



# Pathology of the head and neck region and lymphomas

# The topics today...

# I. Differential diagnosis of a neck mass

II. Neck cysts

III. Diseases of the lymphnodes

Metastasis

Hodgkin and non-Hodgkin lymphoma

IV. Diseases of the esophagus

Developmental diseases

Diverticuli

Esophagitis

Esophageal carcinoma

### Topics covered for the exam

Cervical and orofacial cysts
Esophageal diverticles. Tracheo-esophageal fistules
Oesophagitis forms
Esophageal cancer
Principles of the lymphoma classification
Chronic lymphocytic leukemia. Follicular lymphoma
Diffuse large B-cell lymphoma. Burkitt lymphoma
Hodgkin-lymphoma
Cervical lymph node metastases
Orofacial manifestations of haematological diseases

# Differential diagnosis of a mass in the neck

Congenital/latrogen:

Cystic lesions of the neck

**Torticollis** 

Hygroma colli

Skin emphysema

Inflammatory/Idiopathic:

Lymphadenitis

Lymphadenopathy

Phlegmone of the neck

Cysts

Fistula

Tumor:

Malignant Lymphoma

Glomus tumor

Lipoma

**Fibroma** 

Hemangioma

Lymphangioma

Tumors of the salivary glands

### Neurologic:

Neurofibromatosis

### Systemic:

Lymphoedema

Venous congestion of neck

### **Endocrine:**

Goiter

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### **TORTICOLLIS**

**Torticollis** is a dystonic condition defined by an abnormal, asymmetrical head or neck position, which may be due to a variety of causes.



## Congenital muscular torticollis

- Acquired torticollis
- Noncongenital muscular torticollis may result from scarring or disease of cervical vertebrae, adenitis, tonsillitis, rheumatism, enlarged cervical glands, retropharyngeal abscess, or cerebellar tumors.
- Tumors of the skull base (posterior fossa tumors)
- Infections in the posterior pharynx (irritate the nerves supplying the neck muscles and cause torticollis.
- Ear infections
- The use of certain drugs, (antipsychotics, Antiemetics)

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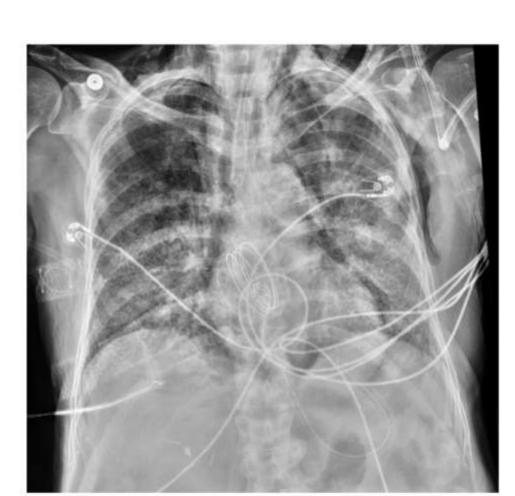
### Head and Neck P.

# Subcutaneous emphysema



Subcutaneous emphysema after tooth extraction (a rare complication)
Air accumulates subcutaneously
-- Crepitation

Airway damage Trauma PTX, etc.



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### **Endocrine:**

e.g. Goiter

# Lateral branchiogenic cysts – Fistulas

They are remnants of the embryological branchial cleft or cervical sinus

<u>Second branchial cleft cysts</u> (most common type)

They are usually located just inferior to the angle of the mandible and anterior to the sternocleidomastoid muscle.

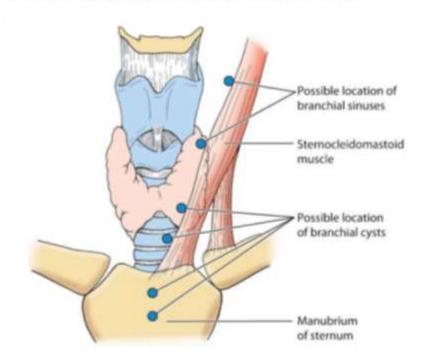
- First branchial cleft cysts (< 1%) (typically appear on the face near the auricle)

- Third branchial cleft cysts (rare) (located anterior to the sternocleidomastoid muscle but

are typically lower than a second branchial cleft cyst)

### Complications:

- Recurrent infections
- Acute severe infections of third or fourth branchial cleft cysts can cause pharyngeal edema and airway and swallowing problems.



# **MEDIAN CYSTS**

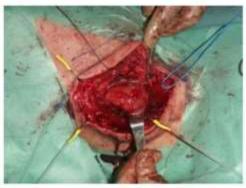
# Branchyogenic cyst -

Epithelial lining surrounded with lymphoid tissue









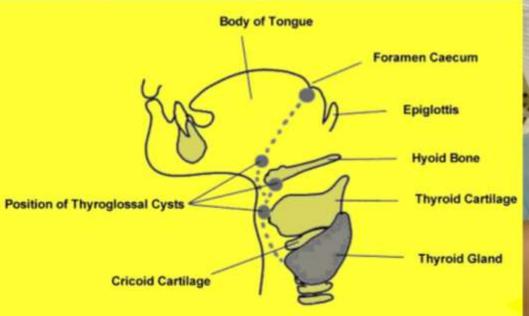
### **MEDIAN CYSTS**

# Thyroglossal duct cyst –

In contrast to branchial cleft cysts, thyroglossal duct cysts present as a midline mass in the anterior neck.

They are often asymptomatic until they become infected in the setting of an upper respiratory tract infection.

- Surgical treatment is the standard in the management of thyroglossal duct cysts.
- Since thyroid carcinoma can be present in a small percentage (1 to 2 percent) of thyroglossal duct cysts, all thyroglossal duct cysts and tracts should undergo a careful histologic examination.





# **LYMPHNODES**



region must be counted as a metastasis or lymphoma until proven otherwise.

