



SIMON András
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SIMON ANDRÁS

PLACE, DATE OF BIRTH **KESZTHELY, 11, FEBRUARY, 1976**

EDUCATION **SEMMELWEIS UNIVERSITY**
2015 Physiotherapist MSc

SCIENTIFIC DEGREES **YEAR, DEGREE**

LANGUAGE SKILLS 2018 English operational proficiency (C1) combined
1994 Latin upper intermediate (B2) combined

PROFESSIONAL-
SCIENTIFIC CAREER

PHD STUDENT

2018 - Semmelweis University Doctoral School -
Investigation of diagnostic tools and therapeutic activities for the preservation of
functional abilities in old age - PhD research topic (supervisor: Dr. Éva Kovács PhD)

PROGRAM COORDINATOR, RESEARCH FELLOW (INDEPENDENT RESEARCHER)

2016–2018 - SBPT project 1 - PEMF device output signal detection in situ - real-time
signal recording and EME absorption analysis

INSTRUCTOR

2012 Semmelweis University FHS - NQR medical massage therapist training -

PARTICIPANT IN CLINICAL FIELD RESEARCH

2010 Participant of the magnetic stimulation device efficiency test project (2010–2011:
pilot research; BSc thesis dissertation: 2011; Horizon 2020 research program; diploma
thesis: 2015)

PARTICIPANT IN TALENT SUPPORT PROGRAM

2008–2009 Kerpel-Fronius Ödön Talent Support Program
2008 Scientific Students' Associations, supervisor: Csaba Szekrényesi, research topic:
Investigation of the relationship between stress and massage with the help of a *card (X)*
plore device

DEMONSTRATOR

2008-2010– SE FHS Institute of Morphology and Physiology - Anatomy

Education, certifications:

2019 McKenzie MDT (The McKenzie Method® of Mechanical Diagnosis and Therapy®)
International Credentialing Exam - Cred. MDT (07/04/2019)

2019 Proprioceptive neuromuscular facilitation advanced course (PNF 3.) - Attila Szabó IPNFA advanced instructor

2020– Semmelweis University Doctoral School of Health Sciences (expected completion: 2022)

2018–2020 Semmelweis University Doctoral School – Pathology Doctoral School Program for Health Sciences

2016–2017 ILIAS e-learning trainings - questionnaire and test preparation, curriculum development, competence measurement and management, good ILIAS practices in healthcare

2016 International Bobath Advanced Course (IBITA - Luise Rutz-Lapitz senior instructor)

2016 Proprioceptive neuromuscular facilitation basic course (PNF 1-2.) - Attila Szabó IPNFA advanced instructor

2016 "Soft tissue manual therapy I-II." - Holistic Medicine Foundation

2013–2015 Master's Degree Program in Physiotherapy - Semmelweis University, Faculty of Health Sciences, Budapest (diploma: 45 / SE-ETK-FIZ / 2015) – Physiotherapist MSc

2015 McKenzie MDT “E” - advanced MDT for human extremities

2014 International Bobath Basic Course (IBITA - Dr. Edit Nagy)

2011–2013 McKenzie MDT „A” - „D” course - McKenzie International Institute Hungarian Branch, Budapest

2011 „Modern respiratory physiotherapy in the intensive care unit” course - Semmelweis University, Department of Anaesthesiology and Intensive Care, Budapest

2007–2011 Semmelweis University, Faculty of Health Sciences, Budapest nursing and patient care undergraduate specialization physiotherapist - Physiotherapist BSc (diploma number: 193-GY / 2011) – diploma qualification: excellent

2009–2012 Manual Medicine (MM) 1-4. course (introduction to MM + pelvis; lumbar section; back section and ribs, neck section) - Holistic Medicine Foundation

2009 Meridian Massage (based on yumeiho and Tibetan massage) - private training (Szabolcs Kuti yumeiho therapist and physiotherapist)

2009 Wellness massage training (lava/hot stone massage; four-hand massage) StressControl, Budapest

2006–2007 Osteopathic massage therapy training - private training (Kulcsár Gábor DO), Budapest

