



250 years of EXCELLENCE  
in medical education,  
research & innovation and  
healthcare

# Space gaining in orthodontics: Arch expansion and molar distalization

dr. Radó Zsuzsanna Stefánia  
dr. Löchli Heike

	Dental	Skeletal
Sagittal	Angle I/II/III Overjet	I/II/III
Vertikal	Overbite	Divergency
Transversal	Dental arch constriction, Dental midline	Jaw constriction Skeletal midline



# TRANSVERSE DISCREPANCIES

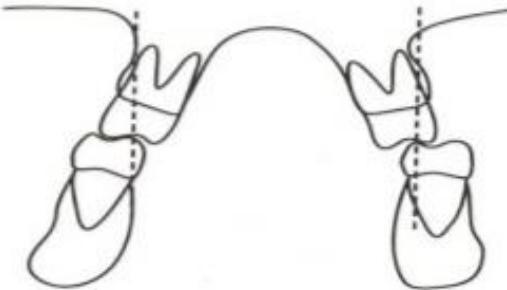
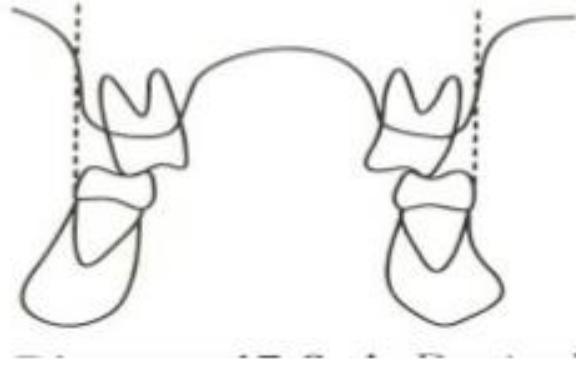


Semmelweis University  
<http://semmelweis.hu/>

Space gaining in orthodontics.  
Arch expansion and molar distalization.

dr. Löchli Heike  
dr. Radó Zsuzsanna Stefánia

# Skeletal/ dentoalveolar transverse discrepancy



Semmelweis University  
<http://semmelweis.hu/>

Space gaining in orthodontics.  
Arch expansion and molar distalization.

dr. Löchli Heike  
dr. Radó Zsuzsanna Stefánia

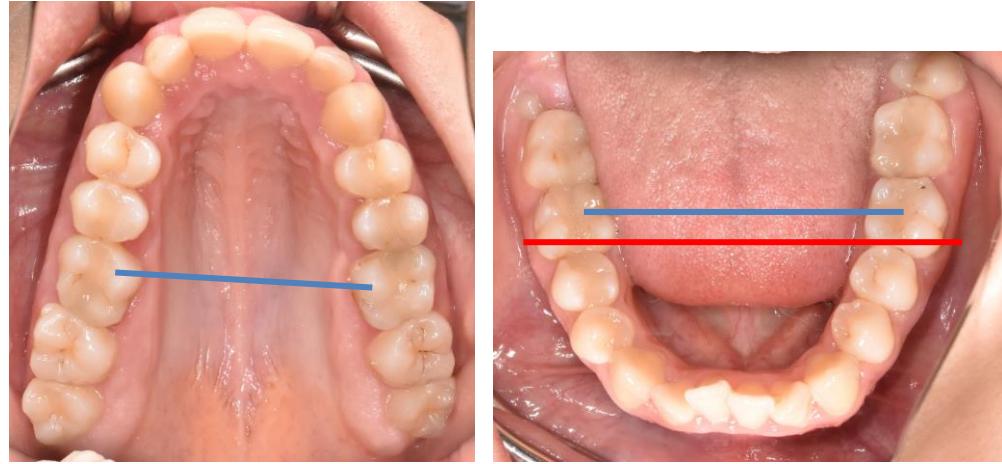
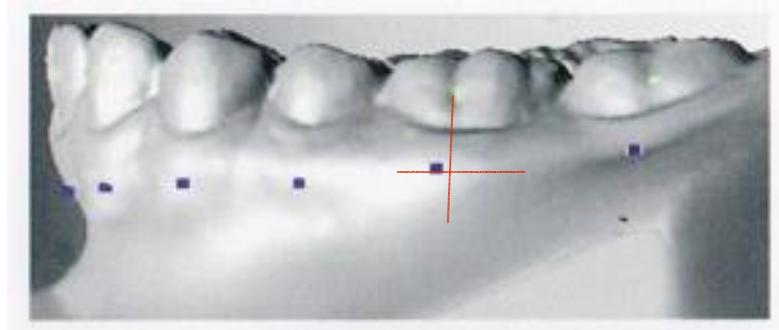
# Signs of the narrow maxilla

