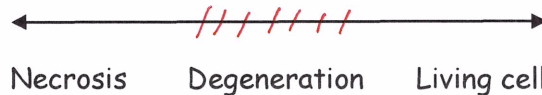


REVERSIBLE CELL INJURY, INTRACELLULAR ACCUMULATION

Degeneration: Reversible cellular dysfunction with morphological alteration

Point of no return: - Inability to preserve mitochondrial integrity
 - Disturbance of membrane function and integrity
 - Ca^{2+} influx - activation of autolytic enzymes



1. Cellular swelling, hydropic change, vacuolar degeneration

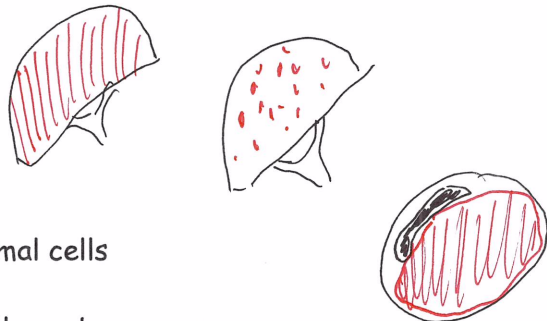
- Failure of energy-dependent ion pumps in plasma membrane
- Inability to maintain ionic fluid homeostasis
- First manifestation of injured cells
- Morphology: - pallor of organ
 - increase in weight
 - increase in turgor
- Microscopy: - small, clear vacuoles in the cytoplasm
 - distended parts of ER and mitochondria

2. Parenchymal degeneration

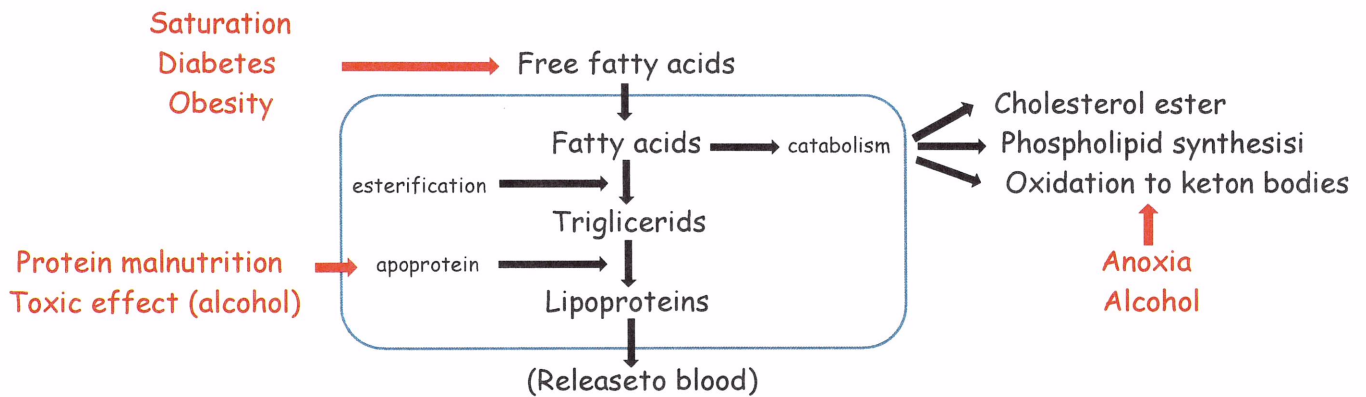
- Old terminology, morphological description
- Morphology: - Prototype is the sepsis
 - Similar to boiled meat, gray, fragile organs
- Microscopy: - Dilated mitochondria

3. Fatty change / fatty degeneration

- Appearance of lipid vacuoles in the cytoplasm
- Involved cell participating in fatt metabolism - hepatocytes, myocardium, kidney
- Caused by: - Toxins (alcohol)
 - Anoxia
 - Protein malnutrition
 - Diabetes
 - Obesity
- Morphology: - diffuse - toxic effect
 - mottled - hypoxic effect
- Microscopy: - clear cytoplasm within parenchymal cells
 - detection - Oil-red, Sudan BB
 - vacuoles displaces nucleus to cell membrane
 - severe forms - disrupt cell membrane - fat globules



Pathogenesis:



4. Steatosis hepatis, degeneratio adiposa diffusa hepatis

A/ Alcoholic liver disease

- Chronic 50-60 mg/day (5-6 bottle beer) - borderline risk
- Women more vulnerable than men
- Beer more risk than wine
- Mechanism - block fat catabolism and lipoprotein synthesis - lipid accumulation
- Steatosis - (hepatitis) - cirrhosis

