


MAKING ESTHETIC INLAY IN PRAXIS

DR. JÚLIA NEMES

GROUPPING OF THE **RESTORATION** ACCORDING TO THE PLACE IN

- 
- **DIRECT (Filling)** materials
 - temporary
 - pulp-dentin protective
 - luting material
 - **DEFINITIVE filling m.**
 - a. amalgams
 - b. glass-ionomer
 - c. composites
 - d. compomers

- **INDIRECT** (Inlay, Onlay, Overlay) Materials
 - metal
 - **esthetic**
 - ceramik
 - composit
 - metal-ceramik

Evaluation of the advantage and disadvantage

- Polymerisation shrinkage
 - Physical properties
 - Control of contactpoint, and contour
 - Biocompatibility
-
- Number of appointment
 - Cost, and time
 - Technique sensitivity
 - Brittleness of the material

Evaluation of indication and contraindication

- Esthetics
 - Size of the defect
 - Oral hygiene
 - Root canal obturation
-
- Heavy occlusal forces
 - Deep subgingival preparation
 - Small tooth crown, big pulp-chamber

DECISION



Type of **CERAMIK** inlay

1. (Feldspatic porcelan) or Fired porcelan: Optec
Inlay, fired on refractory die
2. Glass-ceramik (Castable Pressed ceramik) Dicor, Ceraperl
Empress (leucit)
„Lost-wax” casting process
3. CAD/CAM System: Computer Aided Designe/Computer Aided Manufacturing 1986
Cerec

Type of **COMPOSIT** inlay

First generation Labora-
tory Composit Resin:

Isosit1986 Inhom. Microcomp.
Low flexural strength(60-
80 MPa), low resistance to
wear, low %of inorganic filler

Second generation Laborato-
ry Composit Resin: ArtGlass,

Colombus, **Belleglass Gradia**:
Epicord

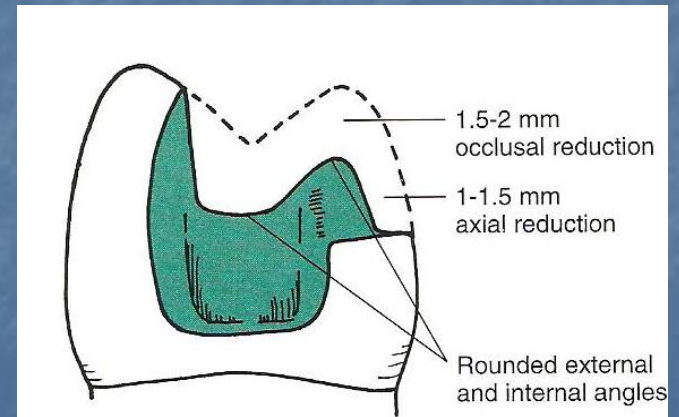
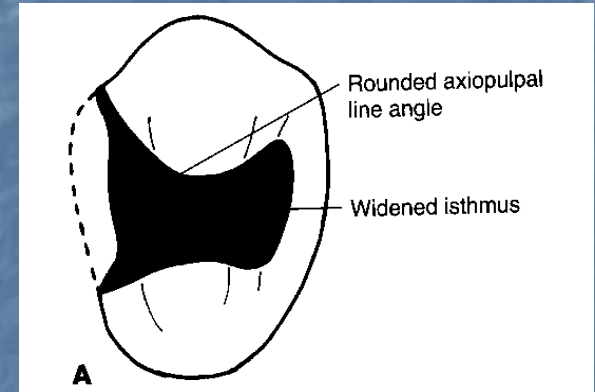
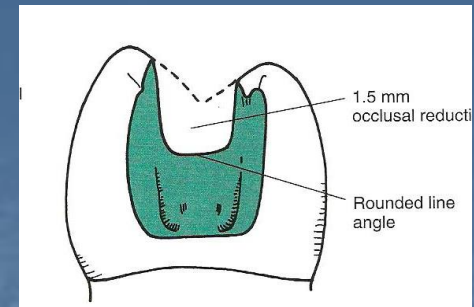
f.s:120-160MPa, Filler:60-
70% different in form,size
Hybridcomposit

THE STEPS OF MAKING INLAY /indirect method/

1. Shade selection Preparation,
2. Impression, Temporary filling
3. Tray-in (without pressure)
4. „Cementation” /Adhesive insertion /
5. Finishing, polishing

1. Preparation for esthetics inlay

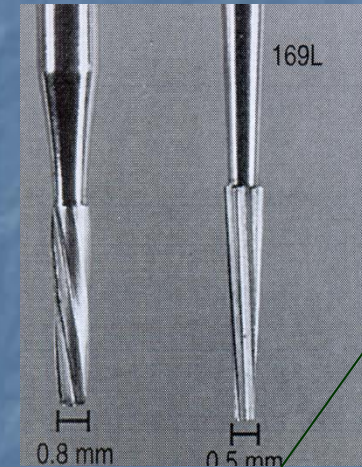
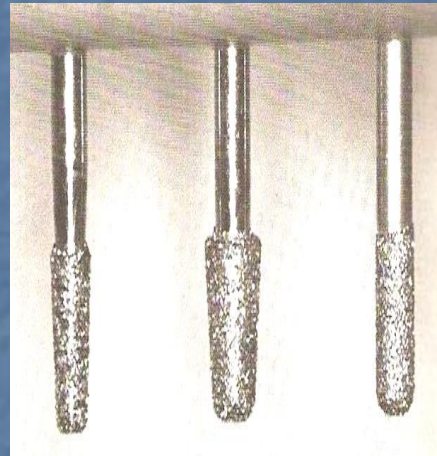
- Occlusal depth: 1,5-2 mm
- Axial wall reduction: 1,5 mm
- Cavosurface margin must be 90° .
- Cuspal preparation and reduction 1,5-2 mm



