Pyrrolizidine and Piperidine Alkaloids

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Occurence

- •In 288 species, 40 genera, about 60 medicinal plants (WHO, 1988).
- Asteraceae, Boraginaceae, Fabaceae, Apocynaceae, Euforbiaceae, Poaceae, Ranunculaceae, Scrofulariaceae

General structure of the alkaloids

Vast majority of these alkaloids are **esters** of **aminoalcohols** and of one or two **aliphatic carboxylic acids.**

Aminoalcohols (necins):

- They are derivatives of pyrrolizidine.
- The **configuration at C8** varies, and is most often H-8 α .
- The ring is not always unsaturated at C-1, but it is always substituted by a
 hydroxymethyl group at this position.
- A second **hydroxyl group** is possible **at C-7**, and in rare cases, a third hydroxyl group **at C- 2**, **or at C-6**.
- In some cases, oxidation at C-8 leads to the opening of the bicyclic structure (otonecin).

The acids (necic acids) are C5, C7, C8 or C10 aliphatic acids,

- sometimes simple: angelic or tiglic acids with five carbon,
- most often **specific** to this type of alkaloid:
 - C7 hydroxyisopropylbutanoic monocarboxylic acids (lasiocarpic, trachelanthic, viridifloric acids)
 - C8 dicarboxylic acids (monocrotalic acid)
 - C10 dicarboxylic acids (senecic, jacobinecic, retronecic acids)

5

Alkaloids:

Mono- or diesters of monocarboxylic acids (caracteristic of the Boraginaceae):

- •C-9 OH is esterified by a hydroxyisopropylisobutanoic acid (intermedine, lycopsamine)
- •C-7 OH is esterified by either angelic or tiglic acid (in case of diesters only)

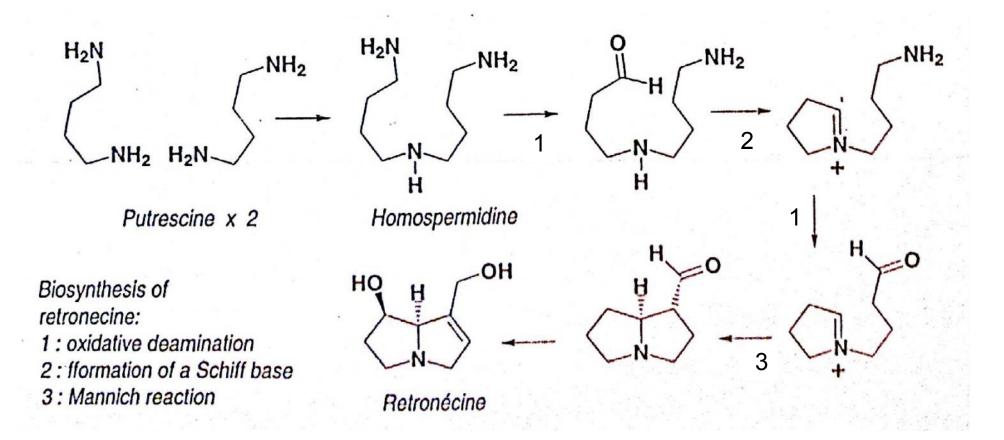
Macrocyclic diesters (mainly in the Asteraceae):

The pyrrolizidines that are 7,9-diols may be esterified by a dicarboxylic acid, which leads to a macrocycle (senecionine, symphitine).

Trichodesmine

$$Z$$
 $R = H : Senecionine$
 $R = OH : Ridelliine$

Biosynthesis of pyrrolizidine alkaloids



The NAD⁺ dependent condensation of two molecules of putrescine (or putrescine + spermidine) yields a symmetrical intermediate, namely homospermidine.

The latter is subsequently cyclized according to a classic sequence: 1, 2, 1, 3.

Toxicity

These alkaloids are cytostatics, some of them mutagenic and can cause hepatic tumors.

A. for Animals:

- •Consumption of feedstuff contaminated by these toxic plants. Effective treatment do not exits.
- •The toxicity is chiefly hepatic: swelling of the hepatocytes, centrolobular necrosis, caryomegaly, thrombosis of the hepatic vein, increase in bilirubinaemia ↑, and liver failure.
- Symptoms depends on alkaloid structure, type of intoxication and the animal species.

B. for Humans

Mainly chronic intoxication. Eg.: consumption of grains contaminated by the seeds of *Crotalaria retusa* L. (in Afghanistan, India in the seventies).

Crotalaria retusa L. traditionally used for the flu or pulmonary ailments in the Antilles.

Structure and toxicity:

To be toxic the alkaloid must be **dehydrogenated at C-1 and C-2**, and **at least monoesterified**.

Toxicity: Monoesters < acyclic diesters, < macrocyclic diesters.

Pyrrole derivatives resulting from the microsomal oxidation of the pyrrolizidines in the liver, react as alkylating agents with biological nucleophiles such as nucleic and protein macromolecules.

Experiments in rats

- •several alkaloids (retrorsine, senkirkine, monocrotaline, lasiocarpine, symphitine) and a number of plants (*Tussilago farfara* L., *Symphytum officinale* L., *Petasites japonicus* Maxim) induced hepatic tumors when administered orally on a regular basis.
- •The **mutagenic** and **teratogenic properties** of several alkaloids in this group have also been shown experimentally.

Exceptions

- —Platiphylline is not toxic and can be considered as an antispasmodic and a mydriatic.
- **—Others**, such as **indicine-N-oxide**, are **anticancer agents** in experimental conditions, but can not be used in humans.

