#### 2023/2024. ACADEMIC YEAR

# PROGRAM OF STUDY (FOR STUDENTS OF 5TH YEAR)

Full (Hungarian) name of the subject: KLINIKAI KÉMIA ÉS LABORATÓRIUMI DIAGNOSZTIKA

Program: Undivided program (pharmaceutical)

Schedule: Full-time

Short name of the subject: Labordiagnosztika alapjai

English name of the subject: Clinical Chemistry and Laboratory Diagnostics

(theory)

Theory: 2
Practice: 0

German name of the subject: Klinische Chemie und Labordiagnostik

Type of registration: obligatory/obligatory elective/elective/criteria requirement

Neptun code of the subject: GYKLMI082E1A

Responsible Department: Department of Laboratory Medicine

Responsible tutor	Title, academic degree:
dr. Barna Vásárhelyi	Medical doctor, Director, Ph.D., D.Sc.
Contact information: - phone: +36 20 666 3246 - email: vasarhelyi.barna@med.semmelweis- univ.hu	
Name of the persons responsible for the teaching of the subject:	Title, academic degree:
Barna Vásárhelyi	Professor of medicine, specialist of laboratory medicine, Ph.D., D.Sc.
Ibolya Kocsis	Pharmacist, specialist of laboratory medicine, Ph.D.
Györgyi Molnár-Világos	·
Zsófia Szabó	Pharmacist, specialist of laboratory medicine
Adrienne Fehér	Pharmacist, specialist of laboratory medicine, Ph.D.
Gellért Karvaly	Medical doctor, specialist of laboratory medicine, specialist of hematology and hemostasis
	Pharmacist, Ph.D.
Class per week:	Credit point(s):

Professional content, intent of acquirement and it's function in order to implement the goals of the program:

Discussion of the role of laboratory tests in clinical decision-making, with particular regard to areas requiring pharmaceutical knowledge.

## Short description of the subject:

Pharmacists encounter questions related to laboratory diagnostics several times during their daily work. A general request from laymen concerns the proper conduction of home tests (e.g. blood sugar, blood fat level), and the interpretation of laboratory results. In clinical care, there is a particularly high demand for the appropriate interpretation of laboratory findings with a focus on the effects and side effects of drugs. The pharmacist's approach represents a significant added value in this respect. Therapeutic drug level monitoring is a separate field in which pharmacists play a prominent role.

The clinical diagnostic laboratory also relies on the knowledge of pharmacists. A special qualification (specialist of laboratory medicine) is acquired by experts working in his field.

In the lectures the main aspects of reporting laboratory tests, the most frequently performed analytical procedures, and the interpretation of test results are presented.

The following topics are addressed with a special focus:

- point-of-care tests performed at the patient's bedside (in pharmacies),
- major tests employed for investigating the diseases of individual organ systems,
- clinical laboratory analysis of the pharmacodynamic effects of drugs,
- therapeutic drug monitoring,
- clinical laboratory quality assurance.

In the lectures, the theoretical background of the topics listed in the "Topics of theoretical classes" section will be presented and illustrated.

In the framework of the course, clinical diagnostic laboratory visits will be arranged in a pre-organized way, and the application of point-of-care tests performed at the patient's bedside, in the pharmacy, or by the patients for self-checking will be demonstrated  $(2 \times 70 \text{ minutes}, 2 \times 1.5 \text{ theoretical classes})$ .

The discussion of laboratory test reports will be conducted to help students with the better understanding and proper application of the acquired knowledge (4 theoretical classes).

Course data								
Recommended term	Contact hours (lecture	Contact hours (practice )	Contact hours (seminar)	Individu al lectures	Total number of contact hours/sem ester	Normal course offer	Consult ations	
semester 5	28				28	Autumn semester* Spring semester Both semesters (* Please underline)		

