## **Other Psychotic Disorders**

## István Bitter 28 October 2009



"A break with reality"

 Hallucinations
 Delusions
 Disorganized speech and thinking

## **Psychosis**

#### • "Negative Symptoms"

- —blunted affect
- —decreased motivation and self care

## Hallucinations

- False sensory experiences (5+1)
  - -auditory
  - -visual
  - -somatic
  - -olfactory
  - -gustatory
  - +1: coenaesthopathy

## **Delusions**

#### Fixed false belief, e.g.

- —persecutory
- grandiodity
- jealousy
- -somatic
- —bizarre

TABLE 1. Types of Delusions Reported by 1,136 Acutely Hospitalized Psychiatric Patients<sup>a</sup>

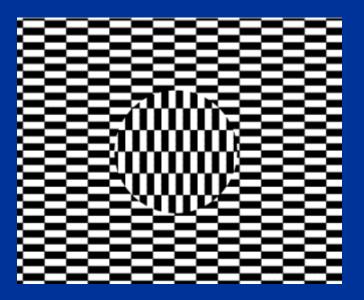
Type of Delusion	N	Percent of Delusional Patients (N=328)	Percent of Delusional Patients for Whom Delusion Was Most Important (N=317)
None	808		
Persecutory	257	78.4	51.1
Body/mind control	195	59.5	26.5
Grandiose	141	43.0	23.0
Thought broadcasting	115	35.1	6.0
Religious	93	28.4	18.0
Guilt	32	9.8	2.2
Somatic	30	9.1	1.9
Influence on others	4	1.2	0.9
Jealousy	2	0.6	0.3
Other <sup>b</sup>	87	26.5	8.8

<sup>a</sup> Percentages total more than 100% because subjects could be rated as having multiple delusions, and each delusion could be rated as being of more than one type.

<sup>b</sup> Includes delusion of hearing other people's thoughts and delusions of reference.

## Illusions

• Misinterpretation of stimulus



### **Ouchi Illusion**

#### ORIGINAL ARTICLE

### Prevalence of Psychotic Disorder and Community Level of Psychotic Symptoms

#### An Urban-Rural Comparison

Jim van Os, MD, PhD, MRCPsych; Manon Hanssen, MA; Rob V. Bijl, MA, PhD; Wilma Vollebergh, MA,



#### Jim van Os, Maastricht

**Back ground:** Urban and rural populations have different rates of psychotic illness. If psychosis exists as a continuous phenotype in nature, urban-rural population differences in the rate of psychotic disorder should be accompanied by similar differences in the rate of abnormal mental states characterized by psychotic or psychosislike symptoms.

**Methods:** A random sample of 7076 individuals aged 18 to 64 years were interviewed by trained lay interviewers with the Composite International Diagnostic Interview. Approximately half of those with evidence of psychosis according to the Composite International Diagnostic Interview were additionally interviewed by clinicians. We investigated associations between a 5-level urbanicity rating and (1) any *DSM-III-R* diagnosis of psychotic disorder (sample prevalence, 1.5%), (2) any rating of hallucinations and/or delusions (sample prevalence, 4.2%), and (3) any rating of psychotic or psychosislike symptoms (sample prevalence, 17.5%).

**Results:** Level of urbanicity was associated not only with *DSM-III-R* psychotic disorder (adjusted odds ratio [OR] over 5 levels, 1.47; 95% confidence interval [CI], 1.25-1.72), but also, independently, with any rating of delusion and/or hallucination (adjusted OR, 1.28; 95% CI, 1.17-1.40; clinician-assessed psychotic symptoms only: OR, 1.30; 95% CI, 1.03-1.64) and any rating of psychosislike symptom (adjusted OR, 1.18; 95% CI, 1.13-1.24). Psychotic symptoms were strongly and independently associated with psychotic disorder, regardless of the level of urbanization.

**Conclusions:** Community level of psychotic and psychosislike symptoms may be inextricably linked to the prevalence of psychotic disorder. The prevalence of abnormal mental states that facilitate development to overt psychotic illness increases progressively with level of urbanization.