A lymphnode enlargement in the neck

Abb. 86: Palpation des Halses

1. präauriculär

2. retroauriculär

3. submandibulär

4. submental

5. prä- und paralaryngeal

6. jugulär

7. nuchal

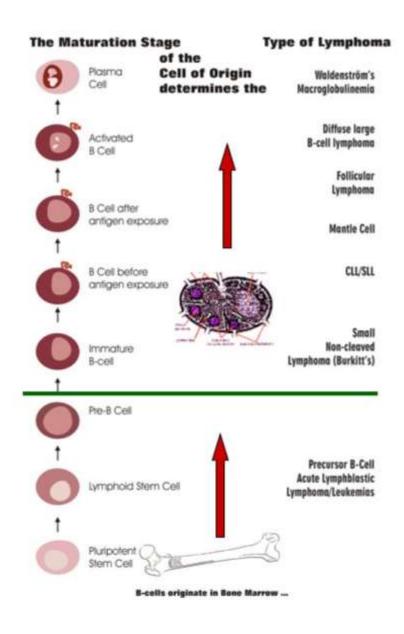
8. supraclaviculär

# **LYMPHNODES**

Lymph node group	Anatomic areas drained
Occipital	Posterior scalp
Postauricular	Temporal and parietal scalp
Preauricular	Anterior and temporal scalp, midface, nose, anterior ear canal and pinna, lateral conjunctivae
Parotid	Forehead and temporal scalp, midface, nose, external ear canal, middle ear, gums, parotid gland
Submandibular (submaxillary)	Cheek, nose, lips, anterior tongue, submandibular gland, buccal mucosa
Submental	Central lower lip, floor of mouth, tongue
Superficial cervical	Skin, lower larynx, lower ear canal, parotid
Superior deep cervical	Tonsil, adenoid, posterior scalp and neck, tongue, larynx, hypopharynx, thyroid, palate, nose, esophagus, paranasal sinuses, nasopharynx, other cervicofacial nodes
Inferior deep cervical	Dorsal scalp and neck, nasopharynx, superficial pectoral region of the arm, superior deep cervical

II. Diseases of the lymphoid system

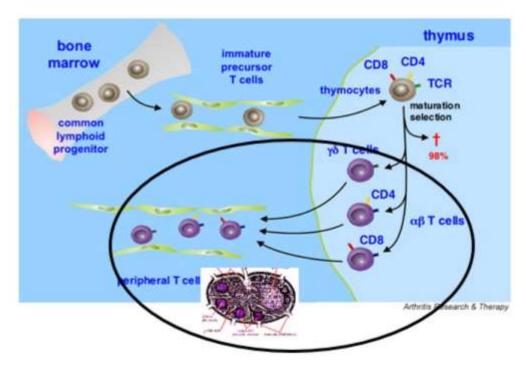




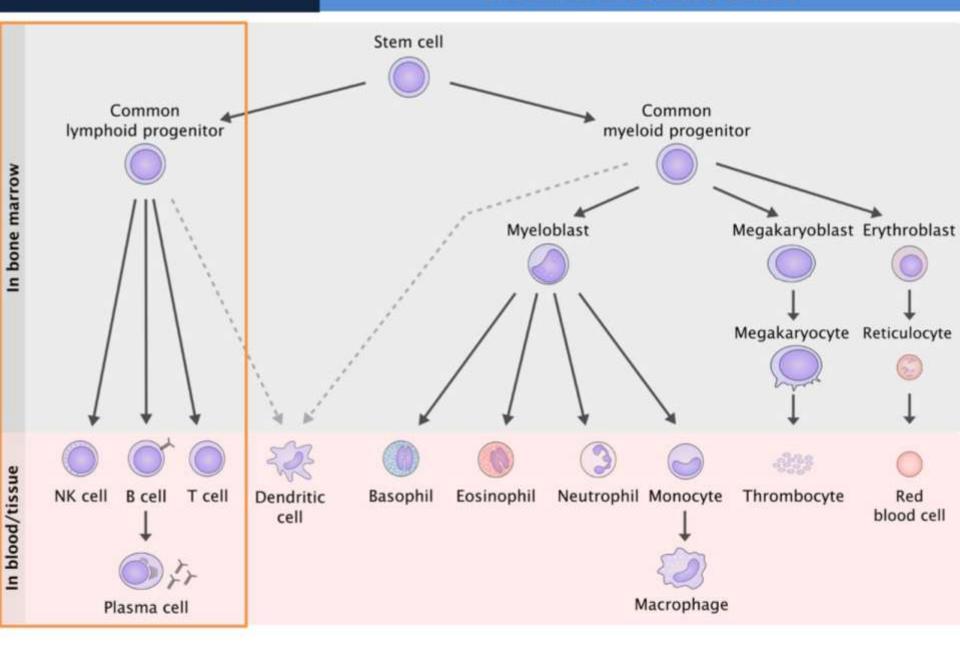
Stem cells – Bone marrow (BM)

Progenitors: T-cell – thymus B-cell – BM

Mature T + B cells: lymph nodes, spleen, extranodal lymphoid tissues

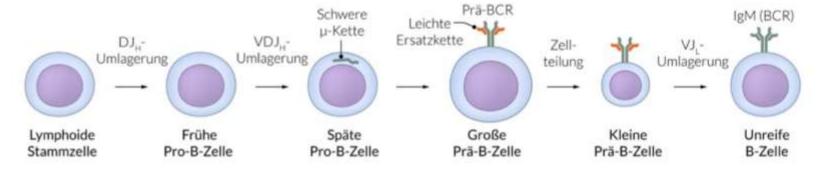


# LYMPHOID SEJTEK ÉRÉSE

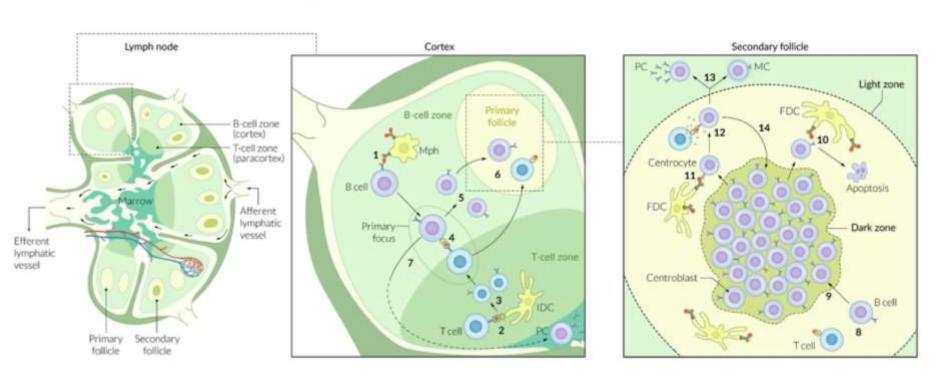


# **B-SEJTEK ÉRÉSE**

# B-sejt érés folyamata a csontvelőben (Antigen independens)



# B-sejt érés folyamata a nyirokcsomóban (Ag dependens)



### **Function**

- Filtration of lymph
- As secondary lymphoid organ: Activation of the immunsystem

