#### Pathology of the lung

Developmental abnormalities Atelectasis (collapse) Circulatory disorders Obstructive lung disease (COPD) Restrictive "





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#### Pulmonary hypoplasia

#### consequence of oligohydramnion :

extremely small lungs on each side of the heart



The diaphragmatic dome is missing on the left

herniation of the abdominal contents into the chest cavity

left lung displaced by the stomach - dark spleen (at the white arrow) -

left lobe of liver extending upward.



No alveolar development, only tubular bronchioles incapable of significant gas exchange - oligohydramnion and pulmonary hypoplasia







irregular cystic spaces lined by bronchial epithelium - congenital cystic adenomatoid malformation (CCAM) the lesion is benign (much like a hamartoma), it may act as a spaceoccupying lesion→ pulmonary hypoplasia





pulmonary extralobar sequestration (ELS) - irregular bronchi as well as dilated distal air spaces - the vascular arterial supply is systemic, not from the pulmonary artery - this portion of lung does not function

# Atelectasis (collapse)

Incomplete expansion of the lungs (neonatal) Collapse

- resorption (obstruction)
- compression
- contraction

Resorption Compression © Elsevier, Kumar et al: Robbins Basic Pathology 8e - www.studentconsult.cor

Unsaturated blood flows directly from pulmonary arteries to pulmonary veins



Massive pleural effusion. The computed tomograpy scan of the chest of a patient with massive pleural effusion is shown. The collapsed lung is labeled as L. The pleural effusion is labeled as E. Extensive axillary lymphadenopathy (labeled A) is also present.

## Atelectasis (collapse)

Incomplete expansion of the lungs (neonatal due to IRDS)

Collapse

- resorption (obstruction)

Intrabronchial

- COPD
- intrabronchial tumor
- foreign bodies

Extrabronchial

- lymph nodes
- aneurysms

### Atelectasis (collapse)

Compression

fluid

- blood
- exsudate
- lymph
- air (pneumothorax)

intraabdominal pressure elevation

Contraction

usually irreversible localised or general fibrotic lesions of the lung or pleura

Microatelectasia / Dystelectasia

Weeker lung expansion due to

- RDS
- Surgical intervention
- Interstitial inflammation

### Circulatory disorders

Edema

#### Cardiac – left ventricular failure - acute



 chronic (heart failure cells, brown induration)



### Circulatory disorders

Edema

DAD (diffuse alveolar damage)

- inhalation of toxic gases
- sepsis
- pulmonary infections
- gastric aspiration
- all types of physical injuries (mechanical, burns)
- fat embolism
- drug overdoses
- haematologic disorders (transfusions, DIC)
- pancreatitis
- uremia
- cardiopulmonary bypass
- hypersensitivity reactions

#### Circulatory disorders

Edema

DAD (diffuse alveolar damage)

ARDS





Chest radiograph of a premature newborn at 4 days of life

opacification of all lung fields as a consequence of hyaline membrane disease

the lungs of a premature baby are immature and

**insufficient surfactant** is produced to provide for appropriate **expansion** 



Hyaline membrane disease due to prematurity and lack of surfactant production – thick pink membranes lining the alveolar spaces



- α †
- 0

Figure 13-3 The normal alveolus *(left)* compared with the injured alveolus in the early phase of acute lung injury and the acute respiratory distress syndrome. Under the influence of proinflammatory cytokines such as IL-8, IL-1, and TNF (released by macrophages), neutrophils initially undergo sequestration in the pulmonary microvasculature, followed by margination and egress into the alveolar space, where they undergo activation. Activated neutrophils release a variety of factors such as leukotrienes, oxidants, proteases, and platelet-activating factor (PAF), which contribute to local tissue damage, accumulation of edema fluid in the airspaces, surfactant inactivation, and hyaline membrane formation. Subsequently, the release of macrophage-derived fibrogenic cytokines such as transforming growth factor  $\beta$  (TGF- $\beta$ ) and platelet-derived growth factor (PGDF) stimulate fibroblast growth and collagen deposition associated with the healing phase of injury.

## ARDS



extensive, diffuse, bilateral pulmonary infiltrates.

