can be protective (essential for survival), but can also be harmful



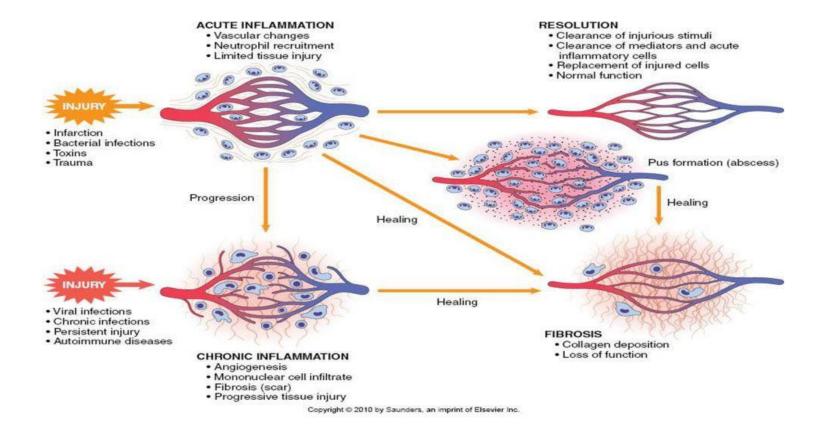


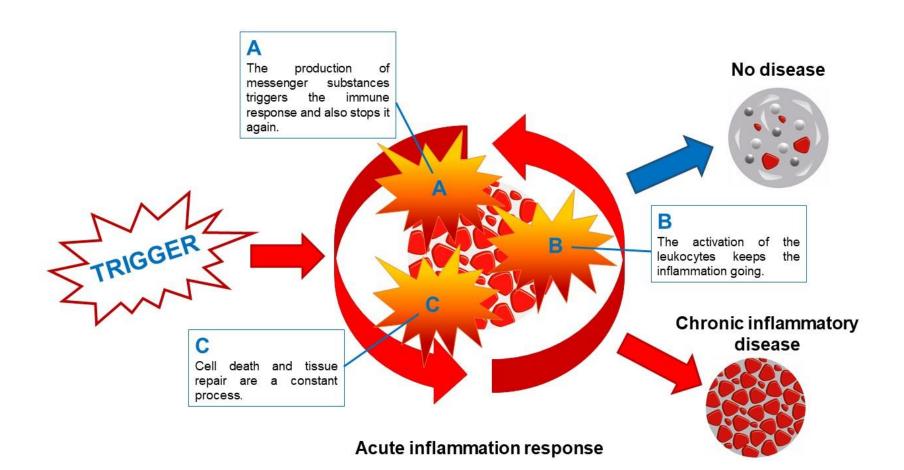
"A cascade of events by which our body fights things that can harm us, such as infections, injuries and toxins, in attempt to protect and heal itself."



Prototypical inflammatory reaction

- The host recognizes the noxious agent, that
- Attracts leukocytes and humoral factors from the circulation
- The activated leukocytes act in concert with the humoral factors to kill/eliminate the noxious agent
- The response remains controlled and ends the same way
- The injured tissue heals itself

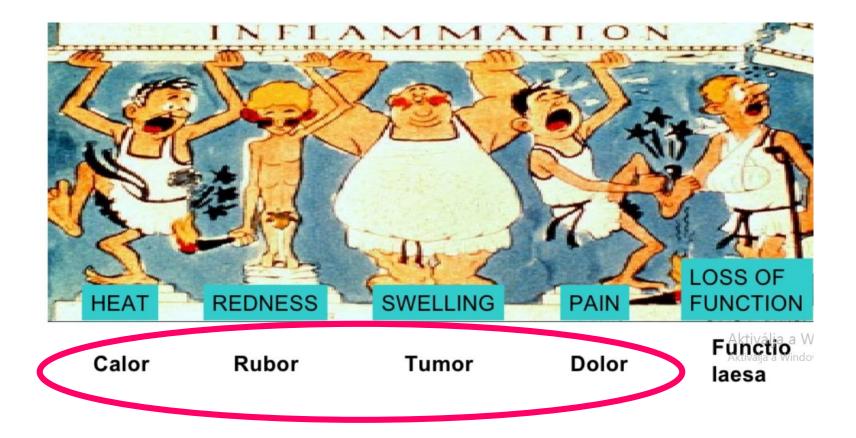




Acute vs. Chronic Inflammation

Feature	Acute	Chronic
Onset	Fast: minutes to hours Innate immune system	Slow: days Adaptive immune system
Duration	Hours to days	Weeks to months or years
Cellular infiltrate	Mainly neutrophils, followed by macrophages	Macrophages, plasma cells, and lymphocytes
Vascular changes	Prominent (vasodilation, increased permeability)	Not prominent; angiogenesis
Tissue injury	Self-limited	Progressive
Fibrosis	Usually mild	Often severe
Local and systemic signs	Prominent	Less

THE FIVE CARDINAL SIGNS OF ACUTE INFLAMMATION



Aulus Cornelius Celsus





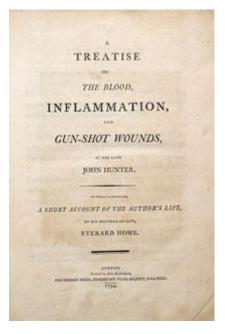
De morborum: "Inflammation is a disease."



Galenus added "functio laesa" (loss of function) as the 5th cardinal sign of inflammation

John Hunter (1728-1793)



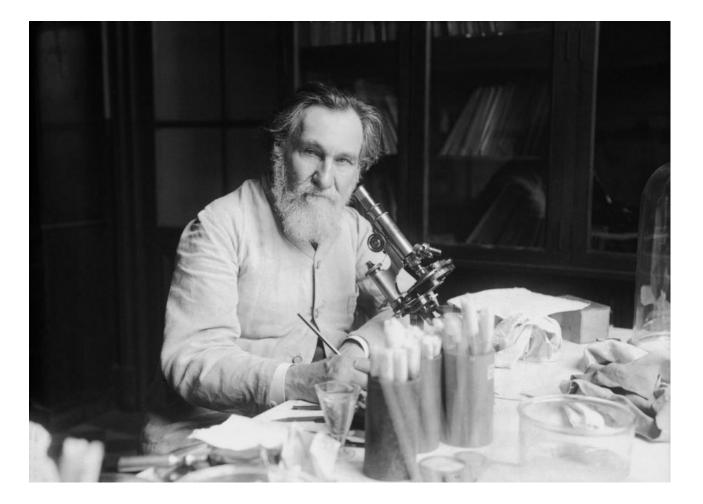


"Inflammation is not a disease but a nonspecific response that has a salutary effect on its host."

Julius Cohnheim (1839-1884), microscopic description of inflammation

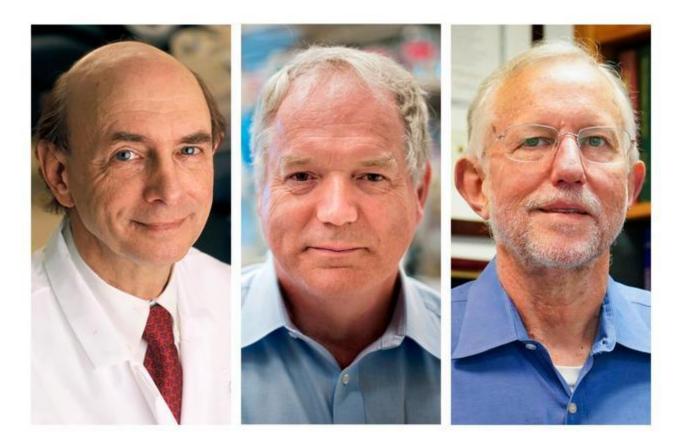


Ilya Mechnikov (1845-1916) describes phagocytosis in 1882





Nobel prize, 2020, HCV



Harvey J. Alter (NIH), Michael Houghton (U. Alberta) and Charles M. Rice (Rockefeller U)

Sir Thomas Lewis (1881-1945), chemical substances mediate the vascular changes of inflammation



Lewis Triple Response

- Described by sir Thomas Lewis in 1924.
- Lewis triple response is the characteristic 3 part response that develops when a line is made by a pointed object (a key) on the skin. It is produced due to the release of histamine from the mast cells.



TRIPLE RESPONSE.

