

## Treatment options of furcation involved teeth



Pal Nagy, DMD Dept. of Periodontology

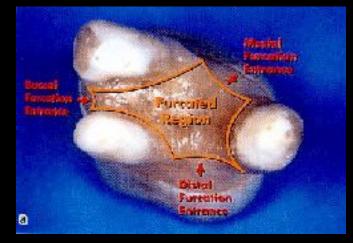


#### Introduction - Prevalence

• furcation (is the area located between individual root cones) = locus minoris resistentiae



Clinical periodontology and implant dentistry – Fifth edition (2008) – Jan Lindhe, Niklaus P. Lang, Thorkild Karring



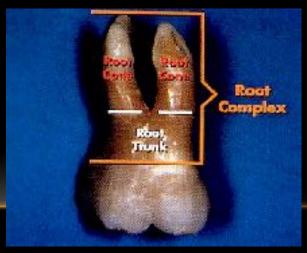




Root trunk: undivided region of the root.



Prognosis



## Maxillary molars

- MB root: kidney shaped cross section in general, in a more buccal position as DB root, 
  fenestration 
  development of recession
  - usually meet the size of palatal root, or longer
  - difficulties in root canal treatment
- P root: wide round shaped cross section
- First molars usually have shorter root trunks as second molars. 16,26 are the most often affected, 3X more than lower molars



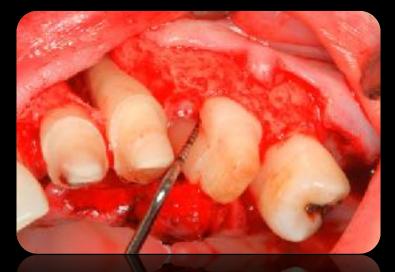


#### Maxillary praemolars

- in 40% of the cases maxillary first praemolars have 2 roots with furcation in mesio-distal direction <u>difficulties in cleaning</u>
- In 78% of the cases concavity on buccal root
- furcation usally located in the middle or apical third of the root
- **Pseudofurcation (furrows)** often occurs, that makes the diagnosis and periodontal treatment particularly difficult.
- Average distance between CEJ and furcation ~ 8 mm













#### Mandibular molars

- Almost always 2 roots with bucco-lingual furcation, kidney shaped cross-section, root trunk of the first molar is usually shorter than second molar
- <u>M root</u>: wider, longer, "hour-glass" cross section, 2 root canals

difficulties in cleaning and prosthetic rehabilitation

• <u>D root</u>: ovoid cross section, usually 1 wide canal more suitable for prosthetic rehabilitation (5 - 6D - 7D bridge)





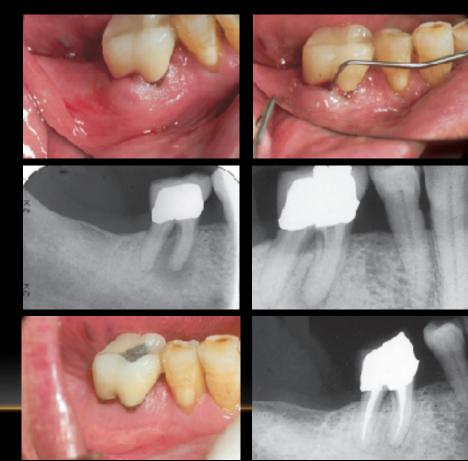


#### Mandibular molars

• Roots have convergence distally (divergence and angle of separation decrease)

> primer endodontic lesion, furcation can be involved

endoperiodontal lesion development of periodontal abscess



Clinical periodontology and implant dentistry – Fifth edition (2008) – Jan Lindhe, Niklaus P. Lang, Thorkild Karring

#### Mandibular molars

the lingual entrance of the furcation is frequently found more apical to the CEJ (>4mm) than the buccal entrance(>3mm) (the root trunk is shorter buccally)

molars with shorter root trunk could be involved sooner

If the lingual entrance is affected, usually untreatable, because of lack of attached gingiva

treatment: dissection or extraction





### Enamel pearls, enamel projections

• Enamel pearls and enamel projections are derived from Hertwig's epithelial root sheath under CEJ.