Preparation for esthetics inlay

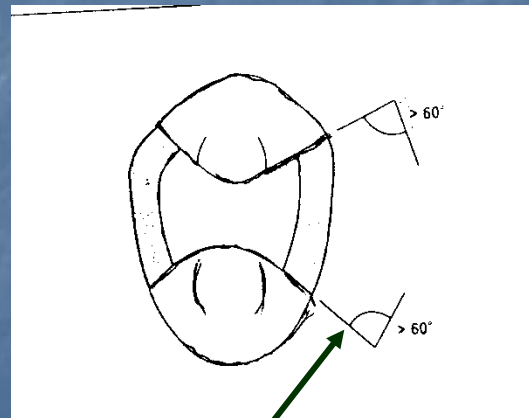
- Taper 6-8-10°
- All line angles and point angles should be well rounded

Base?
Block out
the undercats

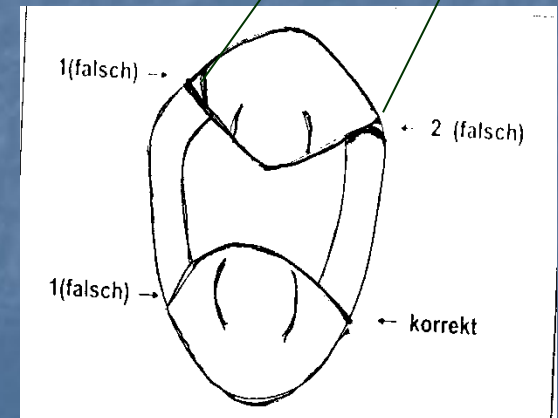


inlay

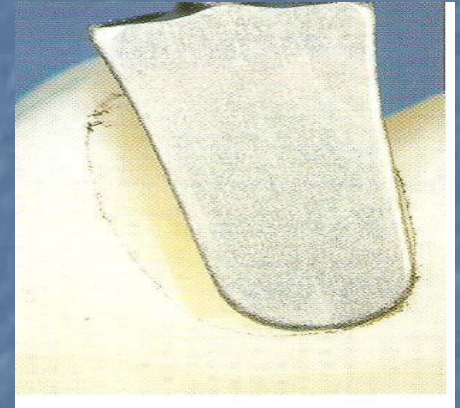
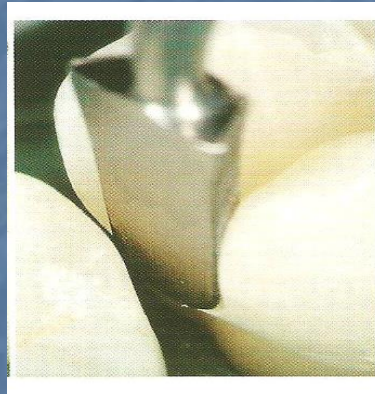
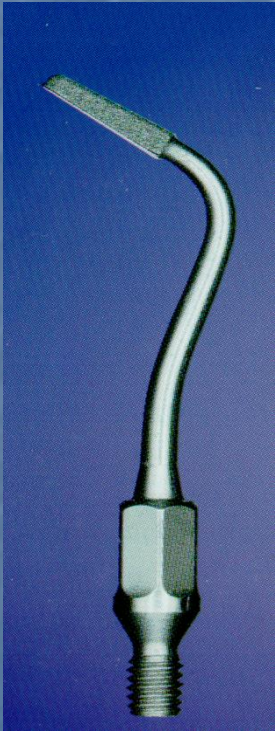
tooth



Proximal wall 60 °



Esthetic Inlay SONICflex 60° Oscillating instrument



The proximale Wall has to be prepared in 60°

The lateral and gingival Walls are rounded.

2. IMPRESSION, TEMPORARY FILLING

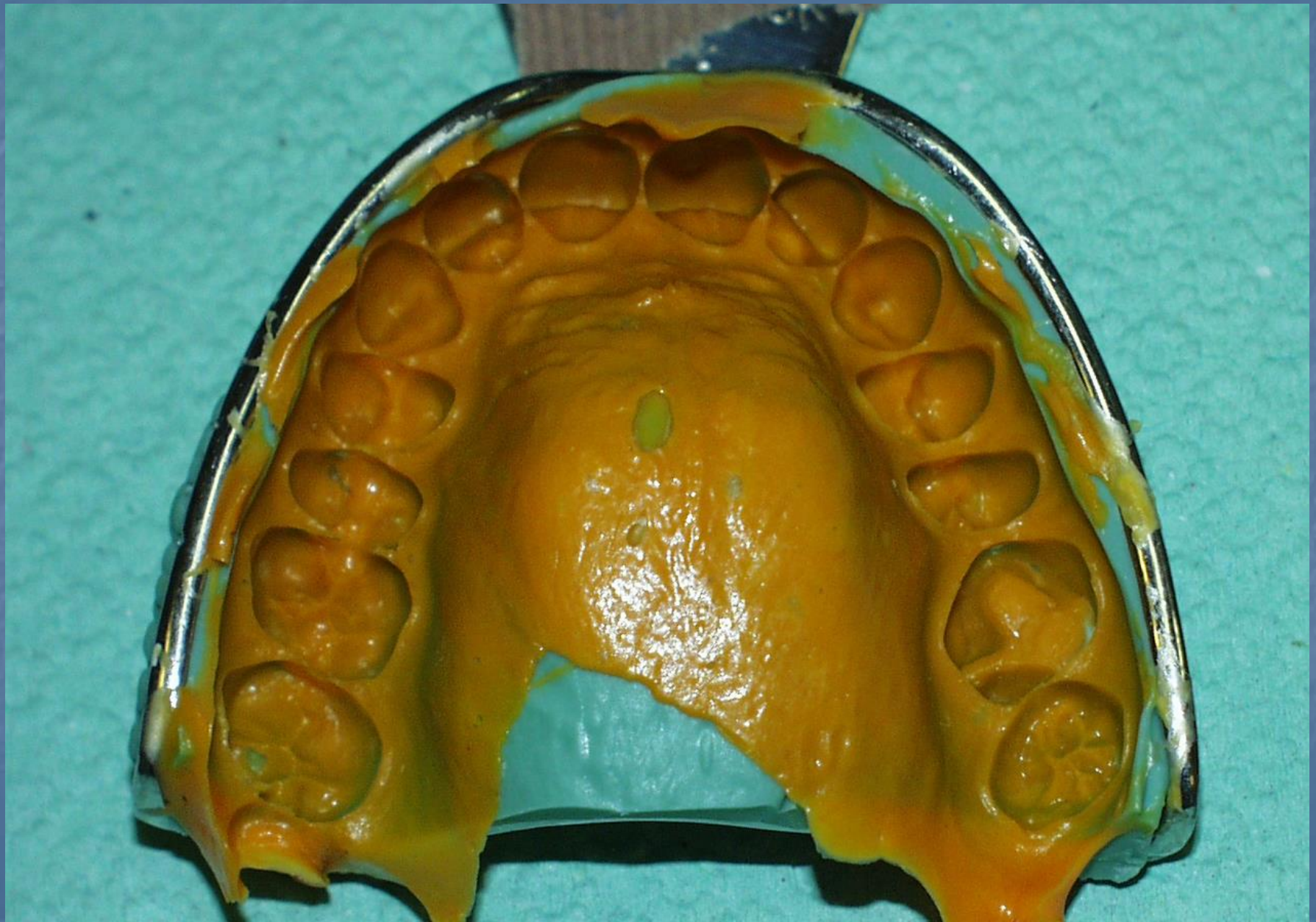
What kind of impression?

