Nyilatkozat

A HÖK Alapszabályának 24. §-a szerint
(nemleges válasz kihúzással jelölendő)

Alulírott ……Divya……Tilwani……, a Semmelweis Egyetem Hallgatói Önkormányzatban az alábbi tisztségre/testületi tagságra pályázom/a jelölést elfogadom:

…Assembly…of…Delegates…… *(tisztség/testületi tagság megnevezése).*

Továbbá nyilatkozom, hogy

a) politikai pártban vagy annak ifjúsági szervezetében az alábbi tisztségeket töltöm be:

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b) Fegyelmi büntetés hatálya alatt állok: **Igen / Nem**

c) Az egyetemen az alábbi szakokon, az alábbi év óta állok hallgatói jogviszonyban, továbbá tanulmányaim befejezésének tervezett ideje:

..General..Medicine,..2023,..and..2029……

d) Megválasztásom esetén a tisztséget/testületi tagságot vállalom: **Igen / Nem**

e) Az Alapszabályban foglaltakat ismerem és magamra nézve kötelezőnek fogadom el: **Igen / Nem**

f) A tisztségből/testületi tagságból eredő feladatokat és kötelességeket ismerem és vállalom: **Igen / Nem**

g) Az adott tisztség/testületi tagság vonatkozásában személyemben összeférhetetlenség fennáll: **Igen / Nem**

h) A Hallgatói Önkormányzatok Országos Konferenciájának és Tagönkormányzatainak Etikai Chartáját ismerem, és magamra nézve kötelezőnek ismerem el: **Igen / Nem**

i) Hozzájárulok ahhoz, hogy nyilatkozat tartalmát az SE HÖK tisztségviselői/testületi tagi megbízatásom időtartama alatt nyilvántartsa, és az SE HÖK tagjai a választással, a tisztségviselői vagy testületi tagsági megbízatásával összefüggésben megismerhessék, küldöttgyűlési tagjelöltség esetén a jelen nyilatkozatban foglaltakat a választással összefüggésben az SE HÖK honlapján nyilvánosságra hozza: **Igen / Nem**

j) Hozzájárulok ahhoz, hogy amennyiben a nyilatkozat tartalmának valódiságával kapcsolatban kérdések merülnek fel, úgy a tisztázáshoz szükséges adatokat az SE HÖK Titkár a Dékáni Hivataloktól vagy a Tanulmányi Osztályoktól igényelheti: **Igen / Nem**

k) Hozzájárulok, hogy az SE HÖK Titkár bármikor igényelheti a Dékáni Hivataloktól vagy a Tanulmányi Osztályoktól a hallgatói jogviszony-igazolásomat, és nyilatkozom, hogy a Dékáni Hivatal és a Tanulmányi Osztály kiadhatja a jogviszony-igazolást az SE HÖK Titkár számára: **Igen / Nem**

Kelt: ..Budapest……., …2026….. (év) ..10.. (hó) ..27... (nap)

Divya

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aláírás

Motivation Letter

My experience with studying at Semmelweis has taught me that being part of a university community means more than simply sharing a campus with your peers or learning from your professors. It means having people who are willing to listen, offer guidance, and work towards making the experience better for everyone. Over the past few years, through my work in HÖK as a student representative and as a leader of the International Students Committee, I have come to appreciate not only the difference this work can make in students' lives, but also the responsibility that comes with it.

When I first became a representative, much of my work involved helping students through the challenges of medical school, from navigating registrations and examination procedures to understanding regulations and finding the right resources. While these may sometimes seem like small matters, I have come to understand how significant they can be to a student who is struggling to find their footing. Whether addressing student concerns, communicating with university departments, or supporting fellow representatives, I have always tried to approach these responsibilities with patience, diligence, and a genuine willingness to help.

As my involvement in HÖK grew, so did my understanding of the work that goes on behind the scenes to keep the organisation functioning effectively. Becoming one of the leaders of ISC gave me the opportunity to take on greater responsibility, coordinate with different subcommittee leaders, and support members in fulfilling their roles. These experiences have taught me that effective leadership depends not only on good intentions, but also on the ability to turn them into meaningful action. They have also shown me the importance of listening to different perspectives and working collaboratively, particularly within a community as diverse as ours. This has made me increasingly interested in not only helping students and fellow members, but also contributing to the decisions and processes that shape their experience in the first place.

