

#FestiWell

Discover the EUniverse
From 19 to 20 October 2021

WELCOME TO SEMMELWEIS WELL-BEING DAYS!

Elméleti Orvostudományi Központ (EOK), Tűzoltó utca 37-47.

Date: 19 October

8:00 – 9:00

DAY OPENING YOGA

Location: Aula / Central Hall

10:00 – 18:30

FESTIWELL ONLINE EVENTS - streaming on the giant screen

Location: Aula / Central Hall

10:00 – 18:00

WELL-BEING SERVICES (organiser: Health Promotion Center)

Location: Tanuló sziget / Student Island

- Body composition analysis
- Cardiovascular and diabetes risk assessment
- Nutritional and physical activity status assessment and evaluation
- Birthmark screening

10:00 – 18:00

HEALTH PREVENTION GAMES (organiser: Health Promotion Center)

Location: Tanuló sziget / Student Island

10:00 – 17:00

MINI MOBILITY FAIR (organiser: Directorate of International Relations)

Location: Central Hall

14:00 – 15:00

Green University Project (organiser: HÖK)

interactive games (organiser: HÖK)

14:00 – 15:00

Art activities (organiser: ISSA)

Location: Büfé sziget / Canteen Island

14:00 – 18:00

Table tennis Tournament (organiser: HÖK)

Location: Aula / Central Hall

14:00 – 18:00

Table football Tournament (organiser: ISSA)

Location: Aula / Central Hall

15:00 – 17:00

EUNIWELL STUDENT TEAM WORKSHOP

Location: Büfé sziget / Canteen Island

- Introduction of EUniWell
- Student engagement activities
- Well-Being Ideas workshop
- Seed Fund Forum

17:00 – 18:30

MUSIC (D.J.) & Pop-corn machine & Fun

Location: Bejárat / Entrance of EOK

18:30 – 19:30

DISCUSSION with Paralympic champion Luca Ekler

Location: Szent-Györgyi Albert Lecture Hall

Language: Hungarian