Retractin cord: Where?

- Two-phase silikon (Precision-situation) impression, antagonist, and bite registration

What kind of temporary filling?

- Removing: without bur
- Because of the adhesive insertion: eugenolfree material.
(Clip, Guttapercha)





3. TRAY-IN

WITHOUT PRESSURE

- check the cavosurface margin and
- check the proximal contact

**NO OCCLUSAL
KONTROLLE !**



- wax (weaker)
- adhesive (stronger)

4. FIXATION OF INLAY (CEMENTATION) /ADHESIVE INSERTION /



Mikromechanical retention!

- **Isolation:** rubber dam, plastic matrix strip, wedges, dental floss;

- **Preparation of inlay:**

depends on : ceramic or composit

- **Preparation of tooth:**

depends on the specific luting system

Resin cement or „Self-adhesive“ resin cement



LUTING AGENT/ CEMENT

Nowdays: always **RESIN** cement

Resin cement or Self-adhesive resin cement

-Viscositi:

low-viscositi komposit with conventionelle methode

high-viscositi komposit with USI or SI

vibration can change the viscositi

(ultrasound or sound tecnic) without water

-Setting: dual curing!

Glycerin-gel: for covering the surface of luting komposit! Oxygen disturbs the polymerisation of the last layer of komposit

Preparation of the tooth:

depends on the specific luting system

Resin cement or self adhesive resin cement

1. **Resin cement** with „etch-and rinse” (RelyX ARC Eco-link)

2. **Resin cement** with „Self-etch” (Panavia F, Eco-link)

3. **„Self-adhesive” resin cements** (self adhering cements used without application of any adhesive system) Acidic primer in cement. (Smart Cem, RelyX Unicem G-Cem)

Preparation of tooth:

1. Resin cement

„etch-and rinse”

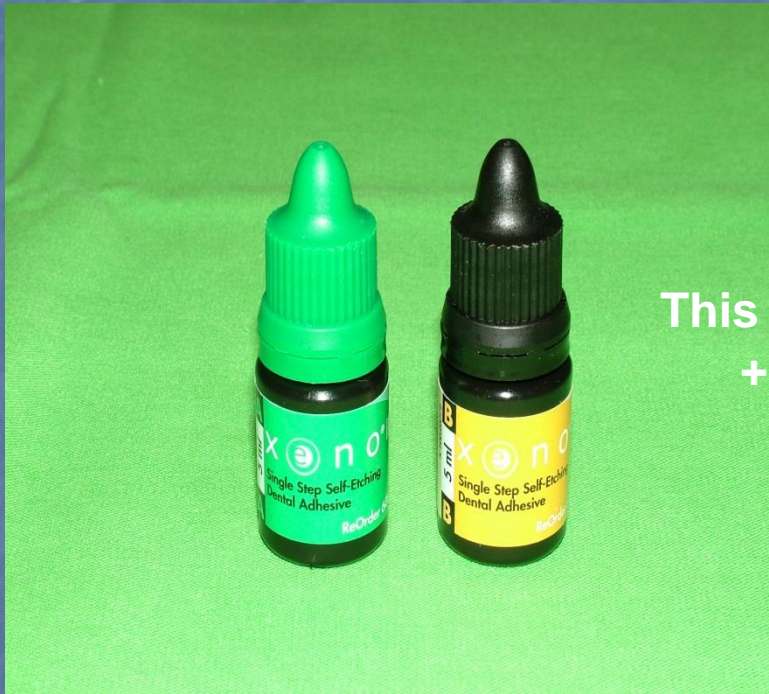


35-37 % Phosphoric acid, then washing
Primer and bond,

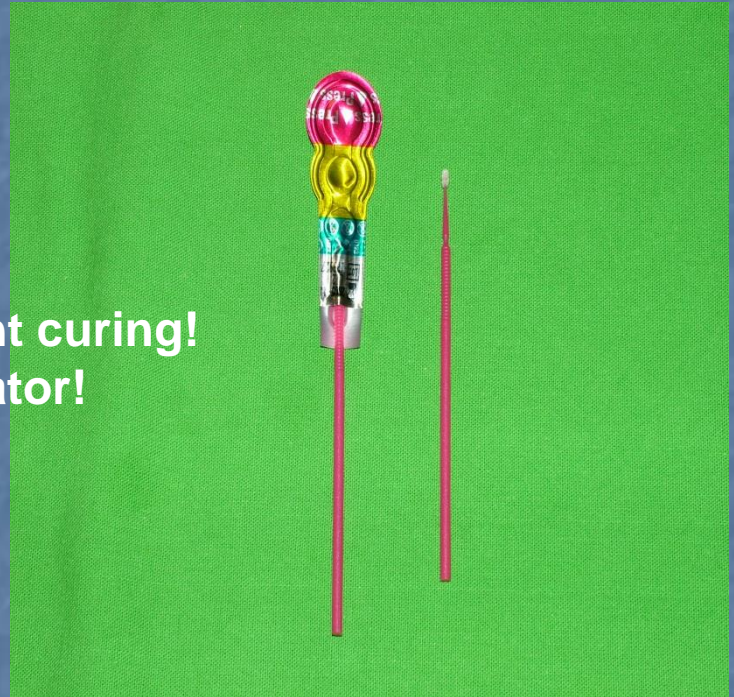
Setting dual curing! Without light!