Borage, Boraginis herba, Borago officinalis L. Boraginaceae

This annual plant is indigenous to the Near East and is currently cultivated to produce seeds containing unsaturated fatty acids.

It is easy to identify by its **leaves** covered with **rough hairs**, its bright **blue flowers**, with **hairy sepals**, and its connivent stamens and black filaments with a horn-shaped appendix.



Constituents

Stem and leaves: mucilage, small quantities of pyrrolyzidine alkaloids: lycopsamine, intermedine, amabiline, supinine.

Flovers: alkaloids as an unsaturated derivative, namely thesinine.

- ■There has been no pharmacological study of this drug.
- ■It is reputed to be a "sudorific" emollient, and diuretic.

■Traditionally used

- to treat acute benign bronchial diseases.
- to enhance the renal elimination of water.

Common Confrey, Symphytum officinale L., Boraginaceae



Symphytum officinale L.

- A large perennial plant (0,5-1 m) with
- voluminous and fleshy rhizome,
- large leaves decurrent on a great part of their length, and
- white, pinkish, or purplish flowers, grouped in scorpioid cymes.
- It is very common in all of Europe.
- Several cytotypes exist (2n= 24, 48, 40).



Symphyti radix, Constituents

Root

- •Fructanes, mucilage,
- •allantoin (0.6-0.8 %),
- •rozmarinic acid, litospermic acid,
- •pyrrolizidine alkaloids (0,02-0,07%): lycopsamine, intermedine and their acetylated derivatives, symphytine and echimidine.

Leaves. Pyrrolizidine alkaloids (0,003-0,2%!)

Allantoin (5-ureidohydantoin)

intermedine

symphytine

Symphyti radix

Effects

Helps tissue regeneration (allantoin, polysaccharides), antiinflammatory, antioedemic.

Uses

- •The root is an ingredient of herbal remedies.
- •Indications must be **limited to local use**: emollient, itch-relieving, and trophic protective (cracks, abrasions, chaps).
- •It can be applied only to unbroken skin, and for maximum 4-6 weeks in a year.

Toxicity

- •When administered orally to rats for a long period of time, the roots and leaves of comfrey induce hepatic tumors in nearly half of the populations, and so does symphytine.
- •The percutaneous absorption of the alkaloids has been studied in animals, is small, and the risk seems negligible.

Coltsfoot, Tussilago farfara L., Asteraceae

- A small **perennial plant** very common in Europe and in Northern Asia.
- In very early spring, it produces capitulums of **yellow flowers** on a scaly stalk.
- Rosettes of cordate and coriaceous leaves that are pubescent on the lower side appear later.





Farfarae folium et flos

Constituents

- pyrrolizidine alkaloids (few ppm):
 - senkirkine!, and artefacts of the extraction with MeOH: tussilagine,
 isotussilagine,
 - the *oriental and North American drugs* contain, in addition, *senecionine*, which is more toxic alkaloid (importace of geographical origine),
- acidic mucilage (~6%), triterpenes, flavonoids, carotenoids,
- tussilagon, a sesequiterpenoid ester in the floral buds

Farfarae folium et flos

Actions

- Farfarae folium. Antitussive, antiinflammatory.
- *Tussilagone* (sesequiterpenoid ester)
 - respiratory stimulant (ventilation and arterial blood pressure↑),
 - inhibits PAF-acether, a mediator whose role in inflammation and respiratory difficulties is known.

Uses

- •Coltsfoot (*infusions, nebulisates*) continues to be used in phytotherapy (tracheitis, chronic bronchopneumopathy). It is widely self-administered (*cough teas*).
- •The oriental medicine use it to treat asthma, bronchitis, and other respiratory ailments.
 - Precautions: It can be used max. for 4-6 weeks in a year.

Toxicity

- Senkirkine: cocarcinogenic, can induce hepatic tumors.
- Contraindications: Pregnancy and lactation.

European ragworth, Senecio jacobaea L., Asteraceae

- A perennial plant, widespread in neglected meadows and along country roads.
- It is characterized by **very divided leaves** which hug the stem with two jagged little wings.
- The yellow flowers are grouped in a corymb of radiate capitulums.

Constituents. Pyrrolizidine alkaloids, esters of retronecine: seneciphylline, senecionine, jacobine, jacozine, and closely related products.



Intoxications. Mainly in horses, who lose their appetite, and develop jaundice, edema, ascites, and finally, an encephalopathy, which includes gait anomalies.

Accidents occur following the repeated ingestion of preserved fodder. (Often fatal, but quite rare intoxication in Europe).



Senecionine
$$\begin{array}{c|c}
H & CH_2 & CH & C-CH_3 \\
H_3C & C & C & C & C \\
\hline
O & C & C & C & C \\
O & C & C & C & C \\
H & CH_2 & CH_2 & CH_2
\end{array}$$

Common groundsel, Senecio vulgaris L., Asteraceae

Constituents

Pyrrolizidine alkaloids (0,05-0,1%): seneciphyilline, **senecionine**, retrorsine, spartioidine, usaramine, integerrimine.

Uses, Senecionis herba

- •It is presented, without any pharmacological evidence, as capable of improving venous circulation.
- •As such despite the presence of toxic pyrrolizidine diesters –it still finds some uses (compound herb teas, extracts).

Senecionine
Toxic pyrrolizidine alkaloid!