Arch Gen Psychiatry. 2001;58:663-668

					Psychotic Symptoms			
No		Any Psychotic Disorder		Narrow Definition†		Broad Definition†		
Area Address Density/km²	No. Interviewed	No. (%)	OR (95% CI)	No. (%)	OR (95% CI)	No. (%)	OR (95% CI)	
<500	1185	7 (0.59)	1‡	28 (2.36)	1‡	163 (13.76)	1‡	
500-999	1610	15 (0.93)	1.58 (0.64-3.89)	45 (2.80)	1.19 (0.74-1.92)	223 (13.85)	1.01 (0.81-1.2	
1000-1499	1541	23 (1.49)	2.55 (1.09-5.96)	69 (4.48)	1.94 (1.24-3.03)	262 (17.00)	1.28 (1.04-1.5	
1500-2499	1497	28 (1.87)	3.21 (1.40-7.37)	82 (5.48)	2.40 (1.55-3.70)	303 (20.24)	1.59 (1.29-1.9	
≥2500	1242	34 (2.74)	4.74 (2.09-10.73)	71 (5.72)	2.51 (1.61-3.91)	286 (23.03)	1.88 (1.52-2.3	
OR linear trend§		1.44 (1.24-1.68), P<.001		1.28 (1.17-1.40), P<.001		1.19 (1.14-1.25), <i>P</i> <.001		
Adjusted OR linear trend∥		1.47 (1.25-1.72), P<.001		1.28 (1.17-1.40), P<.001		1.18 (1.13-1.24), P<.001		
Adjusted OR with nonoverlapping outcomes¶			NA	1.19 (1.0	6-1.32), <i>P</i> = .002	1.16 (1.10	-1.22), <i>P</i> <.001	

Table 1. Sample Prevalences of Psychotic Disorder and Narrowly and Broadly Defined Psychotic Symptoms in Relation to Urbanicity\*

\*OR indicates odds ratio; CI, confidence interval; and NA, not applicable.

†For explanation see the "Psychosis Ratings" subsection of the "Subjects and Methods" section.

‡Reference category.

§The summary increase in risk with 1-unit change in address density.

For explanation see the "Data Analyses" subsection of the "Subjects and Methods" section.

Adjusted as above, and excluding individuals with any psychotic disorder from the analysis with narrow psychotic symptoms, and excluding individuals with any psychotic disorder from the analysis with broad psychotic symptoms.

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### **ODDS RATIO**

#### **Definition in terms of group-wise odds**

http://en.wikipedia.org/wiki/Odds\_ratio#Definition\_in\_terms\_of\_group-wise\_odds

 The odds ratio is the ratio of the <u>odds</u> of an event occurring in one group to the odds of it occurring in another group, or to a sample-based estimate of that ratio. These groups might be men and women, an experimental group and a <u>control</u> group, or any other <u>dichotomous</u> classification