2004 Ma-uri® training (physical levels 1–3) - private training Witold Kuharchyk Ma-uri® trainer), Budapest

2004 Lymphatic drainage course – (Magyar Természetgyógyászok Szövetsége) Association for Hungarian Naturopaths, Budapest

2003 Acupressure-based office massage („chair-massage”) training - StressControl, Budapest

1998– Eötvös Loránd University, Faculty of Science, Budapest – biologist

1997–1998 Therapeutic/medical massage training - Szent András State Spa Hospital, Hévíz - medical massage therapist degree (diploma number: 258/1998 GYM)

1990 - 1994 Benedictine School of Pannonhalma ((secondary grammar school maturity certificate:B-31/1994)

Professional experience

PHYSIOTHERAPIST – MASSAGE THERAPIST

2017 – Physiotherapy private practice (MAC - Mechanical Assessment and Coaching; mobile physiotherapy service) (profile: musculoskeletal and neurological physiotherapy and rehabilitation)

2013 May-Aug: Metropolitan Municipality Péterfy Sándor Street Hospital-Clinic and Trauma Center Physiotherapist Service - Physiotherapist (Department of Neurology)

2011–2013 Metropolitan Municipality Szent Imre Hospital Physiotherapist Service – - Physiotherapist (Intensive Care Unit, Department of Chronic Internal Medicine, Department of Neurological Rehabilitation)

2010 Metropolitan Municipality Péterfy Sándor Street Hospital-Clinic and Trauma Centre Angiology Department, Budapest - project work participant

2010 Metropolitan Municipality Péterfy Sándor Street Hospital-Clinic and Trauma Centre (OBSI), Budapest- volunteer internship: Traumatology Physiotherapy (Rehabilitation of Peripheral Nerve Injuries)

2009–2011 Physiotherapist internship: Pulmonology, Cardiovascular, Neuromuscular and Neurological Physiotherapy (organized by SE FHS)

2008 Dr.Fit Lifestyle Clinic (director: Dr. András Erbszt) - External staff, medical massage therapist

2004–2008 Four Seasons Hotel Gresham Palace, Budapest – massage therapist

2003–2007 Hungarian Telecom - office massage service provider

2003 2014 Hotel InterContinental, Budapest – Massage therapist

1999–2000 HU-PI Építő Kft, Budapest – medical massage therapist

1998 Hungest Hotel Aquamarin, Hévíz – spa assistant and medical massage therapist (internship)

1997–1998 St. Andrew's State Spa Hospital, Hévíz – hydro- and balneotherapist and medical massage therapist (internship)

**PUBLICATION LIST IN
MTMT DATABASE**

<https://m2.mtmt.hu/gui2/?type=authors&mode=browse&sel=10057979>

SUBJECTS TAUGHT

2013– Electro-, balneo-, hydro-, climato-, and thermotherapy (EBHCT) (Hu / Eng)
 2014– Electrodiagnostics and electrophysiologic examinations (Hu /Eng),
 2013– Manual techniques (Hu / Eng) (Massage, Stretching and soft tissue techniques, Joint mobilization, Passive movement),
 2015– Neuropsychiatric PT/ Physiotherapy in Neurology – Bobath

PRACTICES LED

2012-2013: Budapest Metropolitan Municipality Szent Imre Hospital, Clinical practice – practice instructor (intensive care unit, neurological rehabilitation)

**TEACHING IN
DOCTORAL PROGRAM**

**PARTICIPATION IN TDK
WORK**

2019 – Relationships between unilateral shoulder pain and side lying sleep position
 - Bettina Elter

**PROFESSIONAL-
SCIENTIFIC ACTIVITIES**

**MEMBERSHIP IN
ORGANISATIONS**

2011– Association of hungarian physiotherapists
 2011– Hungarian obesitology and movement therapy association (momot)
 2013– Association of hungarian balneology

PROFESSIONAL
ACKNOWLEDGEMENTS

2019 – Dean’s honour
2010/2011 - Fellowship granted by the republic (köztársasági ösztöndíj)
2008/2009 –Registered on the excellence list of Semmelweis University

DATE OF FINALISING CV **MARCH 19, 2021**