- When skin stroke more firmly with pointed objects
- 3 parts response occurs
- Red reaction
- Flare
- Wheal

The 'triple' vascular response' of T Lewis - redness (depends on soluble, chemical mediator)

W. CHIDLAR

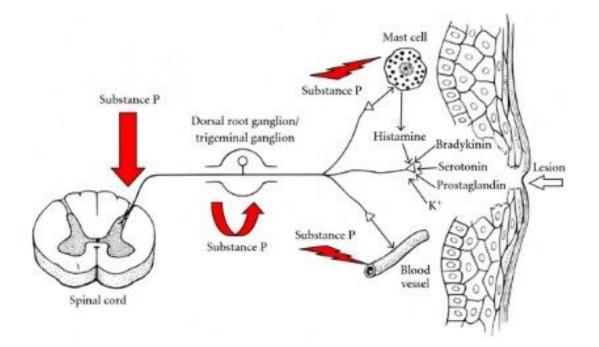
049450

- weal (depends on soluble, chemical mediator

flare (depends

on nerve supply

Thursday, March 31, 2016



Denerved paw (saphenous nerve cut) Intact paw

Hőgyes Endre (1847-1906)







Ifj. Jancsó Miklós and Gábor Aranka

INFLAMMATION IS A UNIVERSAL AND ANCIENT FORM OF HOST DEFENCE

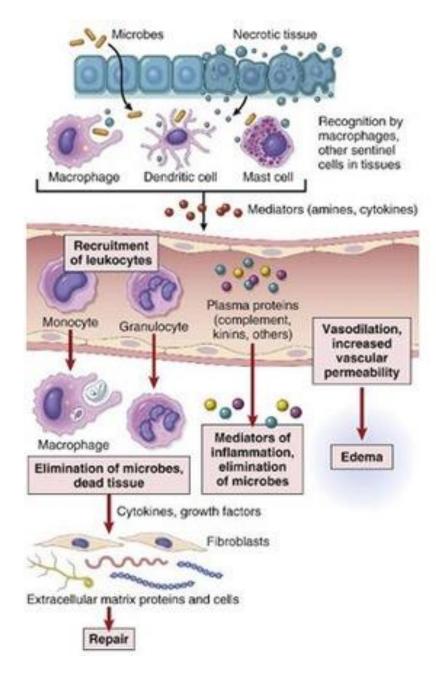
NOT A DISEASE *PER SE*!; RATHER IT IS A PROTECTIVE, NON-SPECIFIC RESPONSE TO VARIOUS NOXIOUS AGENTS

INFLAMMATION IS NOT EQUAL WITH INFECTION!

INFLAMMATION MAY BE OF TWO TYPES, ACUTE (THIS LECTURE) AND CHRONIC (THE TOPIC OF NEXT LECTURE)

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Reaction to: Injury, Infection, Insult, Itself

Recruitment of leukocytes

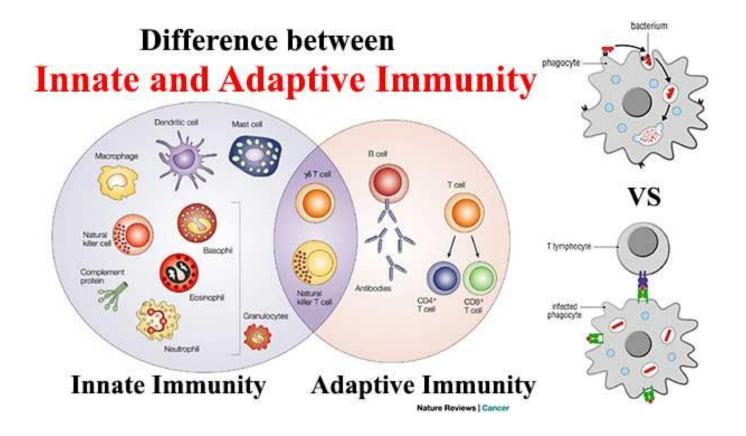
Removal of inciting agent

Regulation of response by mediators

Resolution and repair of damaged tissues

Stimuli that can evoke acute inflammation

- Infections
- Tissue necrosis (e.g. ischemia, trauma, thermal or chemical injury)
- Foreign body
- Hypersensitivity reaction



Innate immunity (~ acute inflammation): evolutionary ancient defense strategy that recognizes "non-self"

Adaptive immunity: highly adaptable system that creates immunological "memory" (it becomes a problem when "maladaptive"!)



Robert A. Good (1922-2003) discovers adaptive immunity





ooper in Robert Good's lab at the University of Minnesota in the mid-1960s

Fifty years of B lymphocytes

Alexander D. Gitlin and Michel C. Nussenzweig reflect on the discovery of two lineages of adaptive immune cells, and how it influenced vaccination, cancer therapy and the development of a class of antibody-based drugs.

> fying the camps of his field. Fifty years ago this week, Good, Cooper

and their colleague Raymond Peterson published a paper¹ in this journal revealing that there are two types of lymphocyte. The insight shaped the course of modern immunology and influenced the study and care of

immunodeficiency conditions, cancers of the immune system and the development of

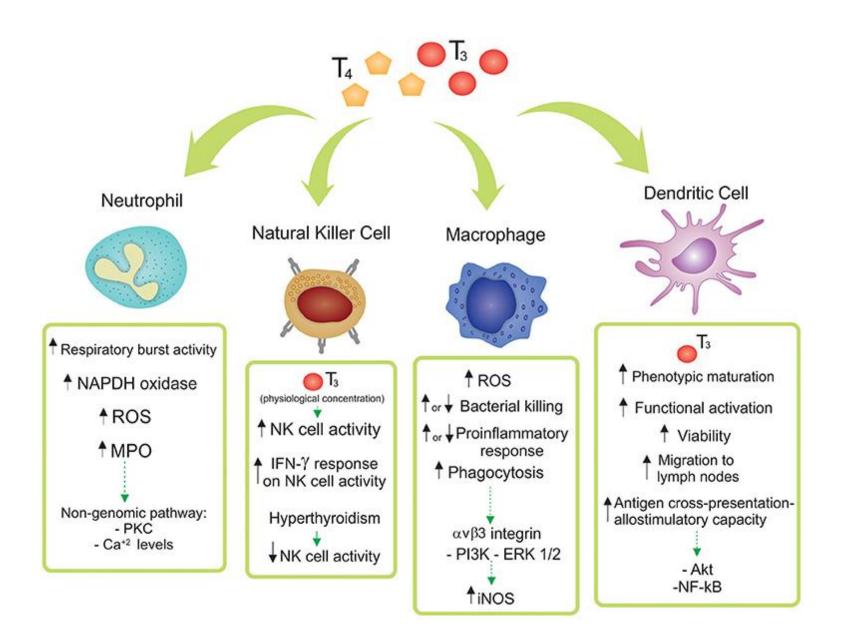
hen Max Dale Cooper joined Robert Good's laboratory at the University of Minnesota in Minneapolis in 1963, there were two camps in immunology. Neither was particularly found of the actor

A third of the other. At the time, the central question in immunology was how vertebrates tailor their defences to bacteria and viruses, whose chemical structures show nearly unlimited diversity. Within two years of joining Good's laboratory. Cooper had made a discovery about the cells that accomplish this task — lymphocytes — that proved essential to cracking the mystery, and ultimately to uni-

CLONE WARFARE

In the 1960s, one camp of immunologists dealt mainly in chemical terms and had by then made considerable progress. This group had discovered that antibody molecules are proteins with two binding sites that recognize an extraordinary range of foreign molecules (antigens), even synthetic ones; and that antibodies are composed of two heavy and **b**

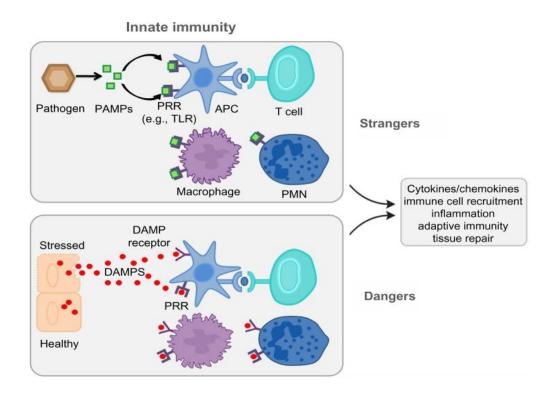
8 JANUARY 2015 | VOL 517 | NATURE | 139 © 2015 Macmilian Publishers Limited. All rights reserved In 1965, Max Cooper and Robert Good published a landmark study in *Nature* that led to the birth of the B cell field. Working with chickens, they showed that cells that develop in the bursa of Fabricius ('B cells') are responsible for antibody production, whereas those cells that develop in the thymus ('T cells') are necessary for delayed-type hypersensitivity responses.

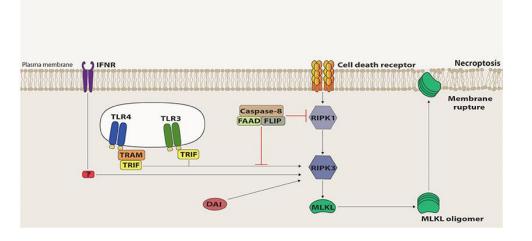


1st step: to recognize the danger: Pattern Recognition Receptors (PRRs)

Cellular receptors for microbes PRRs recognize PAMPs (pathogen-associated molecular pattens)

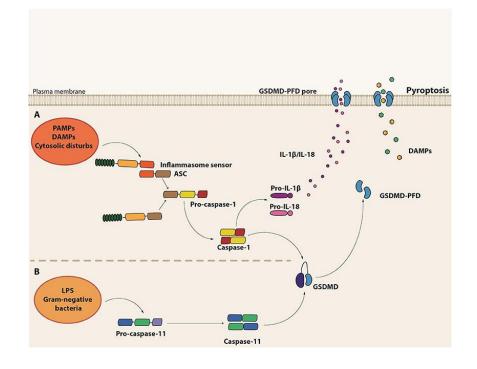
Sensors of cell damage PRRs recognize DAMPs (damage-associated molecular patterns), that is, molecules released from damaged cells; **uric acid** (a product of DNA breakdown), **ATP** (released from damaged mitochondria), **reduced intracellular K + concentrations** (reflecting loss of ions because of plasma membrane injury), **DNA** (when it is released into the cytoplasm and not sequestered in nuclei, as it should be normally), and many others.