## ARDS



lungs are **heavy** (due to accumulation of fluid),

firm, red, and boggy,

keep their shape on the table

## ARDS



ARDS, exsudative stage Hyaline membranes, Interstitial inflammation



ARDS, proliferative stage

Thickened septa

Hyaline membranes get organized

#### Pulmonary thromboembolism

- Deep veins of the limbs
- Pelvic veins
- Immobilised patients
- Oral contraceptives
- Cardiac failure
- Pregnancy
- Old age
- Protein C, S insufficiency
- Trousseau' sign (carcinomas)













Pulmonary infarction



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# Pulmonary hypertension



# Pulmonary hypertension

mean pulmonary pressures reach onefourth or more of systemic levels

Most often

sectional area of the pulmonary vascular bed, or to increased pulmonary vascular blood flow.
### Secondary pulmonary hypertension

Chronic obstructive or interstitial lung disease

Recurrent pulmonary emboli Antecedent heart disease, -ex.: mitral stenosis

Congenital left-to-right shunts

# Primary pulmonary hypertension

## Young women

symptoms:

- fatigue, syncope dyspnea on exertion,
- chest pain,
- severe respiratory insufficiency,
- cyanosis,
- death from right-sided heart failure
  2-5 years after diagnosis











#### Lung defense mechanisms.

(1) In the nonimmune lung, removal of microbial organisms depends on entrapment in the mucous blanket and removal via the mucociliary elevator,

(2) Phagocytosis by alveolar macrophages that can kill and degrade organisms and remove them from the airspaces by migrating onto the mucociliary elevator, or

Macropha (3) Phagocytosis and killing by neutrophils recruited by macrophage factors.

(4) Serum complement may enter the alveoli and be activated by the alternative pathway to provide the opsonin C3b that enhances phagocytosis.

(5) Organisms, including those ingested by phagocytes, may reach the draining lymph nodes to initiate immune responses.



B. ADAPTIVE IMMUNE DEFENSES bbins Basic Pathology 8e - www.studentconsult.com

After development of adaptive immunity. (1) Secreted IgA can block attachment of the microorganism to epithelium in the upper respiratory tract.

(2) In the lower respiratory tract, serum antibodies (IgM, IgG) are present in the alveolar lining fluid. They activate complement more efficiently by the classic pathway, yielding C3b (not shown). In addition, IgG is opsonic.

(3) The accumulation of immune T cells is important for controlling infections by viruses and other intracellular microorganisms..

Inhalation of virulent microorganisms

Lowered defense

Bronchopneumonia

Lobar pneumonia

Fever, headache,

Chills

Cough (productive)

Cyanosis

Dyspnoe

Crepitation

Consolidation

### Atypical (interstitial) pneumonia

fever, headache

cough with minimal sputum. respiratory distress seemingly out of proportion to the physical and radiographic findings.



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Bacterial bronchopneumonia

Patchy consolidation

Varicella pneumonia Increase in interstitial shadowing

## Lobar pneumonia



Stages

- Congestion
- Hepatization
  (red, gray, yellow)
- Resolution



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### Complications

- Abscess formation
- Empyema
- Carnification
- Metastatic abscesses
  - Meningitis
  - Endocarditis
  - Arthritis





Patchy distribution of a bronchopneumonia –

Consolidated areas closely match the pattern of lung lobules <u>"lobular" pneumonia</u>

Typical bacterial organisms include:

- Haemophilus Influenzae
- Moraxella catarrhalis
- Staphylococcus aureus
- Klebsiella
- Pseudomonas
- Legionella









Air-fluid level

Bronchopneumonia

Abscess formation



# Interstitial pneumonia



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Thickened alveolar walls are heavily infiltrated with mononuclear leukocytes





#### Varicella pneumonia

#### Increase in interstitial shadowing



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- Community-Acquired Acute Pneumonia
- Community-Acquired Atypical Pneumonia
- Nosocomial Pneumonia
- Aspiration Pneumonia
- Chronic Pneumonia



- Necrotizing Pneumonia and Lung Abscess
- Pneumonia in the Immunocompromised Host

What is the relevance of this classification?

### Community-acquired acute pneumonia

- most are bacterial in origin.
- follows a viral upper respiratory tract infection
- onset is usually abrupt
  high fever, shaking chills, pleuritic chest pain, productive mucopurulent cough, occasionally hemoptysis.
- *S. pneumoniae* (or *pneumococcus*) is the most common cause of community-acquired acute pneumonia

### Haemophilus Influenzae

encapsulated (children vaccination, meningitis, epiglottitis) unencapsulated (COPD patients) **Moraxella catarrhalis** 

elderly, COPD patients, otitis media-children

#### Staphylococcus aureus

after viral illness, empyema, abscess, drug abusers Klebsiella

alcoholics, malnourished, thick sputum

### Pseudomonas

nosocomial, neutropenic persons (chemoth), angioinvasive Legionella

immunocompromised-50% fatal Pontiac fever

Community-Acquired Atypical Pneumonia

### "primary atypical pneumonia" acute febrile respiratory disease patchy inflammatory changes in the lungs, confined to the alveolar septa and pulmonary interstitium. moderate amounts of sputum,