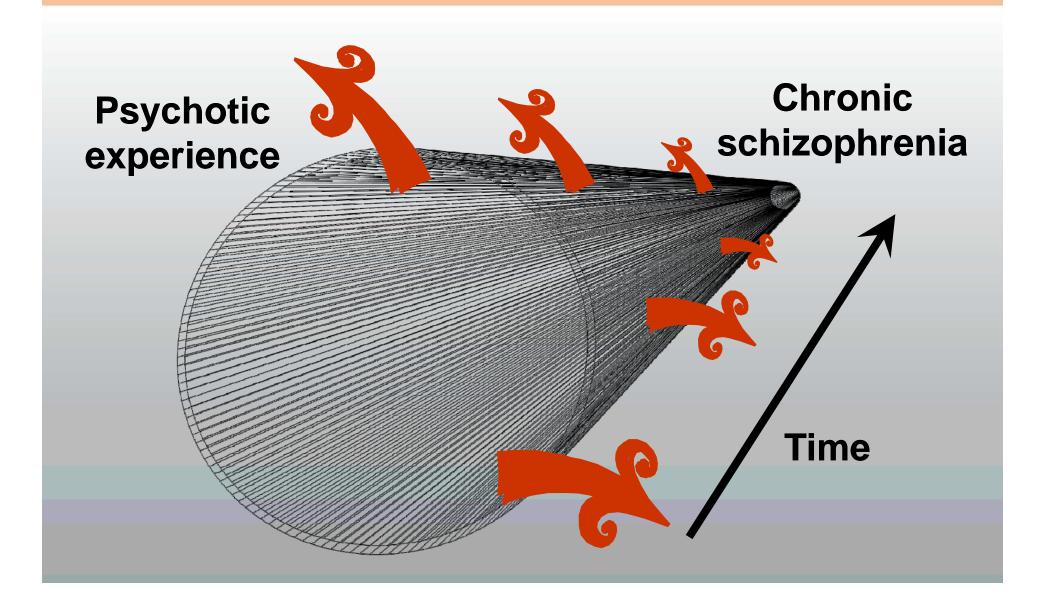
### **ODDS RATIO: EXAMPLE**

http://en.wikipedia.org/wiki/Odds\_ratio#Example

- Suppose that in a sample of 100 men, 90 have drunk wine in the previous week,
- while in a sample of 100 women only 20 have drunk wine in the same period.
- The odds of a man drinking wine are 90 to 10, or 9:1,
- while the odds of a woman drinking wine are only 20 to 80, or 1:4 = 0.25:1.
- The odds ratio is thus 9/0.25, or 36, showing that men are much more likely to drink wine than women.

For discussion: problem of rare events (e.g. 1 out of 1000 and 2 out of 1000

## Psychosis reduction of plasticity?



## **Psychosis**

- Symptom versus syndrome
- Non specific to any particular disorder
- A wide differential
  - -medical / neurological
  - -drugs of abuse
  - -psychiatric disorders
  - -very rare: factitious disorder/ malingering

## Operationally Defined Diagnostic Criteria

\* International Classification of Diseases (ICD-10) instituted by WHO - program of standardization of diagnosis and classification - internationally applicable assessment instruments \* Diagnostic and Statistical Manual of Mental **Disorders (DSM-IV)** by the American Psychiatric Association

## ICD 10: Categories of Psychosis

- Schizophrenia
- Schizotypal Disorder
- Persistent Delusional Disorders
- Acute and Transient Psychotic Disorders
- Induced Delusional Disorder
- Schizoaffective Disorders
- Other Nonorganic Psychotic Disorders

## DSM IV: Categories of Psychosis

- Schizophrenia
- Brief Psychotic Disorder
- Schizophreniform Disorder
- Schizoaffective Disorder
- Delusional Disorder
- Shared Psychotic Disorder
- Psychotic Disorder due to a General Medical Condition
- Substance-induced Psychotic Disorder
- Psychotic Disorder Not Otherwise Specified

### OTHER MENTAL DISORDERS WHICH PRESENT WITH PSYCHOSIS

- Mood disorder with psychotic features
  - Very common with severe mood disorders
- Dementia with psychotic features
  - Delusional disorders are quite common
  - Hallucinations also are quite common

#### **Brief psychotic disorder**

- Symptoms for at least 1 day, no more than 1 month
- Can have postpartum onset

#### **Schizophreniform disorder**

- Symptoms for at least 1 month but less than 6 months

## **Schizoaffective disorder**

- Uninterrupted period of illness
- Major Depressive Episode, a Manic Episode or a Mixed episode with concurrent psychotic symptoms
- In the same period, there have been 2 weeks of delusions/hallucinations without mood symptoms
- Bipolar type, Depressive type

## **Delusional disorder I.**

- Well-systematized, encapsulated, <u>non-bizarre</u> delusions lasting for at least 1 month involving situations that occur in real life (non bizarre)
- Well-preserved personality
- Absence of hallucinations
- No mental deterioration
- Middle aged married women,
- Erotomanic, grandiose, jealous, persecutory, somatic

### **Delusional Disorder II**

#### • Treatment:

-antipsychotics

-support without collusion

• Goal:

-function in community

-do not act upon or discuss their delusions publicly

### **SHARED PSYCHOTIC DISORDER**

#### • Foile a deux

- Person develops delusion based on relationship with psychotic individual
- -- Uncommon
- —Treatment:
  - Separation
  - Treat ill individual with medications/counselling

## Shared Psychotic Disorder (Folie a Deux)

- Essential feature is a delusion that develops in an individual who is involved in a close relationship with another person (the inducer) who already has a Psychotic Disorder with prominent delusions. The individual comes to share the delusional beliefs of the primary case in whole or in part. Usually the inducer is dominant in the relationship and gradually imposes the delusional system on the more passive and initially healthy second person. If the relationship is disrupted, the delusions generally disappear.
- Uncommon
- Treatment:

Separation Treat ill individual with: medications/counselling

### **PSYCHOTIC DISORDERS DUE TO GENERAL MEDICAL CONDITION**

#### • Medical conditions

Neurological conditions
 Stroke
 Epilepsy (temproral lobe)
 Huntington's/Pick's disease
 Alzheimer's disease
 Multi-infarct dimentia
 Leukoencephalopathies

 Progressive multifocal leukoencephalopathy
 Multiple sclerosis (rare)
 Migraine headaches (rare)

### **PSYCHOTIC DISORDERS DUE TO GENERAL MEDICAL CONDITION**

#### Medical

— Ionic/endocrine imbalances

Hyperthyroidism

Hypercortisolism (Cushing's syndrome/disease)

Corticosteroids/anabolic steroid use/abuse

Hyper/hypocalcemia

Auto-immune disorders

Lupus: CNS lupus medical emergency

— Metabolic disorders

Porphyria (MADNESS OF KING GEORGE)

Iron storage diseases

Copper storage disease (Wilson)

— Trauma

- Infections

— Vitamin deficiency

### HOW TO DETERMINE IF PSYCHOTIC SYMPTOMS ARE DUE TO MEDICAL CONDITION

- Is there a clear sensorium?
- Is individual oriented?
  - Delerium is not delusion and should not be treated as such
- Some hallucinations are relatively rare in 'functional psychoses'
  - Auditory hallucinations frequent
  - Olfactory/visual hallucinations rare
    - Olfactory: uncinate lobe
    - Visual: frequently seen with illicit drugs
      - For discussion: delirium tremens

## HOW TO DETERMINE IF PSYCHOTIC SYMPTOMS ARE DUE TO MEDICAL CONDITION

- Is there a concurrent medical illness?
- Neurological exam normal?
- Mini-mental status exam normal?
- Laboratory exam normal?
- MRI/CT of head normal?
- Toxicology screen negative?
- Blood alcohol negative?

## **MINI-MENTAL STATE EXAMINATION (MMSE)**

#### **Activity:**

Score:

**ORIENTATION -** one point for each answer Ask: "What is the: (year)(season)(date)(day)(month)?" Ask: "Where are we: (state)(county)(town)(hospital)(tloor)?" **REGISTRATION - score 1,2,3 points according to how many are repeated Name** three objects: Give the patient one second to say each. Ask the patient to: repeat all three after you have said them. Repeat them until the patient learns all three. **ATTENTION AND CALCULATION - one point for each correct subtraction** Ask the patient to: begin from 100 and count backwards by 7. Stop after 5 answers. (93, 86, 79, 72, 65) **RECALL** - one point for each correct answer Ask the patient to: name the three objects from above. LANGUAGE Ask the patient to: identify and name a pencil and a watch. (2 points) Ask the patient to: repeat the phrase "No ifs, ands, or buts." (I point) Ask the patient to: "Take a paper in your right hand, fold it in half, and put it on the floor " (I point for each task completed properly) Ask the patient to: read and obey the following: "Close your eyes." (I point) Ask the patient to: write a sentence. (I point) Ask the patient to: copy a complex diagram oftwo interlocking pentagons. (I point) TOTAL (0-30):

## Substance induced psychosis

- Alcohol/barbiturate (and related substances) withdrawal
- Stimulants (Amphetamines)
- Marijuana
- Hallucinogens (LSD)
- Cocaine
- Anticholinergics