## Program of semester\*\*

#### Topics of theoretical classes (pro week):

- 1. Introduction: the scope, position and functions of laboratory diagnostics in healthcare organisations
- 2. Blood collection procedure, types of blood collection tubes, and examples of their use. Preanalytical factors which affect laboratory results
- 3. Major laboratory analytical procedures and analytical systems used in clinical diagnostic laboratories. Quality assurance
- 4. Point-of-care tests, tests available for pharmacy self-monitoring
- 5. Interpretation of laboratory findings, basics of the statistical evaluation of test results. Data-oriented clinical laboratory: the importance of bioinformatics
- 6. Laboratory diagnosis of inflammation. Acute phase reaction
- 7. Liver function tests
- 8. Urinalysis
- 9. Diagnosis of tissue injury
- 10. Laboratory diagnosis of tumours. Molecular biology tests in the laboratory
- 11. Endocrinology tests: diagnosis of metabolic disorders (diabetes, hyperlipidaemia)
- 12. Endocrinology tests: thyroid hormones, adrenal and sex hormones
- 13. Therapeutic drug monitoring: basic concepts, pharmacokinetic principles, aims, factors influencing the fate of the drug in the body
- 14. Therapeutic drug monitoring: the role of laboratory tests in the implementation of individualised drug therapy. Precision pharmacotherapy software
- 15. Drugs influencing laboratory test results. Clinical drug testing
- 16. Fundamentals of clinical toxicology and its laboratory implications
- 17. Immunological tests: autoimmunity
- 18. Immunological tests: hypersensitivity reactions, allergy tests, and immunodeficiency conditions
- 19. Blood count elements. Anaemias. Iron deficiency
- 20. Basics of blood grouping
- 21. Haemostasis tests. Anticoagulant monitoring
- 22. Discussion of laboratory test reports
- 23. Discussion of laboratory test reports
- 24. Discussion of laboratory test reports
- 25. Discussion of laboratory test reports
- 26-28. Laboratory visit, demonstration of point-of-care tests

## Topics of practical classes (pro week):

None.

Schedule of consultations: No additional consultations will be scheduled.

## Course requirements

## Prerequisites:

Physiology II Biochemistry II

Conditions of attending the classes, amount of acceptable absents, way of presentation of leave, opportunity for makeup: Attendance at lectures in accordance with the Study and Examination Regulations in force at the Faculty of Pharmacy

The grading method; the conditions for getting the signature; the number, topic(s) and date(s) of the mid-term assessments (reports, term tests, and the process in which they contribute to the final grade; and the possibility of their retake or their upgrading retake (as provided in §§ 25-28 of the STUDY AND EXAMINATION REGULATIONS):

The grade is based on the end-of-semester colloquium (attainable score: 50), as follows: 46 - 50 points: excellent, 41 - 45 points: good, 36 - 40 points: average, 31 - 35 points: sufficient, 30 points or below: insufficient. There is no midterm partial performance evaluation.

Number, topics and dates of tests during the semester, opportunities of makeup and improvement of results\*\*\*: None

Requirements of signature (as provided for in STUDY AND EXAMINATION REGULATIONS  $\S$  29):

No special criteria have been set.

Number and type of projects students have to perform independently during the semester and their deadlines:

No individual projects are required.

Type of the semester-end examination: signature\*/practical grade\*/semi-fnal\*/final\*
(\* Please underline)

#### Examination requirements:

The scope, position and functions of laboratory diagnostics in healthcare organisations. Blood collection procedure, types of blood collection tubes, and examples of their use. Preanalytical factors which affect laboratory results. Major laboratory analytical procedures and analytical systems used in clinical diagnostic laboratories. Quality assurance. Point-of-care tests, tests available for pharmacy self-monitoring. Interpretation of laboratory findings, basics of the statistical evaluation of test results. Data-oriented clinical laboratory: the importance of bioinformatics. Laboratory diagnosis of inflammation. Acute phase reaction. Liver function tests. Renal function tests. Urinalysis. Diagnosis of tissue injury. Laboratory diagnosis of tumours. Molecular biology tests in the laboratory. Endocrinology tests: diagnosis of metabolic disorders (diabetes, hyperlipidaemia). Endocrinology tests: thyroid hormones, adrenal and sex hormones. Therapeutic drug monitoring: basic concepts, pharmacokinetic principles, aims, factors influencing the fate of the drug in the body. Therapeutic drug monitoring: the role of laboratory tests in the implementation of individualised drug therapy. Precision pharmacotherapy software. Drugs influencing laboratory test results. Clinical drug testing. Fundamentals of clinical toxicology and its laboratory Immunological tests: autoimmunity. Immunological hypersensitivity reactions, allergy tests, and immunodeficiency conditions. Elements of blood count. Anaemias. Iron deficiency. Basics of blood grouping. Haemostasis tests. Anticoagulant monitoring.

