

SEMMELWEIS UNIVERSITA P.E. AND SPORTCENTER
2018-2019 II. SEMESTER'S P. E. TIMETABLE

| 2018/2019 Páratlan hét ODD WEEK UNGERADE | | II. semester First day this week: 4 february | | English language | |
|--|---|--|--|--|-------------------------|
| | | | | German language | "Medikus Kupa" training |
| | | | | Hungarian language | Sportcourse |
| MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY | |
| 8:00 - 9:30 AOK I. A3, C1, C3 | 8:00 - 9:30 DM I. 3, 4 | 8:00 - 9:30 AOK II. D1, D2, D3 | 8:00 - 9:30 DM I. 7, 9 | 8:00 - 9:30 EM II. 1, 2, 3, 4, 5, 6 | |
| 9:30 - 11:00 GYTK I. D1, D2 EKK II. 1, 2 | | | 9:30 - 11:00 DM I. 1, 5 | 9:30 - 11:00 ED I. 1, 4, 5 EM II. 10, 12, 16 | |
| 11:00 - 12:30 AOK II. H1, H2, H3 EM I. 5, 6 | 11:00 - 12:30 EKK III. 1, 2 | 11:00 - 12:30 EKK I. 1, 2 | 11:00 - 12:30 DM I. 2 EM I. 15, 16 EM II. 7, 8, 9, 11 | | |
| 12:30 - 14:00 AOK II. A1, A2, A3 B1, C2 | 12:30 - 14:00 EP I. 1, 2 | 12:30 - 14:00 DM I. 10 DM II. 10, 11 | | 12:30 - 14:00 FOK II. 1, 2, 6 | |
| 14:00 - 15:30 AOK I. F1, F2, F3 | 14:00 - 15:30 GYTK I. A2 EM I. 2, 9 | 14:00 - 15:30 ED I. 2, 3 | 14:00 - 15:30 DM II. 1, 2, 3, 4 | 14:00 - 15:30 AOK I. G1, G2, G3 ED II. 1, 2, 3 | |
| 15:30 - 16:30 Circuit training | 15:30 - 17:00 | 15:30 - 17:00 | 15:30 - 17:00 | 15:30 - 17:00 | |
| 15:30 - 16:30 Self defence | GYTK I. C1, C2 AOK I. B2 | AOK II. E1, E2, E3 EM I. 3 | FOK I. 1, 2, 3 AOK I. H1, H2, H3 | AOK II. G2, G3 GYTK I. B1, B2 EM I. 12 | |
| | 17:00 - 18:00 Salsa | 17:00 - 18:00 Bless You Gym | 17:00 - 18:00 Badminton | 17:00 - 18:00 Aerobic | |
| | 17:00 - 18:00 Boulder | | 16:30-18:00 Sports therapy 2. | | |
| 18.00 - 19.30 Basketball training | 18.00 - 19.30 Volleyball rtraining | 18.00 - 19.30 Basketball training | 18.00 - 19.30 Volleyball training | 18.00 - 19.00 Zumba | |
| 19.30 - 21.00 Handball training | | 19.30 - 21.00 Handball training | 19.30 - 21.00 Taekwondo | | |
| | | | | | |
| Artificial tennis ground or artificial football filed in the Zágrábi street | | | | | |
| | 18:00 - 19:30 Soccer training | 11:00 - 12:30 Tenisz kezdő kurzus | 16:00 - 17:00 Frizbi kurzus | | |
| 16:30 - 17:30 Soccer | | 12:30 - 14:00 Tenisz haladó kurzus | 17:00 - 18:00 Frizbi haladó | | |
| 17:30 - 19:00 Soccer for women | | 20:30 - 21:30 SIFT men/soccer | 18:00 - 19:30 Labdarúgó edzés | | |
| | | | 20:30 - 21:30 SIFT women/soccer | | |
| Out of the Sportcenter | | | | | |
| | | | | 14:00 - 17:00 Hiking 1 | |
| | | | | 14:00 - 17:00 Hiking 2 | |
| | | | 15:00 - 16:00 Yoga (eng) | 14:00 - 15:30 Golf | |
| | | | 20:00 - 21:30 Icehockey | | |

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| 2018/2019 Páros hét | | II. semester | | | English language | |
|--|--|---|---|---|------------------------------------|-------------------------|
| EVEN WEEK GERADE | | First day this week: 11 february | | | German language | "Medikus Kupa" training |
| | | | | | Hungarian language | Sportcourse |
| MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY | | |
| 8:00 - 9:30 GYTK II. A1, A2, B1 | 8:00 - 9:30 ED II. 4, 5 EM I. 11, 13, 14 | 8:00 - 9:30 FOK II. 3, 4, 5 | 8:00 - 9:30 DM I. 8, 11 | | | |
| | 9:30 - 11:00 Sports therapy 1. | 9:30 - 11:00 GYTK II. B2, C1, C2 | 9:30 - 11:00 DZ I. 1, 2 | | | |
| 11:00 - 12:30 AOK II. B2, B3, C1, C3 | | 11:00 - 12:30 EM II. 13, 14, 15 DP I. 1 | | 11:00 - 12:30 DM II. 5, 8 | | |
| | 12:30 - 14:00 EP I. 3 DZ II. 1, 2 | | 12:30 - 14:00 EP II. 1, 2 | 12:30 - 14:00 AOK I. B1, C2 EM I. 1, 4 | | |
| 14:00 - 15:30 AOK I. A1, A2, B3 | 14:00 - 15:30 EM I. 7, 8 | 14:00 - 15:30 AOK I. D1, D2, D3 | 14:00 - 15:30 DM II. 6, 7, 9 | 14:00 - 15:30 GYTK I. A1 DM I. 6 | | |
| 15:30 - 16:30 Circuit training | 15:30 - 17:00 AOK I. E1, E2, E3 | 15:30 - 17:00 AOK II. F1, F2, F3 | 15:30 - 17:00 FOK I. 4, 5, 6 | 15:30 - 17:00 AOK II. G1 EM I. 10 DP II. 1 | 15:30 - 17:00 | |
| 15:30 - 16:30 Self defence | | | | | | |
| | 17:00 - 18:00 Salsa | 17:00 - 18:00 Bless You Gym | 17:00 - 18:00 Badminton | 17:00 - 18:00 Aerobic | 17:00 - 18:00 | |
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| | | | | 14:00 - 17:00 Hiking 1 | | |
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| | | | 20:00 - 21:30 Icehockey | 14:00 - 15:30 Golf | | |