Quinolizidine Alkaloids

Scotch Broom, Cytisus scoparius (L) Link., Fabaceae



This plant also known as *Sarothamus scoparius* (L.) Wimmer ex Koch is **a bushy shrub** (50-150 cm) fond of siliceous soils and **very common in all of Europe.**

It is characterized by erect, angular, and glabrous branches,

at the apex of which are inserted simple and sessile leaves, whereas at their base the leaves are petiolate and trifoliate.

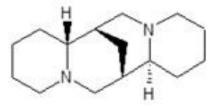
The flower's **zygomorphous corolla** with vexillar prefloration is **typical of the Fabaceae**. It has a short, bilabiate, and scarious calyx, and a coiled style.

The fruit is a *hairy and flattened* **pod** which turns black when ripe.

Sarothamni scoparii herba

Constituents

- Quinolizidine alkaloids: (-) sparteine (0.5-1%), lupanine, 17-oxosparteine, 4-hydroxylupanine, 13-hydroxylupanine.
- **Sparteine** (chief alkaloid in the brances, 60%), a tetracyclic alkaloid without oxigen atoms and with two *trans*-fused *cis*-quinolizidine nuclei (6*R*,7*S*,9*S*,11*S* isomer).
- **Flavonoids**: isoflavones (genistein) and flavones *C*-glycosides (scoparozide).
- Amines: (especially in the flowers, up to 2%) tyramine, dopamine, epinine.



(-) Sparteine

Sarothamni scoparii herba

Pharmacological Action, Spartein

- •A mild ganglioplegic blocking conduction and preventing the depolarization of the post-synaptic membrane.
 - In the heart, after a transient phase of ganglionic excitation,
 - it shields the myocardium from central neurovegetative regulation, and
 - decreases excitability, conductibility, and the frequency and amplitude of the contractions.
- •An **oxytocic** causing a moderate increase in the tone and strength of the contractions of the uterus.

Sarothamni scoparii herba

Uses

- •The branches are used to extract sparteine.
- Proprietary products based on sparteine sulphate are indicated
 - for sinusal tachycardia of neurotonic origin and cardiac erethism,
 - in obstetrics, as an oxytocic during labor.
- •Phytopharmaceuticals based on broom flowers may be (traditionally) used
 - to enhance renal and digestive elimination functions and
 - to enhance the renal excretion of water (watching out for possible drug interactions with MAO inhibitors).

Piperidine Alkaloids

Indian Tobacco, Lobelia inflata L., Campanulaceae







Indian tobacco grows wild in the Appalachian Mountains, **North America**.

It is a small **annual herb** (20-50 cm) with erect and ramnified stems.

The **leaves** are sessile and the blades have a **dentate** margin.

The **flowers** are pale **blue** with foliaceous bracts, and are gathered in **terminal racemes**; their inflated calyces become vesiculose after the floration.

The commercial drug consists of 50-60 % **stems** which are **angular**, **hollow**, covered with **rough hairs** and mixed with broken leaves.

Lobeliae herba

Constituents

- 0.2-0.5 % alkaloids (> 50): piperidines [(-) lobeline (chief constituent), meso-lobelanidine, lobinine] and piperideines.
- chelidonic acid, lobelic acid.
- Inflantint (fitoszterin)

(2R,6S,8S)-(-)-lobeline

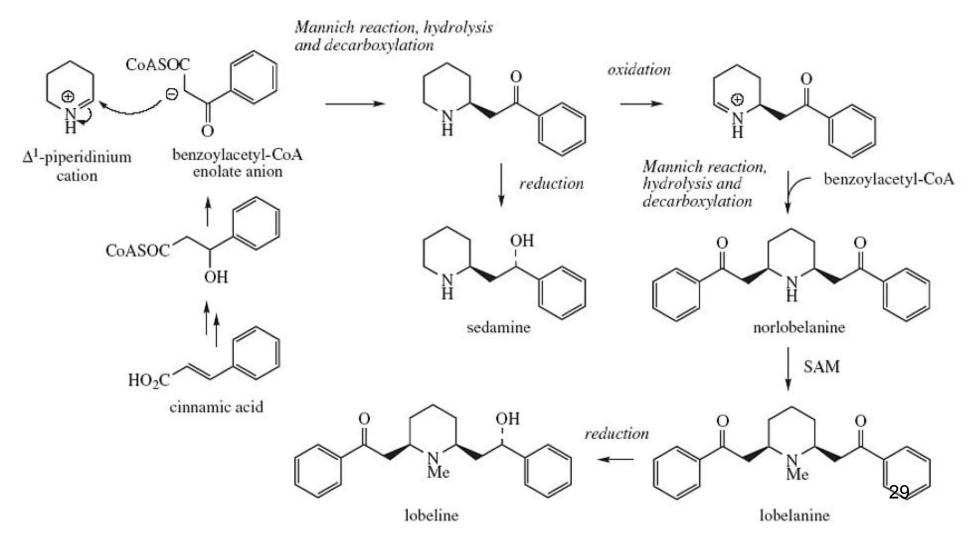
lobelanidine

lobelanine

lobinine

Biosynthesis of lobelia alkaloids

Biosynthetically, these alkaloids may be formed by a double Mannich reaction between two molecules of phenylalanine (via cinnamic acid and benzoylacetate-coenzyme A) and one Δ^1 -piperidium cation arizing from lysine via cadaverine.



