

The pathomechanisms of periodontal disease

Gingivitis and periodontitis are inflammatory diseases developing due to the protection and fight against plaque bacteria



NUMBER (%) OF SUBJECTS POSITIVE FOR 7 PUTATIVE PERIODONTOPTATHOGENIC BACTERIA OF AP PATIENTS AND PERIODONTALLY HEALTHY SUBJECTS

NUMBER OF SUBJECTS (%)

BACTERIA	AP PATIENTS (n=26)	HEALTHY SUBJECTS (n=20)
Treponema sp.	29 (100)	8 (40)
A.A.	26 (89.7)	1 (5)
P. gingivalis	29 (100)	6 (30)
Fusobacterium sp.	29 (100)	17 (85)
B. forsythus	28 (96.9)	11 (55)
P. intermedia	26 (89.7)	1 (5)
P. micros	28 (96.6)	6 (30)

Host defense processes responsible for tissue destructions

Bacterial plaque is necessary but not sufficient for destructive periodontitis

Destructive periodontitis occurs in a small percentage of adult population

Weak correlation between dental plaque and periodontal tissue destruction

Tween studies proved that genetic factors can be responsible for about half of the clinical manifestation of periodontitis

NUMBER (%) OF SITES POSITIVE FOR 7 PUTATIVE PERIODONTOPTATHOGENIC BACTERIA OF AP PATIENTS AND PERIODONTALLY HEALTHY SUBJECTS

NUMBER OF POSITIVE SITES (%)

BACTERIA	AP PATIENTS diseased sites (n=116)	AP PATIENTS healthy sites (n=28)	HEALTHY SUBJECTS (n=100)
Treponema sp.	114 (98.3)	13 (46.4)	22 (22)
A.A.	86 (74.1)	8 (28.6)	1 (1)
P. gingivalis	113 (97.4)	14 (50)	18 (18)
Fusobacterium sp.	116 (100)	20 (71.4)	58 (58)
B. forsythus	112 (96.6)	9 (32.1)	18 (18)
P. intermedia	82 (70.7)	5 (17.9)	2 (2)
P. micros	95 (81.9)	10 (35.7)	8 (8)

Healthy gingivitis

Theoretically the absolutely healthy gingivitis histologically shows no inflammatory reaction at all

This can only be achieved by experimentally clean and plaque free circumstances

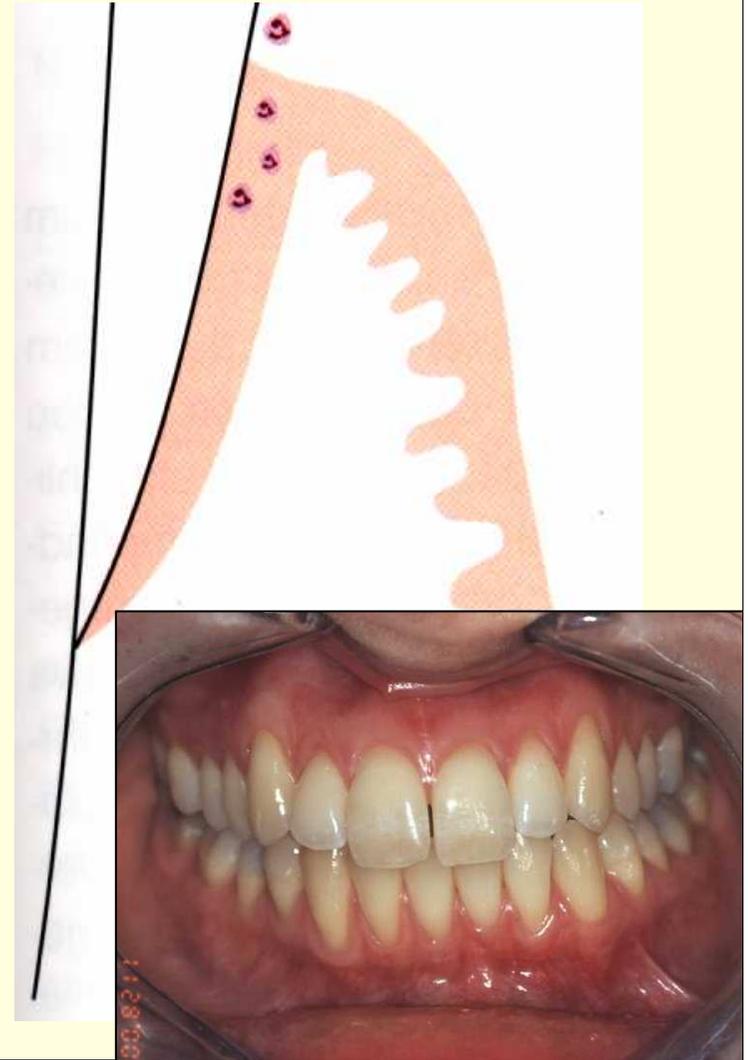
The histomorphometry of the biopsies from this "super healthy" pristine gingivitis shows 40% epithelial cells and 60% connective tissue.



Super-normal healthy gingiva pristine gingiva

No cellular infiltrate

straight gingival capillaries
few emigrating PMN cells
No sulcus formation



Normal healthy gingiva

Under normal clinical conditions the histology of the healthy gingiva always shows some minimal inflammatory cellular infiltrate around the sulcular epithelia.

The gingival sulcus is filled by PMN leukocytes

The cellular infiltrate comprises 5% of the total volume of the gingival connective tissue .

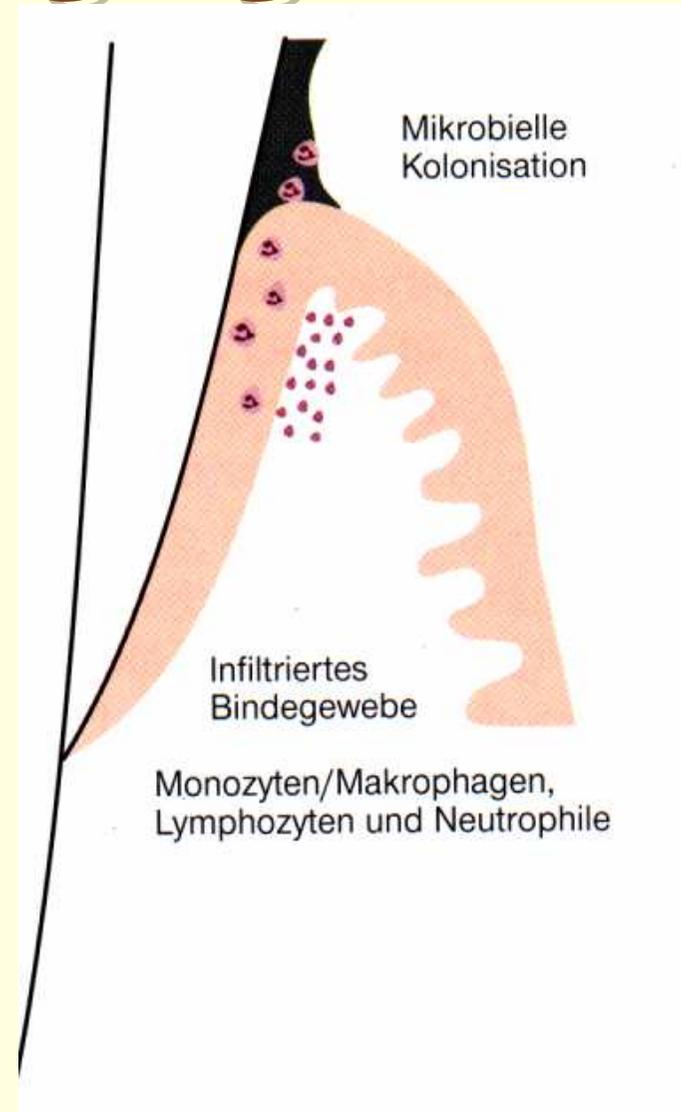
The cellular infiltrate is predominantly PMN cell macrophages and a few lymphocyte



Normal healthy gingiva

max. cellular infiltrate 5%
predominantly PMN cells
T-B lymphocytes
monocytes/ macrophages

slight vascular proliferation
capillary loops
slight proliferation of junctional
epithelium
sulcus formation



Clinically healthy gingiva

defensive mechanisms:

- a. local antibody production*
- b. PMN leukocytes and monocytes - phagocytosis in the crevice*
- c. sulcus complement system*
- d. sulcus epithelium continuous desquamation*
- e. intact epithelial barrier*
- f. sulcus fluid diluting effect*

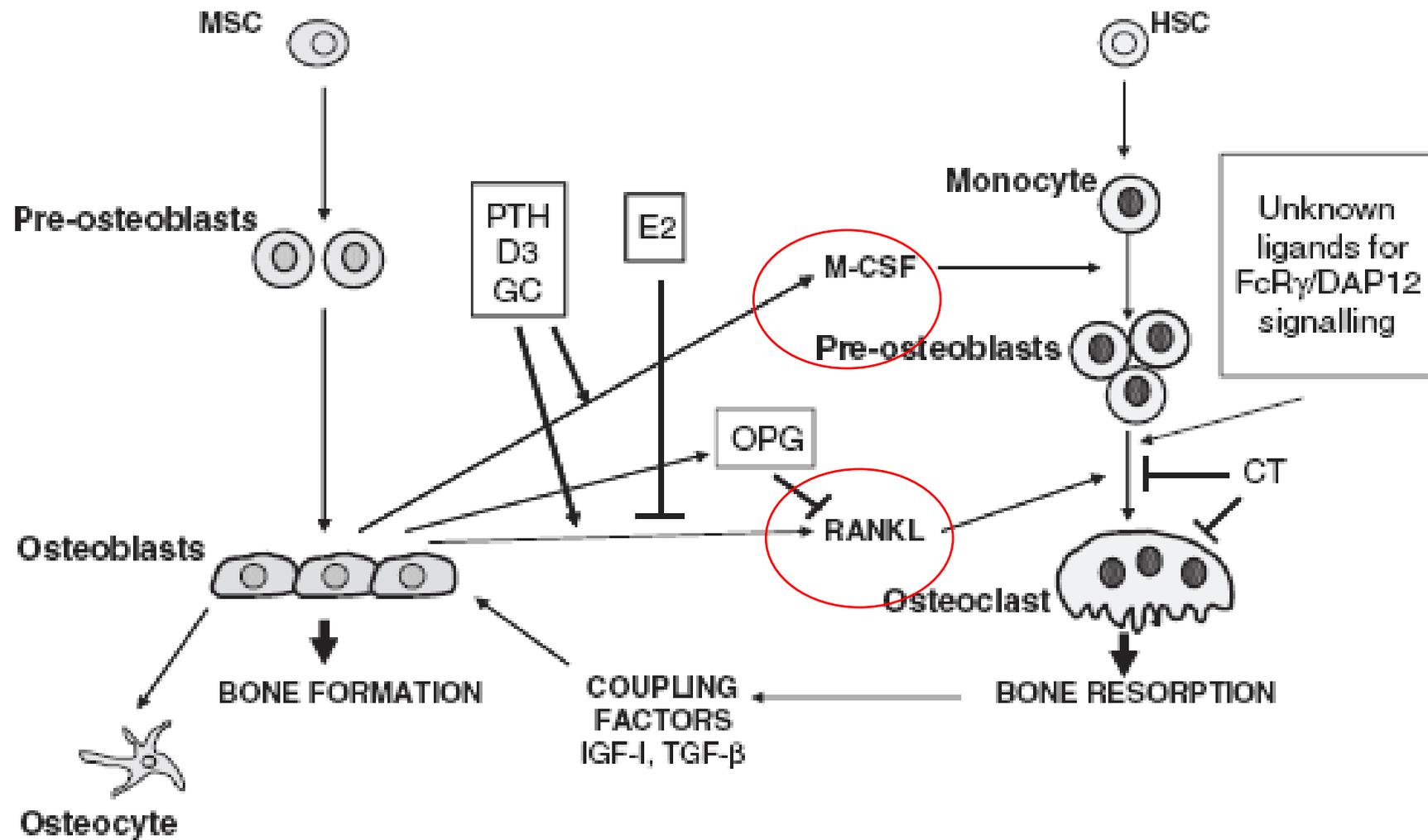
Controlling the EC Matrix physiological turnover

- MMPs, - balanced with a group of
- Tissue Inhibitors of Metalloproteinases (TIMPs),
- to keep matrix remodeling highly regulated
- (Hannas *et al.*, 2007).
- MMPs and TIMPs are regularly expressed in healthy periodontal tissues and maintains a homeostasis
- (Gonçalves *et al.*, 2008).

Controlling alveolar bone turnover

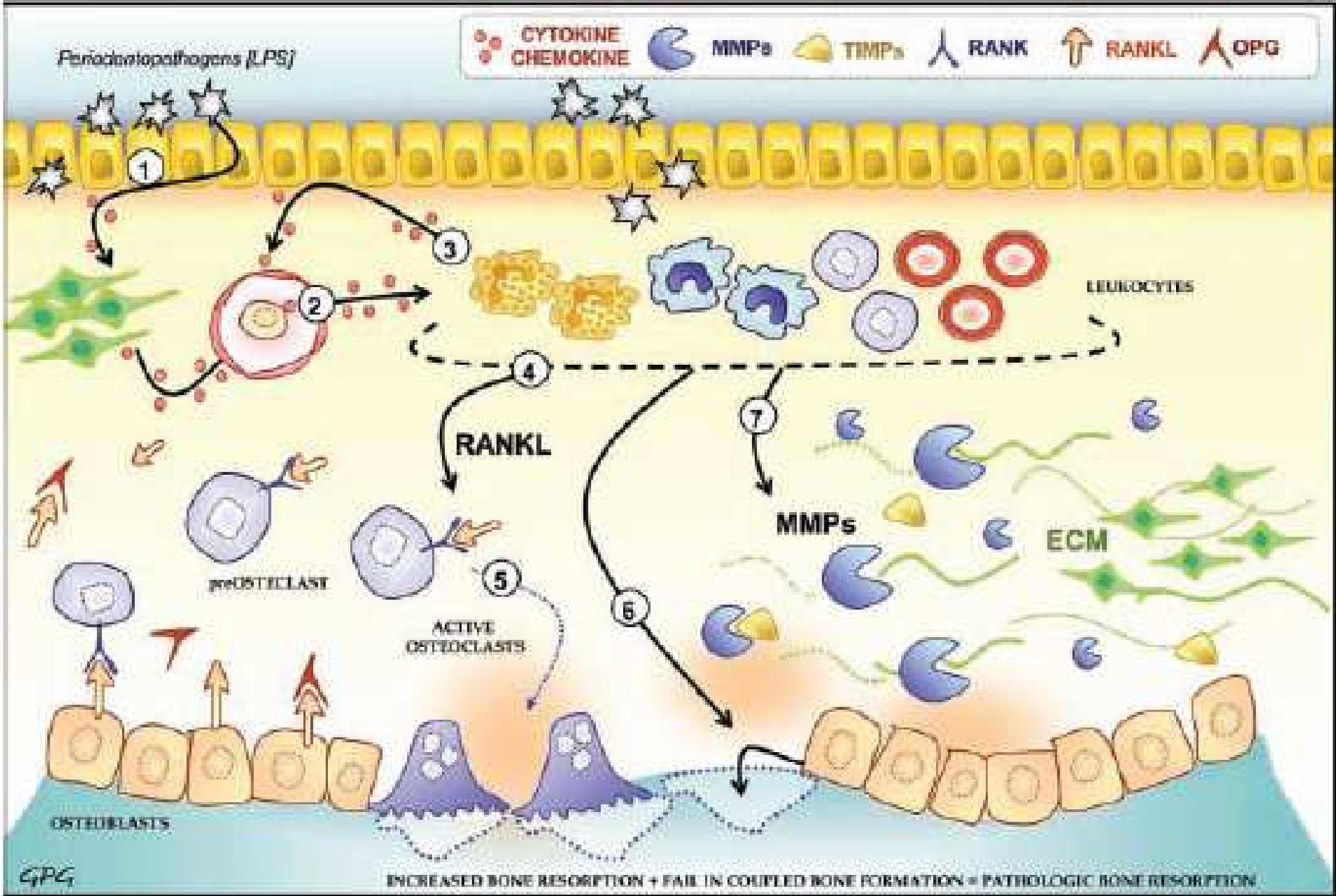
- The major regulatory mechanism of osteoclast activity
receptor RANK (receptor activator of nuclear factor- κ B), and its **ligand RANKL**,
- and its soluble **counterpart OPG** (osteoprotegerin)
- The integrity of bone tissues depends on the maintenance of a delicate equilibrium between bone resorption by osteoclasts and bone formation by osteoblasts.
- **Alveolar bone loss is a key event in PD.**





Generation of inflammatory stimuli: How bacteria set up inflammatory responses in the gingiva?

- The primary aetiologic factor of periodontal disease is the bacterial biofilm.
- Gram-positive and Gram-negative bacteria possess virulence factors
 - That may cause direct destruction to periodontal tissues
 - Or rather stimulates host cells to activate a wide range of inflammatory responses
- **These responses are intended to eliminate the microbial challenge but may often cause further tissue damage.**



Gingivitis

Due to bacterial irritation the gingival mast cells degranulate and liberate vasoactive substances : histamine, serotonin

The earliest sign of inflammatory reaction is manifested in the vasculature : the capillary network expands, the capillaries forms loops

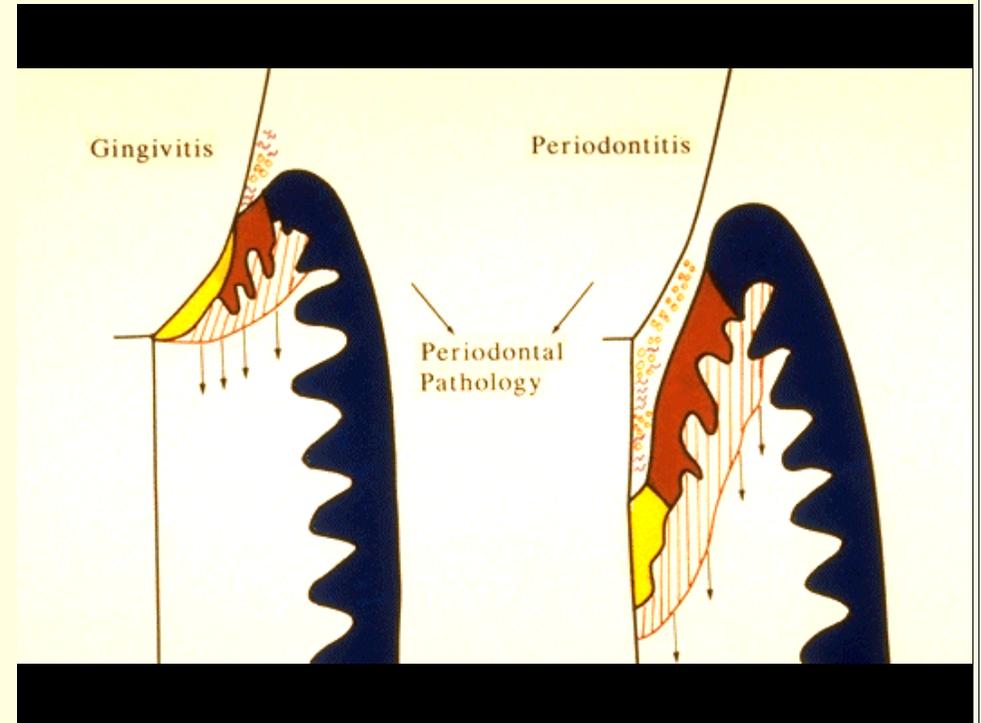
Abundant number of PMN leukocyte, lymphocytes and monocytes gather around the sulcular epithelia



Gingivitis

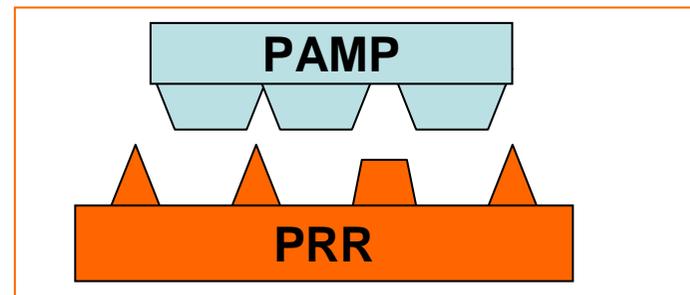
**inicial lesion ,
early esion
established lesion
advanced lesion -
periodontitis**

**histopatological examination by
*Schroeder and Page***



Pathogen-Associated Molecular Patterns (PAMPs),

- are recognized by a relatively small number of host cells' receptors - called *pattern recognition receptors (PRRs)*.
- the same PRR may recognize the same bacterial component from different species and sometimes, different bacterial components.



The Toll-like receptors

- The innate host response
- recognition of microbial components as “danger signals” by host cells
- subsequent production of inflammatory mediators

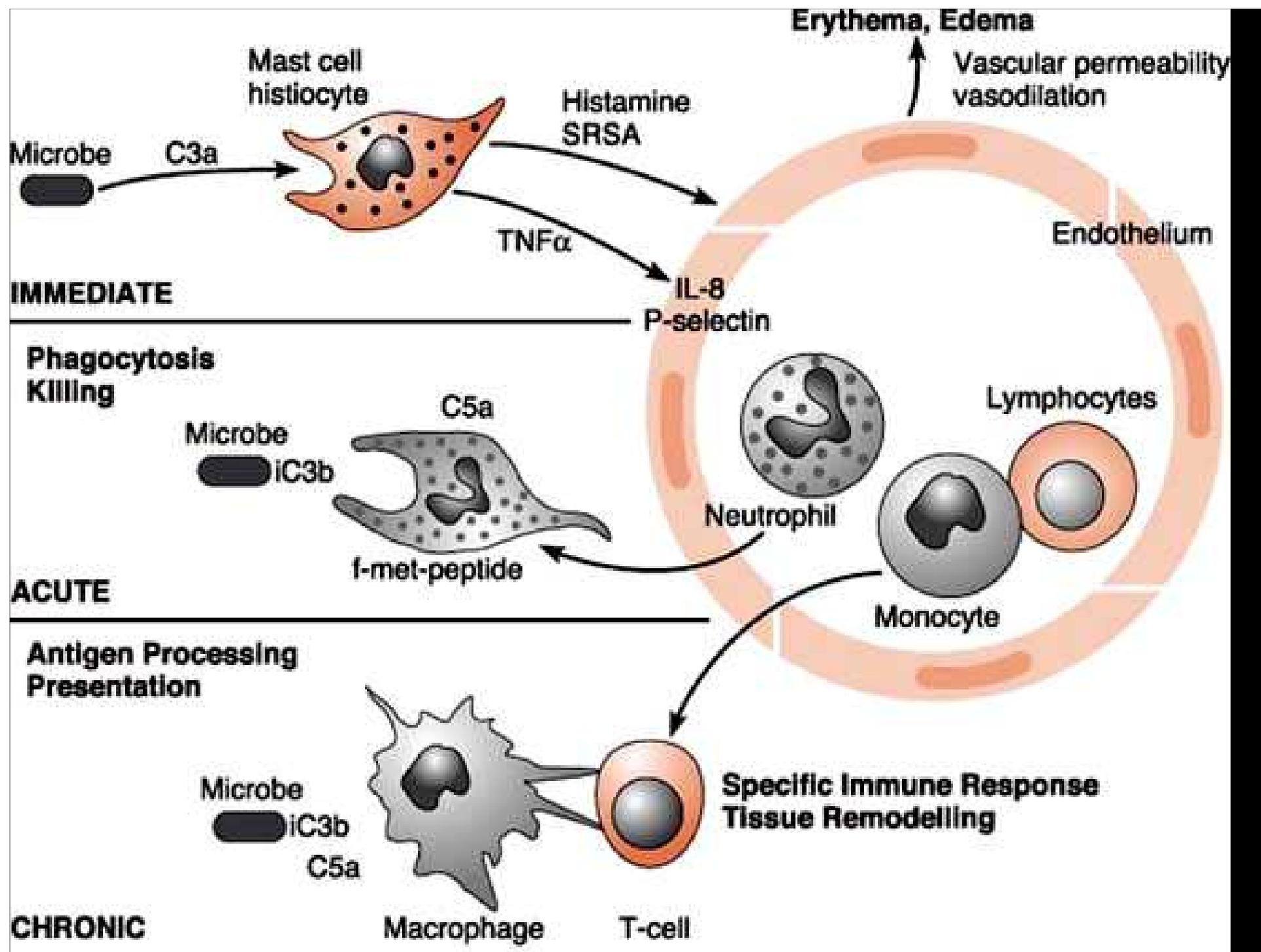
The Toll-like receptors (TLRs) are expressed

- resident cells –epithelial cells
- leukocytes
-
- Activate the innate immune response by binding to various bacterial components :
- lipopolysaccharide [LPS],
- bacterial DNA,
- diacyl lipopeptides,
- peptidoglycan,
- (Mahanonda and Pichyangkul, 2007).

After TLR activation, an intracellular signaling cascade is stimulated,

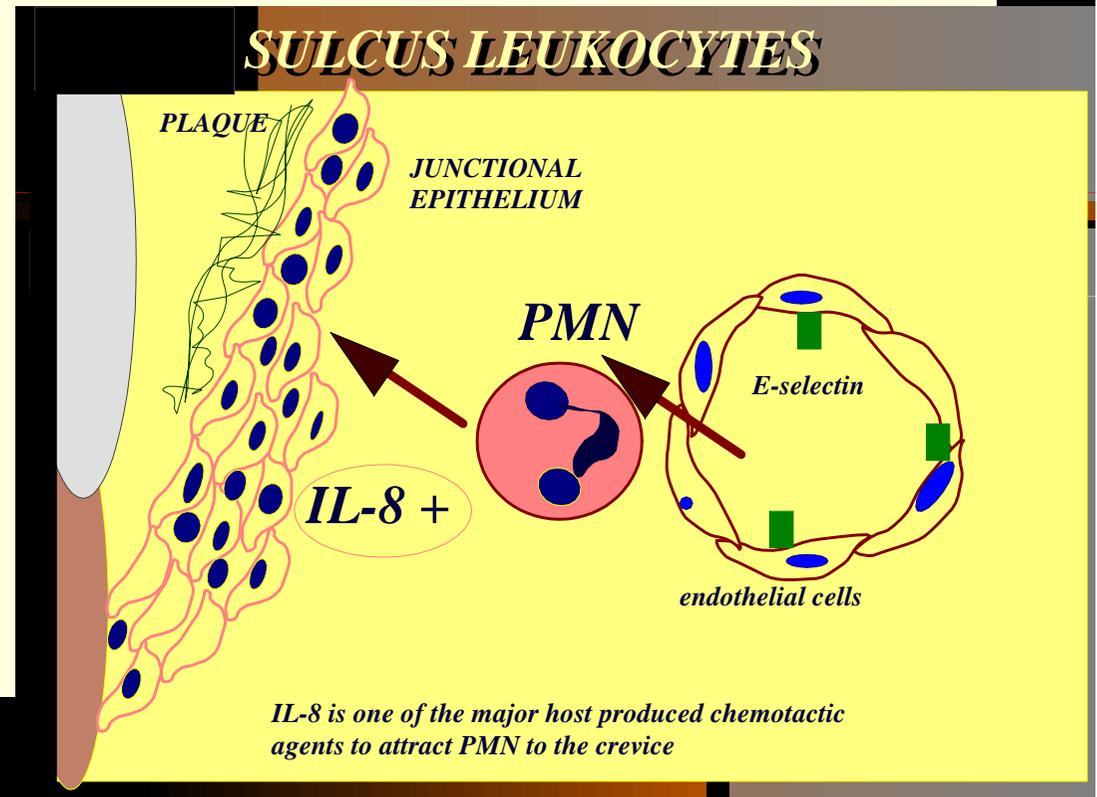
- leading to 
- the activation of transcription factors
- subsequent inflammatory cytokine expression,
- leukocyte migration,
- osteoclastogenesis

• (Nakamura *et al.*, 2008; Ukai *et al.*, 2008; Gelani *et al.*, 2009; Lima *et al.*, 2010).

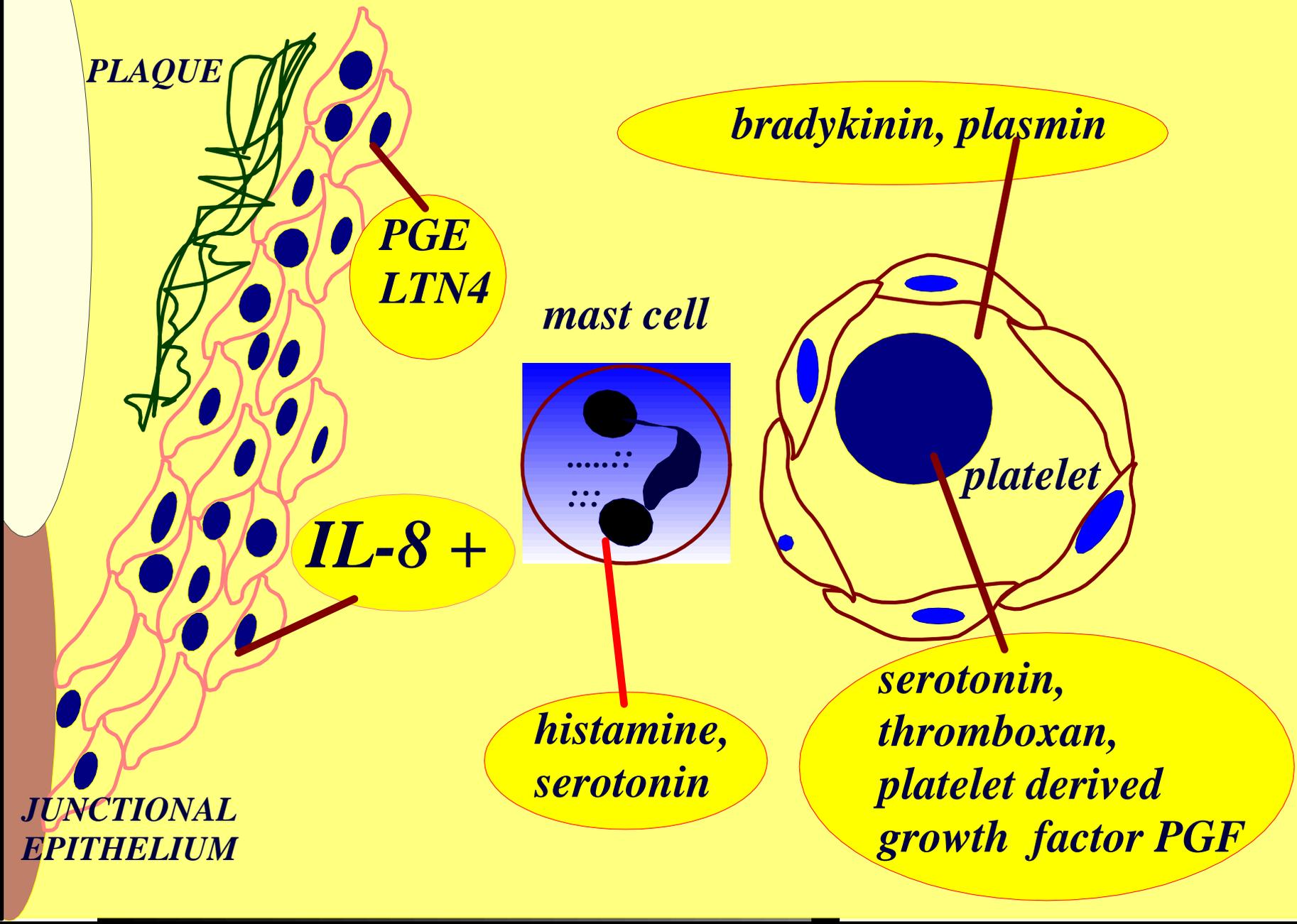


initial lesion

Aerobes and anaerobic bacteria accumulating in periodontal pocket produce great amount of substances with the capability to directly evoke characteristic vascular changes in the marginal gingiva



Initial laesion - vascular changes



*Initial laesion - vascular changes
- initial reactions*

IgG, IgM, IgA

complement

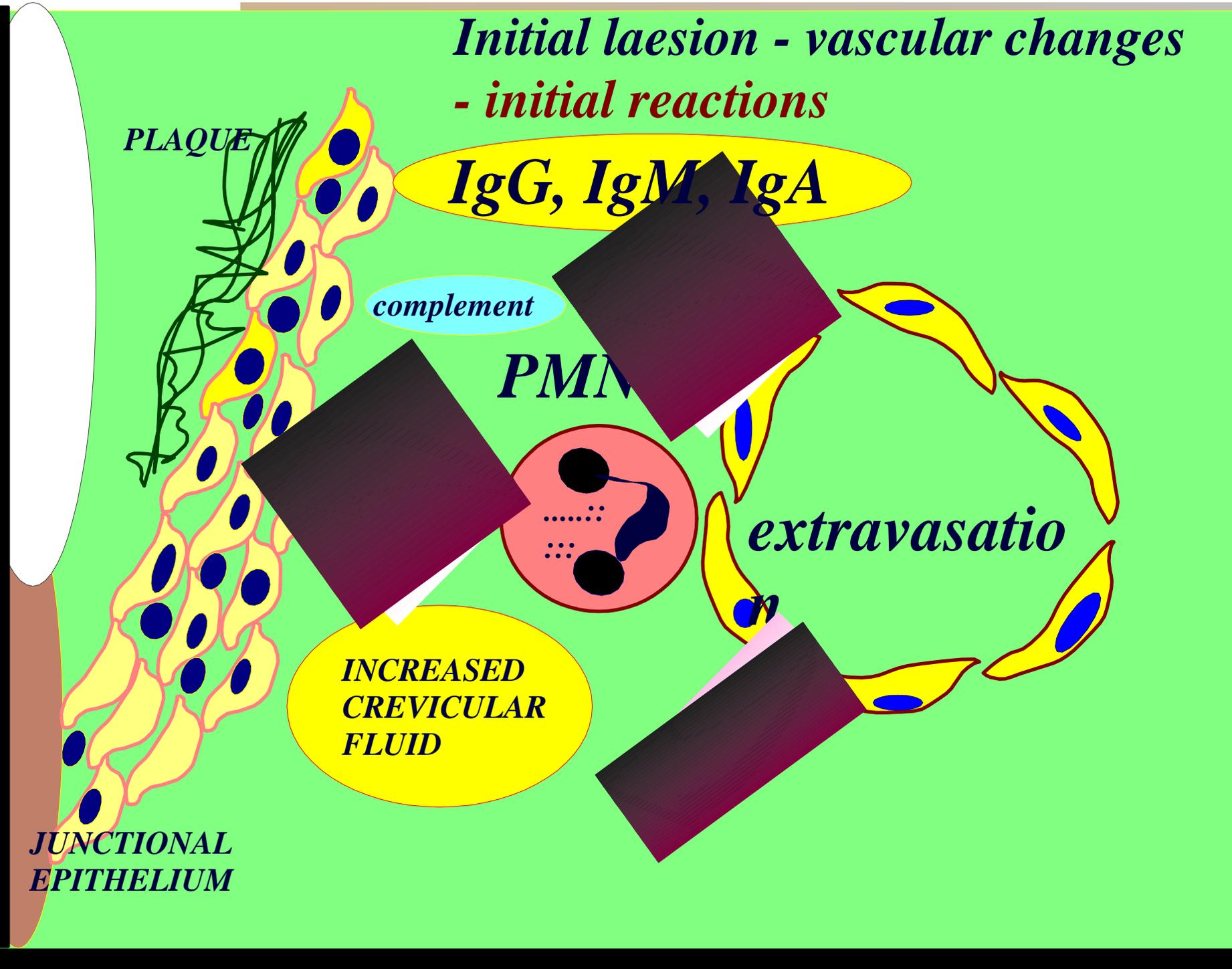
PMN

extravasatio

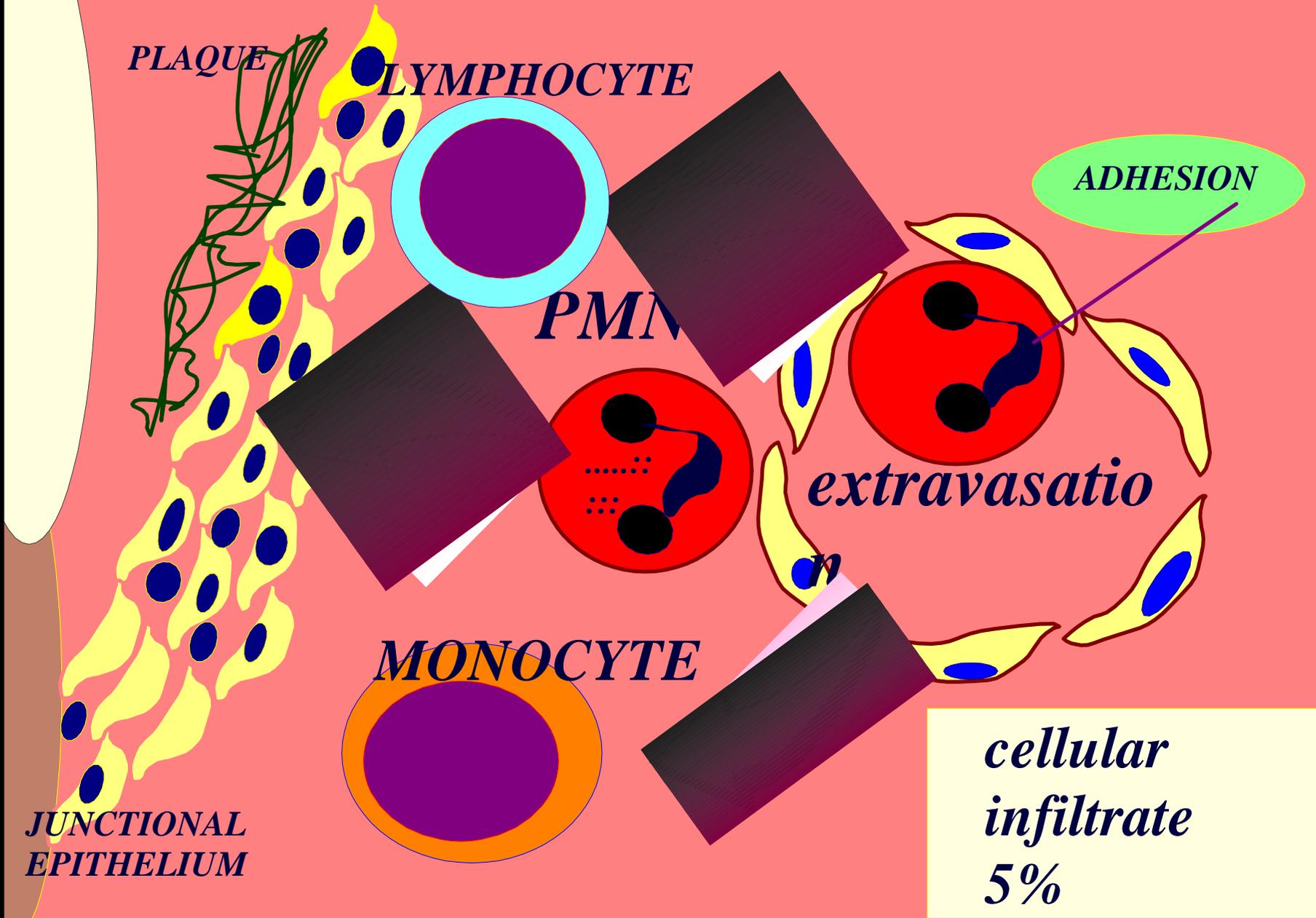
**INCREASED
CREVICULAR
FLUID**

PLAQUE

**JUNCTIONAL
EPITHELIUM**



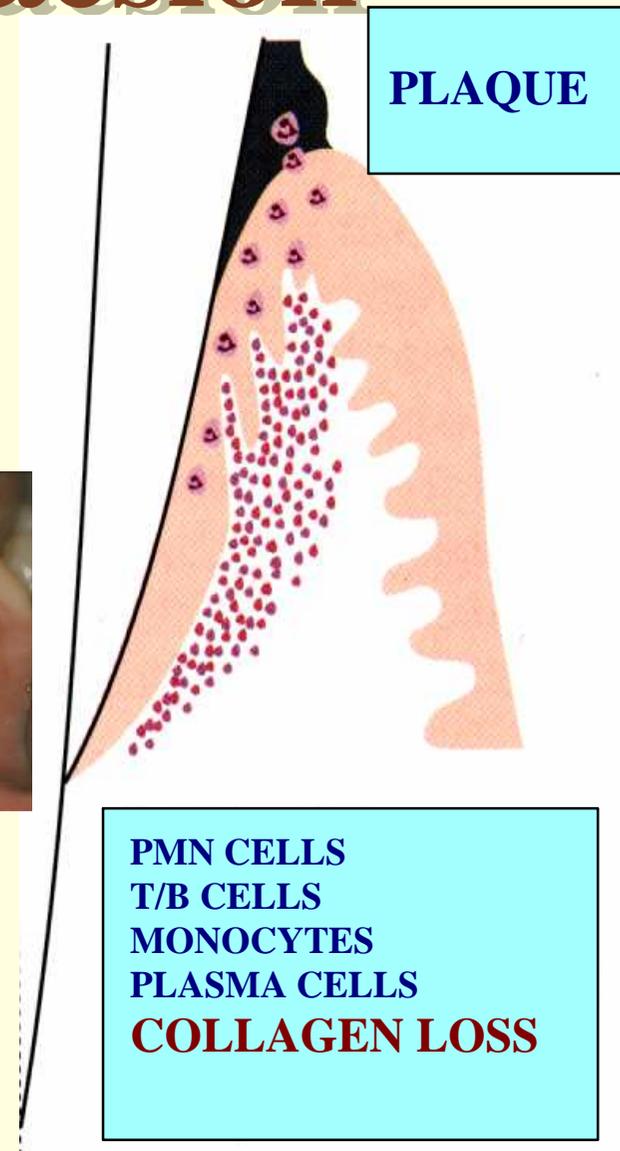
Initial laesion - cellular reactions



Early gingival laesion

cellular infiltrate 15%
predominantly PMN cells
T lymphocytes
monocytes/ macrophages
few plasma cells