*absence of physical findings* of consolidation, moderate elevation of white cell count, *lack of alveolar exudates*.

respiratory distress seemingly out of proportion to the physical and radiographic findings. Community-Acquired Atypical Pneumonia

### "primary atypical pneumonia"

Mycoplasma pneumoniae

*viruses,* - influenza types A, B, RSV, adeno~, rhino ~, rubeola, varicella *Chlamydia pneumoniae* , *Coxiella burnetti* (Q fever)

Sporadic or local epidemics in closed communities (schools, military camps, prisons).

Nearly all agents can also cause a *primarily upper respiratory* tract infection ("common cold").

## Nosocomial Pneumonia

Gram-negative rods *S. aureus* (MRSA)

# Aspiration Pneumonia

partly chemical, - extremely irritating effects of the gastric acid,

partly bacterial

# Pulmonary infections Chronic Pneumonia TBC, fungal pneumonias....

Necrotizing Pneumonia and Lung Abscess – anaerob and Sta

Pneumonia in the Immunocompromised Host CMV *Pneumocystis jiroveci Mycobacterium AI*, Invasive aspergillosis Invasive candidiasis

#### Fungal granuloma sharply demarcated borders





Aspergillus granuloma the lesion has crossed the fissure

 $\Leftrightarrow$  neoplasm



### Fungal infections

Aspergillosis Candidiasis Histoplasmosis Blastomycosis Coccidiosis

bronchial fungus ball composed of blue-staining hyphal elements of Aspergillus



Chronic Pneumonia

TBC, fungal pneumonias....

### Necrotizing Pneumonia and Lung Abscess – anaerob and Sta

Pneumonia in the Immunocompromised Host CMV *Pneumocystis jiroveci Mycobacterium AI*, Invasive aspergillosis Invasive candidiasis





### Chest CT scan

#### (Lung window)

Air-fluid level within an abscess pneumonic consolidation on both sides

#### (Bone window)



### Lung abscesses

The purulent exudate has drained

Abscesses can be source of septicemia and are difficult to treat

Chronic Pneumonia

TBC, fungal pneumonias....

Necrotizing Pneumonia and Lung Abscess – anaerob and Sta

Pneumonia in the Immunocompromised Host CMV, *Pneumocystis jiroveci Mycobacterium AI*, Invasive aspergillosis Invasive candidiasis


Pneumocystis jiroveci

*Pneumocystis* pneumonia.

A, The alveoli are filled with a characteristic foamy "cotton candy" exudate.

**B**, Silver stain demonstrates cupshaped cyst walls within the exudate.

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**A**, *Histoplasma capsulatum* yeast forms fill phagocytes in a lymph node of a person with disseminated histoplasmosis. **B**, *C*occidioidomycosis with intact spherules within multinucleated giant cells. **C**, Blastomycosis, with rounded budding yeasts, larger than neutrophils. Note the characteristic thick wall and nuclei (not seen in other fungi). **D**, Silver stain highlighting broad-based budding.

# OBSTRUCTIVE / RESTRICTIVE

Increase in resistance to airflow due to obstruction at any level Reduced expansion of lung, with decreased total lung capacity

<u>FEV1</u> lowered FVC

<u>FEV1</u> near normal FVC

Emphysema Chronic bronchitis Bronchiectasis Bronchial asthma Chest wall disorders

Chronic interstitial diseases

### OBSTRUCTIVE LUNG DISEASES Chronic injury (smoking)

Emphysema

Alveolar wall destruction

Overinflation

Chronic bronchitis Productive cough Airway inflammation

Asthma (reversible obstruction)

Bronchial hyperresponsiveness triggered by allergens, infection, etc

# Emphysema - pathogenesis



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The protease-antiprotease imbalance and oxidant-antioxidant imbalance are additive in their effects and contribute to tissue damage. al-Antitrypsin (alAT) deficiency can be either congenital or "functional" as a result of oxidative inactivation.

### Emphysema

## Forms

Centroacinar

upper lobes, smokers, often with bronchitis

Panacinar

lower lobes, a1 AT def.

