

Immune- autoimmune diseases II.

**Recurrent Aphthous
ulcers**

Ulcerative gingivitis

Ulcerative periodontitis

**Necrotizing
sialomethaplasia**

**Inflammatory bowel
diseases**

Coeliacia

Ulcerative collitis

Crohn's disease



Immune- autoimmune diseases II.

**Recurrent Aphthous
ulcers**

Ulcerative gingivitis

Ulcerative periodontitis

**Necrotizing
sialomethaplasia**

**Inflammatory bowel
diseases**

Coeliacia

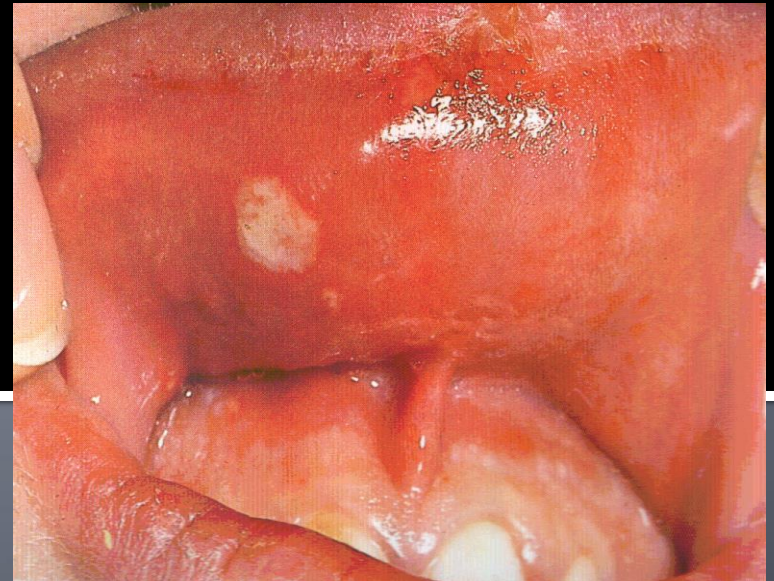
Ulcerative collitis

Crohn's disease



Recurrent Aphthous Stomatitis (RAS)

RAS is a disorder characterized by recurring ulcers confined to the oral mucosa in patients with no other signs of disease.



Recurrent Aphthous Stomatitis (RAS)

RAS

**Recurrent oral ulcers
(Mikulicz)**



**Herpetiform
ulcers
(Cooke)**



**Periadentitis necrotica
recurrens mucosae oris
(Sutton)**



Recurrent Aphthous Stomatitis (RAS)

Minor ulcers,

- ❑ 80% of RAS cases,
- ❑ less than 1 cm in diameter
- ❑ heal without scars.

Major ulcers

- ❑ over 1 cm in diameter
- ❑ heal often with scar.

Herpetiform ulcers

- ❑ dozens of small ulcers throughout the oral mucosa

“severe” minor ulcers.

- ❑ continual episodes of many multiple lesions,
- ❑ each lesion is under 1 cm in

Recurrent Aphthous Stomatitis (RAS)

Etiology and Pathogenesis

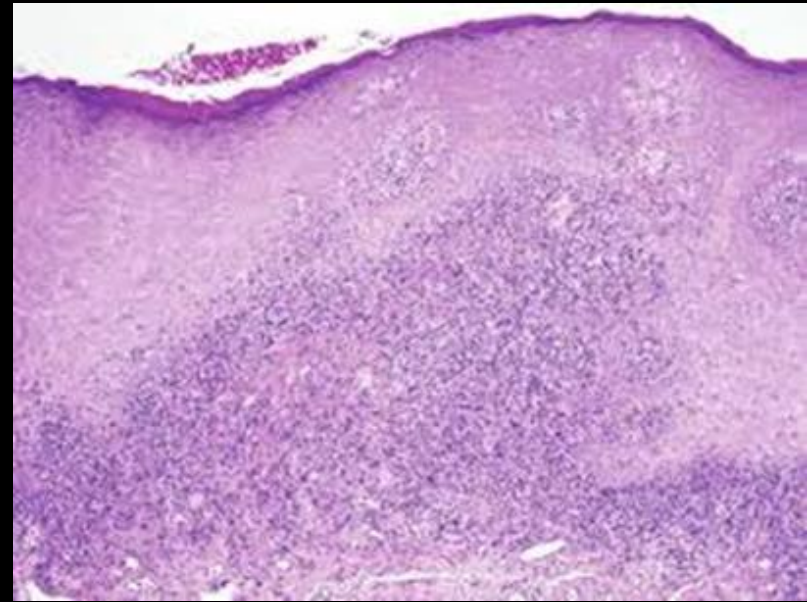
The major factors linked to RAS

- ❖ genetic factors,
- ❖ hematologic deficiencies,
- ❖ immunologic abnormalities,
- ❖ local factors,
- ❖ trauma and smoking.
- ❖ local immune dysfunction ,
- ✓ lymphocytotoxicity,
- ✓ antibody-dependent cellmediated cytotoxicity,
- ✓ defects in lymphocyte cell subpopulations,
alteration in the CD4 / CD8 ratio.

Immune mechanisms that appear to play role with genetic predisposition to oral ulceration include:

Helper Th1 cells are,
predominant in the early
RAS lesion
+ NK cells.

Cytotoxic Th8 cells then
appear in the lesion and
there is evidence for an
ADCC reaction.



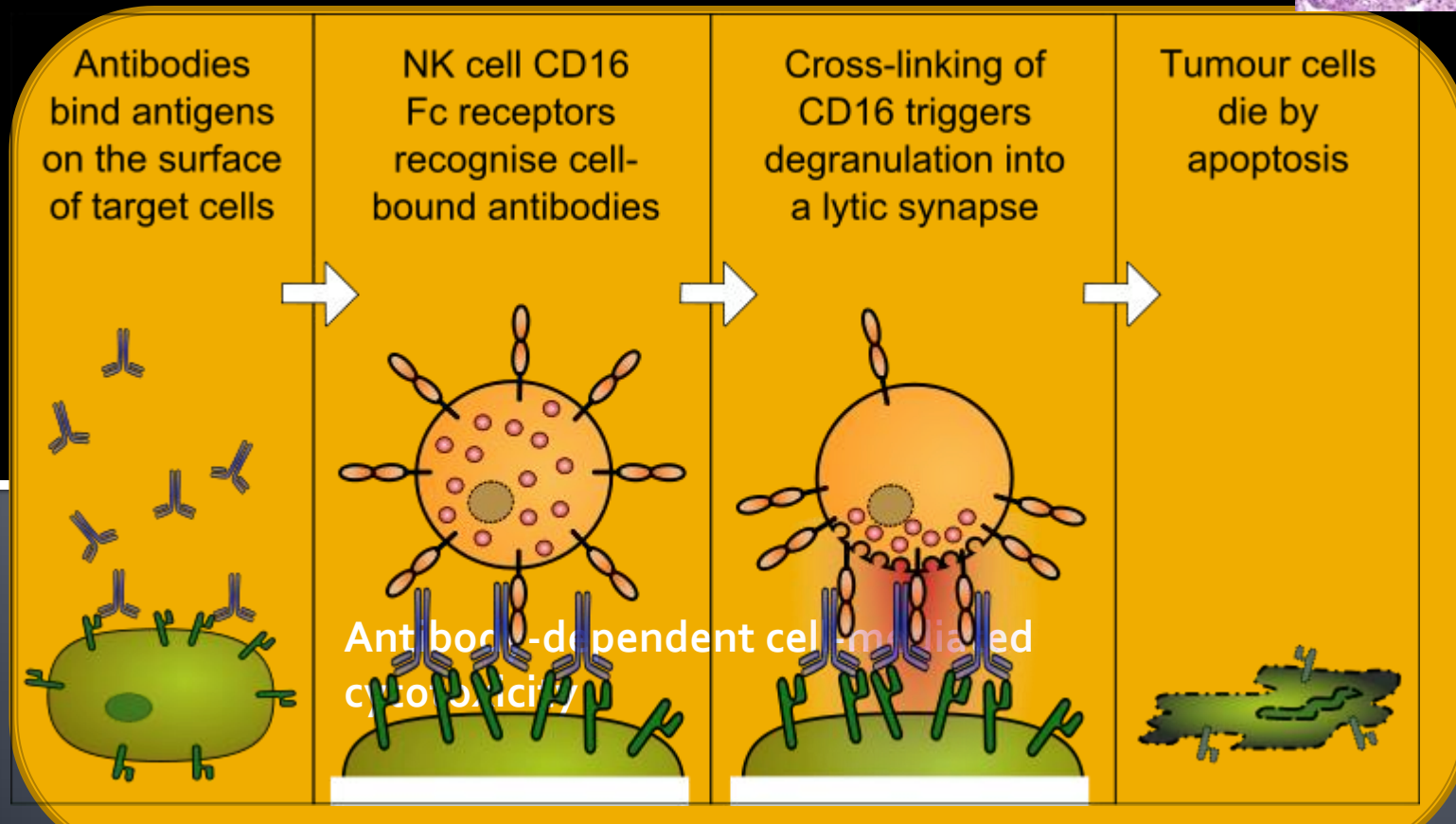
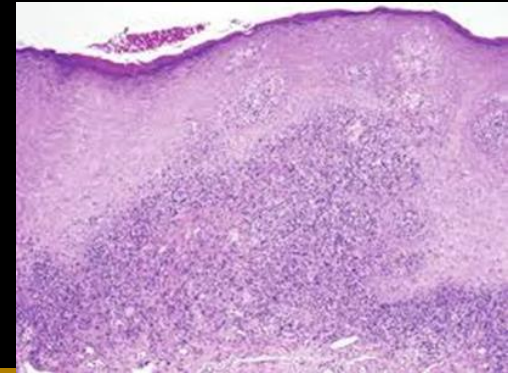
ADVANCED LESION

