

SEMMELWEIS UNIVERSITY
OCCUPATIONAL HEALTH SERVICE
STUDENT CARE
FREQUENTLY ASKED QUESTIONS (FAQ)
Prepared: 2026

1. What is the purpose of the aptitude/fitness examination?

The purpose of the aptitude examination is to determine whether the student participating in health care activities suffers from any condition that excludes them from practicing the given healthcare activity, and whether their state of health allows them to perform the healthcare tasks belonging to their scope of duties. It also assesses whether the student is temporarily or permanently unfit to perform healthcare activities due to their physical or mental condition, or fit to perform such activities with restrictions due to illness.

Only those whose health, mental, and physical condition allow them to carry out the given activity are authorized to perform healthcare activities.

2. When is the aptitude/fitness examination required?

Before starting any health care related activities, you must undergo a pre-employment occupational health examination (for first-year students). Thereafter, you are required to attend an annual periodic occupational health examination each year.

3. Where does the aptitude examination take place?

The aptitude examination is conducted by the Occupational Health Service of Semmelweis University (FESZ).

- Faculty of Medicine (ÁOK), Faculty of Dentistry (FOK), Faculty of Pharmacy (GYTK): 1085 Budapest, Stáhly utca 7-9. 5th floor. (The location may change. After booking, you will receive an email with details of the appointment, location, and directions.)
- Faculty of Health and Public Services (PAK): 1085 Budapest, Stáhly utca 7-9. 5th floor. (The location may change. After booking, you will receive an email with details of the appointment, location, and directions.)
- Faculty of Health Sciences (ETK): 1088 Budapest, Vas utca 17. Mezzanine 1. (The location may change. After booking, you will receive an email with details of the appointment, location, and directions.)

4. Do I have to pay for the aptitude examination?

No, the aptitude examination is free of charge.

5. How can I apply for the aptitude examination?

Through the APTITUDE system, which is an appointment booking system.

The Occupational Health Service continuously updates and expands the available appointments, therefore it is advisable to check the booking platform regularly. Occasionally, there may be no available slots (all are booked), which is not a system error. When planning your practical training, it is advisable to monitor the availability of aptitude examination appointments in advance and book your slot on time. The FESZ cannot provide out-of-turn appointments due to the start of practical training.

It is also possible to set up an appointment alert: if new appointments appear, or if someone cancels and a slot becomes available, you will be notified.

The Aptitude system contains a User Guide to help you navigate the platform.

6. How long is my aptitude certificate valid?

The aptitude certificate, which is validated in the Health Record Book, is generally valid for 365 days. If it is issued with a time restriction, the doctor will indicate this.

7. What happens during the aptitude examination?

You must present your student ID and either your personal ID card or driving license, as well as your Health Record Book. During the aptitude examination, you must also present the required medical reports. These documents will be checked by the occupational health physician, who will take the necessary measures according to the results. A basic physical examination may also take place.

8. What medical reports are required for the examination?

- For those required to undergo a chest X-ray: if a chest X-ray has been performed within the past year, no new examination is needed (screening chest X-rays are not performed within intervals shorter than one year).
- In higher years, if the previous chest X-ray is about to expire within one month, a shortened validity of fitness may be issued.
- Instead of a chest X-ray, a negative IGRA test result is also accepted by the occupational physician.

- Female students should only undergo X-ray examination if pregnancy can be safely excluded.

The list of required examinations can be found in the table at the end of this document.

9. Where are the required examinations for the aptitude test carried out?

Newly admitted students and senior students (with active student status) can apply for the required preliminary examinations (see point 7) through the university's APTITUDE system, which is free of charge.

It is also possible to undergo these examinations with an external provider, under the following conditions:

- Only medical reports in English/German/Hungarian are accepted
- They must include a date, doctor's stamp, and signature
- They must be printed or presented on your phone/laptop
- Chest X-ray within 365 days, general laboratory results within 180 days

10. What documentation is required for the examination?

For newly admitted students, the following documents must be presented at the aptitude examination. For senior students, only the medical documentation mentioned in point (g) is required, if there has been a change in health status. If you are under specialist medical treatment, please present your most recent medical records.