Paraseptal

close to pleura, scars, often associated with spontaneous PTX

Irregular

along scars, asymptomatic



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The lung volumes appear to be increased; in normal sized lungs, the **number of ribs** in the lung field is 9. With increased lung volumes, the number of ribs seen the lung fields is **higher**. Other clues include are **flattened diaphragms**, **wide separation of the ribs**, and an **elongated narrow heart shadow**. In addition, pulmonary vessels appear to be diffusely decreased in many patients with pulmonary emphysema and hyperinflated lung fields. Other terms used to describe increased lung volume are **hyperinflated and hyperaerated**.





Loss of elastic tissue in the walls of the alveoli leads to loss of elastic recoil, during expiration, leading to functional airflow obstruction

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RESPIRATORY SYSTEM Memory Notebook of Nursing











# Emphysema

### Clinical course

- No symptoms, until 1/3 of parenchyma is lost
- Dyspnoe
- Weight loss
- Wheezing
- Limited cough
- Expiratory airflow limitation
- Blood gas values are relatively normal

#### +

- Respiratory acidosis
- Cardiac failure (right sided)
- PTX lung collapse

## Emphysema

#### OTHER FORMS

#### Compensatory hyperinflation ~

dilation of alveoli, but no tissue destruction Obstructive overinflation ~

ball valve effect of an obstructing agent, may compress adjacent normal lung parenchyma

#### Bullous ~

large bullous parapleural blebs associated with TBC scarring

#### Interstitial ~ alveolar tears,

thoracic trauma, artefitial ventilation, whooping cough



### Chronic bronchitis

Definition

Persistent productive cough during 3 month in two consecutive years without any other underlying disease.

Progresses to

COPD

Chronic cor pulmonale with cardiac failure Metaplasia, dysplasia of respiratory epithelium, leading to cancer transformation

Cause: smoking, inhalation of dust

### Chronic bronchitis

Hypersecretion of mucus associated with hyperplasia of bronchial mucous glands (due to granulocyte protease)

Goblet cell metaplasia and hyperplasia (protective against smoke)



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#### **Respiratory Bronchiole**





#### The Pulmonary Airway Tree



## Chronic bronchitis

Hypercapnia Hypoxia Cyanosis Cardiac insufficiency Cardiac failure Superimposed infection





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# Bronchial asthma

Chronic inflammatory disorder of the airways, that cause

 recurrent episodes of wheezing, breathlessness, tightness,

associated with

- bronchoconstriction,
- inflammation of the bronchial walls, and
- increased mucous secretion.

# Bronchial asthma

### Forms:

Atopic – IgE associated hypersensitivity to allergens

Non-atopic – Virus associated, infection lowers the threshold of subepithelial vagal receptors to irritants

Drug-induced

Occupational - like atopic





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# Status asthmaticus

Hypoxia

Acidosis

Death



Permanent dilation of bronchi, caused by destruction of muscle and elastic tissue resulting from or associated with chronic necrotizing infections



### Symptoms:

- cough
- haemoptoe
- foul smelling sputum
- hypercapnia
- hypoxaemia



Pathogenesis Congenital (1%) Ciliary dyskinesis, Cystic fibrosis, Intralobar sequestration, Immunodeficiency states Post-infectious

Bronchial obstruction







Micr.:

intense acute and chronic inflammation in the bronchial wall,

necrotizing ulceration,

peribronchial fibrosis,

abscess formation

### Complications: Empyema

Cor pulmonale

Metastatic abscesses (brain)

Amyloidosis





# Restrictive Lung diseases

Diffuse interstitial (restrictive) lung diseases are a

*heterogeneous group* of disorders characterized predominantly *by* 

diffuse and usually chronic involvement of the pulmonary connective tissue,

principally the *most peripheral* and *delicate interstitium* in the alveolar walls.

# Restrictive Lung diseases

The hallmark of these disorders is

reduced compliance

(i.e., more pressure is required to expand the lungs because they are stiff), which in turn necessitates **increased effort** of **breathing** (dyspnea).

### Restrictive Lung diseases

#### Fibrosing

Usual interstitial pneumonia (idiopathic pulmonary fibrosis) Nonspecific interstitial pneumonia

Cryptogenic organizing pneumonia

Associated with collagen vascular disease

Pneumoconiosis

Associated with therapies (drugs, radiation)

#### Granulomatous

Sarcoidosis

Hypersensitivity pneumonia

Eosinophilic

#### Smoking Related

Desquamative interstitial pneumonia Respiratory bronchiolitis





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Usual interstitial pneumonia. The fibrosis, which varies in intensity, is more pronounced in the subpleural region.