Etiology

 <u>Enamel projections</u>: lack of connective tissue attachment

• <u>Enamel pearls:</u> occure in 1-10% especially at the furcation area of maxillary second and third molars. They are often isolated, containing enamel and dentin, in some of the cases they contain pulpal tissues as well.

Sanz M, Jepsen K, Eickholz P, Jepsen S. Clinical concepts for regenerative therapy in furcations. Periodontol 2000. 2015: 68(1):308-32.



Etiology

#### Hyperocclusion in the curve of Spee



### Wisdom tooth extraction in early age

eruption of mandibular wisdom teeth often result in crowding of 1. and 2. mandibular molars

resulting in hyperocclusion in the curve of Spee

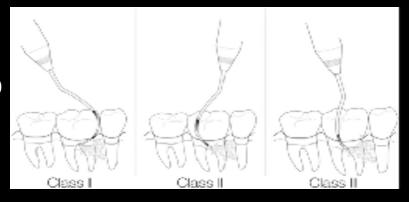
early extraction of lower 8 is beneficial

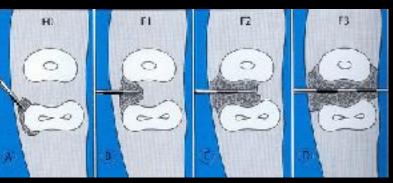




## Classification of furcation defects I.

- with Nabers-probe curved, colour-coded and is marked in millimeters
- based on **horizontal penetration** (Hamp et al, 1975)
- <u>Degree o</u>: the area of furcation is not accessible
- <u>Degree I</u>: horizontal loss of periodontal support not exceeding one third of the width of the tooth (or 3 mm)
- <u>Degree II</u>: horizontal loss of periodontal support exceeding one third of the width of the tooth (3 mm), but not encompassing the total width of the furcation
- <u>Degree III</u>:horizontal "through-and-through" destruction of the periodontal tissues in the furcation area





Hamp SE, Nyman S, Lindhe J. Periodontal treatment of multirooted teeth. Results after 5 years. J Clin Periodontol 1975;2:126-135.

## Classification of furcation defects





## Classification of furcation defects



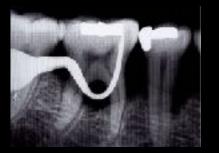








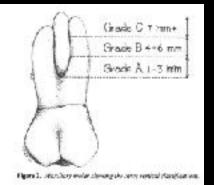


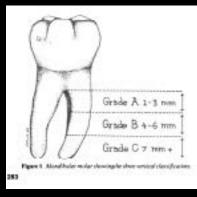




## Classification of furcation defects II.

- <u>Based on horizontal and vertical</u> <u>bone loss</u> (*Tarnow et al. 1984*)
- between the roof of the furcation and the existing bone
- Considers the degree of both vertical and horizontal bone loss more effective in evaluating the prognosis
- A: 1-3 mm
- B: 4-6 mm
- C: 7 mm <







#### Classification of furcation defects III.





Partie The Anatomy of the Control of Control



Rg3b Tropin contrust with Closerr and a Accounted adjacement issued Cram (15)



By 34 Type Autom truck with Glass MA (end a transmission function or Final of Class M Res)





BC 59 Pize Civin Adrikozorice United with Chicar Arthur Larocher + Terminate attackmissioner of Check Sp.

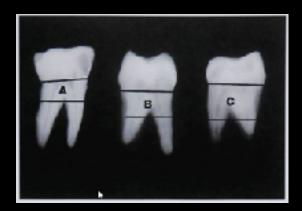


Na 50 Type Crast Purk (Increased), with Date 1 Wanango Lova #Rollbartor adjustroson has of Cased Ki



Agda True Dria rai, whichos we arange administration of Dise Area





### Factors influencing treatment outcomes

- Anatomical factors (supernumerary roots)
- Spreading of the defect
- Number of affected furcations within the tooth and the quadrant
- Processes in pulp
- Anatomical variations (enamel pearls, enamel projections, supernumerary roots)
- Tooth mobility
- Plaque retentive factors
- Trauma from occlusion (differential diagnosis)!!



