

# Treatment options of furcation involved teeth





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Parodontológiai Klinika

#### Introduction -Prevalence

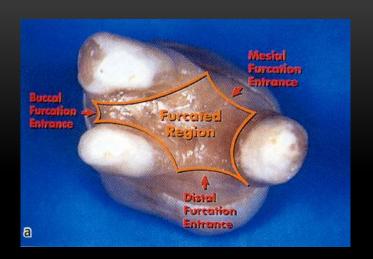
furcation (is the area located between individual root cones) =
 locus minoris resistentiae

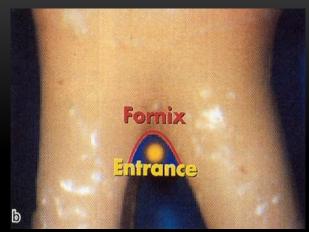


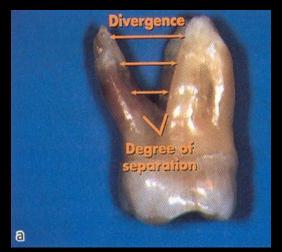


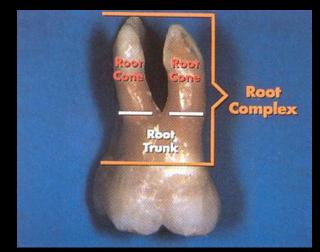


- 16,26 are the most often affected, 3X more than lower molars
- The vestibular furcation is the most commonly affected followed by MP and DP
- first molars usually have shorter root trunks as second molars









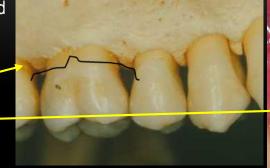
# Etiology



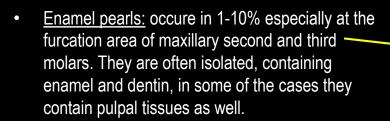
### Etiology

### Enamel pearls, enamel projections

• Enamel pearls and enamel projections are derived from Hertwig's epithelial root sheath under CEJ.



• <u>Enamel projections</u>: lack of connective tissue attachment







Sanz M, Jepsen K, Eickholz P, Jepsen S. Clinical concepts for regenerative therapy in furcations. Periodontol 2000. 2015: 68(1):308-32.

#### Maxillary praemolars

- in 40% of the cases maxillary first praemolars have 2 roots with furcation in mesiod-distal direction
   <u>difficulties in cleaning</u>
- In 78% of the cases concavity on buccal root
- furcation usally located in the middle or apical third of the root
- Pseudofurcation often occurs, that makes the diagnosis and periodontal treatment particularly difficult.
- Average distance between CEJ and furcation ~ 8 mm