increased PMN emigration
vascular proliferation
loss of collagen, fibroblast degeneration
proliferation of junctional epithelium
Accantotic sulcus epithelium



aerly laesion - cellular reaction

5-7 days

PLAQUE

*Th 1 - Th2 - Th0
LYMPHOCYTA*

ADHESION

PMN

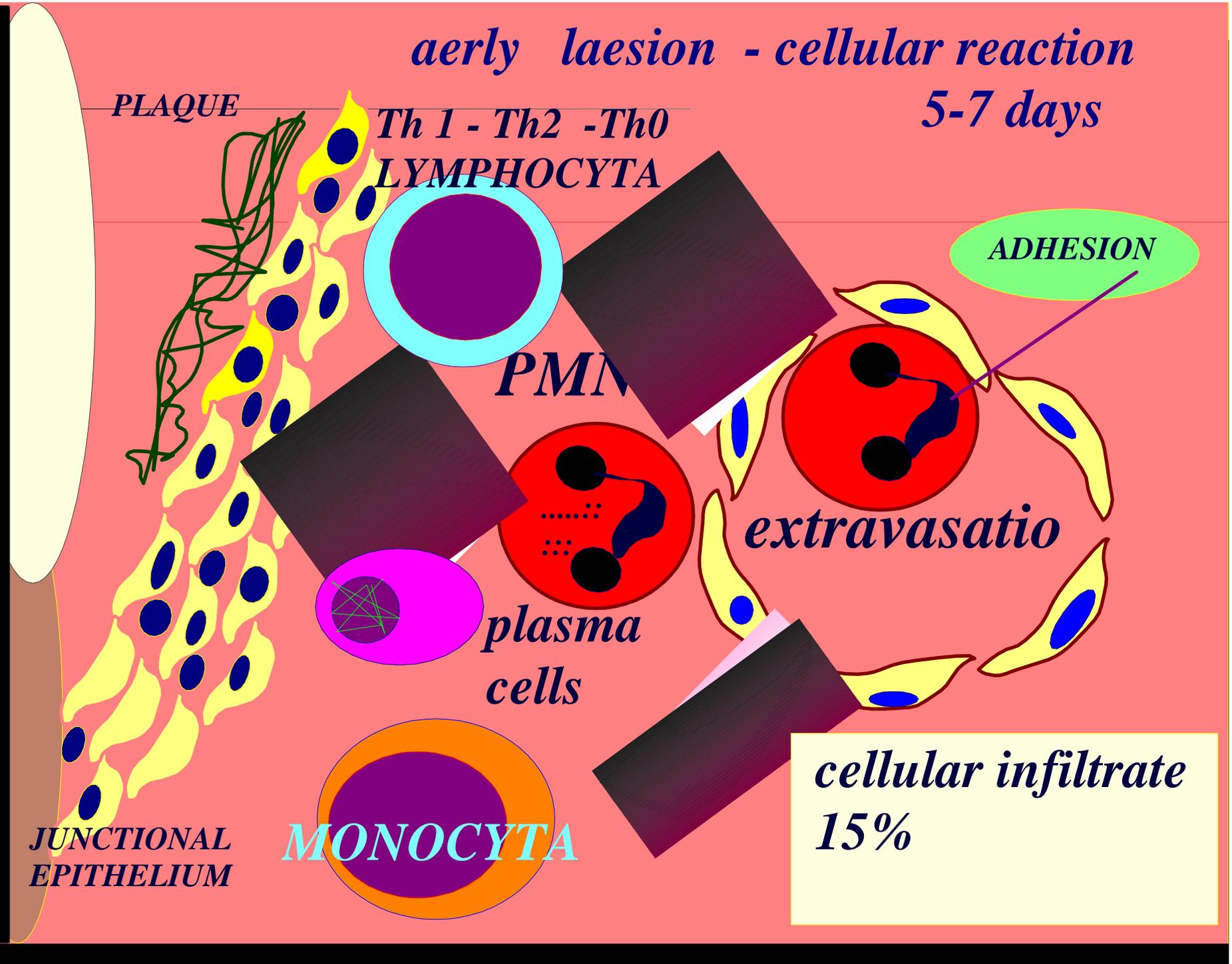
extravasatio

*plasma
cells*

*cellular infiltrate
15%*

*JUNCTIONAL
EPITHELIUM*

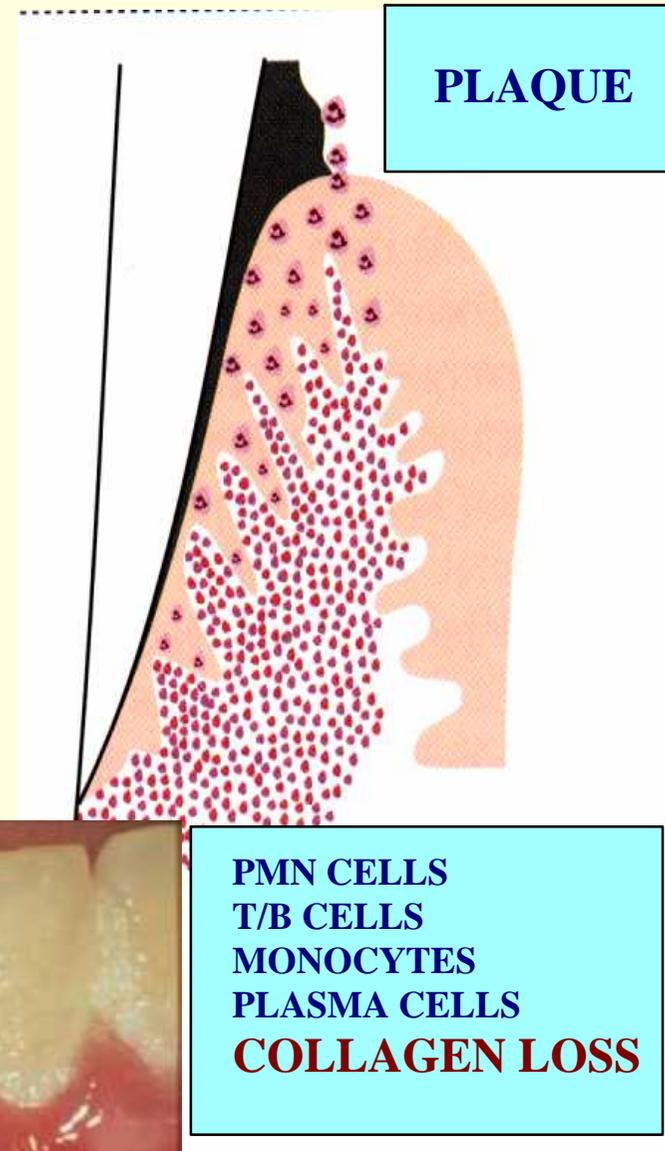
MONOCYTA



Established gingival laesion

cellular infiltrate 30-60%
predominantly T- B lymphocytes
monocytes/ macrophages
plasma cells 10-40%

greatly increased PMN emigration
vascular proliferation
severe loss of collagen,
fibroblast degeneration
severe proliferation of junctional
epithelium
accantotic sulcus epithelium
deepening sulcus



PLAQUE

PMN CELLS
T/B CELLS
MONOCYTES
PLASMA CELLS
COLLAGEN LOSS

established laesion - cellular reaction

7-21 days

PLAQUE

*Th 1 - Th2 - Th0
LYMPHOCYTES*

ADHESION

PMN

extravasatio

*plasma
cells*

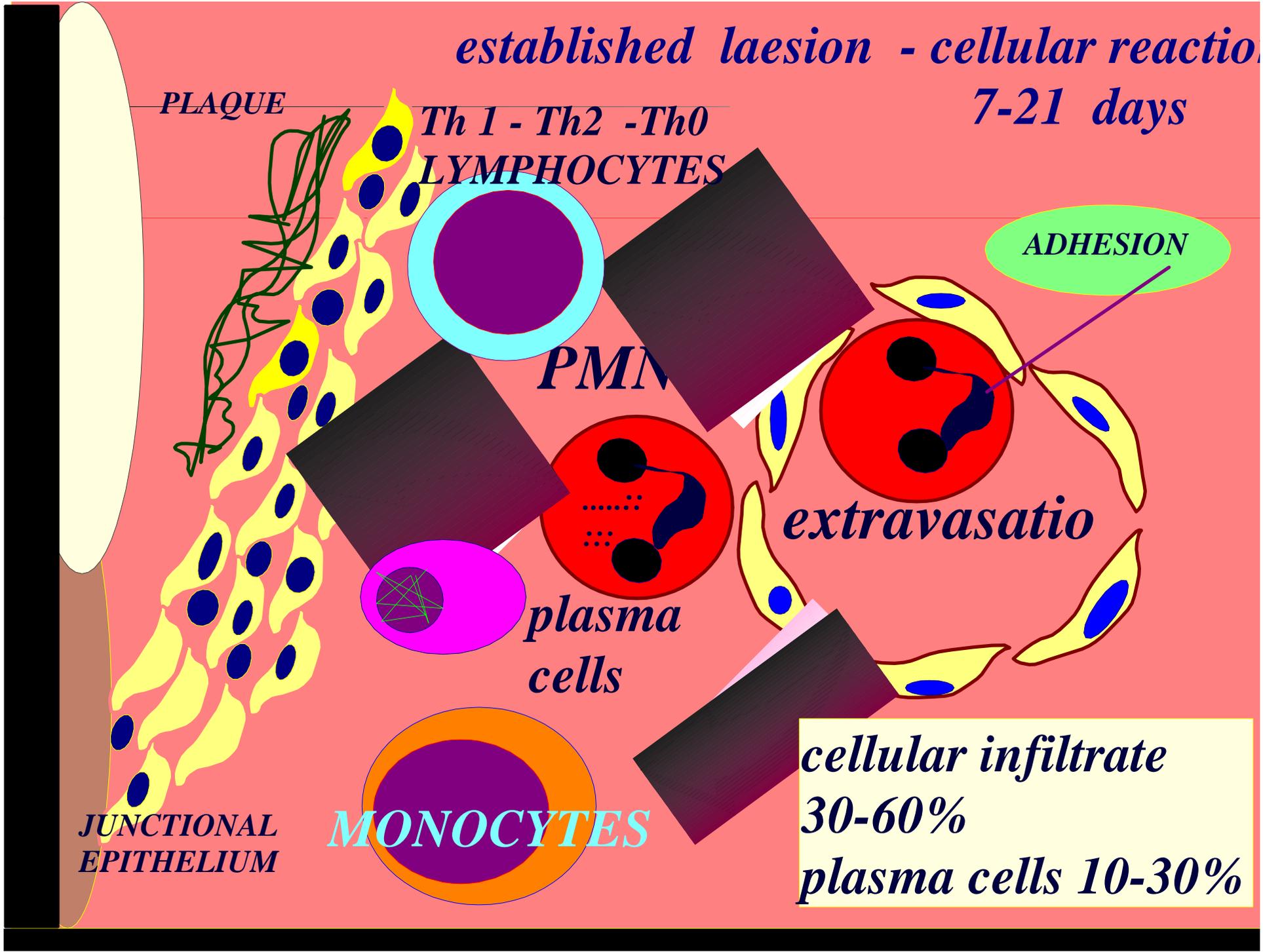
cellular infiltrate

30-60%

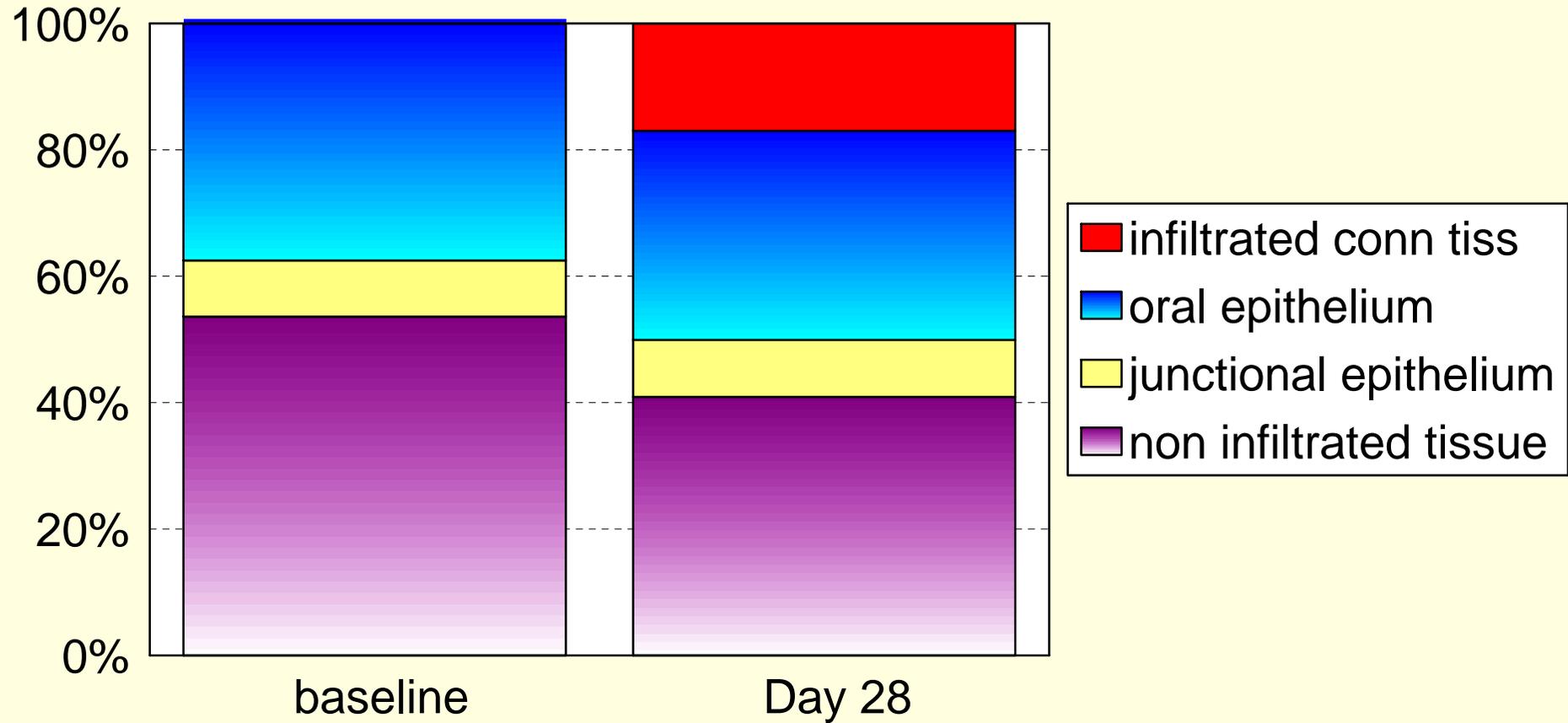
plasma cells 10-30%

*JUNCTIONAL
EPITHELIUM*

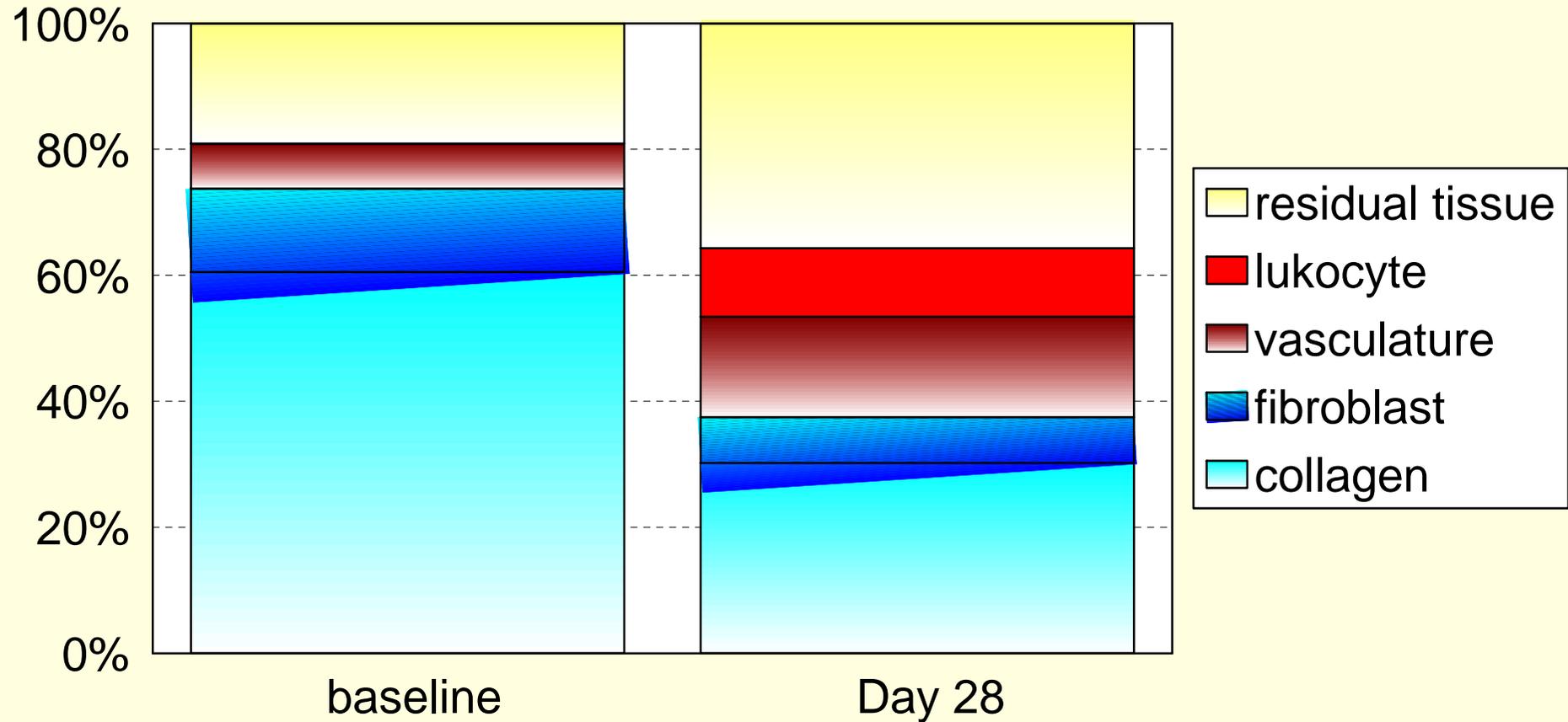
MONOCYTES



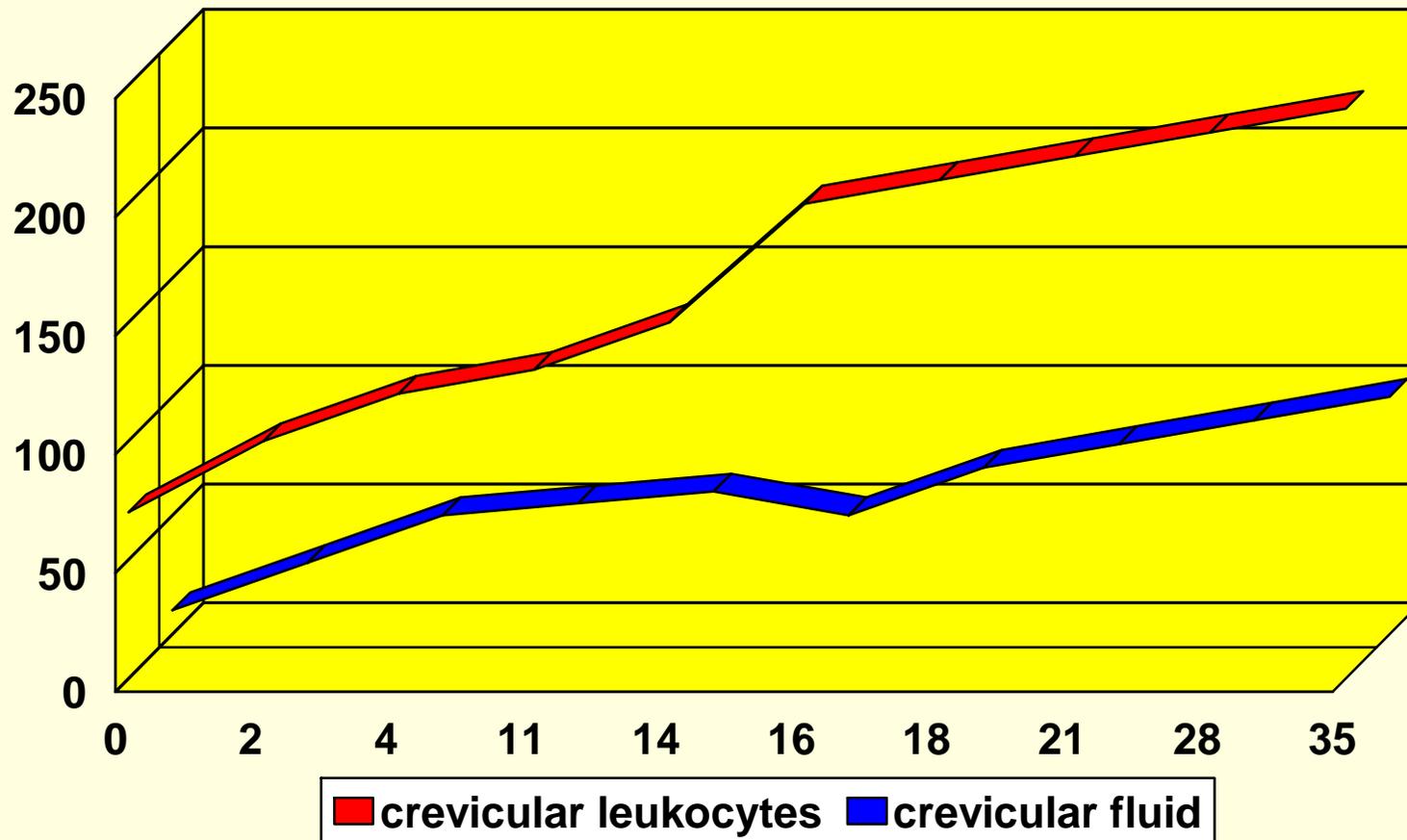
COMPOSITION OF GINGIVA AT DAY 0 AND DAY 28 IN EXPERIMENTAL GINGIVITIS STUDY ON DOGS



COMPOSITION OF GINGIVA AT DAY 0 AND DAY 28 IN EXPERIMENTAL GINGIVITIS STUDY ON DOGS



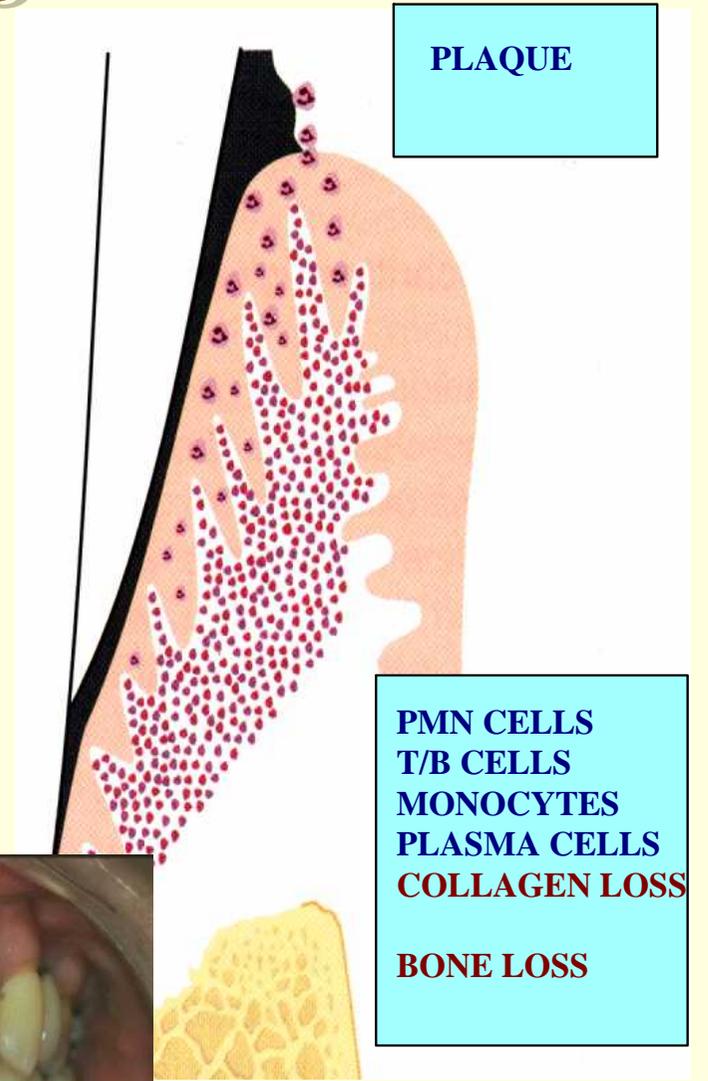
ALTERATION IN NUMBER OF CREVICULAR LEUKOCYTES AND IN GINGIVAL FLUID IN EXPERIMENTAL GINGIVITIS



PERIODONTITIS

cellular infiltrate >60 %
PMN cells
few T - B lymphocytes
macrophages
plasm cells dominance > 50%

severe PMN emigration
increased collagen loss
**apical migration of the junctional
epithelium**
POCKET FORMATION
BONE LOSS