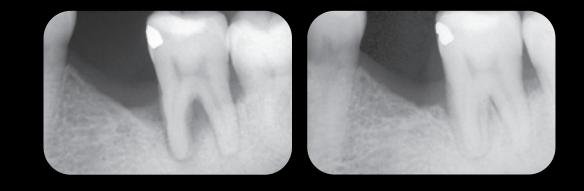






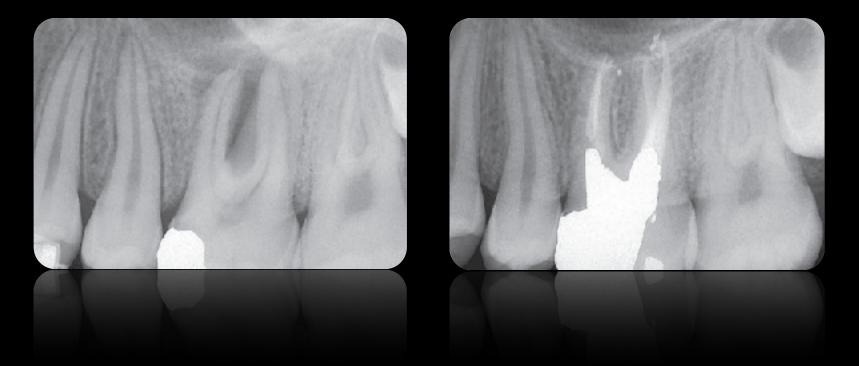
### Differential diagnosis -Trauma from occlusion

- could <u>enhance susceptibility</u> of periodontium to plaque-induced infection
- The tooth may exhibit increased mobility!!
- Occlusal adjustment must always precede periodontal therapy!
- If the defect has occlusal origin, following occlusal correction, the defect could disappear within weeks



Clinical periodontology and implant dentistry – Fifth edition (2008) – Jan Lindhe, Niklaus P. Lang, Thorkild Karring

#### Differential diagnosis - Endo-periodontal lesion



Clinical periodontology and implant dentistry – Fifth edition (2008) – Jan Lindhe, Niklaus P. Lang, Thorkild Karring

### Treatment options of furcation lesions

### Grade I

- Scaling, root planning
- Furcation plasty
- ➤ Regeneration?

### Furcation plasty

#### **Therapy**

- 1. the dissection and elevation of a soft tissue flap – to obtain access
- 2. Scaling, root planning, the removal of the inflammatory soft tissue from the furcation area
- 3. Odontoplasty: the removal of crown and root substance in the furcational area to eliminate the horizontal component of the defect and to widen the furcation entrance.
- 4. <u>Osteoplasty:</u> the recontouring of the alveolar bone crest in order to reduce the buccal-lingual dimension of a bone defect
- 5. the positioning and the suturing of the mucosal flaps at the level of the alveolar crest in order to cover the furcation entrance
- Following healing a "papilla-like" tissue should close the entrance

Herbert F. Wolf, Klaus H. Rateitschak, Edith M. Rateitschak: Parodontologie: Farbatlanten der Zahnmedizin







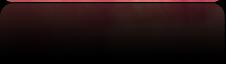






## Furcation plasty

















Clinical periodontology and implant dentistry – Fifth edition (2008) – Jan Lindhe, Niklaus P. Lang, Thorkild Karring

### Treatment options of furcation lesions

#### Class II.

#### ➤ (Furcation plasty)

- <u>REGENERATION</u> (GTR, EMD, xenografts, PRF)
- Alternatives: Tunnel preparation, root separation and resection (RSR)

#### Extraction

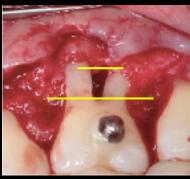
#### REGENERATIVE STRATEGIES- FURCATION LESIONS

- > Furcation class I: complete regeneration is possible
- ➤ Furcation class II: can be converted to furcation class I.
- Furcation class III: histologically regeneration was not proven in human
- $\succ$  the lingual site is limited!

Regenerative strategies: combined therapy is suggested

- ≻ EMD + Graft
- $\succ$  EMD + Graft + GTR
- ➢ rhPDGF + Graft

Jaiswal R, Deo V. Evaluation of the effectiveness of enamel matrix derivative, bone grafts, and membrane in the treatment of mandibular Class II furcation defects. Int J Periodontics Restorative Dent. 2013 Mar-Apr;33(2):e58-64.





