

7.

# SUMMER UNIVERSITY

28. AUGUST / THURSDAY

09:00 – 09:05 Welcome notes by Prof. Dr. Alán Alpár,  
*Vice-Rector for International Studies*

09:05 – 09:40 **Pause, Breathe, Grow: Mindfulness Strategies for Mental Health**

Prof. Dr. Dóra Perczel-Forintos  
*Department of Clinical Psychology*

9:40 – 10:00 **On the way to the top 100**

**Prof. Dr. Béla Merkely**  
*Rector*

10:05 – 10:45 **Dementia research: a bridge between basic science and medtech industry**

Dr. András Attila Horváth  
*Department of Anatomy, Histology and Embriology*

10:50 – 11:30

**More than a Degree – University life and career opportunities for foreigners**

Dr. Alán Alpár, Dr. Arvin Shahbazi DMD PHD  
*Department of Anatomy, Histology and Embriology,  
Department of restorative Dentistry, Dep. of Periodontology*

11:40 - 12:10

**Innovation and robotics in surgery**

Dr. Tamás Marjai  
*Department of Surgery, Transplantation and Gastroenterology*

12:10 – 13:10

LUNCH BREAK

13:10 – 13:55

**Champions in the pool and the lecture hall – The power of Sport and Learning**

Dr. Gergely Kiss *three-time hungarian Olympic champion, World Champion*, Dr. Ferenc Bánhidý,  
Dr. Alán Alpár *vice-rectors*, Kristóf Windisch *fifth-year Student*

14:05 – 14:40

**Thousand Faces of Budapest**

Elza Morcsányi, Júlia Wärmer, *Imagine Budapest*

14:50 – 15:30

**Food prevention, food for functional therapy /examples for ADHD, IBS/ based on nutrigenetics, targeted laboratory testings and applied science**

Ákos Bartha  
*food biologist, PhD candidate in food sciences*

15:40 – 16:15

**Arriving in Hungary: an upside-down world**

Rachel Appleby, *English teacher & trainer, a British-Hungarian citizen, the voice ´of Budapest public transport*

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29. AUGUST / FRIDAY

09:00 – 09:40 **How to get involved into the daily clinical practice?**  
Prof. Dr. Veronika Müller, Prof. Dr. Péter Nyirády, Dr. György Purebl, Prof. Dr. Attila Mócsai /*Faculty of Medicine*

09:40 – 10:05 **Digital era in dentistry**  
Dr. Quian Xinyi /*Faculty of Dentistry*

10:05 – 10:30 **A day in the life of a pharmacist**  
Dr. Anna Artner, Dr. Mirzahosseini Arash /*Faculty of Pharmacy*

10:35 – 11:00 **Behind the Plate and Beyond: Exploring the Work of Dietitians**  
Bettina Makai-Budai / *Faculty of Health Sciences*

11:00 – 11:25 **A successful university term and mental well-being /can you have both?**  
Dr. Gábor Csikós PhD /*András Pető Faculty*

11:35 – 12:15 **Sola Dosis Facit Venenum – A Brief Introduction to Toxicology**  
Dr. Noémi Papp PhD, *Department of Pharmacodynamics*

12:15 – 13:15 **LUNCH BREAK**

13:15 – 13:55 **Exoplanet revolution – Are we alone in the Universe?**  
Róbert Szabó  
*Director, Konkoly Observatory; CSFK Deputy Director General HUN-REN CSFK, Research Centre for Astronomy and Earth Sciences*

14:05 – 15:05 **Everyday Productivity – Hacked and baked by Artificial Intelligence**  
Aaron Balázs  
*Founder / AI Implementation Consultant*

15:15 – 15:55 **Digital Defense: Protecting Your Data from Invisible Threats**  
Dr. Zoltán Tóth PhD  
*Institute of Digital Health Sciences*