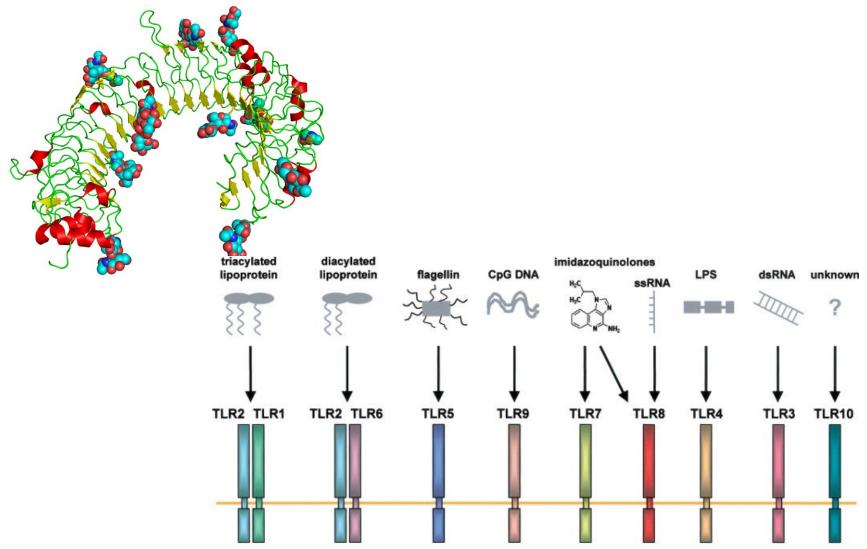


Necroptosis = a "fail-safe" mechanism to eliminate infected cells when virus blocks apoptosis

Pyroptosis = host cell death triggered by intracellular pathogens



Toll-like receptors



"das ist toll!" (this is great!)



TOLL protein mutation

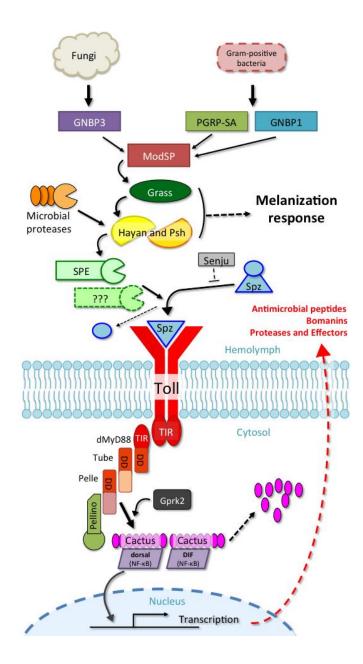


Mutation in Toll gene

Source: http://www.cell.com/fulltext/S0092-8674(00)80172-5



Christiane Nüsslein-Volhard (1942), Nobel prize 1995



The cascade of acute inflammation

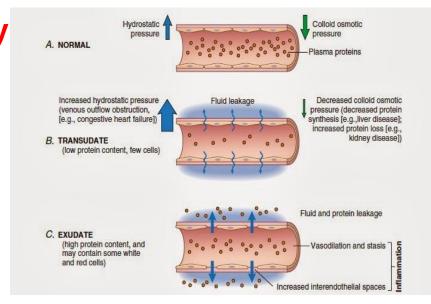
- Vasodilation
- Increased vascular permeability/leakage of exudate
- Leukocytes:
 - margination, rolling, and adhesion
 - diapedesis (transmigration)
 - chemotaxis
 - PMN activation
 - phagocytosis (recognition, engulfment, killing)

Vascular events of inflammation

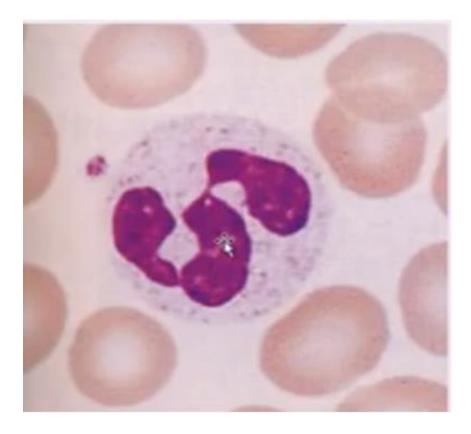
The purpose of the inflammatory vascular reaction is to deliver the humoral and cellular factors to the site of defence reaction

Changes in vascular flow and caliber- Arteriolar dilation,

Changes in vascular permeability Dilatation Endothelial gaps Direct endothelial injury Leukocyte injury Transcytosis (endo/exo)



LEAKAGE of a proteineaceous fluid **EXUDATE** and not TRANSUDATE!!!!!



Neutrophils (PMN granulocyte)

EXTRAVASATION of PMNs

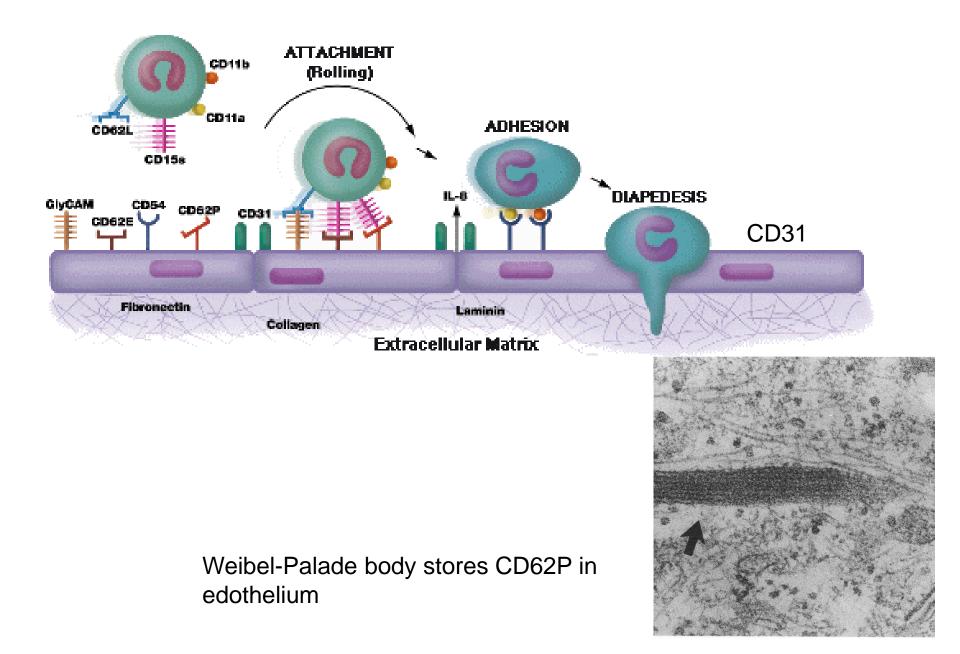
- MARGINATION
- (PMN's go toward wall)
- <u>ROLLING</u> (tumbling and HEAPING)
- ADHESION
- TRANSMIGRATION (DIAPEDESIS)



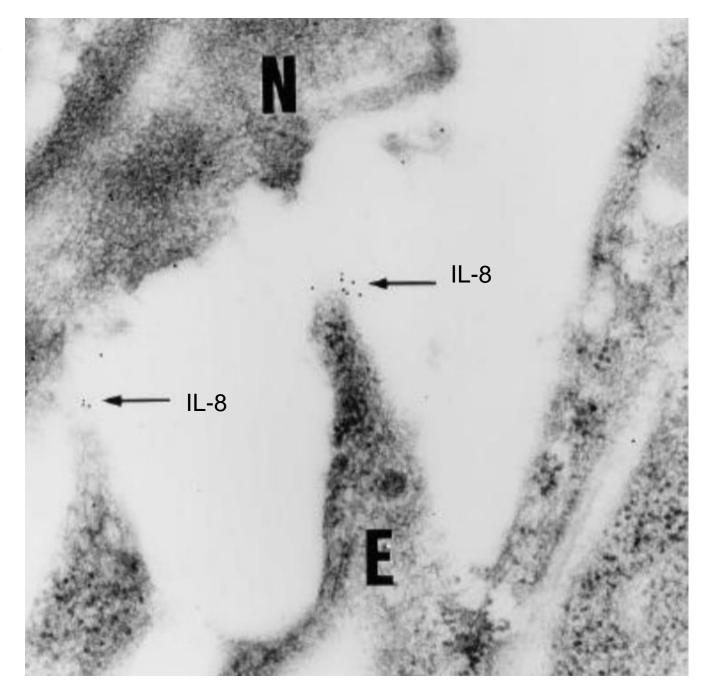
Adhesion molecules affecting rolling and adhesion 1.Selectins (E,P and L) from endothelial cells (E and P) or leukocytes (L)-rolling 2.Integrins from many cells (ICAM, VCAM)-adhesion