### Location

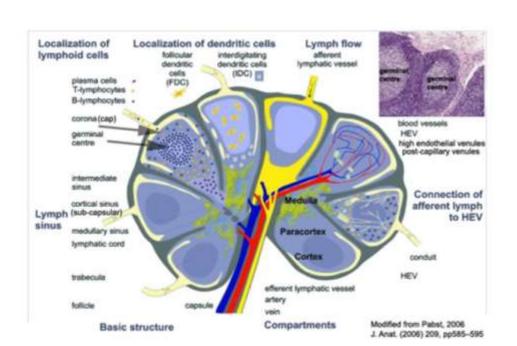
Forming regions throughout the body (mainly close to organs, perivascular)

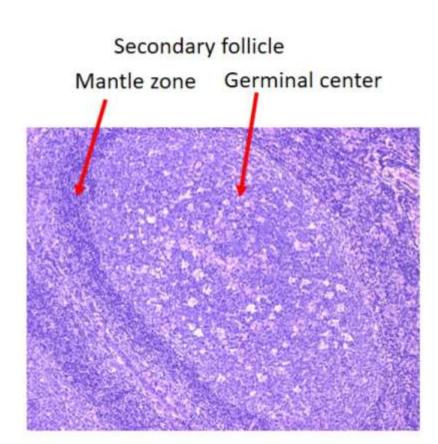
### Form

Bean shaped organ

### Size

Few mm – 1,5 cm







# **Enlarged lymph node**



# Reactive

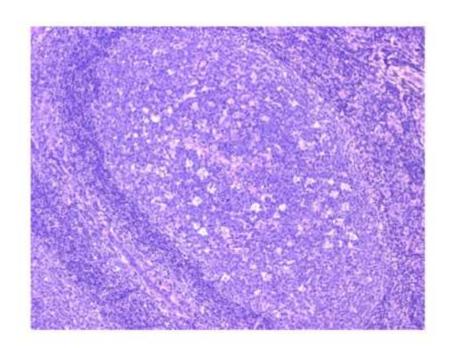
- · Follicular hyperplasia
- Paracortical hyperplasia
- Sinus histiocytosis

\*

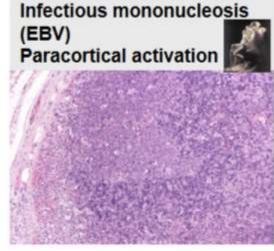
- Infectious diseases specific lesions
- Systemic diseases
   often with lymph
   node involvement

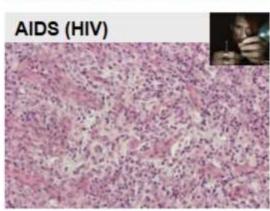
# Neoplastic

- Lymphoma
- Metastasis





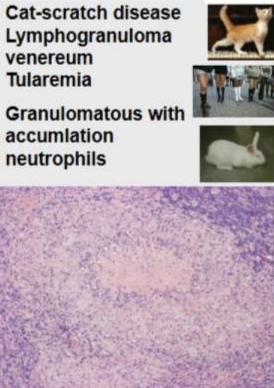


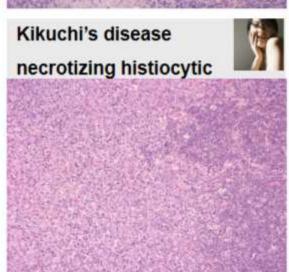


Plague (Y. pestis)
Hemorrhagic necrotizing







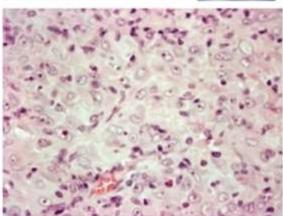




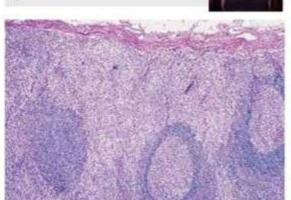
Rosai - Dorfman

Sinus histiocytosis with massive lymphadenopathy

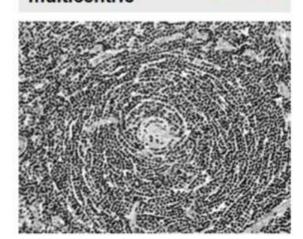




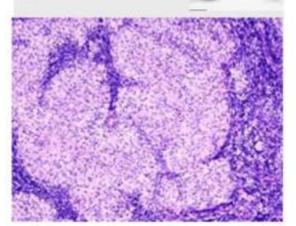




Hyalin vascular, plasmacytic, multicentric

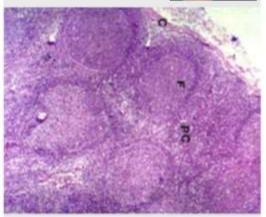


Non caseous granulomatous



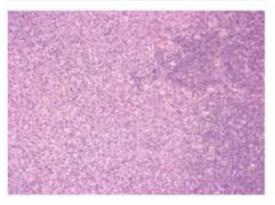
Rheumatoid arthritis follicular hyperplasia