PERIODONTITIS

cellular infiltrate >60 %

PMN cells

few T - B lymphocytes

macrophages

plasm cells dominance > 50%

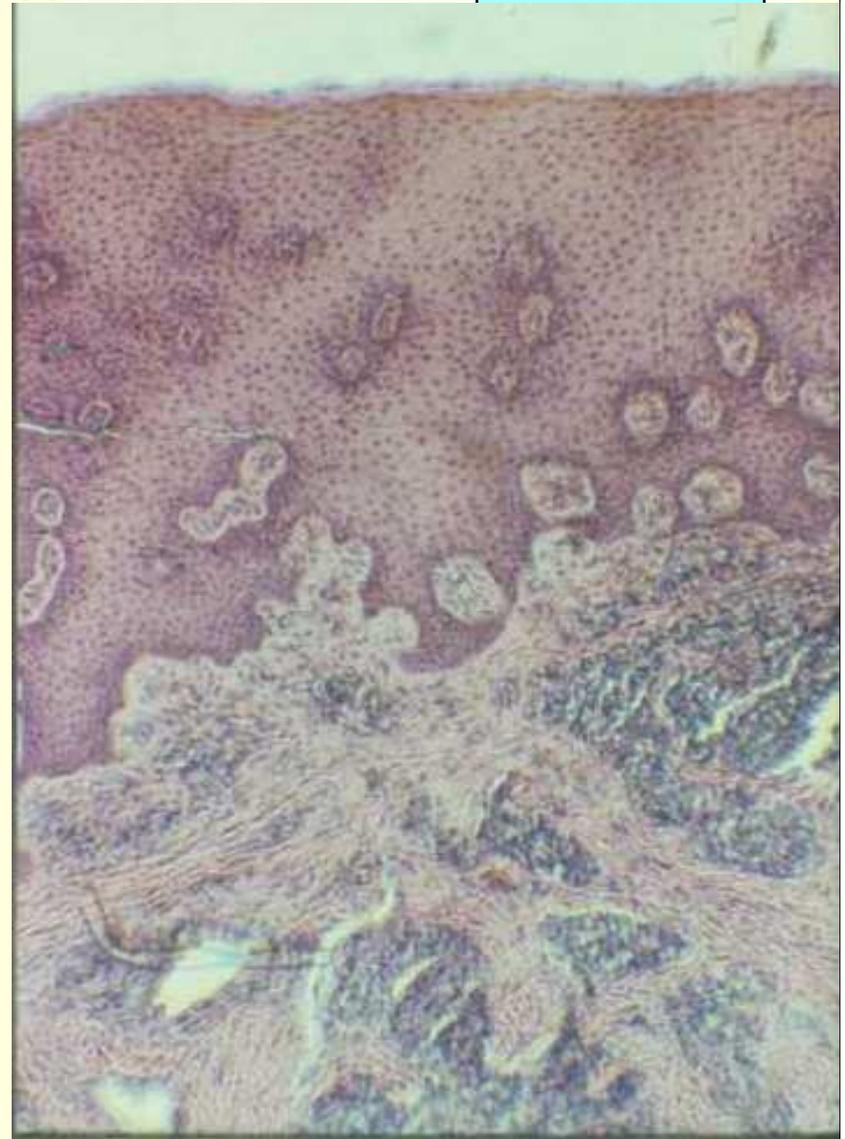
severe PMN emigration

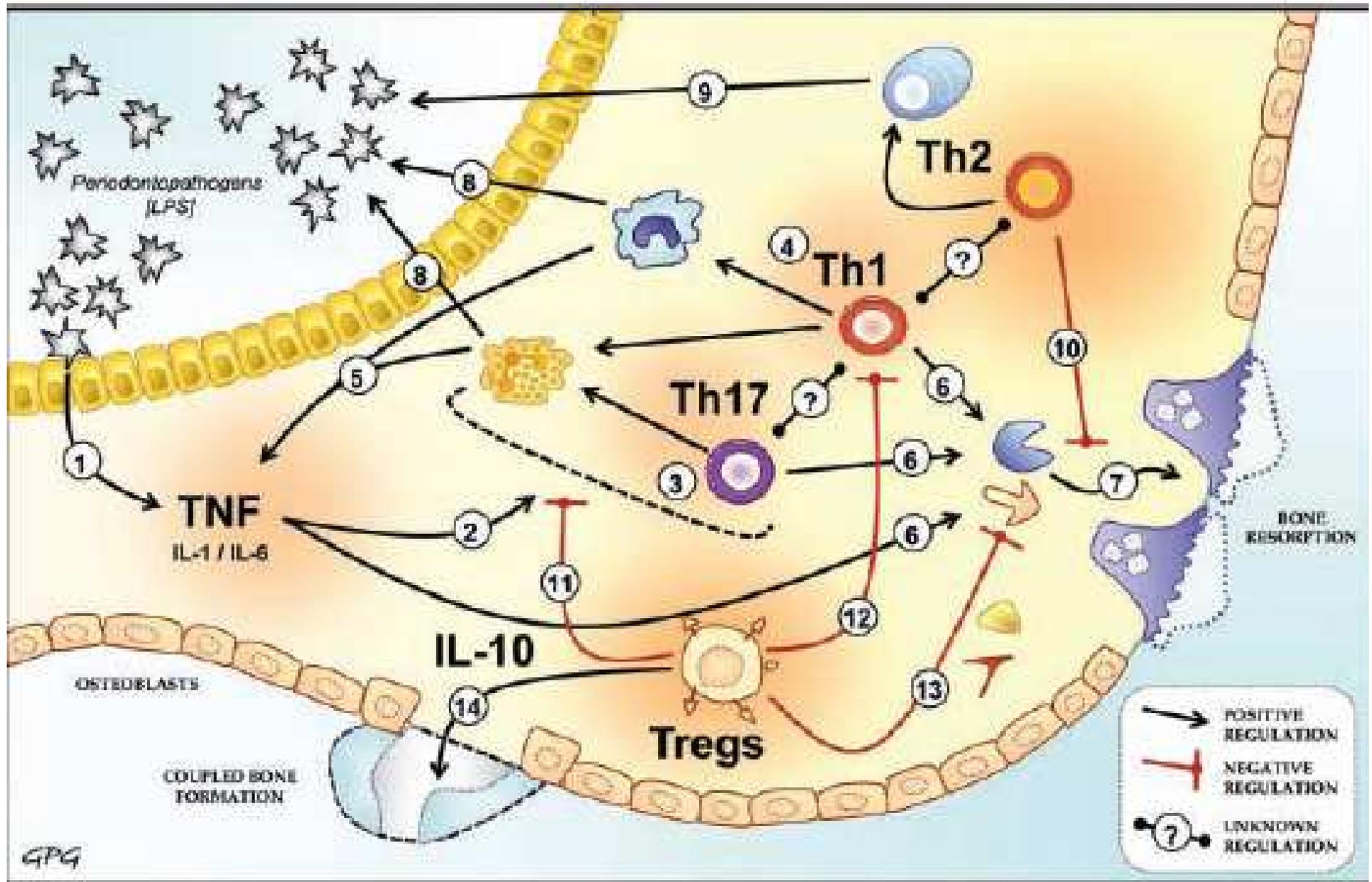
increased collagen loss

**apical migration of the junctional
epithelium**

POCKET FORMATION

BONE LOSS





periodontitis - cellular reactions

PLAQUE

*Th 1 - Th2
LYMPHOCYTES*

ADHESION

PMN

extravasatio

*Ig
Ig
plasma
Ig cells*

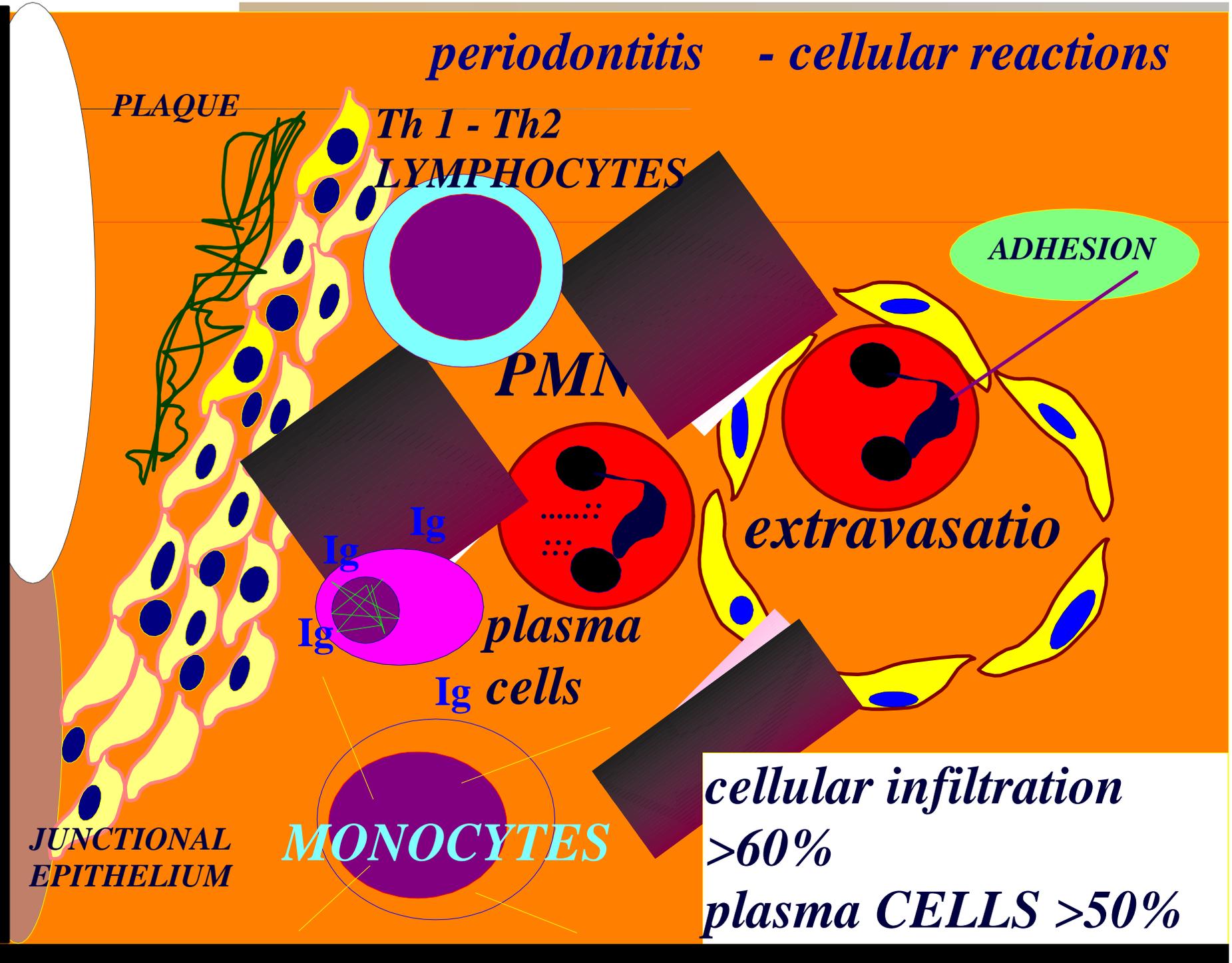
*JUNCTIONAL
EPITHELIUM*

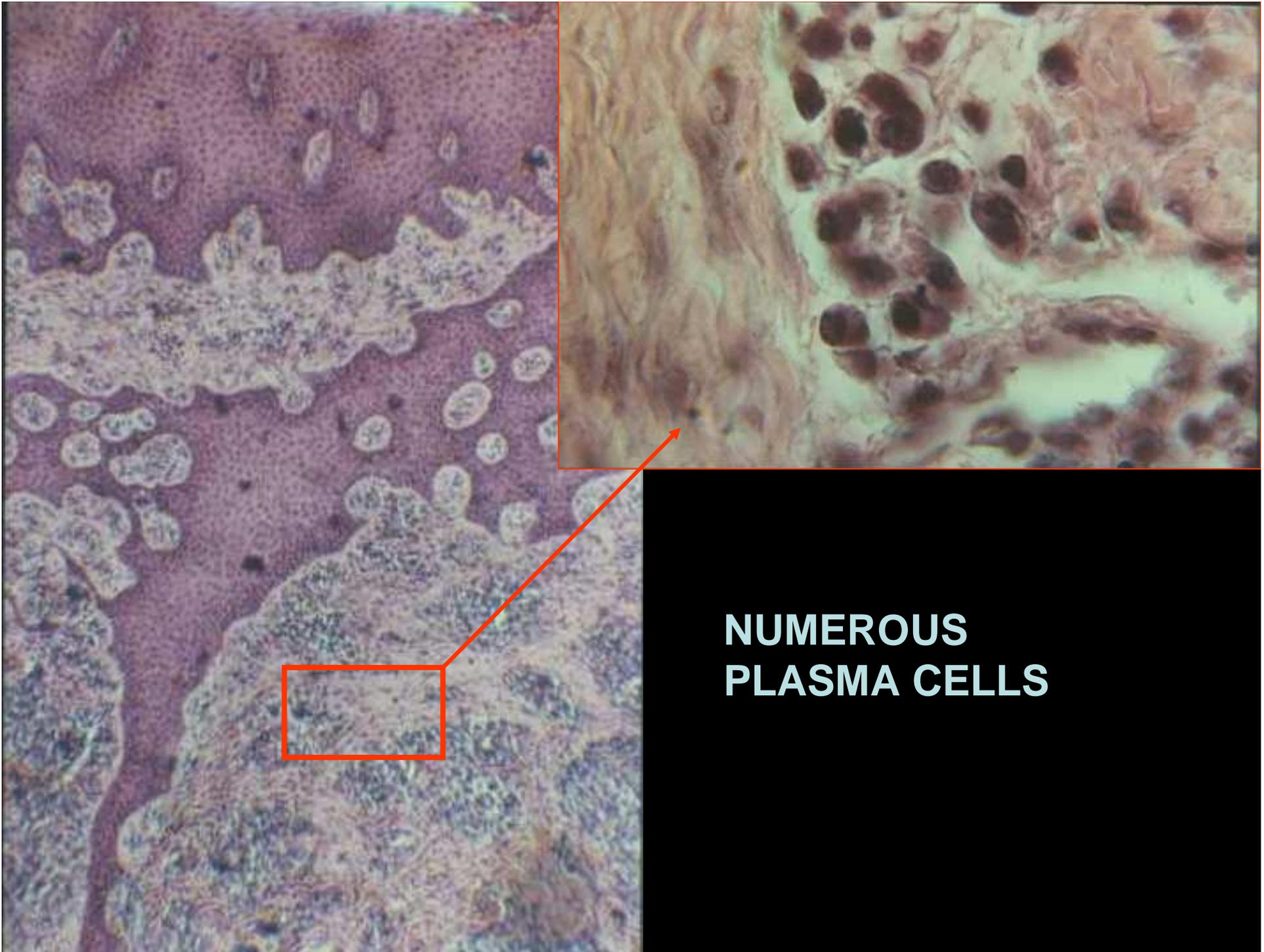
MONOCYTES

cellular infiltration

>60%

plasma CELLS >50%





**NUMEROUS
PLASMA CELLS**

Host defense processes responsible for tissue destructions

There are four distinct level of protection against oral bacteria

saliva

gingival crevice

gingival tissue

systemic immunity

0 - PROTECION SALIVA

FIRST PROTECTIVE BARRIER – GINGIVAL SULCUS

**SECOND PROTECTIVE BARRIER
GINGIVAL CONNECTIVE TISSUE**

THIRD PROTECTIVE BARRIER SYSTEMIC IMMUNITY

Host defense processes responsible for tissue destructions

0 barrier level

Saliva contains several antibacterial factors that can control bacterial growth and spreading

mucine

salivary lactoferrin

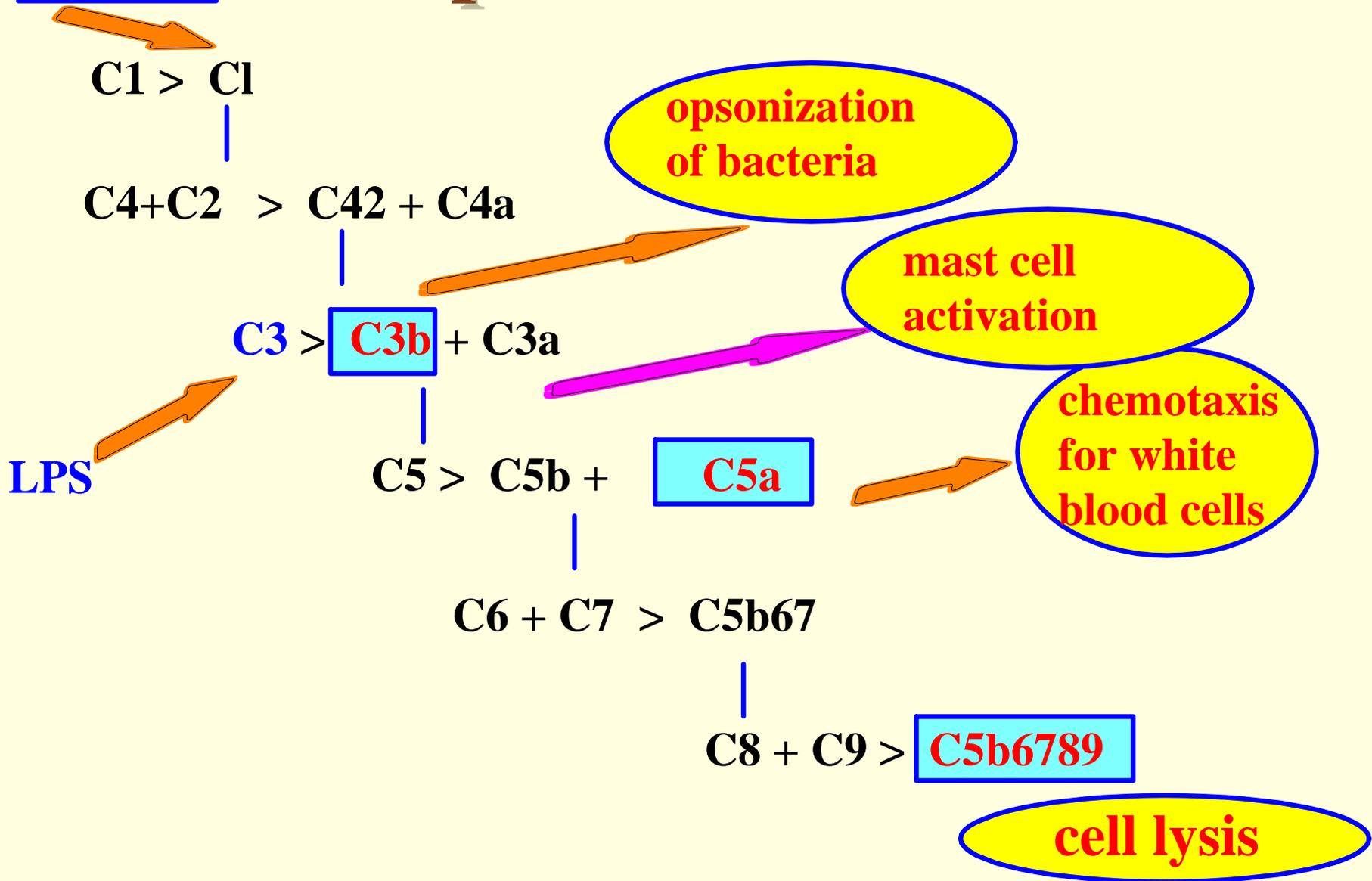
lysozyme

secretory IgA

Whole saliva - IgG and IgM molecules

Ag+Ab

complement cascade



Host defense processes responsible for tissue destructions

1st protective barrier gingival sulcus

Many sophisticated and effective antibacterial mechanisms to keep bacteria out of tissues

Sulcus epithelium

Secretes cytokines and chemokines (IL-8)

Antibacterial peptides (α -defensin, β - defensin)

The Langerhans cells' membrane receptors play crucial role in innate protection

Host defense processes responsible for tissue destructions

1st protective barrier gingival sulcus

A layer of PMN leukocytes separated bacterial plaque from gingival epithelium

Crevicular PMN cells phagocytose bacteria

The majority of catabolic enzymes from PMN cells get into the crevicular fluid and will not cause tissue damage.

Monocytes in the sulcus can phagocytose PMN cells and bacterial debris clearing the waste products

The functional aberrations of sulcus leukocytes can lead to severe periodontal destructions



**SULCUS
BLEEDING**

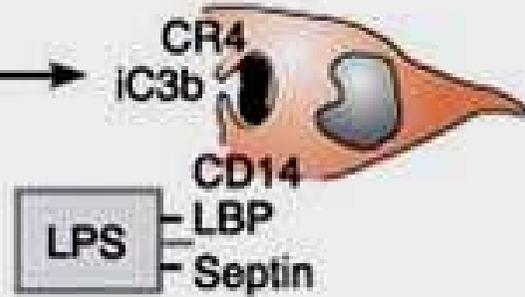


A. Chemotaxis

Bacterial pathogen
C5a



B. Phagocytosis

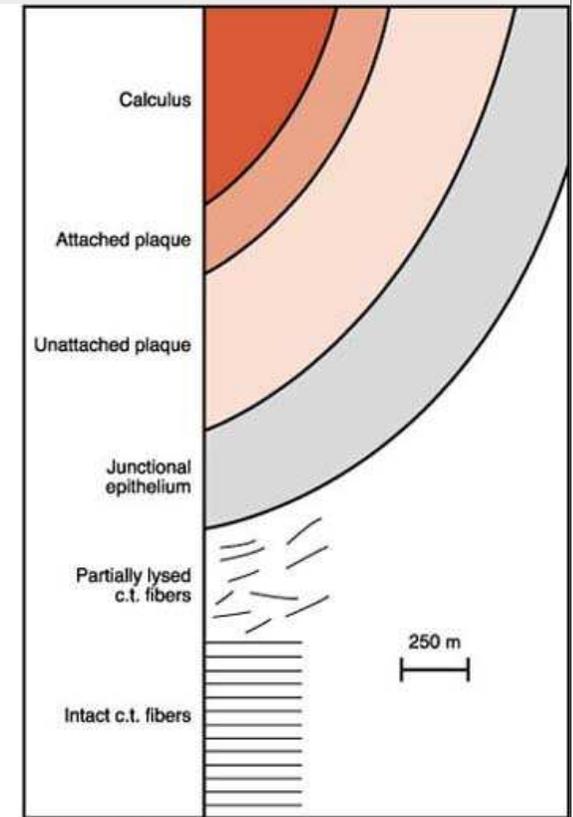


C. Killing

Defensins,
lysozyme, some
neutral serine
proteases



NADPH oxidase,
myeloperoxidase,
nitric oxide synthase



Host defense processes responsible for tissue destructions

1st protective barrier gingival sulcus

Humoral factors

The crevicular complement system is one of the earliest reactions
Bacteria in the sulcus can activate complement by the classic and alternative pathways

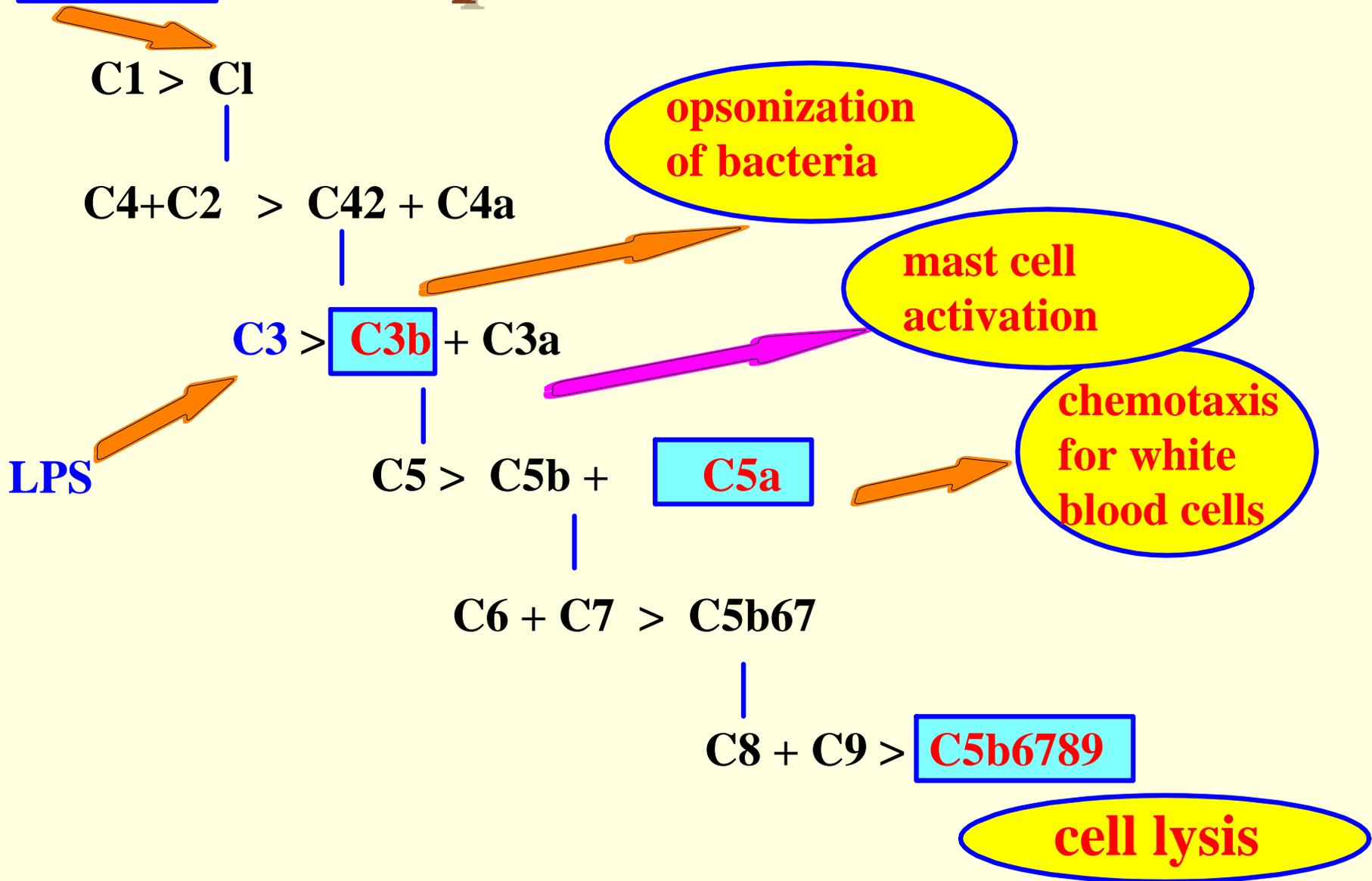
C3b complement is an opsonine

Abundant crevicular IgG and IgA molecules .

Bacteria can directly stimulate B lymphocytes as a mytogen.

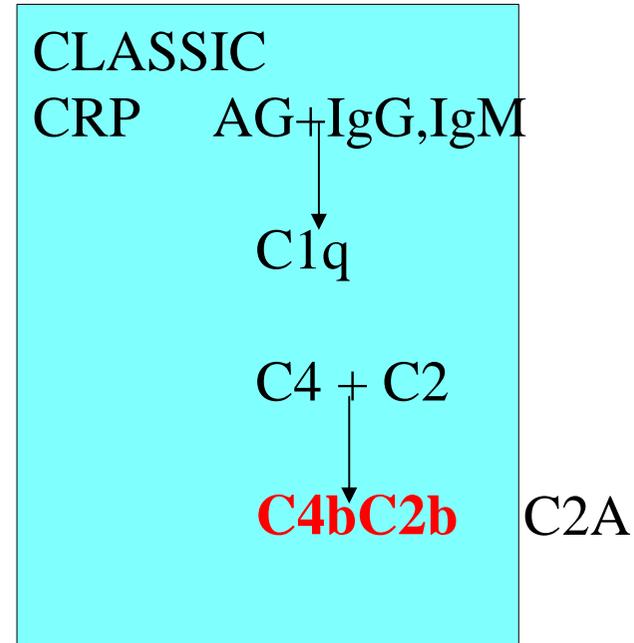
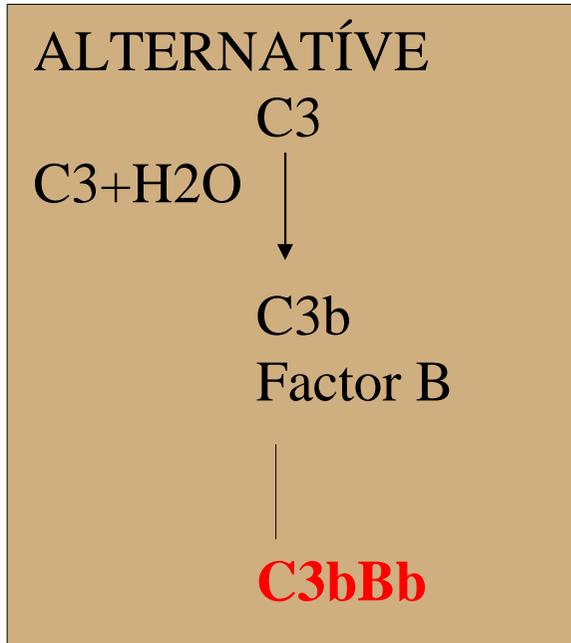
Ag+Ab

complement cascade



Classic and alternative complement cascade

C3 convertas



amplificatio

C3b

- C3a

anaphylatoxin mast cells

regulation -

regulation +

C5a

C5b

CR1-3 + C3bi

chemotaxis lysis C6-C9

opsonisation

Host defense processes responsible for tissue destructions

2nd protective barrier gingival connective tissue

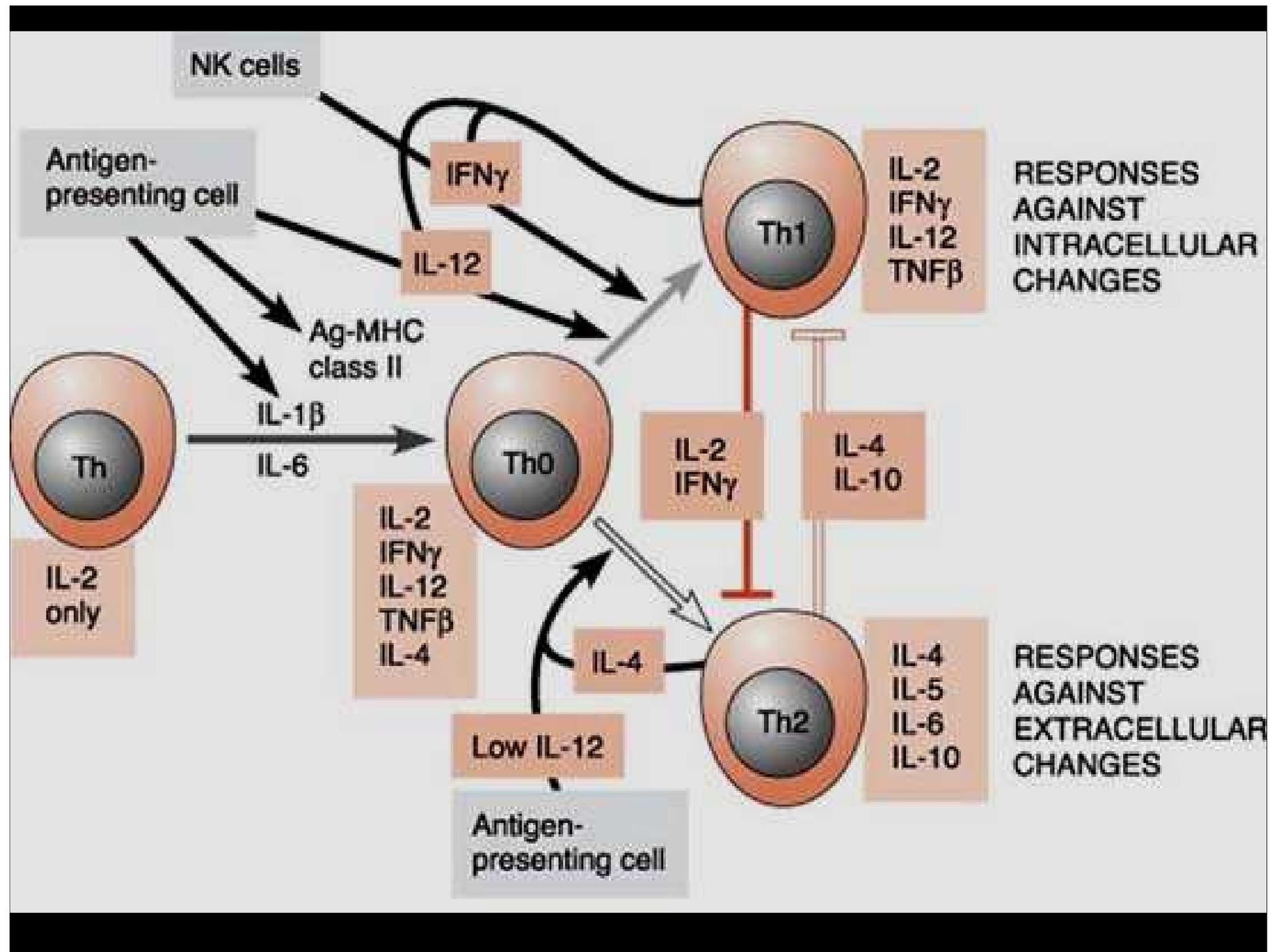
If plaque bacteria excess a certain limit that the crevicular protective barriers can cope with clinically manifest inflammation occurs

The number of lymphocytes is increasing

The reactions shift toward specific (adaptive) immunity

Cellular and humoral immune responses - T-cell, B-cell

Monocytes and macrophages



Host defense processes responsible for tissue destructions

3rd protective barrier systemic immune response

Most healthy adults carries specific serum (IgM, IgG and IgA) against oral periodontopathogenic bacteria

In young healthy individuals the serum antibody titer is significantly lower than in healthy adults.

Mechanisms responsible for periodontal tissue destructions

Direct bacterial factors

The major cause is bacterial plaque.

Bacteria can directly damage periodontal tissues but this is only a non significant factor in tissue destruction

soluble proteolytic enzymes

low molecular weight waste products (urea, sulfides etc)

endotoxin (lipopolysaccharide- LPS)

exotoxin - i.e.- leukotoxin

Mechanisms responsible for periodontal tissue destructions

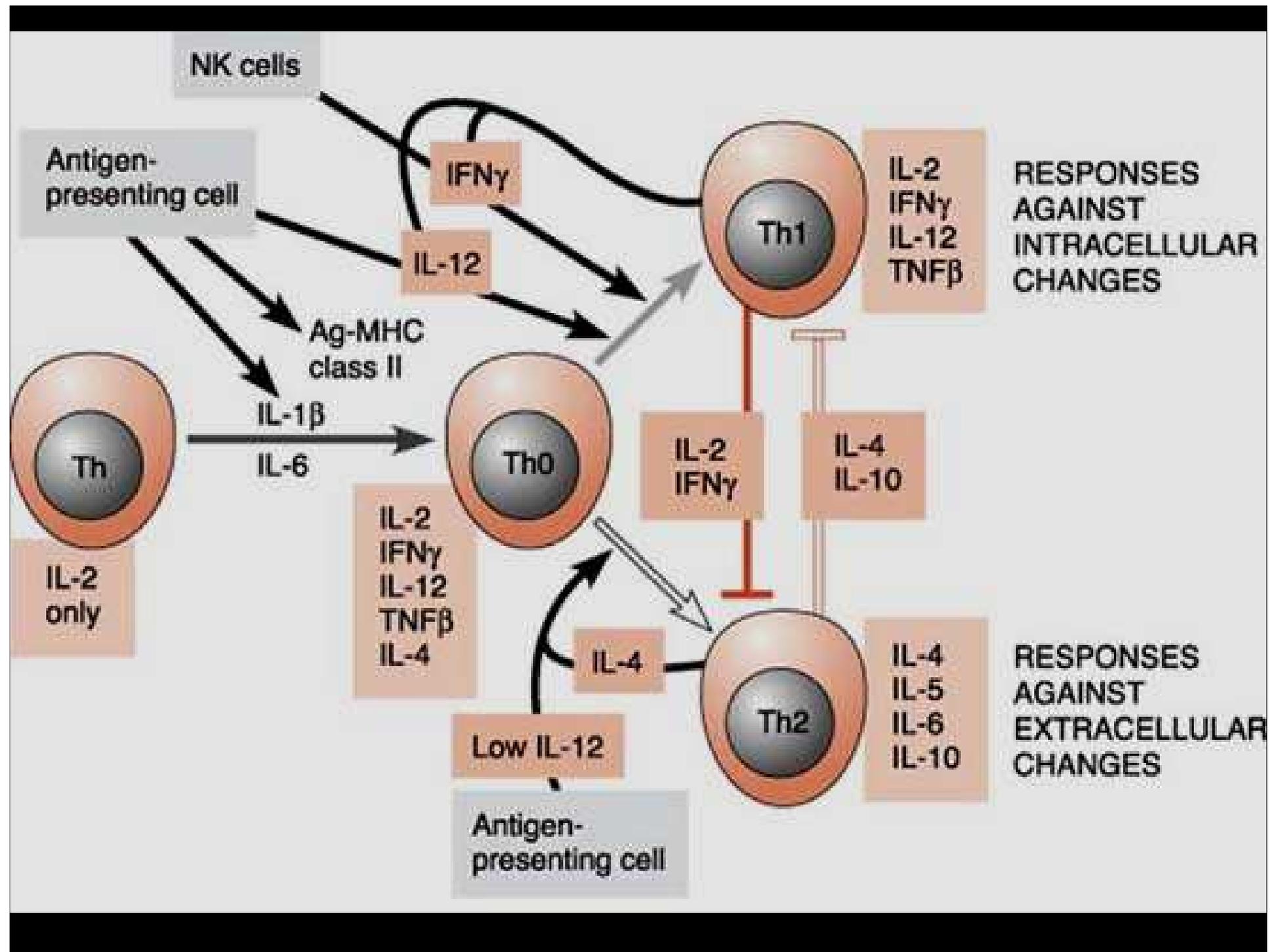
The role of the host in the periodontal tissue destructions

Many different immune processes play role in the pathomechanisms of periodontitis .

These are the decisive factors

innate immunity

'adaptive reactions' acquired immunity



innate immunity

Humoral and cellular elements of innate immunity

Proteolytic enzymes

proteinases

tissue collagenase - matrix metalloprotease

**MMP - produced by PMN cells and
monocytes**

**Collagenases from PMN leukocytes and fibroblasts can digest
type I, II and III collagen tripla-helix and cause extracellular
matrix degradation**

innate immunity

Polymorphonuclear leukocytes (PMN)

The number of PMN cells emigration into sulcus are increasing with the severity of gingival inflammation

PMN leukocytes are attracted to the site of inflammation from the capillaries. The chemotactic migration is determined by:

Endothelial cells

Adhesion molecules (receptors and its ligands)

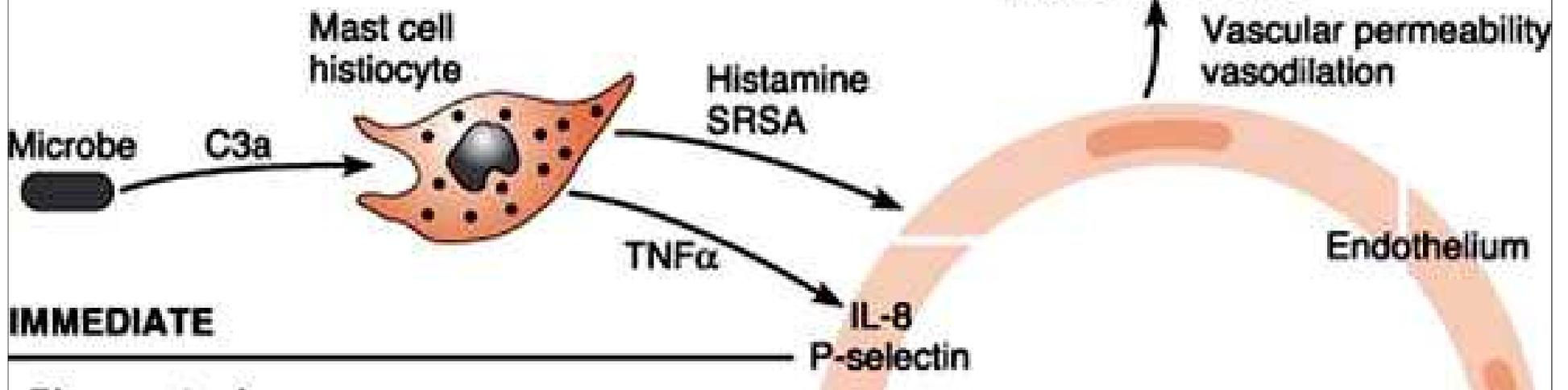
The effector cell

Basophil leukocytes, Mast cells

granules contain histamine, leukotrienes, heparin, serotonin, and other biologically active substances

IgG and especially IgE binds to the Fc receptors

These cause degranulation and liberation of biologically active substances



Polymorphonuclear leukocytes (PMN)

Several adhesion molecules assist the extravasation and traversing of PMN leukocytes across gingival connective tissue and also emigration through sulcus epithelium

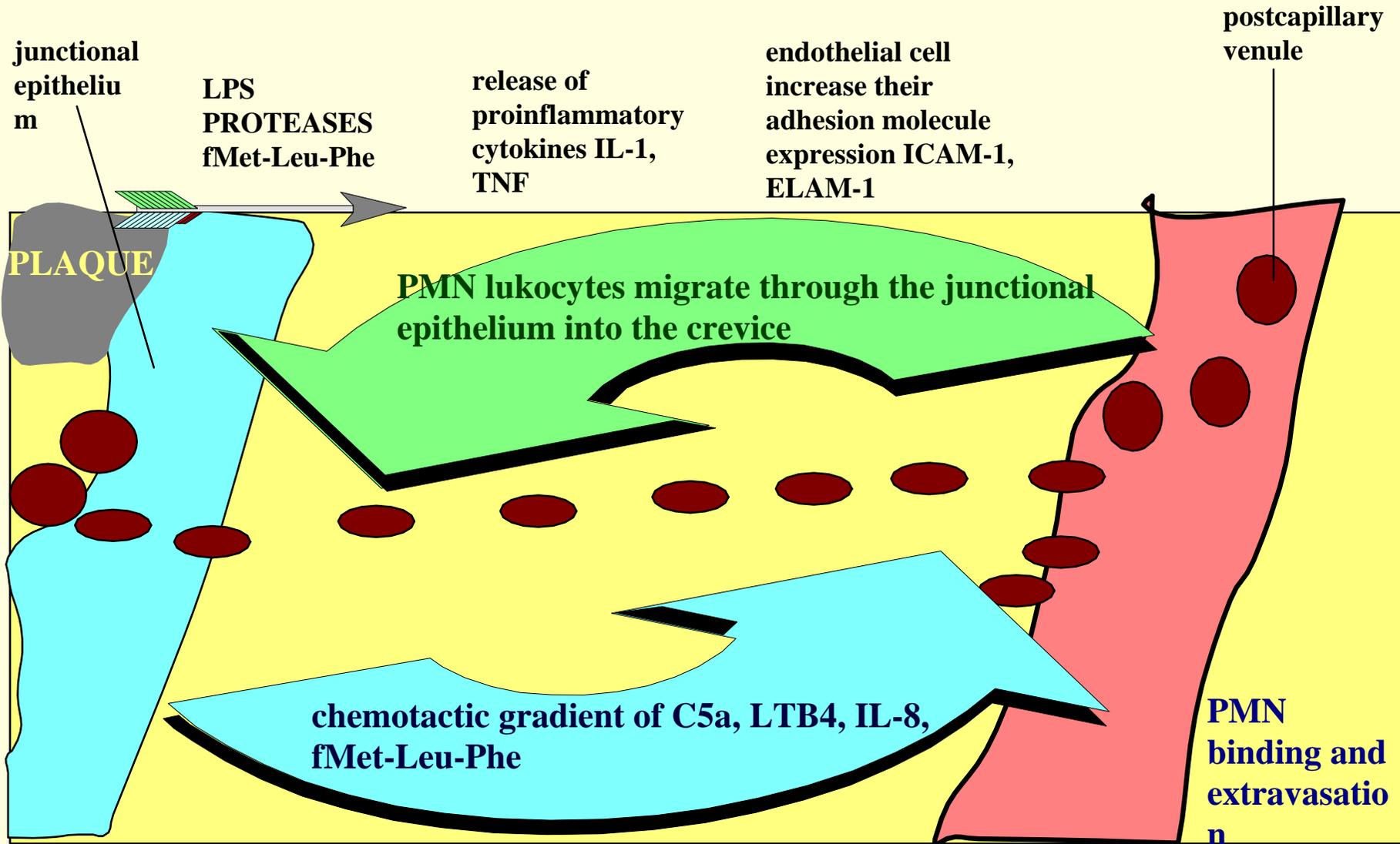
E-selectin

Adhesin

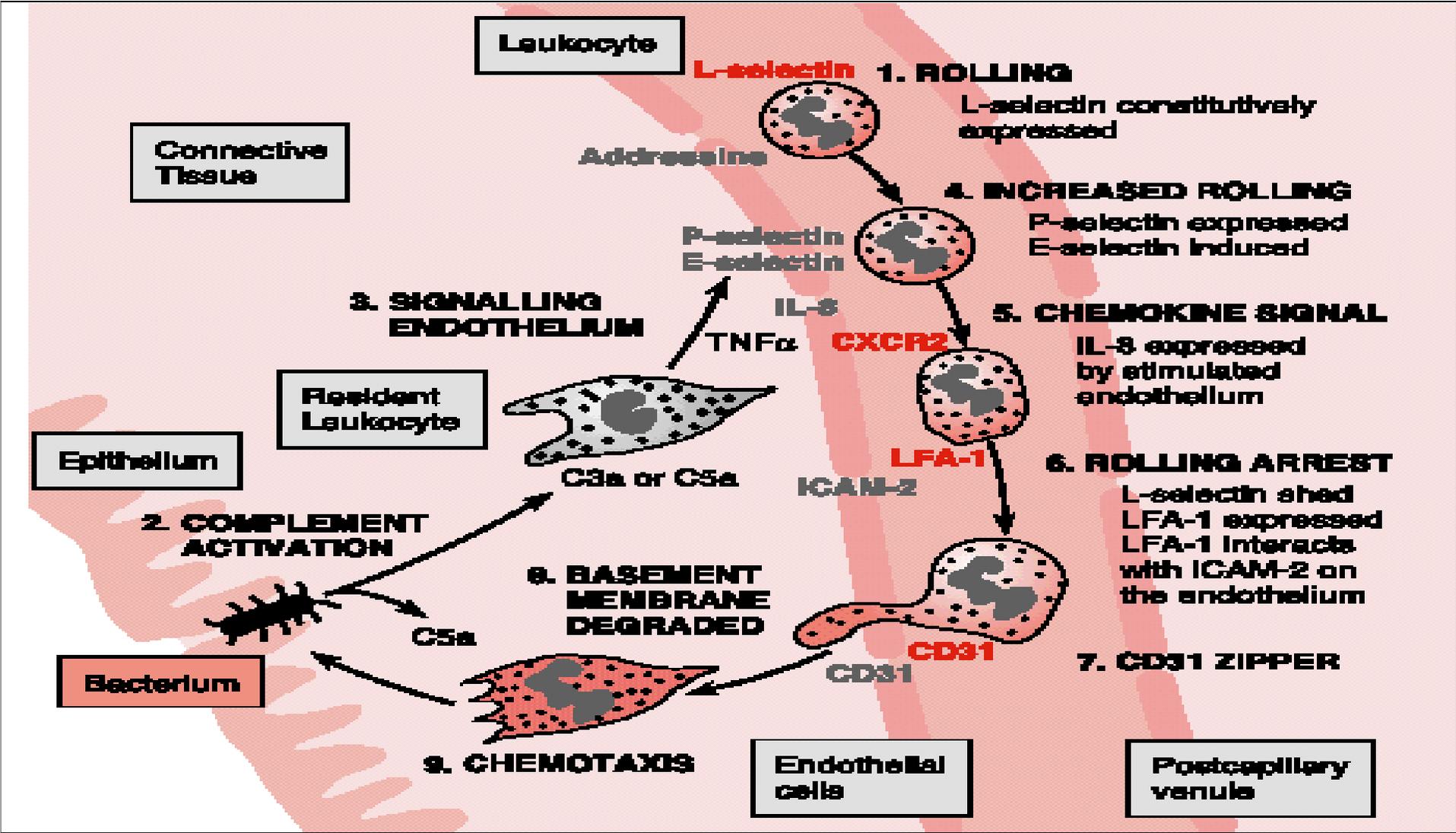
Endothelial Adhesion Molecules (ELAM)

Intercellular Adhesion Molecules (ICAM)

SCHEMATIC ILLUSTRATION OF THE PROSESS WHERBY NEUTROPHILS ARE ATTARCTED INTO THE JUNCTIONAL EPITHELIUM



THE PROTECTIVE ROLE OF PMN CAN BE DEVIDED TO SIX STAGES.