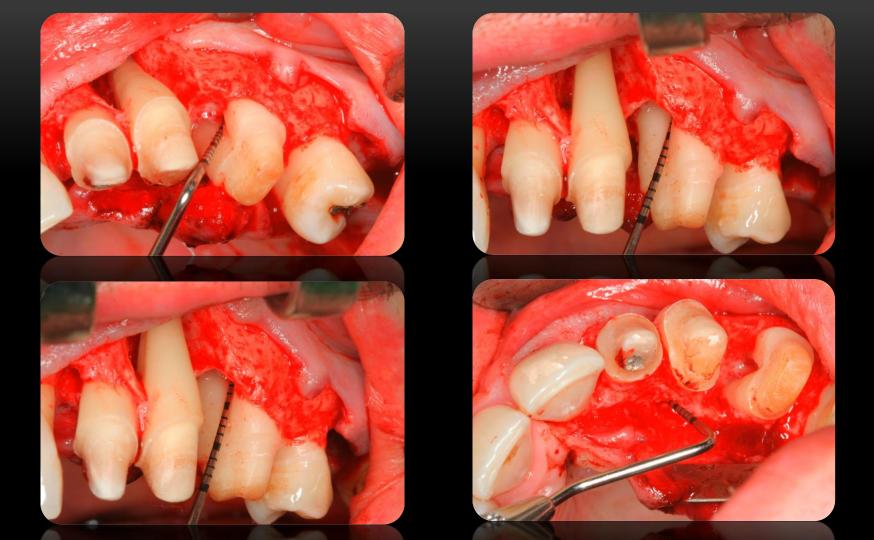






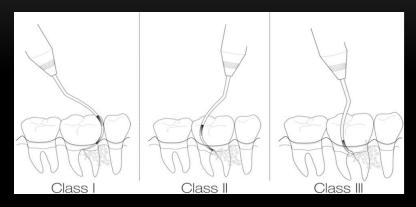


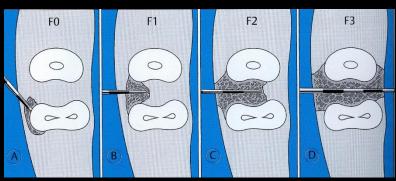
Prof. Dr. Windisch Péter



### Classification of furcation defects I.

- with Nabers-probe curved, colour-coded and is marked in millimeters
- based on horizontal penetration (Hamp et al, 1975)
- <u>Degree 0</u>: the area of furcation is not accessible
- <u>Degree I</u>: horizontal loss of periodontal support not exceeding one third of the width of the tooth (or 3 mm)
- <u>Degree II</u>: horizontal loss of periodontal support exceeding one third of the width of the tooth (3 mm), but not encompassing the total width of the furcation
- <u>Degree III</u>:horizontal "through-and-through" destruction of the periodontal tissues in the furcation area





### Classification of furcation defects











### Classification of furcation defects

F2







F3



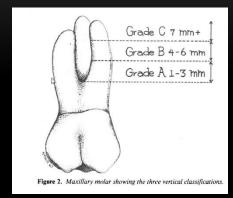


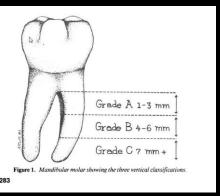




#### Classification of furcation defects II.

- Based on horizontal and vertical bone loss (Tarnow et al. 1984)
- between the roof of the furcation and the existing bone
- Considers the degree of both vertical and horizontal bone loss more effective in evaluating the prognosis
- A: 1-3 mm
- B: 4-6 mm
- C: 7 mm <





#### Classification of furcation defects II.



Fig 3a Type A root fro (red = horizontal attachin Class I FI).



Fig 3b Type A root trunk with Class II FI (red = horizontal attachment loss of Class II FI).



Fig 3c Type A root trunk with Class III FI (red = horizontal attachment loss of Class III FIs ).



Fig 4a Type B root trunk (yellow color) with Class I FI (red = horizontal attachment loss of Class I FI).



Fig 4b Type B root frow with Class II FI (red = horizoment loss of Class II FI.)

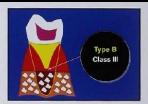


Fig 4c Type B roat frunk (yellow color) with Class III FI (red = horizontal attachment loss of Class III FI.)



Fig 5a Type C root trunk (orange color) with Class I FI (orange color = horizontal attachment loss of Class I FI).



Fig 5b Type C root trunk (crange color) with Class II FI (crange color = horizontal attachment lass of Class II FI).



Fig 5c Type C root from color)
with Class III FI (orange a zontal attachment loss of Class III FI).

#### Wisdom tooth extraction in early age

• eruption of mandibular wisdom teeth often result in crowding of 1. and 2. mandibular molars



resulting in hyperocclusion in the curve of Spee (like a "spur wheel")



early extraction of lower 8 is beneficial





#### Factors influencing treatment outcomes

- Anatomical factors (supernumerary roots)
- Spreading of the defect
- Trauma from occlusion (differential diagnosis)!!
- Plaque retentive factors
- Number of affected furcations within the tooth and the quadrant
- Processes in pulp
- Anatomical variations (enamel pearls, enamel projections, supernumerary roots)
- Tooth mobility





#### Differential diagnosis -Trauma from occlusion

- could <u>enhance susceptibility</u> of periodontium to plaque-induced infection
- The tooth may exhibit increased mobility!!
- Occlusal adjustment must always precede periodontal therapy!
- If the defect has occlusal origin, following occlusal correction, the defect could disappear within weeks

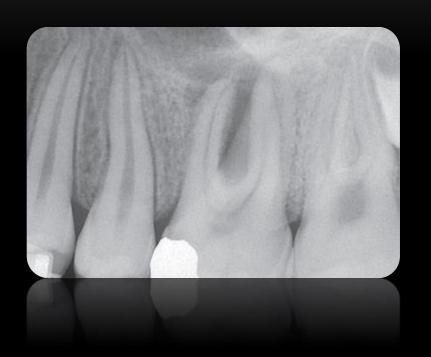


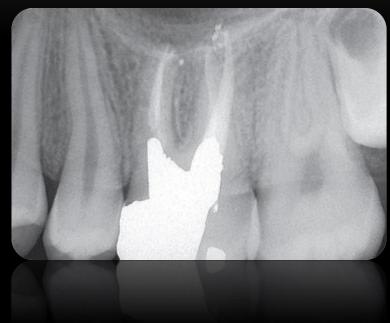






### Differential diagnosis - Endo-periodontal lesion





### Treatment options of furcation lesions

### **Grade I**

- Scaling, root planning
- Furcation plasty
- Regeneration?