Mononuclear cells, T cells,
neutrophils and NK cells .

Aphtha

Immune mechanism

Antibody-dependent cell-mediated cytotoxicity
T- cells - PMN NK cells.



Recurrent Aphthous Stomatitis (RAS)

Etiology and Pathogenesis

It was once assumed that RAS was a form of recurrent HSV infection,

have been confirmed that RAS is not caused by HSV
there are no data linking RAS to a specific microorganism.

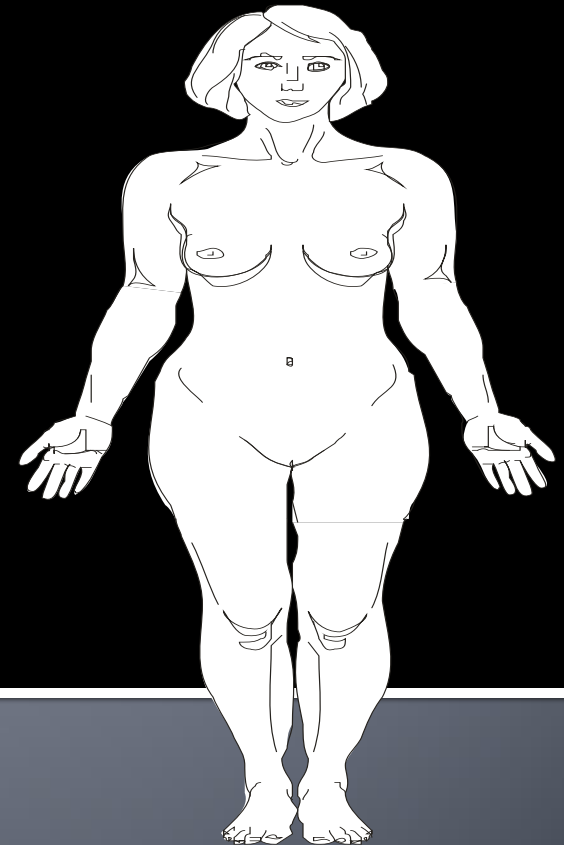
- ❖ streptococci,
- ❖ Helicobacter pylori,
- ❖ VZV, CMV,
- ❖ Human herpes virus (HHV)-6 and HHV-7,

Cross-reacting antigens between the oral mucosa and microorganisms may be involved.

Etiology and Pathogenesis

Patients with RAS
have no clinically detectable
systemic symptoms or signs:

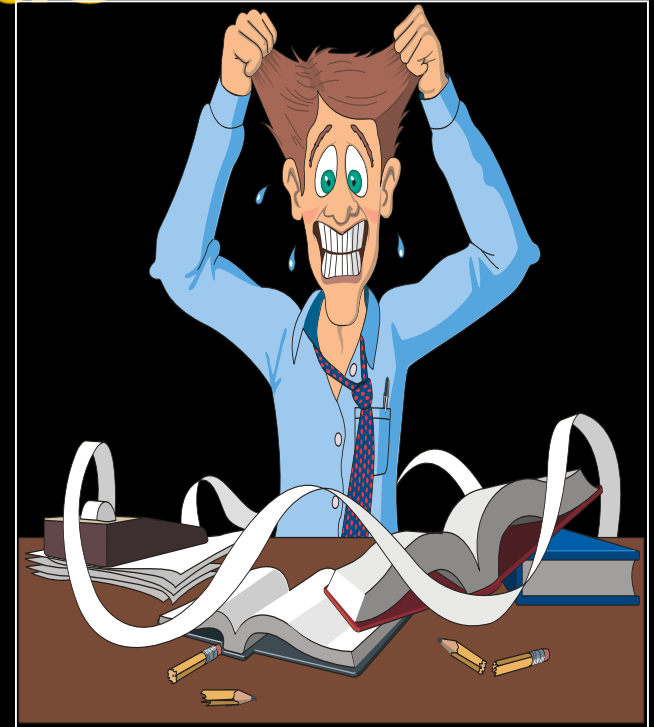
if ulceration affects the genitals
or other mucosae, **the
diagnosis can not be of RAS
alone.**



Recurrent Aphthous Stomatitis (RAS)

Other factors with RAS

- ❖ anxiety,
- ❖ psychological stress,
- ❖ localized trauma to the mucosa,
- ❖ menstruation,
- ❖ upper respiratory
- ❖ infections,
- ❖ food allergy.



PREDISPOSING FACTORS

Trauma:

biting the mucosa
trauma from dental appliances

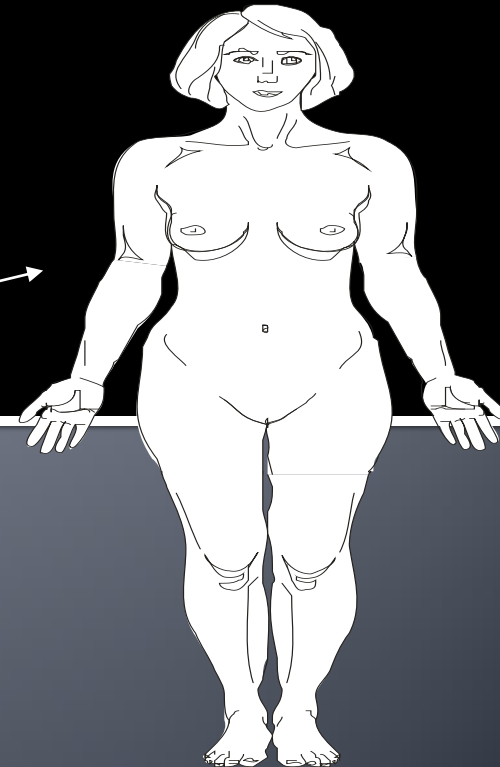


Endocrine factors :

may be relevant in some women.

RAS are clearly related to the fall of progesterone level in the luteal phase of menstruation cycle,

may regress temporarily in pregnancy.



Recurrent Aphthous Stomatitis (RAS)

Hematologic deficiency,

- serum iron,
- folate,
- vitamin B12,
- 75% of patients with RAS a specific hematologic deficiency was detected

Some cases of nutritional deficiency,
celiac disease,
malabsorption syndrome.

PREDISPOSING FACTORS

Allergy

Allergies to food
there is a high incidence of
atopy.



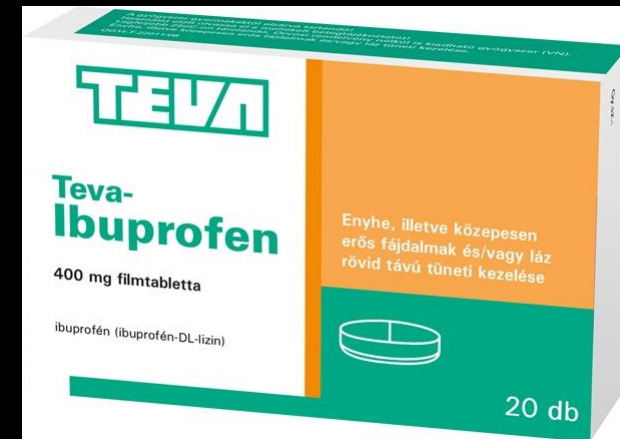
PREDISPOSING FACTORS

Sodium lauryl sulphate
(SLS):
a detergent in some toothpastes
and other oral healthcare product
may produce oral ulceration.