The leukocyte contacts, rolls, sticks and extravasates out of the blood vessel prior to beginning its journey to the site of inflammation

random contact

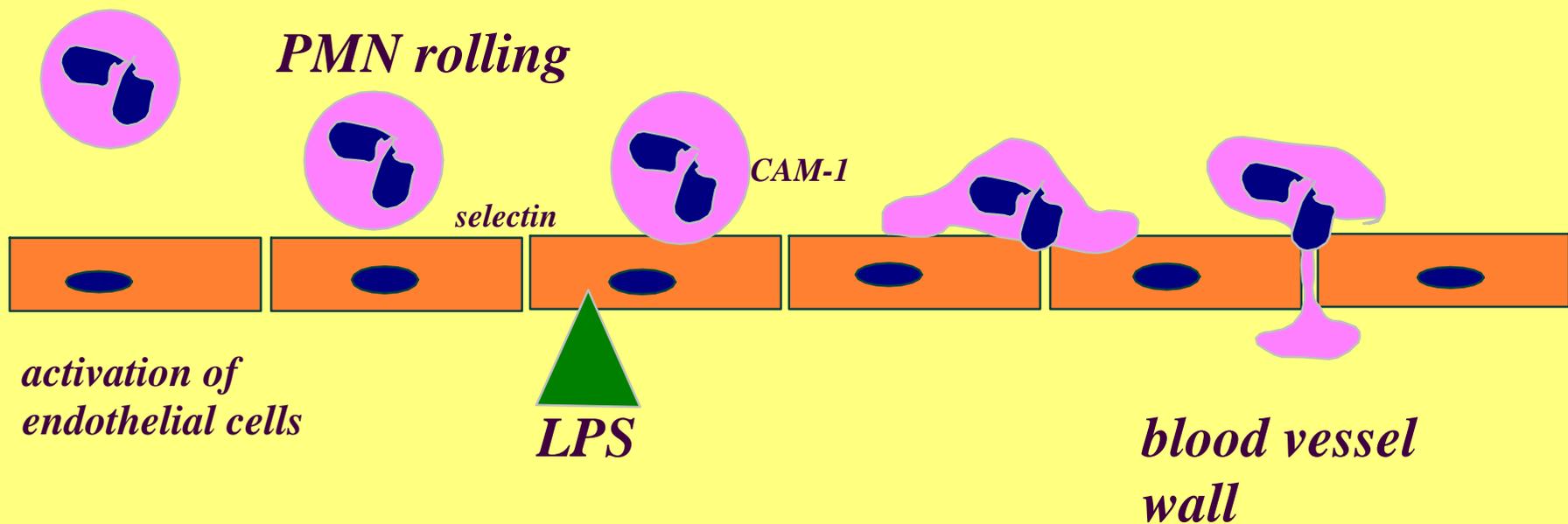
rolling

sticking

extravasation

E-selectin

integrins



Polymorphonuclear leukocytes (PMN)

**The main function of PMN leukocytes
phagocytosis.**

**The precondition for phagocytosis
migration towards chemotactic stimulus**

Chemotactic stimuli

**complement C5a,
leukotrien B4,
interleukin-8
bacterial metabolites**

Polymorphonuclear leukocytes (PMN)

There are two chemotactic receptors with different affinities

High affinity receptor is responsible for chemotactic movements

Low affinity receptors will ignite the oxidative burst and degranulation and prepare the cells for phagocytosis

Polymorphonuclear leukocytes (PMN)

The activity of PMN cells can lead to severe tissue destruction - periodontal abscess

Chemotactic stimuli can determine the character of the PMN cellular response - protective or destructive .

The most important chemotactic molecules are:

C5a, LTB4 és az IL-8.

IL-8 is less potent in activation of phagocytosis, but more potent in enhancing MMP production

Polymorphonuclear leukocytes (PMN)

**Phagocytosis is an active energy consuming process
There are three stages:**

- 1. recognition and fixation of foreign particles,**
- 2. engulfing foreign particles**
- 3. degradation and digestion of foreign particles**

Polymorphonuclear leukocytes (PMN)

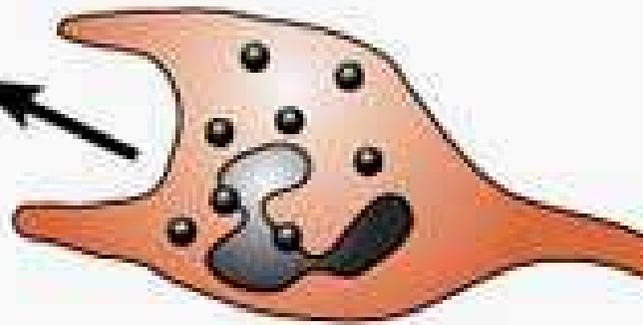
**Phagocytosis is an active energy consuming process
There are three stages:**

- 1. recognition and fixation of foreign particles,**
- 2. engulfing foreign particles**
- 3. degradation and digestion of foreign particles**

A. Chemotaxis

Bacterial pathogen

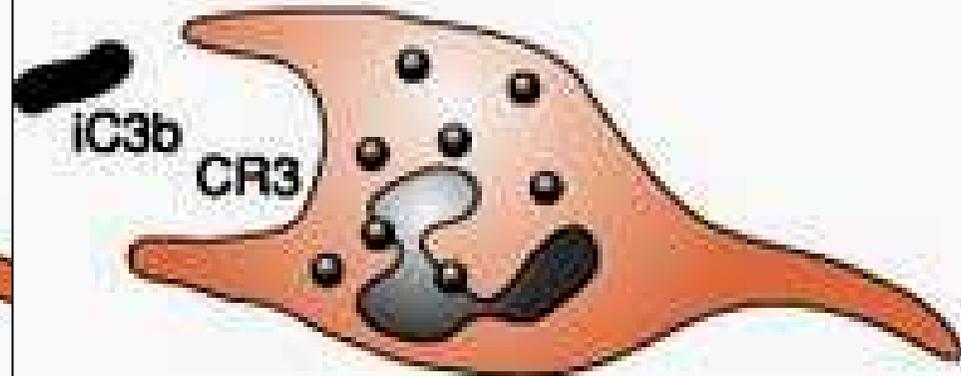
C5a



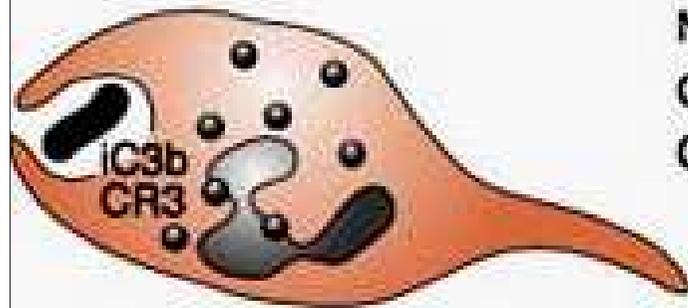
B. Initiate Phagocytosis

iC3b

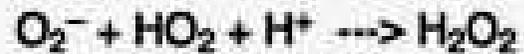
CR3



C. Oxygen Reduction



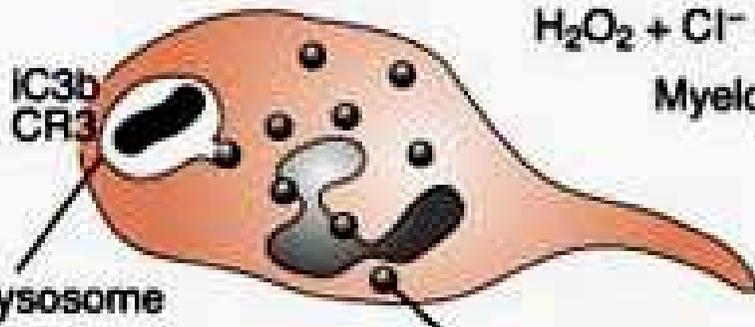
NADPH oxidase



D. Killing

iC3b
CR3

Phagolysosome



Myeloperoxidase

Polymorphonuclear leukocytes (PMN)

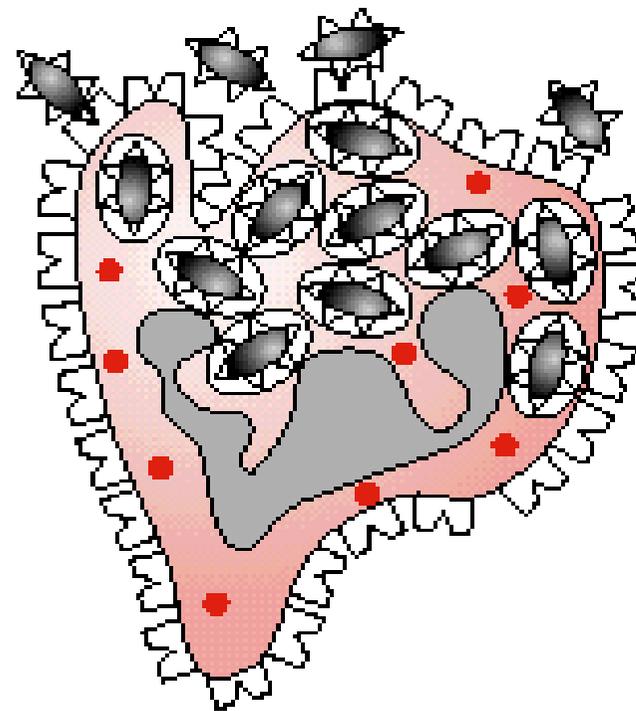
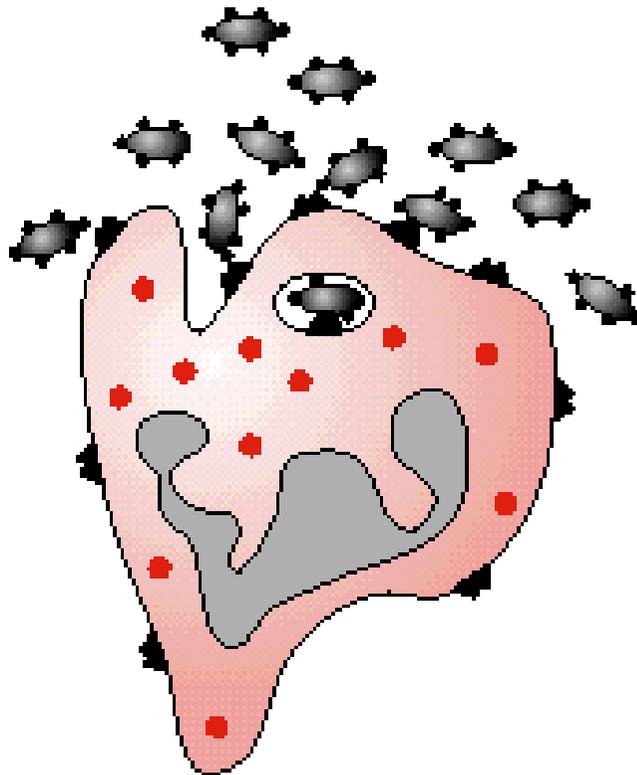
**Phagocytosis is an active energy consuming process
There are three stages:**

1. recognition and fixation of foreign particles,

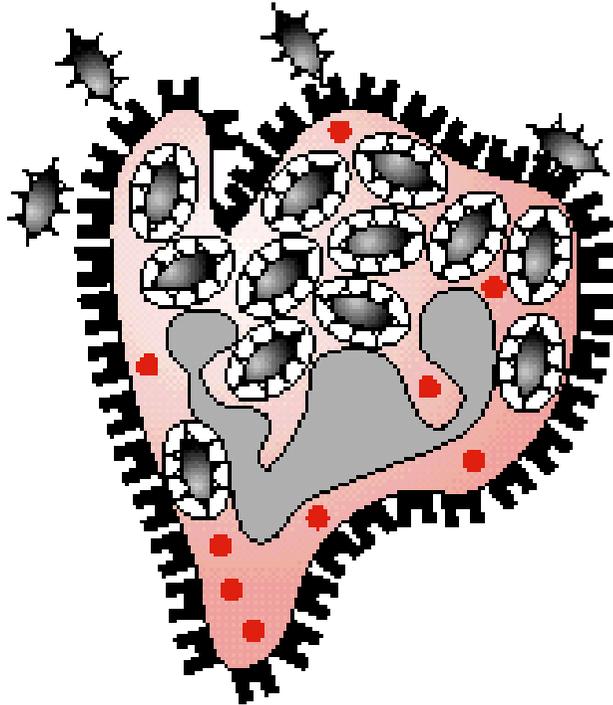
**The recognition and fixation is promoted by opsonins
(complement, immuno globulin).**

**Specific surface receptors on PMN cells :
for activated C3b complement (CR1 and CR3)
for immuno globulins Fcg.**

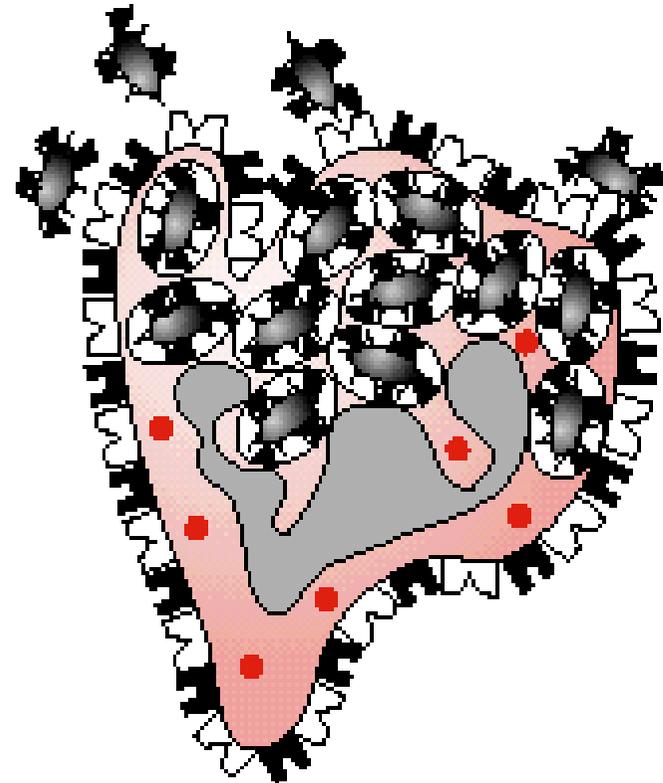
☑ Neutrophil iC3b receptor



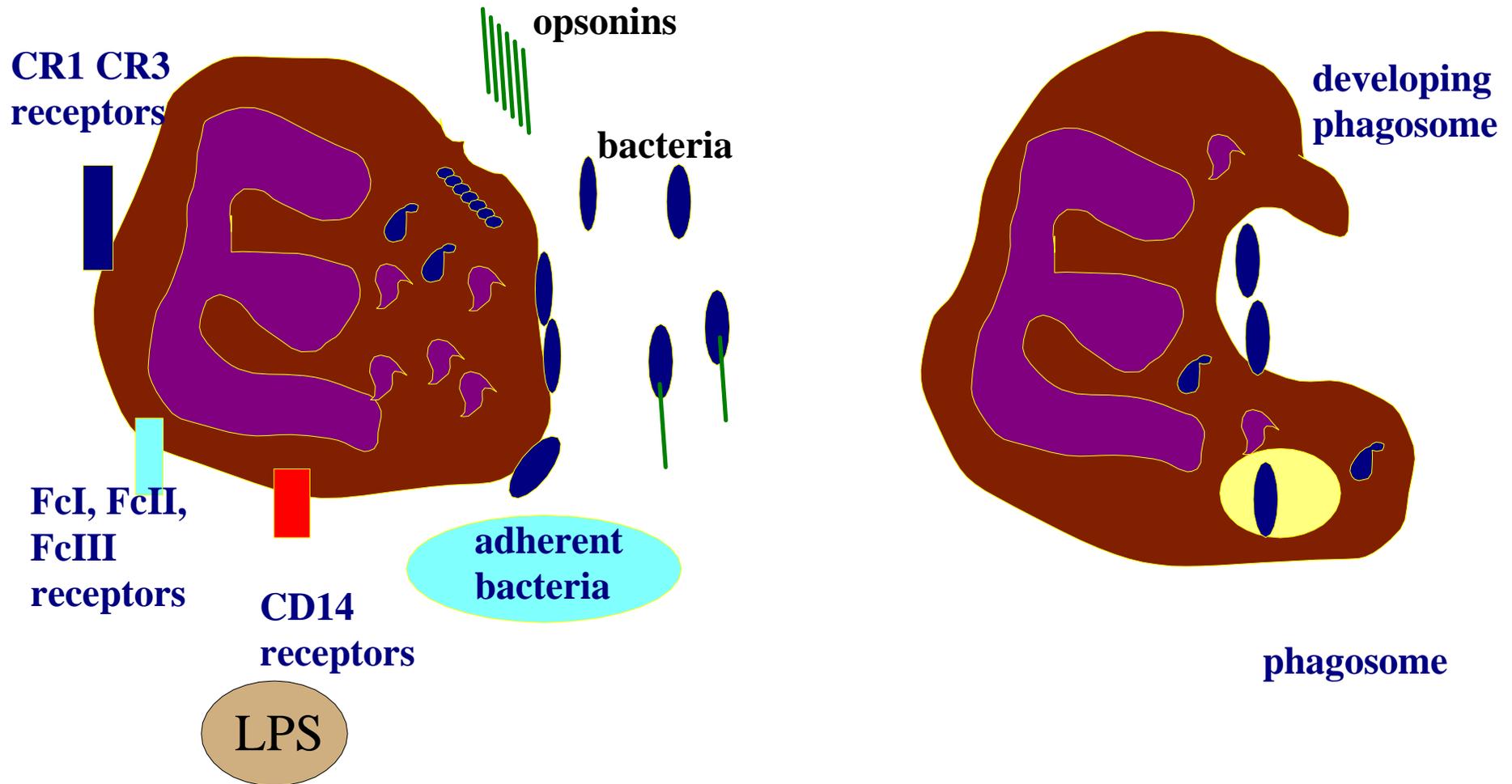
■ Neutrophil Fcγ receptor



☐ Neutrophil iC3b receptor



Polymorphonuclear leukocytes (PMN) phagocytosis



Polymorphonuclear leukocytes (PMN)

1. recognition and fixation of foreign particles,

Fc receptor binds immune globulins and also opsonised foreign particle

Any functional disturbances in Fc receptor can lead to severe periodontitis

The Ig subclasses have decisive effects on the quality of opsonisation

IgG1 and IgG3 subclasses are strong opsonines

IgG2 and IgG4 subclasses are weak opsonines

Polymorphonuclear leukocytes (PMN)

Fc receptor

Fc receptor is a very critical coupling factor between non specific innate reactions and humoral immunity.

On the cell membrane of Neutrophils there are many receptors, with different affinity

FcI high affinity receptor

FcII and FcIII low affinity receptors

FcII receptor binds all Ig subclasses

FcIII binds only IgG1 és IgG3 subclasses

FcIII receptor cannot ignite oxidative burst

FcII receptor can activate the whole process of phagocytosis

Polymorphonuclear leukocytes (PMN)

Fc receptor

In localized juvenile periodontitis the expression of FcII and FcIII receptors is down regulated in crevicular PMN cells

The circulating PMN cells show normal values

Polymorphonuclear leukocytes (PMN)

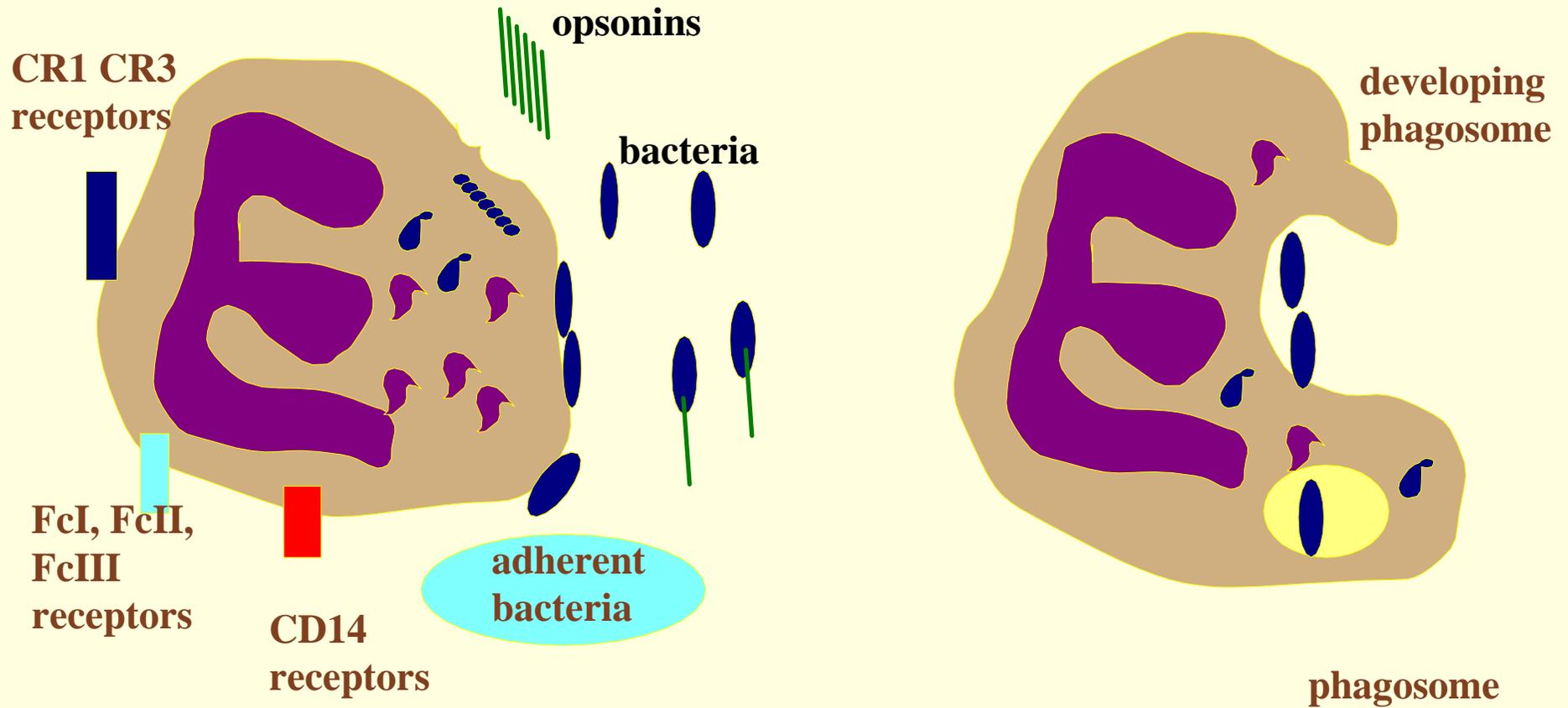
CD14 receptor

A PMN leukocytes can opsonise bacteria without Ig and complements

CD14 receptors on PMN cell membranes can bind LPS

PMN cells can phagocytose bacteria if complement or specific Ig molecules are destroyed by bacterial virulence factors

Polymorphonuclear leukocytes (PMN) phagocytosis



Polymorphonuclear leukocytes (PMN)

**Phagocytosis is an active energy consuming process
There are three stages:**

- 1. recognition and fixation of foreign particles,**
- 2. engulfing foreign particles**
- 3. degradation and digestion of foreign particles**

Polymorphonuclear leukocytes (PMN)

There are different cytoplasmatic granules

Three type of granules exist:

primary or azurophil granules

secondary or specific granules

terciary of C granules

Primary granules is identified by its peroxidase content

myeloperoxidase, lysozyme és proteinase enzymes.

Secondary granules are peroxidase negative - Containing:

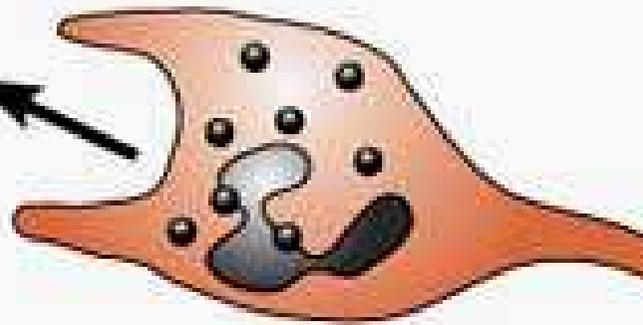
lactoferin, B12 binding protein, fibronectin receptors, laminin receptors

Secondary granules are released chiefly extracellularly while primarily granules serving the intracellular digestion .

A. Chemotaxis

Bacterial pathogen

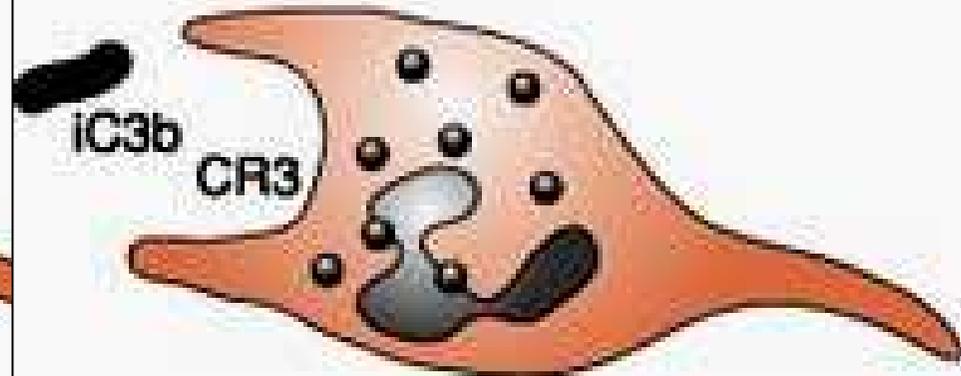
C5a



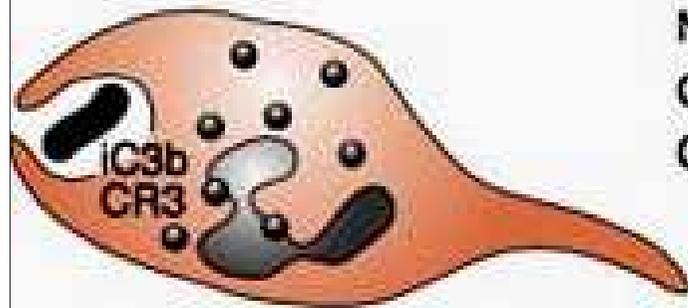
B. Initiate Phagocytosis

iC3b

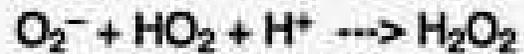
CR3



C. Oxygen Reduction



NADPH oxidase



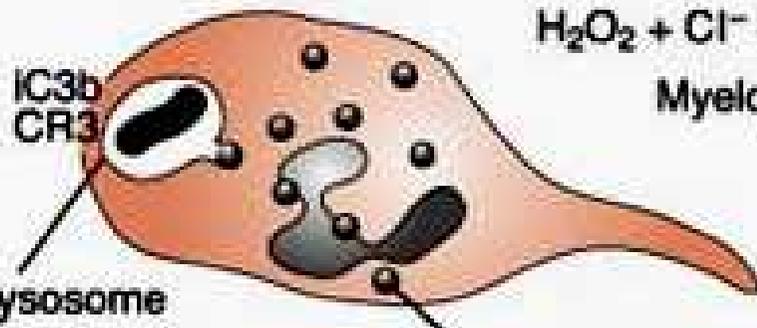
D. Killing

iC3b
CR3

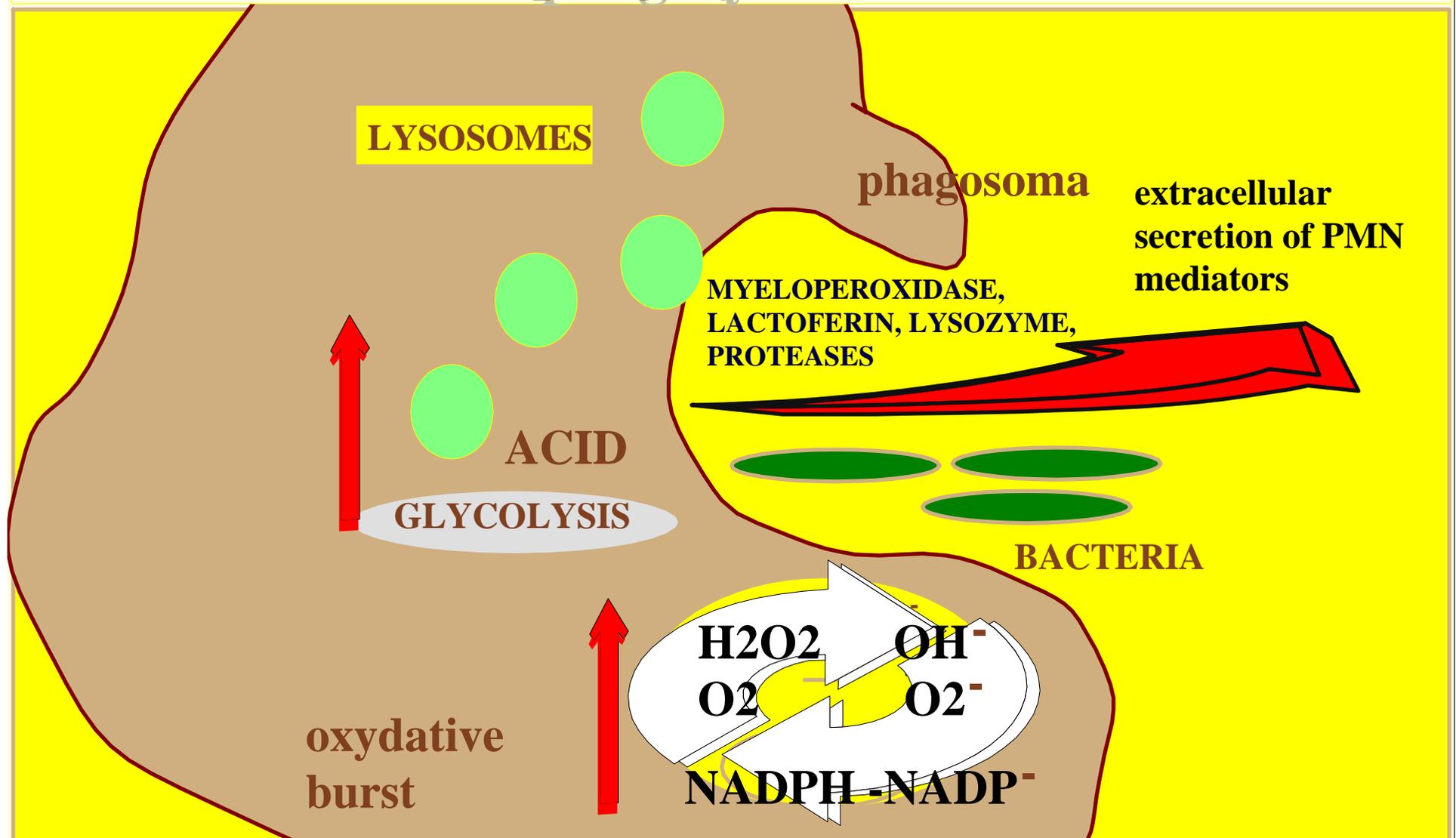


Myeloperoxidase

Phagolysosome



Polymorphonuclear leukocytes (PMN) phagocytosis



Polymorphonuclear leukocytes (PMN)

PMN leukocytes make up the first defensive line with the complement system and Ig molecules
neutrofil/complement/antibody axis

Deficiencies in PMN functions - greater risk for

destructive periodontal disease

Leukocyte Adhesion Deficiency

Papillon-LeFevre syndrome

Chediak-Higashi syndromes

cyclic neutropenia

leukemia

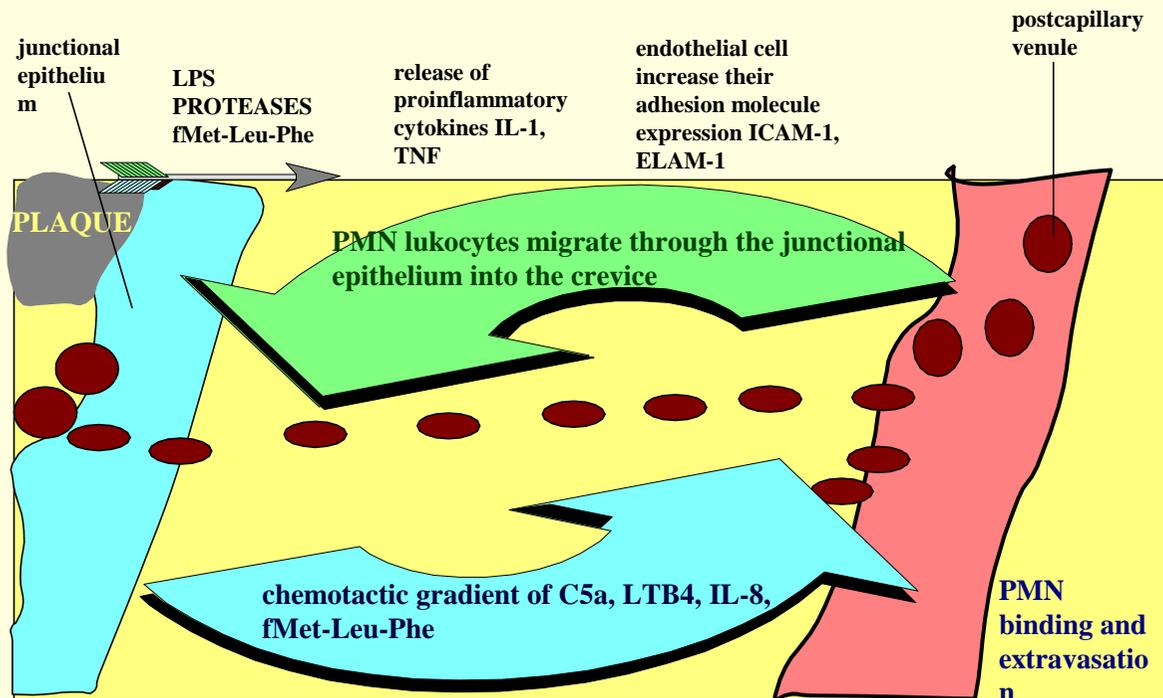
localized juvenile periodontitis





LEUKOCYTE ADHESION DEFICIENCY, (LAD)

SCHEMATIC ILLUSTRATION OF THE PROCESS WHEREBY NEUTROPHILS ARE ATTRACTED INTO THE JUNCTIONAL EPITHELIUM



Selectin

CD-15

Integrin

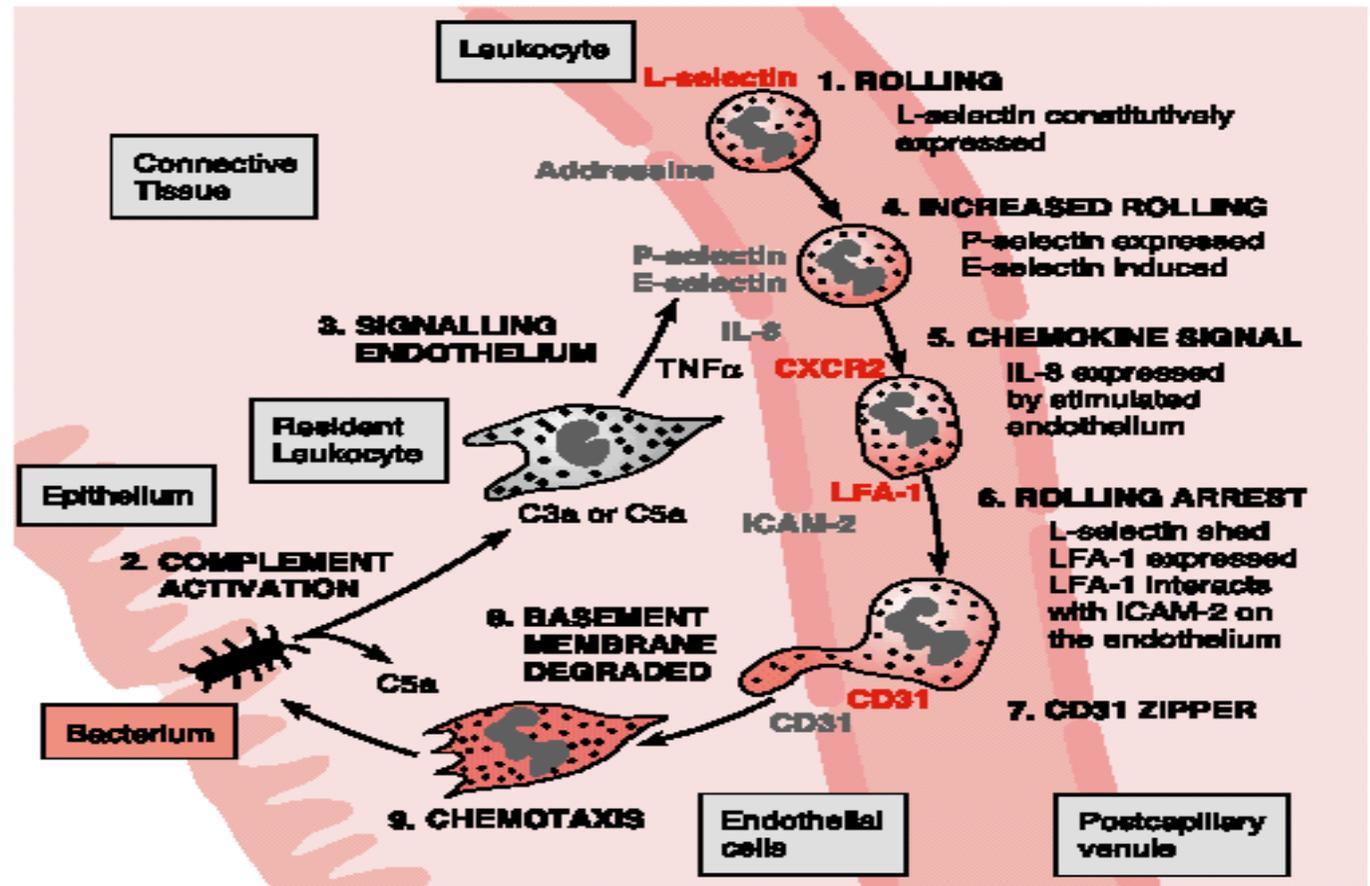
CD-11 a,b,c

CD-18



LEUKOCYTE ADHESION DEFICIENCY, (LAD)