Transmigration: mediated by CD31

CHEMOTAXIS PMNs going to the site of the injury after transmigration (chemokines) Chemoattractants: N-formylmethionine, C5a, leukotrienes

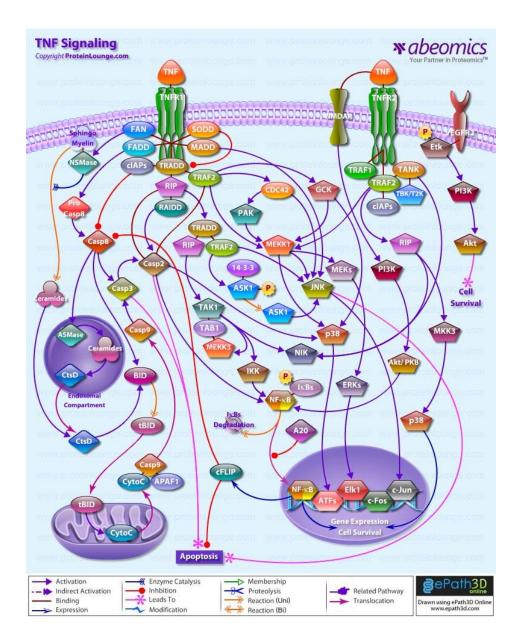


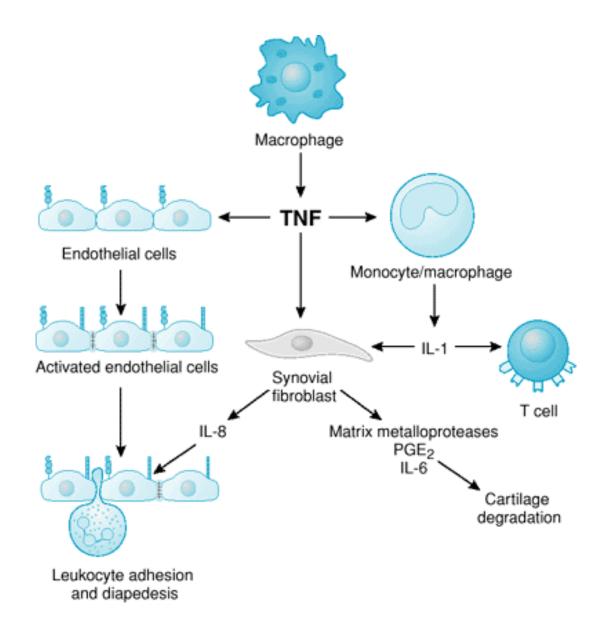
MARGINATION



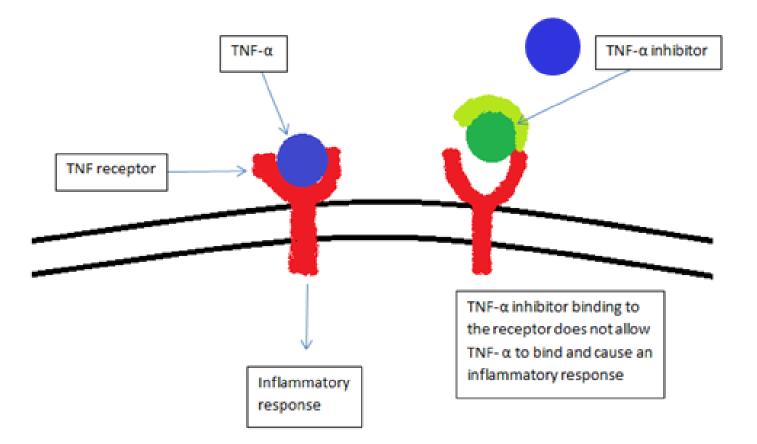








TNF inhibitors as a new generation of antiinflammatory drugs



For rheumatoid arthritis, psoriasis, etc

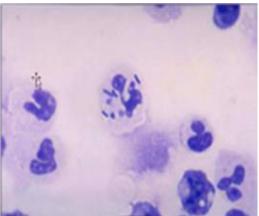


LEUKOCYTE "ACTIVATION"

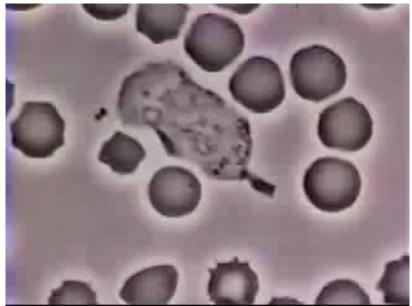
- "triggered" by the offending stimuli for PMNs to:
 - 1) Produce eicosanoids (arachidonic acid derivatives)
 - Prostaglandin (and thromboxanes)
 - Leukotrienes
 - Lipoxins
 - 2) Undergo DEGRANULATION
 - 3) Secrete CYTOKINES

PHAGOCYTOSIS

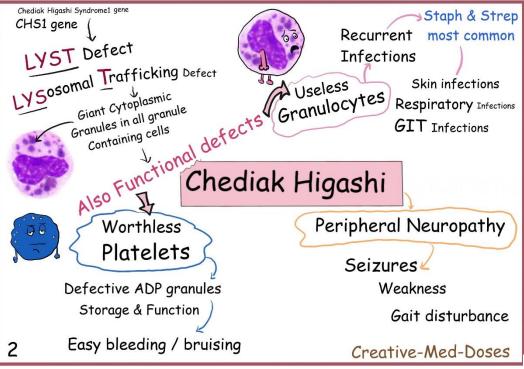
- RECOGNITION
- ENGULFMENT
- KILLING

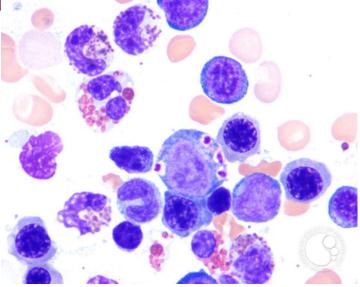


(DEGRADATION/ DIGESTION) (oxigen dependent and independent mechanisms)



An additional mechanism of killing microbes is the extracellular traps-NETosis



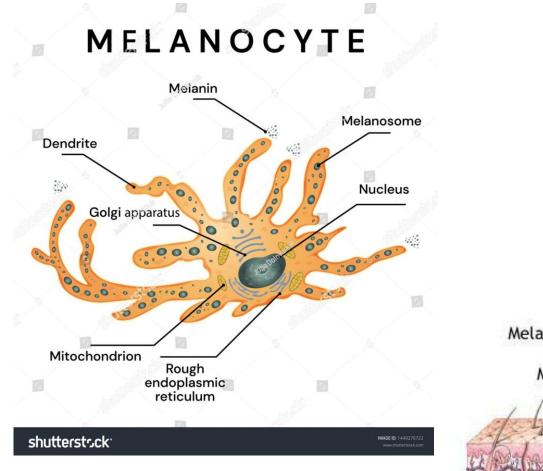


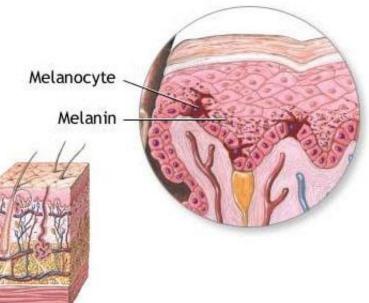


Oculocutaneous albinism

White tiger (a big cat with Chediak-Higashi!)









Oculocutaneous albinism: melanin is produced but not packed into melanosomes

Albino: no melanin production due to Tyrosinase deficiency

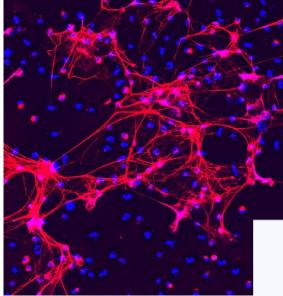


CHRONIC GRANULOMATOUS DISEASE(CGD):

- CGD is an inherited disorder in which neutrophil's phagocytic function do not work properly.
- Also known as Bridges–Good syndrome, Chronic granulomatous disorder, and Quie syndrome.
- It was first recognized in 1954.
- TYPES OF CGD:
- CGD has atleast 2 distinct forms:
- i. X-linked form (70% of patients)
- ii. Autosomal recessive form.