Preparation of the tooth:

1. Resin cement
„Self-etch” bond

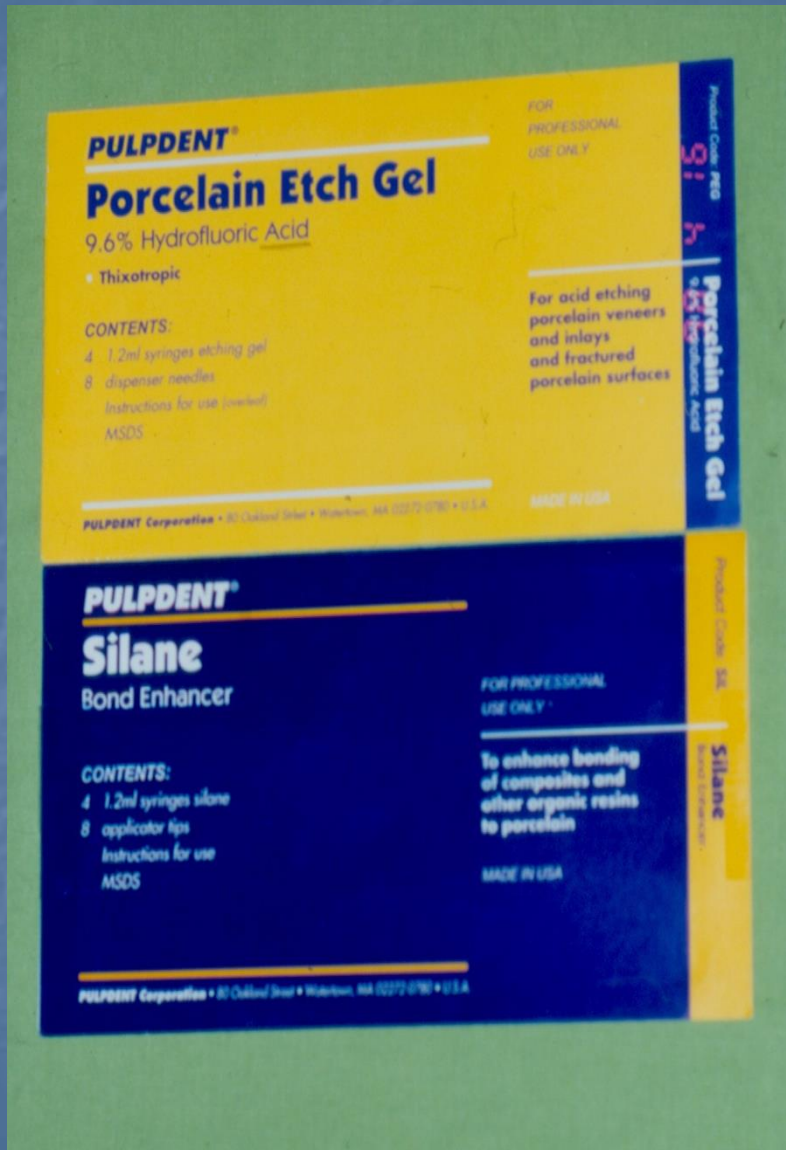


This is light curing!
+Activator!



Acidic primer and bond, in one or two bottle
Curing? Problem
Dual curing! Without light!

Preparation of inlay:



- HF acid** 2 minute at the inner surface, then wash
/Concentration: 4-10 %/ or
- Ammoniumbifluorid** 10%
(Dicor) Empress
- Silan** at the inner surface
promotes contact between
resin and ceramic(hydrophyl

LUTING MATERIAL



5. FINISHING, POLISHING

Checking the occlusion now!

When, and how to remove the excess luting material?

Finishing:

- fine grit diamant instrument (yellow, white)
- 16-30-40 fluted carbide burs

Polishing:

- rubber
- polishing paste

Upper, compsit onlay-s



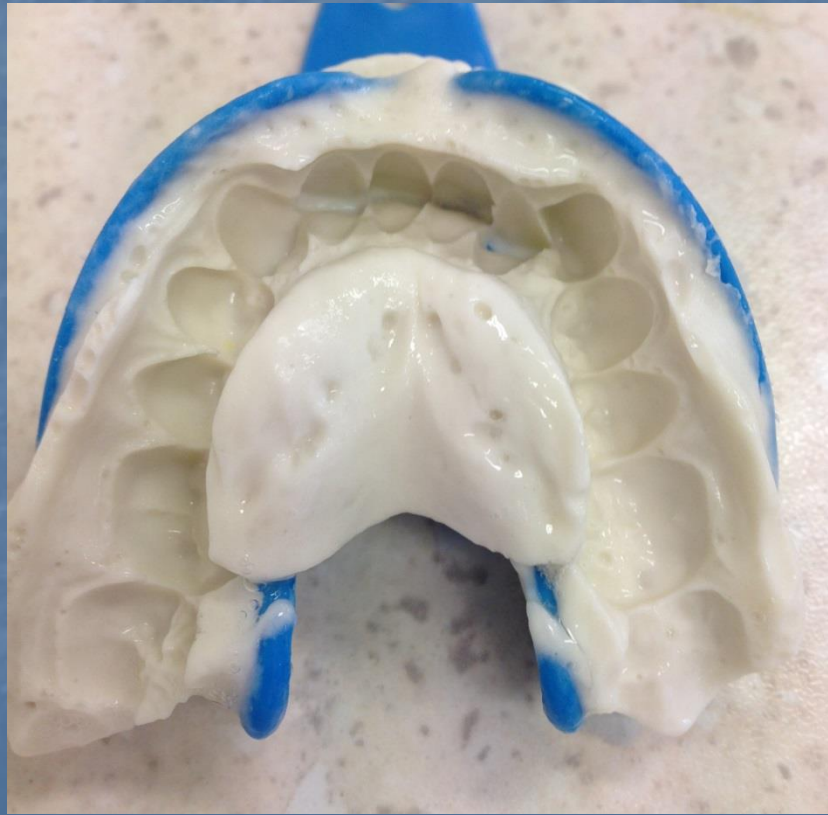


Preparation for the onlay

Retraction cord placement



Precisional situational impression with C-silicone.
Stock tray, 2 phase, 2 step technique and
antagonist impression with stock tray and alginate