Form of the semester-end examination: <a href="written">written</a>\*/oral\*/combinated examination/practical examination/the assessment of completing project work (according to STUDY AND EXAMINATION REGULATIONS 30.\$)\* (\* Please underline)

The possibility and conditions for offering grades:

None

A list of the basic notes, textbooks, resources and literature that can be used to acquire the knowledge necessary to master the curriculum and to complete the assessments, with exact description about which of them is required to acquire which part of the syllabus (e.g. description based on topics)), as well as the main technical and other aids and study aids that can be used:

#### Topic

laboratory diagnostics in healthcare organisations

Blood collection procedure, types of blood collection tubes, and examples of their use. Preanalytical factors which affect laboratory results and analytical systems used in clinical diagnostic laboratories Quality assurance

Point-of-care tests, tests available for pharmacy self-monitoring

Interpretation of laboratory findings, basics of the statistical evaluation of test results

importance of bioinformatics Laboratory diagnosis of inflammation. Zsófia Szabó: Laboratory diagnosis of Acute phase reaction

Liver function tests

Renal function tests

Urinalysis

Diagnosis of tissue injury

Laboratory diagnosis of tumours

Molecular biology tests in the laboratory Endocrinology tests: diagnosis of

metabolic disorders (diabetes, hyperlipidaemia)

Endocrinology tests: thyroid hormones, adrenal and sex hormones

Therapeutic drug monitoring: basic concepts, pharmacokinetic principles, aims, factors influencing the fate of the drug in the body

Therapeutic drug monitoring: the role of laboratory tests in the

implementation of individualised drug therapy

Precision pharmacotherapy software

Drugs influencing laboratory test results

Clinical drug investigations

Fundamentals of clinical toxicology and its laboratory implications Immunological tests: autoimmunity

Immunological tests: hypersensitivity reactions, allergy tests, and

#### Presentation material

The scope, position and functions of Barna Vásárhelyi: Trace reading in healthcare (presentation)

> Barna Vásárhelyi: Trace reading in healthcare (presentation)

Major laboratory analytical procedures Györgyi Molnár-Világos: Major analytical procedures employed in clinical laboratories (presentation)

> Györgyi Molnár-Világos: Quality management in the laboratory (presentation)

Ibolya Kocsis: Diagnostic analysis directly at patient's bed. Point-of-care testing (POCT) (presentation)

Barna Vásárhelyi: Questions of postanalytical phase (presentation)

Data-oriented clinical laboratory: the Barna Vásárhelyi: Questions of postanalytical phase (presentation)

> inflammation, acute phase reactants, ainfectious diseases (presentation)

Ibolya Kocsis: Evaluation of liver function (presentation)

Ibolya Kocsis: Urine studies - monitoring of kidney function (presentation)

Ibolya Kocsis: Urine studies - monitoring of kidney function (presentation)

Barna Vásárhelyi: Metabolic disorders 2 (presentation)

Barna Vásárhelyi: Tumor markers: principles and their clinical use (presentation) Béla Blaha: Nucleic acid-based molecular diagnostics (presentation)

Ibolya Kocsis: Labordiagnostical examination of metabolic disorders (presentation). Barna Vásárhelyi: Metabolic disorders 2 (presentation)

Ibolya Kocsis: Labordiagnostical examination of metabolic disorders (presentation). Gellért Balázs Karvaly: Therapeutic drug monitoring (presentation)

Gellért Balázs Karvaly: Therapeutic drug monitoring (presentation)

S. Goutelle, J-B. Woillard, T. Buclin, et al. Parametric and nonparametric methods in population pharmacokinetics: experts  ${}^{\prime}$ discussion on use, strengths, and limitations. J Clin Pharmacol 2022; 6: 158-170.

Gellért Balázs Karvaly: Therapeutic drug monitoring (presentation)

Gellért Balázs Karvaly: Therapeutic drug

monitoring II. (presentation) Gellért Balázs Karvaly: Therapeutic drug

monitoring II. (presentation) Gellért Balázs Karvaly: Therapeutic drug

monitoring II. (presentation)

Zsófia Szabó: Immunological tests I. Laboratory diagnosis of autoimmune disease (presentation)

Zsófia Szabó: Immunological tests II. Hypersensitive reactions, allergy tests, In the case of a subject lasting more than one semester, the position of the teaching/research department on the possibility of parallel enrolment and the conditions for admission\*\*\*\*:

yes\*/no\*/on and individual assesment basis\* (\* Please underline)

The course description was prepared by::

Prof. Dr. Barna Vásárhelyi, dr. Gellért Balázs Karvaly