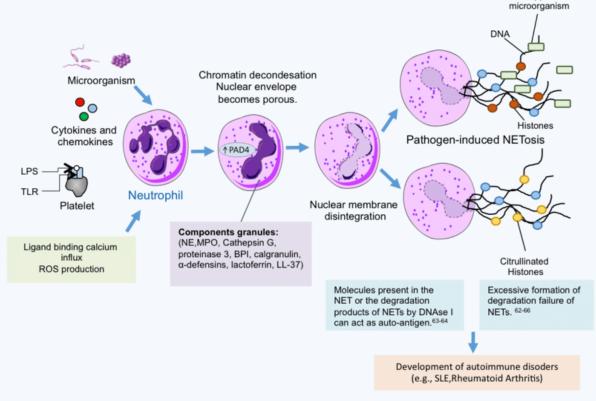
Defective NADPH oxidase





Neutrophil Extracellular Trap

Trapped



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Humoral elements "Mediators"

- Vasoactive amins: histamine, serotonine (vasodilatation, permeability, pain)
- · Vasoactive peptids: bradykinin
- Complement system (MAC, vasodilatation, permeability, chemotaxis, opsonisation)
- Clotting, fibrinolitic cascade
- Immunglobulins
- Arahidonic acid derivatives
- Cyclooxigenase prostaglandins
- Lipoxigenase leukotriéns
- Cytokins TNF, IL-6, IL-1
- Exogenous mediators: fMLP, endotoxin, superantigens

CHEMICAL MEDIATORS "general"

- •From plasma or cells
- •Have triggering stimuli
- •Usually have specific targets
- •Can cause a cascade
- •Are short lived

HISTAMINE

- Mast Cells, basophils
- POWERFUL
 Vasodilator
- Vasoactive "amine"

٠

IgE on mast cell



SEROTONIN

- (5HT, **5-H**ydroxy-
 - **T**ryptamine)
- Platelets and EnteroChromaffin Cells
- Also vasodilatation, but more indirect
- Evokes N.O. synthetase (a ligase) from arginine



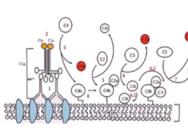
HO

COMPLEMENT SYSTEM

• >20

components, in circulating plasma

 Multiple sites of action, but
 LYSIS is the underlying theme



KININ SYSTEM

- BRADYKININ is KEY component, 9 aa's
 - ALSO from circulating plasma •
 - ACTIONS
 - Increased permeability .
 - Smooth muscle contraction, NON
 - vascular
 - PAIN

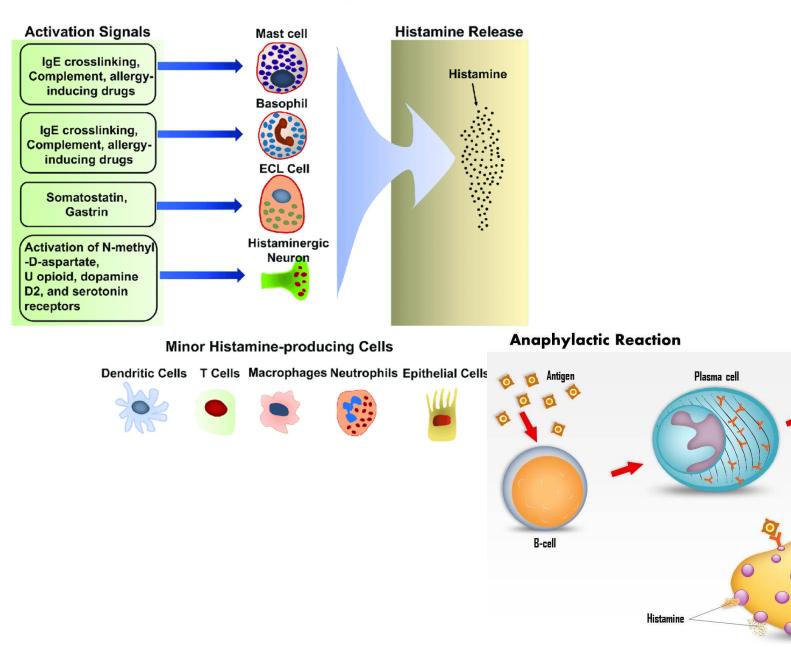
CLOTTING FACTORS

- Also from circulating plasma
- Coagulation, i.e., production of fibrin
- Fibrinolysis

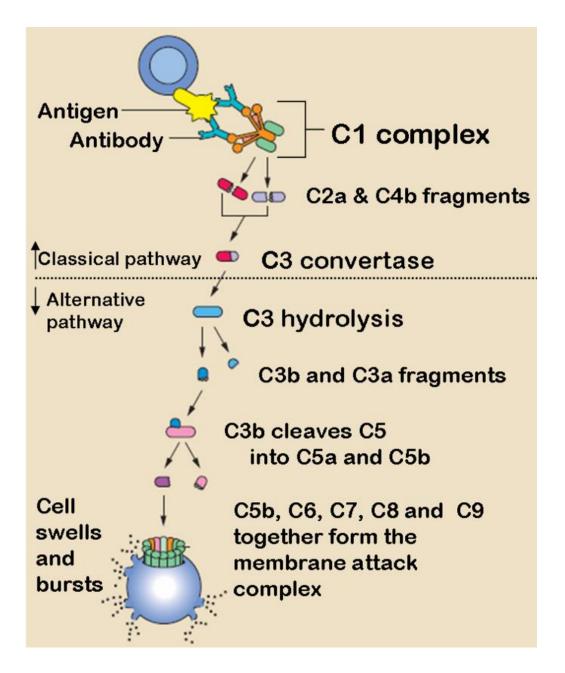
CLASSIC MEDIATORS – Histamine, -Serotonine-Complement, -Kinins, -Clotting factors -Eicosanoids, -Nitric oxide, -etc

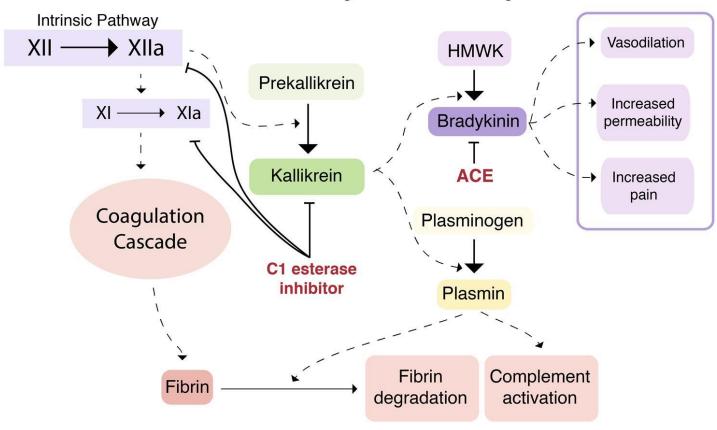
 NH_2

Major Histamine-producing Cells



Mast cell





Kallikrein-Bradykinin Pathway

© Lineage

Lucy Liu

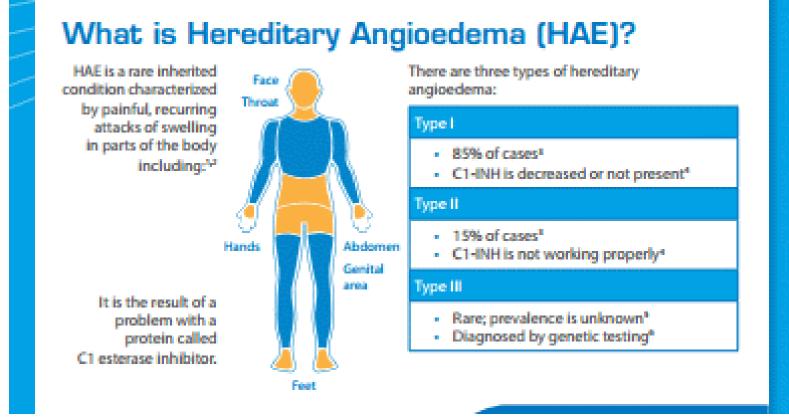


FIGURE 1. Progressive Swelling Resulting From Angioedema Attack¹⁴

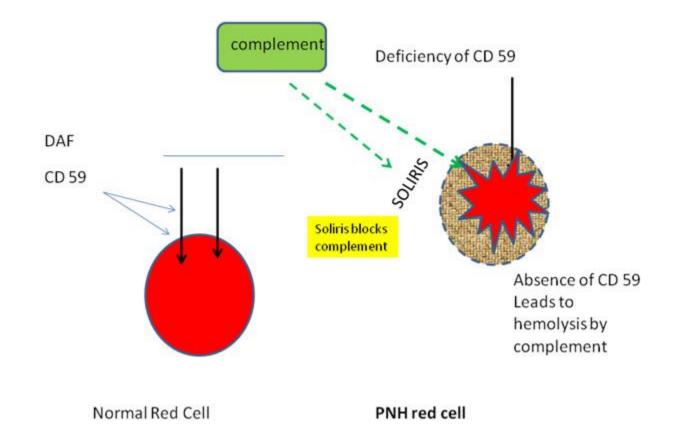


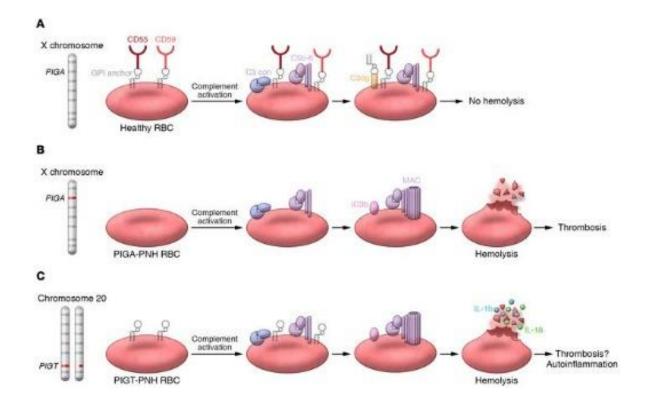
Images used with permission. Ebo DG, Bridts CH. Images in clinical medicine. Disfiguring angioedema. *N Engl J Med.* 2012;367[16]:1539. doi: 10.1056/ NEJMicm1200960.