PREDISPOSING FACTORS

Drugs:
mainly NSAID-s may produce RAS-like lesions.



Recurrent Aphthous Stomatitis (RAS)

- there is a negative correlation between RAS and a history of smoking,
-
- RAS is exacerbated when patients stop smoking.
- the incidence of RAS is significantly lower among smokers

Recurrent Aphthous Stomatitis (RAS)

Oral Findings

The lesions are confined to the oral mucosa
begin with prodromal burning
area of erythema develops.

Within hours, a small white papule forms,
ulcerates,
gradually enlarges



The lesions are round, symmetric, and shallow

Diagnosis of RAS

based on

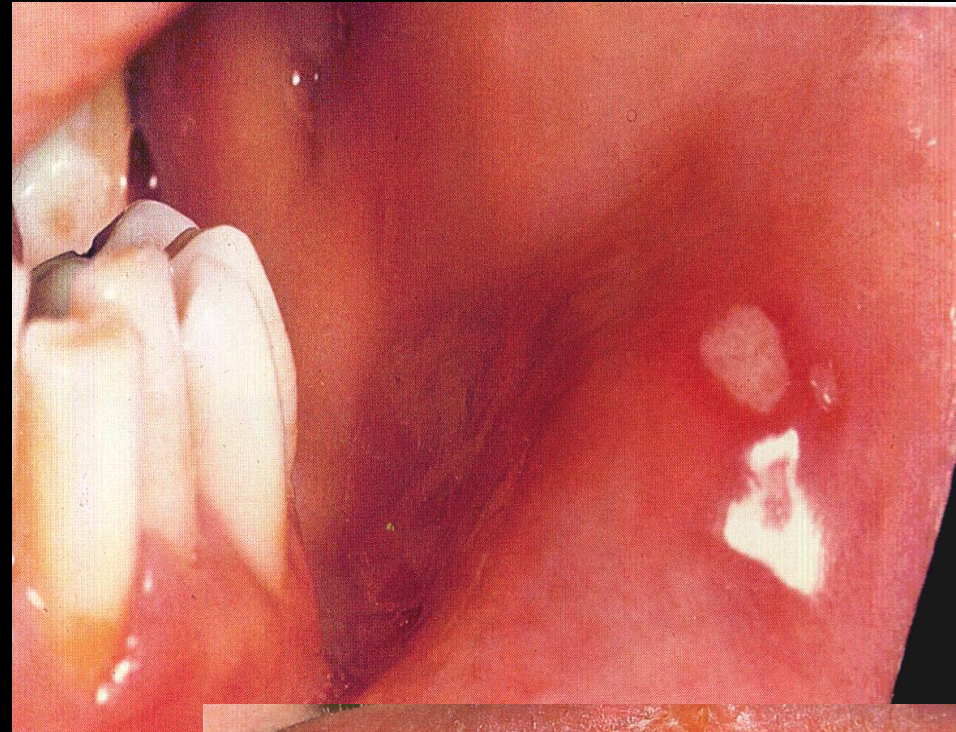
- the history
- clinical features,
- no specific tests are available.

Biopsy is rarely indicated

but to exclude the systemic disorders is often useful to undertake

Minor aphthous ulcers,

- It was described by Mikulicz and Kummer (1898)
- On the non-keratinized, mobile oral mucosa,
1-5 ulcers
- Develops in youthhood
- Autoantibody can be shown out
against oral epithelial cells
- 70-75% of the total RAS cases
- Heals in 8-10 days, without scar



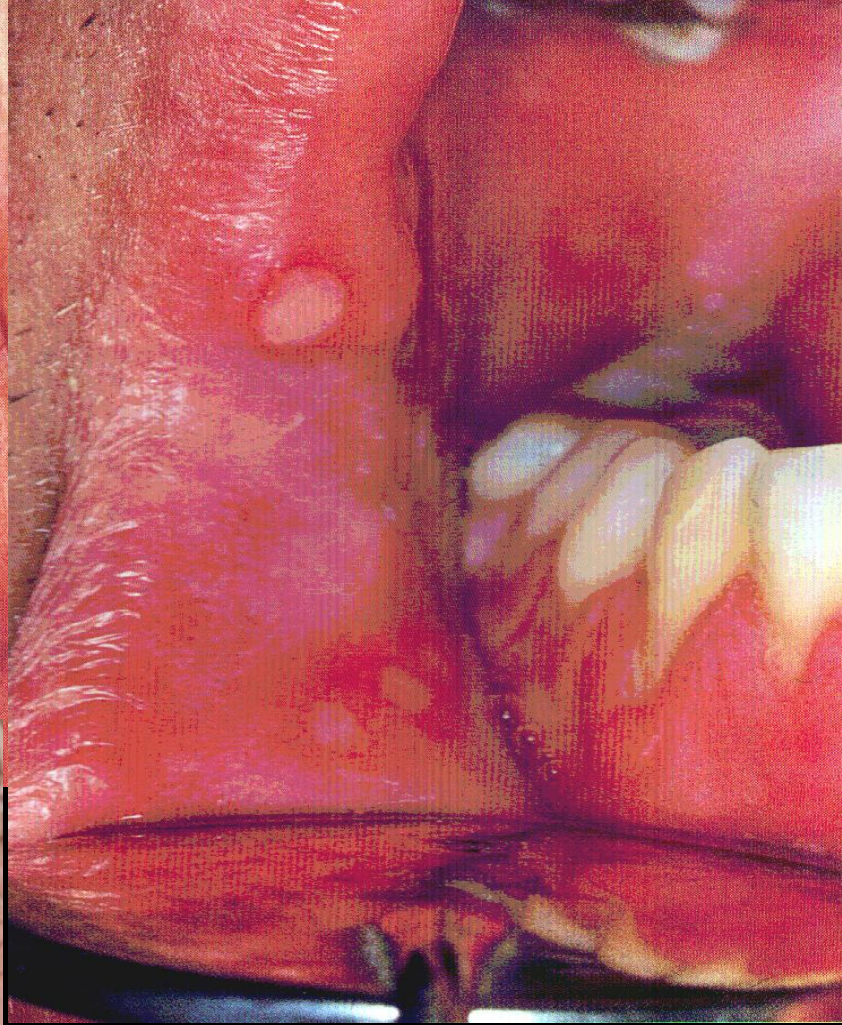
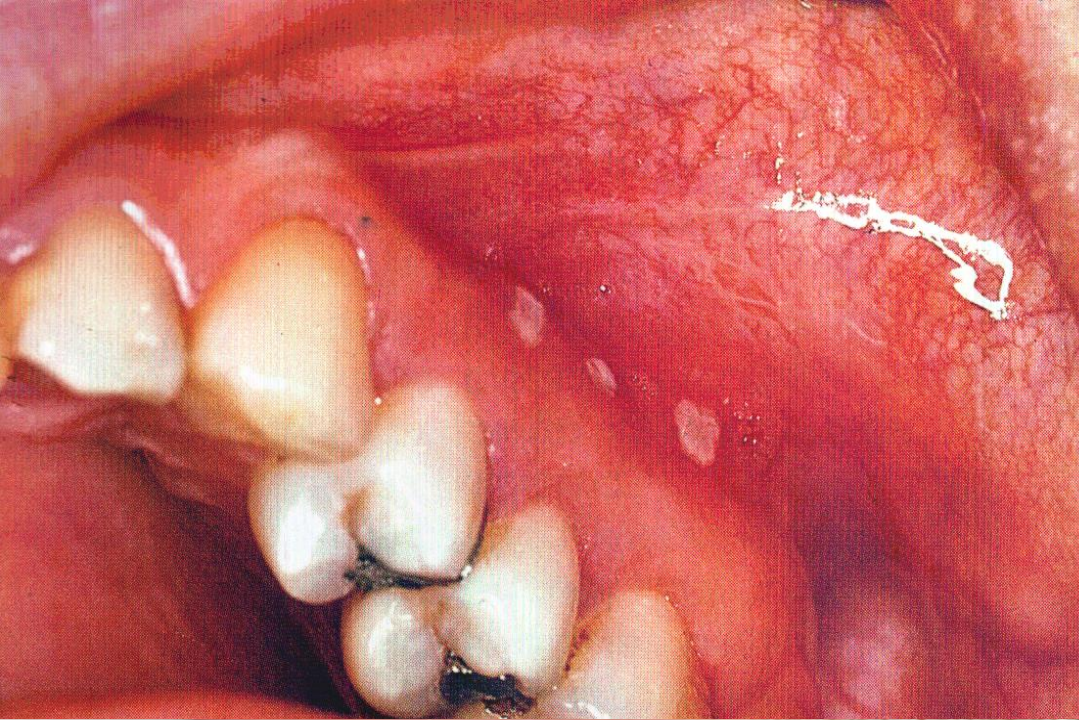
RAS are characterised

- With multiple recurrent, small, round or ovoid ulcers,
- circumscribed margins,
- erythematous halos
- yellow or grey floors.
- On non-keratinized, mobile mucosa, !!!!!!!
- rare on gingiva and palate.
- First manifestation in childhood or adolescences.





