## Isolation in Conservative Dentistry and Endodontics

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## • This word came from latin, it means confine, separate

- In the dental practise means the protection of the operating field from the undesired moisture and infections
- The operating field must be protect from the saliva, from the crevicular fluid, from different micro-oranism,water vapour of the expiration

## The operating field must be protect

- Saliva
- Crevicular fluid
- Blood
- Different micro-oranism
- Water vapour of the expiration

#### The types of the isolation

• Relativ

• Absolut (Rubberdam)

#### **Relativ** isolation

 We can protect the operation field only from the salive, but we can't protect from the other unbenfical ( blood, crevicular fluid) materials

#### Instruments of the relativ isolation

- Cotton rolls
- Salive ejector
- High performance vacuum evacuator (Exhaustor)
- Other instruments (Cotton rolls holder by Bányai, Huszár)

### Salive ejector (nyálszívó)

- It's made from metal, porcelan, glas, plastic
- Mostly we use the disposable plastic salive ejector
- Easy to use

### Absolut isolation (Rubber dam)

- We can avoid all unbenefical material
- We can keep dry the operation field
- It is a thin rubber dam
- We can isolate one or some teeth





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#### Sanford Christie Barnum

1864. Discovered



#### Advantages

- Isolate the operting field
- Can prevent the aspiration, and swallow
- Protect the soft tissues
- Better visibility and access
- Operation Efficiency is higher
- Part of the infection controll (protect the operator too)
- Sometimes we don't need to use saliva ejector

### In which cases mandatory to use

- Endodontal treatment
- Fixation of adhesive inlays/onlays
- Adhesive filling
- Removing of amalgam fillings
  - Allergy
  - Pregnancy
  - Childs

## At which step of the treatment have to place the rubber dam

- Endodontics
  - Before the opening of the pulp chamber
  - Before the removing of the temporary filling (2. appointment
  - Pulp capping
- Restorative treatments
  - After the cavity preparation
  - Before removing of the amalgam filling
  - After the try-in of the inlays/onlays

- Rubber dam
- Punch
- Retainer (rubberdam clamps)
- Forceps, Retainer forceps
- Frame, Holder
- Dental floss
- Other intermediates (wedges, rubber tube)



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- We can buy in 6"x 6", 5" x 5" sheets, or in rolls
- Different thickness is available: thin, medium, heavy, extra heavy, special heavy
- It's made from rubber (latex), but there could be allergie against latex
- For this patients was made dam from silicone

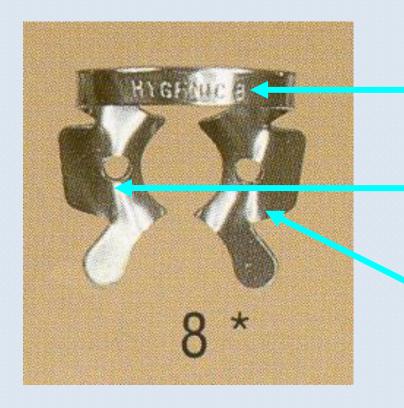
- Rubber dam
- Puncher
- Retainer (rubberdam clamps)
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### Retainers (clamps)

- Retainers can fix the rubber dam on the tooth
- Plastic, metal
- Mostly we use the metal clamps
- The physical characteristics of the metal clamps are better, but it has an X-ray shadow. By endodontic treatments could be some problems