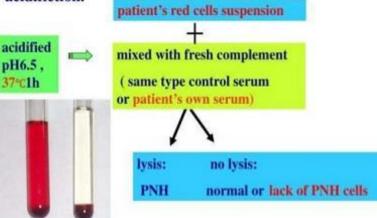
Paroxysmal Noctural Hemoglobinuria (PNH)





HAM'S TEST

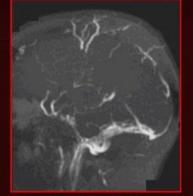
[Principle **]** The complement present in serum is responsible for lysis of PNH cells with sensitivity to acidifiction.



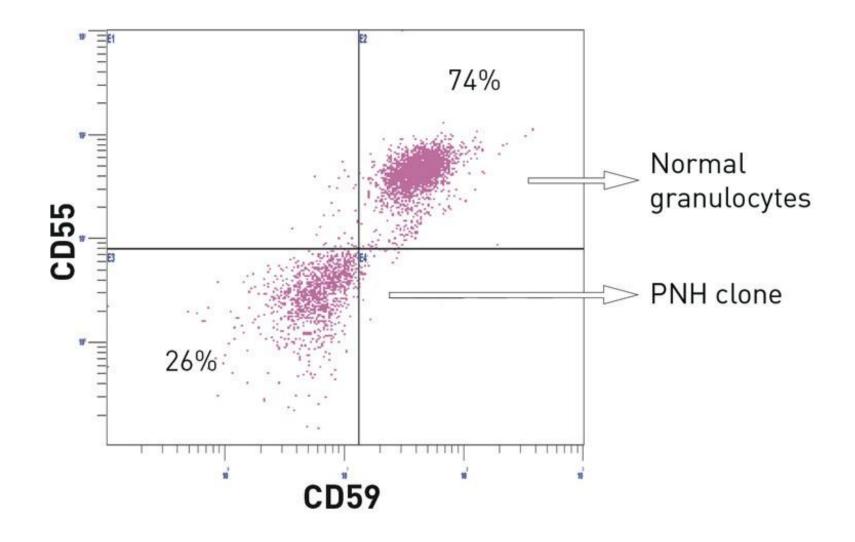
Classical Sites of Venous Thrombosis in PNH

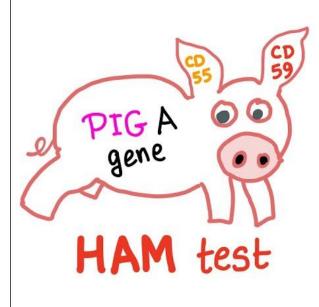


Budd-Chiari Syndrome

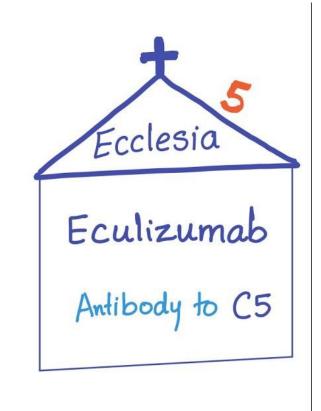


Superior Sagittal Sinus Thrombosis





Nocturnal Paroxysmal Nocturnal Hemoglobinuria



EICOSANOIDS (ARACHIDONIC ACID **DERIVATIVES**)

- Part of cell membranes
- 1) Prostaglandins (incl. Thromboxanes)
- 2) Leukotrienes
- 3) Lipoxins (new)

MULTIPLE ACTIONS AT MANY LEVELS

PROSTAGLANDINS (THROMBOXANES **INCLUDED**)

- Pain
- Fever
- Clotting

LEUKOTRIENES

- Chemotaxis
- Vasoconstriction
- Increased Permeability

PLATELET-ACTIVATING FACTOR (PAF)

- Phospholipid
- From MANY cells, like eicosanoids
- ACTIVATE ٠ powerfully
- VASOCONSTRICTION





LIPOXINS

- **INHIBIT** chemotaxis ٠
- Vasodilatation •
- Counteract actions of • leukotrienes

.

- - PLATELETS,

CYTOKINES/CHEMOKINES

• **CYTOKINES** are PROTEINS produced by MANY cells, but usually LYMPHOCYTES and MACROPHAGES, numerous roles in acute and chronic inflammation

-TNFlpha, IL-1 by

macrophages

• **CHEMOKINES** are small proteins which are attractants for PMNs (>40)

LYSOMAL CONSTITUENTS

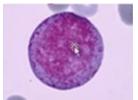
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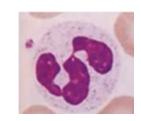
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- <u>PRIMARY</u>
- Also called AZUROPHILIC, or NON-specific
- Myeloperoxidase
- Lysozyme (Bact.)
- Acid Hydrolases





SECONDARY

Lactoferrin

Lysozyme

Collagenase

Also called SPECIFIC

Alkaline Phosphatase

NITRIC OXIDE

- Potent vasodilator
- Produced from the action of nitric oxide synthetase from arginine

FREE RADICALS

- O₂ –(SUPEROXIDE)
- $H_2^{-}O_2 (PEROXIDE)$
- OH⁻ –(HYDROXYL RADICAL)
- VERY VERY DESTRUCTIVE

Systemic effects of inflammation Acute phase response

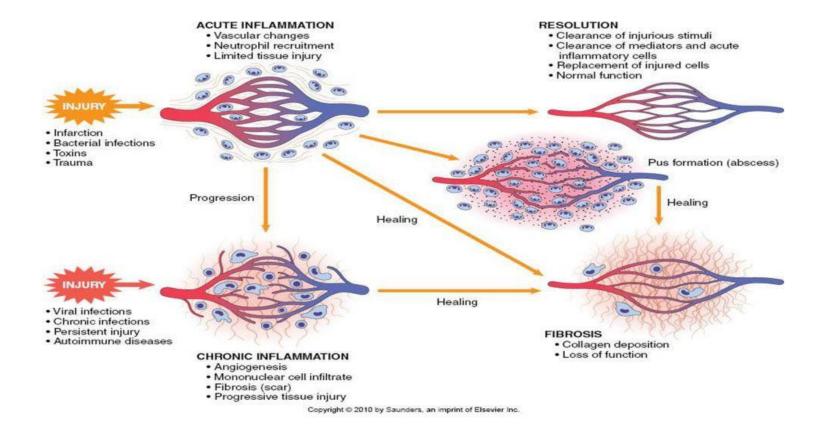
Symptom, physical exam or lab finding	Comments	Mediators
Fever, malaise, somnolence, anorexia		TNF IL-1 Prostaglandins (fever)
 ↑ Production of acute phase proteins (e.g. <u>fibrinogen</u> and CRP) 	Nonspecific markers of inflammation (ESR)	IL-6
Leukocytosis	-Initial early release -Increased production of WBC in bone marrow	-TNF & IL-1 -Colony stimulating factors
Shock	Hypotension, DIC, acidosis	High levels of: TNF & IL-1

- Definition Acute systemic reaction to TNF, IL-1 and IL-6
- Fever Systemic acute inflammation response, TNF, IL-1 and prostaglandin mediated
- Leukocytosis Systemic acute inflammation response, elevated WBC, TNF and IL-1 release WBC from bm as bands and CSF (colony stimulating factor) production increases
- Acute phase proteins C-reactive protein, fibrinogen, mediated by IL-6

- Erythrocyte Sedimentation Rate Distance RBC fall in an hour, if there is an acute phase protein (IL-6 mediated fibrinogen)-->RBC stack (rouleaux)-->fall larger distance than normal cells (lowest bar)
- Septic Shock Severe infection, causes hypotension, dic, and metabolic disturbances, TNF and IL-1

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OUTCOMES OF ACUTE INFLAMMATION

- 1) 100% (COMPLETE) RESOLUTION
- 2) SCAR
- 3) CHRONIC INFLAMMATION (next lecture!)