Lobeliae herba, Pharmacological activity

Lobeline

- •It is a **respiratory stimulant** which enhances and accelerates the respiratory movements by
 - improving the reactivity of the brain stem centers to carbon dioxide and also,
 - acting by a reflex mechanism involving the carotid chemoreceptors.
- •Secondarily, it is a **ganglionic stimulant** and a **β-adrenergic bronchodilator**.
- •It showed positive effects in the treatment of multidrug-resistant tumor cells in vitro.
- •Lobeline can be modified to <u>lobelane</u> which decreased methamphetamine self-administration in rats.
- •It therefore opens a perspective in methamphetamine dependency treatment.
- •The North American Indians smoked lobelia rather like tobacco (Nicotiana tabacum).
- **Lobeline** stimulates nicotinic acetylcholine receptor sites in a similar way to nicotine, but with a weaker effect.

Lobeliae herba, Uses

Lobeline

- •Formerly used (IM or SC) for resuscitation after asphyxia, particularly to treat apnea in new borns,
- •lobeline is **no longer used** because of its substantial side effects and poor therapeutic index.
- •Several studies show that lobeline (in smoking cessation preparations) is ineffective in helping people to quit smoking.

Galenicals

•prepared from indian tobacco (extract and tincture) are ingredients of a few specialized medications designed for the symptomatic treatment of various bronchopulmonary ailments.

Piperine Amids:Piperaceae

Black Pepper, Piperis nigri fructus, Piper nigrum L., Piperaceae



- Pepper is one of the most acient spices.
- It is a perennial plant originally from the south-west of India (Malabar Coast), and now cultivated in India, Indonesia, Malaysia, Sri Lanka, and South America (Brazil).
- Black pepper is a flovering vine with ligneous volubile stem affixed to their support by secondary brances.
- The leaves have an oval acute blade and are alternate.
- The sessile flowers have no perianth and are grouped by 20 to 20 units into dangling spikes.
- The fruit is a berry of 4-8 mm in diameter, which turns from green to red as ripens.

Piperis nigri fructus

Different kinds of pepper are well recognized.

- •Green pepper: the whole fresh berries, generally conserved in acidic aqueous solution (or frozen, or pasteurized). Highly aromatic.
- •White pepper: the fruits collected at full maturity, dried after removing fruit pericarp and the external layer of mesocarp.
- •Black pepper: collected immediately after the first berries turn red, dried than separated from the stalks. The dried fruits are spherical (3-6 mm) and particularly hard. Their surface is brownish black and extremly wrinkled.





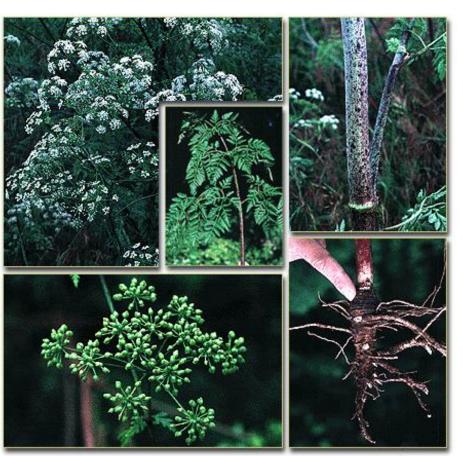


Piperis nigri fructus

- The pepper odor is due to 1 to 3.5 % of an essential oil rich in terpenoid hydrocarbons, and
- the *pungent taste* to **amides** (5-10 %).
 - The chief constituent is piperine, an amide of piperidine and of piperic acid.
 - The other amides are piperidines (piperanine, piperettine), pyrrolidines
 (piperyline) or isobutylamines; The acid which is part of their structure has a side chain of variable length (5 to 10 carbon atoms).
- Piperine is a CNS depressant and an anticonvulsant in rats. Some of its synthetic derivatives have been used in china as anti-epileptics.

Piperidine Alkaloids not from the Metabolism of Lysine

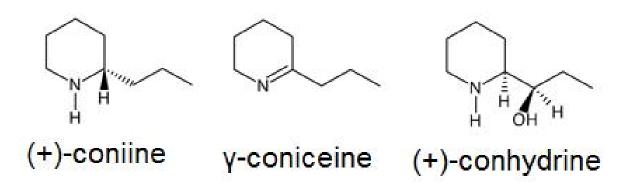
Poison Hemlock, Conii fructus, Conium maculatum L., Apiaceae



- A large biennial herb indigenous to Europe and naturalized in North and South America.
- This plant can be differentiated from most other members of the Umbelliferae /Apiaceae by its tall (1-2m), smooth, purple-spotted stems.
- The **sheathing leaves** have a **tripinnatisect blade** with acute lobes.
- The umbel has an involucre and involucels consisting of two to six short curved bracts.
- When crushed the whole plant releases an unpleasant "mouse" odor.

Poison hemlock, Constituents

- The chief alkaloids found in the plant are coniine (volatile alkaloid that can be distillated),
 γ-coniceine, conhydrine, N-methylconiine, N-methylconhydrine, pseudoconhydrine, and conhydrinone.
- The ripe fruit can contain more than 1.5 % alkaloids located in the epicarp and endocarp, and mostly represented by coniine.
- In the **vegetative parts**, **coniceine** is the chief constituent, especially at the beginning of the growth phase (furthermore, it is six to eight times **more toxic**).



Poison hemlock, Biosynthesis of the Alkaloids

These alkaloids are **elaborated from a polyacetate unit which incorporates a nitroge atom**:

- •in case of coniceine, there is a **transamination** between alanine and 5-keto-octanal formed from capric acid.
- •Subsequent transformations are **imine formation giving the heterocyclic ring** of γ -**coniceine**, reduction to **coniine**, then methylation to **N-methylconiine**.

$$HO_2C$$
 OHC OHC H_2N OHC H_2N

Poison hemlock

The fruit of hemlock was used for two millennia for its antineuralgic properties, but have no medicinal use now.