#### Furcation plasty

#### Therapy

- 1. the dissection and elevation of a soft tissue flap

   to obtain access
- 2. Scaling, root planning, the removal of the inflammatory soft tissue from the furcation area
- 3. Odontoplasty: the removal of crown and root substance in the furcational area to eliminate the horizontal component of the defect and to widen the furcation entrance.
- 4. Osteoplasty: the recontouring of the alveolar bone crest in order to reduce the buccal-lingual dimension of a bone defect
- 5. the positioning and the suturing of the mucosal flaps at the level of the alveolar crest in order to cover the furcation entrance
- Following healing a "papilla-like" tissue should close the entrance













### Furcation plasty













Clinical periodontology and implant dentistry – Fifth edition (2008) – Jan Lindhe, Niklaus P. Lang, Thorkild Karring

### Treatment options of furcation lesions

### Class II.

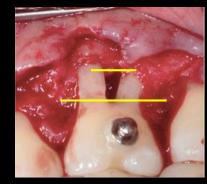
- (Furcation plasty)
- Regeneration (GTR, EMD, xenografts, PRP)
- Tunnel preparation
- Root separation and resection (RSR)
- Extraction

### Regenerative strategies- Furcation lesions

- > Furcation class I: complete regeneration is possible
- Furcation class II: can be converted to furcation class I.
- Furcation class III: histologically regeneration was not proven in human
- > the lingual site is limited!

Regenerative strategies: combined therapy is suggested, exc. EMD + GTR:

- ➤ EMD + Graft
- EMD + Graft + GTR
- rhPDGF + Graft





Jaiswal R, Deo V. Evaluation of the effectiveness of enamel matrix derivative, bone grafts, and membrane in the treatment of mandibular Class II furcation defects. Int J Periodontics Restorative Dent. 2013 Mar-Apr;33(2):e58-64.

### Regeneration - EMD

### Enamel matrix proteins (Emdogain, Straumann, Basel, Switzerland) compared with GTR technique

- A multicenter randomized controlled clinical trial, with paired mandibular molars with buccal degree II furcation involvements (Jepsen et al. 2004):
- Mean reduction in the open horizontal furcation depth of 2,8 mm for EMD treated sites and of 1,8 mm for GTR-treated defects
- In addition the frequency of complete closed furcation defects was higher for EMD sites (8/45) than for GTR sites (3/45).
- It was concluded that both treatment modalities resulted in significant clinical improvements although the EMD method provided (1) greater reduction of the furcation depths, (2) a smaller incidence of post-operative pain/swelling, and (3) less gingival recession (Meyle et al. 2004) as compared toGTR therapy.

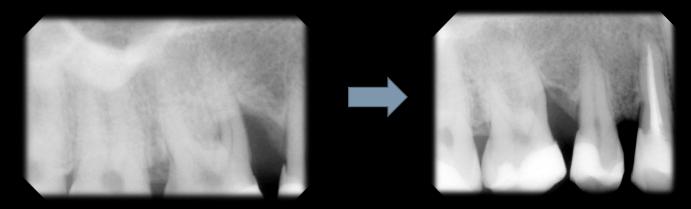


Dr. Csifó-Nagy Boróka





EMD, control x-ray 12 months later



### Regeneration - GTR technique

using the barrier membranes prevents the apical migration of epithelium

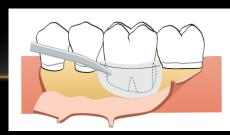


may allow (guide) periodontal ligament cells to repopulate the detached root surface (Gotlow et al. 1986).