MIKULITZ APHTHA Minor aphthous ulcers,



- Minor aphthous ulcer (Mikulitz)



MIKULITZ APHTHA A NYELVEN



MIKULITZ APHTHA A BUCCAN ÉS AZ AJKON

Aphthous Oral Ulcers



Major aphthous ulcers, Sutton's

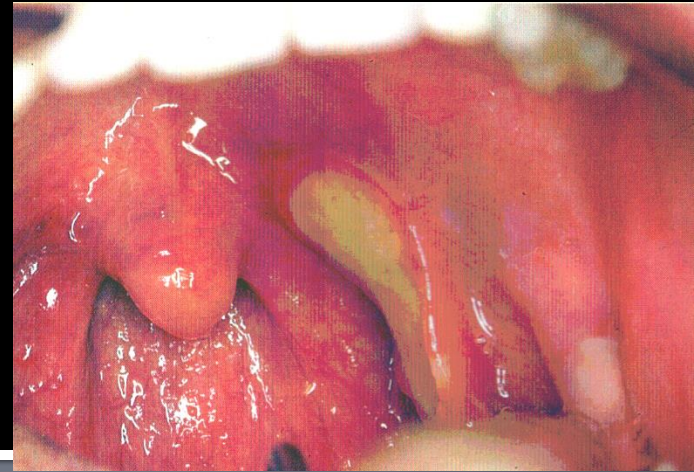
- It was described by Sutton 1911
- On the non-keratinized, mobile mucosa
- Develop rather in elder age
- Auto antibodies against the oral epithelial cells can shown out
- 5% of the total RAS cases
- Spontaneous heal in 40 days with scar



Recurrent Aphthous Stomatitis (RAS)

Major aphthous ulcers, Sutton's

- deep lesions that are larger than 1 cm in diameter
- last for weeks to months.
- extremely painful and disabling,
- interfering with speech and eating,
- may require hospitalization
- treatment with high doses of corticosteroids.
- leave scars that may result in decreased mobility of the uvula and tongue.

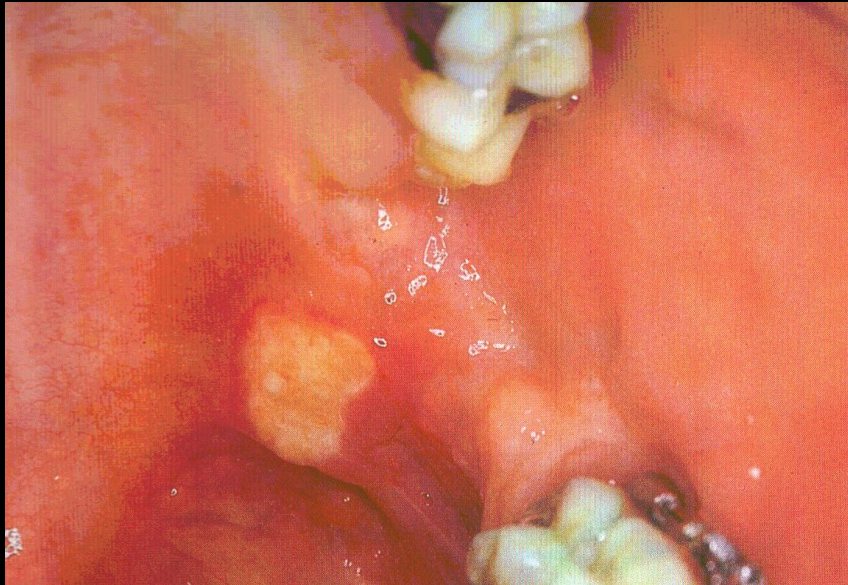


The lesions may last for months

Can be misdiagnosed carcinoma, pemphigoid.

Major aphthous ulcer (Sutton)

Periadenitis necrotica recurrens mucosae oris



- Chronically recurred and healed scars in Sutton aphthae



**SUTTON APHTHA – periadenitis mucosae
necrotica recurrens**



SUTTON APHTHA on the lip

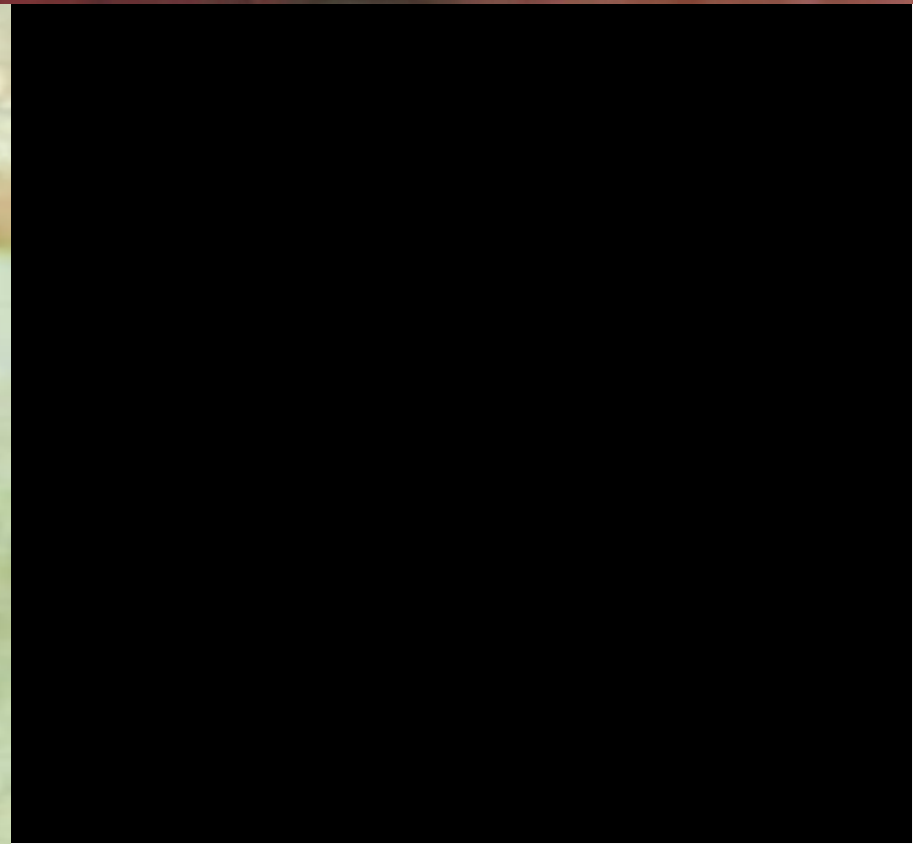
– periadenitis mucosae necrotica recurrens







**SUTTON APHTHA A LÁGY SZÁJPADON –
peradenitis mucosae necrotica recurrens**



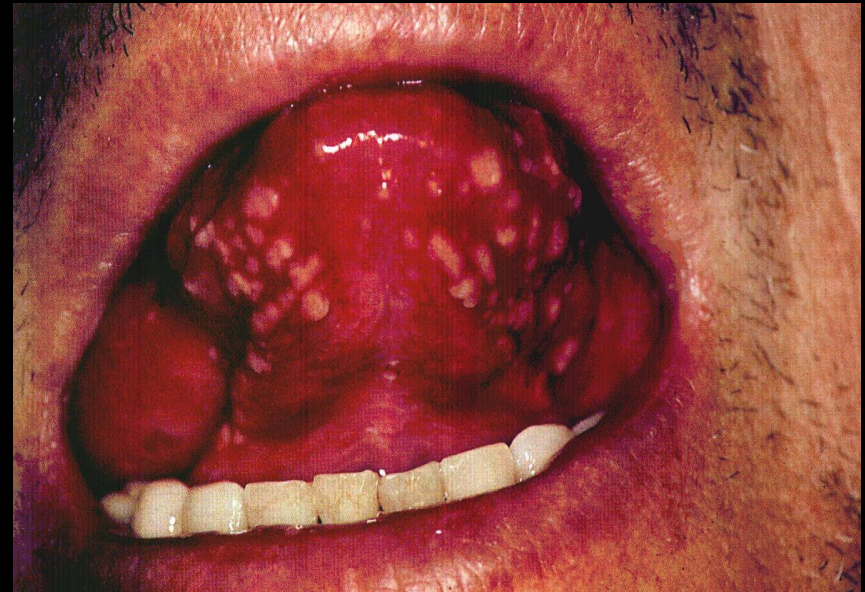


SUTTON APHTHA periadenitis mucosae necrotica recurrens

- Chronically recurred and healed scars in Sutton aphthae

Herpetiform Ulcers (Cooke)