Toxicity

- •Coniine blocks neurotransmission in ganglions and neuromuscular junctions.
- •All parts of the plant are poisonous due to the alkaloid content.
- •The ancient Greeks are said to have executed condemned prisoners, including Socrates, using poison hemlock.
- •Symptoms of the intoxication: decrease in mobility and sensitivity, progressive paralysis of the muscles, progressive cooling of the extremities, dizzines and mydrisasis. The gradual muscular paralysis is followed by convulsions and death from respiratory paralysis.
- •Human intoxication by poison hemlock, which is sometimes confused with chervil, require rushing the victims to a hospital emergency room.
- •All animals can be intoxicated by the plant, but their susceptibility varies with the species. Poison hemlock can induce congenital malformations in pregnant females.

Alkaloids Derived from Nicotinic Acid

Tobaccos, Nicotiana tabacum L., N. rustica L., Solanaceae



- These tobaccos and their multiple cultivars are grown for the production of leaves for smoking.
- N. tabacum is an **annual plant** reaching 2m in height.
- Characterized by **very large** (50-70 x 30-45 cm) alternate, sessile or sheathing **leaves**, and
- panicles of flowers with a tubulous flared corolla, ranging in color from pinkish to ruby red.







Nicotianae folium

Chemical Composition

- •Green tobacco leaves are rich in sugars (40%; starch, pectin, cellulose, soluble sugars), proteins and organic acids (15-20%).
- •The alkaloid concentration varies greatly depending on the cultivation practices and the variety (2-10%, more than 15% in some cultivars of *N. rustica*).
- •The chief alkaloid is (S)-(-)-nicotine.
- •The other alkaloids are very close structurally and are anabasine, nornicotine, the *N*-oxidized derivatives of nicotine, *N*-acylnornicotines, nicotirine, and myosmine; they also include anabaseine and anatabine.
- Nicotine is a strong volatile base.

Biosynthesis of Nicotine

The formation of nicotine proceeds through the condensation of the *N*-methylpyrrolinium cation with a 1,2-dihydropyridine (enamine). The resulting product undergoes oxidation which regenerates the pyridine ring.

Biosynthesis of Anabasine

The formation of anabasine and other piperidine analogs involves nicotinic acid and lysine.

Nicotianae folium, Pharmacological activity

Nicotine is readily absorbed through the mucosas and through the lungs.

By transient stimulation followed by persistent depression of all automatic ganglia, it acts:

- —on the **CNS**, which
 - it stimulates up to the point of causing ,if the dose is sufficient, tremors and convulsion;
 - it also stimulates the respiratory and vomiting centers (at high doses, respiratory paralysis occurs);
- —on the **smooth muscle of the intestine**, by increasing tone and motor activity;
- —on the **neuromuscular junction**; the initial phase of the stimulation is brief and soon followed by a blockade phase;
- —on the **cardiovascular system**, by inducing, through a complex mechanism, a vasoconstriction and an increase in arterial blood pressure.

Nicotianae folium, Toxicity

- The immediate toxicity of tobacco is linked to the presence of nicotine.
- Combustion products, especially the nitrosamins are resposible for the genesis of cancer.
- In the long run, nicotine is responsible for the genesis of cardiovascular and pulmonary diseases other than tumors.
- Nicotine absorption can alter the activity of certain drugs: it iduces enzymes, therefore the blood levels of drug decrease.

Nicotianae folium

Uses

The only medicinal use of **nicotine** is to relieve the corresponding symptomes during smoking cessation programs.

Nicotine based products:

- chewing gum (2-4 mg nicotine),
- •transdermal nicotine system (patch) releasing 5-7 to 15-21 mg/24h of nicotine.

These products (being considered to be highly toxic) can be useful

- as adjuncts in highly dependent patients, but
- they are no substituents for a strong motivation to quit smoking and long-term psychological support.

Betel (Nut) Palm, Arecae semen, nuces, Areca catechu L., Palmae



- The betel palm is **a palm tree** with a slender stipe ending with a bunch of feathered leaves.
- The fruit is a fibrous drupe, red when ripe, and it contains only one seed.
- The tree is **widely cultivated**, from India and Sri Lanka to south of China and the Philippines , in Malaysia and in Indonesia; it is also found in Africa (Tanzania).

Arecae semen, nuces

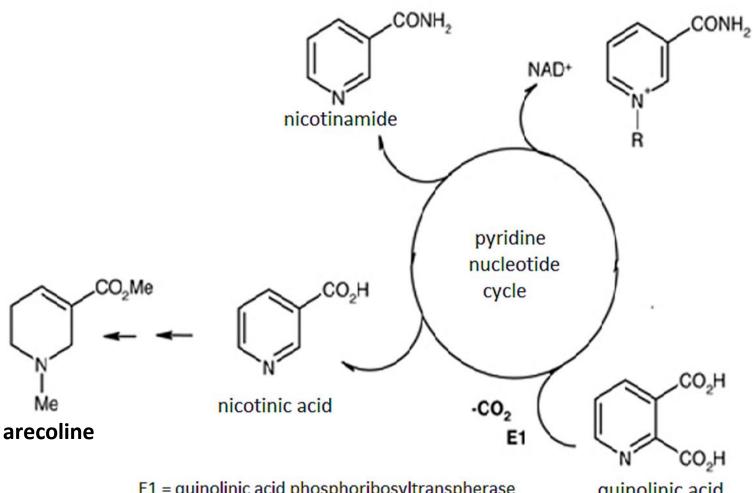
- Areca nut (betel-nut), the seed of Areca catechu, is a hard ovoid mass (2 cm in diameter) the color of cinnamon.
- Constituents: 50-60 % sugars, 15 % lipids, 15 % condensed tannins, and 0.2-0.5 % alkaloids.
- **Arecoline**, arecaidine, guvacine Alkaloids: (tetrahydronicotinic acid), and guvacoline.