As integrin molecules are also responsible for binding the opsinized antigens, in this disease not only the diapedesis but also the phagocytosis is hampered



Papillon LeFevre syndrome

Gene mutation on 11 chromosome (11q14-q21)

cathepsin C gene

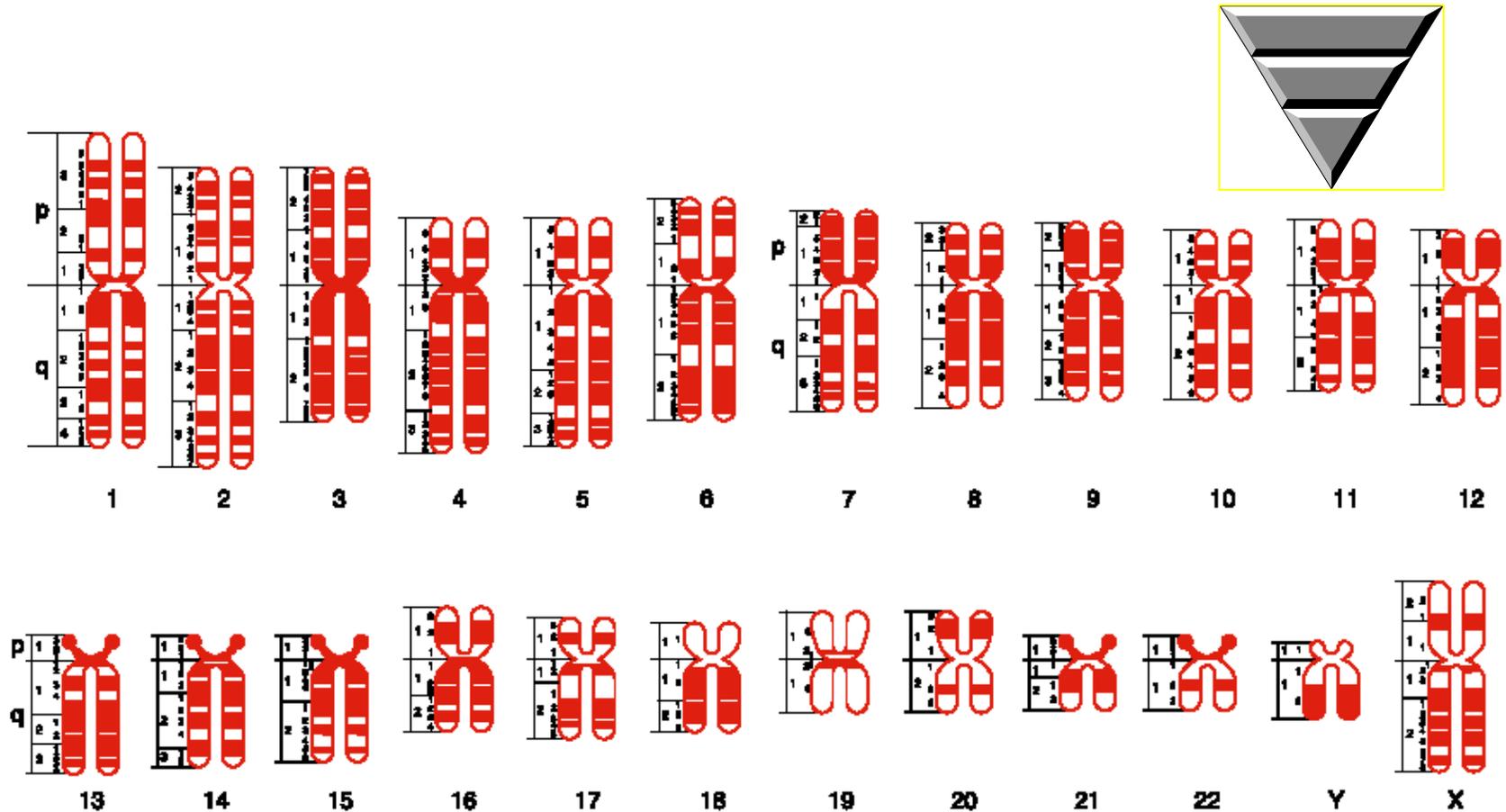
HART TC, HART PS, BOWDEN DW és mts. Mutation of the cathepsin C gene are responsible for Papillon-Lefevre syndrome *J Med Genet* 1999; 36:881-888

HART TC, ZHANG Y, FIRATI E és mts. Identificaton of cathepsin C mutations in ethnically diverse Papillon-Lefevre syndrome patients *J Med Genet* 2000; 37: 927- 931



Papillon LeFevre syndrome

Gene mutation on 11 chromosome (11q14-q21) cathepsin C gene

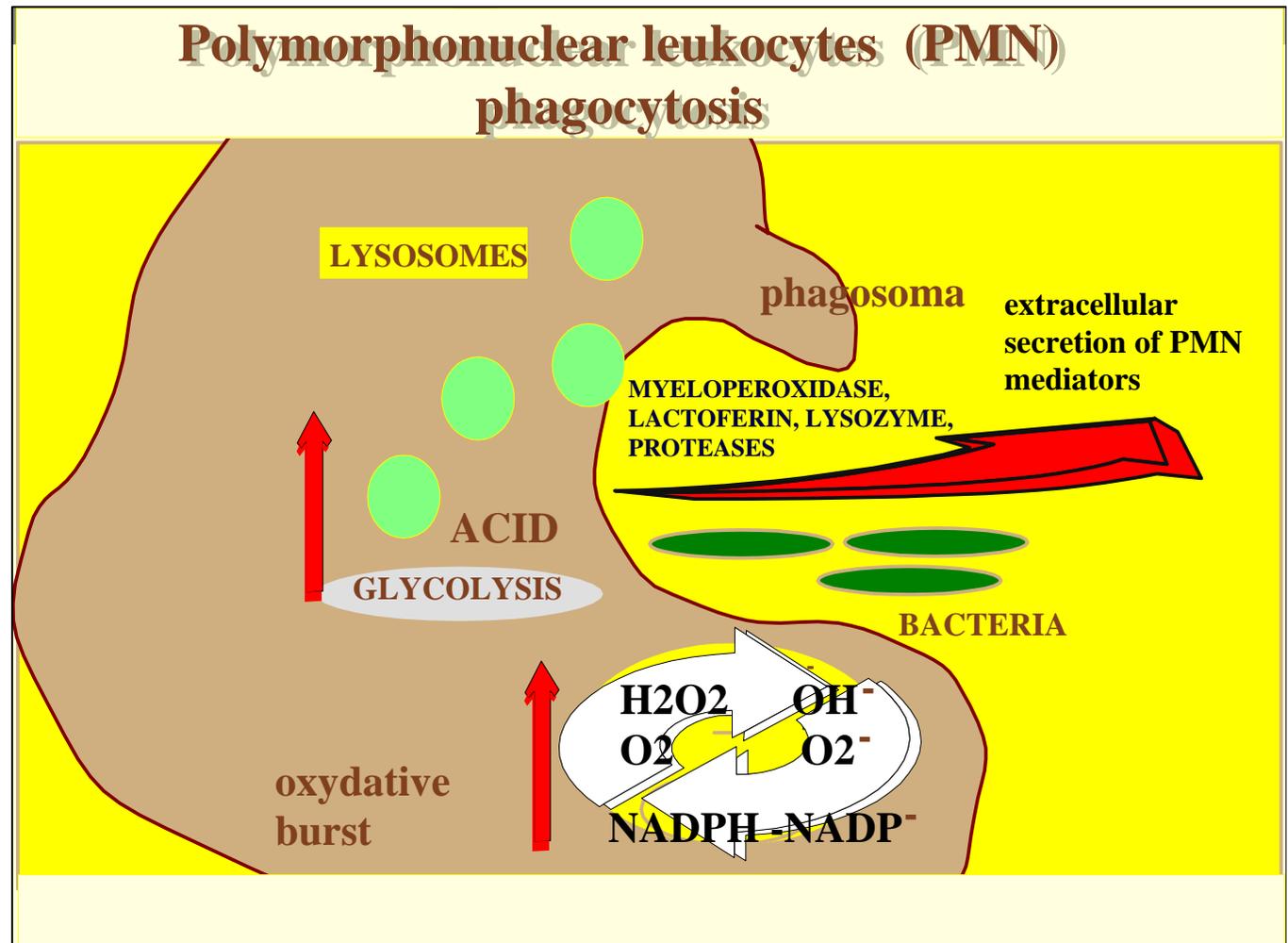


Chronic granulomatous disease

PMN leukocytes NADPH oxydaze enzyme dysfunction

The disease is inherited by recessive inheritance

The PMN cells are not able to produce reactive free oxygen radicals and is not capable of killing phagocytosed bacteria



Mononuclear cells monocytes and macrophages

Langerhans cells and gingival macrophages,

macrophages make up 2% of the cellular elements of the gingival sulcus fluid

Plays important role in the production of inflammatory and regenerative cytokines (IL-1, IL-6, TNF, TGF, PGE2 LTB4)

Mononuclear cells monocytes and macrophages

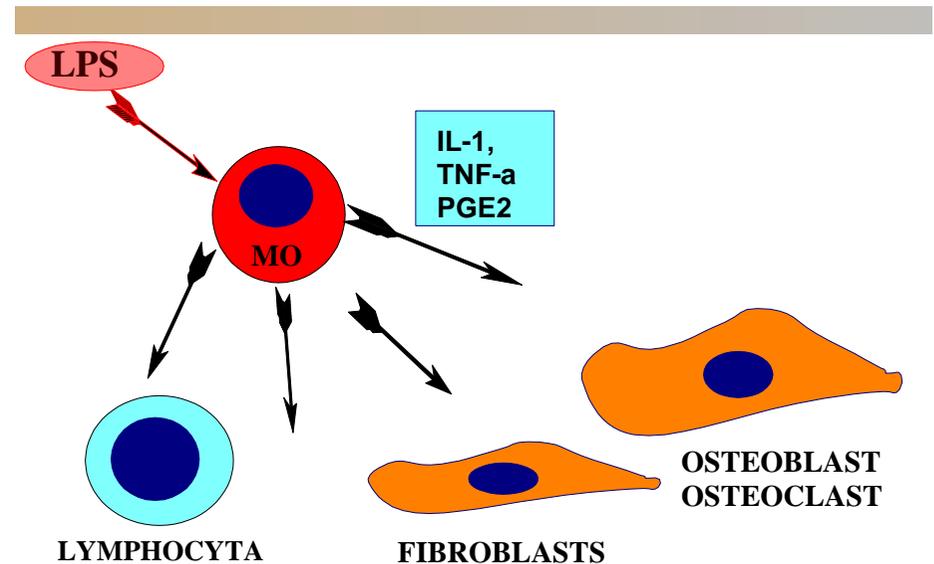
The reactivity and cytokine production by monocytes determine the course of the inflammatory periodontal disease and the severity of tissue destruction

**The life span of the monocytes is much longer than that of the PMN leukocytes
After phagocytosis the cells survive .**

Monocytes from different individuals secrete different amount of proinflammatory cytokines and PGE in response to endotoxin stimulation .

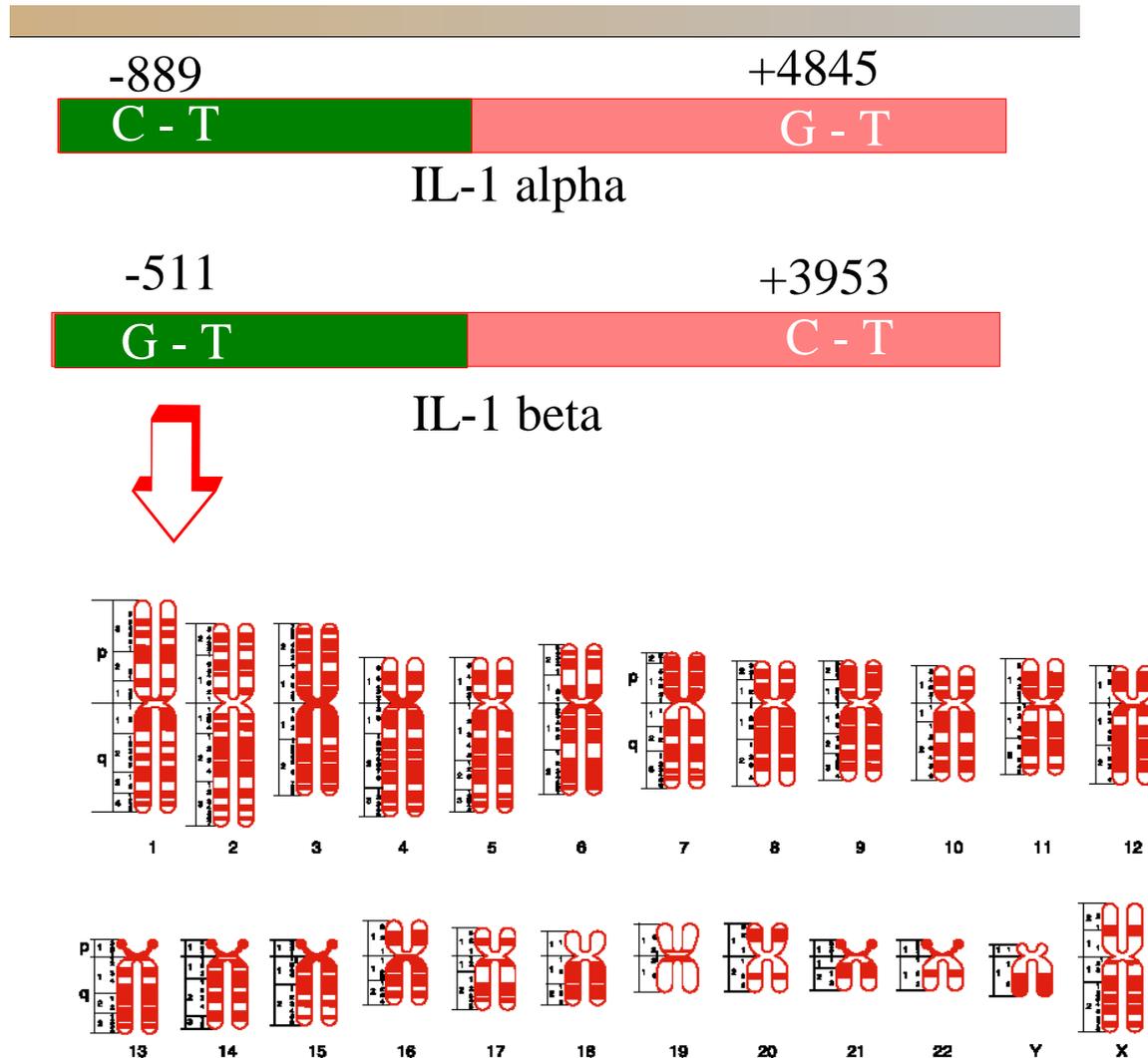
Those individual differences are genetically inherited and determined by chromosomal gene polymorphisms

MOLVIG J, BAEK L,
CHRISTEN P. et al.:
Endotoxin stimulates human
monocyte secretion of
interleukin-1, tumor necrosis
factor α and prostaglandin
E₂ shows stable inter-
individual differences. *Scand
J Immunol* 1988; 27: 705-
716



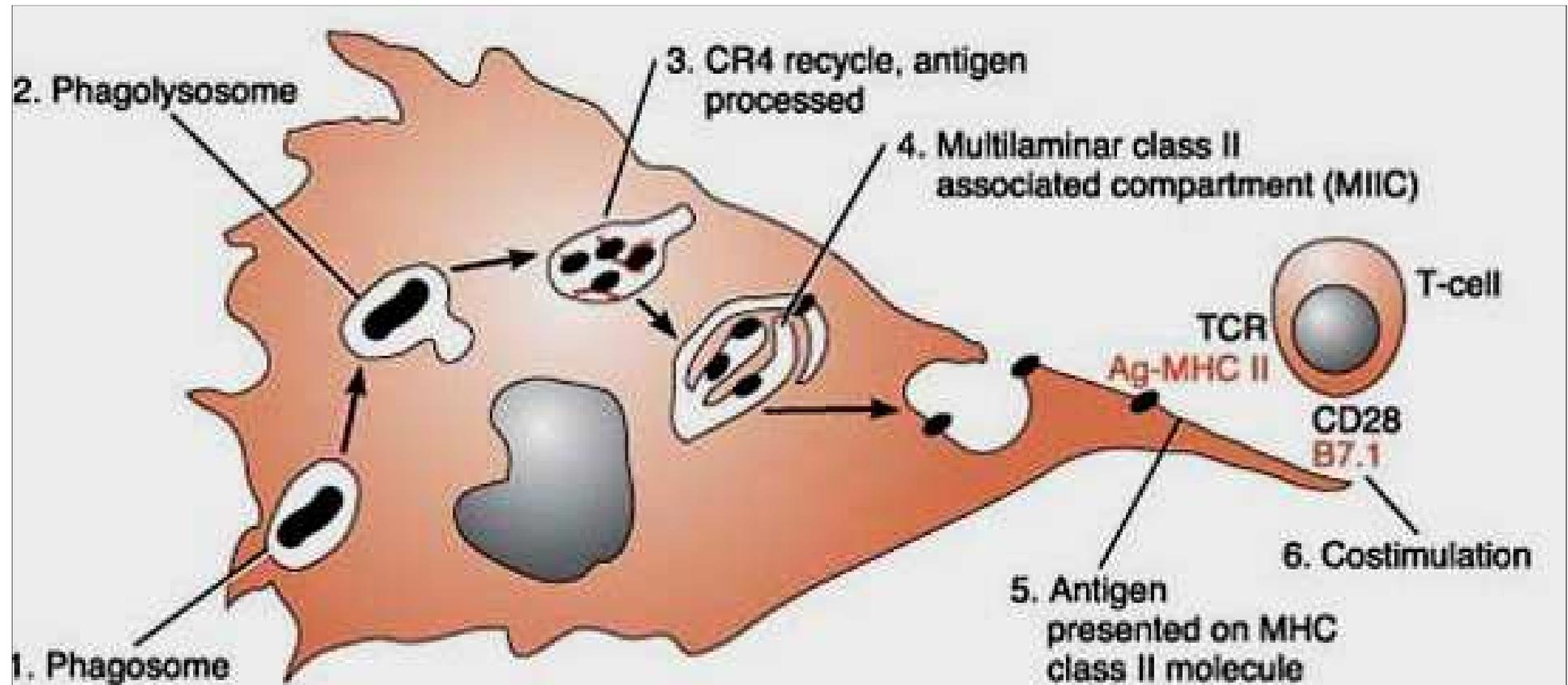
A nucleotide base change on the locus of IL-1B⁺³⁹⁵³ of the homologous chromosome will lead to a four fold increase in IL-1 production by monocytes

KORNMAN KS,
diGIOVINE FS.
Genetic variations
in cytokine
expression: a risk
factor for severity
of adult
periodontitis *Ann
Periodontol* 1998;
3:327-338



The destructive and protective host response

- A “maximum” intensity of host immune inflammatory reaction leads to excessive tissue damage without enhancing the control of infection
- (Trombone *et al.*, 2009).
- Patients presenting hyper-inflammatory genetic variants present the same frequency and load of red-complex periodontopathogens and *A. actinomycetemcomitans*
- as patients genetically not prone to develop exacerbated responses
- (Ferreira *et al.*, 2008);



E. Cytokines

IL-1 α	IL-6	PDGF	MCP-1
IL-1 β	IL-8	TGF β	FGF
IL-1ra	IL-12	IFN α/β	VEGF
	TNF α	IFN γ	

**Th1 – Th 2
differentiations**

Natural killer lymphocytes (NK cells)

Non committed lymphocytes

They simple bind to target cells and kill them without previous sensitization

Provide immediate non specific reaction

High affinity Fc receptors for IgG which enables them to play an important role in antibody dependent cell mediated cytolysis

inflammatory cytokines



secondary inflammatory mediator production



PAF, histamine, bradykinin, PGE2

Cytokines

cytokines are soluble proteins produced by cells and act on other cell from the same cell line or on different cells lines

autocrine regulation

paracrine regulation

Cytokines

Common features

- 1. locally produced and acting and degrading locally
- 2. several cytokines have similar biologic effects
- 3. Most inflammatory cytokine pre coded in mRNA - and a signal can trigger the translation and secretion
- 4. Very strong hormones, acting on high affinity membrane receptors in very low concentration 10^{-9} - 10^{-8} Mol
- 5. Several cells have different membrane cytokin receptors and can give opposing answers
- 6. Cells have membrane receptors with different affinity

Interleukin 1 (IL-1)

IL-1 plays a crucial role in the pathogenesis of periodontal destruction

Disease activity in periodontal pockets leads immediately to increased (3-4 fold) IL-1 β concentration

Interleukin 1 (IL-1)

One of the earliest cytokines

Osteoclast stimulating factor

**LPS stimulated lymphocytes in cell cultures
produced a substance which increased bone
resorption in bone organ cultures**

IL-1 exists in two forms IL-1 a and b.

Interleukin 1 (IL-1)

- **Locally acts to up-regulate adhesion molecules on fibroblasts, endothelial cells, lymphocytes, PMN leukocytes and monocytes**

Bacterial LPS stimulates sulcus Langerhans cells to produce IL-1 α and β -t. They play important role in periodontal inflammation

Directly increase all catabolic processes in connective tissue

Interleukin 1 (IL-1)

Increases PGE2 secretion by fibroblasts and monocytes which in turn stimulates vasodilatation, oedema and bone resorption

Stimulates PMN leukocytes and monocytes MMP production

IL-1 is autostimulatory acts on other cells to produce more IL-1

Interleukin 1 (IL-1)

There are IL-1 receptor antagonists (IL-1ra)

They can bind to IL-1 receptors and occupies IL-1 receptors

IL-1ra synthesis is enhanced by steroids and certain anti inflammatory cytokines IL-4, IL-10.

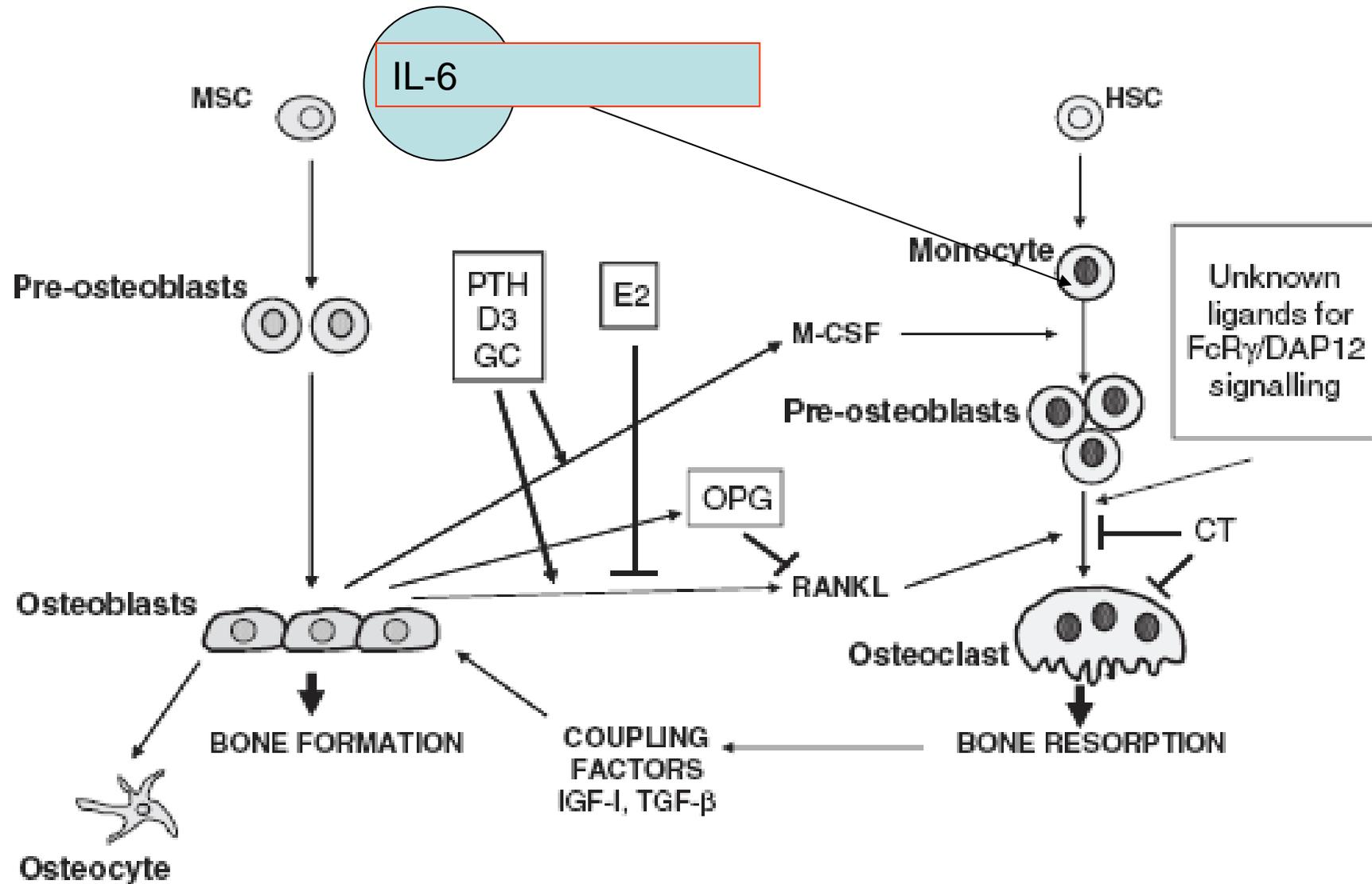
Interleukin-6 (IL-6)

Produced by lymphocytes, fibroblasts and monocytes.

IL-6 promotes the proliferation and differentiation of B lymphocytes, T lymphocytes and the differentiation of monocytes into multinucleated osteoclasts

IL-6 produced during inflammation plays essential role in periodontal bone resorption .

IL-6



Interleukin-6 (IL-6)

Estrogens and progesterons inhibit the secretion of IL-6 by mononuclear cells and osteoblasts

Supposedly this plays an important role in the postmenopausal osteoporosis and the increased severity of periodontal bone loss after menopause.

Tumor necrosis factor alpha (TNF α)

Promotes matrix degradation and bone resorption

Less potent than IL-1.

The mechanisms of action on bone metabolism is different from that of IL-1.

It exerts a decoupling effect on bone, inhibiting bone formation and facilitating osteoclastic bone resorption

Chronic low levels of IL-1 and TNF α in the bloodstream can promote endothelial cell damage and atherosclerosis !!!!!

Tumor necrosis factor alfa (TNF α)

**In low concentration protect against inflammation.
In high concentration extremely toxic to the tissues**

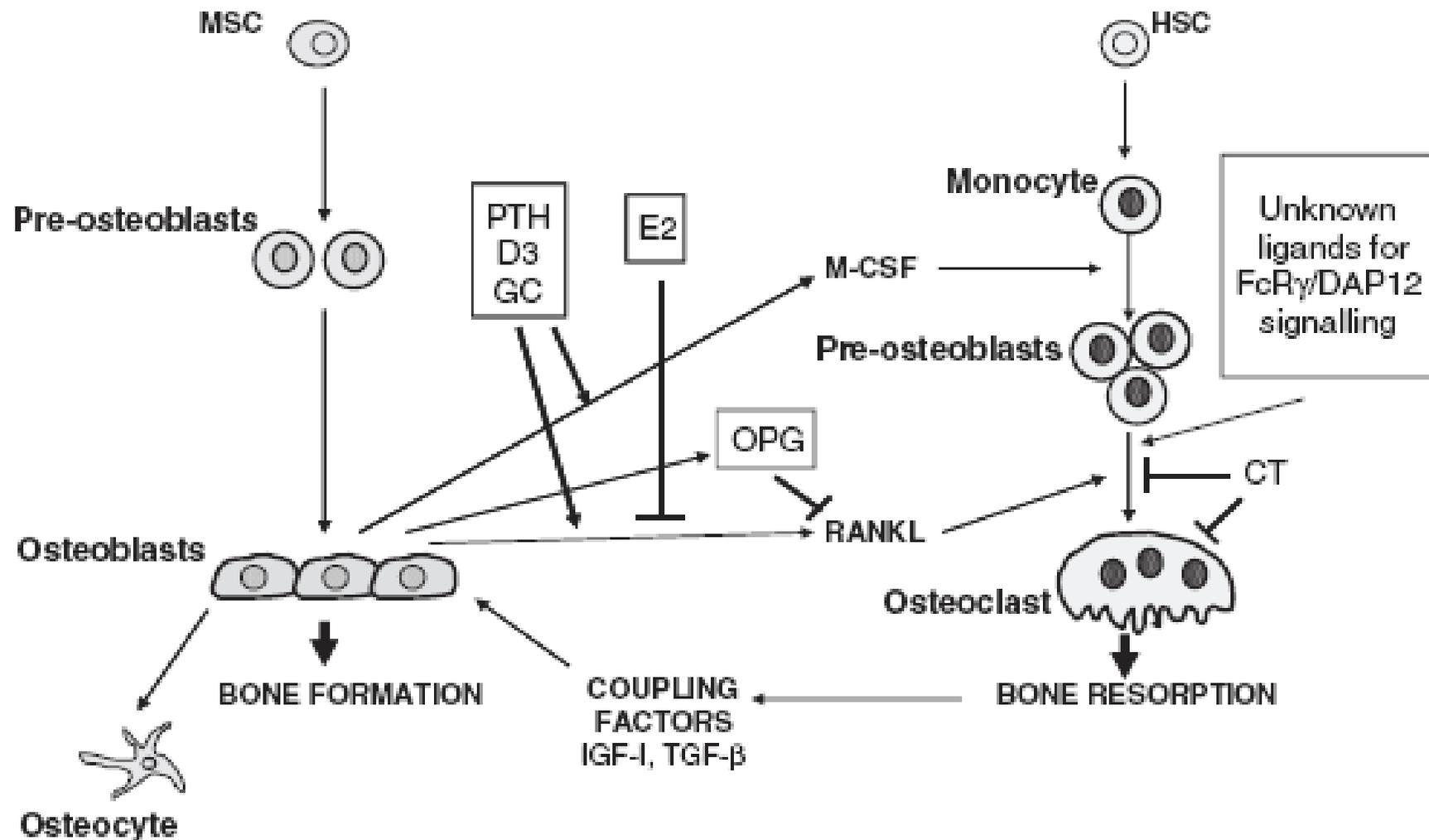
Causing abortion in pregnant animals

**Triggers the release of histamine, serotonin Promotes
matrix degradation and bone resorption
Less potent than IL-1.**

INFLAMMATORY BONE RESORPTION -RANKL

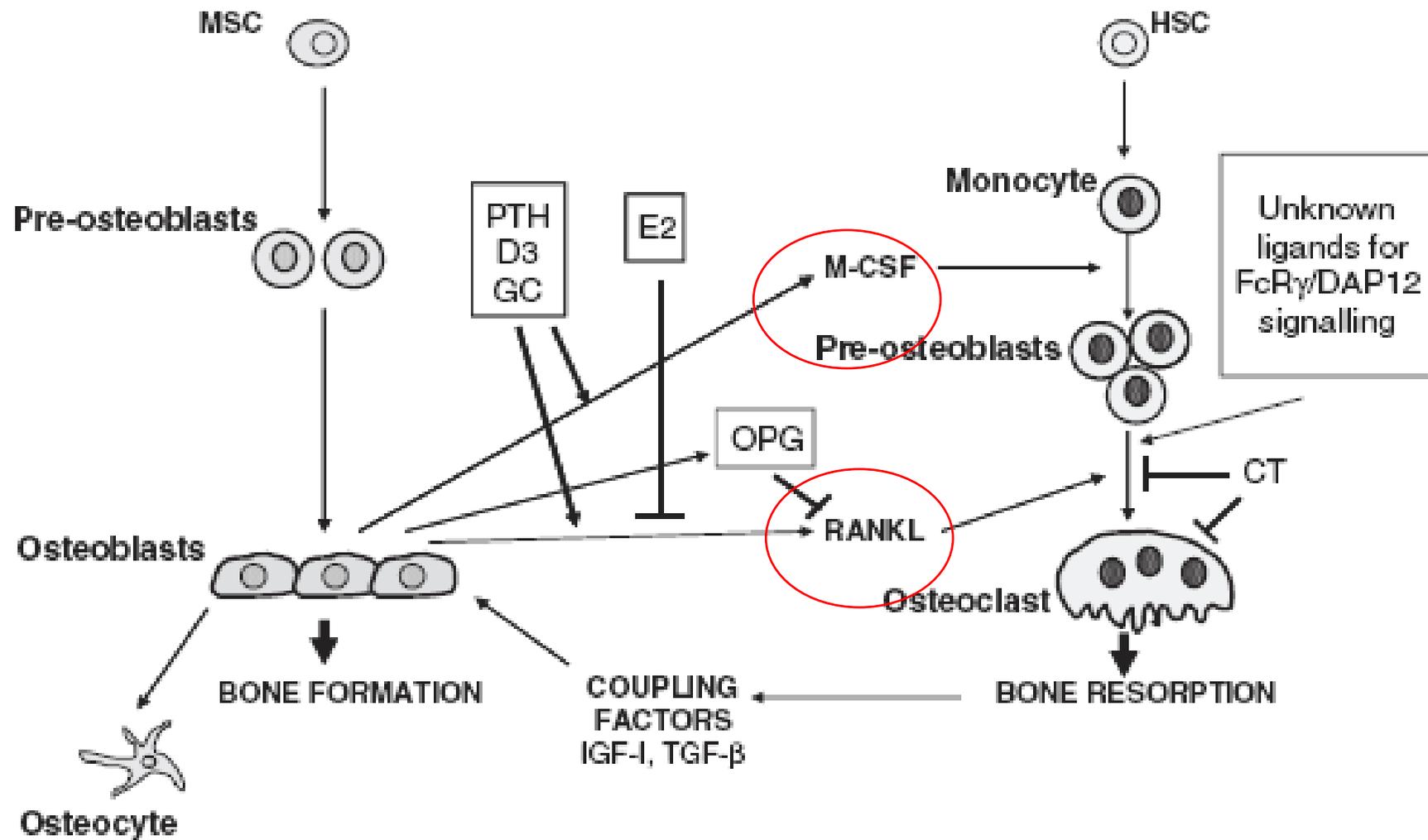
- **Inflammatory bone diseases enhance the local RANKL expression and the RANKL/OPG ratio is shifted**
- (*Liu és mtsai., 2003, Taubnam és mtsai., 2001, Teng és mtsai., 2000*) .
- **Interleukin-1, IL-6 and TNF- α are strong bone resobers and they increase the RANKL/OPG expression in osteoblasts and other stromal cells. These cells can locally control the extent of bone resorption**
- (*Lerner 2004, Liu 2003 Nafasawa és mtsai., 2007*).

The role of osteoblasts in the osteoclastogenesis and modulation of bone resorption



The molecular communication factors between osteoblasts and osteoclasts

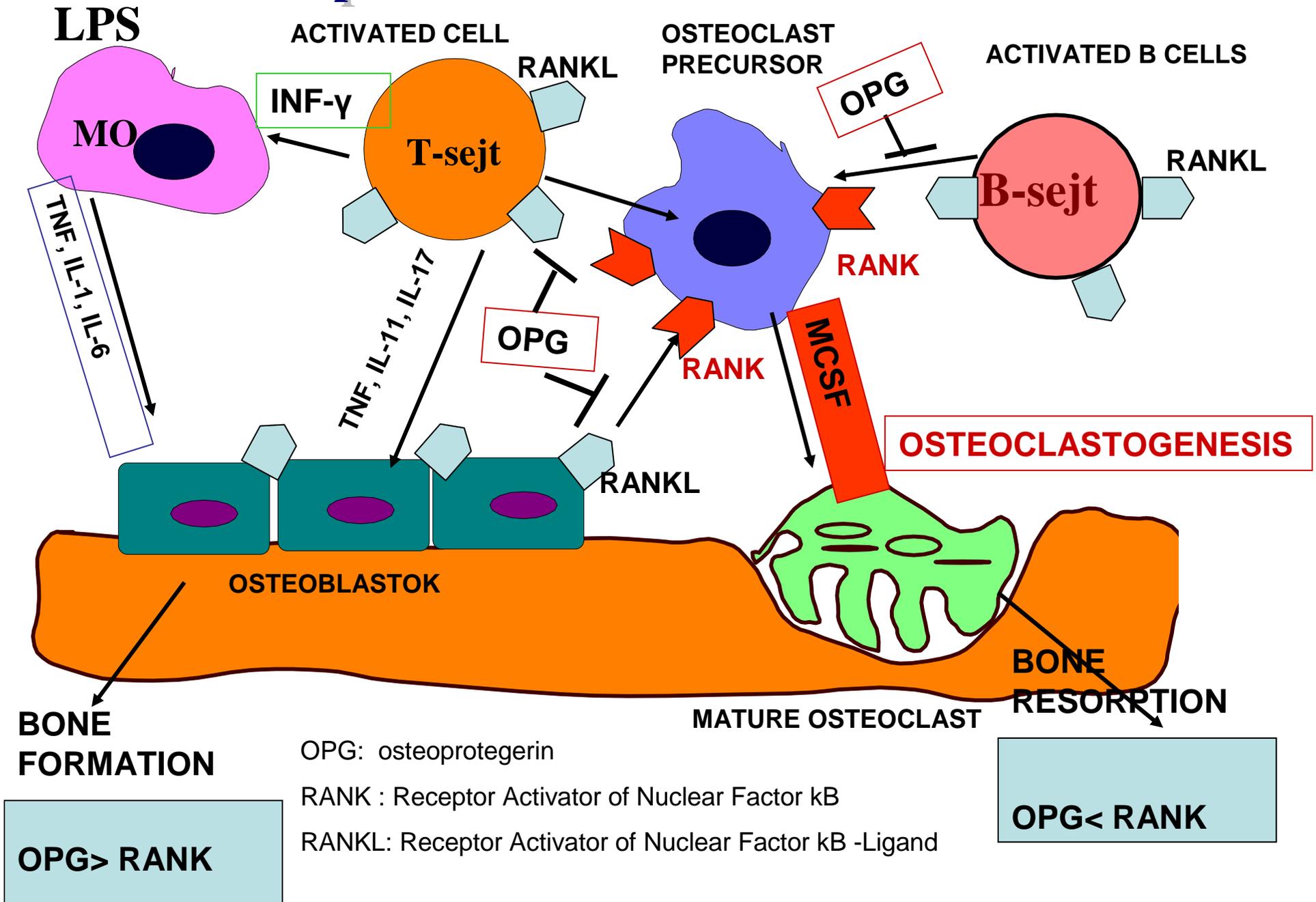
- *Macrophag Colony Stimulating Factor (M-CSF)*
- *Receptor Aktivator of Nuclera Factor K Ligand (RANKL).*
- **The M-CSF** binds to the membrane receptors of **osteoclast precursors** igniting their proliferation and ensures their survival
- **RANKL** is a trigger factor, that facilitates the **differentiation of osteoclast precursor** cells and stimulates the resorptive capacity of the matured k osteoclasts
- (*Yasuda és mtsai., 1998, Kong és mtsai., 1999, Lacey és mtsai., 1998*).