- It was described by Cooke 1960
- Develops in younghood
- There is no autoantibody against the oral epithelium
- Could be 100 erosions in one time
- 15-20% of the total cases of RAS
- Spontaneous heal in 8-10 days without scar





**HERPETIFORM
ULCERATIO**

**COOKE
APHTHA**



HERPETIFORM ULCERATIO

Herpetiform ulcers (Cooke)

- Are found mainly in young age rather in females
- minute pinhead-size ulcers
- large, round ragged ulcers
- Involve any oral sites
- Heal 10 days or longer

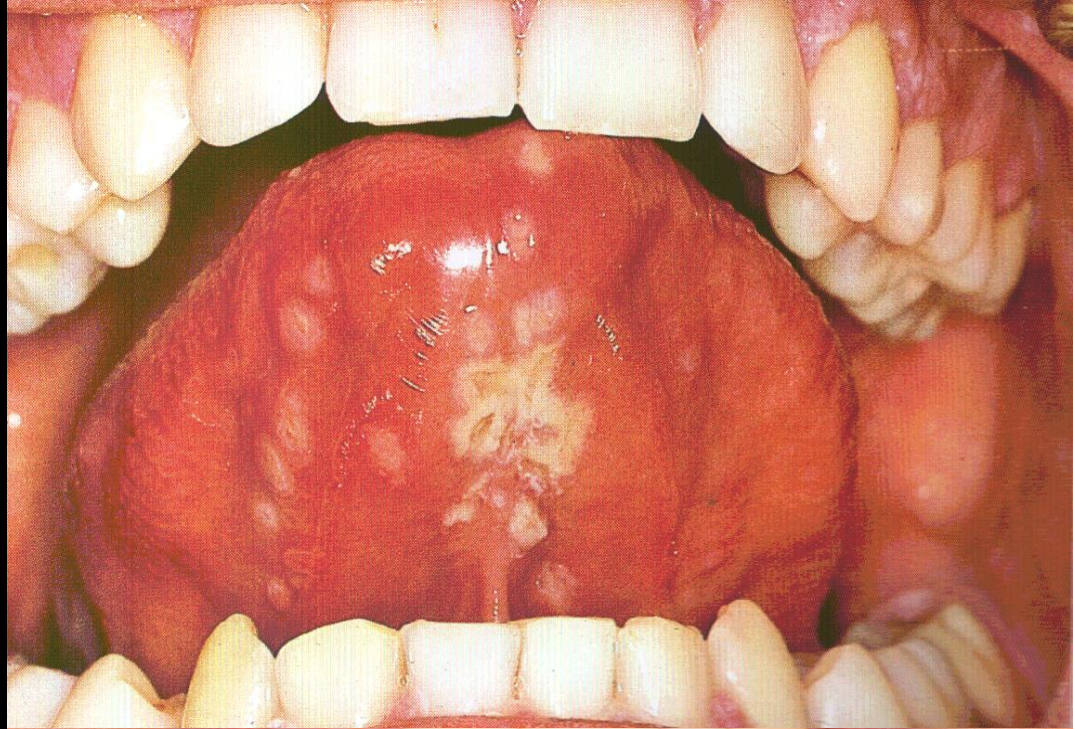


Herpetiform ulcer

- Often extremely painful
- Heal without scar
- Recur frequently that ulceration may be virtually continuous



- Herpetiform ulcer

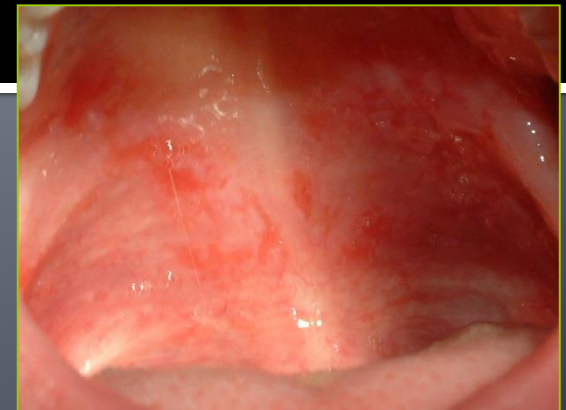


Herpetiform ulceratio



Differential Diagnosis

viral stomatitis
chronic multiple lesions
pemphigus
pemphigoid,
connective tissue disease,
drug reactions,
dermatologic disorders.
HIV+ connective tissue diseases
lupus,
inflammatory bowel disease,



Recurrent Aphthous Stomatitis (RAS)

Laboratory Findings

Laboratory investigation should be ordered when patients do not follow the usual pattern of RAS,

when episodes of RAS become more severe,
begin past the age of 25,

Recurrent Aphthous Stomatitis (RAS)

Patients with

- severe recurrent minor aphthae
- major aphthous connective tissue diseases
- hematologic abnormalities,

**should be referred to an internist
to rule out malabsorption syndromes**

HIV-infected patients, particularly those with CD₄ counts below 100/mm³, may develop major aphthous ulcers,

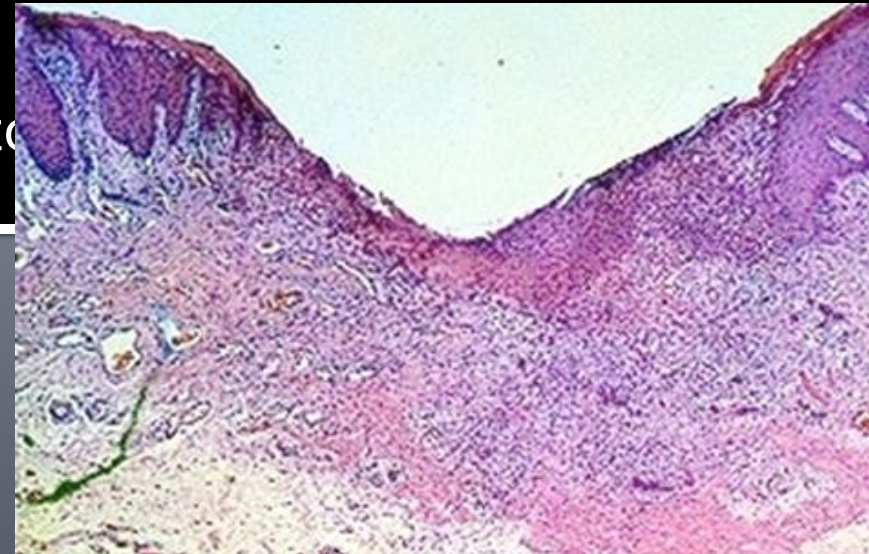
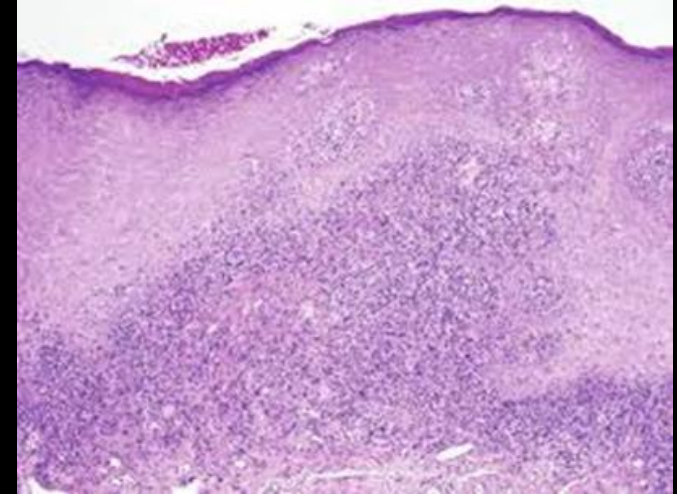
severe oral ulcers are sign of AIDS.

