



#### THERAPY OF THE CARIES

# REMINERALIZATION, DIRECT AND INDIRECT RESTORATIONS

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### **CARIES**

localised, chronic infectiouse, multicausal D.



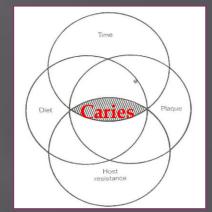
#### REVERSIBLE

Microscopic materialloss Th: Secondary prevention ■ IRREVERSIBLE

Macroskopic materialloss

Th: Restoration

Primer factors: cause the caries Secondary Factors: modify the effect of primer factors



Klassic, or funkcional definition of caries

**DEMINERALIZATION > REMINERALIZATION** 



## THERAPY OF CARIES



PREVENTION

(secondary)

**Incipient caries** 

(REVERSIBLE)

RESTORATION

caries superficialis caries media caries profunda

(IRREVERSIBLE)

## Therapy of incipient caries prevention

#### Incipient caries can be: (in most cases)

- -on the smooth surface (between the biggest curvature and the gingiva)
- -into the fissure and pits

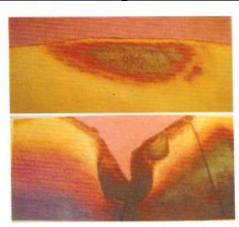
#### Clinical picture: generally different

- 1. on the smooth surface (white spot lesion) chalky white, opak areas vestib/oral surface proximal difficult X-ray
- 2. into the fissure (darker/opaker)

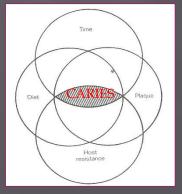
Therapy: medical and dental history, examination... Evaluation of the data

- -optimale oral hygiene
- -dietary *counseling* -remineralization
- -fissure sealent: (occlusale surface) (F)





Konz.fog . book



#### **PREVENTION**

Fluoride (S/T) dietary counselling (C) oral hygiene fissure sealants

Incipient caries

Noninvasív therapy

Secondary prevention

Remineralization: means the precipitation of minerals, rebuilding, reincreasing crystalline structur, and a more compact crystalline-structure develops in the enamel

What is the consecvence of the demineralisation and remineralisation?

Demineralization: first of all develops into the subsurface area into the enamel (body of lesion), where the demineralization can arrive the 70%. The size of the enamelcrystalline decrease, 10-30 nm.

Surface zone	40 nm	80 nm
Body of lesion	⊖ <sup>10 nm</sup>	30 nm
Dark zone	50 nm	100 nm
Translucent zone	30 nm	
Sound enamel	40 nm	

Recrystallisation, remineralisation Because of the outflow of Ca<sup>++</sup> and PO<sub>4</sub> -, the solution becomes saturated, and the process turns back. Ca<sup>++</sup> PO<sub>4</sub><sup>--</sup> ions precipitate into the "surface zone" and into the "dark zone" and it causes increase in the size of crystalline. 80nm enamel-crystalline!

#### Remineralization:

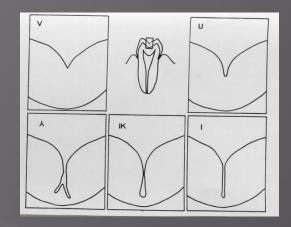
Local application is made. (Preventív dentistry!) (fluoride in different form, concentration, xilit containing sweets, and other materials)

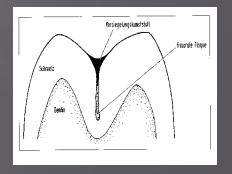
- Possibilities for local remineralisation:
  - toothpaste:adult:1000-1500 ppm,
     children: 250-500 ppm (250mg/1 kg)
  - mouth rinses adult:1000-1500 ppm, children: 250-500 ppm (250mg/1 kg) in case of high caris risiko!
  - Geels : 2 or 3 times a year
  - Resin infiltration
- Carry out:individual (patient)expert (dentist, dental hygenist)

### FISSURE SEALENTS

(Where can be fuond fissure and pits?)

- Preventive fissure sealing: healthy fissure!
   (primer prevention)
   Caries-susceptibil
   fissures and pits will be closed. (within 6 month)
- Incipient caries
   (secondary prevention)
   fissure sealent:
   (extended)







#### Materials of fissure sealents

- Composit typs fissure sealents: 25-28% anorganic filler UV light cure, selfs-cure, and visible light cure Shade!
- Fluoride containing composit: because of fluoride release cariesprotektív effect
- Glasionomer fissure sealents: fluoride release and chemical adhesion to enamel. Problem: with abrasion. It is recommended to use for short time, after the eruption of the tooth.
- Kompomer fissure sealents: less experience with them.