- a) Childhood vaccination record, including MMR (measles, mumps, rubella) and Hepatitis B vaccinations. If the vaccination record is missing, or it shows fewer than two Hepatitis B (Engerix B) doses, an official certificate confirming the vaccinations is required.
- b) Completed and signed "Medical History (Anamnesis) Form"
- c) Completed, signed, and stamped "General Practitioner's Statement"
- d) Completed and signed "Declaration according to Annex 5 of the Occupational Safety Regulations of Semmelweis University"
- e) Completed and signed "Health Declaration and Examination Data" Health Record Book (available at stationery shops)
- f) Completed and signed "Health Declaration" form
- g) Copy of medical documentation regarding chronic illnesses (outpatient records, discharge summaries, specialist's opinion)

11. Can I get help with filling in the documentation?

The documents are available in Hungarian, English, and German in the APTITUDE system, and must be completed accordingly. They are also available on the faculty's website. Forms (general practitioner's statement, and specialist's opinion if necessary) can also be completed abroad, and must be presented at the aptitude examination. If this is not possible abroad, assistance can be requested for a service fee at +36 1 465 3784.

12. Can the documentation required for the aptitude test be completed in a foreign language?

Yes. The documents (general practitioner's statement, specialist's opinion, if necessary) can be completed in English, German, or Hungarian, and must be presented in printed form or electronically on phone/laptop.

13. What vaccinations are required for the aptitude examination?

According to the current epidemiological rules, proof of MMR (measles, mumps, rubella) and Hepatitis B vaccinations must be presented.

In case of incomplete Hepatitis B vaccination, the first dose must be administered before the aptitude examination, and the series must be completed afterwards.

14. What are the possible outcomes of the aptitude examination?

- a) **Fit:** authorized to participate in healthcare activities without restrictions.
- b) **Fit with restrictions:** authorized to participate in healthcare activities with restrictions determined by the occupational physician.
- c) **Temporarily unfit:** temporarily not authorized to participate in healthcare activities.
- d) **Unfit:** permanently excluded from healthcare activities.

15. How do I receive the result of the aptitude examination?

The occupational physician records the result in the Health Record Book, which must be presented at the beginning of practical training. Without this, the student cannot be admitted to healthcare activities.

16. What happens if I fail to attend the aptitude examination?

If you do not attend the examination, you will not receive a fitness certificate, which is a prerequisite for participation in practical training and healthcare activities. Without the certificate, you cannot begin your practice.

17. What should I do if my health status changes after the aptitude examination?

If your health condition changes (e.g., illness, surgery, new medication, pregnancy), you must report it immediately to the occupational physician. Based on the new circumstances, the physician will reassess your fitness status.

18. Is there a fee for the aptitude examination?

No, the examination is free of charge for all students with active student status.

19. Can the aptitude examination be repeated?

Yes, if you were assessed as *temporarily unfit*, the examination can be repeated after the recommended treatment or specified waiting period. The occupational physician decides about the timing of the repeat examination.

20. How long is the aptitude certificate valid?

The fitness certificate is generally valid for one year, but in certain cases the occupational physician may issue it for a shorter period. When it expires, a new examination is required.

Required Examinations by Faculty

Valid for both the BSc and MSc programs

• Mandatory	x
• Occupational physician decides on the necessity	x

Faculty of Health Sciences (ETK) Nursing	1.	2.	3.	4.
Chest X-ray (or IGRA test)	x	x	x	x
Laboratory tests	x			
Anti HBs	x			
HBsAg	x			
Anti HCV	x			
HIV	x			
Stool bacteriology	x			
Treponema AT	x			

Faculty of Health Sciences (ETK) Midwifery	1.	2.	3.	4.
Chest X-ray (or IGRA test)	x	x	x	x
Laboratory tests	x			
Anti HBs	x			
HBsAg	x			
Anti HCV	x			
HIV	x			
Stool bacteriology	x			
Treponema AT	x			

Faculty of Health Sciences (ETK) Dietetics	1.	2.	3.	4.
Chest X-ray (or IGRA test)	x	x	x	x
Laboratory tests	x			
Anti HBs	x			
HBsAg	x			
Anti HCV	x			
HIV	x			
Stool bacteriology	x			
Treponema AT	x			

Faculty of Health Sciences (ETK) Physiotherapy	1.	2.	3.	4.
Chest X-ray (or IGRA test)	x	x	x	x
Laboratory tests	x			
Anti HBs	x			
HBsAg	x			
Anti HCV	x			
HIV	x			
Stool bacteriology	x			
Treponema AT	x			

Faculty of Health Sciences (ETK) Medical Diagnostic Analyst	1.	2.	3.	4.
Chest X-ray (or IGRA test)	x	x	x	x
Laboratory tests	x			
Anti HBs	x			
HBsAg	x			
Anti HCV	x			
HIV	x			
Stool bacteriology	x			
Treponema AT	x			

Faculty of Health Sciences (ETK) Health Tourism Manager	1.	2.	3.	4.
Chest X-ray (or IGRA test)	x	x	x	x
Laboratory tests	x			
Anti HBs	x			
HBsAg	x			
Anti HCV	x			
HIV	x			
Stool bacteriology	x			
Treponema AT	x			