B/ Non alcoholic fatty liver disease (NAFLD)

- Type 2 diabetes mellitus
- Obesity
- Main cause - insuline resistance
- Mechanism - impaired oxidation of fatty acids
 - increase uptake of fatty acids
 - decreased synthesis of VLDL

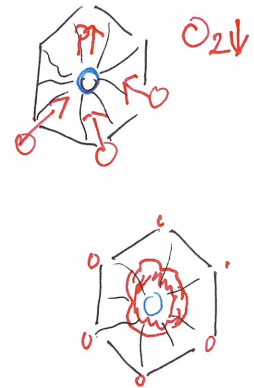
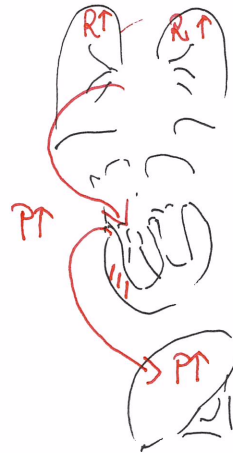
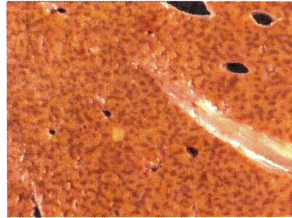
C/ Reye syndrome

- Fatty liver + encephalopathy
- Mitochondrial hepatopathy
- Children younger than 4 ys.

6. Degenetatio adiposa insularis hepatis - nutmeg liver - passive congestion - hepar moschatum

- Right sided cardiac decompensation - passive congestion of liver
- Hepar moschatum simplex - centrolobular congestion
- Hepar moschatum adiposum - centrolobular steatosis
- Hepar moschatum atrophicum - centrolobular atrophy + fibrosis
- Centrolobular necrosis - right sided decompensation + left sided heart failure
 - centrolobular necrosis and haemorrhage

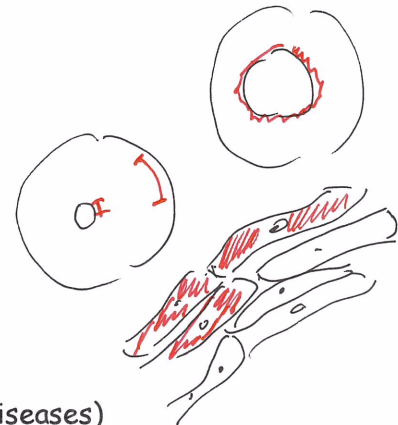
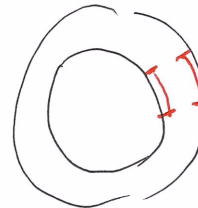
Pathogenesis:



5. Degeneratio adiposa diffusa myocardii

- Caused by toxic effects
- Diphtheria, chemotherapy (adriomycin)

6. Degeneratio adiposa insularis myocardii (tiger heart)



- Caused by prolonged (subacute) moderate hypoxia (anaemia, pulmonary diseases)
- Predispose AS, left sided hypertrophy of the heart
- Fat accumulation in the myocytes at subendocardial localization
- Reversible

7. Infiltratio adiposa myocardii

- Not a degeneration (no fat in the cells)
- Infiltration of fat tissue between muscle fibers (interstitial) of right ventricle
- In obese patients - risk for sudden cardiac death (SCD)



APOPTOSIS

- Apoptosis is a cell death regulated by suicide program
- Activated enzymes degrade DNA, nuclear and cytoplasmic proteins
- Cell membranes are intact but altered to be a target for phagocytosis
- Cells are eliminated before enzymes leak out
- Apoptosis and necrosis may coexist, apoptosis may progress to necrosis
- Apoptosis differs from necrosis:
 - by loss of membrane integrity
 - by enzymatic digestion of cells
 - by leak of cellular content

A/Physiological apoptosis

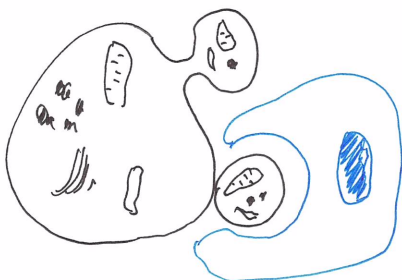
- Embryogenesis - organogenesis, developmental involution
- Hormon deprivation - endometrial cell breakdown in menstrual cycle
- Cell loss in proliferating cell population - intestinal epithelia
- Elimination of self-reactive lymphocytes

B/ Pathological apoptosis

1. DNA damage
 - Radiation, chemotherapy, high temperature may damage DNA
 - If repair mechanism cannot cope - elimination by apoptosis
 - Apoptosis is a better alternative for the cell than mutation and malignant transformation
2. Accumulation of misfolded proteins
3. Cell injury in infection
 - virus infected cells are lost by apoptosis
4. Pathologic atrophy
 - duct obstruction of pancreas, cysticus ect.

