

Sophie Holtkamp

6th year medical student

Semmelweis University Budapest



Erasmus+ Report

Time period: 18/07/2022 until 26/03/2022

Sending organization: Semmelweis University Budapest

Receiving organization: Christophorus Kliniken Coesfeld

1. Work placement

I worked at the “Christophorus Kliniken” in Coesfeld and Dülmen. It is a hospital association with three clinic locations around the bigger city of Münster. They offer 13 medical disciplines and 10 different specialized centers. I participated in the clinics for: internal medicine, gynecology, neurology, surgery, emergency medicine, psychiatry, and pediatrics.

Each year the Christophorus Kliniken provide medical treatment for 25.000 stationary and 35.000 ambulant patients. For the medical rotations of the 6th year, it was great to stay in the same clinic and only change the hospital ward. It is possible to do all medical rotations in the Christophorus Kliniken.

They offered free work clothes, free breakfast and lunch, which was really tasty, and paid 22,50€ per working day (112,50€/per week). As a medical student in the practical you receive your own phone, IT access, keys for staff rooms, and your own locker.

2. Accommodation

The hospital offers free accommodation for medical students close to the clinic. You stay at a shared apartment with your own private room while kitchen and bathroom are shared with fellow students. I heard that the apartments are good and convenient, personally I lived further away in Münster.

3. Professional experience

It was great to work at the Christophorus Kliniken. I was always part of the medical team and worked together with a resident doctor. I could participate in every diagnostic procedure I was interested in and quickly had my own patients I could examine and treat under supervision. I learned how to write medical reports, how to administer medication, how to plan diagnostics, and how to interact with patients and their relatives. During the surgical rotation I participated operations as 2nd or 3rd assistant. At most I liked the neurology part of my practical year as the chief physician was really dedicated in doctoral education. Besides I could learn how to do liquor punctures or how to measure nerve conduction velocity and evoked potentials. It was also possible to attend night shifts together with a resident doctor. For each night shift I received a following free day and a free day extra, which was great to plan longer weekends or trips. Additionally, the clinic offered “PJ Seminare” regularly (3-4 per week) where a doctor talked about a specific topic of his work field. I learned a lot during these lessons.

It was also my duty to take blood samples from patients, but it was never a day filling task, as the hospital has nurses who are specialized in taking blood and when it was difficult the resident doctor also helped. In summary working at the Christophorus clinic was a great experience as they offered good medical education, friendly staff and people plus a good work-life balance.

4. City

I worked in two different locations of the hospital association. The first one was in the city of Dülmen where I worked in the fields of internal medicine, neurology and psychiatry. Dülmen is a city with 46.900 inhabitants. The people are friendly, and you are surrounded by beautiful nature. My second stay was in Coesfeld where I did gynecology, general surgery, emergency medicine and pediatrics. Coesfeld is a county town with 36.400 inhabitants.

From both cities you can reach Münster within 30min by train or car. Münster is a university town with around 45.000 students. It has a lot to offer regardless if you like bars, theatres, culture or green parks. Münster is also the city with more bikes than inhabitants.

You can reach Dülmen and Coesfeld from Budapest easily by plane and train. You take a flight from Budapest to Dortmund Airport (1,5h) and a train from Dortmund main station.



Old town of Münster