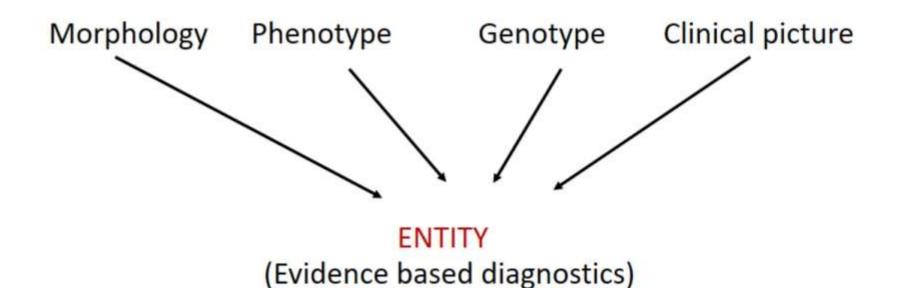


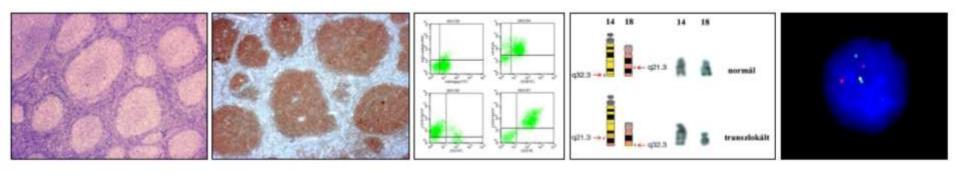
Necrotizing histiocytic lymphadenitis





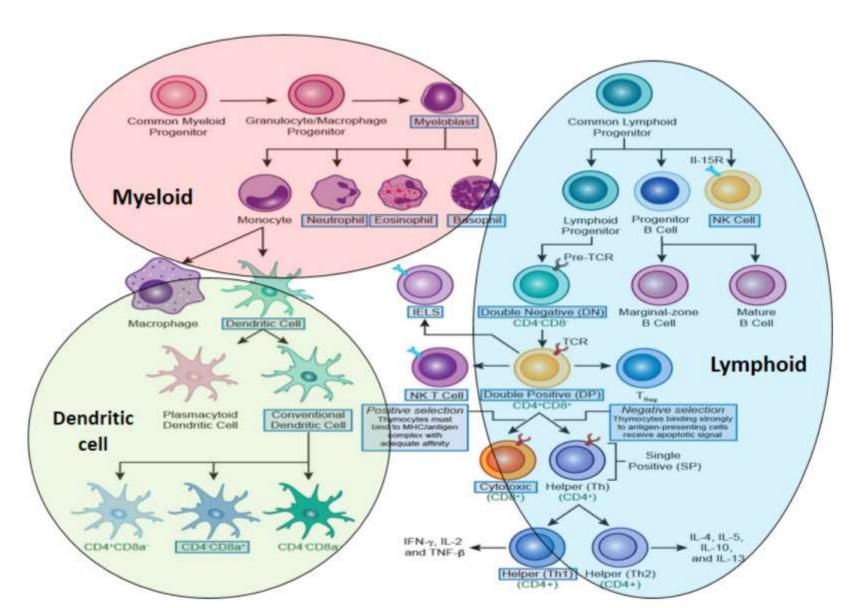
# Classification of hematological malignancies Entity based classification





# Classification of hematopoetic neoplasias

(Grouping based on normal lineage counterpart)



# Classification of hematopoetic neoplasias

(Grouping based on normal lineage counterpart)

### Myeloid neoplasias

- Myeloproliferative neoplasia (MPN)
- Myelodysplastic syndrome (MDS)
- Myelodysplastic/myeloproliferative neoplasia
- Acute myeloid leukaemia (AML)

### Lymphoid neoplasias

- Precursor lymphoid neoplasias
- Mature B-cell neoplasias
- Mature T- / NK-cell neoplasias
- Hodgkin lymphoma

Histiocytic, dendritic cell neoplasias

# B-cell lymphomas WHO classification (2016)

## Precursor B-cell neoplasms

B-lymphoblastic leukemia/lymphoma

### Matured (peripheral) B-cell neoplasms

- B-cell chronic lymphocytic leukemia, small lymphocytic lymphoma
- B-cell prolymphocytic leukemia
- Lymphoplasmocytic lymphoma
- Hairy cell leukemia
- Plasma cell myeloma/plasmocytoma
- Extranodal marginal zone B-cell lymphoma MALT type
- Nodal marginal zone B-cell lymphoma (+/- monocytoid B-cells)
- Splenic marginal zone lymphoma (+/- villous lymphocytes)
- Follicular lymphoma
- Mantle cell lymphoma
- Diffuse large B-cell lymphoma
  - Mediastinal large B-cell lymphoma
  - Intravascular large B-cell lymphoma
  - Primer effusional lymphoma
- Burkitt's lymphoma