Wax bite and clip temporary fillings



Clip: Light-curing, temporary resincomposit

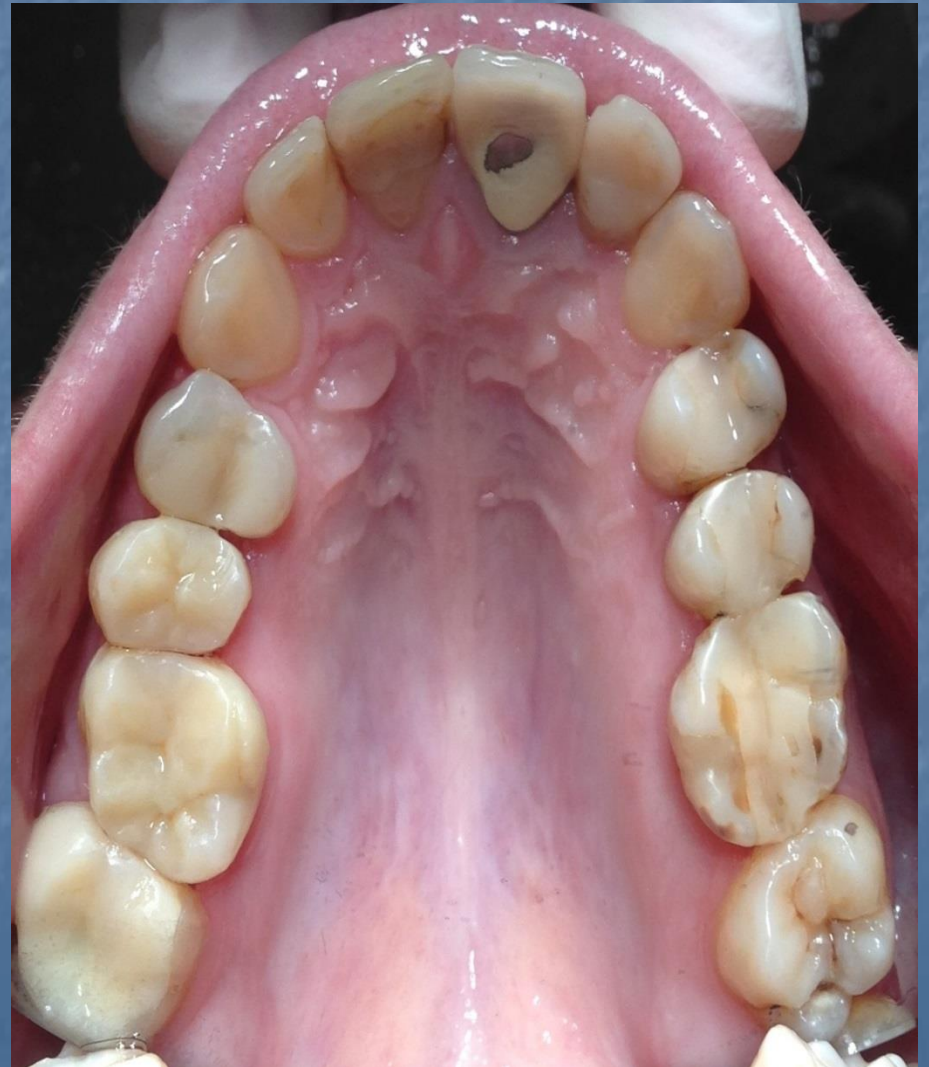
Ready composite onlays on sectional casts



Try in and cementation



Ready onlays before and after cementation



Making ceramic onlay-s in upper arch



Removing of amalgam fillings in absolut isolation

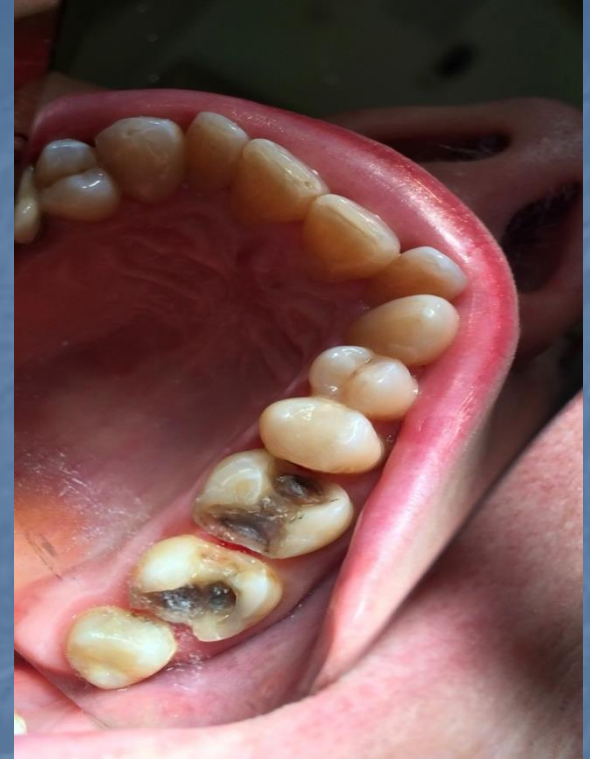


The amalgam fillings were removed on 15, 16, 17 and 18. After removal, small secondary caries was discovered and also removed. 15 and 18 were prepared for a composite filling

