

Evropski centar za mir i razvoj Terazije 41 11000 Belgrade, Serbia

ECPD Headquarters

European Center for Peace and Development Centre Européen pour la Paix et le Développement Centro Europeo para la Paz y el Desarrollo Европейский центр мира и развития



Belgrade, 7February 2020

European Center for Peace and Development (ECPD) of the University for Peace established by the United Nations, in the framework of the ECPD International Program of Transfer of Knowledge System in the field of Biomedical and Medical Sciences, in cooperation with the Ministries of Health of Montenegro, of Serbia, of Bosnia and Herzegovina, Ministry of Health and Social Welfare of the Republic of Srpska, Istituto Superiore di Sanità (Italy), National School of Public Health of Greece and South-Eastern Europe Health Network (SEEHN), organizes

ECPD INTERNATIONAL SPECIALIST SEMINAR SYSTEMIC FAMILY PSYCHOTHERAPY

WITH THE MAIN TOPIC

FAMILY INTERVENTIONS IN DIFFERENT ASPECTS OF FAMILY LIFE

(Belgrade, 20 - 24 April 2020)

European Centre for Peace and Development University for Peace established by the United Nations is organising this specialist Program focusing on the importance of education in different aspects of family life and different types of family interventions. The main goal of the Seminar is to improve understanding of functional and dysfunctional family systems, given that at this moment we are facing very serious problems: divorce rate is increasing rapidly, child abuse is one of the most serious social problem in the world, sexual abuse of children occurs primarily within the family, family violence is increasing dramatically and youth suicide is often related to family dynamics.

The Program Director and leading lecturer is Prof. Dr. Mila Goldner Vukov, a member of the Royal Psychiatric College of Australia and New Zealand and one of the founders of family psychotherapy in South East Europe.

The seminar is internationally and nationally accredited (by the Health Council of Serbia the Seminar is accredited with 12 points for lecturers and 6 points for participants, the Accreditation number is A-1-1254 / 19).



Dysfunctional families are sometimes hidden in "nice wrappings" of the narcissistic family systems or families with authoritarian parents and family dynamics that create children who become a danger to society. In order to recognise the different types of families, we have to be educated in how to assess family functioning and to understand better the differences in functioning of male and female brains in order to educate partners better in the process of couple therapy. Taking into consideration biological and psychological differences, partners can use biological and social skills for better communication and problem solving.

Getting to know the complexity of family dynamics in mother - daughter, father - son and siblings relationships will help the professional people to adjust their interventions when working on the improvement of those relationships.

Family interventions are very important in perinatal psychiatry, in problems with fertility and especially in psycho-oncology. Our focus is primarily on the positive aspects in family dynamics using the concepts of positive psychology. Contemporary psychiatry uses a positive approach in the treatment of psychiatric disorders, which focuses on strengths and solutions and less on the identification of problems. The positive psychiatry concept is applicable in mental health as well as in somatic conditions. Positive psychiatry with a focus on positive family therapy is highly recommended for children and adolescent. Positive family therapy which is based on positive psychology and family systems therapy is highly recommended in dealing with family and couple problems.

Family interventions have one more important goal which is to improve the individuals and family's resilience. When a family is resilient, the majority of problems that are the result of family dynamics or those deriving from cultural and societal milieu can be solved on a more functional level.

Program

The main topics of the Seminar include the following:

- FUNCTIONAL FAMILY
- THE SPECTRUM OF DIFFERENT TYPES OF FAMILIES
- ASSESSMENT OF FAMILY FUNCTIONING
- GENOGRAM
- UNDERSTANDING MALE AND FEMALE BRAIN
- DIFFERENT FACES OF LOVE
- MOTHER-DAUGHTER RELATIONSHIP
- FATHER-SON RELATIONSHIP
- SIBLINGS RELATIONSHIPS