- Lateral crossbite
- Empty buccal corridor



# WALA

- ↳ WALA (Will Andrews + Lawrence Andrews)
- ↳ Lower 6 – central groove
- ↳ Upper 6 – palatal cusp
- ↳ difference: 13-14 mm
- ↳ (WALA-dental measurements=13 mm)
- ↳ Consider the buccal tilting of the molars

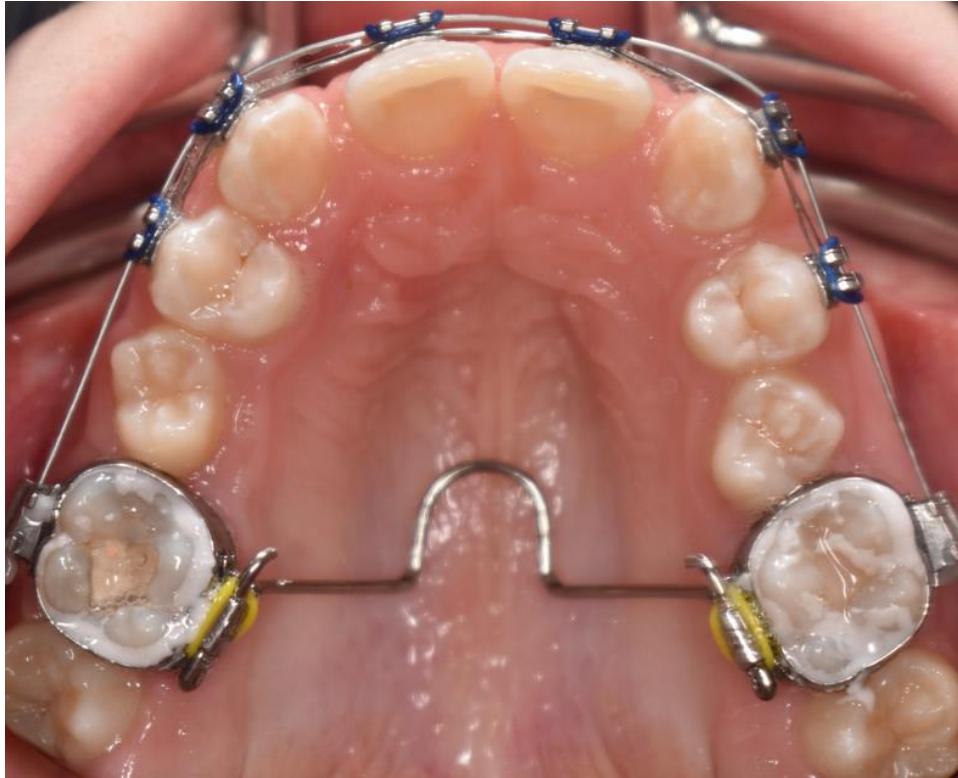


# Upper arch constriction

- ↳ WALA discrepancy < 5 mm
- ↳ Treatment options:
  - Expansion plate
  - Quad-Helix
  - Goshgarian



# Goshgarian TransPalatal Arch



Semmelweis University  
<http://semmelweis.hu/>

Space gaining in orthodontics.  
Arch expansion and molar distalization.

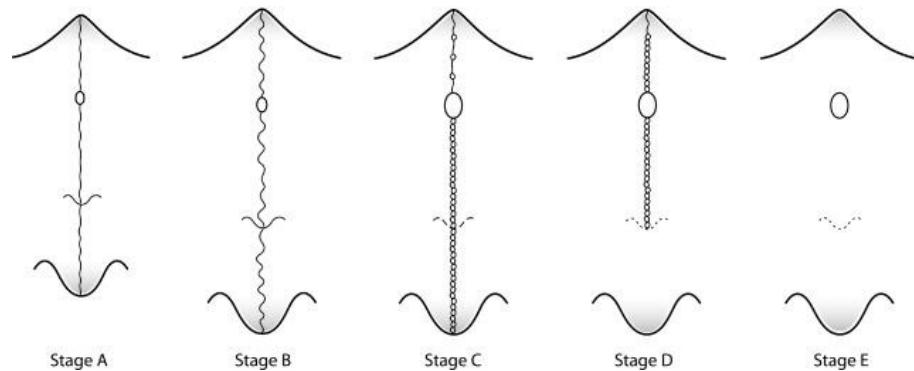
dr. Löchli Heike  
dr. Radó Zsuzsanna Stefánia