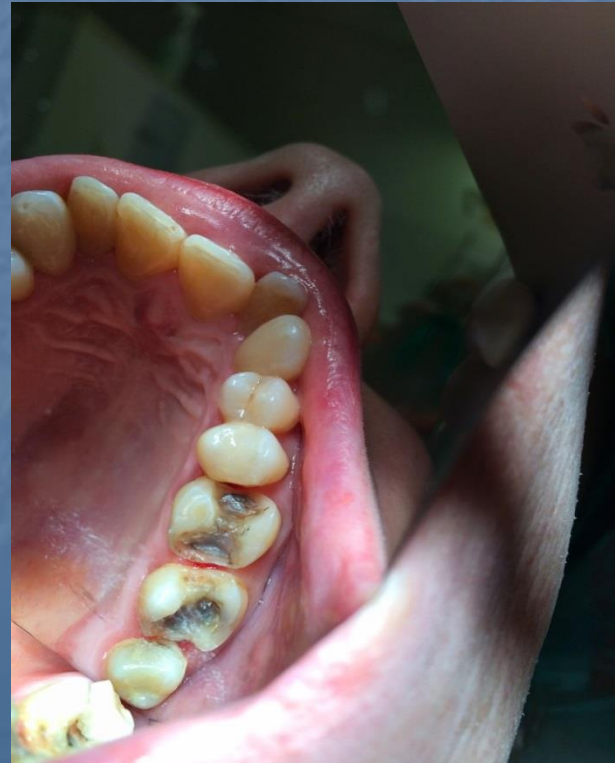
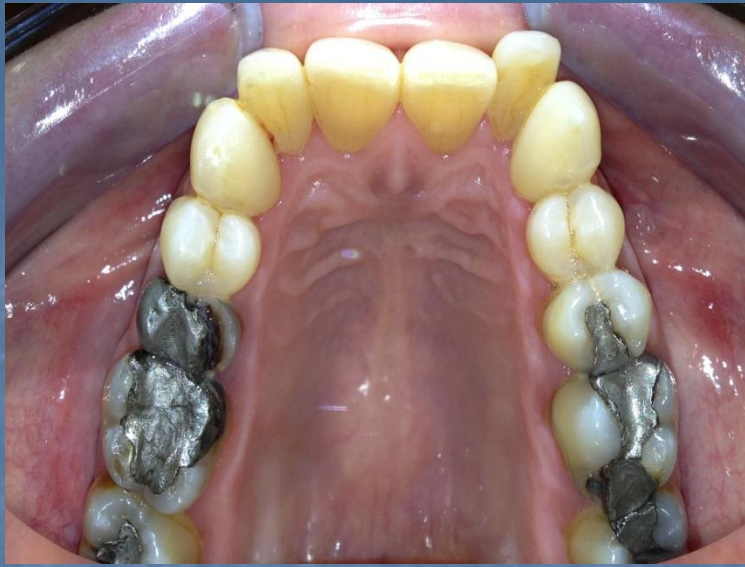


Absolute isolation was used with rubber dam, full-circular matrix was used for

Composit fillings in 15 and 19



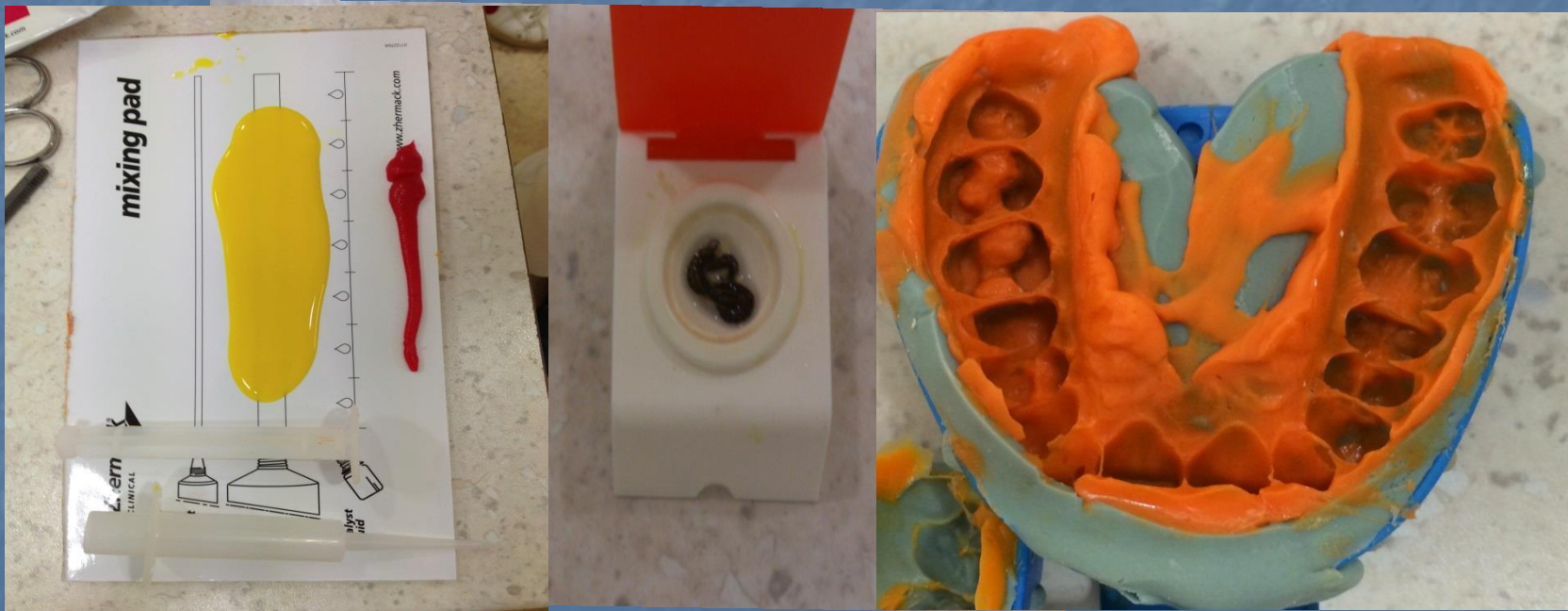
Acid etching with 37% phosphoric acid – enamel 30 seconds and dentin 15 seconds. Wash. Dentsply bonding material applied and light cured for 20 seconds. The OD cavity on 15 and the MO on 18 were filled with A3 composite. Finishing and polishing carried out and the occlusion adjusted with articulating paper.