Recurrent Aphthous Stomatitis (RAS)

Biopsies

early lesions infiltration of large granular lymphocytes and **CD4 lymphocytes** with focal degeneration of basal cells
small intraepithelial vesicles

Advanced lesions superficial ulcer covered by a fibrinous exudate
granulation tissue at the base
mixed acute and chronic inflammatory infiltrate.



Non traumatizing tooth
brushing

Avoid hard foodstuff
(chips, toast)

Avoid spicy food - trauma

Avoid nuts, peanuts, walnuts
mandel

Avoid sodium lauryl sulphate



Recurrent Aphthous Stomatitis (RAS)

Sutton aphtha therapy

colchicine,
pentoxifylline,
dapsons,
systemic steroids,
oxytetracyclin
thalidomide (Contergan)???

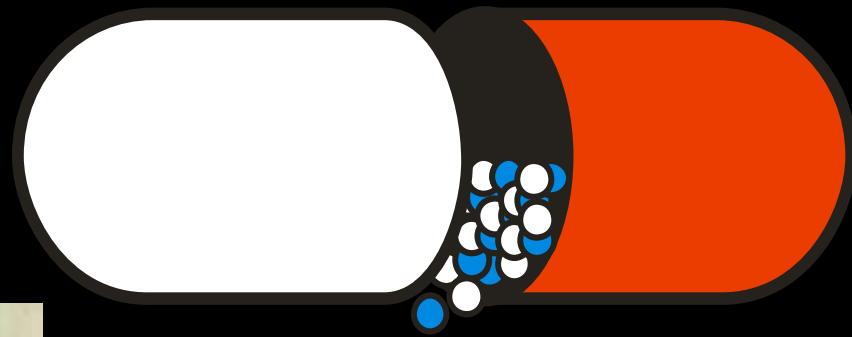


Topical corticosteroid

can often control RAS.

Systemic

The major concern of adrenal suppression with long term and/or repeated application has rarely been addressed,



Recurrent Aphthous Stomatitis (RAS)

- Tetracyclin 250 mg, four times daily decrease the duration of RAS, but it is forbidden to children under 12 years.
- The good oral hygiene is also very important.



Immune- autoimmune diseases II.

**Recurrent Aphthous
ulcers**

Ulcerative gingivitis

Ulcerative periodontitis

**Necrotizing
sialomethaplasia**

**Inflammatory bowel
diseases**

Coeliacia

Ulcerative collitis

Crohn's disease



Behçet Disease [BD (Behçet Syndrome)]

- Behçet's disease (BD) was initially described by the Turkish dermatologist *Hulusi Behçet* as a triad of symptoms
 - recurring oral ulcers,
 - recurring genital ulcers,
 - Eye involvement.

The highest incidence in:

- eastern Asia,
- Middle East,
- eastern Mediterranean,
- Turkey
- Japan,



Behçet Disease [BD (Behçet Syndrome)]

- The cause of BD is unknown,
- circulating immune complexes,
 - Autoimmunity,
 - cytokines,
 - heat shock proteins,
 - HLA -B51 genotype is most frequently linked to BD, especially in patients with severe forms
- BD results when a bacteria or virus triggers an immune reaction in a genetically predisposed individual.

Symptoms of Bechcet syndrome

- Oral aphthous stomatitis
- Aphthous like genital ulcers
- Eye disease: hypopion, iridocyclitis
- Plus: Meningoencephalitis and spinal cord disease
joint, gastrointestinal and vessel diseases





Behçet Disease BD (Behçet Syndrome)



Management

- **Azathioprine** and other immunosuppressive drugs
- combined with **prednisone** have been shown to reduce ocular oral and genital involvement.
-
- **Dapsone, colchicine, and thalidomide**
- have also been used effectively to treat mucosal lesions of BD

Immune- autoimmune diseases II.