# Upper jaw constriction

- ↳ WALA discrepancy > 5 mm
- ↳ Treatment options:
  - Splint-hyrax
  - Hyrax
  - Hybrid Hyrax
  - MAPE
  - SARME



# Assessment of the midpalatal suture maturation



Angelieri et al. 2013.



Semmelweis University  
<http://semmelweis.hu/>

Space gaining in orthodontics.  
Arch expansion and molar distalization.

dr. Löchli Heike  
dr. Radó Zsuzsanna Stefánia

# Treatment of skeletal transverse discrepancy

Splint-hyrax

Hyrax



Semmelweis University  
<http://semmelweis.hu/>

Space gaining in orthodontics.  
Arch expansion and molar distalization.

dr. Löchli Heike  
dr. Radó Zsuzsanna Stefánia

# Treatment of skeletal transverse discrepancy

## Hybrid Hyrax



Semmelweis University  
<http://semmelweis.hu/>

Space gaining in orthodontics.  
Arch expansion and molar distalization.

dr. Löchli Heike  
dr. Radó Zsuzsanna Stefánia

# Treatment of skeletal transverse discrepancy

MICRO2

MICRO4

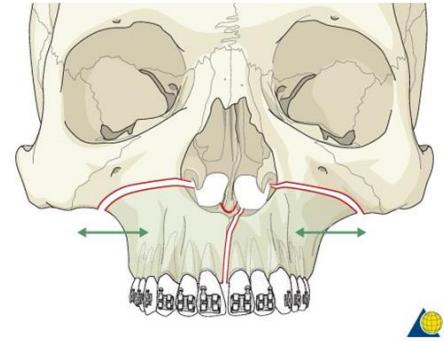


Semmelweis University  
<http://semmelweis.hu/>

Space gaining in orthodontics.  
Arch expansion and molar distalization.

dr. Löchli Heike  
dr. Radó Zsuzsanna Stefánia

# Surgically assisted rapid maxillary expansion (SARME)



Semmelweis University  
<http://semmelweis.hu/>

Space gaining in orthodontics.  
Arch expansion and molar distalization.

dr. Löchli Heike  
dr. Radó Zsuzsanna Stefánia

# SAGITTAL DISCREPANCIES



Semmelweis University  
<http://semmelweis.hu/>

Space gaining in orthodontics.  
Arch expansion and molar distalization.

dr. Löchli Heike  
dr. Radó Zsuzsanna Stefánia

# Etiology

- ➡ Early loss of primary molars
- ➡ Malposition of the teeth



# LOWER ARCH

- ↳ lip bumper
- ↳ lingual arch
- ↳ miniscrew (interradicular/retromolar)



# Lip bumper

- ↳ Uprighting the molars
- ↳ Transversal
- ↳ Sagittal
- ↳ Leeway-space



# Lingual arch

- ↳ Uprighting the molars
- ↳ Transversal
- ↳ Sagittal
- ↳ Leeway-space



# Orthodontic miniscrew

- ↳ Retracting the lower arch
- ↳ Buccal shelf miniscrew/miniplate



# UPPER ARCH

- ↳ Headgear
- ↳ Mucosal/dental anchored devices: Pendulum, Frog, Nance
- ↳ Skeletally anchored devices: Sliders, MCPP, IZC screw



# Headgear

↳ Headgear

→ cervical

→ occipital

→ combination



Semmelweis University  
<http://semmelweis.hu/>

Space gaining in orthodontics.  
Arch expansion and molar distalization.

dr. Löchli Heike  
dr. Radó Zsuzsanna Stefánia

# Take home message

- ↳ Diagnose the severity of the anomaly
- ↳ Plan the anchorage



# Thank you for your kind attention!



Semmelweis University  
<http://semmelweis.hu/>

Space gaining in orthodontics.  
Arch expansion and molar distalization.

dr. Löchli Heike  
dr. Radó Zsuzsanna Stefánia