Prepared cavity for onlay



2 stage 2 phase precisional situational impression with retraction cord technique,



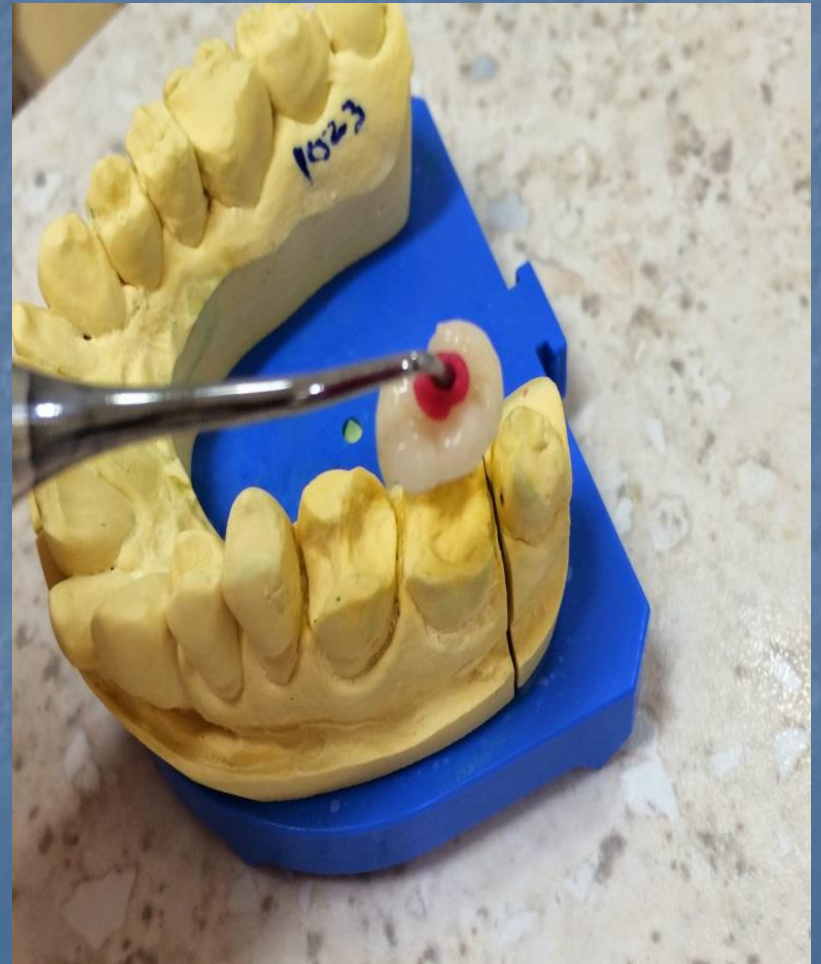
Antagonistic impression and wax bite.



Onlay-s on cast



Tray in process



Tray in process without rubber dam



Preparation of onlays for cementation with hydrofluoric acid and silane



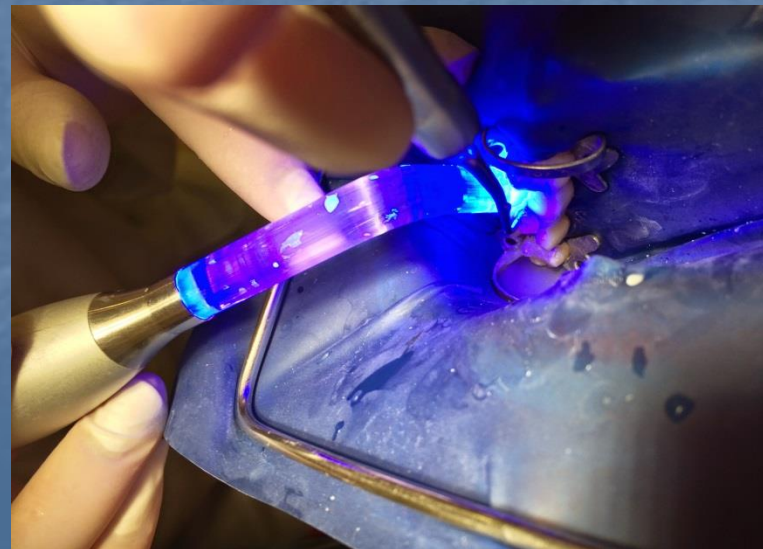
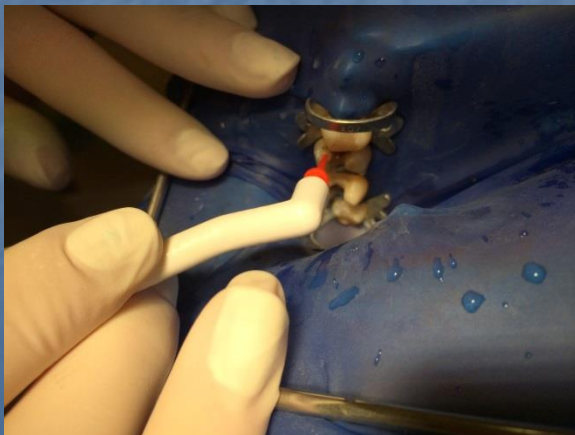
Each inlay was
cemented
seperately

Preparation of tooth for receiving the only with cement by etching and bonding

Acid etching with 37% phosphoric acid – enamel 30 seconds and dentin 15 seconds. Wash, dry, apply dual cure resin bonding material



After surfaces are prepared the onlay is cemented carefully into place with dual- cure resin cement. Excess cement should be quickly wiped away and dental floss used inter-dentally. Light cure all sides of the onlay with lamp



Checked occlusion with occlusal paper.