#### Parts of the clamps

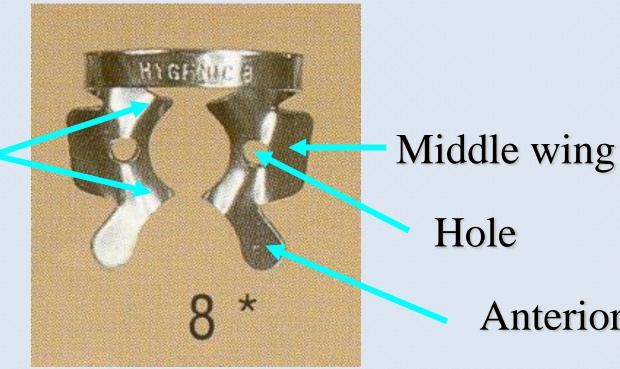


#### Bow

Buccal jaw

Oral jaw

#### Parts of the clamps





#### Anterior win

#### Parts of the clamps

#### Labial wing



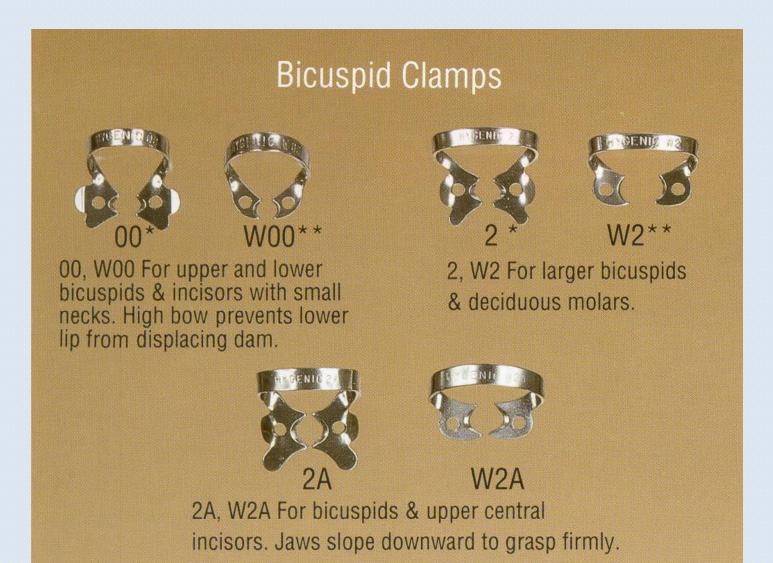
#### Oral wing

Bow

### The types of the clamps

- Winged Wingless
- Crown Root
- Clamps designed for certain teeth

### Winged - Wingless



#### Winged - Wingless

#### Molar Clamps





7 \* W7\*\* 7, W7 General purpose flat jawed lower molar clamp.



8



W8\*\*

8, W8 General purpose upper molar clamp.





W8A\*\*

8A, W8A Designed for partially erupted or irregularly-shaped molars. Jaws slope downward to grasp firmly (Pedo).





W14

14, W14 Designed for partially erupted or irregularly-shaped molars.

### Winged - Wingless



14A \* W14A\*\* 14A, W14A Designed for partially erupted or irregularly-shaped molars. Jaws slope downward to grasp firmly.



3, W3 Flat jawed, small molar clamp.

\* Denotes contents of System-7 Clamp Pak (Winged)

\*\*Denotes contents of System-7 Clamp Pak (Wingless).



W56 Molar clamp, wingless only.

W56

- Rubber dam
- Punch
- Retainer (rubberdam clamps)
- Forceps, Retainer forceps
- Frame, Holder
- Dental floss
- Other intermediates (wedges, rubber tube)

#### The forceps, Retainer forceps

• With the forceps can we place the clamps on the teeth

- Rubber dam
- Punch
- Retainer (rubberdam clamps)
- Forceps, Retainer forceps
- Frame, Holder
- Dental floss
- Other intermediates (wedges, rubber tube)

## The frame

- Maintains the border of the rubber in position
- Metal (By Young)
- Plastic
  - Solid (Nygard-Ostby-féle keret)
  - Fould-up type (Sauveur-féle keret)
- Special types of frames (Optradam)





# Other Intermediates (retainer materials)

- Dental floss
- Wedges
- A little piece of rubber dam
- Ruber tubes

### A kofferdam használat lépései

- Inspect the teeth
- Choose the appropriate clamp
- Place the dental floss on the clamp
- Clamp try in (stability, retention)
- Make the hole on the rubber dam

### Gumilepedő kilyukasztása

- Template
- Stamp
- We can mark the tooth in the oral cavity

#### Placement

- Place the rubber dam with the retainer, then the holder
  - Rubber-dam on the clamp's wings
  - Rubber-dam on the clamp's bow
- Place first the rubber dam, then the clamp, and the the frame
- Place first the clamp, then pull the rubber dam through the clamp and then the holder
- Place in one piece the retainer, the rubber dam and the holder

Place first the rubber dam, then the clamp, and the the frame

- We need assistance
- Nurse hold the rubber in position
- Dentist place the clamp on the tooth
- Then place the holder

#### Placement of the holder

- Metal frame- over the rubber dam
- Plastic frame under the rubber dam
- We can make pockets

## Take off

- 1. First the retainers
- 2. In some cases, we need to cut through the rubber dam
- 3. Take off the rubber dam and the frame together

#### Singe tooth isolation

Root Canal Treatment

• Inner Bleaching

• Filling without approximal surface

#### Several teeth isolation

• Tooth in a bad condition, big destruction

• Filling with approximal surface

#### **Problematic Cases**

- Mass tooth structure missing
  - Gingivectomy
  - Prior filling build up
- Radix / Roots
  - Special clamp
  - Gingivectomy
  - Clinical crown lenghtening operation
- Bridge

#### Disadvantages

- Abridge the respiration
- Allergy
- Clamp aspiration or swallow
- Can hurt the enamel or cement
- Can hurt the soft tissues (strangulatio, gingiva wound)
- If we use the proper instrument, and we ask carefully the patient before the treatment, we can't make mistakes

"We choose to go to the moon. We choose to go to the moon in this decade and do the other things, not because they are easy, but because they are hard"



#### Thank you for your attention!

Special thanks to dr. David Jelencsics