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Usual interstitial pneumonia. Fibroblastic focus with fibers running parallel to surface and bluish myxoid extracellular matrix.



© Elsevier. Kumar et al: Robbins Basic Pathology 8e - www.studentconsult.com Cryptogenic organizing pneumonia. Alveolar spaces are filled with balls of fibroblasts (arrow).



#### Pneumoconiosis

originally coined to describe the *non-neoplastic lung reaction* to inhalation of *mineral dusts*.



### Pneumoconiosis Particles that are 1 to 5 μm are the most dangerous



Coal dust

#### Coal workers

#### *Silica* Silicosis

# (Sandblasting, quarrying, mining, stone cutting, foundry work, ceramics)

#### Asbestos Asbestosis

(Mining, milling, and fabrication of ores and materials; installation and removal of insulation)



Progressive massive fibrosis (PMF)

### Coal dust

Simple coal workers' pneumoconiosis: macules and nodules

Complicated coal workers' pneumoconiosis: PMF - relatively rare, starts in the upper lobes

PMF progresses in the absence of further exposure

NO increased frequency of bronchogenic carcinoma



### *Silica* Silicosis

(Sandblasting, quarrying, mining, stone cutting, foundry work, ceramics)

~ occurs in crystalline and amorphous forms,

crystalline forms (quartz, cristobalite, tridymite) fibrogenic

Inhalation, interaction with epithelial cells ,macrophages.

activation and release of mediators by pulmonary macrophages, including IL-1, TNF, fibronectin, lipid mediators, oxygen-derived free radicals, fibrogenic cytokines

when mixed with other minerals, quartz has a reduced fibrogenic effect.

hematite (iron containig quartz) protective.







# Silicosis

*increased susceptibility to tuberculosis* (depression of cell-mediated immunity)

progression (even if the person is no longer exposed) starts in the upper lobes

*crystalline silica* from occupational sources is carcinogenic (controversial)

Slow progression, CF, dyspnoe relatively late in the course

# Silicotuberculosis



Multiple calcified 1 - 5 mm pulmonary nodules. Eggshell calcifications in hilar lymph nodes bilaterally. Cavitary lesions in both lung apices.

#### Asbestos Asbestosis

(Mining, milling, and fabrication of ores and materials; installation and removal of insulation)

Fibrosis starts in the lower lobes progressively worsening dyspnea , 10-20 years after exposure

#### Asbestos Asbestosis

- Diffuse fibrosis,
- Pleural effusions,
- Pleural plaques;
- Mesothelioma;

Carcinoma of the lung and larynx (cigarette smoking!)

#### Asbestosis





pleural thickening - localized interstitial pulmonary fibrosis.



Honeycomb lung



#### Mesothelioma





Result of chemotherapy




### Sarcoidosis

Multisystem disease of unknown etiology characterized by noncaseating granulomas in many tissues and organs

90% lung involvement

Restrictive pulmonary disease

Higher prevalence among nonsmokers.

High levels of CD4+T cells in the lung that secrete TH1 dependent cytokines IFN-γ and IL-2 locally.





### Sarcoidosis Clinical manifestations Lymph node enlargement (BHL)

Eye involvement (sicca syndrome [dry eyes], iritis, or iridocyclitis) Skin lesions (erythema nodosum, lupus pernio)

Visceral (liver, skin, marrow)

Lung involvement: 90% of cases granulomas and interstitial fibrosis





Pulmonary nodules

BHL

### Hypersensitivity Pneumonitis

Immunologically mediated inflammatory lung disease - primarily affects the alveoli allergic alveolitis.

Occupational disease - heightened sensitivity to inhaled antigens (moldy hay)

Damage at the level of alveoli (Unlike bronchial asthma, in which bronchi are the focus)

Predominantly restrictive lung disease

with decreased diffusion capacity, lung compliance, and total lung volume

# Hypersensitivity Pneumonitis

#### Morphology

Patchy mononuclear cell infiltrates in the pulmonary interstitium, with characteristic peribronchiolar accentuation.

Lymphocytes predominate, plasma cells epithelioid cells.

**Interstitial noncaseating granulomas** peribronchiolar location.

Chronic cases: diffuse interstitial fibrosis

## Hypersensitivity Pneumonitis





Desquamative interstitial pneumonia.

Accumulation of large numbers of mononuclear cells within the alveolar spaces with only mild fibrous thickening of the alveolar walls.