## **Cannabis and Psychosis**



### Cannabis and mental health

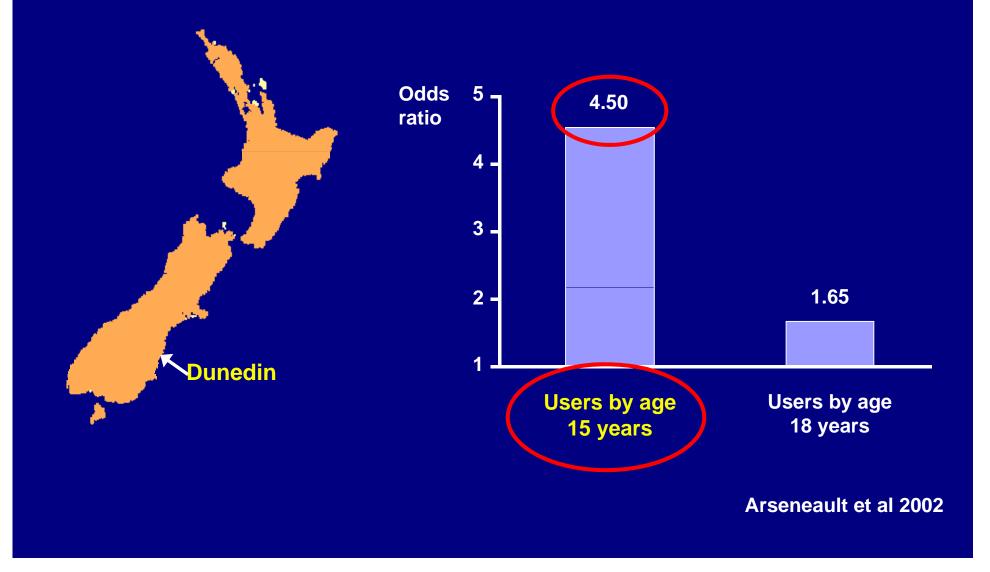
More evidence establishes clear link between use of cannabis and psychiatric illness

## The Dunedin multidisciplinary health and development study

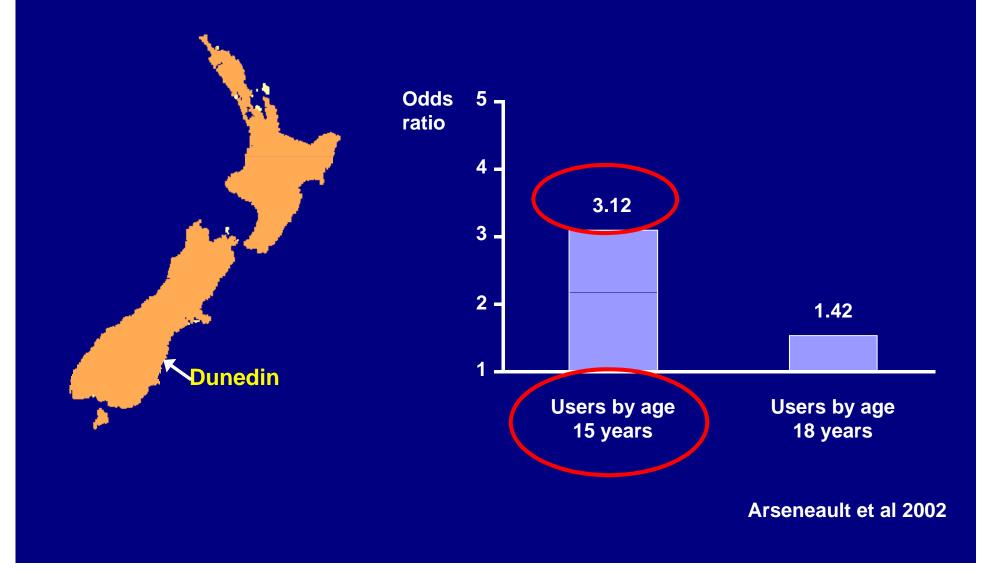
- Children were studied regularly from infancy
- Details of childhood psychotic symptoms were recorded at 11 years of age (before cannabis use started)
- Information on cannabis use was obtained at 15 and 18 years
- Psychiatric symptoms were assessed at 26 years