# T/NK -cell lymphomas WHO classification (2016)

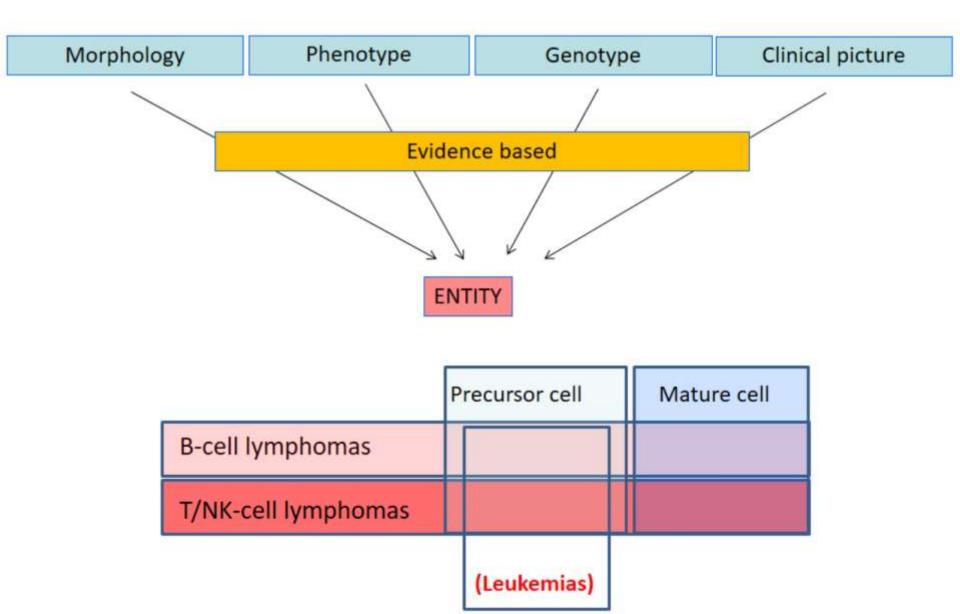
### Precursor T-cell tumors

T-lymphoblastic lymphoma/leukemia

# Matured (peripheral) T-cell tumors

- T-cell prolymphocytic leukemia
- T-cell large granular lymphocyte leukemia
- Aggressive NK-cell leukemia
- Adult T-cell lymphoma/leukemia (HTLV1+)
- Extranodal NK/T-cell lymphoma, nasal type
- Enteropathy-type T-cell lymphoma
- Hepatosplenic γδ T-cell lymphoma
- Subcutan panniculitis-like T-cell lymphoma
- Mycosis fungoides/Sezary syndrome
- Anaplastic large cell lymphoma
- Peripheral T-cell lymphoma (not otherwise specified)
- Angioimmunoblastic T-cell lymphoma

# B and T/NK-cell lymphomas WHO classification (2016)





# (Malignant) Lymphoma

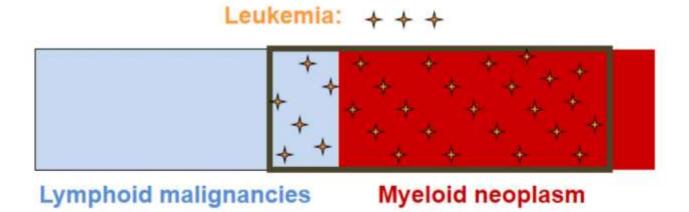
### Definition: Malignant, clonal proliferation of lymphoid cells

Lymphoid: has a common-leukocyte antigen, B- /T/ or NK cell marker

Clonal: originates from one cell

Pathogenesis: cells are arrested in a certain stage of differentiation.

They resemble to the "normal" counterpart





# LYMPHOMA

Non-Hodgkin lymphoma





- Precursor cell (ALL)

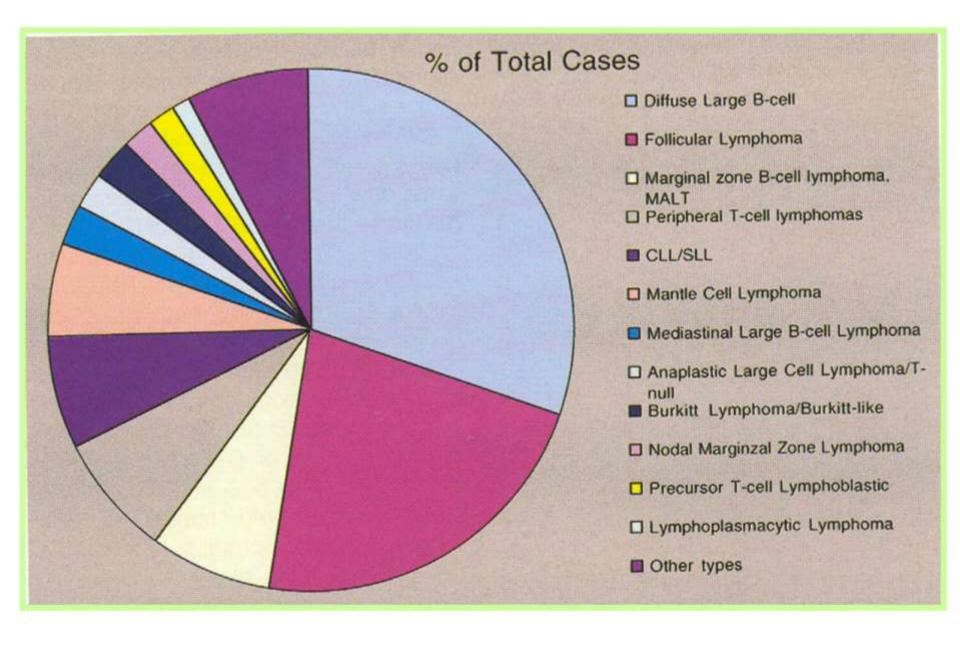
- Precursor (ALL)

- Mature cell

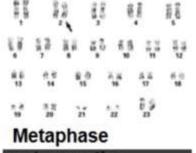
- mature

Hodgkin lymphoma



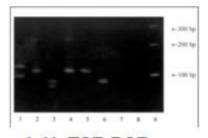


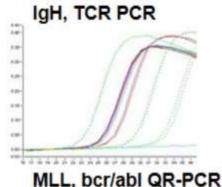




cytogenetics

FISH





# Hyperacute onset

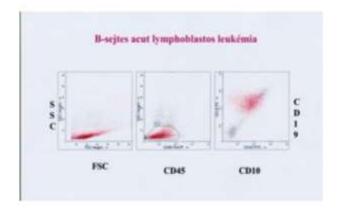
Bleeding, fever, sepsis, high LDH

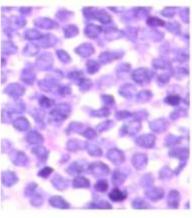
80% B-cell, mainly leukemic, 75% children 1- 6 years-old

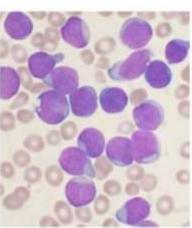
20 % T-cell, mediastinal tumor (thymus) + leukemic blood picture

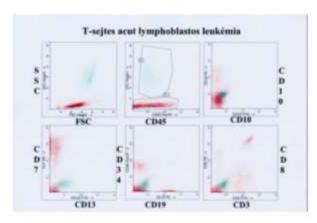
Prognosis: blast percent, AL type, cytogenetic aberration, blast reduction by induction therapy