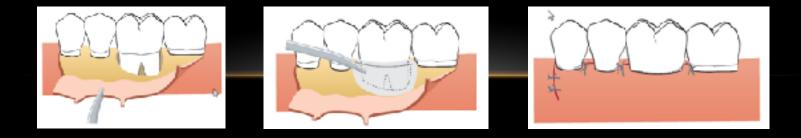
## Regeneration - GTR technique

• using the barrier membranes prevents the apical migration of epithelium

May allow (guide) periodontal ligament cells to repopulate the detached root surface (Gotlow et al. 1986).

- Technique sensitive procedure early exposure of the membrane and the fornix
- The predictability of this treatment outcome improves following GTR therapy if

the *interproximal* bone is located at a level which is close to the CEJ of the approximal surface ("key-hole type")



#### GTR-technique – non resorbable membrane







a buccal degree II furcation-involved mandibular first molar.



removal of the membrane 6 weeks later



1 year later

Clinical periodontology and implant dentistry – Fifth edition (2008) – Jan Lindhe, Niklaus P. Lang, Thorkild Karring

Regeneration - EMD

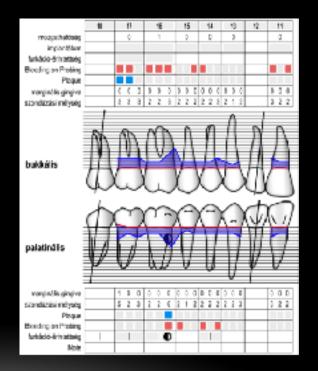
Enamel matrix proteins (Emdogain, Straumann, Basel, Switzerland) compared with GTR technique

- A multicenter randomized controlled clinical trial, with paired mandibular molars with buccal degree II furcation involvements (Jepsen et al. 2004):
- Mean reduction in the open horizontal furcation depth of <u>2,8 mm for EMD</u> treated sites and of <u>1,8 mm for GTR-treated</u> defects

- In addition the frequency of complete closed furcation defects was higher for EMD sites (8/45) than for GTR sites (3/45).
- It was concluded that both treatment modalities resulted in significant clinical improvements although the EMD method provided (1) greater reduction of the furcation depths, (2) a smaller incidence of post-operative pain/swelling, and (3) less gingival recession (Meyle et al. 2004) as compared toGTR therapy.

### Regeneration - EMD, MPPF





Cortellini P, Prato GP, Tonetti MS. The modified papilla preservation technique. A new surgical approach for interproximal regenerative procedures. J Periodontol. 1995 Apr;66(4):261-6. Sculean A, Windisch P, Döri F, Keglevich T, Molnár B, Gera I. Emdogain in regenerative periodontal therapy. A review of the literature. Fogorv Sz. 2007 Oct;100(5):220-32, 211-9.

Dr. Kövér Krisztián



Cortellini P, Prato GP, Tonetti MS. The modified papilla preservation technique. A new surgical approach for interproximal regenerative procedures. J Periodontol. 1995 Apr;66(4):261-6. Sculean A, Windisch P, Döri F, Keglevich T, Molnár B, Gera I. Emdogain in regenerative periodontal therapy. A review of the literature. Fogorv Sz. 2007 Oct;100(5):220-32, 211-9.

### Regeneration - EMD



Cortellini P, Prato GP, Tonetti MS. The modified papilla preservation technique. A new surgical approach for interproximal regenerative procedures. J Periodontol. 1995 Apr;66(4):261-6. Sculean A, Windisch P, Döri F, Keglevich T, Molnár B, Gera I. Emdogain in regenerative periodontal therapy. A review of the literature. Fogorv Sz. 2007 Oct;100(5):220-32, 211-9.

#### Regeneration - combined therapy I: GTR-technika + xenograft + EMD



Dr. Nagy Pál

#### Regeneration - combined therapy I: GTR-technika + xenograft + EMD



Dr. Nagy Pál

#### Regeneration - combined therapy II: GTR-technique + xenograft + EMD



#### Application of Bio-oss, Bio-Gide membrane and EMD in the defect













# Application of Bio-oss, Bio-Gide membrane and EMD in the defect



# 1 year later







#### Regeneration - combined therapy III: Xenograft + EMD+ SCTG









Miron RJ, Guillemette V, Zhang Y, Chandad F, Sculean A. Enamel matrix derivative in combination with bone grafts: a review of the literature. Quintessence Int 2014: 45: 475–487.