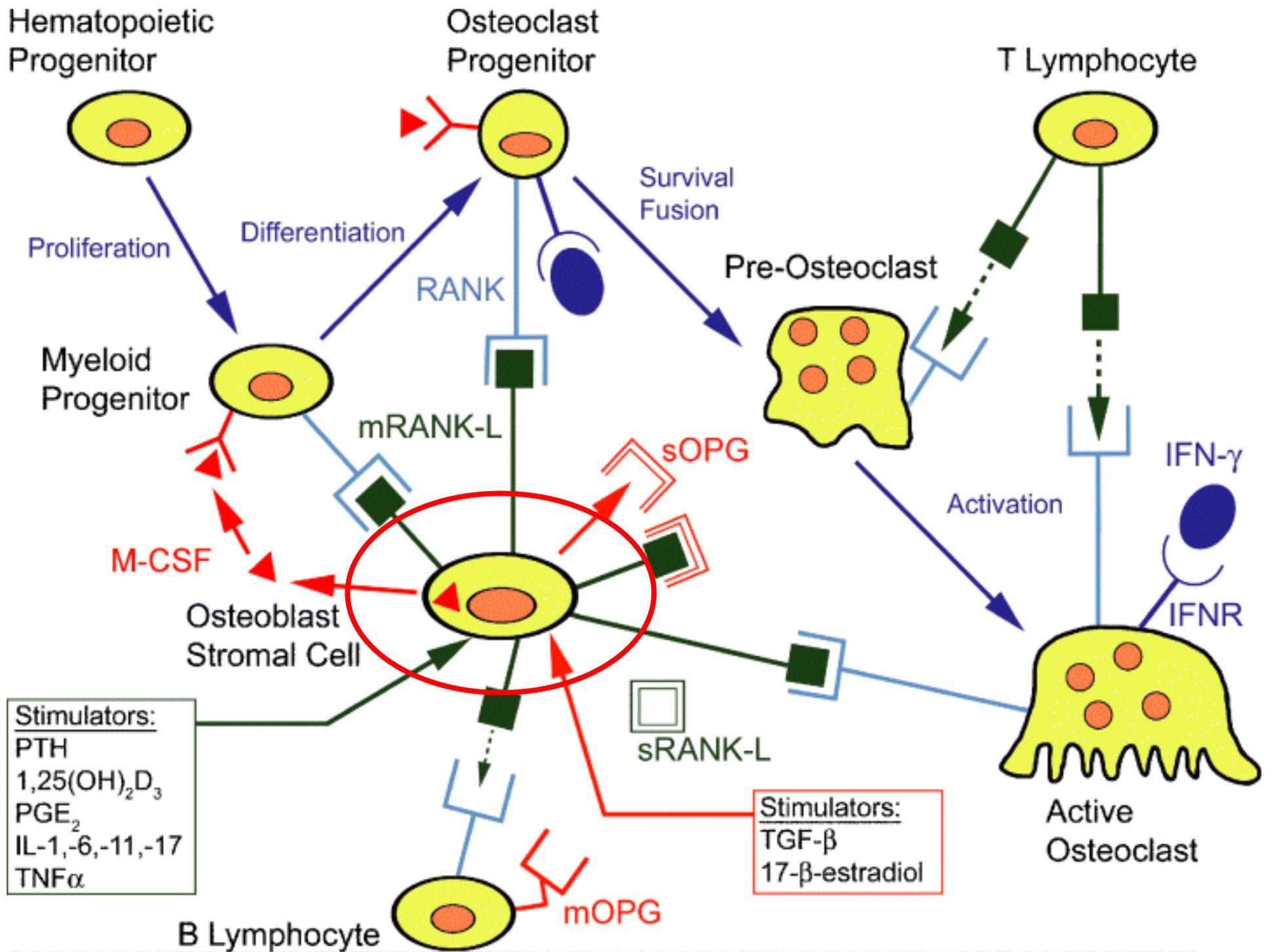


The role of osteoblasts in the osteoclastogenesis and modulation of bone resorption

- The effect of RANKL can be antagonized by osteoprotegerin (OPG) (*Simonet és mtsai., 1997*).
- OPG synthesized by osteoblasts and other stromal cells.
- OPG can bind to RANKL- and can block the RANKL/RANK coupling and the triggering of osteoclasts .

PERIODONTAL BONE RESORPTION





Chemotactic cytokines

IL-8

Chemokines

Produced by epithelial cells, monocytes and endothelial cells stimulates by IL-1, LPS or TNF α .

IL-8 stimulates MMP secretion by PMN leukocytes

IL-8

In gingivitis the LTB4 concentration in the gingival sulcus is high

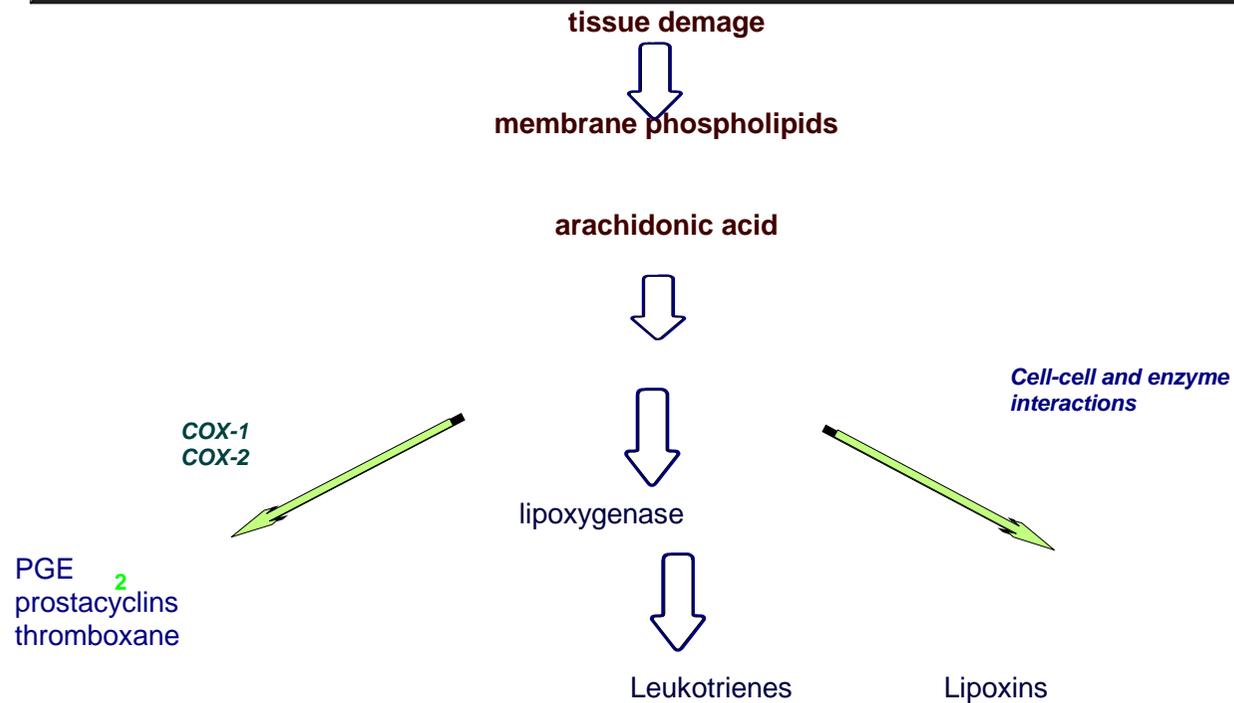
In destructive periodontitis , especially in periodontal abscess the IL-8 concentration is high

The IL-8 evoked PMN response is more destructive due to the elevated MMP production

PMN cell response attracted by LTB4 or C5a chemotactic factors is more protective due to the stimulated phagocytosis

Prostaglandin

Modulation of arachidonic acid metabolism



Prostaglandin

Two isoforms of cyclooxygenase enzymes
COX-1
COX-2

COX-1 PG-s for homeostasis

COX-2 PG-s for inflammation

e

local inflammatory PG production

*monocytes
macrophages
fibroblasts
PMN leukocytes
other white blood cells
endothelial cells*

Prostaglandin

IL-1 β or TNF α stimulus on monocytes immediately induce COX-2 gene transcription and de novo production of PGE,

The same stimulus has no effect on the COX-1 enzyme system.

In the periodontal tissues the main source of PGE₂ is monocytes and fibroblasts

Prostaglandin

Genetically determined variance in host immune response to bacterial infections has been identified in individuals with aggressive periodontitis

Monocytes from aggressive periodontitis patients showed increased PGE production upon stimulation with LPS

Shapira L et al. The secretion of PGE, IL-1b and TNFa by adherent mononuclear cells from early onset periodontitis patients *J. Periodontol* 1994;65:139-146

Prostaglandin

PGE increases vascular permeability, vasodilatation and edema.

Stimulate MMP production by monocytes and fibroblasts and consequently promotes connective tissue matrix catabolism

Directly and indirectly stimulates bone resorption

Synergistically enhances biologic effect of $\text{TNF}\alpha$ and IL-1

Prostaglandin

In gingivitis the PGE2 concentration of the crevicular fluid is significantly increased.

In gingivitis there is a three fold increase

In periodontitis there is an additional 3-5 fold increase

PG is a potent bone resorber

periodontitis

periapical periodontitis

cyst

orthodontic tooth movement

traumatic occlusion

malignant tumors

NONSTEROID ANTI-INFLAMMATORY DRUGS

ASPIRIN
APRANAX
CATAFLAM
DICLOFENAC
DONALGIN
FLUGALIN
HOTEMIN
INDOMETACINUM
NAPROSYN
PROFÉNID
SURGAM
TILCOTIL
VOLTAREN

Reparative and anabolic cytokines

- ◆ **During wound healing and tissue repair monocytes platelets, fibroblasts and other cells produce factors with anabolic biological effects**
 - **Platelet Derived Growth Factor (PDGF)**
 - **Fibroblastic Growth Factor (FGF)**
 - **Insuline-like Growth Factor (IGF)**
 - **Transforming Growth Factor (TGF)**
 - **Bone Morphogenic Proteins (BMPs).**

Reparative and anabolic cytokines

- 1. These are chemotactic for fibroblasts, periodontal ligament mesenchymal cells, and osteoprogenitor cells**
- 2. Many, as a growth factor induce cellular differentiation of connective tissue mesenchymal cells into matured matrix-secreting cells**
- 3. Many of the growth factors are incorporated into the newly formed matrix**
I.e. Bone contains large amount of BMP, TGF and IGF.

Reparative and anabolic cytokines

- **Matrix degradation immediately triggers the compensatory anabolic cytokine production**
- **If bacterial stimuli persist the pro-inflammatory cytokines will suppress the regenerative processes,**
- **After the bacterial factors having been eliminated the regenerative processes will dominate the tissue reactions and the connective tissue regenerates**

Reparative and anabolic cytokines

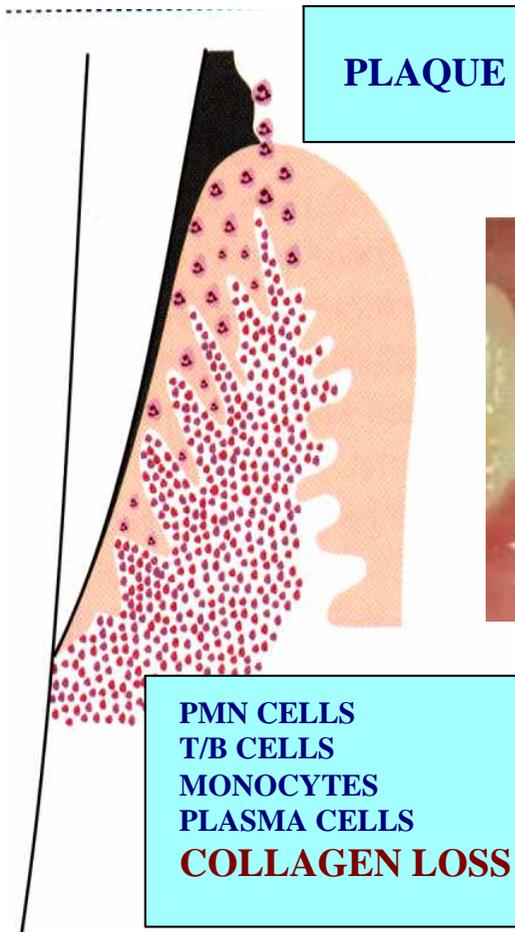
- **In periodontal inflammation the majority of the pro-inflammatory cytokines are produced by monocytes. The monocyte reaction plays a decisive role in the determination of the severity of inflammatory reaction and tissue damage**
- **The healing is also promoted by anabolic cytokines produced by monocytes**

SPECIFIC- ADAPTIVE IMMUNE RESPONSE

Established gingival laesion

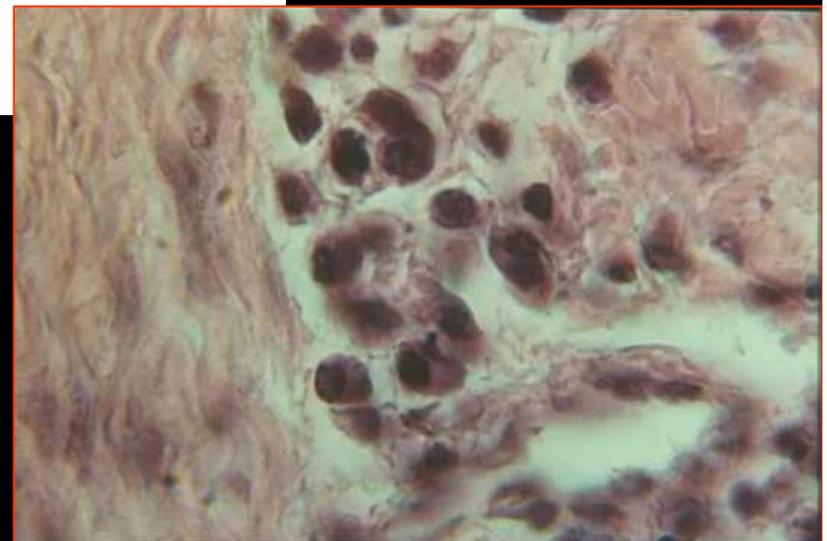
cellular infiltrate 30-60%
predominantly T- B lymphocytes
monocytes/ macrophages
plasma cells 10-40%

greatly increased PMN emigration
vascular proliferation
severe loss of collagen,
fibroblast degeneration
severe proliferation of junctional
epithelium
accantotic sulcus epithelium
deepening sulcus



Specific - adaptive -immunity in the pathomechanism of periodontal disease

- **In a relatively early stage of gingivitis T lymphocytes are present in the inflammatory cellular infiltrate**
- **They are primarily protective**
- **There are three different kind of T cells responding to different antigens**



Specific immunity in the pathomechanism of periodontal disease

- 1- CD8+ cytotoxic lymphocytes,**
- 2 - CD4+ lymphocytes**
- 3 - natural killer T lymphocytes**

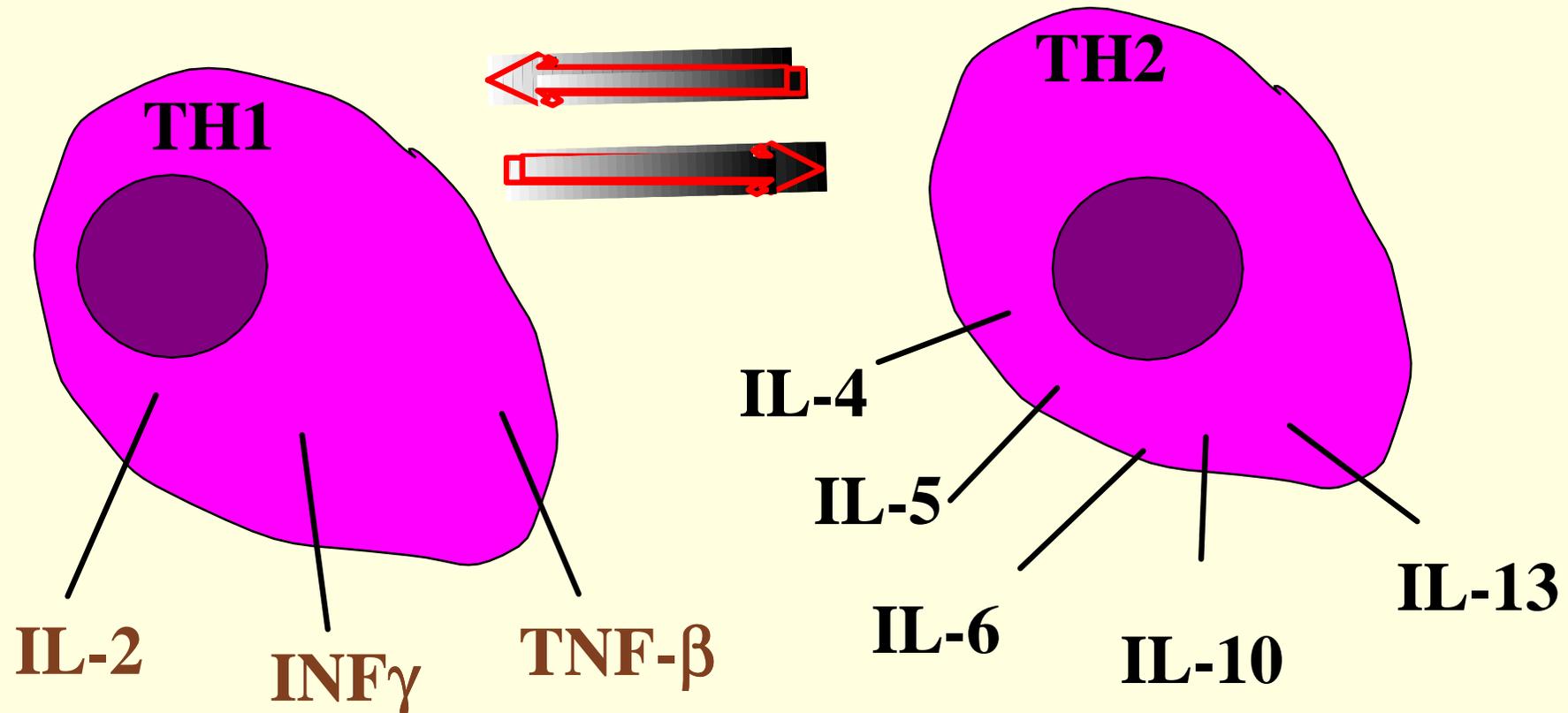
CD4+ cells are helper T cells

They are divided into two sub groups

Th1 and Th2 helper cells

Th17 and Treg cells (regulatory)

CYTOKINES PRODUCED BY TYPE 1 (TH1) AND TYPE 2 (TH2) CD4+ HELPER CELLS



ENHANCE CELL
MEDIATED RESPONSE

ENHANCE HUMORAL
IMMUNE RESPONSE

Specific immunity in the pathomechanism of periodontal disease

- **Th1 and Th2 cells play different role in periodontitis**
- **Th1 cells primarily associated with active inflammation and restricted to a relatively limited area**
- **Th2 cells are widely spread all over the tissue and rather associated with chronic inflammation**

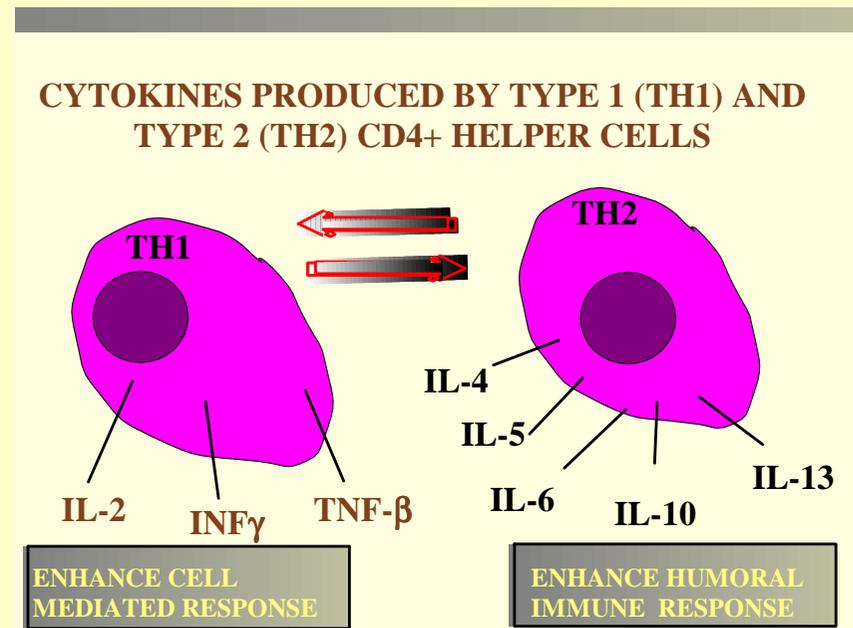
BONE RESORPTION BY ADAPTIVE IMMUNE RESPONSE

- **It has been reported that T-cells are**
- **involved in bone destruction *via* IL-17 production, which in turn is described as an inducer of RANKL production**

- **(Kotake *et al.*, 1999; Sato *et al.*, 2006)**

The destructive host response from the tissue damage perspective Th2

- Th2 cells' commitment and action are primarily dependent on IL-4, the prototypical Th2 cytokine, which also acts as a B-cell stimulatory Factor
- (Murphy and Reiner,

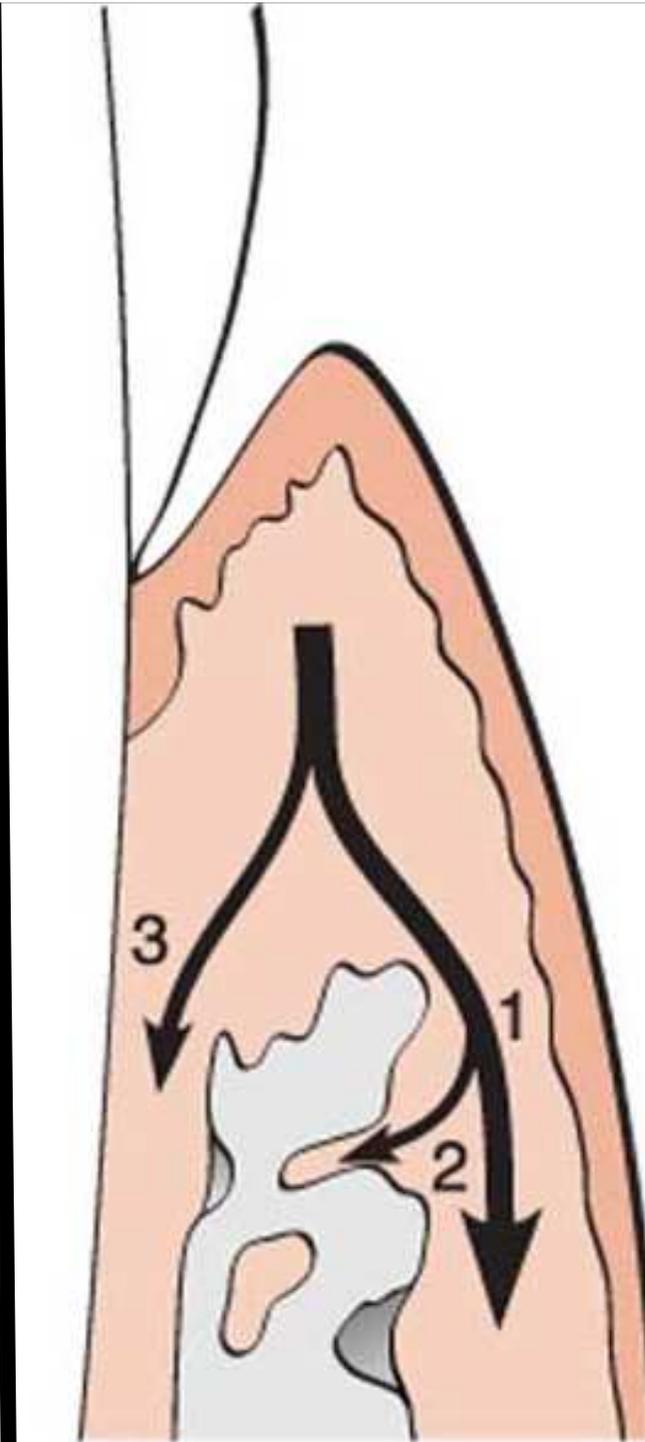
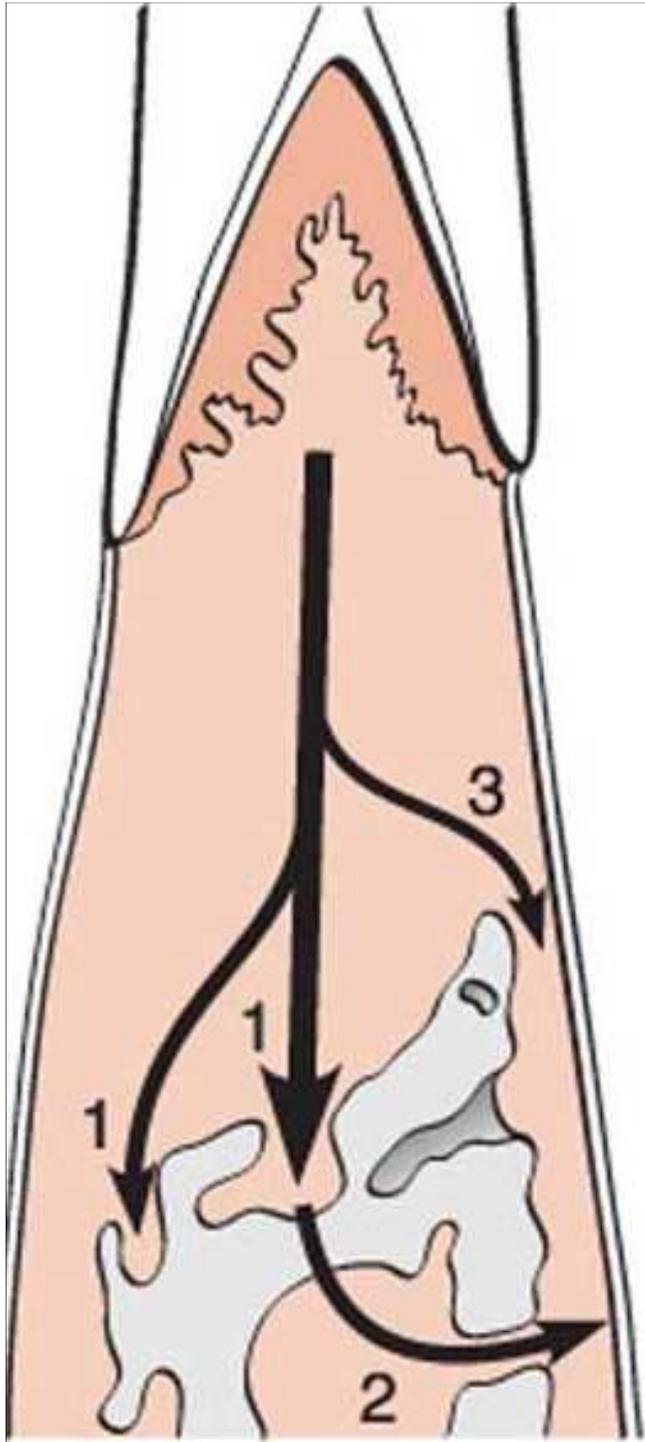


The destructive host response from the tissue damage perspective

- **IL-6 contributes to B-cell differentiation and antibody production**
- **B-cells produce RANKL in response to periodontal pathogen stimulation**
- **The majority of B-cells in periodontal lesions are RANKL+**
- *(Kawai et al., Han et al., 2009),*

The destructive host response from the tissue damage perspective

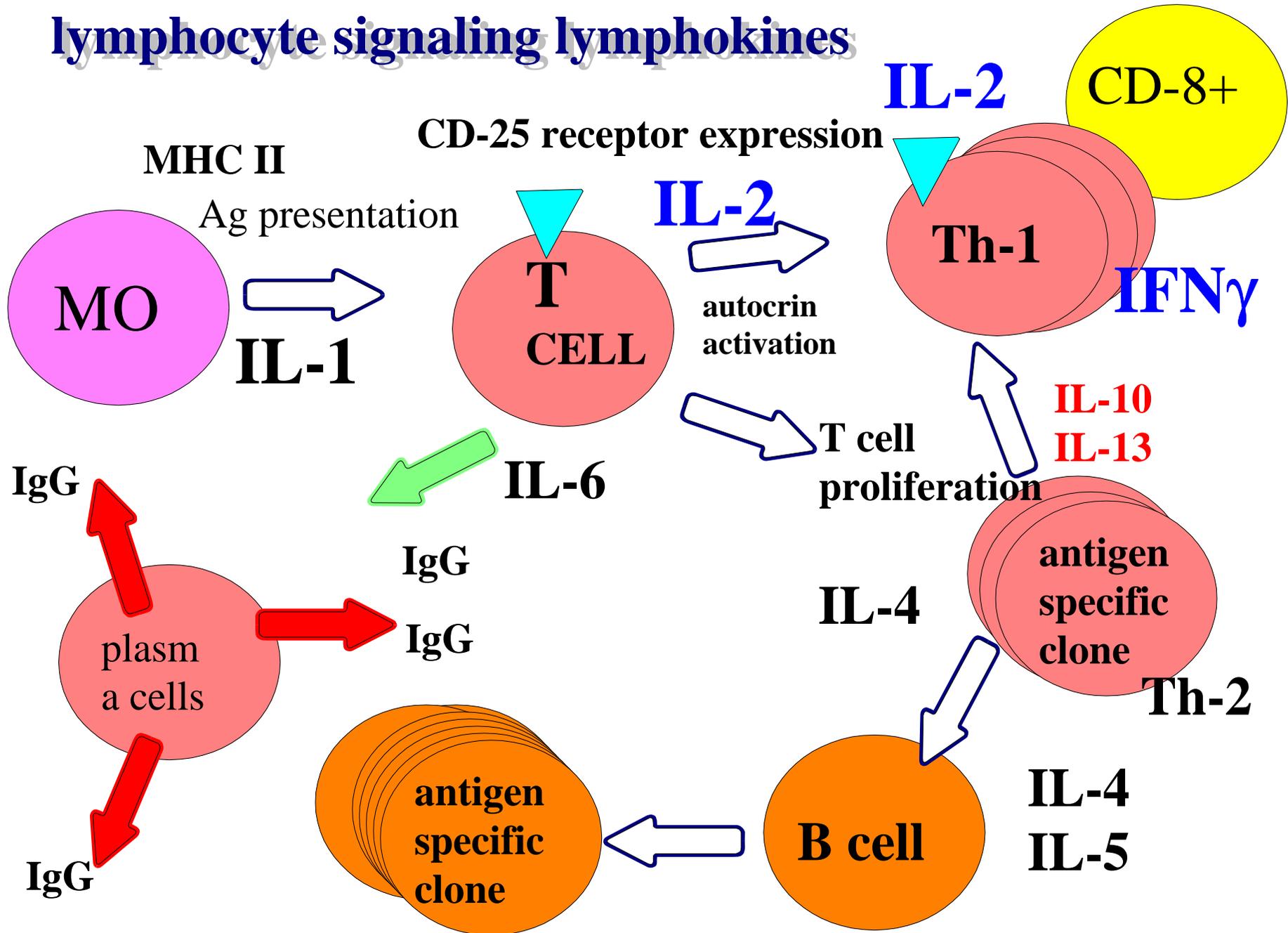
- **In a later stage B-cells outnumber T-cells in periodontal lesions,**
- **the predominance of a Th2-type response in periodontal lesions**
- **It potentially leads to the accumulation of RANKL-producing cells and, consequently, to tissue destruction and bone loss**
- *(Gemmell et al., 2002b)*

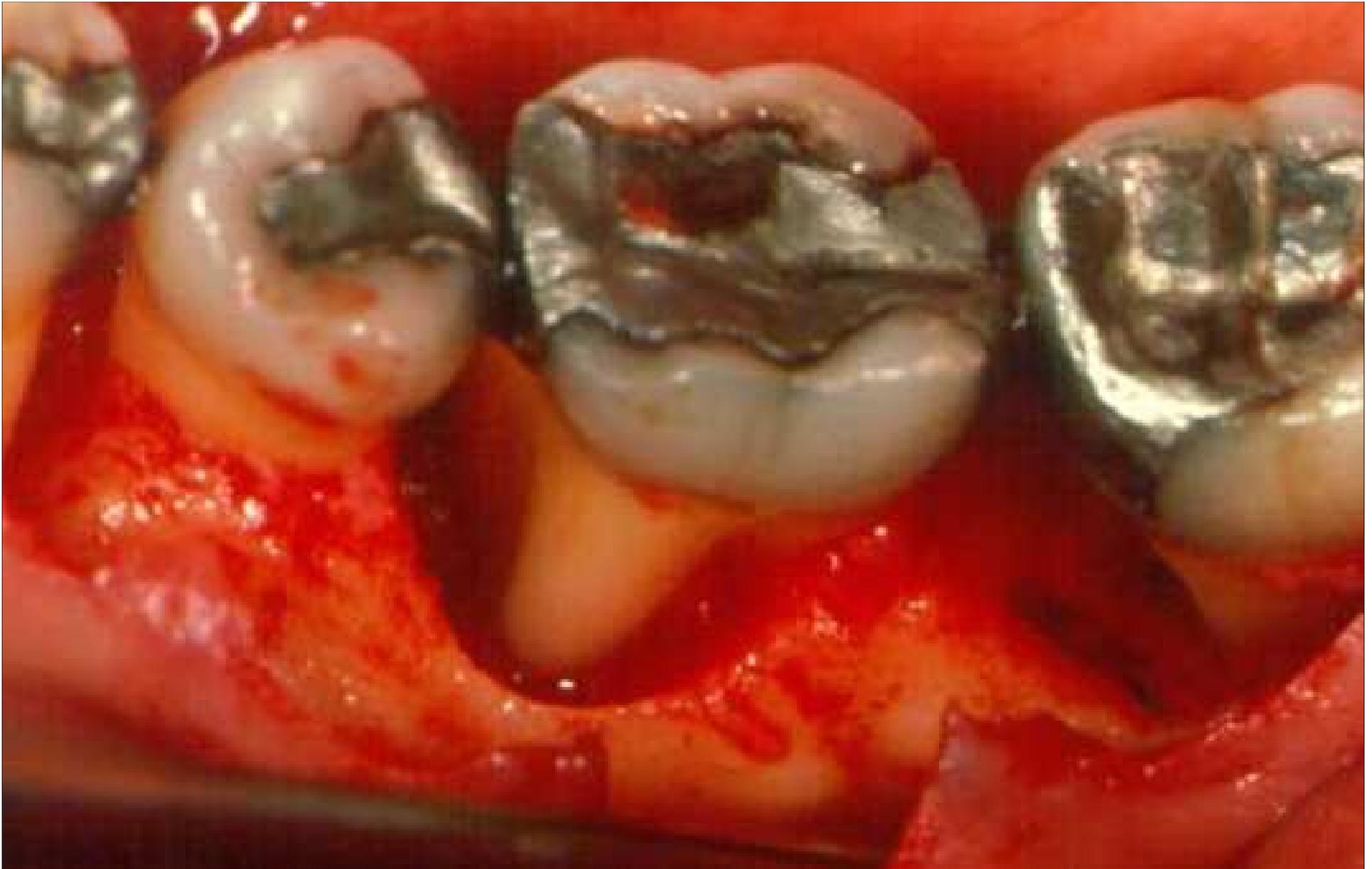


**THE SPREAD OF
INFLAMMATION
IS DETERMINED
BY THE
CHARACTER OF
THE IMMUNE
RESPONSE**

**AND THE
COMPOSITION
OF CYTOKINES**

lymphocyte signaling lymphokines





BONE RESORPTION

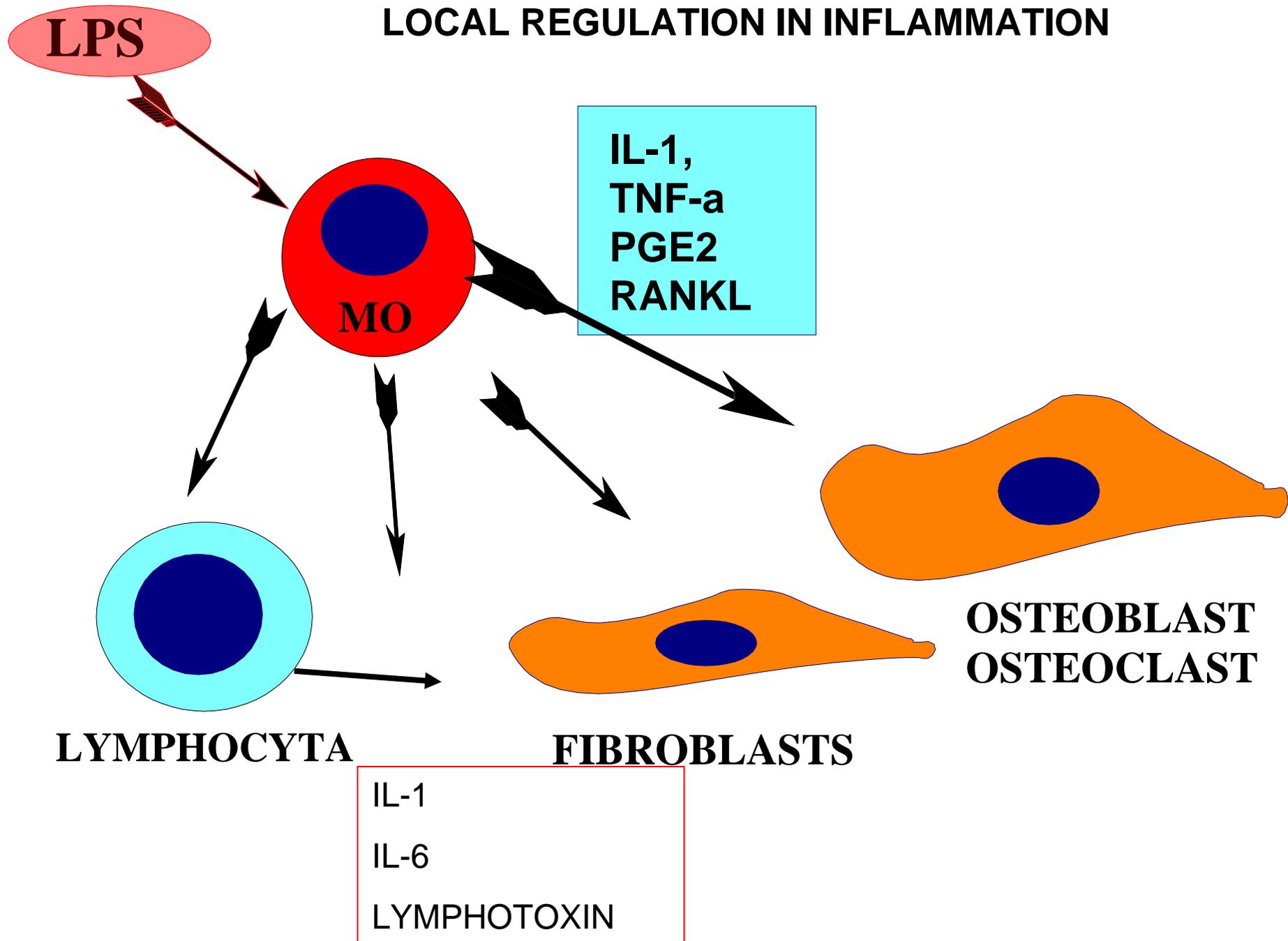


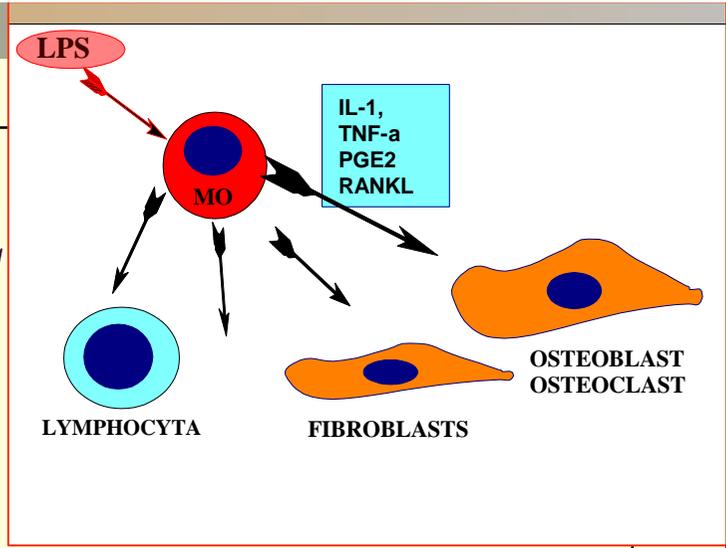
PERIODONTAL INFLAMMATORY BONE RESORPTION