75 % curable

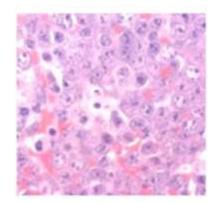


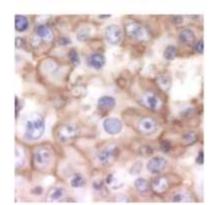


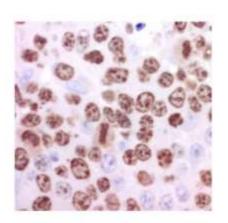






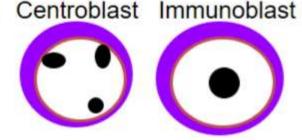






# Diffuse large B-cell lymphoma

Most frequent type of lymphoma



Large category with many special subtypes

Nodal and extranodal forms exist

Also exists as a GIT, CNS, primary cutan lymphoma

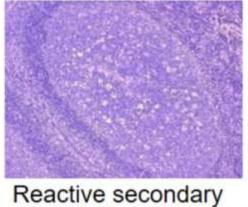
Evolves as "de novo" or transforms from low grade B-cell lymphoma

High grade lymphoma

LCA+, CD 20+, CD79a+, CD 19+

Immuno (anti CD 20) and chemotherapy \_\_\_\_\_ 60 % in remission



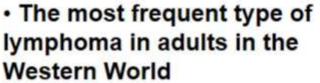


follicle

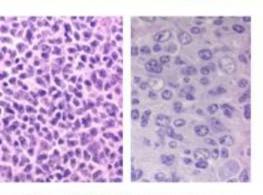
Neoplastic follicle

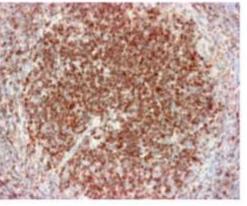


# Follicular lymphoma



- Germinal center origin
- CD20, CD10, bcl6, bcl 2 +
- t (14;18) IgH bcl2 apoptosis inhibition
- recapitulate follicular structures
- Indolent
- Bone marrow is often involved
- Immuno + chemotherapy







**CD 20** 

bcl 2





# **Burkitt lymphoma**

Most frequent lymphoma of childhood

Fastest growing tumor

Endemic, sporadic, immunodeficiency associated

**EBV- related** 

Frequently extranodal presentation: jaw, gonads, coecum

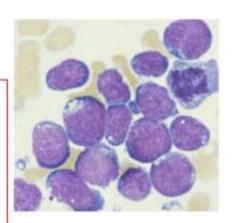
C-myc t(8;14) t(8;22) t(2;8) IgH Igκ/λ

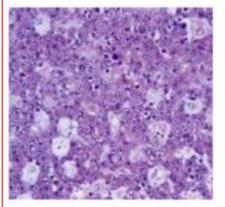
Diffuse, medium sized cells, basophilic, cohesive, monotonous pattern, starry sky appearance

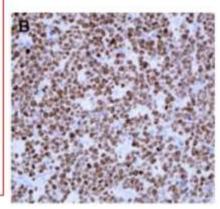
CD20+, CD10+, bcl6+, slgG + 100% proliferation rate













### CLL / SLL

Begins bone marrow and blood | leukemia

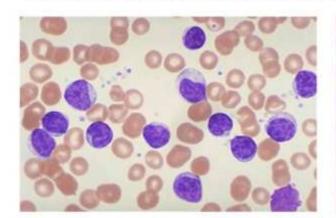
lymph node | lymphoma

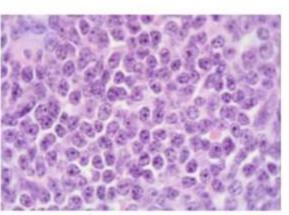
Ends bone marrow (BM),lymph node,liver,spleen,blood

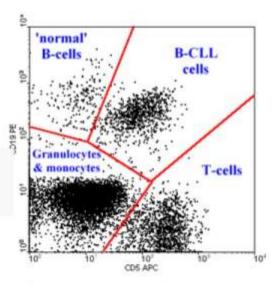
Non destructive growth, BM infiltration > 70 % --> symptoms

Indolent 5-20 years	Fast 3
elderly	young

Prognosis: stage, tumor biological markers (mutation status, immunophenotype, cytogenetic aberrations, proliferation index), general condition of the patient





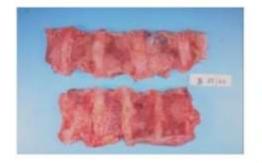


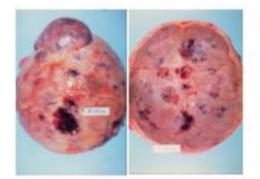
CD19+, CD20+, CD23+, CD5+, CD23+



al a2







plasma



Plasma cytoma, gingiva

### Multiple myeloma

Terminally differentiated, IgG and IL-1b producing tumor

Bone marrow tumor – BM stromal cells produce IL6 and attract plasma cells

Paraprotein

Hypercalcemia

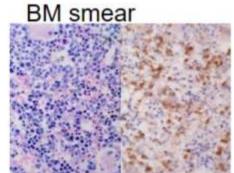
Bone pain

Amyloidosis

Pathologic fractures, lytic lesions

Monoclonal light chain (Bence-Jones protein) proteinuria – renal insufficiency

Hyperviscosity - High sedimentation rate



BM biopsy, к chain

Kidney amyloidosis,

polarisation



Other plasma cell tumors



### Extranodal NK / T- cell lymphoma, nasal type

Rare in Europe, frequent in Asia

Nasopharingeal region, midline

Lethal midline granuloma

Epistaxis, airway obstruction

Angiocentric, angiodestructive

EBV - related lymphoma

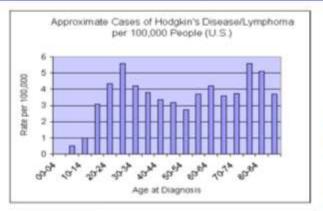
sCD3-, cyCD 3+, CD 56+, CD 8 +/-, CD4-, TIA +