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- Serous Common cold, pleuritis exs., burns, catarrhal inflammation of mucous membranes
- FibrinousSerous membranes: Pleuritis/pericarditis sicca, Peritonitis fibrinosaMucous memebranes: Diphtery, typhoid fever, dysentery

Purulent folliculitis, furuncule, carbuncule

Abscess: circumscibed pus in parenchymal organs Empyema: circumscribed pus in preformed body cavity Phlegmone: inflammation spreading in tissue spaces

Haemorrhagic plague, smallpox, anthrax, flue

Gangraenous - failure of inflammation

Serous ("watery")

Serous inflammation: Is a type of acute inflammation which is characterised by the copious effusion of non-viscous serous fluid, commonly produced by mesothelial cells of serous membranes, but may be derived from blood plasma. The exudation of this inflammation is clear fluid with no WBCs or PMNs.

The serous fluid which is produced by these mesothelial membranes is pink in color and defined as plasma derived from blood or a thin clear watery fluid from secretions of mesothelial cells lining the peritoneal, pleural and pericardial cavities (called effusion).

Biologic purpose of serous exudation: Immediate dilution of the noxious agent at the site of inflammation.

Etiologic factors include:

- 1) Hypersensitive reactions.
- 2) Bacterial and viral tissue injury.
- 3) Physical and chemical tissue injury.

Morphology: According to tissue:

- **Serosa**: Erythema (Hyperemia) and inflammatory swelling from effusion with large numbers of displaced serosal covering cells and few macrophages in the exudate.

- Skin: Erythema and swelling that varies according to epidermal involvement.

- Mucus membrane: Erythema and swelling lead to mucosal edema with risk of stenosis.

- **Parenchyma**: Erythema and swelling are present with sparse leukocytic infiltrate. This expands the organ capsule, which is tender to palpation due to its sensory innervation. Here the exudate takes the form of an edema.

Examples for this type of inflammation!!!!!!

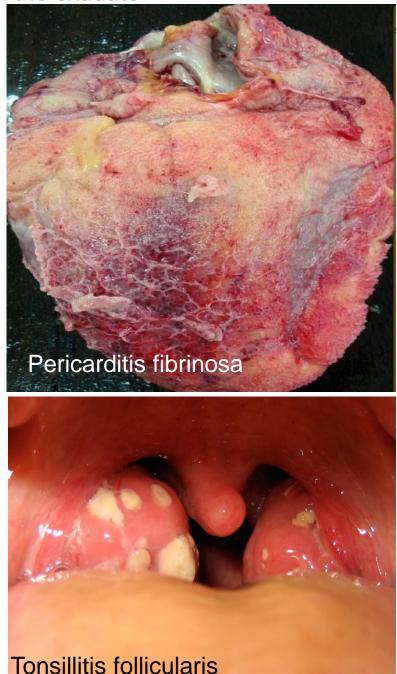


Fibrinous

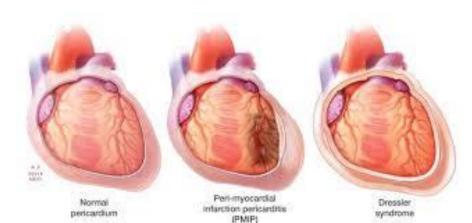
- fibrin is the endpoint of coagulation, and had a characteristic appearence both grossly and macroscopically
- Severe injury with excessive deposition of fibrin in serosus cavities
- The fibrinous exudate may be degraded by FIBRINOLYIS and removed by macrophages resulting in RESOLUTION
- Incomplete removal of fibrin resulting in organization and scarring with FIBROUS ADHESIONS of pleural or pericardial surfaces

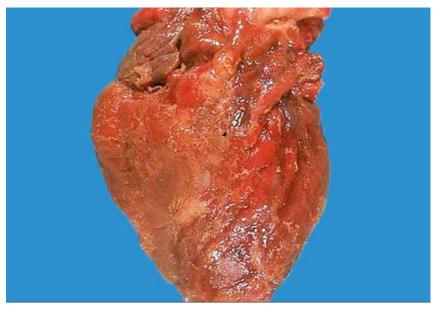
PSEUDOMEMBRANE results when the upper portion of a mucosal surface undergoes necrosis, freeing fibrinogen from vessels that then clots along the surface

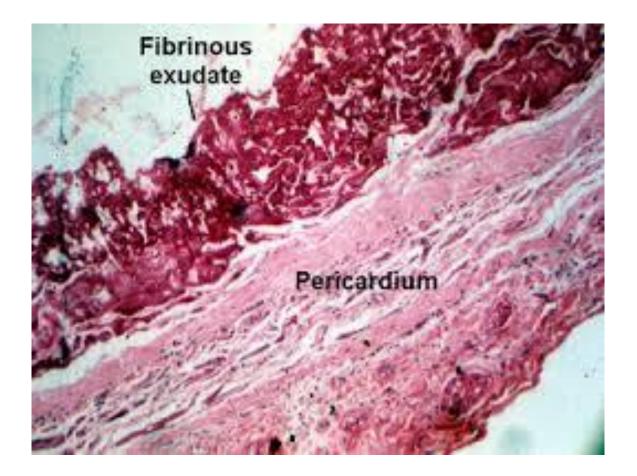
- diphtheria (in the upper airway) or antibiotic-induced pseudomembranous colitis (in the lower gut).



Dressler syndrome (described by William Dressler in 1956)







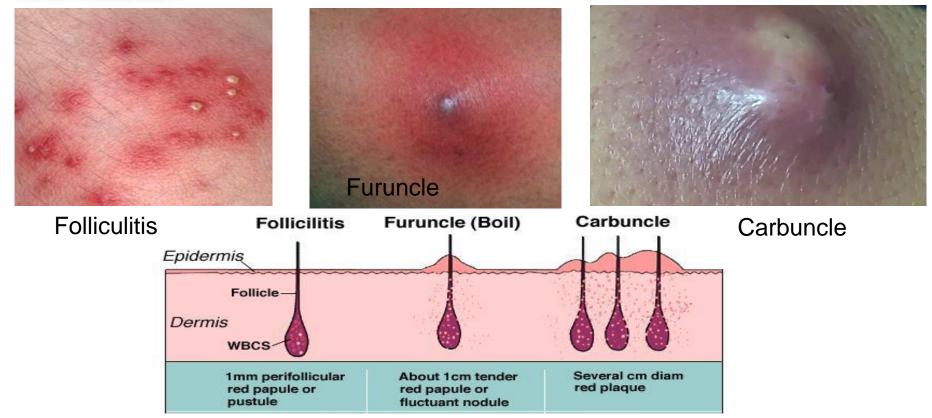
Purulent

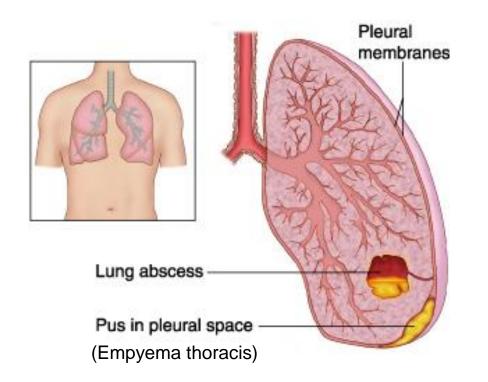
Purulent inflammation: Inflammation resulting in large amount of pus, which consists of neutrophils, dead cells, and fluid. Infection by pyogenic bacteria such as staphylococci is characteristic of this kind of inflammation. Large, localised collections of pus enclosed by surrounding tissues are called abscesses.

The **pus** which is the end product of this type of inflammation a whitish-yellow, yellow or yellow-brown exudate produced by vertebrates during inflammatory pyogenic bacterial infections. An accumulation of pus in an enclosed tissue space is known as an abscess, while a visible collection of pus within or beneath the epidermis is known as a pustule or pimple. Pus is produced from the dead and living cells which travel into the intercellular spaces around the affected cells.