- FAMILY INTERVENTIONS: DOMESTIC VIOLENCE, PERINATAL HEALTH PROTECTION, FERTILITY ISSUES AND PSYCHO-ONCOLOGY
- POSITIVE FAMILY THERAPY
- ADDICTIVE DISEASES AND FAMILY DYNAMICS
- POSITIVE PSYCHIATRY AND POSITIVE INDIVIDUAL AND FAMILY THERAPY IN SOME PSYCHIATRIC AND SOMATIC PROBLEMS
- HOW TO IMPROVE FAMILY RESILIENCE

Lecturers

- Prof. Dr. Slavica Đukić Dejanović, Minister without Portfolio in the Government of the Republic of Serbia and Professor of ECPD UN University for Peace
- **Prof. Dr. Mila Goldner Vukov**, FRANZCP, psychiatrist and psychotherapist, member of the Royal Psychiatric College of Australia and New Zealand, a consultant in Maternal Mental Health Whirinaki
- **Prof. Dr. Zoran Zoričić**, psychiatrist and psychotherapist, Director of the Institute for Alcoholism and Other Addictions, President of the Croatian Association of KLA, Zagreb
- **Prof. Dr. Petar Nastasić**, psychiatrist and psychotherapist, professor at the ECPD UN University for Peace, Belgrade
- **Prof. Dr. Jelena Srna**, specialist in medical psychology, family therapist, Professor at the Department of Psychology at the Faculty of Philosophy in Belgrade
- Prof. Dr. Nevena Čalovska Hercog, psychiatrist and psychotherapist, Secretary General of the European Association for Family Therapy, Professor at the Faculty of Media and Communication, Belgrade
- **Dr. Sci. Miroslava Maksimović**, ECP, specijalista medicinske psihologije, porodični terapeut i psihoterapeut, Psychiatric Department, General Hospital Valjevo
- Mr. Sci. med. Snežana Mijalković, ECP, psychiatrist, psycho-oncologist and psychotherapist, Counseling for psycho-oncology Clinic for gynecology and obstetrics, Clinical Center of Serbia, Belgrade and others.

Certificate

Based on the participation in lectures and acquired knowledge and skills during the Seminar, participants will receive an internationally valid **Certificate of the ECPD University for Peace established by the United Nations**.



Application for participation and participation fee

Participation fee for the Seminar is **EUR 590**. The payment made until **29 February 2020** is granted a discount of **15%**.

An application should be delivered to the following address: European Center for Peace and Development (ECPD) UN University for Peace, Terazije 41, 11000 Belgrade, Serbia; Tel: +381 3246 041; E-mail: ecpd@Eunet.rs and office@ecpd.org.rs; www.ecpd.org.rs

We are looking forward to receiving your application and welcoming you at the Seminar.

Sincerely yours,

SEMINAR DIRECTOR (Prof. Dr Mila Goldner Vukov)

SEMINAR COUNCIL PRESIDENT (Prof. Dr. Slavica Đukić Dejanović)

ECPD EXECUTIVE DIRECTOR (Prof. Dr. Negoslav Ostojić)

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EUROPEAN CENTER FOR PEACE AND DEVELOPMENT (ECPD) UNIVERSITY FOR PEACE ESTABLISHED BY THE UNITED NATIONS

ECPD INTERNATIONAL SPECIALIST SEMINAR SYSTEMIC FAMILY PSYCHOTHERAPY

(Belgrade, 20 - 24 April 2020)

APPLICATION FORM

 First and last name			
		5. Job or position	
6. Contact address (if different from above-specified)			
7. Telephone			
Fax E-	mail address:		
8. Licence number:			
The Application Form should be delivered to the European Center for Peace and Development of the University for Peace established by the United Nations, Terazije 41, 11000 Belgrade; Fax: +381 11 3240 673; E-mail: ecpd@EUnet.rs and office@ecpd.org.rs			
payment instructions and pro-form	aid through ECPD account. Regarding the na invoice, please contact ECPD Financial 246 041; E-mail: ecpd@EUnet.rs and		
Note: A copy of your Diploma must be delivered!			
Place and date:	Applicant:		