



Blanka Vékony  
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## BLANKA Vékony

PLACE, DATE OF  
BIRTH

**HUNGARY, DUNAÚJVÁROS, 31, 03, 1991**

### EDUCATION

#### **SEMMELWEIS UNIVERSITY**

2017-in progress – Health Sciences PhD School – Doctoral candidate

#### **SEMMELWEIS UNIVERSITY**

2017. Nutritional Sciences (M.Sc.)

#### **SEMMELWEIS UNIVERSITY**

2015. Dietetics (B.Sc.)

### SCIENTIFIC DEGREES

#### LANGUAGE SKILLS

German

2008/2009 Intermediate (B2)

English

2012/2017 Intermediate (B2)

#### PROFESSIONAL- SCIENTIFIC CAREER

#### **ASSISTANT LECTURER**

2017- Semmelweis University Faculty of Health Sciences Department of  
Dietetics and Nutritional Sciences

#### PUBLICATION LIST IN MTMT DATABASE

<https://m2.mtmt.hu/gui2/?type=authors&mode=browse&sel=10063845>

#### SUBJECTS TAUGHT

Food preparation technology and colloidics  
Cooking technology,  
Food knowledge,  
Basics of health sciences II. (in English and Hungarian),  
Dietary basics for midwives (in English)  
Gastronomy and reform nutrition,

Community care - part of nutrition,  
 Dietetics of infant and childhood diseases,  
 Feeding and caring for babies and toddlers,  
 / Nutrition (pharmacy students)  
 Compulsory optional course in Dietetics for Physical Education, Health Development  
 Undivided Teacher Course III. grade /

PRACTICES LED	Food preparation technology and colloidics Community care - part of nutrition
TEACHING IN DOCTORAL PROGRAM	
PARTICIPATION IN TDK WORK	
PROFESSIONAL- SCIENTIFIC ACTIVITIES	<p>Regular media appearances:</p> <ul style="list-style-type: none"> <li>- 2018, 2019 M1 channel (This Morning Show)</li> <li>- 2020 Kossuth Radio</li> <li>- 2021: M2 Petőfi channel (I'm Here Show) Duna channel (Almárium Show)</li> </ul> <p>Since 2021, I'm an active participant in the collaboration between the Department and Penny Market; performing and accomplishing tasks.</p> <p>Since 2020, I'm one of the authors of the Interpress Magazine.</p> <p>2019: China, Shanghai: Traditional Chinese Medicine Professional Training 2019: Professional lectures: Red Cross</p> <ul style="list-style-type: none"> <li>- Implementing healthy eating attitudes in older adults</li> <li>- Implementing healthy eating among primary school children</li> </ul> <p>2018: Professional lecture: Érd Elderly Club (dietary aspects of diabetes)</p>
MEMBERSHIP IN ORGANISATIONS	<p>Since 2020 Member of EFAD European Specialist Dietetic Network (ESDN) for Older Adults Committee</p> <p>Since 2017 Member of National Association of Hungarian Dietitians (MDOSZ)</p>
PROFESSIONAL ACKNOWLEDGEMENTS	

DATE OF FINALISING **03.2021.**  
CV

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