

Instructions for Authors

The *Developments in Health Sciences* (DHS) is an Open Access journal for original research papers, review articles, short communications, rapid preliminary notes, case studies and other sections (book reviews, calendar of events, conference reports and product news) on all aspects of health sciences and related fields in medical sciences and health care.

Papers are accepted on the understanding that the results provide novel approaches and new insights into the problem addressed and have not been published, submitted or accepted for publication elsewhere. Submitted article should be free of falsification and plagiarism. All manuscripts must be accompanied by a certificate signed by the corresponding author and all co-authors that they have seen and approved the final version of the manuscript.

Papers submitted for publication are subject to a peer review process. All articles are reviewed by two external experts. Papers accepted for publication by the reviewers are subject to editorial revision. The Editor reserves the right to modify the style and length of a contribution (major changes being agreed with the main author) and to decide the time of publication. It is the responsibility of the corresponding author to obtain written permission for quotations, and for the reprinting of illustrations or tables.

Submission of manuscripts. Authors can submit the manuscript via Open Journal Systems: <https://submit.akademai.com/dhs/index.php/dhs>. Manuscripts should be submitted in electronic version of Word for Windows file (.doc, .docx).

Preparation of manuscripts. Manuscripts should be written in grammatically correct English. Papers should be typed 1.5-spaced with 2.5 cm (1 inch) wide margins using 12-point Times New Roman. Pages should be numbered in sequence beginning with the title page.

Manuscripts should be divided into the **following sections**: Title page, Abstract (with Keywords), Introduction, Materials and Methods¹, Results¹, Discussion, Conclusions, Acknowledgements, Authors' contribution, Ethical approval, Conflicts of Interest, List of abbreviations (if any), References.

Title page must consist of the title of the manuscript which should be a concise and informative title (max. 20 words) followed by the name(s) (initial and surname) and affiliation(s) of the author(s). The corresponding author(s) should be identified by an asterisk (*) and given contact details (address, e-mail, phone number) at the bottom of the title page.

Abstract (max. 200 words) should be divided into the following sections for original articles: Purpose, Materials/Methods, Results, and Conclusions.

The abstract should be followed by 3-8 **keywords** based on the Medical Subject Headings (MeSH), <https://www.nlm.nih.gov/mesh/>.

Abbreviations in the title and the abstract should be avoided.

Introduction should state the purposes of the work and provide an adequate background with the most important results and literature related to the topic.

Materials and Methods¹ must provide sufficient detail to allow the work to be reproduced.

Results¹ should accurately demonstrate the findings. If appropriate, data can also be presented in tables and figures.

¹ for original articles or if required

Discussion section should explain and underline the significance of the presented data.

Conclusions should briefly summarize the presented study according to the results and discussion.

Acknowledgements section should consist of all the personal and financial (supporting grants, funds) contributions to the submitted article.

Authors' contribution section specifies the authors' contribution and their roles in manuscript. Use the monograms of the authors.

Ethical approval: Studies submitted to the DHS must have been conducted in accordance with the Declaration of Helsinki and according to requirements of all applicable local and international standards.

Conflicts of Interest / Funding: Authors are required to disclose all financial and non-financial competing interest. All sources of funding for the study reported should be declared. Authors must state explicitly whether potential conflicts/funding do or do not exist. If no conflicts/funding exist, the authors should state: *"The authors declare no conflict of interest"* and *"No financial support was received for this study"*.

References: References should be indicated by number(s) in square brackets in line with the text [1-4,5,17] in order of appearance. References should be listed in the 'References' section with numbers. All authors shall be listed in full up to the total number of six; for seven or more authors, list the first three authors followed by "et al.". Abbreviated journal names according to the National Library of Medicine (NLM) journal abbreviations list; <https://www.ncbi.nlm.nih.gov/nlmcatalog/journals>.

For more information, please check: the NLM style guide for authors, editors, and publishers, 2nd edition 2007; <https://www.ncbi.nlm.nih.gov/books/NBK7256/>.

Example reference style:

- **Journal article:**

1. Wernbom M, Paulsen G, Nilsen TS, Hisdal J, Raastad T. Contractile function and sarcolemmal permeability after acute low-load resistance exercise with blood flow restriction. *Eur J Appl Physiol*. 2012;112(6):2051-63.

2. Hallal AH, Amortegui JD, Jeroukhimov IM, et al. Magnetic resonance cholangiopancreatography accurately detects common bile duct stones in resolving gallstone pancreatitis. *J Am Coll Surg*. 2005;200(6):869-75.

- **Book:**

3. Kuzma JW, Bohnenblust SE. *Basic Statistics for the Health Sciences*. 5th ed. Boston: McGraw-Hill; 2005.

- **Book chapter:**

4. Walsche C. What do we mean by palliative care. In: Preedy VR, ed. *Diet and Nutrition in Palliative Care*. Boca Raton: CRC Press; 2011. p. 17-30.

- **Online document**

- **Book:**

5. Collins SR, Kriss JL, Davis K, Doty MM, Holmgren AL. Squeezed: why rising exposure to health care costs threatens the health and financial well-being of American families [Internet]. New York: Commonwealth Fund; 2006 Sep [cited 2006 Nov 2]. 34 p. Available from: http://www.cmwf.org/usr_doc/Collins_squeezedrisinghlcarecosts_953.pdf

- **Web Site:**

6. StatePublicHealth.org [Internet]. Washington: ASTHO; [cited 2017 Feb 23]. Available from: <http://statepublichealth.org/>

Tables must be numbered consecutively with Arabic numerals in the text (Table 1., Table 2. etc.). They should be presented in a separate file in Microsoft Word format and provided with title.

Figures must be numbered consecutively with Arabic numerals in the text (Figure 1., Figure 2. etc.). They should be submitted in a separate file with title. Figures that include more than one image should be labelled as a, b, c, etc.

Charts, diagrams, schemes as “Figures” should be presented in Microsoft Word format. The requested format for *photographs (graphic files)*: JPEG, TIFF, GIF. Photographs legends with brief titles should be provided on a separate page. Colour figures will be accepted; however the extra cost of reproduction in colour must be paid by the authors.

Abbreviations: All abbreviations should be defined at first mention and used consistently thereafter. Quantities should be expressed in standard international units (SI).

The special requirements of the different kind of manuscripts are summarized in the following table:

	Maximal volume of paper (words) (main text, references are included)	Number of figures/tables	Number of references (max.)
Original research paper	4000	2-6	40
Review article	6000	2-6	100
Short communication	3000	1-3	20
Rapid preliminary note	2000	1-2	15
Case study	2000	1-3	10
Book review (authors should contact the editor before writing a book review)	1000	-	-
Calendar of events and conference reports	700	-	-
Product news	700	1	2

Publication Charge

For manuscripts accepted for publication in 2019, Article Processing Charge (APC) will not be issued.

Self-Archiving, Offprints

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