#### Regeneration - combined therapy III: Xenograft + EMD+ SCTG



# Treatment options of furcation lesions

### Class III

- $\succ$  Tunnel preparation
- ➤ Root separation (hemisection) and resection (RSR)
- Root separation (premolarisation = bicuspidation)
- $\succ$  Extraction

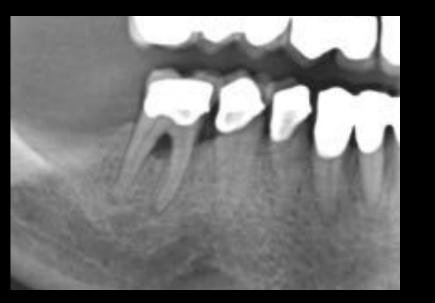
# Tunnel preparation

- Used to treat deep degree II and degree III furcation defects
- Includes the surgical exposure and managament of entire furcation area of the affected molar
- Mostly at mandibular molars!!!
- Can be offered at molars which have a short root trunk, wide separation angle and long divergence between the roots
- Following the reflection of the flap, the granulation tissue in the defect is removed
- Hard tissue resection (osteoplasty) to allow access for cleaning devices
- The flaps are apically positioned
- for patient with very good manual skill!!!
- Postoperativ: often root sensitivity => local fluoride varnish (Hamp et al,1975)
- <u>Disadvantage</u>: risk for root caries and root resorption (Feres et al. 2006.)
- Advantage: not needed endodontic treatment



Clinical periodontology and implant dentistry - Fifth edition (2008) - Jan Lindhe, Niklaus P. Lang, Thorkild Karring

# Tunnel preparation



#### 46 FIII

### Root separation and resection (RSR) - hemisection

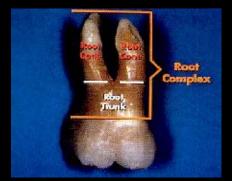
- Radical, if there isn't other option for save of the tooth
- <u>Before the treatment</u>: lege artis root canal treatment
- 2 steps: separation and extraction
- temporary prosthetics solutions with occlusal correction
- 2-3 months observation period until the end of the early healing
- definitive prosthetic solution 8-12 months later after the treatment





# Aspects - anatomy important!

- The lenght of the root trunk (short root trunk may favourable for RSR)
- The divergence between the root cones (small divergence => problem with the separation, orthodontic movement?, odontoplasty)
- The lenght and the shape of the root cones (small,short root => prosthetic solution?)
- Fusion between root cones, pseudofurcation (maxillary praemolars)
- Amount of remaining support around individual roots (long-term prognosis)
- Stability of individual roots (following root separation)
- Access for oral hygiene devices (suitable ?)





#### Root resection





Dr. Bányai Miklós

#### Separation and removal of DB root (#26)



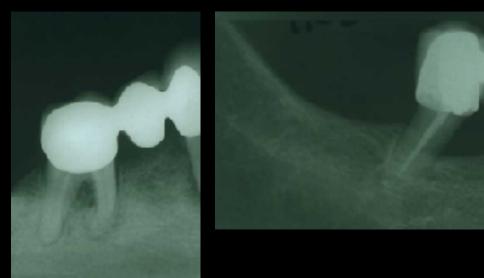




Carnevale G, Pontoriero R, di Febo G. Long-term effects of root-resective therapy in furcation-involved molars. A 10-year longitudinal study. J Clin Periodontol. 1998 Mar;25(3):209-14.