I am applying to the Delegates' Assembly because I would like to build on this experience and contribute to HÖK beyond the scope of my current responsibilities. I want to bring the perspective and expertise I have gained from working directly with students and within the organisation to wider discussions and decisions that affect the whole student body. I also see this as an opportunity to learn from delegates with different experiences, exchange ideas, and engage meaningfully in the continued development of HÖK. What motivates me most is the hope to help foster an Assembly where different perspectives are heard and decisions are made with a genuine understanding of the people they affect.

My time at Semmelweis has given me a great deal, both academically and personally, and being a part of HÖK has allowed me to give something back to the community that has become such an important part of my life here. I see joining the Delegates' Assembly as an opportunity to continue doing so, and if entrusted with this position, I would be extremely grateful to take on a greater role in shaping the work of the organisation I have been proud to be part of.

Divya

Divya Tilwani

Medicine

EDUCATION

General Medicine | *Semmelweis University, Budapest, Hungary* 2023–Present

- Weighted averages: 2025/26 - Semester 1: 4.38; Semester 2: 4.12 | 2024/25 - Semester 1: 3.94; Semester 2: 4.17 | 2023/24 - Semester 1: 3.89; Semester 2: 3.92

A Levels | *Dubai Gem Private School, Dubai, UAE* Sep 2022–Jun 2023

- Predicted grades: Mathematics A, Chemistry A*, Biology A* and Physics A*.

AS Levels | *Dubai Gem Private School, Dubai, UAE* Sep 2021–Jun 2022

- Mathematics A, Chemistry A, Biology A and Physics A.

IGCSEs | *Dubai Gem Private School, Dubai, UAE* Sep 2018–Jun 2021

- Mathematics A; English Language A*; CSE A*; Chemistry A*; Biology A*; Economics A*; Accounting A*; English Literature A.

HÖK | STUDENT LEADERSHIP & REPRESENTATION

General Manager and Leader - International Students Committee (ISC) 2025–Present

- Coordinate the work of the International Students Committee, supporting subcommittee leaders and representatives with member engagement, internal communication, activity follow-up and the practical implementation of committee decisions.
- Contributed to HÖK Next recruitment for the past two years, guiding students through applications, conducting candidate interviews, collaborating with interviewers on final assessments, and supporting role allocation across ISC.
- Oversee the review and follow-up of Public Work Benefit (PWB) reports with subcommittee leaders, checking submissions, arranging corrections and preparing consolidated lists for approval.
- Document leaders' meetings and communicate decisions, reporting requirements, responsibilities and action points, helping establish clearer expectations and more consistent ways of working across the committee.
- Act as a point of support for students and newer representatives, clarifying academic and administrative procedures and sharing verified guidance on exam regulations, registration, summer practice, special permissions and related university processes.

HÖK Student Representative 2024–2025

- Supported students across multiple year groups with academic and administrative concerns, including Neptun and exam registration, prerequisites, curriculum changes, retakes and exemptions, teaching-assistant applications and summer practice; liaised with departments and the registrar when clarification was needed.
- Contributed to orientation and student-facing initiatives, including Freshmen's Camp, Summer University, Student Market and Orientation Days, assisting with registration, event logistics, student guidance and communication.
- Shared academic resources and wellbeing information, promoted mentoring and language-learning opportunities, and helped students navigate university life beyond their immediate coursework.

CLINICAL EXPERIENCE

Department of Geriatrics - Internal Medicine Practice | *Semmelweis University* Jul 2026

- Joined physicians on ward rounds and participated in patient examinations, clinical case discussions and presentations. Also assisted with routine ward care and patient monitoring, building on the foundational knowledge and experience gained during the past 3 years and nursing placement.

Department of Surgery - Summer Nursing Practice | *Semmelweis University* Aug 2025

- Supported ward nurses with day-to-day patient care, including checking on patients, assisting with meals and medication rounds, and taking routine measurements. Observed a resection surgery, gaining first-hand exposure to surgical settings and robot-assisted surgeries.