**Recurrent Aphthous
ulcers**

Ulcerative gingivitis

Ulcerative periodontitis

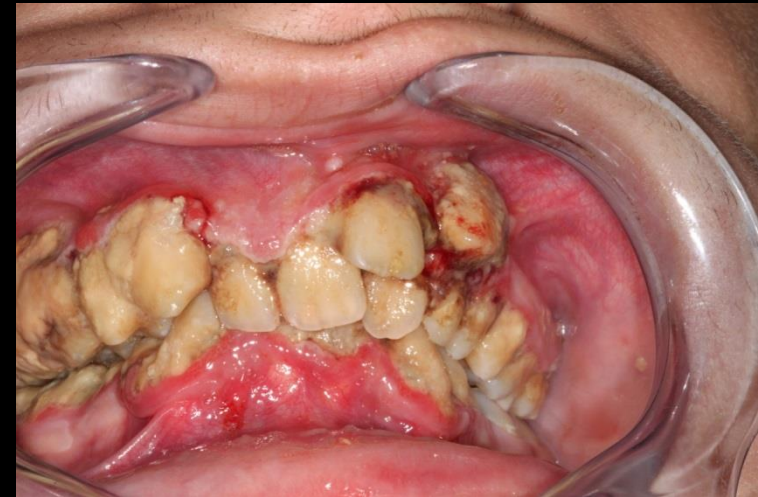
**Necrotizing
sialomethaplasia**

**Inflammatory bowel
diseases**

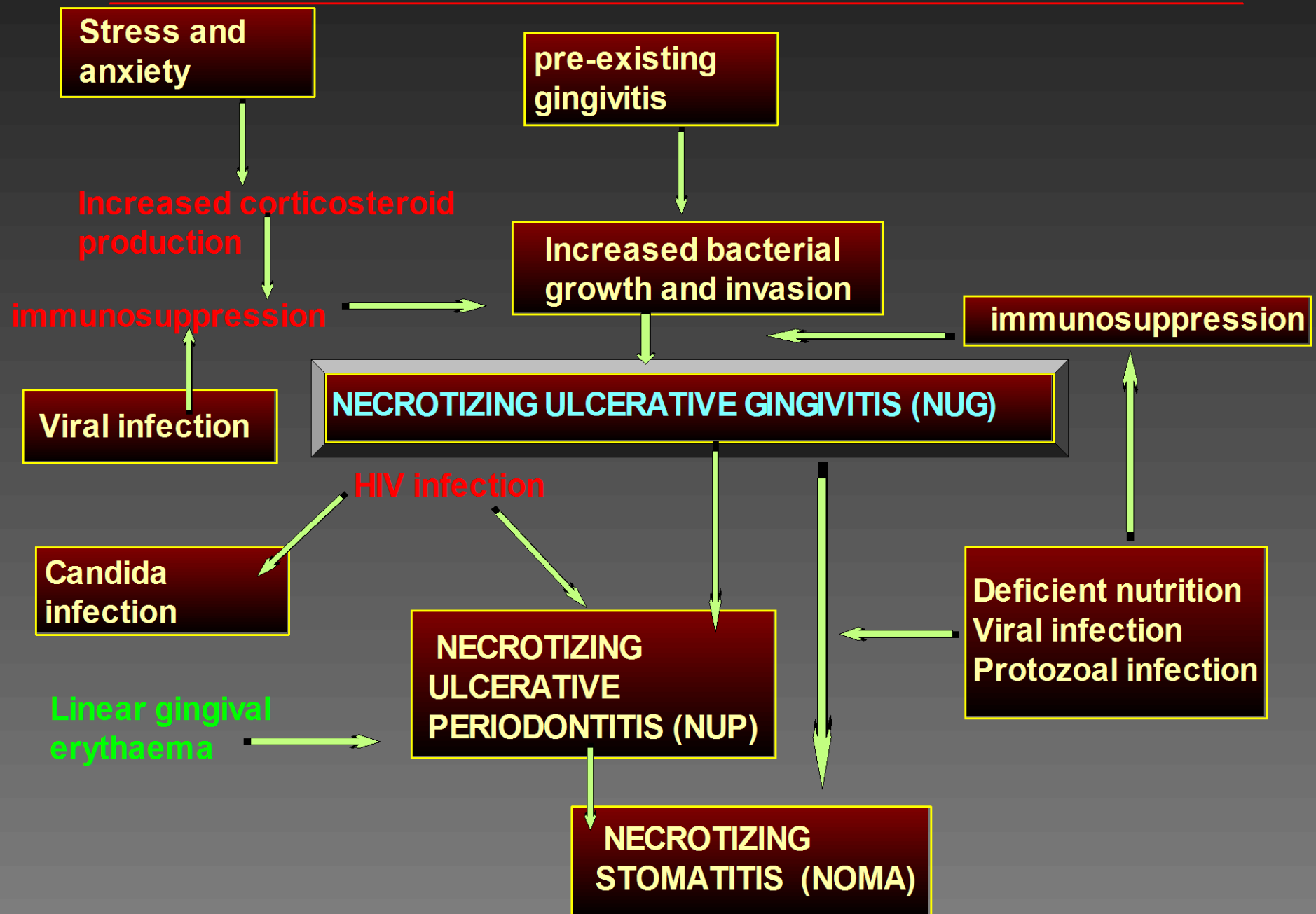
Coeliacia

Ulcerative collitis

Crohn's disease



NUG ETIOLOGICAL MECHANISM







GINGIVITIS ULCEROSA



GINGIVITIS ULCEROSA

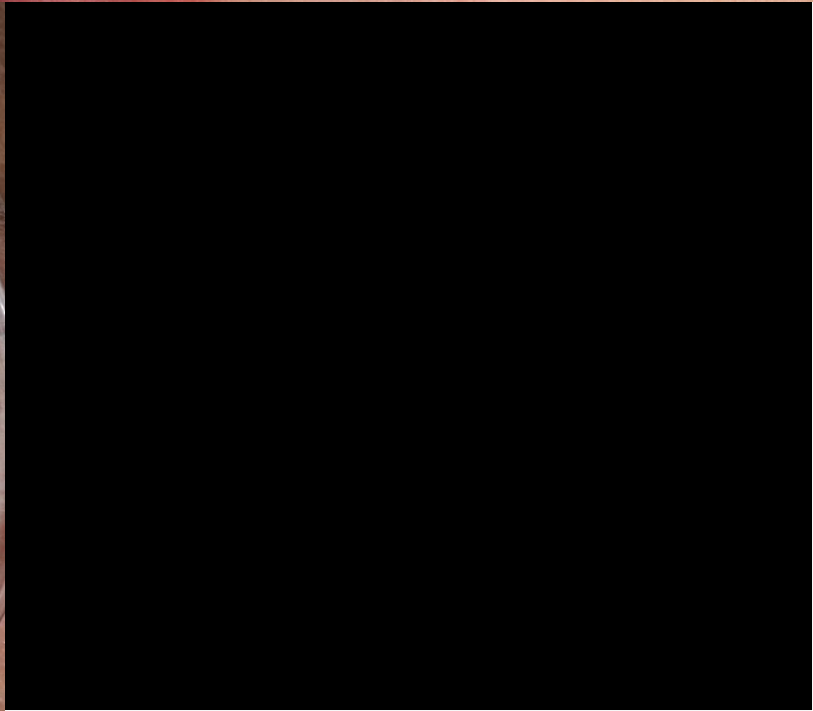
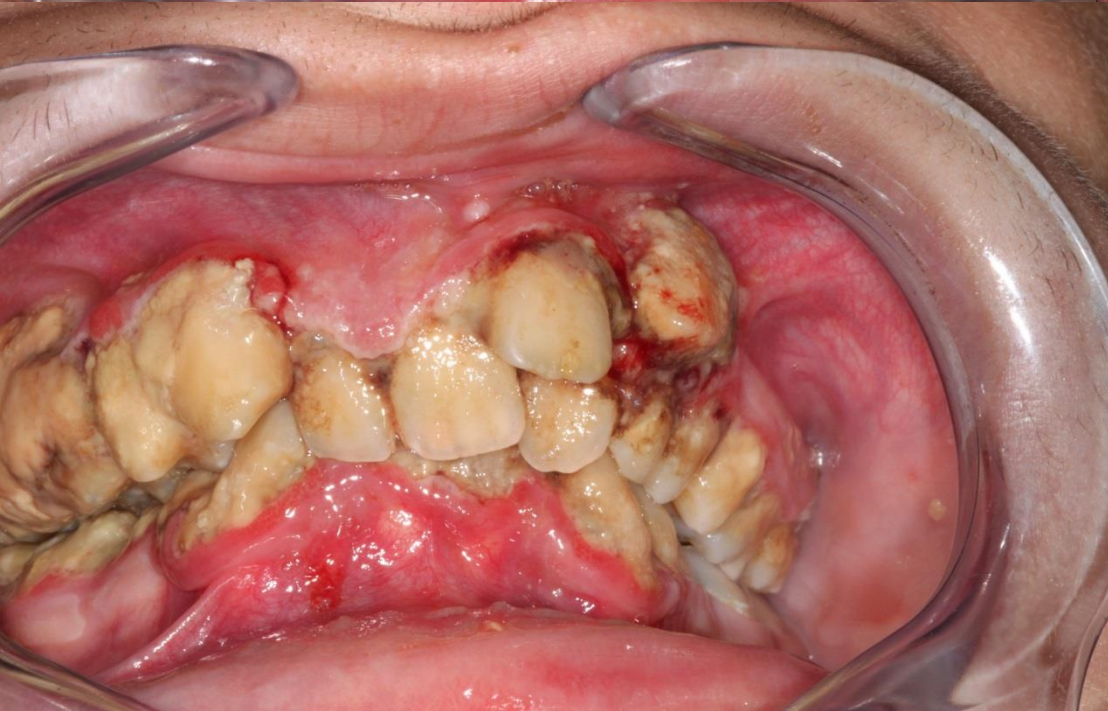


GINGIVITIS ULCEROSA CHRONICA

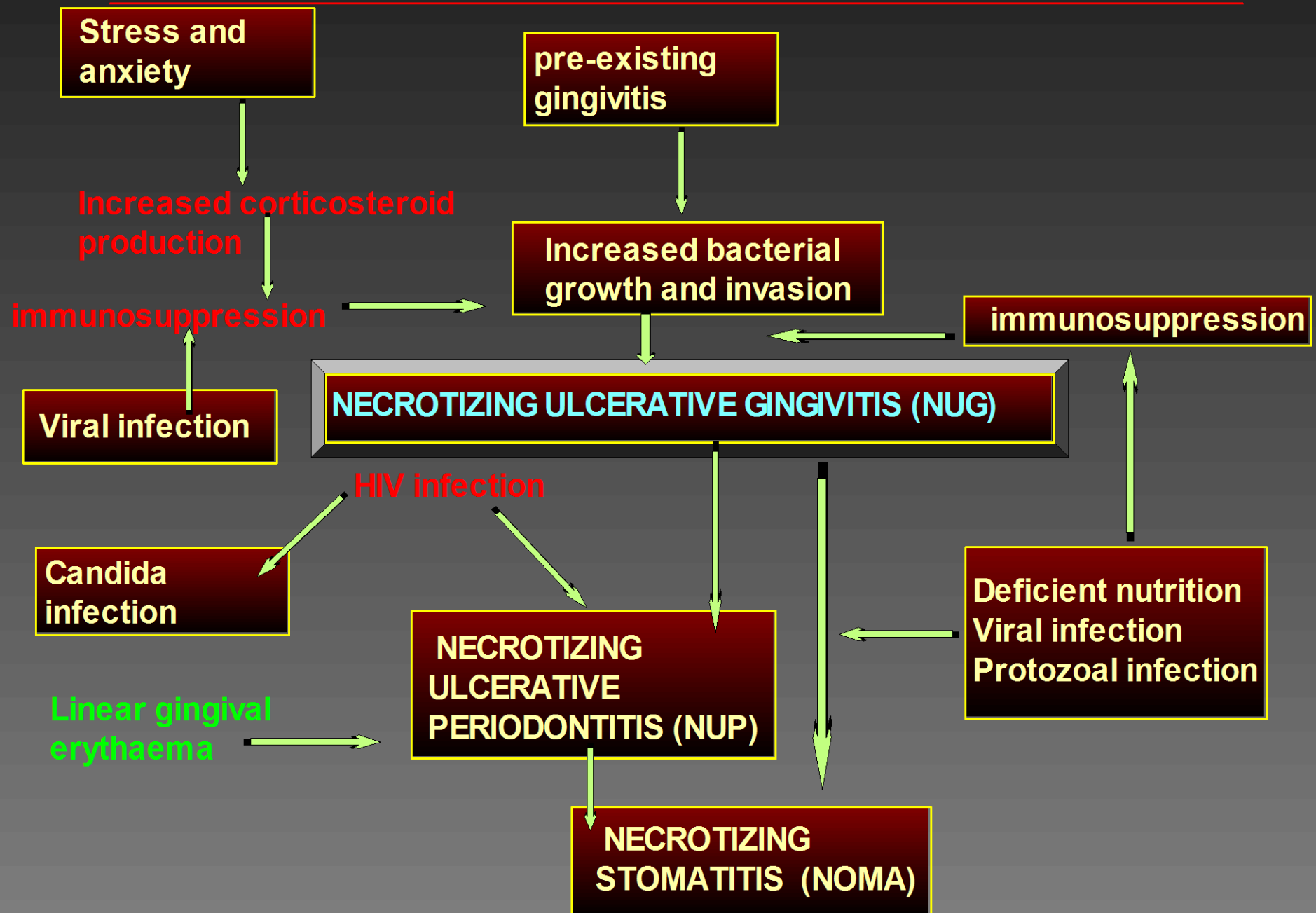


PARODONTITIS ULCEROSA HIV POZITIV!!!!