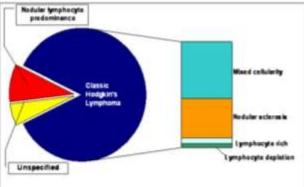
Variable clinical course, aggressive/ responds well to therapy



#### Disorders of the lymphoid system







Lymphocyte predominant Hodgkin lymphoma (Nodular paragranuloma) cells: popcorn cells +



Background is composed of T- and B-lymphocytes

### Classical Hodgkin lymphoma

### Subtypes:

lymphocyte rich nodular sclerosis mixed cellularity lymphocyte depleted

### Cellular composition:

Sternberg – Reed cells

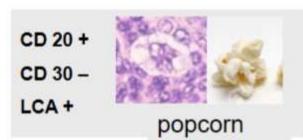
Background consists of T-lymphocytes, eosinophil granulocytes, plasma cells, fibroblasts, reticulum cells

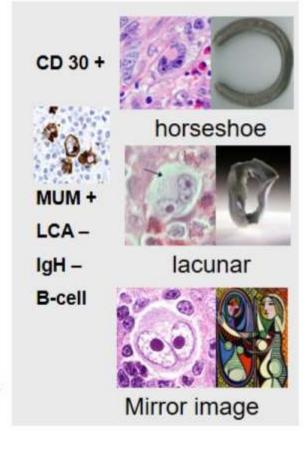
Behaves like a low grade lymphoma

Neck, thoracic, abdominal lymph nodes, spleen, liver are frequently involved.

Early stage can be cured in 80% of the cases, in late stages only 50%

### Sternberg – Reed cell variants













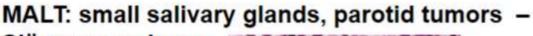


Burkitt lymphoma: destruction of the skull



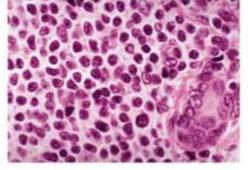
Plasmablastic lymphoma: gingival tumor





Sjögren syndrome





Lethal midline granuloma



## III. DISEASES OF THE ESOPHAGUS



## Physiologic narrowings of the esophagus

1. At the esophageal inlet, where the pharynx joins the esophagus, behind the cricoid cartilage (14-16 cm from the incisor teeth).

2. Where its anterior surface is crossed by the aortic arch and the left bronchus (25-27 cm from the incisor teeth).

Where it pierces the diaphragm (36-38 cm from the incisor teeth).

## Congenital/developmental diseases

Atresia: failure of embryonal canalisation.

Several variants exist. The most common is:

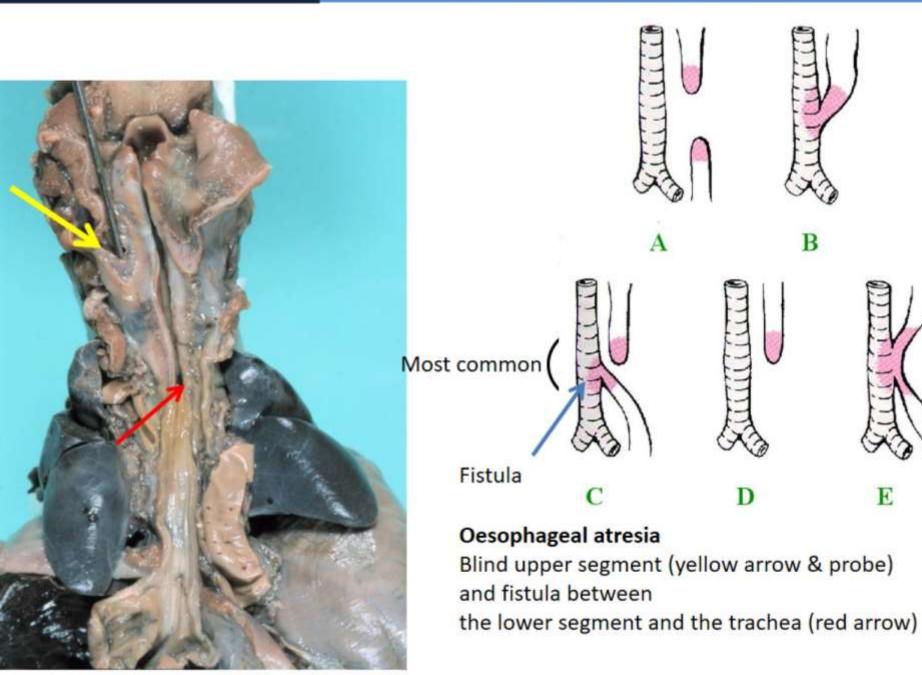
blind upper segment, and fistula between the lower segment and the trachea

## Complications:

Death occurs from aspiration pneumonia

- Short atresias may be repaired surgically
  - oesophago-tracheal fistula
  - oesophago-bronchial fistula

## **DEVELOPMENTAL DISORDERS**



### Stenosis

- Congenital or acquired
- Oral part is dilated inflammation, ulcer perforation
- <u>Diverticulum</u> (Outpouchings of the wall of the oesophagus)
   Pathogenesis:
  - Traction D. (pull from outside; e.g., fibrous adhaesions)
  - Pulsion D. (push from inside; e.g., ↑ luminal pressure)
  - · Upper oesophagus / lower pharynx: Zenker's (pulsion) D.
  - Mid oesophagus: traction D. due to mediastinal and bronchial lesions; e.g., scarring of lymph nodes in tuberculosis
  - Lower oesophagus (epiphrenic):
    - pulsion D.
    - associated with diaphragmatic hernia or GERD (gastrooesophageal reflux disease) or achalasia

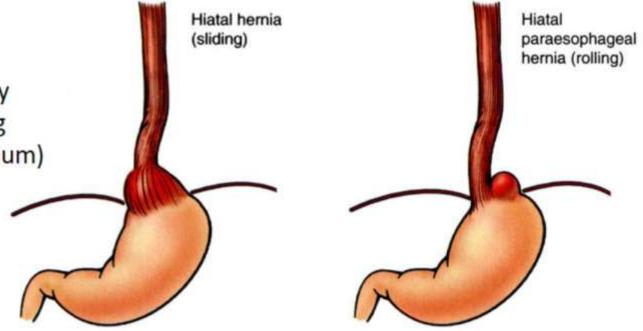
#### COMPLICATIONS OF THE DIVERTICULA:

May reach several cm-s and may be the site of food accumulation

- ⇒ with nocturnal regurgitation and aspiration during sleep
- ⇒ Aspiration pneumonia

### Symptoms:

May be asymptomatic, may cause heartburn (a burning sensation behind the sternum) or dysphagia (difficulty in swallowing) or pain on swallowing.