Examples for this type of inflammation:

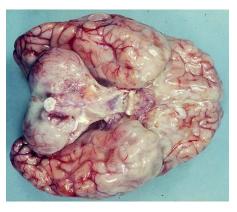
Suppurative appendicitis Suppurative otitis Pyelonephritis Brain abscess Purulent meningitis Suppurative lymphadenitis







Empyema thoracis



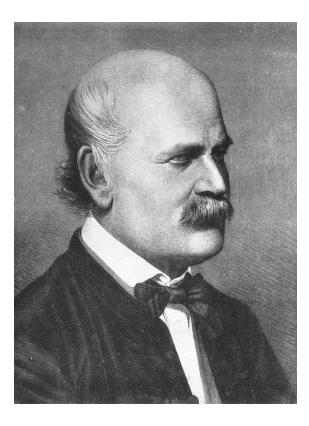
Meningitis purulenta

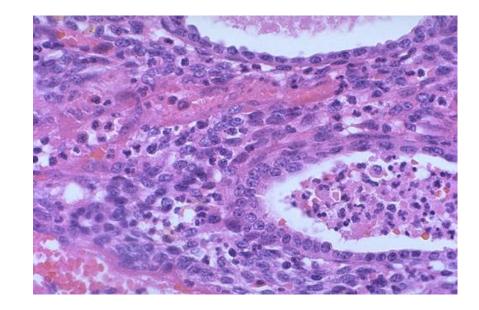


Empyema v.felleae

Abscess: circumscibed pus in parenchymal organs, in organs with non-preformed cavity *Empyema:* circumscribed pus in preformed body cavity *Phlegmone:* inflammation spreading in tissue spaces

Sepsis puerperalis (childbed fever)





Ignác Semmelweis (1818-1865)

Semmelweis Museum of Medical History (his birthplace)



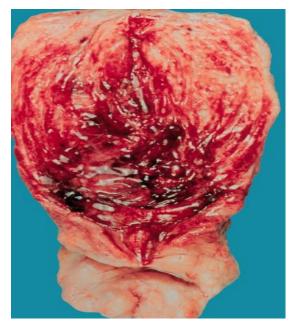
Haemorrhagic inflammation



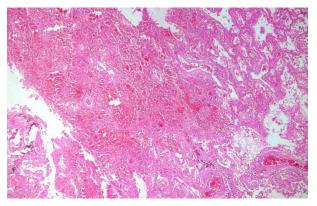
Skin anthrax



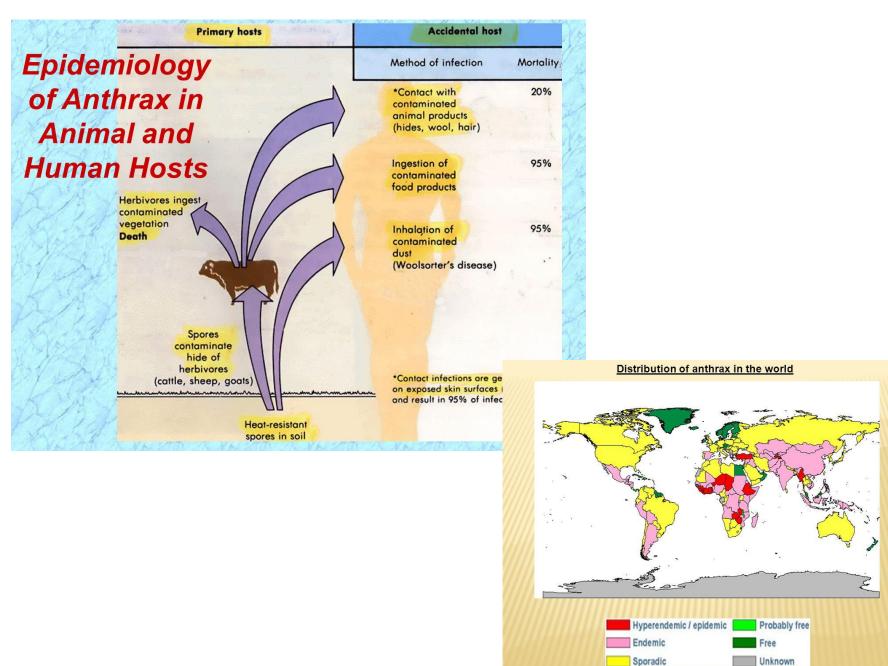
Variola vera



Urocystitis acuta



Influenza Virus Infections (lungs)



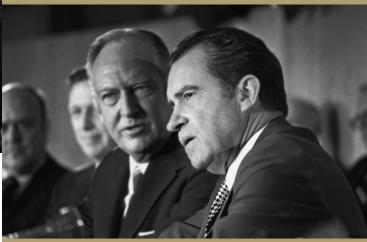
Anthrax as biological weapon



CASE STUDY SERIES

President Nixon's Decision to Renounce the U.S. Offensive Biological Weapons Program

Jonathan B. Tucker and Erin R. Mahan

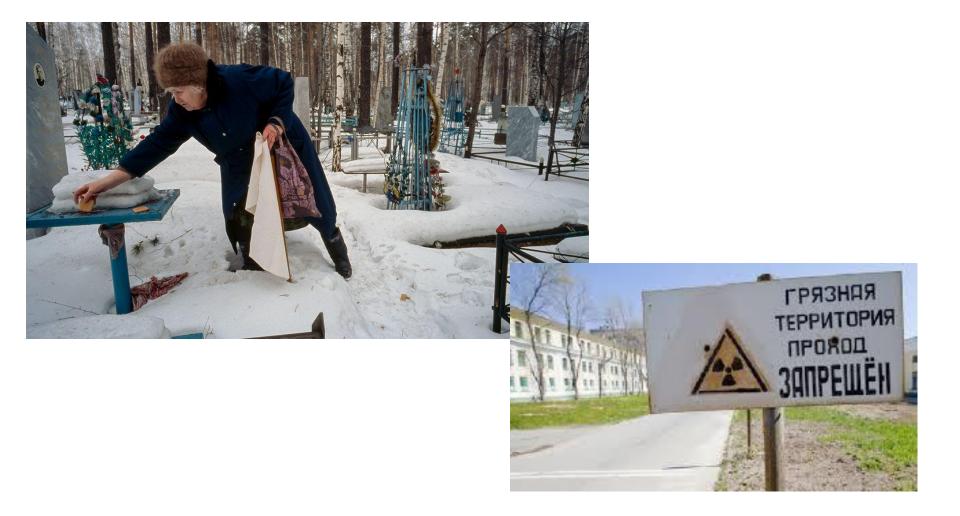




Center for the Study of Weapons of Mass Destruction National Defense University



1979, Swerdlows (USSR), military research facility accidentally releases anthrax

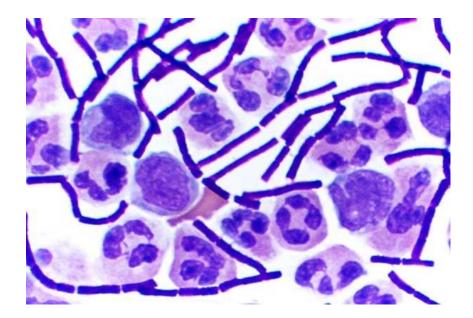


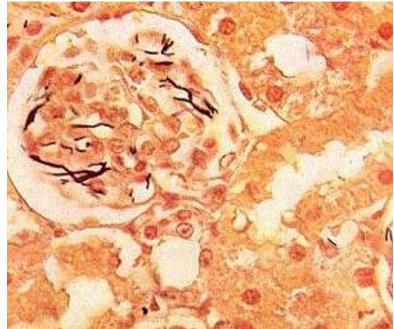
Anthrax as tool for terrorists

4TH GRADE GREENDALE SCHOOL FRANKLIN PARK NJ 08852 SENATOR DASCHLE 509 HART SENATE OFFICE BUILDING WASHINGTON D.C. 2053-1 00510/4103



100 kg of anthrax over a large city on a clear night could kill between one and three million people. This is every bit as deadly as a One-megaton atomic bomb





Smallpox: 12,000 years of terror!

Pharaoh Ramses V – 1196 B.C.

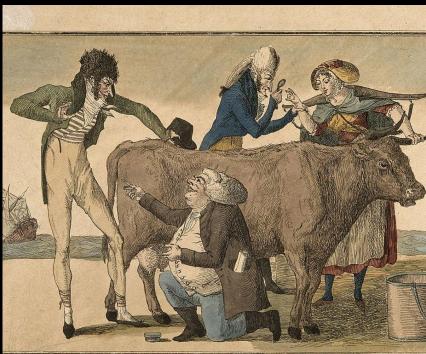


Believed to have died due to smallpox.

Pustular lesions were found on the face and body of the mummy.







L'ORIGINE DE LA VACCINE.

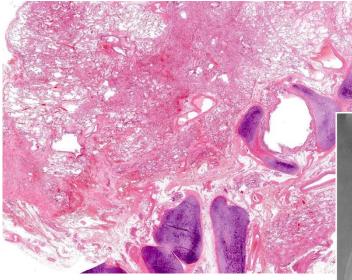
Dépo

A Paris chez Depeuille, Rue des Mathurins Sorbonne aux deux Pilastres d'Or.

Variola vera (smallpox), eliminated in 1977 last outbreak was in Yugoslavia (1972)



COVID-19 (SARS-CoV-2)





Necrotizing inflammation The combination of necrosis, inflammation and bacterial putrefaction is called gangrene.



Gangrene



Pneumonia gangrenosa



Cholecystitis acuta gangrenosa



Appendicitis acuta gangrenosa

Ulcerative Ulcer: Ulcers are local defects on the surface of an organ produced by inflammation. Common sites for ulcerations are the stomach, duodenum, intestinal ulcers in typhoid fever, intestinal tuberculosis, bacillary and amoebic dysentery, ulcers of legs due to varicose veins etc. In the acute stage, there is infiltration by polymorphs with vasodilatation while long-standing ulcers develop infiltration by lymphocytes, plasma cells and macrophages with associated fibroblastic proliferation and scarring.



ULCERATIVE

INFLAMMATION