Arecoline, Biosynthetic Origine

Though arecoline is a piperidine derivative, its precursor is not an amino acid but tetrahydronicotinic acid. Therefore, it is a pseudoalkaloid of pyridine nucleotide origin.



E1 = quinolinic acid phosphoribosyltranspherase

quinolinic acid

Arecae semen

Effects

- •Arecoline is a **parasympathomimetic** which acts on the **muscarinic receptors**, and at high doses , on the nicotinic receptors.
- •This results in **multiple actions**:
 - vasodilation, hypotension, and
 - reflex of tachycardia at low doses,
 - stimulation of intestinal tone and peristalsis,
 - increase in secretions (hypersalivation and sweating),
 - myosis, and
 - bladder contraction.
- •The mechanism of the **psychostimulant effects** of the drug has not been explained.

Traditional use

- •The drug has been used as a **taenicide** in humans and also in veterinary medicine.
- •Betel is widely used as a **masticatory** in all of southeast Asia; its consumption is a very ancient social, religious, and cultural practice.

Betel masticatory

- The masticatory known as betel is a concoction at times complex:
- the cut up betel nut, mixed with lime (charred shells or corals, vegetable ashes), is rolled in betel leaf; depending on the area, spices (nutmeg, cardamom, clove), tobacco, gambír, or saffron are added to the preparation.
- It is chewed for its stimulant effect, and subsequent feeling of well-being and mild intoxication.
- The chewers spit frequently, and their saliva is colored red due to the oxidation of polyphenols contained in the drug.
- Betel is suspected of inducing buccal cancers due to the cytotoxic and teratogenic Nnitrosamines formed from the alkaloids of the betel nut, particularly 3-(N-nitrosomethylamino)-propionaldehyde (=NMPA).



Figure 1: Leaf of betel (Piper betle)



Figure 2: Sliced areca nut, one of the major constituents of betel quid Figure 3: Sweeteners are added to children's paan.

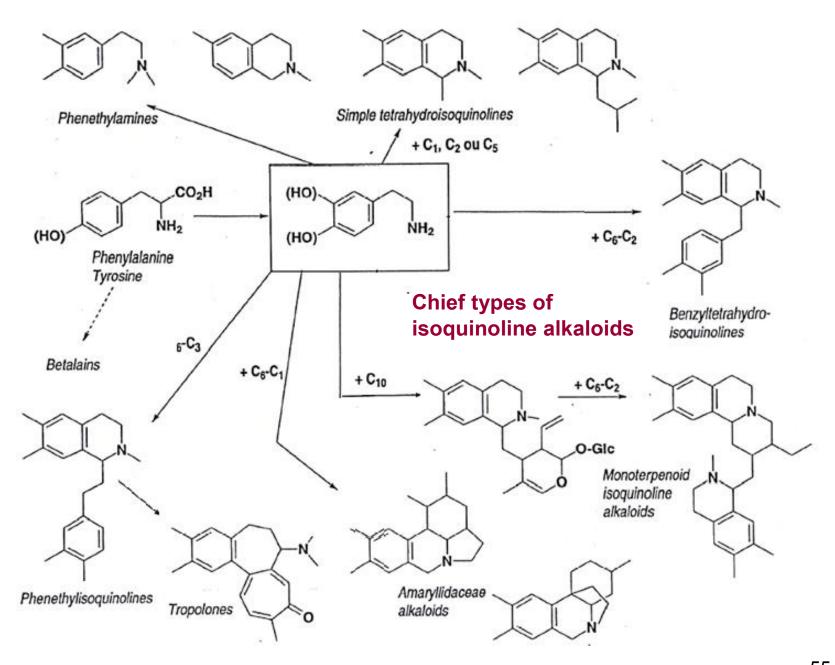




Figure 4: Once the ingredients have been placed in the betel leaf the leaf is folded and the paan is ready to chew or suck

Alkaloids Derived from Phenylalanine and Tyrosine

- Phenylethylamines and simple tetrahydroisoquinoline alkaloids
- Benzyltetrahydroisoquinoline alkaloids
- Phenethylisoquinoline alkaloids
- Terpenoid tetrahydroisoquinoline alkaloids
- Amaryllidaceae alkaloids



For the shake of clarity, the substituents have been omitted purposely (H or CH_3 on the nitrogen atom; OH_5, OCH_3 , $O-CH_2-O$, or H on the aromatic carbon atom).

Phenethylamines

Phenethylamines

Phenethylamine derivatives are derived via **dopamine**, the decarboxylation product from I-**DOPA**.