## 1 year later













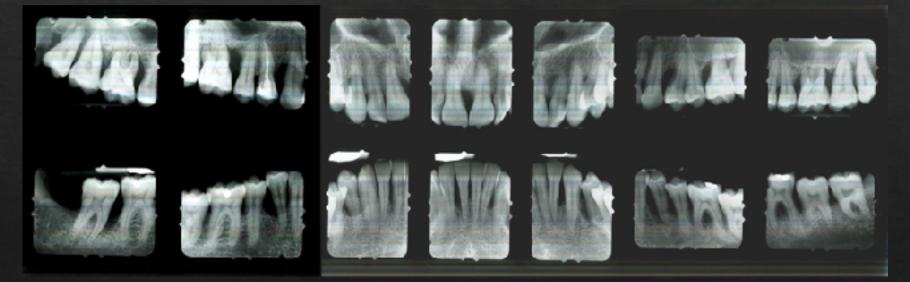
Prof. Dr. Gera István





# Root resection

#### CASE: dissection and resection of buccal roots at teeth No. 16,26



Dr. Nagy Pál

Regenerative surgery with GTR-technique at upper left quadrant: Bio-Gide+ Bio-Oss and autologous bone (and dissection of tooth No. 26)



**Carnevale G et al.**: Long term effects of root resective therapy in furcation-involved molars. A 10 year longitudinal study. J Clin Periodontol 1998; 25:209-214

Sculean A, Stavropoulos A, Windisch P, Keglevich T, Karring T, Gera I.: Healing of human intrabony defects following regenerative periodontal therapy with bovine derived xenograft and guided tissue regeneration. Clin Oral Investig 2004; 8:70-74

### Definitive prosthetic rehabilitation





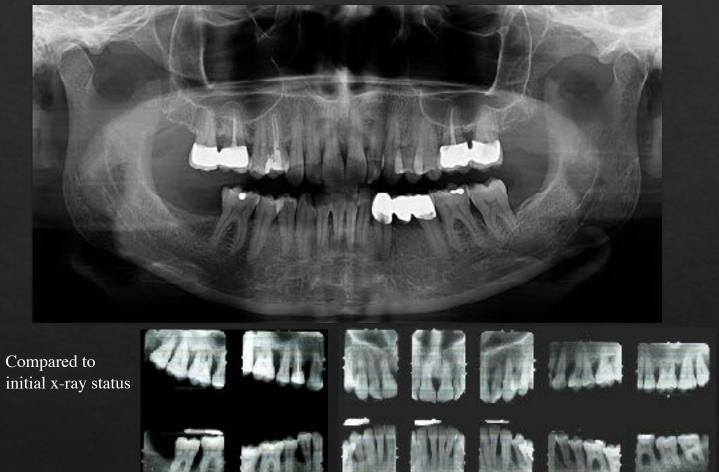








#### 3 years later



## Premolarisation (bicuspidization)

**Premolarisation**: combination of tunnelisation and hemisection.none of the roots are removed, both of them take part separately in the prosthetic rehabilitation. If the roots are too close to each other orthodontic treatment can be applied to create space between them. (*Carnevale et al.* 1991, 1998)

Carnevale G, Di Febo G, Tonelli MP, Marin C, Fuzzi M. A retrospective analysis of the periodontal prosthetic treatment of molars with interradicular lesions. Int J Periodontics Restorative Dent. 1991;11(3):189-205. Carnevale G, Pontoriero R, di Febo G.Long-term effects of root-resective therapy in furcation-involved molars. A 10-year longitudinal study. J Clin Periodontol.1998 Mar;25(3):209-14.

### Bicuspidization and root separation with resection





#### Premolarization at first molar and root resection at second molar

Clinical periodontology and implant dentistry – Fifth edition (2008) – Jan Lindhe, Niklaus P. Lang, Thorkild Karring

#### CASE – premolarisation and final prosthetic restauration of the tooth No. 36



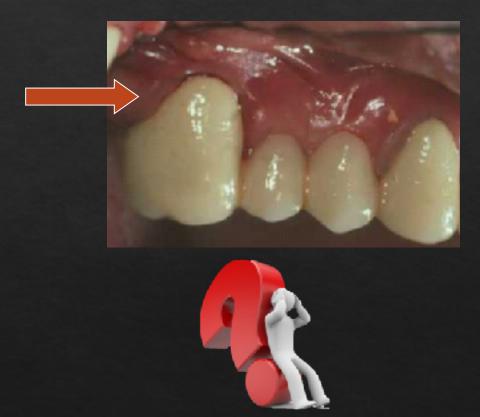
#### premolarisation and final prosthetic restauration of the tooth No. 36



QR code is coming



## Prosthetic rehabilitation of furcation involved teeth



### Prosthetic rehabilitation of furcation involved teeth

- keeping in mind furcation entry
- Concavity of the marginal area
- Furcation entry should be cleansable!!!