Morphology:

- Round or oval masses with eosinophilic cytoplasm
- Chromatin condensation and aggregation, karyorrhexis - DNA fragmentation
- Apoptotic bodies - membrane bound vesicles - cytoplasmic organella packed
- Apoptotic cells removed by phagocytosis



Mechanism:

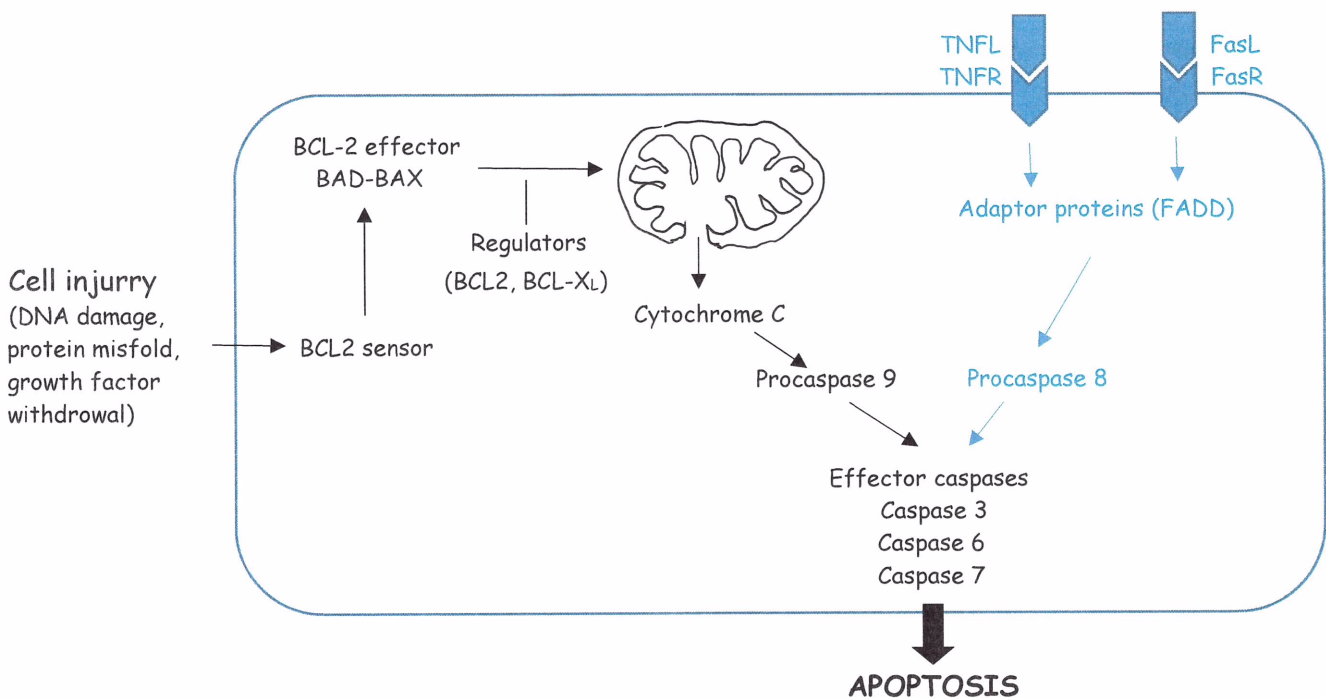
- Activation of caspases - cysteine proteases cleave after asparagic acid
- Caspases - activate enzymes by cleavage
 - DNA degradation
 - nucleoprotein degradation
 - cytoskeletal degradation

A/ Mitochondrial pathway (intrinsic)

- Mitochondrial proteins inducing apoptosis
- Main protein is the release of cytochrome C
- Controlled by BCL-2 family members (~ 20 members)

B/ Death receptor pathway (extrinsic)

- Death receptors TNF, Fas
- Fas ligand (FasL) expressed on activated T-lymphocytes



AUTOPHAGIA

- Autodigestion of cell components - survival mechanism of starving cells
- Autophagosome: ER + lysosome - autophagolysosome
- Autophagia may remove misfolded proteins
- Autophagia may end up to apoptosis