



DR. KOVÁCS Zsuzsanna

Senior lecturer

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DR. KOVÁCS ZSUZSANNA

PLACE, DATE OF BIRTH **KANIZSA, 25TH AUGUST, 1963.**

EDUCATION

SEMMELWEIS UNIVERSITY, DEPARTMENT OF CLINICAL PSYCHOLOGY

2000-2004, graduate clinical psychologist

ZIST INSTITUT, PENZBERG,

2002-2004, Family Constellation Therapy – method specific qualification

MAGYAR RELAXÁCIÓS ÉS SZIMBÓLUMTERÁPIÁS EGYESÜLET - KATATHYM IMAGINATÍV PSZICHOTERÁPIÁS KÉPZÉS,

1997-2003, method - specific qualification

MAGYAR HIPNÓZIS EGYESÜLET ÉS INTEGRATÍV PSZICHOTERÁPIÁS EGYESÜLET,

1996-1998, hypnosis, method - specific qualification

FRITZ PERLS INSTITUT FÜR INTEGRATIVE THERAPIE, GESTALT THERAPIE UND KREATIVITÄTS-FÖRDERUNG, DÜSSELDORF

1987-1992, method - specific qualification

UNIVERSITY OF SCIENCES, DEPARTMENT OF PSYCHOLOGY, NOVI SAD, H. UNIVERSITY OF SZEGED, INSTITUTE OF PSYCHOLOGY

1982 - 1987, graduate psychologist

SCIENTIFIC DEGREES

2014, PHD

Doctoral (Phd) Dissertation: Correlates Associated with The Quality of Life of Malignant Breast Cancer Patients and The Effects Of Multi-Disciplinary Psychosocial Interventions In The Healing Process

LANGUAGE SKILLS

English, German

**PROFESSIONAL-
SCIENTIFIC CAREER**

**POSITION: CLINICAL PSYCHOLOGIST, INSTRUCTOR,
RESEARCHER**

Major Professional / Research Programs:

2014 - ÁNTSZ National Office of Chief Medical Officer, Cervical Cancer Prevention Program
"Preparing Nurses for The Organization and Performance of Cervical Screening for Public Health Purposes"

2010 - State Public Health and Medical Officer Service, National Office of Chief Medical Officer, National Communication of Screening Programs:

"The Role of Communication in Influencing Public Participation in Cardiovascular and Oncology Screenings and In Developing A Healthy Lifestyle and Attitude"

"The Role of Communication and Lifestyle in Screening in The Framework of The National Communication of Screening Programs Project"

2008 - For Full Recovery! - Multidisciplinary Psychosocial Interventions in Healing (National Institute of Oncology)

2005 - The Line of Defense - A Prevention Program for High-Risk Women Based on The Knowledge of Psycho-Neuroimmunology (Foundation Against Cancer, For Man, For Tomorrow! And National Institute of Oncology)

1995-2008 Health Resources Foundation

2000-2003 Apor Vilmos Catholic College

1991-1997 Drozdek KK, HR Management

**PUBLICATION LIST IN
MTMT DATABASE**

Link

SUBJECTS TAUGHT

Health psychology

Basics of psychology

Basics of clinical psychology

Stress management procedures and methods

Dimensions of consciousness

PRACTICES LED

Communication and personal development

**TEACHING IN
DOCTORAL PROGRAM**

**PARTICIPATION IN TDK
WORK**

2016, Examination of stress management among university students

2018, Examining Health Factors - Coherence and Health

2020, Reproductive Health Psychology - Investigation of the Psychosocial Background of Fertility Problems

2021, The Relationship Between Meditation Techniques and Health

PROFESSIONAL-
SCIENTIFIC ACTIVITIES

2020 - Tűzmadár Alapítvány - Public Benefit Foundation - Curator
2008 – 2012: A Rák ellen, az emberért, a holnapért! - Public Benefit Foundation - Curator
1998 – 2005: Source of Health, Public Benefit Foundation - Curator

MEMBERSHIP IN
ORGANISATIONS

Hungarian Psychological Society
Hungarian Relaxation and Symbol Therapy Association
European Association of Psychologists, Belgium
Hungarian Society of Oncology
Hungarian Society of Psycho-oncology

PROFESSIONAL
ACKNOWLEDGEMENTS

DATE OF FINALISING CV