- Technique sensitive procedure early exposure of the membrane and the fornix
- The predictability of this treatment outcome improves following GTR therapy if

the *interproximal* bone is located at a level which is close to the CEJ of the approximal surface ("key-hole type")







#### GTR-technique – non resorbable membrane







a buccal degree II furcation-involved mandibular first molar.









removal of the membrane 6 weeks later

1 year later

### Regeneration - combined therapy 1:

GTR-technika + xenograft + EMD









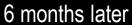






## Regeneration - combined therapy 1: GTR-technika + xenograft + EMD







# Regeneration - combined therapy II: GTR-technique + xenograft + EMD





#### Application of Bio-oss, Bio-Gide membrane and EMD in the defect



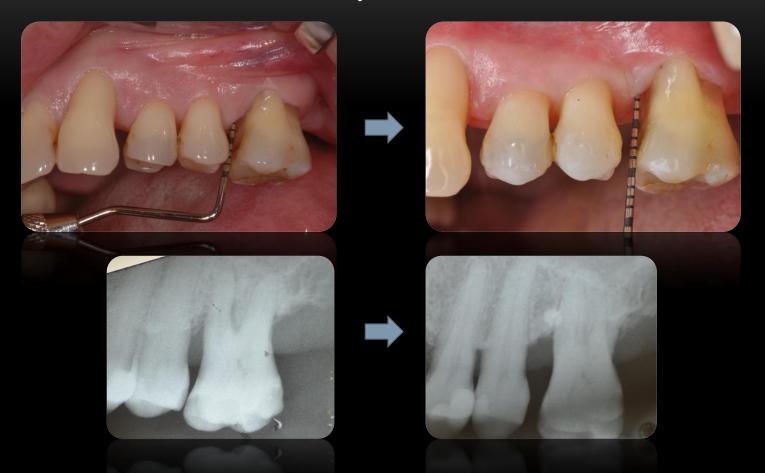
# Application of Bio-oss, Bio-Gide membrane and EMD in the defect





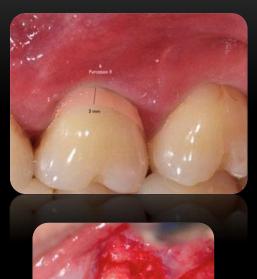


### 1 year later



### Regeneration - combined therapy III:

Xenograft + EMD+ SCTG













# Regeneration - combined therapy III: Xenograft + EMD+ SCTG



### Treatment options of furcation lesions

### Class III

- Tunnel preparation
- Root separation (premolarisation = bicuspidation)
- Root resection (RSR) -
- Extraction

### Tunnel preparation

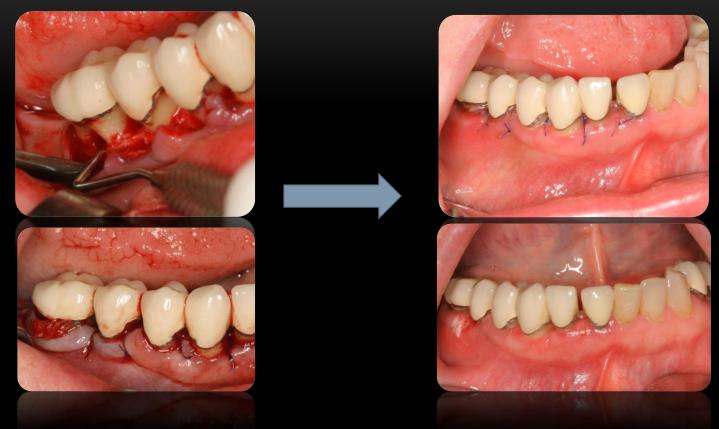
- Used to treat deep degree II and degree III furcation defects
- Includes the surgical exposure and managament of entire furcation area of the affected molar
- Mostly at mandibular molars!!!
- Can be offered at molars which have a short root trunk, wide separation angle and long divergence between the roots
- Following the reflection of the flap, the granulation tissue in the defect is removed
- Hard tissue resection (osteoplasty) to allow access for cleaning devices
- The flaps are apically positioned
- for patient with very good manual skill!!!
- Postoperativ: often root sensitivity => local fluoride varnish (Hamp et al,1975)
- <u>Disadvantage</u>: risk for root caries and root resorption (Feres et al. 2006.)
- Advantage: not needed endodontic treatment



### Tunnel preparation



### Tunnel preparation



Hellden LB, Elliot A, Steffensen B, Steffensen JE. The prognosis of tunnel preparations in treatment of class III furcations. A follow-up study. J Periodontol. 1989 Apr;60(4):182-7.