NUG ETIOLOGICAL MECHANISM









Necrosis due to acute leukokemia

Immune- autoimmune diseases II.

**Recurrent Aphthous
ulcers**

Ulcerative gingivitis

Ulcerative periodontitis

**Necrotizing
sialomethaplasia**

**Inflammatory bowel
diseases**

Coeliacia

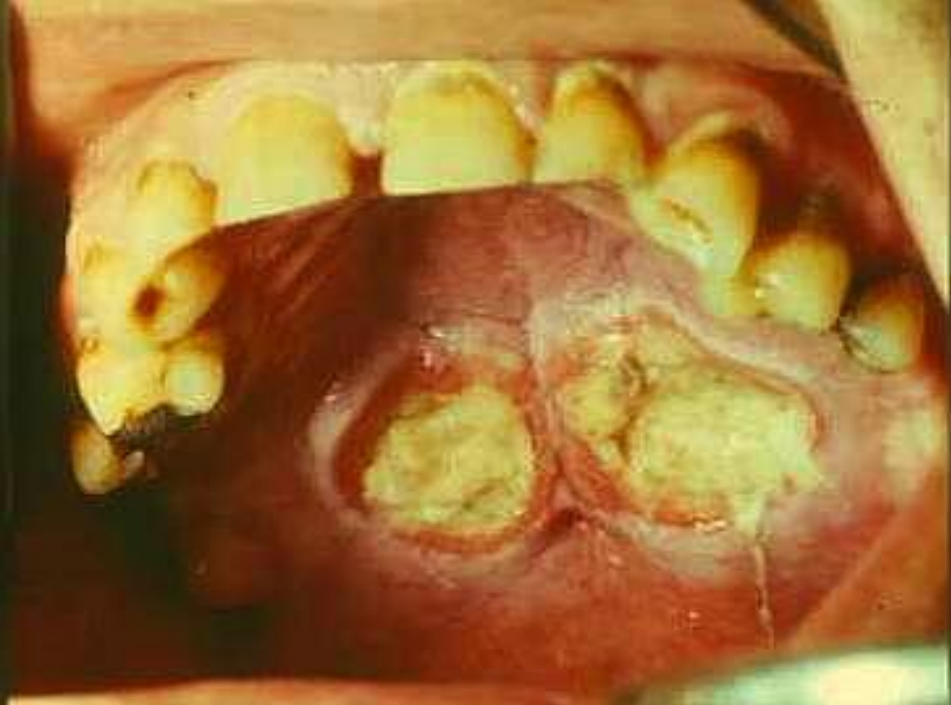
Ulcerative collitis

Crohn's disease





**NECROTIZING
SIALOMETAPLASIA**



**NECROTIZING
SIALOMETAPLASIA**

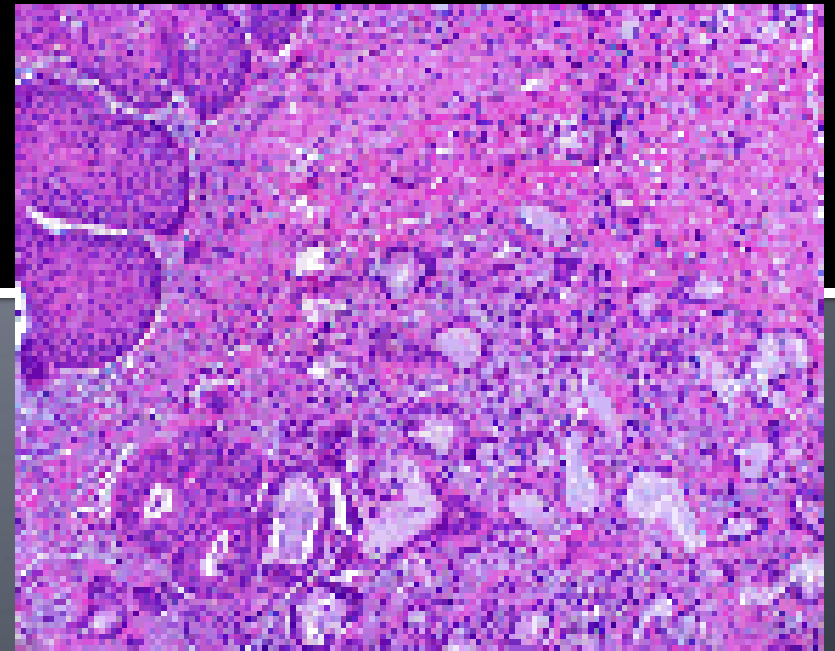
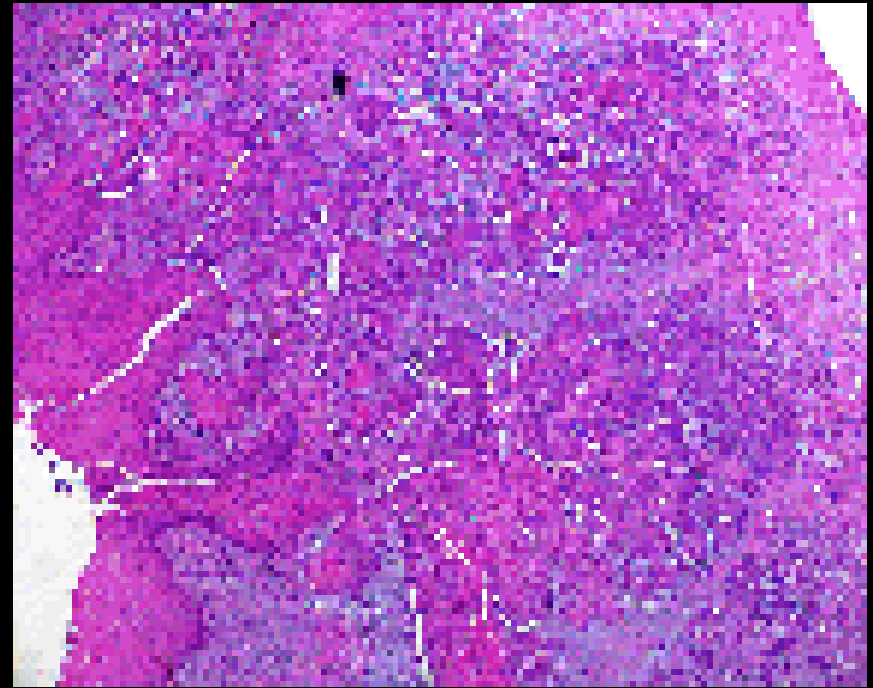


NECROTIZING SIALOMETAPLASIA



HISTOLOGY

- ❖ Ischemic lobular necrosis
 - ❖ acinus cells coagulation necrosis
 - ❖ ductus cell metaplasia
 - ❖ PMN and monocytes cell infiltrate
-
- ❖ pseudoepitheliomatous hyperplasia



Immune- autoimmune diseases II.

**Recurrent Aphthous
ulcers**

Ulcerative gingivitis

Ulcerative periodontitis

**Necrotizing
sialomethaplasia**

**Inflammatory bowel
diseases**

Coeliacia

Ulcerative colitis

Crohn's disease



Diseases of the Lower Digestive Tract

Inflammatory Bowel Disease (IBD.)



idiopathic IBD.

Inflammatory processes that affect the large and small intestines.

- Ulcerative colitis
- Crohn's disease

Ulcerative colitis involves the mucosa and submucosa of the colon.

Crohn's disease involving all layers of the gut.

etiology and pathogenesis of ulcerative colitis and Crohn's disease are unknown,

Diseases of the Lower Digestive Tract

Inflammatory Bowel Disease

oral signs of IBDs,

- pyostomatitis vegetans,
- chronic stomatitis,
- aphthous ulcerations,
- oral epithelial tags and folds,
- gingivitis,
- persistent lip swelling,
- lichenoid mucosal reactions,



- granulomatous inflammation of minor salivary gland ducts,
- candidiasis, and angular cheilitis.

Aphtha

RAS is a disease seriously hurting the patients.