Tyrosine

Tyramine

Tyramine

$$HO$$
 HO
 HO

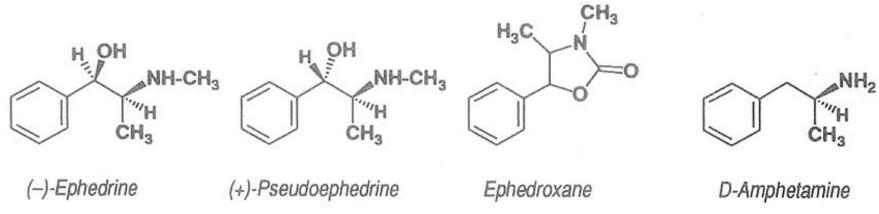
Ephedras, Ephedra spp. Ephedraceae

- Ephedras are dioecious subshrubs
 - with slender, angular, and striated branches, and
 - with leaves reduced to membranous scales.
 - The female flowers are reduced to the ovule and surrounded by bracts that are red and fleshy at maturity.
 - The male flowers are grouped in yellowish catkins.
- The **species** that contain substantial quantities of alkaloids are mostly Asian
 - E. equisetina Bunge and E. sinica Stapf from China,
 - E. intermedia Schrenk and C A Meyer, and E. gerardiana Wall ex Stapf from India and Pakistan
- The genus is represented in Europe by species with very few alkaloids, for example E.
 distachya L. of the Atlantic coast (shrubby horsetail).

Ephedras

Chemical Composition

- Flavonoids and proanthocyanidins.
- Protoalkaloids. These are phenethylamine-type derivatives and their concentration can exceed 2%.
 - The chief constituent is almost always (—)-ephedrine [= (1R,2S)- 1 -phenyl-2-methylaminopropan—1—ol], which represents from 40 to 90% of the total alkaloids.
 - It occurs alongside (+)-pseudoephedrine (1S,2S config.) and the corresponding nor and N,N-dimethyl derivatives.
- •Traces of cyclic compounds: **5-phenyloxazolidines** and ephedroxane (a 3,4-dimethyl-5-phenyloxazolidone).



Ephedras, Pharmacological Activity

Ephedrine is an indirect sympathomimetic, a CNS stimulant similar to amphetamine.

- •Structurally very close to adrenaline, it <u>triggers the release of endogenous</u> catecholamines from the post-ganglionic sympathetic fibers.
- •It stimulates cardiac automaticity and has a positive inotropic activity;
- it accelerates respiration and increases its intensity; it is a bronchodilator;
- •it decreases the contractility of the bladder.
- CNS. Releasing mediators centrally, has a stimulating psychic effect:
 - stimulation of the attention and of the ability to concentrate,
 - decrease in the sensation of fatigue and the need for sleep, and so forth (qualitatively, amphetamine like activity);
- Side effects include anguish, tremors, and insomnia.

Ephedroxane and **(+)-pseudoephedrine** are experimental anti-inflammatory agents.

Uses of Ephedrine

Ephedrine hydrochloride

- •to treat the acute attack of asthma (as a bronchodilator and analeptic).
 - Its multiple activities,
 - numerous contraindications (coronary insufficiency, arterial hypertension, closed angle glaucoma, hyperthyroidism),
 - drug interactions (MAO inhibitors, tricyclic antidepressants),
 - the **required precautions** (prostatic hypertrophy, cardiac insufficiency, diabetes),
 - potential adverse effects (tachycardia, headaches, sweating, agitation, insomnia, anxiety),
 - as well as the fact that the effects wear out if the doses are repeated in close time proximity (tachyphylaxis) have led to its infrequent use.

•for its vasoconstrictive properties,

- in nasal sprays/drops (still available), for the antiseptic and vasoconstrictive treatment of the acute congestion of rhinitis, sinusitis, and rhinopharyngitis.
- Contraindications: childrens under three years of age (risk of central excitation symptoms); closed angle glaucoma and treatment with MAO inhibitors.
- Precautions. For hypertensive and coronary patients, Limiting the use of these solutions to a short time is crucial, because they can induce iatrogenic rhinitis.
- •for the symptomatic treatment of **non-productive coughs** (in sirups and other formulations).
- for the topical treatment of ear inflammations.

Ephedrine is a banned stimulant in sports (positive doping control test).

Uses of Pseudoephedrine

Pseudoephedrine hydrochloride/sulphate

- •Alone or in combination (with chiorphenamine, ibuprofen, paracetamol, or triprolidine), for the symptomatic treatment of nasal congestion and rhinorrhea (coryza).
- •Contraindicated in children, in pregnant or breast-feeding women and in patients taking MAO inhibitors.
- •They must be **used with caution** in case of hypertension or urination difficulties.
- •Pseudoephedrine has a **low toxicity**, but it can cause dryness of the mouth, insomnia, sweating, and anxiety. The onset of tachycardia requires discontinuing the treatment.
- A banned stimulant in sport (a risk of positive doping control test).

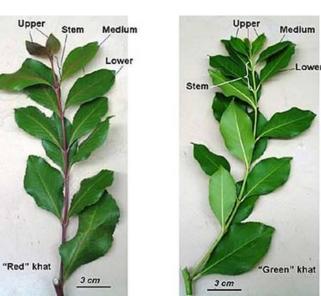
KHAT, Catha edulis Forsk., Celastraceae

- A shrub of modest size in arid areas (1-2 m), but reaching 10 m in the tropics.
- Leaves: highly polymorphic, indeciduous.
- Also known as **Abyssinian tea**, it is native to the horn of Africa (but some think that it originated in Yemen).
- It is cultivated in the south-east of the Arabian peninsula (Ta'izz, Yemen), in Somalia, Sudan, Ethiopia (Harrar), and as far as Kenya (Meru district) and Madagascar.

• The leaves are harvested from the tip of the branches in the morning and carefully wrapped (banana leaves, damp paper, plastic) for protection against drying and

wilting.





