**Laudation of Prof. Dr. James S. Skinner**

James Skinner is Professor Emeritus in the Department of Kinesiology at Indiana University. He is a former president of the American College of Sports Medicine and a former Vice President of the International Council of Sports Science and Physical Education. From 1988 to 2008, he was Chair of the YMCA’s Medical Advisory Committee in the United States. He was co-Chair of the 2010 and 2011 World Congress on Exercise is Medicine, and Chair of the International Advisory Council for Exercise is Medicine. Professor Skinner was one of five principal investigators of the HERITAGE Family Study, which was a large multi-centre investigation on how genetic factors change in response to training, in connection with the risk factors for cardiovascular disease and diabetes.

He has been involved in research grants totaling more than 50 million dollars as either principal investigator, co-principal investigator or member of an executive committee. He has written over 280 articles and 5 books. He has been actively investigating the relationships between exercise, training and health for more than 45 years and has lectured in English, French, German and Spanish in 58 countries about these relationships. His contribution to the international development of Sport Science and Sports Medicine, especially to the global initiation of the Exercise is Medicine movement is highly appreciated. Professor Skinner has been working together with Hungarian scientists for many decades in International Federation of Sport Medicine and

International College of Sport Science and Physical Education and his scientific activity has been really instrumental in the development of Sports Medicine and Sport Science in our country.