#### Prosthetic rehabilitation 6 months later





#### Root separation and resection (RSR) - hemisection

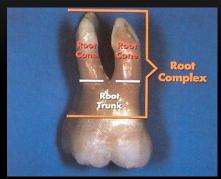
- Radical, if there isn't other option for save of the tooth
- <u>Before the treatment</u>: lege artis root canal treatment
- 2 steps: separation and extraction
- temporary prosthetics solutions with occlusal correction
- 2-3 months observation period until the end of the early healing
- definitive prosthetic solution 8-12 months later after the treatment





#### Aspects - anatomy important!

- The length of the root trunk (short root trunk may favourable for RSR)
- The divergence between the root cones (small divergence => problem with the separation, orthodontic movement?, odontoplasty)
- The length and the shape of the root cones (small,short root => prosthetic solution?)
- Fusion between root cones, pseudofurcation (maxillary praemolars)
- Amount of remaining support around individual roots (long-term prognosis)
- Stability of individual roots (following root separation)
- Access for oral hygiene devices (suitable ?)





#### Root resection





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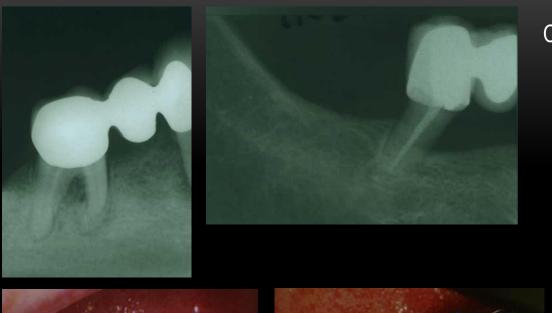
#### Separation and removal of DB root (#26)



Carnevale G, Pontoriero R, di Febo G. Long-term effects of root-resective therapy in furcation-involved molars. A 10-year longitudinal study. J Clin Periodontol. 1998 Mar;25(3):209-14.

### 1 year later













Prof. Dr. Gera István

### Premolarisation (bicuspidization)

<u>Premolarisation</u>: combination of tunnelisation and hemisection.none of the roots are removed, both of them take part separately in the prosthetic rehabilitation. If the roots are too close to each other orthodontic treatment can be applied to create space between them. (Carnevale et al. 1991, 1998)

Carnevale G, Di Febo G, Tonelli MP, Marin C, Fuzzi M. A retrospective analysis of the periodontal prosthetic treatment of molars with interradicular lesions. Int J Periodontics Restorative Dent. 1991;11(3):189-205.

Carnevale G, Pontoriero R, di Febo G.Long-term effects of root-resective therapy in furcation-involved molars. A 10-year longitudinal study. J Clin Periodontol.1998 Mar;25(3):209-14.

### Separation (bicuspidization) and resection





Premolarization at first molar and root resection at second molar



## Aspects of the prosthetic rehabilitation at the periodontological compromised teeth



Dissection and premolarization, Prosthetic solution: removable telescopic splint





#### CASE – premolarisation and final prosthetic restauration of the tooth No. 36







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#### premolarisation and final prosthetic restauration of the tooth No. 36









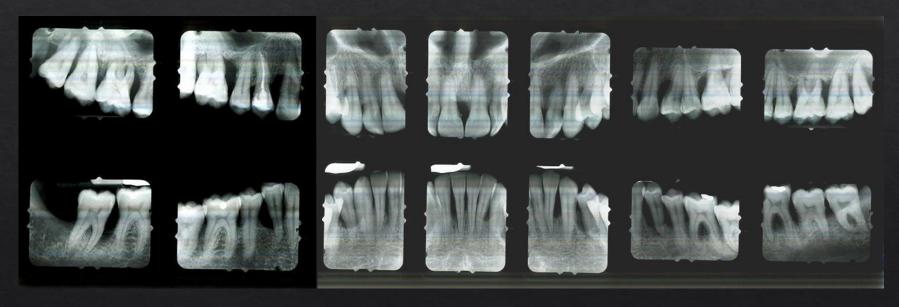






#### Root resection

CASE: dissection and resection of buccal roots at teeth No. 16,26



Regenerative surgery with GTR-technique at upper left quadrant: Bio-Gide+ Bio-Oss and autologous bone (and dissection of tooth No. 26)



Carnevale G et al.: Long term effects of root resective therapy in furcation-involved molars. A 10 year longitudinal study. J Clin Periodontol 1998; 25:209-214

Sculean A, Stavropoulos A, Windisch P, Keglevich T, Karring T, Gera I.: Healing of human intrabony defects following regenerative periodontal therapy with bovine derived xenograft and guided tissue regeneration.

