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PLACE, DATE OF BIRTH BUDAPEST, 19. 06.1971.

EDUCATION OTE HEALTH PROFESSIONAL COLLEGE FACULTY PHYSIOTHERAPIST

1992, PHYSIOTHERAPIST

HUNGARIAN MOVEMENT CULTURE ASSOCIATION AND THE HIETE FACULTY OF HEALTH

1999, AESTHETIC BODY TRAINER KINETOLOGIST

SEMMELWEIS UNIVERSITY FACULTY OF PHYSICAL EDUCATION AND SPORT SCIENCES,

DEPARTMENT OF HUMAN KINESIOLOGY

2006, Humánkinesiologist MSc

SCIENTIFIC DEGREES

LANGUAGE SKILLS basic English - 2006

PROFESSIONAL- tea SCIENTIFIC CAREER Sen

teaching assistant

Semmelweis university, Faculty of Health Sciences, DEPARTMENT of Physiotherapy

2000-2007

ASSISTANT PROFESSOR

SEMMELWEIS UNIVERSITY, FACULTY OF HEALTH SCIENCES, DEPARTMENT OF

PHYSIOTHERAPY

2008-2012

TECHNICAL TEACHER

SEMMELWEIS UNIVERSITY, FACULTY OF HEALTH SCIENCES, DEPARTMENT OF

PHYSIOTHERAPY

2013 - 2015

MASTER TEACHER

SEMMELWEIS UNIVERSITY, FACULTY OF HEALTH SCIENCES, DEPARTMENT OF

PHYSIOTHERAPY

2016-

PUBLICATION LIST IN
MTMT DATABASE

https://m2.mtmt.hu/api/author/10023479

SUBJECTS TAUGHT	Body Awareness 2000-
	Aesthetic Body Awareness 2000-
	Movement Systems, 2000-2015
	Physiotherapy for special life situations, until 2020
	Obstetrics-Gynecology-Women's Health, 2020-
	Neuropsychiatric Physiotherapy until 2020
	Neurological Physiotherapy 2020-
	Applied Training Methodology, 2000-
	Passive Movement, 2015-2020
	Scientific Background and Evidence-based Practice of Active Therapeutic Exercise, 2010-
	Scientific Background and Practice Physiotherapy for improve Coordination & Proprioception, 2010-
	Aesthetic Body Awareness in practice – 2024
	Pelvic floor training with biofeedback - 2024
PRACTICES LED	Obstetrics and Gynecology Physiotherapy Practice - Szent Imre University Teaching Hospital - regularly every year since 1998
TEACHING IN DOCTORAL PROGRAM	-
PARTICIPATION IN TDK	2020-2025, PREVALENCE, PREVENTION, TREATMENT OF INCONTINENCE DIFFERENT
WORK	IN AGES AND SITUATIONS
PROFESSIONAL- SCIENTIFIC ACTIVITIES	FROM 2005 -HUNGARIAN PHYSIOTHERAPIST ASSOCIATION COMMITTEE MEMBER OF SOCIETY, FROM JUNE 2020: VICE-PRESIDENT
	FROM 2018- HUNGARIAN CONTINENTAL AND UROGynecOLOGICAL ASSOCIATION (MANAGEMENT MEMBER) (2022-2025 – co-chairman)
	01, April 2016 Healthcare Professional Guideline – On non-neurogenic urinary incontinence occurring in adulthood – co-author
	09. September, 2020. Healthcare Professional Guideline "On non-neurogenic urinary incontinence occurring in adulthood" - co-author
	28. February, 2022. Healthcare Professional Guideline "On the physiotherapeutic treatment of stress incontinence" – co-author
	30. August, 2024. Healthcare Professional Guideline "On Urogynecology" - co-author

MEMBERSHIP IN ORGANISATIONS

HUNGARIAN PHYSIOTHERAPIST ASSOCIATION

HUNGARIAN CONTINENTAL AND UROGYNECOLOGICAL ASSOCIATION

HUNGARIAN PSYCHOSOMATIC OBSTETRICS AND GYNECOLOGICAL SOCIETY

HUNGARIAN MOVEMENT CULTURE ASSOCIATION

HUNGARIAN OBESITOLOGICAL AND PHYSICALTHERAPY SOCIETY

PROFESSIONAL ACKNOWLEDGEMENTS

OCTOBER 2017 - MINISTER'S DEGREE OF RECOGNITION IN RECOGNITION OF

OUTSTANDING PROFESSIONAL ACTIVITY

SEPTEMBER 2018 - OUTSTANDING TEACHER OF SEMMELWEIS UNIVERSITY AWARD

OCTOBER, 2019 - PERFORMED FOR HEALTH CARE IN RECOGNITION OF OUTSTANDING

PROFESSIONAL ACTIVITIES "PRO SANITATE" AWARDyear, acknowledgement

JUNE 2023. CERTIFICATE OF RECOGNITION FROM THE HUNGARIAN CHAMBER OF

HEALTH PROFESSIONALS ON THE OCCASION OF SEMMELWEIS DAY

MARCH 2025 SEMMELWEIS UNIVERSITY, RECTOR'S AWARD

DATE OF FINALISING CV

02. april.2025.