THE INFLAMMATORY CYTOKINES AND OTHER LOCAL FACTORS – LIKE PGE - WILL UPSET THE BALANCE OF THE NORMAL COUPLED BONE REMODELING AND SHIFTS THIS TOWARDS NET BONE LOSS

- PARTLY BY INHIBITING BONE FORMATION**
- PARTLY BY PROMOTING OSTEOCLASTIC BONE RESORPTION ,**

LOCAL REGULATION IN INFLAMMATION





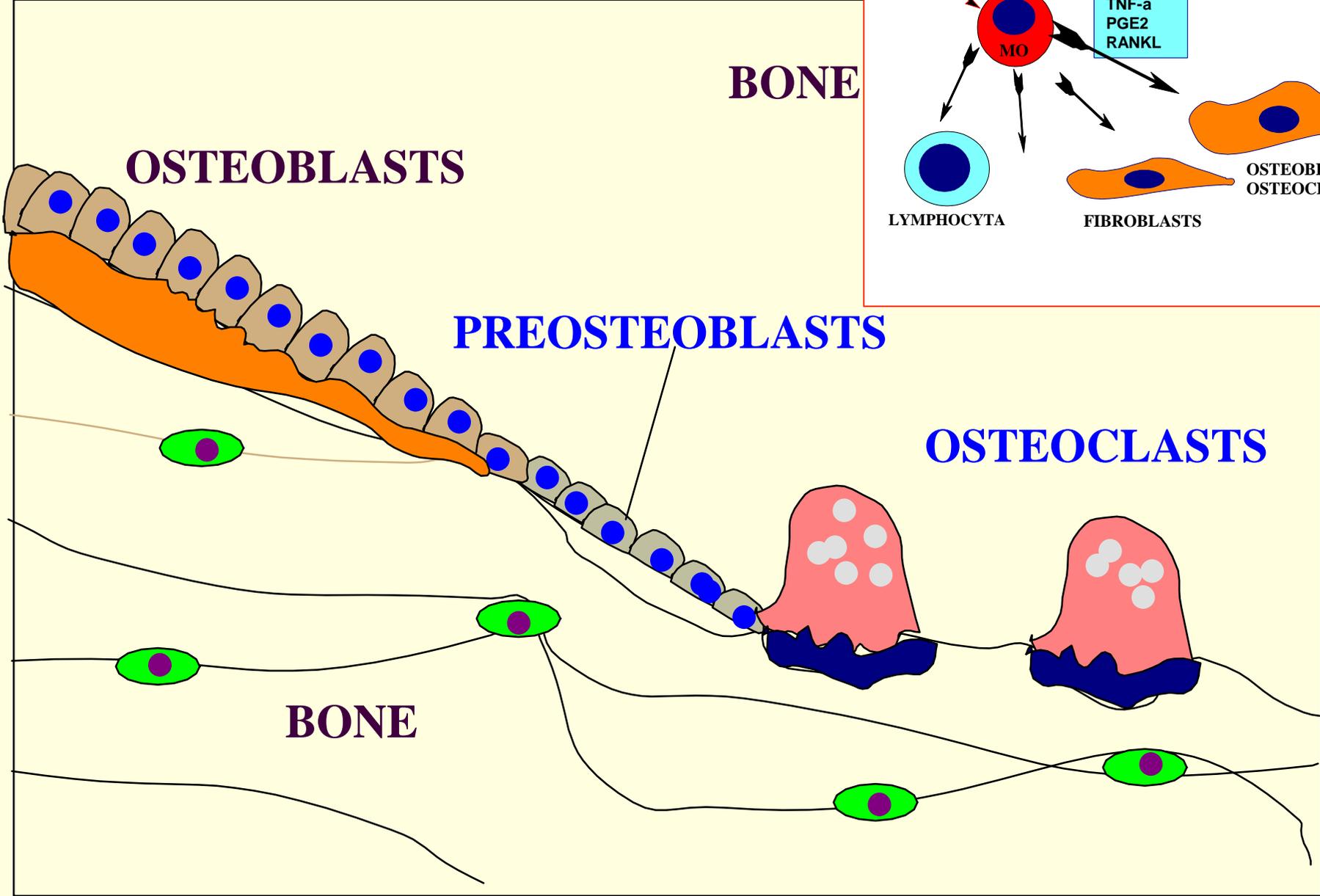
BONE

OSTEOBLASTS

PREOSTEOBLASTS

OSTEOCLASTS

BONE



LOCAL REGULATION BONE RESORPTION

IL-1

POTENT BONE RESORBING CYTOKINE

- **DIRECT STIMULATION ON OSTEOCLAST PRECURSORS**
- **INDIRECT STIMULATION ON MATURED OSTEOCLATS**
- **LOCALLY STIMULATES OSTEOBLASTIC PGE SYNTHESIS WHICH IN TURN STIMULATES BONE RESORPTION**
- **SEPCIFIC RECEPTOR ON OSTEOCLASTS FOR IL-1**
- **ITS PERMANENT PRESENCE INHIBITS BONE FORMATION**
- **AT EARLY STAGE STIMULATES OSTEBLAST PRECURSORS TO PROLIFERATE BUT THE MATURED OSTEOBLASTS ARE BLOCKED**

LOCAL REGULATION BONE RESORPTION

IL-6

- NO DIRECT EFFECT ON BONE RESORPTION
- DIRECT STIMULATION ON OSTECLAST PRECURSORS
- INDIRECT STIMULATION OF BONE RESORPTION



LOCAL REGULATION BONE RESORPTION

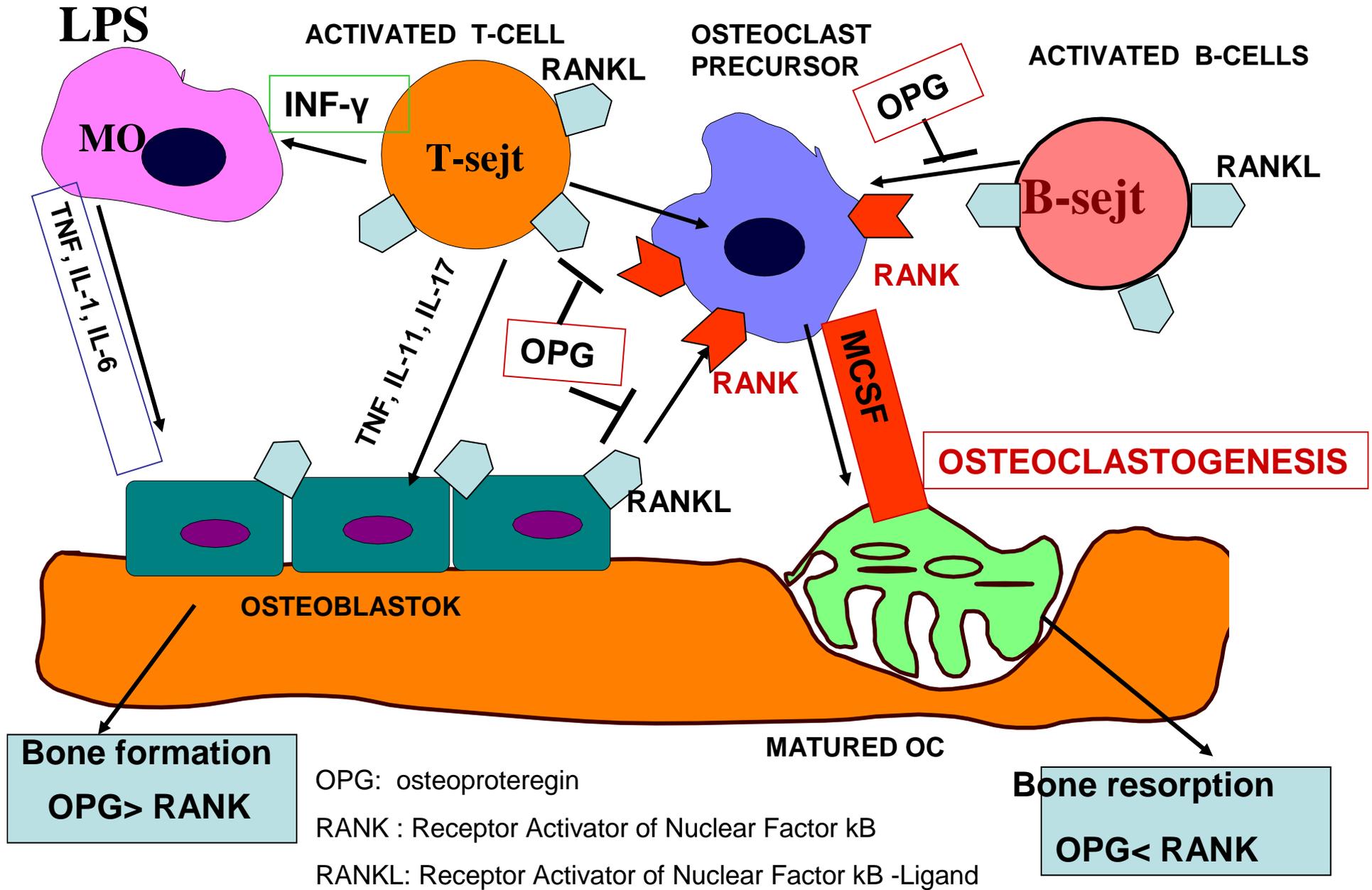
TNF -LYMPHOTOXIN

- **INDIRECTLY STIMULATES OSTEOCLASTIC BONE RESORPTION**
- **LOCALLY ENHANCES PGE PRODUCTION**
- **ITS PERMANENT PRESENCE INHIBITS MATURE OSTEOBLASTS BUT ALSO STIMULATES PRECURSOR CELLS REPLICATION AND DIFFERENTIATION**

The key between T cells and osteoclastic activation is RANKL

-
- Receptor Activator of Nuclear Factor κ B (RANK)
- ITS RANKL LIGAND CAN BE FOUND IN OSTEOBLAST, T AND B CELLS

PERIODONTAL BONE RESORPTION

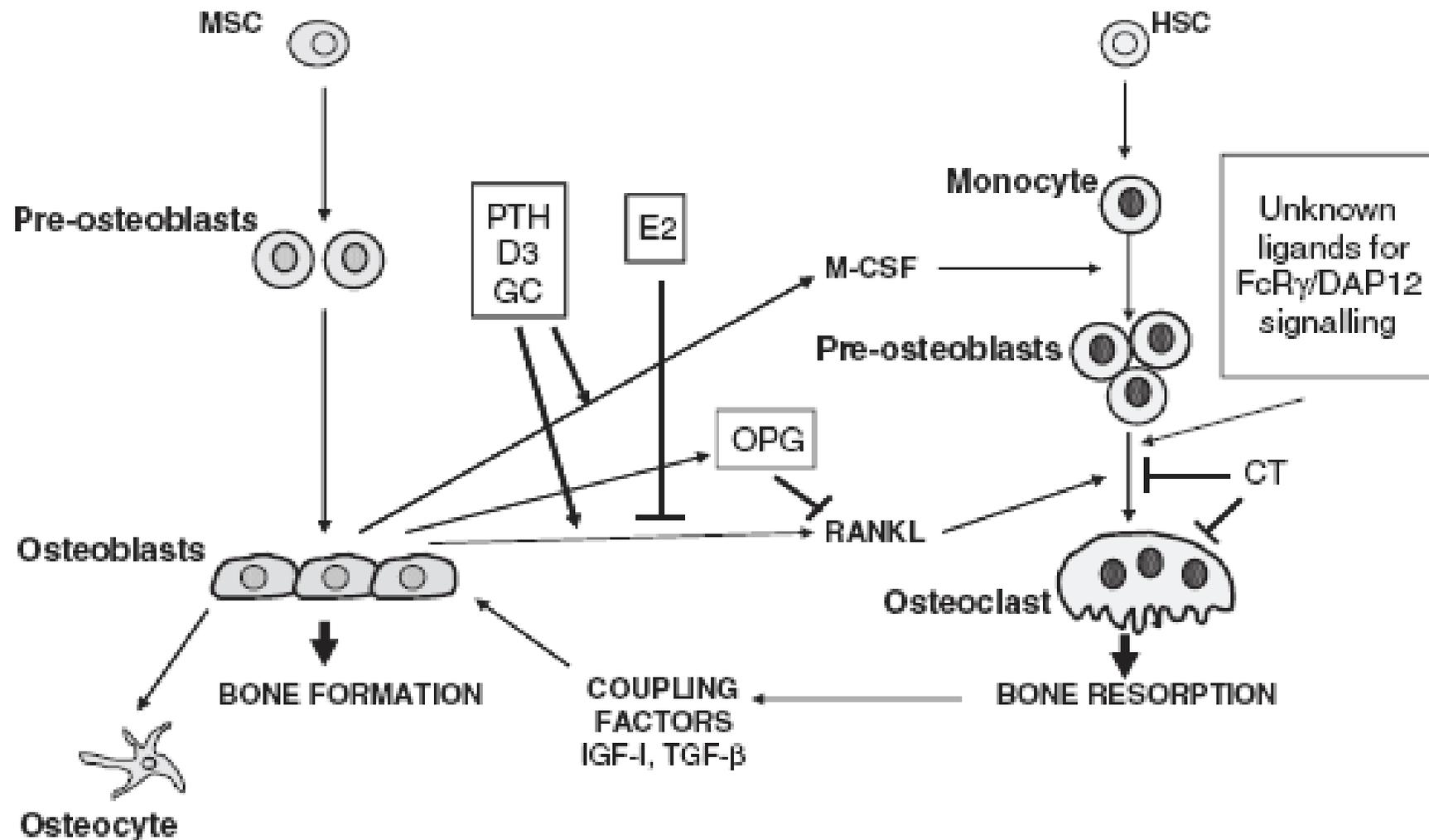


Bone formation
OPG > RANK

OPG: osteoprotegerin
 RANK : Receptor Activator of Nuclear Factor κB
 RANKL: Receptor Activator of Nuclear Factor κB -Ligand

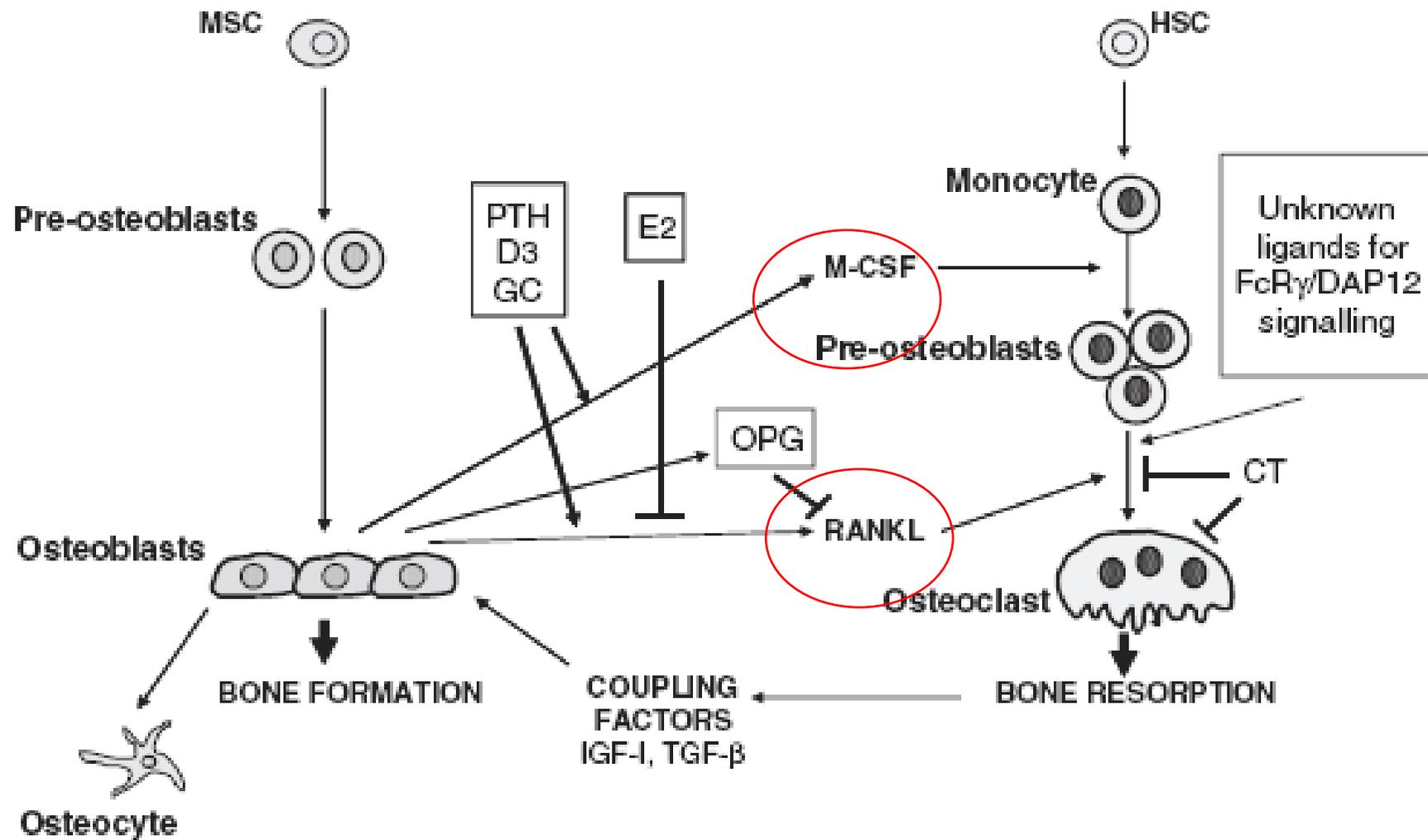
Bone resorption
OPG < RANK

The role of osteoblasts in the osteoclastogenesis and modulation of bone resorption



The molecular communication factors between osteoblasts and osteoclasts

- *Macrophag Colony Stimulating Factor (M-CSF)*
- *Receptor Aktivator of Nuclera Factor K Ligand (RANKL).*
- The M-CSF binds to the membrane receptors of osteoclast precursors igniting their proliferation and ensures their survival
- RANKL is a trigger factor, that facilitates the differentiation of osteoclast precursor cells and stimulates the resorptive capacity of the matured k osteoclasts
- *(Yasuda és mtsai., 1998, Kong és mtsai., 1999, Lacey és mtsai., 1998).*



***The role of osteoblasts in the
osteoclastogenesis and modulation of bone
resorption***

- **After RANKL having been bound to the membrane receptors (RANK) of osteoclast precursor cells previously activated by M-CSF significant changes are taking place in the cell and will be able to resorb and digest bone matrix**
- ***(Takayanagi és mtsai., 2002).***

LOCAL REGULATION BONE RESORPTION

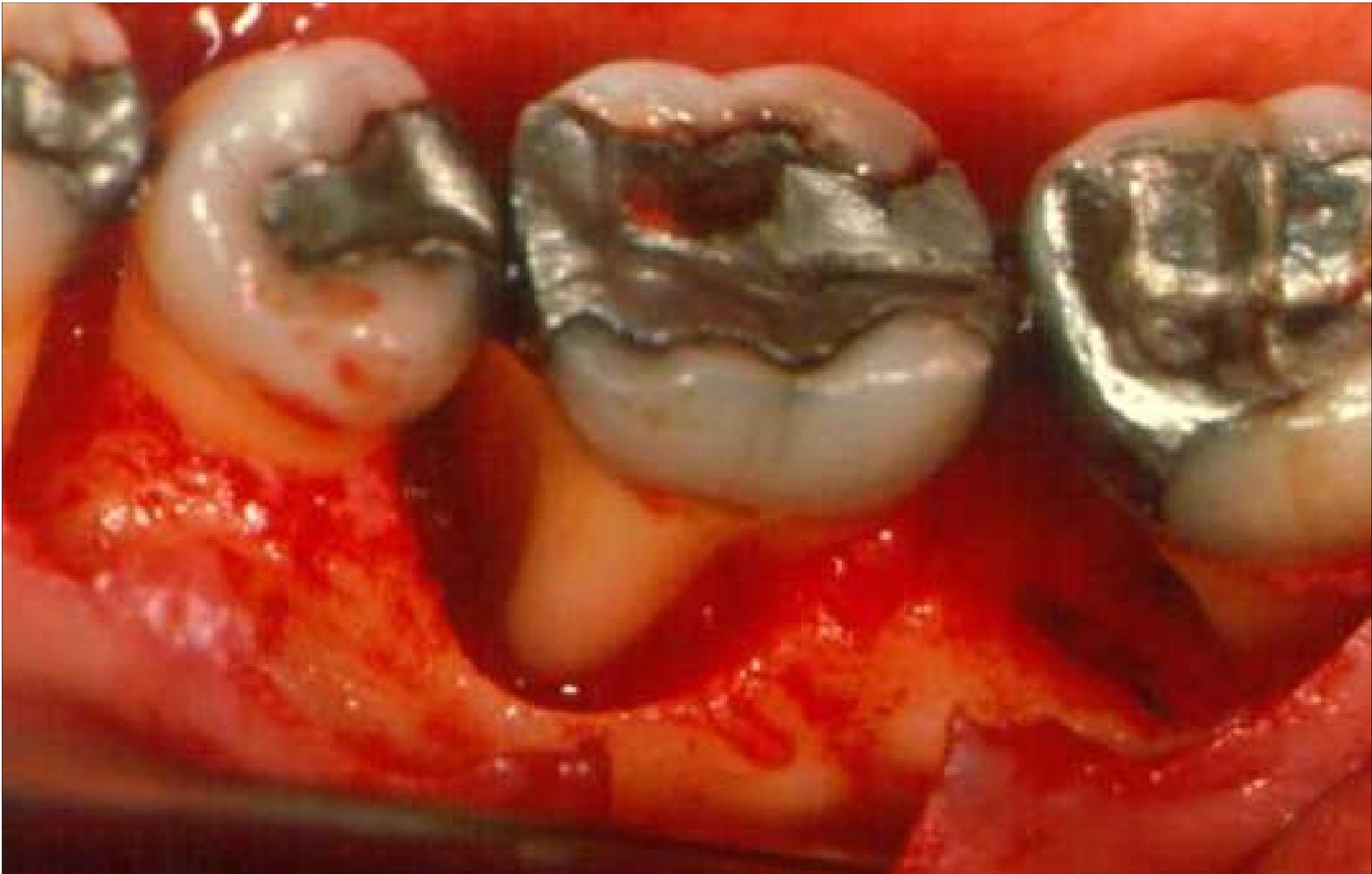
PROSTAGLANDIN GROUP

- STIMULATES OC PRECURSOR DIFFERENTIATION
- STIMULATES MATURED OSTEOCLAST ACTIVITY
- MEDIATES SEVERAL OTHER LOCAL FACTORS' EFFECT ON BONE – EGF, IGF, TGF
- IT IS LOCALLY PRODUCED IN A LARGE QUANTITY BY OSTEOBLASTS AND THIS HAS MAJOR EFFECT ON COUPLED BONE REMODELING
- IN VITRO LOW DOSES STIMULATES BONE FORMATION WHILE LARGE DOSES ENAHNCES BONE RESOPRTION
- IN VIVO ITS MAJOR EFFECT ON BONE IS TO STIMULATE PERIOSTEAL BONE FORMATION

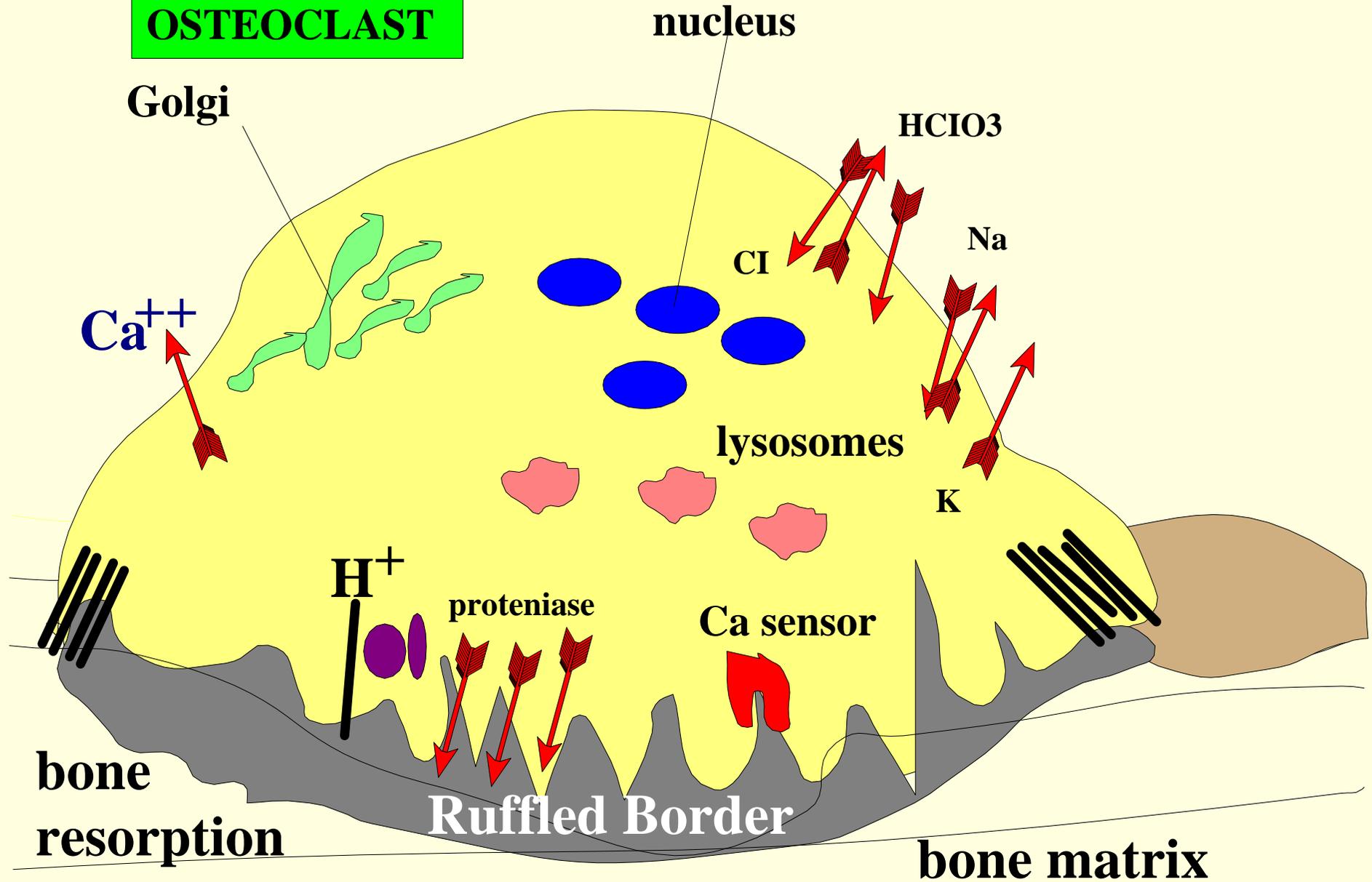
The regulation of periodontal bone resorption and formation

- PDL and gingival fibroblasts play a key role in the local regulation of RANKL and osteoprotegerin (OPG) .
- PDL fibroblasts can synthesize both RANKL and OPG
- The decrease in OPG by PDL fibroblasts will enhance alveolar bone resorption
- (*Hasegawa és mtsai., 2002*)

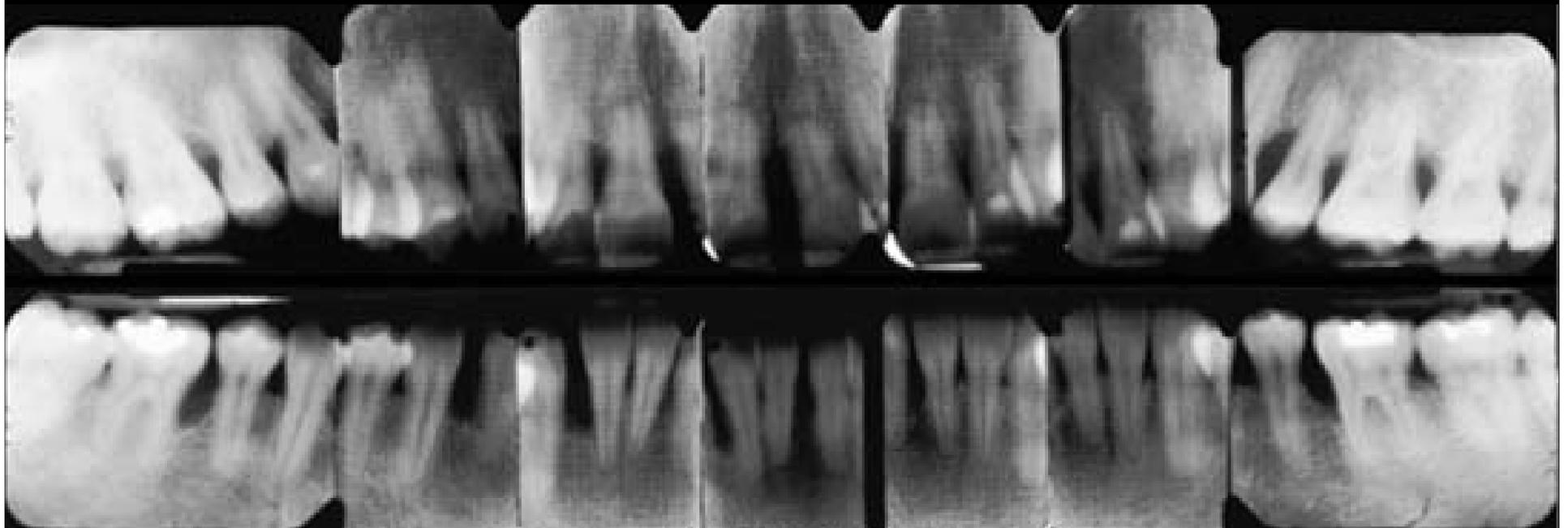
SYSTEMIC REGULATION
PARATHYROID HORMONE -PTH
CALCITONIN
1,25 DIHYDROXY VITAMIN D₃
STEROID HORMONES
GROWTH HORMONES
THYROID HORMONES

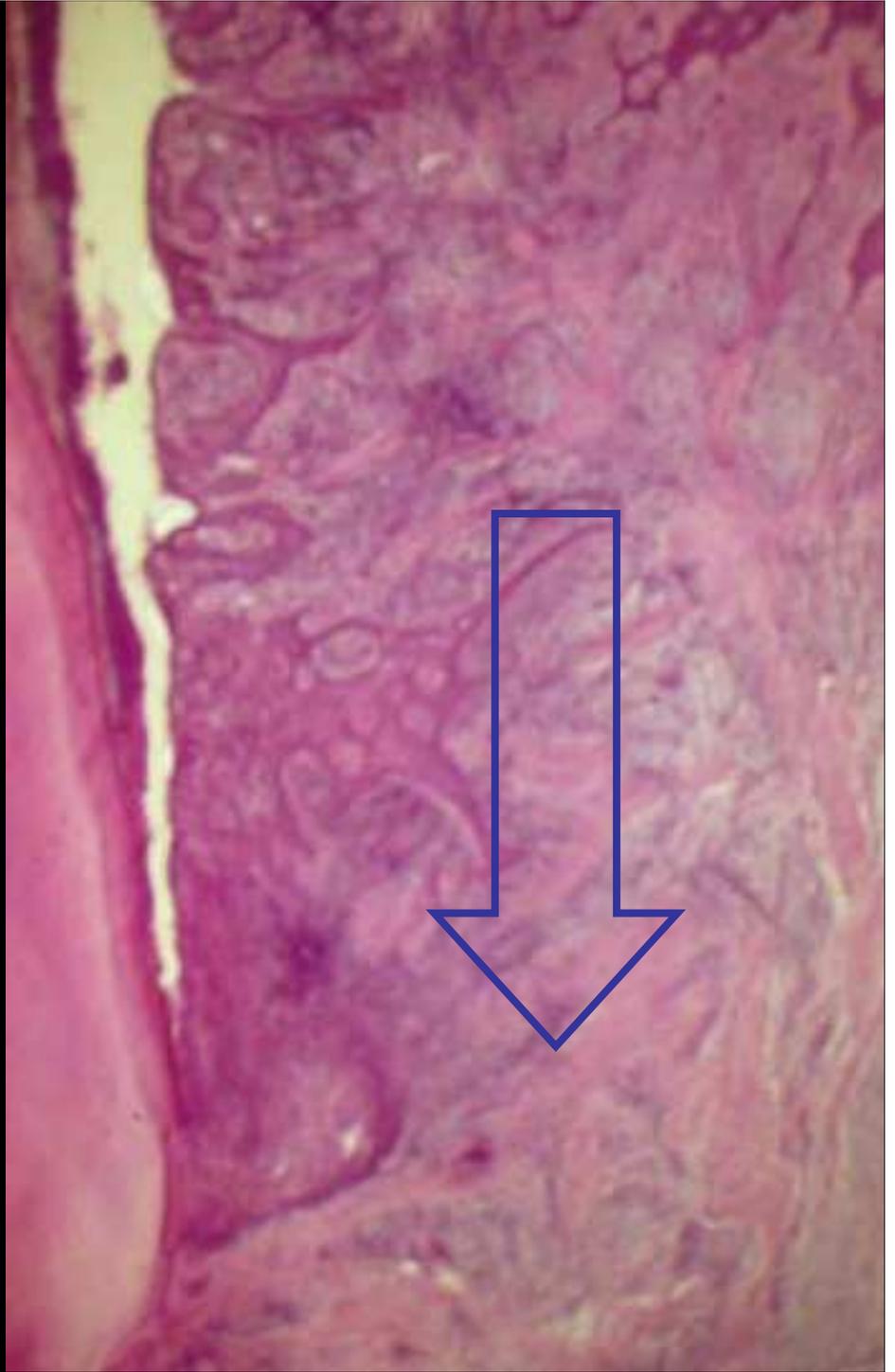
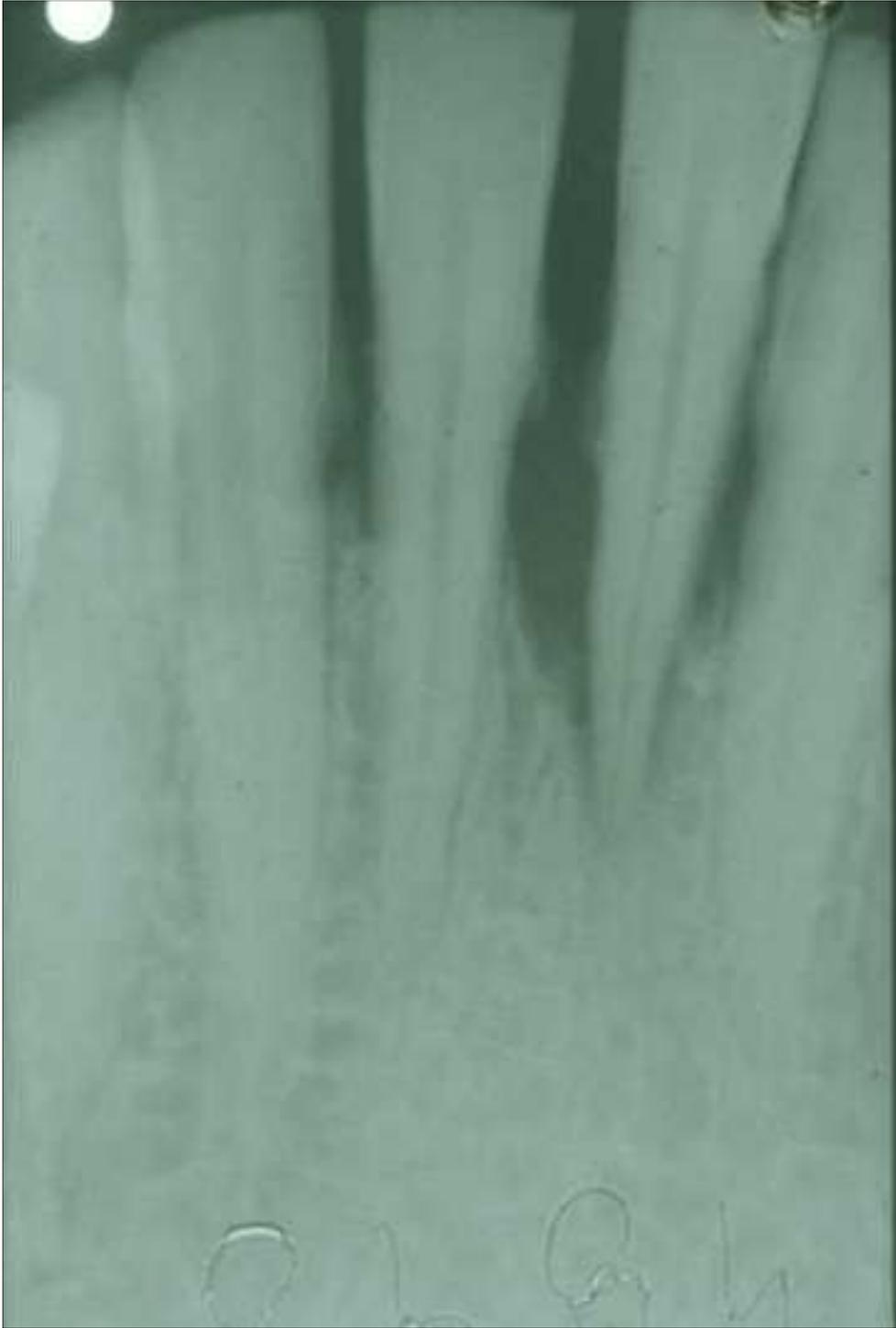


