



DR. KOVÁCS Zsuzsanna  
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## DR. KOVÁCS Zsuzsanna

PLACE, DATE OF BIRTH      **KANIZSA, 25<sup>TH</sup> AUGUST, 1963.**

### EDUCATION

**SEMMELWEIS UNIVERSITY, DEPARTMENT OF CLINICAL PSYCHOLOGY**

2000-2004, graduate clinical psychologist

**ZIST INSTITUT, PENZBERG,**

2002-2004, Family Constellation Therapy – method specific qualification

**MAGYAR RELAXÁCIÓS ÉS SZIMBÓLUMTERÁPIÁS EGYESÜLET - KATATHYM IMAGINATÍV PSZICHOTERÁPIÁS KÉPZÉS,**

1997-2003, method - specific qualification

**MAGYAR HIPNÓZIS EGYESÜLET ÉS INTEGRATÍV PSZICHOTERÁPIÁS EGYESÜLET,**

1996-1998, hypnosis, method - specific qualification

**FRITZ PERLS INSTITUT FÜR INTEGRATIVE THERAPIE, GESTALT THERAPIE UND KREATIVITÄTS-FÖRDERUNG, DÜSSELDORF**

1987-1992, method - specific qualification

**UNIVERSITY OF SCIENCES, DEPARTMENT OF PSYCHOLOGY, NOVI SAD, H. UNIVERSITY OF SZEGED, INSTITUTE OF PSYCHOLOGY**

1982 - 1987, graduate psychologist

### SCIENTIFIC DEGREES

**2014, PHD**

**Doctoral (Phd) Dissertation: Correlates Associated with The Quality of Life of Malignant Breast Cancer Patients and The Effects Of Multi-Disciplinary Psychosocial Interventions In The Healing Process**

### LANGUAGE SKILLS

English, German

**PROFESSIONAL-  
SCIENTIFIC CAREER**

**POSITION: CLINICAL PSYCHOLOGIST, INSTRUCTOR,  
RESEARCHER**

Major Professional / Research Programs:

2014 - ÁNTSZ National Office of Chief Medical Officer, Cervical Cancer Prevention Program  
"Preparing Nurses for The Organization and Performance of Cervical Screening for Public Health Purposes"

2010 - State Public Health and Medical Officer Service, National Office of Chief Medical Officer, National Communication of Screening Programs:

"The Role of Communication in Influencing Public Participation in Cardiovascular and Oncology Screenings and In Developing A Healthy Lifestyle and Attitude"

"The Role of Communication and Lifestyle in Screening in The Framework of The National Communication of Screening Programs Project"

2008 - For Full Recovery! - Multidisciplinary Psychosocial Interventions in Healing (National Institute of Oncology)

2005 - The Line of Defense - A Prevention Program for High-Risk Women Based on The Knowledge of Psycho-Neuroimmunology (Foundation Against Cancer, For Man, For Tomorrow! And National Institute of Oncology)

1995-2008 Health Resources Foundation

2000-2003 Apor Vilmos Catholic College

1991-1997 Drozdek KK, HR Management

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**PUBLICATION LIST IN  
MTMT DATABASE**

<https://m2.mtmt.hu/gui2/?type=authors&mode=browse&sel=authors10023539>

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**SUBJECTS TAUGHT**

Health psychology  
Basics of psychology  
Basics of clinical psychology  
Stress management procedures and methods  
Dimensions of consciousness

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**PRACTICES LED**

Communication and personal development

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**TEACHING IN  
DOCTORAL PROGRAM**

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**PARTICIPATION IN TDK  
WORK**

2016, Examination of stress management among university students  
2018, Examining Health Factors - Coherence and Health  
2020, Reproductive Health Psychology - Investigation of the Psychosocial Background of Fertility Problems  
2021, The Relationship Between Meditation Techniques and Health

PROFESSIONAL-  
SCIENTIFIC ACTIVITIES

2020 - Tűzmadár Alapítvány - Public Benefit Foundation - Curator  
2008 – 2012: A Rák ellen, az emberért, a holnapért! - Public Benefit Foundation - Curator  
1998 – 2005: Source of Health, Public Benefit Foundation - Curator

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MEMBERSHIP IN  
ORGANISATIONS

Hungarian Psychological Society  
Hungarian Relaxation and Symbol Therapy Association  
European Association of Psychologists, Belgium  
Hungarian Society of Oncology  
Hungarian Society of Psycho-oncology

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PROFESSIONAL  
ACKNOWLEDGEMENTS

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DATE OF FINALISING CV **03.2021.**

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