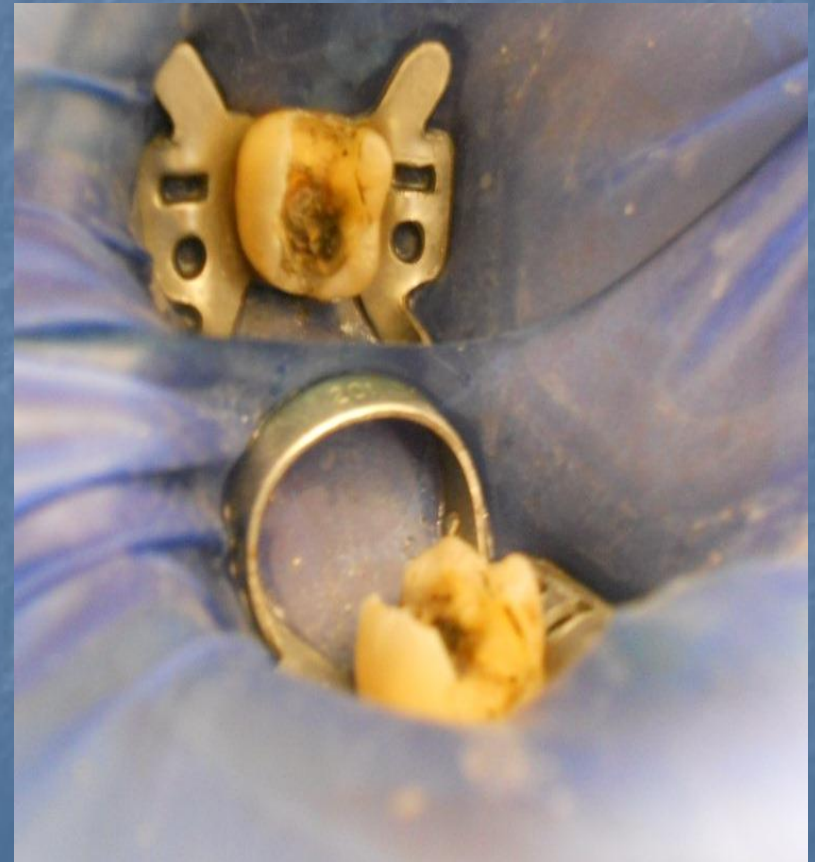
Before and after the treatment



Lower arch second Molar (Gánti Bernadette)



Removing of amalgam



Preparation



Antagonist Impression Biteregistration



Impression for Onlay



- 2 fase in one time
- C silikon:
 - Zetaplus
 - Oranwash



Temporary filling (Clip)



Onlay in Articulator



Onlay on cast



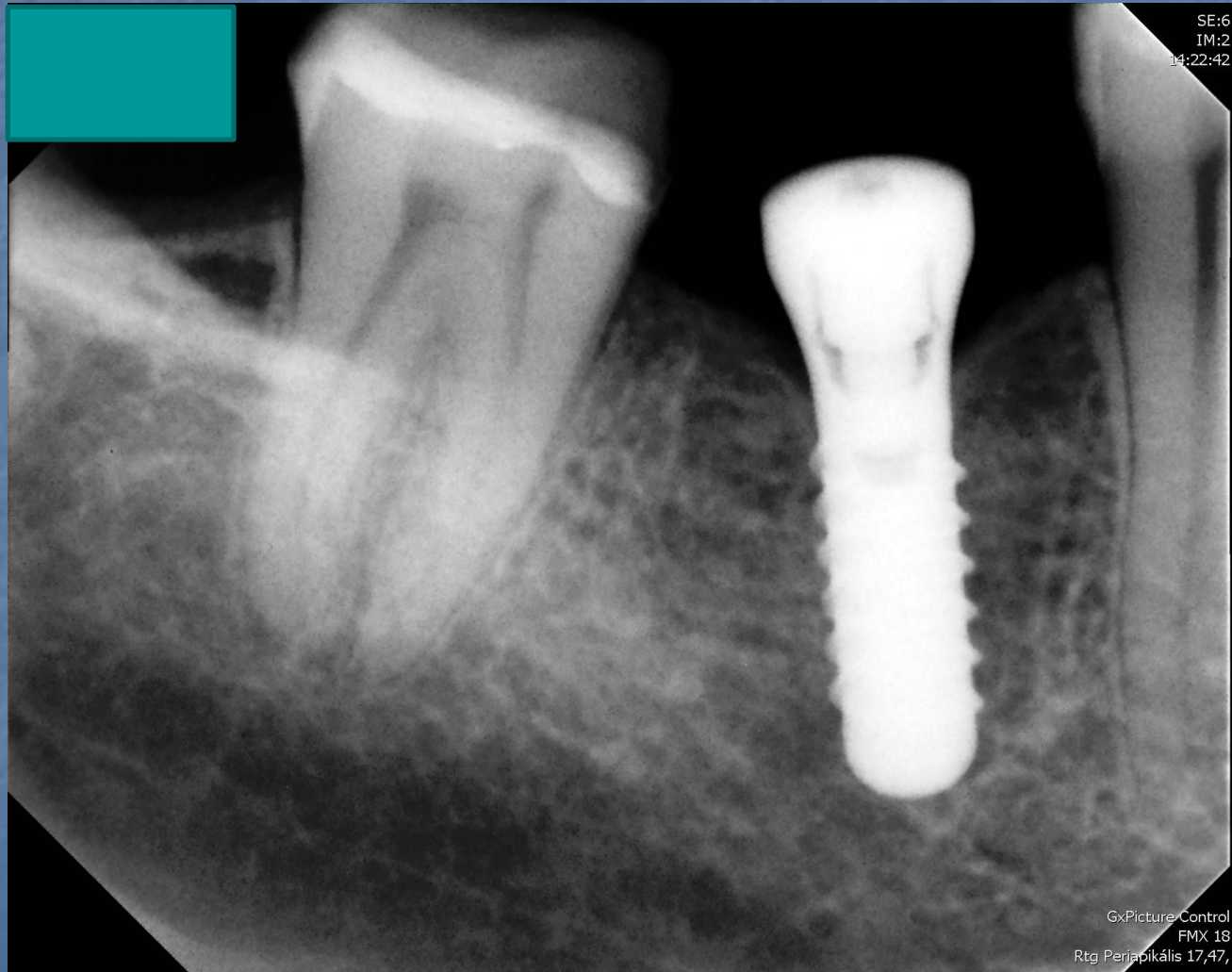
Control in the Mouth



Onlay after the Fixation



X-RAY





Differences

in making esthetic and metal inlays



	Esthetic inlay	Metal Inlay
Preparation, Divergency Beveling, Depth	6-8-10° No beveling! 1,5-2 mm	3-5 ° Beveling!(40-30°) 1,5 mm
Retention makro, mikro, friction	Mikroretention Adhesive system	Friction grip No adhesive s.
Luting material, luting tecnic	Composit resin Dual curing	Glass-ionomer Phosphate cem.