



Dr. Blanka Vékony
Assistant lecturer
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DR. BLANKA Vékony

PLACE, DATE OF
BIRTH HUNGARY, DUNAÚJVÁROS, 31, 03, 1991

EDUCATION **MISKOLC UNIVERSITY FACULTY OF LAW**
2024. Animal protection law specialist
SEMMELWEIS UNIVERSITY
2017. Nutritional Sciences (M.Sc.)
SEMMELWEIS UNIVERSITY
2015. Dietetics (B.Sc.)

SCIENTIFIC DEGREES **2024. Ph.D. INTERDISCIPLINARY APPLIED HEALTH SCIENCES**

LANGUAGE SKILLS German
2008/2009 Intermediate (B2)
English
2012/2017 Intermediate (B2)

PROFESSIONAL-
SCIENTIFIC CAREER **ASSISTANT LECTURER**
2017- Semmelweis University Faculty of Health Sciences Department of
Dietetics and Nutritional Sciences
LECTURER
2023. Széchenyi István University Faculty of Health and Sport Sciences
DIETITIAN
2021-2023. Semmelweis University Health Promotion Center
DEPARTMENT ENGINEER
2017- 2018. Semmelweis University Faculty of Health Sciences
Department of Dietetics and Nutritional Sciences

PUBLICATION LIST IN
MTMT DATABASE <https://m2.mtmt.hu/gui2/?type=authors&mode=browse&sel=authors10063845>

SUBJECTS TAUGHT	<p>Practical Dietetics</p> <p>Thesis methodology</p> <p>Sport nutrition</p> <p>Dietotherapy</p> <p>Specialist advice</p> <p>Dietetic basics for midwives (in Hungarian and English)</p> <p>Specialist dietetic therapy</p> <p>Branding and marketing in nutrition</p> <p>Food preparation technology and colloidics</p> <p>Cooking technology,</p> <p>Food knowledge,</p> <p>Basics of health sciences II. (in English and Hungarian),</p> <p>Gastronomy and reform nutrition,</p> <p>Dietetics of infant and childhood diseases,</p> <p>Feeding and caring for babies and toddlers,</p> <p>Nutrition (pharmacy students)</p>
PRACTICES LED	<p>Practical dietetics</p> <p>Food preparation technology and colloidics</p>
TEACHING IN DOCTORAL PROGRAM	
PARTICIPATION IN TDK WORK	
PROFESSIONAL-SCIENTIFIC ACTIVITIES	<p>Regular media appearances</p> <ul style="list-style-type: none"> - - - 2025: Heti Tv, Kossuth radio, Rádió1, Semmelweis Egészségügyi Kft. radio, Semmelweis Instagram post - 2023, 2022, 2021: M2 Petőfi channel (I'm Here Show) Duna channel (Almárium Show) - 2020 Kossuth Radio - 2019, 2018. M1 channel (This Morning Show) <p>13-19.10.2024. ESPEN Live Course in Clinical Nutrition – participating</p> <p>2024.06.06-06.07: Onca Conference - participating</p> <p>2021-2023: Active member of the cooperation between the Department and Penny Market; fulfilment of related tasks.</p>

Since 2020, I'm one of the authors of the Interpress Magazine.

2021, 2020, 2019: China, Shanghai: Traditional Chinese Medicine From
2018: Giving professional lectures at Milton Friedman University - Senior
Academy, Red Cross, Érdi Senior Citizens Club, among others

**MEMBERSHIP IN
ORGANISATIONS**

2025, Hungarian society of enteral and parenteral nutrition
2025, ESPEN – The European Society for Clinical Nutrition and
Metabolism
Since 2020 Member of EFAD European Specialist Dietetic Network (ESDN)
for Older Adults Committee
Since 2017 Member of National Association of Hungarian Dietitians
(MDOSZ)

**PROFESSIONAL
ACKNOWLEDGEMENTS**

2024, DEAN'S HONOR

**DATE OF FINALISING
CV**

04.04.2025
