

## **Erasmus Report**

**Pascale Jung**

Start date and end of physical mobility: 22.08.22 – 20.11.22

### **Trainship title: Practical Year Medicine**

I did my erasmus program as part of my practical year in human medicine. I decided to do it in Germany at the Oberschwaben Klinikum in Ravensburg.

The largest OSK house is the St. Elisabethen-Klinikum in Ravensburg with over 500 beds. In addition to comprehensive basic care, it offers the services of highly specialized specialist clinics and interdisciplinary medical centers. Because there was such a large number of different patients and diseases, it was perfect for me to learn a lot about internal medicine and pediatrics. Also, I chose Ravensburg because of its good reputation from other students. I also had the opportunity to rent a small apartment there from friends of my family.

My main task was to assist the doctor and relieve work. However, depending on the type of shift and the team, it was a different job every day. The main tasks included above all: admitting patients and taking the first anamnesis. Examine the patients in detail, draw blood and enter the first data in the computer. Especially in the work mentioned above, I quickly noticed how it became easier for me to assess the patient and his illness from day to day. Above all, the subsequent discussion with the doctor about the patient was very instructive.

Another area of responsibility of mine was the ward work, which I often shared with the nursing staff. I had to accompany the doctors on their visits and document the new treatments. In addition, new vein access had to be placed or some patients had to be taken to the MRI or CT. I also agreed to work the night shift in the emergency room for two weeks to get another insight into the hospital and its work. Here I got to know the first acute care. Many different patients came with trauma, heart attack, stroke and acute worsening of other diseases. I learned how to examine and care for them. However, I also learned to distinguish which patients did not have an acute clinical picture and to send them home again.

I am so excited to share my positive experience of the practical year in internal medicine, and how Erasmus helped me in this journey. The practical year was undoubtedly one of the most enriching experiences of my medical education, and it exceeded all of my expectations.

Erasmus played a crucial role in making this year possible for me. Thanks to the program, I was able to gain invaluable experience in a country, learn from world-renowned physicians, and immerse myself in a new environment.

During the practical year, I had the opportunity to work with a diverse range of patients, each with their unique medical needs. This experience challenged me, and it helped me develop the skills necessary to work effectively as a medical professional. I learned how to work in a team, communicate effectively with patients and their families, and make complex

medical decisions. Moreover, I had the opportunity to observe and learn from experienced doctors in a variety of medical specialties. The knowledge and skills that I gained from these were invaluable, and I believe that they will be an asset to me as I move forward in my career. Overall, I would highly recommend to do the erasmus programm in the pratical year. It is an excellent opportunity to gain hands-on experience in a clinical setting, learn from experienced physicians, and develop the skills necessary to succeed as a medical professional. And with the help of Erasmus, the experience is made all the more accessible and rewarding. Thank you for the opportunity and chance to participate in erasmus.

Pascale Jung