Clin Oral Investig 2004; 8:70-74

#### Definitive prosthetic rehabilitation









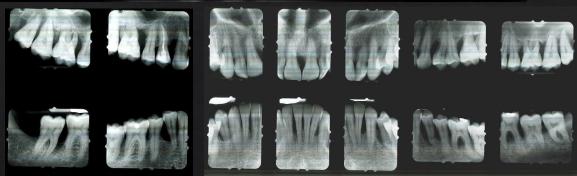




3 years later



Compared to initial x-ray status



# Treatment options of furcation involved teeth Production of Treatment of the Production of the Product

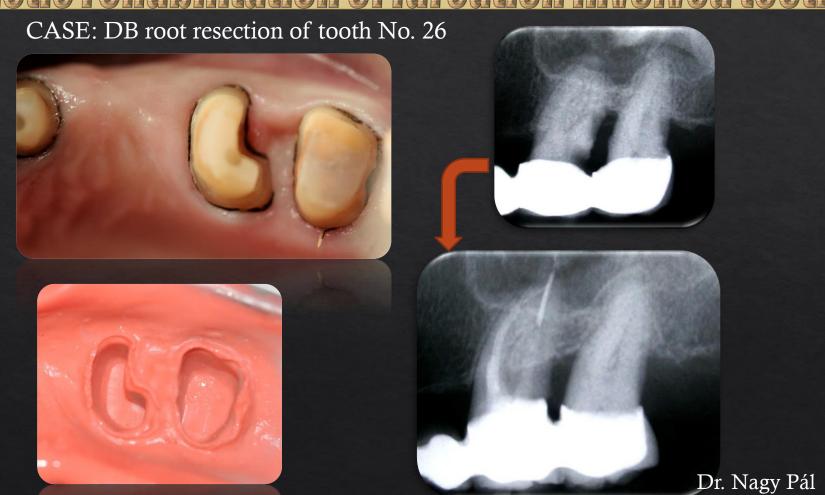




- keeping in mind furcation entry
- Concavity of the marginal area
- Furcation entry should be cleansable!!!

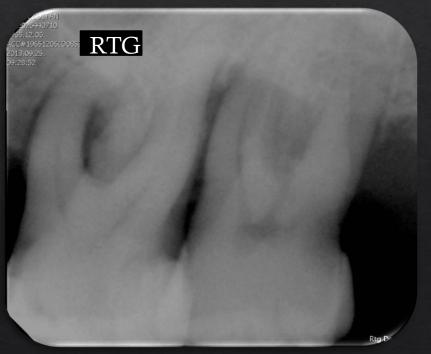






- Root resection (hemisection)
- Tunnel preparation
- Premolarization (bicuspidisation)

CASE: 26: root resection: DB premolarization: MB and P roots 27: root resection: P, tunnel preparation: MB and DB roots



Dr. Nagy Pál

- Root resection (hemisection)
- Tunnel preparation
- Premolarization(bic uspidisation)

CASE: 26: root resection: DB, premolarization: MB and P roots 27: root resection: P, tunnel preparation: MB and DB roots

RTG



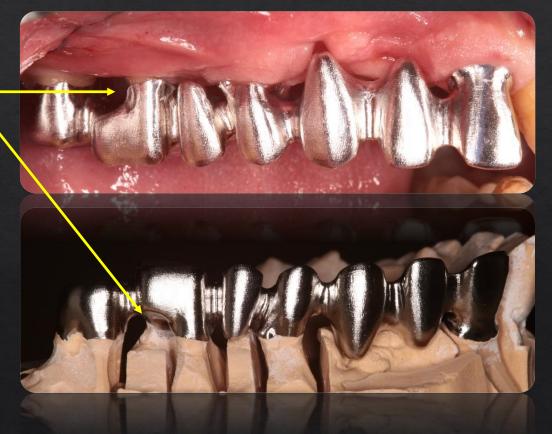
26: DB root resection, premolarization of MB and P roots, 27: P root resektion and tunnelization of MB and DB roots



Key factors in the design of the framework in case of dissected/premolarized roots:

- concavity of the framework at the marginal area!
- Margin of the crown should be metal or zirconia
- the connector parts of the framework should be curved and left uncovered (without ceramic)

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26: DB root resection, premolarization of MB and P roots, 27: P root resektion and tunnelization of MB and DB roots









### Extraction









### Thank you for your attention!