# Adolescent cannabis use predicts schizophreniform psychosis at age 26



## Predicting schizophreniform psychosis at age 26: controlling for psychotic symptoms at age 11



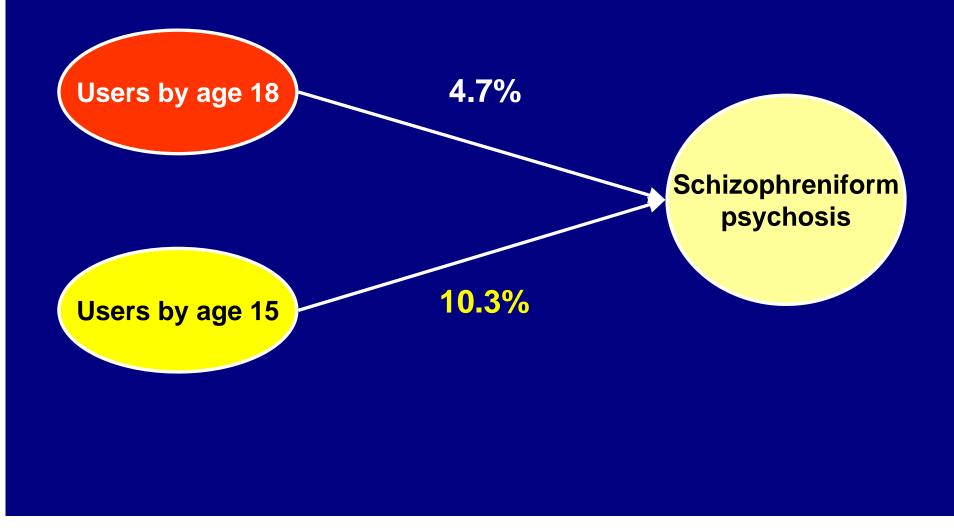
## Epidemiological studies examining cannabis use and risk of psychosis

Country	n	Follow up (years)	Odds ratio
Sweden	45,570	15	2.1
Holland	4,045	3	2.8
Israel	9,724	4–15	2.0
NZ (Christchurch)	1,265	3	1.8
NZ (Dunedin)	1,253	15	3.1
Germany	2,436	4	1.7

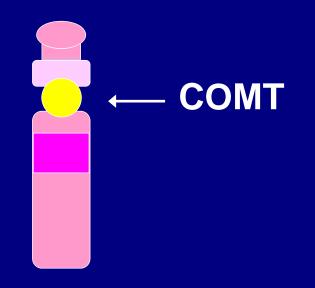
#### **Random effects meta-analysis: 1.9**

Andréasson et al 1988; Arsenault et al 2002; van Os et al 2002; Weiser et al 2002; Zammit et al 2002; Fergusson et al 2003; Henquet et al 2005

## Only some cannabis users develop psychosis



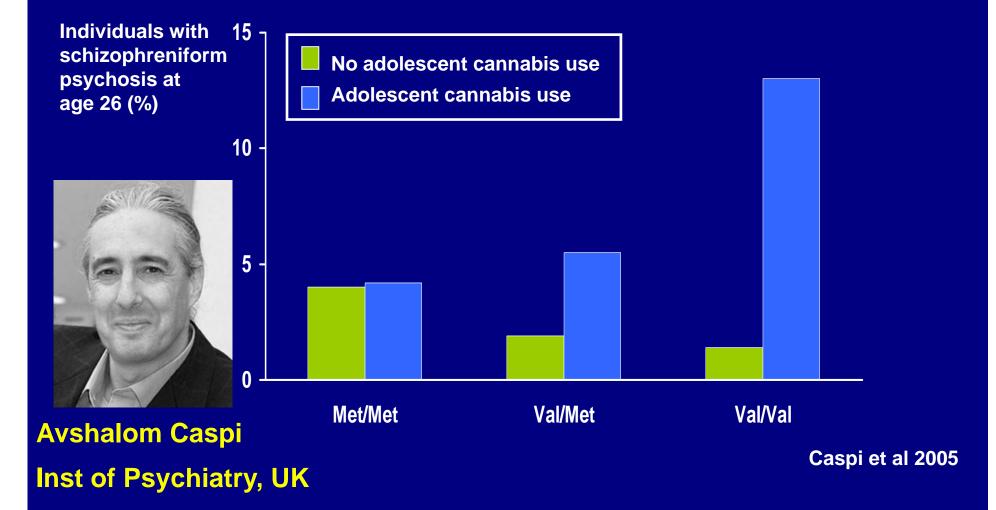
### Might variations in COMT influence susceptibility?