### HIATAL HERNIA

Protrusion of the stomach above the diaphragm through a widened diaphragmatic hiatus.

- Sliding hernia 90%: the gastrooesophageal junction is pulled into the thorax.
- Paraoesophageal hernia 10%: a portion of the stomach rolls up into the thorax.

# Inflammation of the esophagus

ACUTE – CHRONIC

## Symptoms:

Heartburn Odynophagy Dysphagy

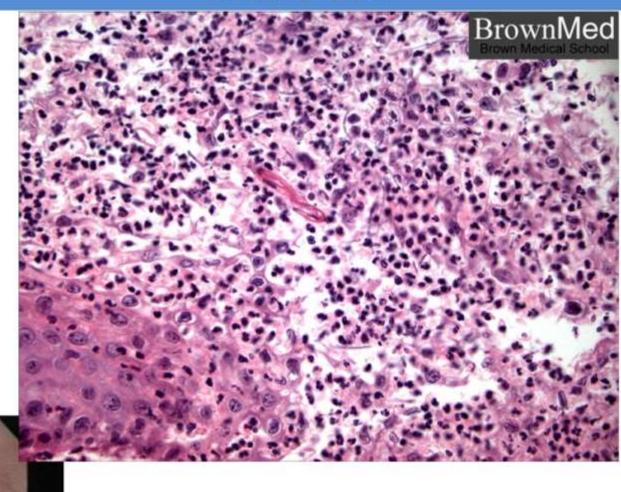




### **AETIOLOGY:**

- Reflux of gastric acid GERD due to incompetence of the LES (very common)
- Prolonged gastric intubation
- Ingestions of irritants:
  - alcohol,
  - corrosive acids or alkalis;
  - heavy smoking
- Uraemia
- Infections in patients with leukaemias, lymphomas, AIDS (immuncompromized host):
  - viruses (herpes simplex, cytomegalovirus)
  - fungi (Candida)

CANDIDIASIS



# GERD (Gastrooesophageal reflux)

- Gastric content regurgitates
- Many causes:
  - LES tone decreases
  - Drugs
    - Hypothyreoidismus
    - Gravidity
    - Alkoholism, Smoking
    - · Hiatal hernia

- Morphology:
  - Erosion
  - Inflammation
  - Reactive epithel proliferation
  - Ulcer
  - Bleeding
  - Scarring
  - Barrett

## Complication of the reflux oesophagitis:

- Mucosal injury ⇒severe acute inflammation, necrosis and ulceration with the formation of granulation tissue ⇒ eventual fibrosis & stenosis (stricture)
- Long-standing GE reflux ⇒ replacement of distal squamous mucosa by metaplastic gastric or intestinal epithelium:
- Barrett's oesophagus:
   peptic ulcer may develop
   dysplasia may develop → adenocarcinoma

## Barrett metaplasia

Barrett oesophagus is an acquired precancerous lesion, where the epithelial lining of the esophagus will change from squamous epithelium into cylindrical epithelium.

Goblet cells will be present in the cylindrical epithelium.





ESOPHAGUS CANCER

# Squamous cell cancer

- Genetic
- Esophageal constrictions
- Dysplasia
- Environmental factors
- usually in males over 50 ys of age
- Geographical difference

Europe: smoking & alcohol consumption

**Far East:** deficiency of vitamins A, B, C, and trace metals (zinc, molybdenum) and/or fungal contamination of foodstuffs and/or high content of nitrites/nitrosamines

### **SYMPTOMS**

- Dysphagia (difficulty swallowing)
- Odynophagia (painful swallowing)
- Heartburn-like pain in the epigastrium
- Hoarse-sounding cough, a result of the tumor affecting the recurrent laryngeal nerve.
- Nausea and vomiting, regurgitation of food, coughing and an increased risk of aspiration pneumonia.

#### **METASTASIS**

Liver metastasis could cause jaundice and ascites lung metastasis could cause shortness of breath, pleural effusions.

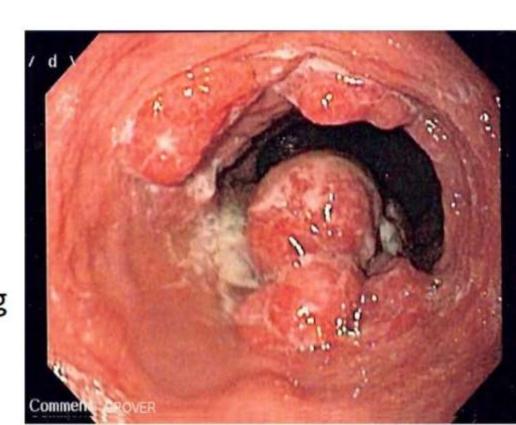
**Evolution:** dysplasia  $\Rightarrow$ cc in situ  $\Rightarrow$  invasive cc

### Localization:

20% in the upper third 50% in the middle third 30% in the lower third

### Gross:

polypoid-fungating lesion flat, diffusely infiltrative Lesion ulcerative-excavating lesion



### CANCER

Microscopically: moderately diff. squamous cell cc

## Lymph node metastasis:

upper third: cervical nodes

middle third: mediastinal, paratracheal, and tracheobronchial nodes

lower third: gastric and coeliac nodes

Haematogeneous metastasis: lungs

### Complications:

- cancerous esophagotracheal fistula
- aspiration pneumonia
- sepsis
- direct invasion of the mediastinum
- bleeding
- extreme weight loss