KHAT, Chemical Constituents of Leaves

- Flavonoids, some essential oil,
- **Cathedulines**: complex polyesters of polyhydroxylated <u>dihydroagarofurans</u> (<u>sesquiterpenes</u>). Mw: 600 -1200.
- **Khatamines : arylalkylamines** responsible for the activity of the drug.
 - In the fresh and young leaves, the chief constituent is **cathinone** = (S)- α -aminopropiophenone.
 - In the dried drug and in older leaves, this (—)-cathinone has been converted to an 80-20 mixture of (S,S)-(+)-norpseudoephedrine and (R,S)-(—)-norephedrine.
 - <u>Fresh</u> drug from northern Kenya also contains the **C6-C4 homologs** of these phenylpropylamines: (R,S)-(+)-merucathine, (S)-(+)-merucathinone, and (S,S)-(-)-pseudomerucathine.
 - The phenylpropylamine content is maximal in the young shoots and appears to depend on the geographical origin.
 - A wide range of variation has been observed for the level of cathinone (9-300 mg/100 g) and of norephedrine and norpseudoephedrine.

KHAT, Chemical Constituents II.

KHAT, Pharmacological Activity - Toxicity

- The activity of (—)-cathinone is qualitatively quite comparable to that of D-amphetamine:
- it causes anorexia, hyperthermia, respiratory stimulation, mydriasis, arrhythmia, and hypertension.
- This amine induces the release of catecholamines from storage.
- Its effects on the **CNS** depend in part on the subject's environment; they are characterized by a subjective and euphoric sensation of increased energy, well-being, self-confidence, mental acuity, and ease in thought formation.
- Objectively, slight euphoria can be observed in a talkative and sometimes hyperactive subject.
- Later on, **undesired effects** can appear: **insomnia**, **nervousness**, and **nightmares**; toxic psychosis in rare cases. **Depression** is then observed, and even schizophreniform or paranoid symptoms.
- **Psychic dependence:** *moderate,* but common—the use becomes compulsive; *no physical dependence or tolerance*; withdrawal syndrome in heavy abusers only.
- The tannins in the drug can cause constipation in regular users.

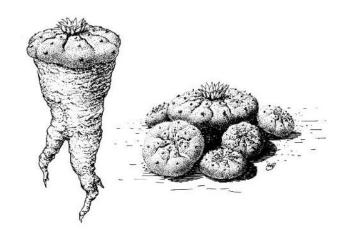
Use of Khat

- The fresh leaves, sold within 24 hours of harvest, constitute a masticatory known for its stimulating properties.
 - In some countries (Yemen), khat use is an ancient custom and it is practiced at social events, thereby strengthening social bonds.
 - In other countries, khat is used mainly to seek the pharmacological effects of the alkaloids (to suppress the appetite and to combat fatigue).
 - Traditionally, the leaves (50-200 g) are chewed one by one, kept in the mouth for a while, then most often spit out.
- In the early 1990s, **the number of daily users** was estimated to be *between two and eight million* (northeast Africa, Yemen).
- **Khat use** is officially **forbidden in** some countries (*Saudi Arabia, Sudan, Somalia*) and more or less **tolerated in** other countries (*Yemen, Ethiopia*).
- The use of the drug is at the origin of **serious socio-economic problems** *linked to* the possible *malnutrition*, *drug-seeking behaviors* and *its negative impact on agriculture*.
- Cathinone is on the list of substances whose production, marketing and use are prohibited.

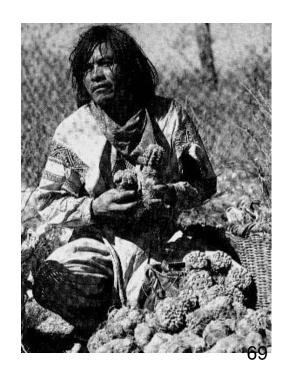
Symple Tetrahydroisoquinolines

Peyote, Lophophora williamsii, Cactaceae

- Peyote is a globular cactus, fleshy, composed of rounded lobes and spineless, reaching a maximum of 20 cm in height and 5-10 cm in diameter.
- The **fleshy stem** is divided into 5-14 prominent **ribs**, themselves further divided into **"tubercles**".
- The **solitary flower** is pink, white or yellow.
- Peyote grows from the north of Mexico to Texas, on high limestone plateous.
- Considered a divine plant by the Astecs, this cactus is a particularly potent hallucinogen







Peyote

• The drug consists of the aerial part, sliced and dried in the sun.

• Constituents:

- Phenethylamines: include mescaline, and its N-subtituted and demethyl derivatives, hordenine, tyramine and its N-methylated derivatives and dopamine.
- Tetrahydroisoquinolines: anhalamine, pellotine, lophophorine and others.
- A large amount of mucilage.



ex. : R = CH₃ : Anhalonidine R = H : Anhalamine

Phenethylamines and alkaloids of peyote (E. williamsii, Cactaceae)

 $R_1 = R_2 = CH_3$: Mescaline

Peyote, Mescaline

Peyote causes visual hallucinations, due to the CNS activity of a phenethylamine alkaloid, mescaline.

Mescaline has clinical effects resembling those of LSD: psychic, cognitive, and physical.

Main symptomes:

- •A distortion of the perception of **shapes**, an intensification of **colors**, auditory **hallucinations**, a slowing in the perception of **time**.
- •The nature of the effects are higly dependent on the **environment** and the **intellect of the subject**.

Physical symptomes:

- •mydriasys, tachycardia, bradypnea, a sensation of change in temperature, nausea, and possibly agitation and anxiety.
- •At high doses: memory loss, hypertensive encephalopathy and intracranial hemorrhage may be observed.

Th use of peyote and mescaline is disallowed by antidrug law in the USA.