Dr. Nagy Pál

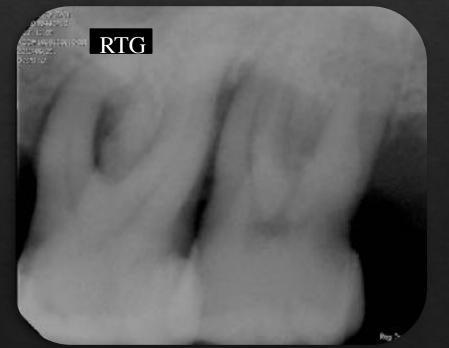


# Prosthetic rehabilitation of furcation involved

- Root resection (hemisection)
- Tunnel preparation
- Premolarization (bicuspidisation)

### teeth

CASE: 26: root resection: DB premolarization: MB and P roots 27: root resection: P, tunnel preparation: MB and DB roots



# Prosthetic rehabilitation of furcation involved teeth

- Root resection (hemisection)
- Tunnel preparation
- Premolarization(bicu spidisation)

CASE: 26: root resection: DB, premolarization: MB and P roots 27: root resection: P, tunnel preparation: MB and DB roots

RTG



### Prosthetic rehabilitation of furcation involved teeth

26: DB root resection, premolarization of MB and P roots, 27: P root resektion and tunnelization of MB and DB roots

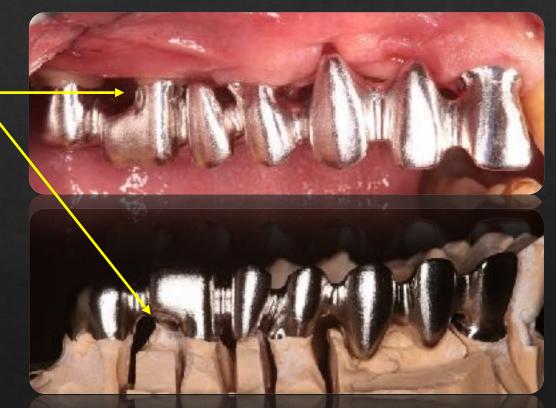


#### Prosthetic rehabilitation of furcation involved teeth 26: DB root resection, premolarization of MB and P roots,

Key factors in the design of the framework in case of dissected/premolarized roots:

- concavity of the framework at the marginal area !
- Margin of the crown should be metal or zirconia
- the connector parts of the framework should be curved and left uncovered (without ceramic)

26: DB root resection, premolarization of MB and P roots,27: P root resektion and tunnelization of MB and DB roots

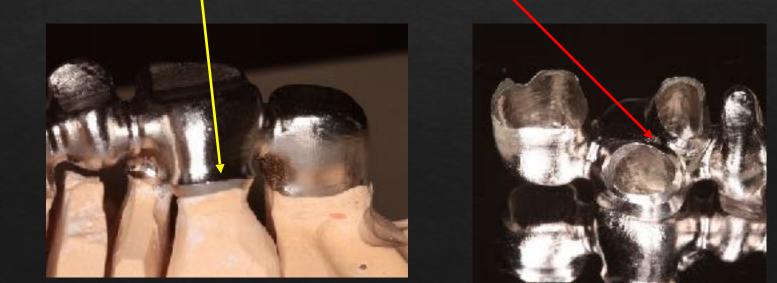


### Prosthetic rehabilitation of furcation involved teeth

26: DB root resection, premolarization of MB and P roots, 27: P root resection and tunnelization of MB and DB roots

Key factors in the design of the framework in case of dissected/premolarized roots:

- concavity of the framework at the marginal area
- Margin of the crown should be metal or zirconia
- Praemolarizal fognál the connector parts of the framework should be curved and left uncovered (without ceramic)



### Prosthetic rehabilitation of furcation involved teeth

26: DB root resection, premolarization of MB and P roots, 27: P root resection and tunnelization of MB and DB roots









# Thank you for your attention!