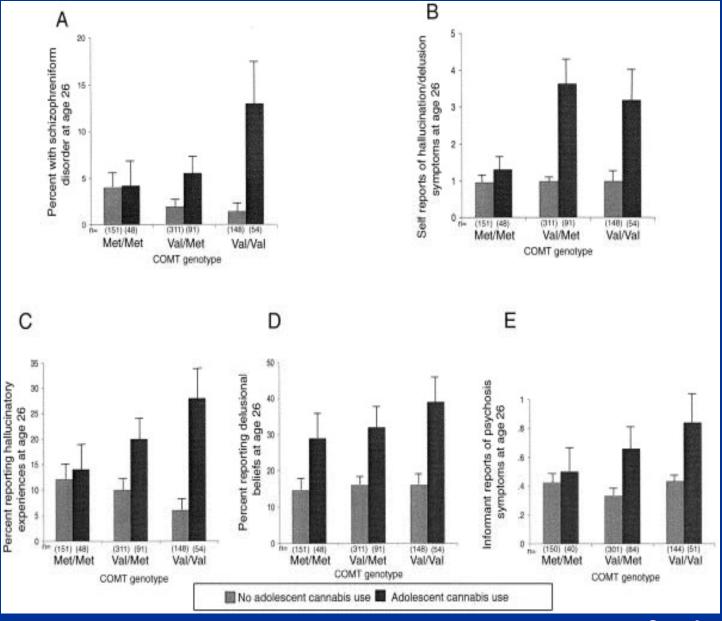
#### **Chromosome 22**

- Encodes a key enzyme which metabolises dopamine in the frontal cortex
- Two alleles, Val and Met
- Val allele associated with schizophrenia in some studies





## **Cannabis and psychosis**



Caspi et al 2005

## **Psychosis in Bipolar Disorder**

## Prevalence

- 55% of patients had at least one psychotic symptom by clinician evaluation
- 90% of patients had at least one psychotic symptom by self-report
- More common in mania than in depression
- Stabilized bipolar patients with history of psychotic features have relapse rates two to three times those without history of psychosis

Goodwin FK, Jamison KR, 1990; Keck Jr. PE et al, 1998; Pope HG, Lipinski JF, 1978; Tohen et al, 1990

## Symptom Domains in Mania and Mixed Mania

### **Manic Mood and Behavior**

- Euphoria
- Grandiosity
- Pressured Speech
- Impulsivity
- Excessive Libido
- Recklessness
- Diminished Need for Sleep

### Psychotic Symptoms

- Delusions
- Hallucinations
- Sensory Hyperactivity

### Dysphoric or Negative Mood and Behavior

- Depression
- Anxiety
- Irritability
- Hostility
- Violence or Suicide

## **Cognitive Symptoms**

- Racing Thoughts
- Distractability
- Poor Insight
- Disorganization
- Inattentiveness
- Confusion

## Laboratory Work-up

 No standard set of laboratory tests
 Tests selected on basis of clinical presentation, mode of onset, and past history

## Some Common Laboratory Tests

- Complete blood count
- Urinalysis
- Endocrine tests
- Liver function tests
- Toxicology
- Electroencephalogram
- Computerized Tomography (CT)
- Magnetic Resonance Imaging (MRI)
- Neuropsychological tests
- Projective tests