**ACTIVE
OSTEOCLAST**

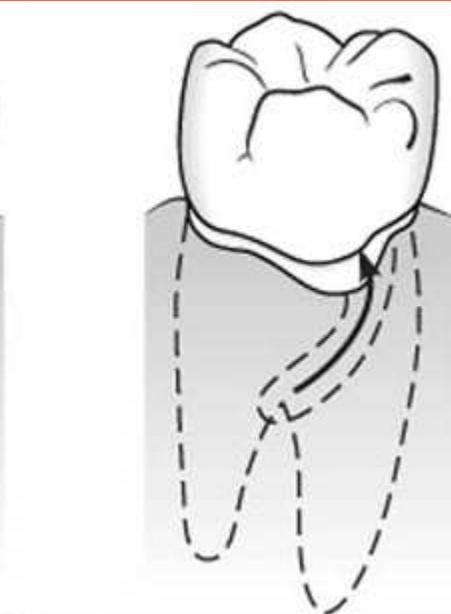
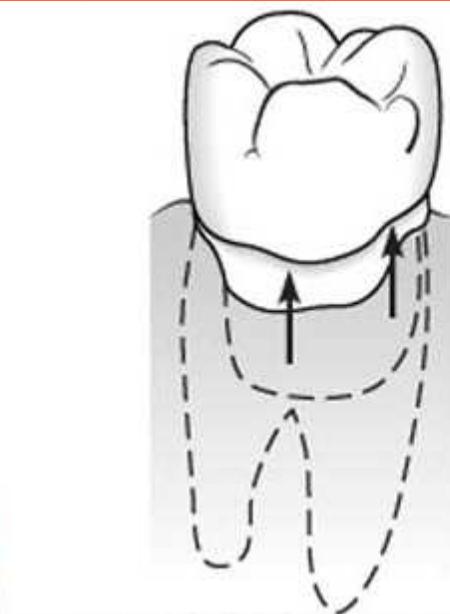
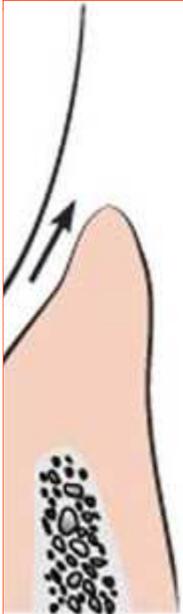
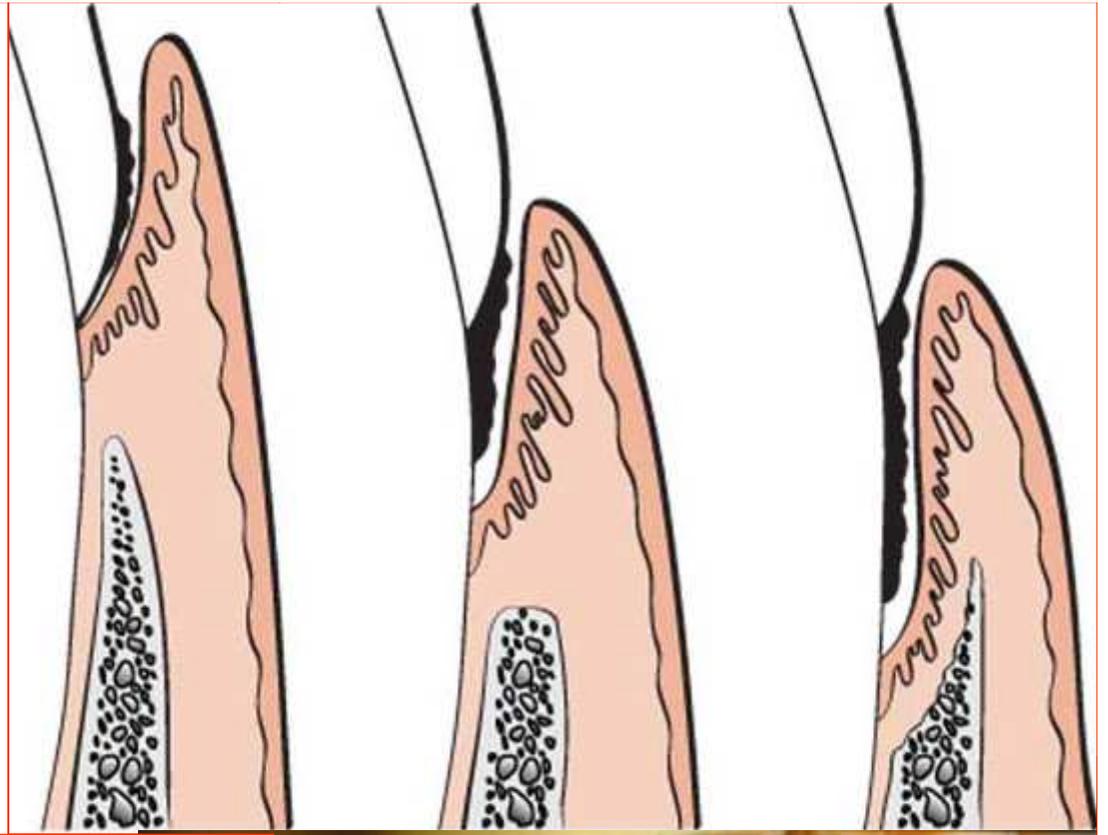
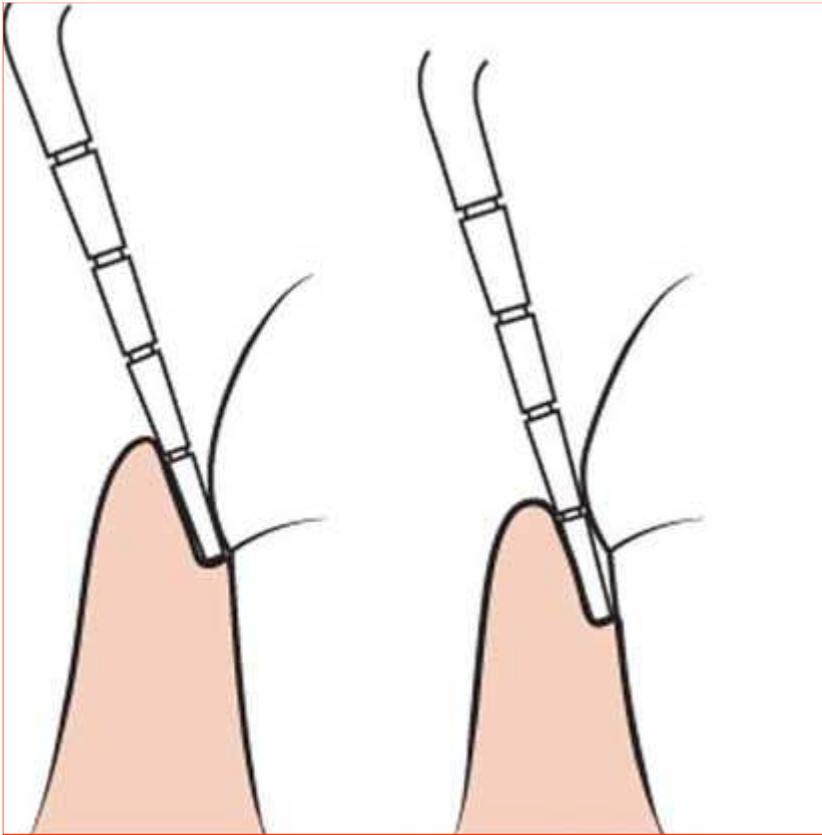


BONE LOSS

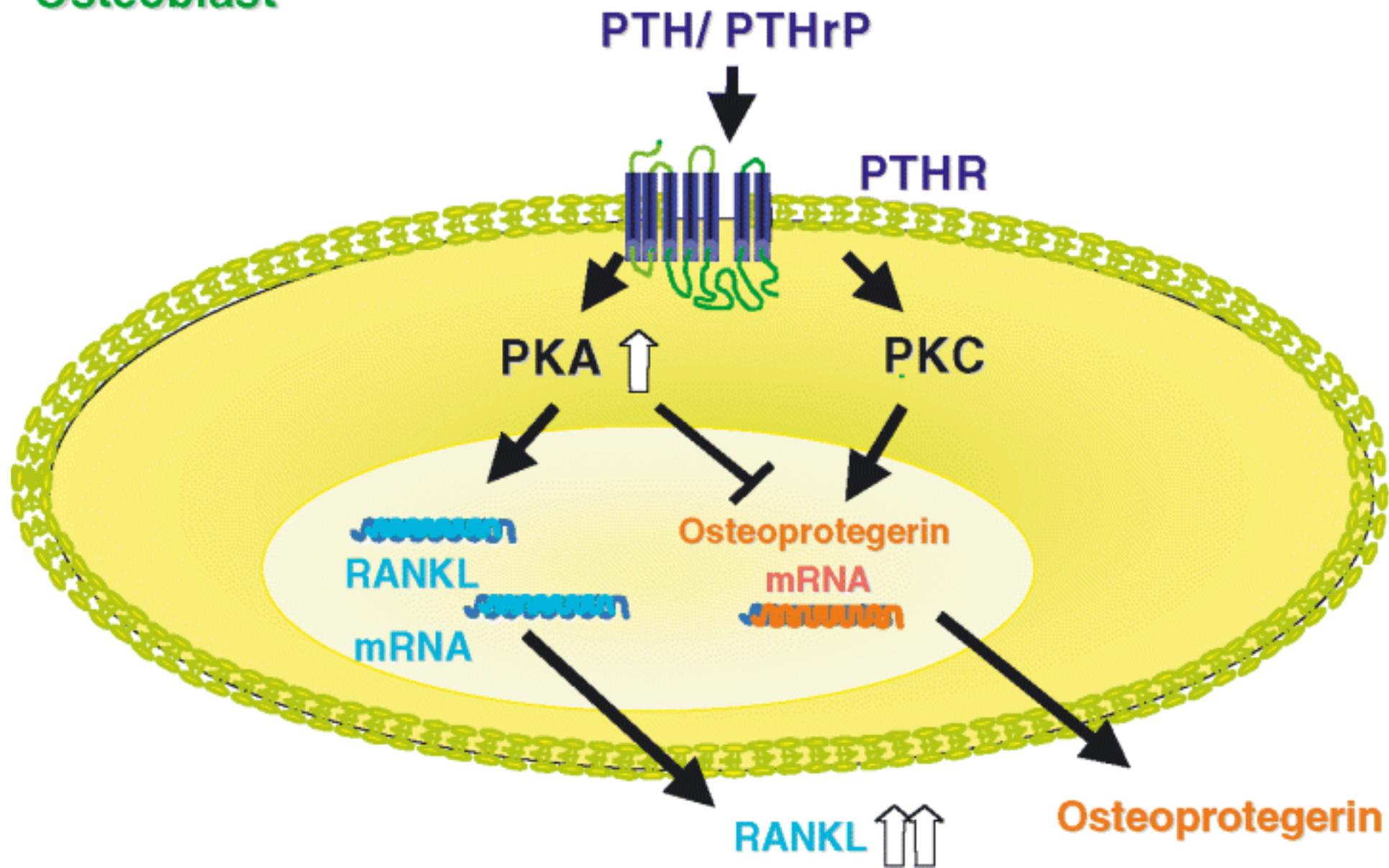








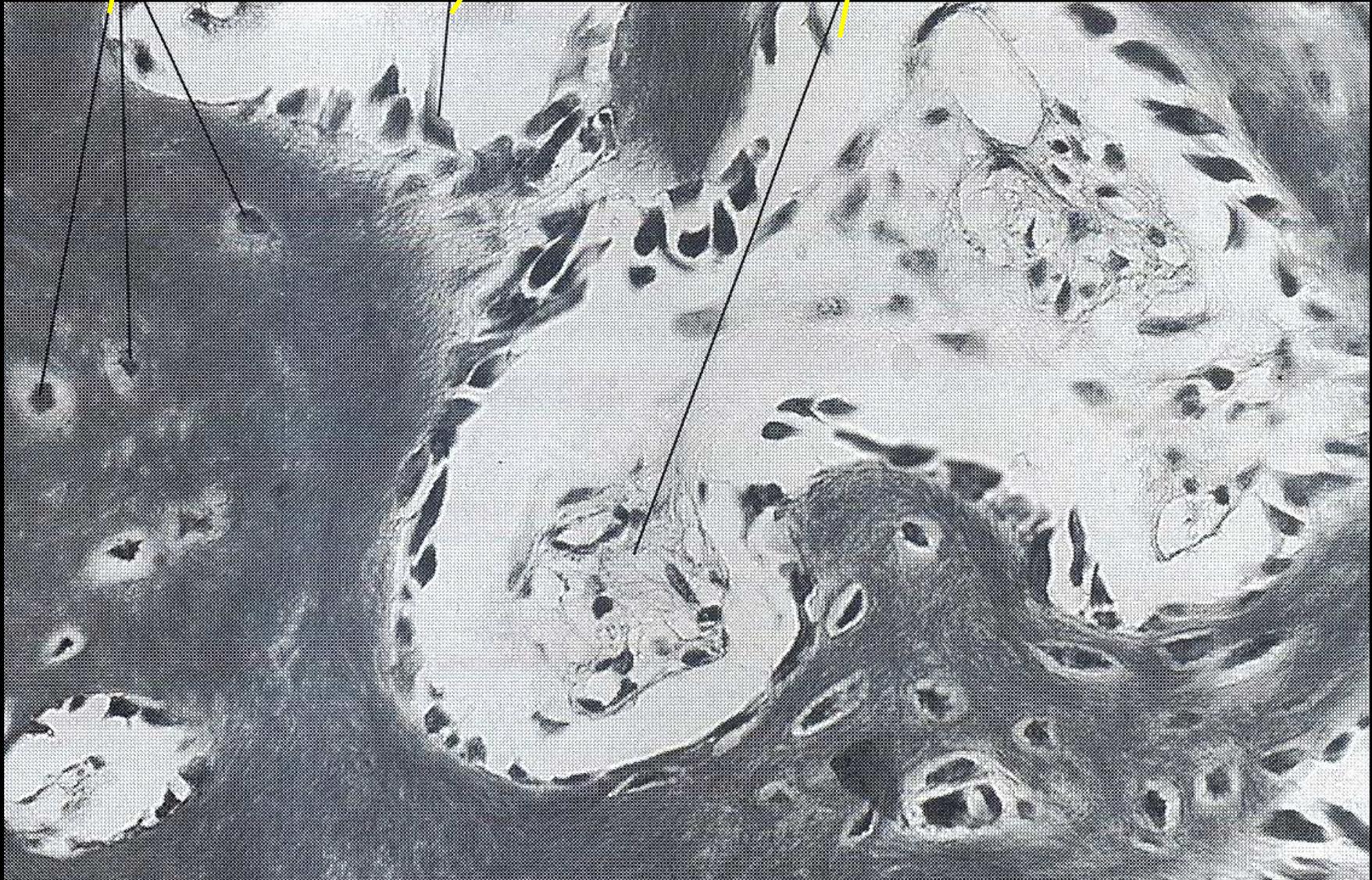
Osteoblast



OSTEOCYTA

OSTEOBLAST

OSTEOCLAST



OSTEOCLASTS

**STRONG WELL DEVELOPED CYTOSKELETON
SERVING ACTIVE MOTILITY**

SPECIAL MEMBRANE RECEPTORS



OSTEOCLASTS

ENZYME SYSTEM

ACID PHOSPHATASE

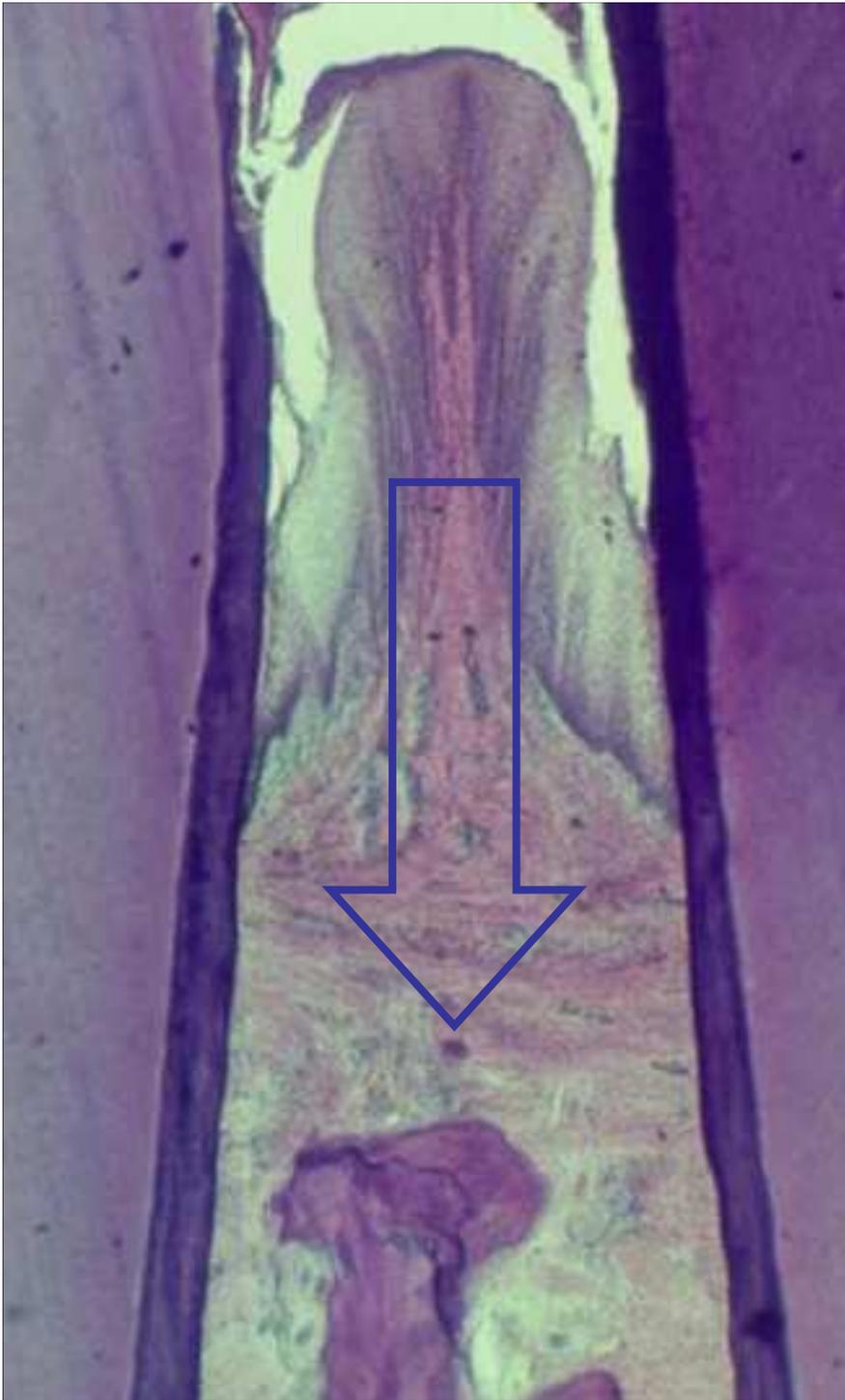
β -GLUCORONIDASE

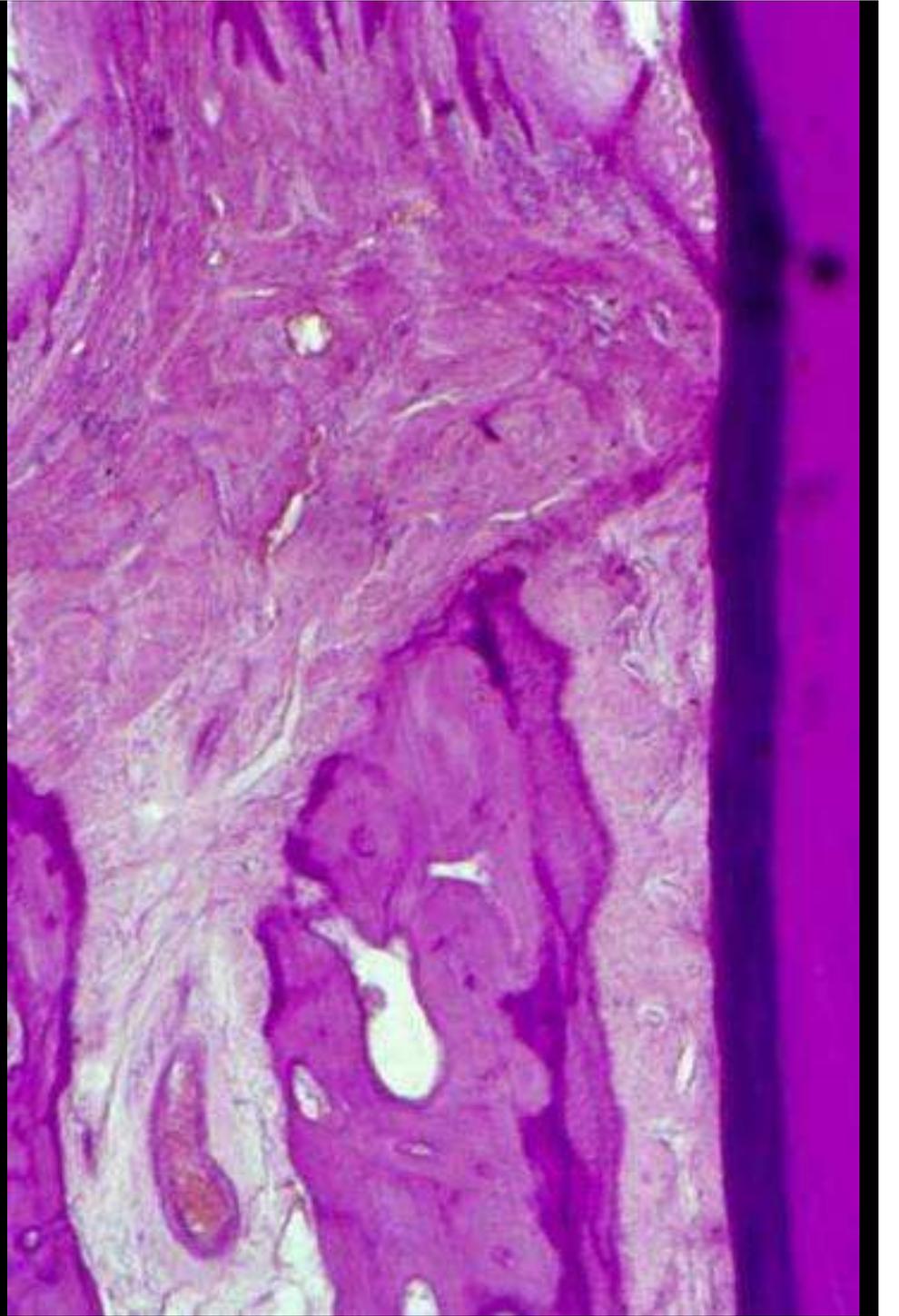
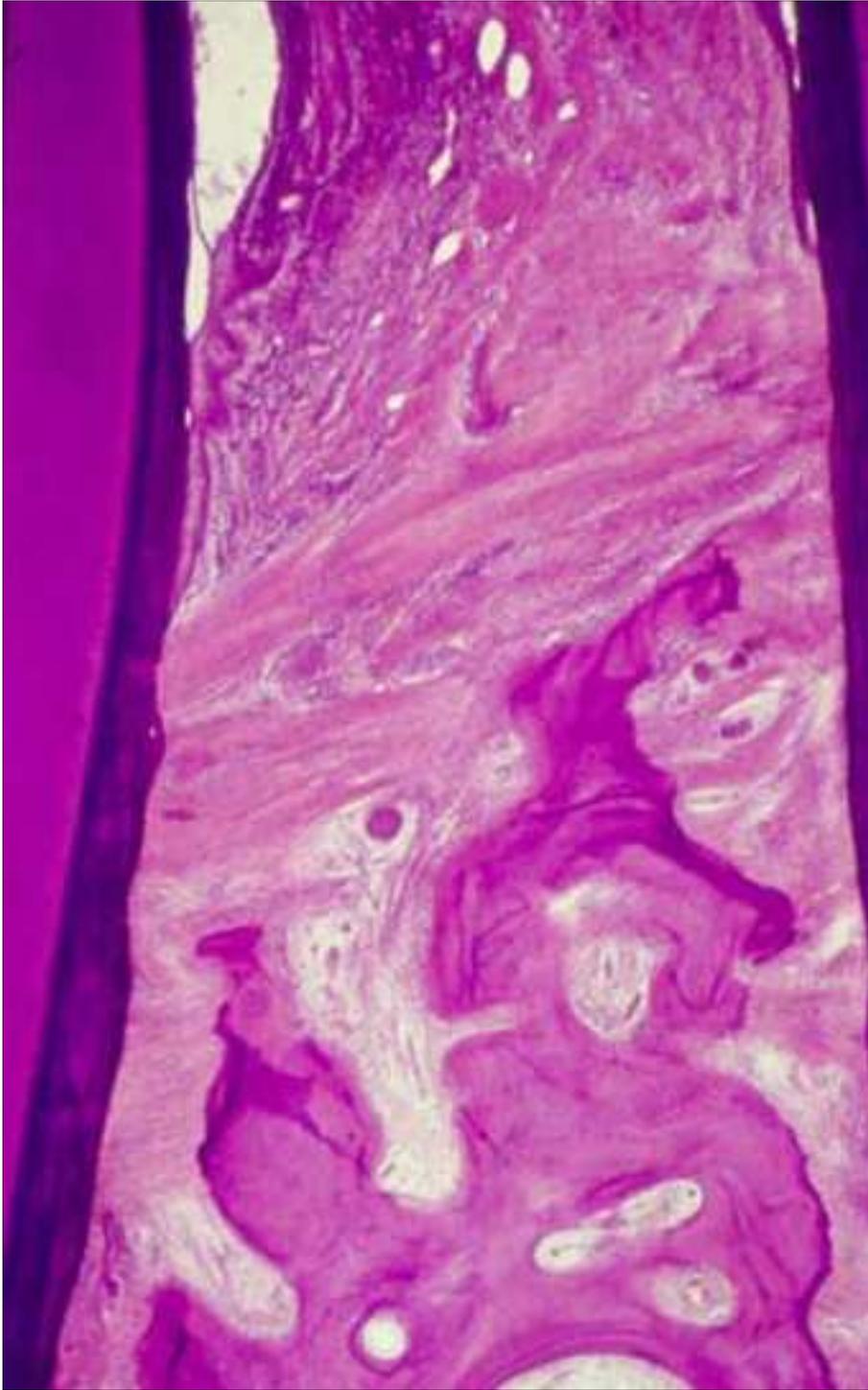
CYSTEIN PROTEASE – CATHEPSIN B

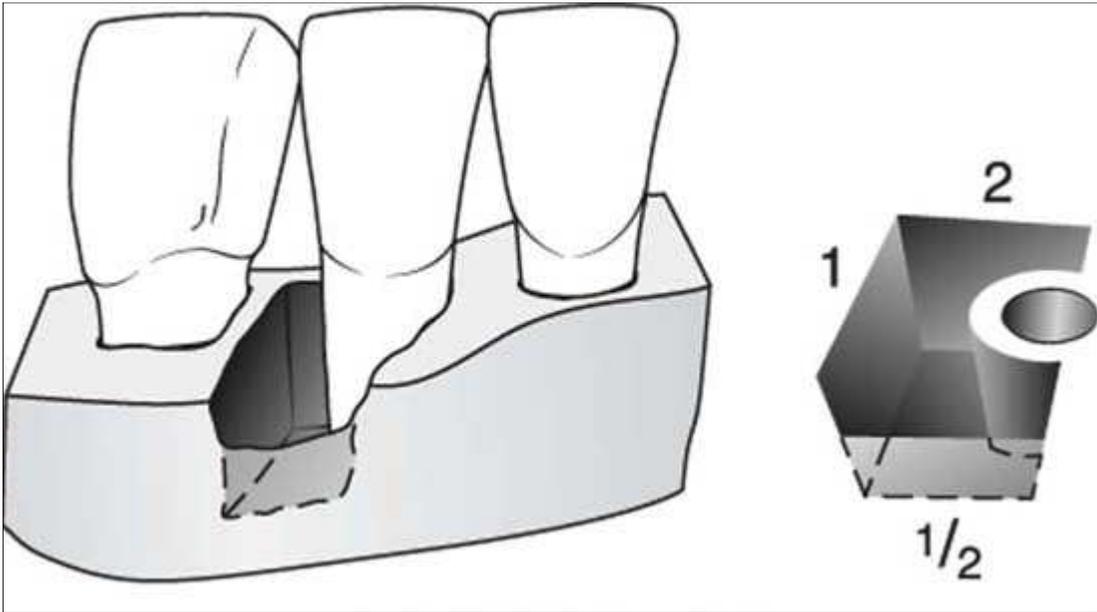
TISSUE PLASMINOGEN ACTIVATOR

MATRIX METALLOPROTESES COLLAGENASE

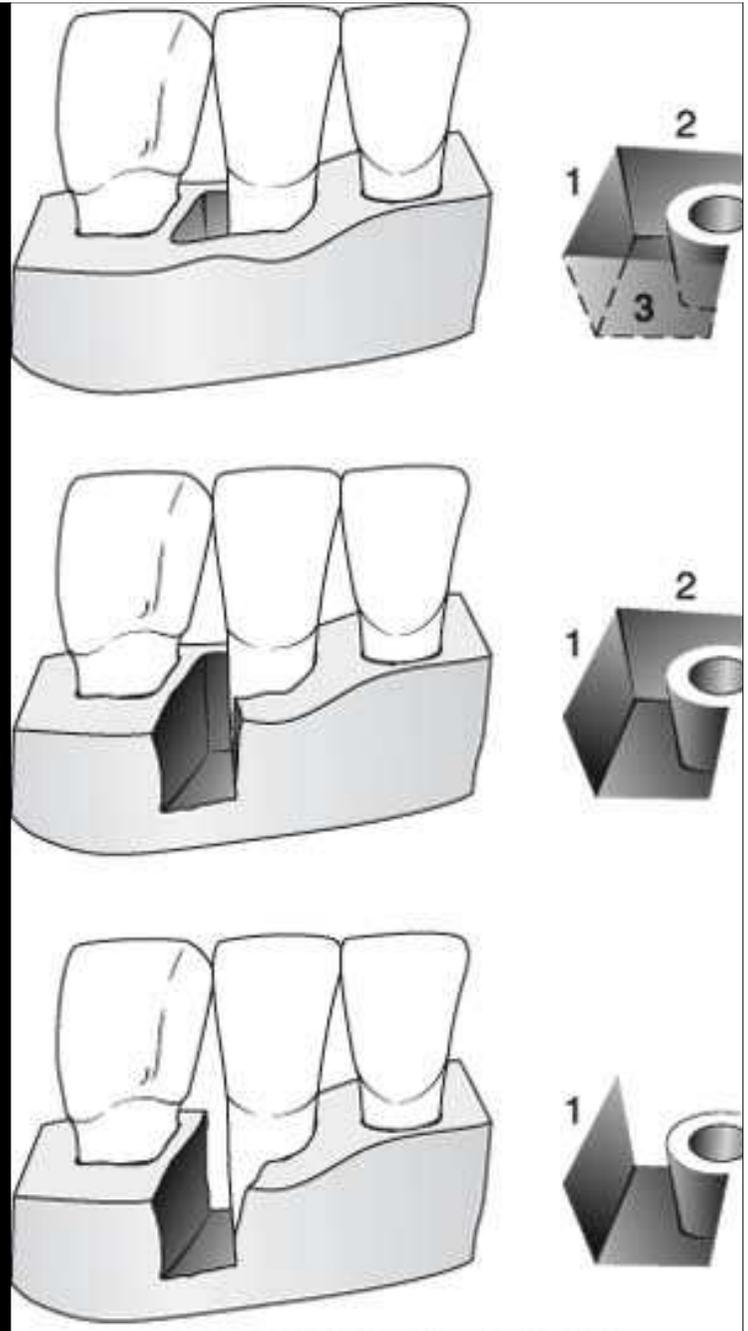
LYSOZYME



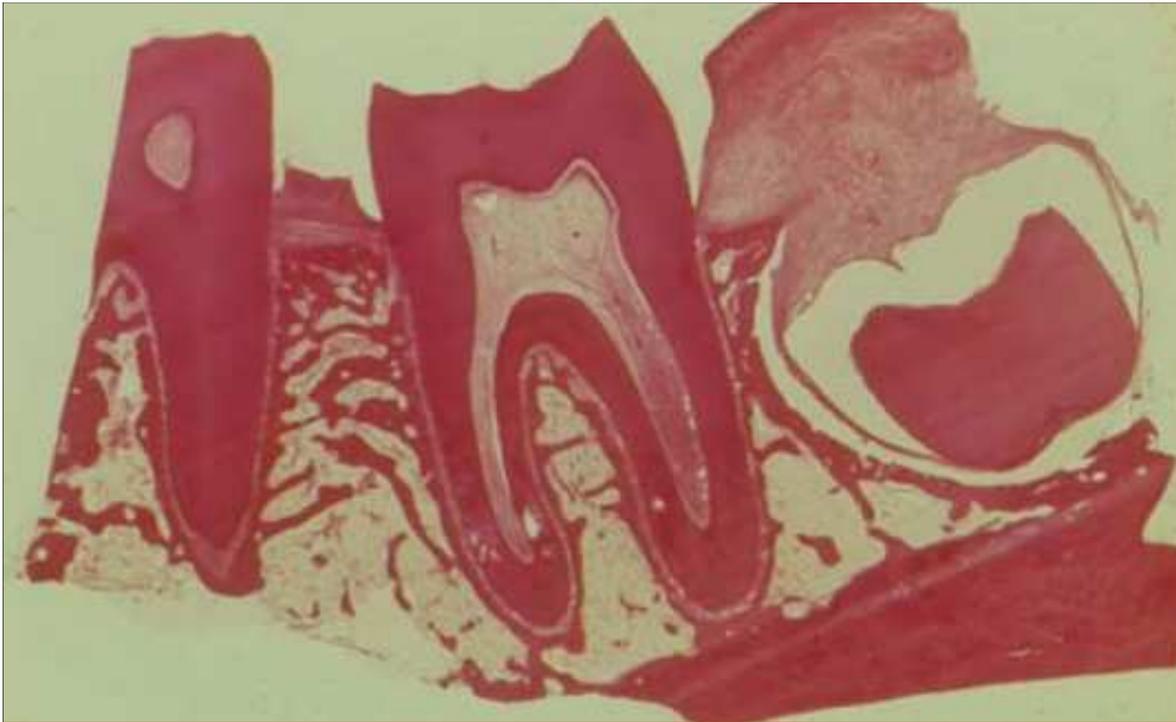




LACUNALIS CSONTRESORPTIO







**SOUND
ATTACHMENT
APPARATUS**



**SEVERE ATTACHMENT
LOSS AND BONE LOSS**