Divya

American Hospital Internship | *Dubai, UAE* Summer 2023

- Observed clinical practice across five specialty areas, including Neurology and Emergency Medicine, gaining an initial understanding of clinical responsibilities, patient care and the careful coordination required during procedures such as biopsies and intubations.

UNIVERSITY LEADERSHIP & COMMUNITY INVOLVEMENT

Semmelweis South Asian Student Association (SASS) - Vice President 2026–Present

- Support the leadership and development of SASS, working with the President and executive team to plan student-focused initiatives, coordinate and deliver events, and strengthen engagement and community among South Asian students.

SIGN x SfN Hungary Conferences 2025–2026

- Volunteered with SIGN over two years, contributing to its activities and supporting the SfN Hungary 2026 Conference through cross-team coordination, content creation and on-site assistance.

Semmelweis Desi Dance Society (DDS) - President 2024–Present

- Lead a Bollywood fusion dance society, organising regular dance sessions, teaching intensives and hosting workshops while coordinating student communication, practical arrangements and an inclusive community for dancers of different experience levels.

WORK EXPERIENCE, VOLUNTEERING & TEACHING

Brighton and Sussex Medical School Summer 2023

- Completed structured online modules exploring the skills and qualities required of doctors through presentations, videos and interactive quizzes, with a focus on the wider ethical, legal and societal considerations surrounding modern medicine.

Australasian Society Public Health Program Sep 2022

- Explored barriers to healthcare access for minority communities in Australia and New Zealand, alongside the burden of communicable disease in Aboriginal communities. Developed a policy-advocacy campaign outline on chronic hepatitis, drawing on existing reports and independent research to consider ways to improve health outcomes.

Emirates Nature–WWF Summer 2021

- Collaborated with other young leaders on community-focused environmental initiatives and helped deliver student-led workshops encouraging greater awareness of nature and conservation.

Sampoorna Shiksha Initiative Jan 2021

- Designed and delivered conversational English and diction lessons, using learning games, presentations and short videos to make lessons engaging and help students build fluency and pronunciation.

Helping Little Gems Program Jun 2020

- Created Hindi-language educational videos and content for children in India with limited access to online learning during the COVID-19 pandemic, explaining basic mathematics and English sentence structure in an accessible format.

EARLIER LEADERSHIP & OTHER ACTIVITIES

Sports Captain - Student Leadership Team | *Dubai Gem Private School, Dubai, UAE* 2022–2023

- Worked with fellow Deputy and House Captains to plan engagement programmes, inter-house activities, competitions and the annual sports day for students across Years 7–11.

Head of Marketing - Model United Nations Feb 2022

- Developed and delivered promotional activities for a three-day debate conference through workshops, presentations and multimedia content; filmed the conference and edited a documentary for the school community.

Head of Acting and Improv Club 2021–2022

- Led an acting and improvisation club for nearly 80 students across year groups. Planned interactive sessions using demonstrations, games, props and performance activities to help students build confidence, creativity and spontaneity.

Divya

Student Mentor - International Mentorship Programme 2021–2022

- Prepared weekly lesson plans and led interactive sessions with students from different year groups, adapting discussions and activities to their interests and learning needs.

ADDITIONAL COURSES, SKILLS & INTERESTS

Model United Nations Conferences | *Dubai, UAE*

- Participated in student debate conferences, developing skills in research, public speaking, negotiation and collaborative discussion.

Introduction to Neuroanatomy | *University of Michigan* Aug 2022

- Completed a 21-hour course covering the central and peripheral nervous systems and neuropsychological disorders.

Fundamentals of Forensics Jan 2022

- Completed a three-week course on the principles and limitations of forensic evidence, including DNA profiling and anthropological methods.

Languages: English *(Fluent)*, Hindi *(Native)*, Arabic (*Elementary*), Hungarian (*Basic*)

Digital skills: Photoshop, Python, Animation and Video editing

Interests: Neuroscience | Dance | Music | Photography | Travel