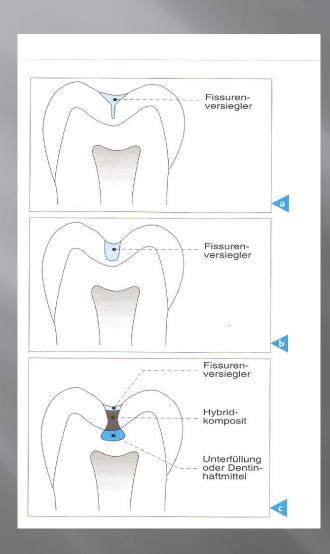
#### Carry out

## Carry out

- Isolation
- Cleaning/Opening
- Kondicional
- Drying
- Material
- Occlusion controll
- Recall

Opak material!

## FISSURE-SEALENT



Prophylactic Fissure-sealent (afer the tooth eruption)

b. Discolored Fissuren

c. Not healty Fissuren

# THERAPY OF CARIES



PREVENTION (secondary)

**Incipient caries** 

(reversible caries)

RESTORATIONS

caries superficialis caries media caries profunda

(irreversible caries)



#### **RESTORATIONS**

(in conservative/operative dentistry)





Material of the restorations can be plastic or not plastic (solid) in the moment of placing .

DIRECT RESTORATIONS
Fillings

The aim of direct fillings:

- Pulp-dentin protective
- Temporary filling
- Definitív filling

According to the Material:

#### INDIRECT RESTORATIONS

Inlay, Onlay, Overlay
(are fixed with luting material)
According to the extension

Inlay Onlay, Overlay



According to the Material:

### Pulp-dentin protective filling

- Liners and bases and varnish: are placed between the dentin and the restoration, to protect the pulp. Deep cavity.
- Protection:

thermal
electrical
chemical
mechanical
pulpal medication





- Difference between the liner and base:
- Materials: different cements, bond materials
   Traditional liners and base!
   Sealing effect of bond material!

# Liner (very thin layer)









Lining with lightcuring calcimol





### Base Amalgam filling

Seconder caries

Cement base phosphat cement glassionomer cem carboxylat cem.









### Temporary filling

- Temporary filling: are placed into the prepared cavity, if the therapy needs more than one sitting.
- The reason can be different. (root canal treatment, indirect restoration ......)
- Materials: because of the reason, the materials are different.
  - -root canal treatment: good marginal seal glassionomer cement
  - -indirect restoration: removing without rotating instrument: guttapercha, special composit,
  - -direct restoration: paste setting into the saliva

# Rootcanal treatment Sealing of the Obturation with glass ionomer cement



Light-curing glass ionomer



Ionoseal (Voco)



Self-curing glass ionomer

# After rootcanal treatment (long term temporary glass ionomer)

- Removal of temporary filling material
- Cusp reduction
- Long term temporary glass ionomer filling placed





# Indirect restoration: removing without rotating instrument:

Clip Composit





## Definitív direct filling

Indication, contraindication, advantage, disadvantage)

According to the material:

- a. amalgam
- b. composits
- c. glass-ionomer
- d. compomers











# Composit filling









# Composit filling



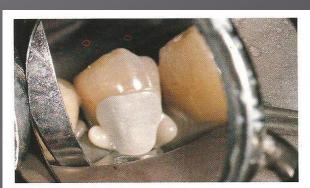


### Glassionomer cement



1 Removing amalgam

4 GIC-cement matrix





2 Cavity

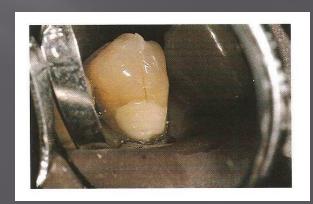


5 Filling



3 Conditioning



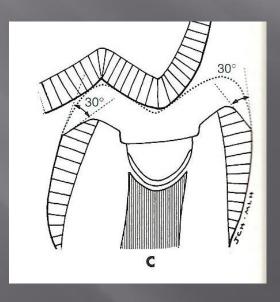


#### Definitiv indirect restoration

Indication, contraindication, advantage, disadvantage, materials)

- Inlay: All cusps are into the mouth, or one cusp is reduced, but the others are into the mouth.
- Onlay: All cusps are reduced.
- Overlay: not only the proximal, but the vestibular / oral surface is involved into the cavity.

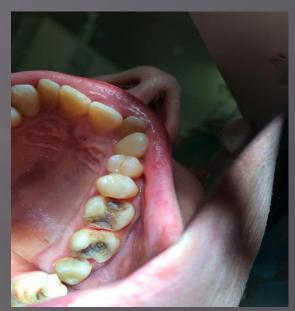






# Inlay and filling in upper arch

The amalgam fillings were removed on 15, 16, 17 and 18. After removal, small secondary caries was discovered and also removed.15 and 18 were prepared for a composite filling, 16,17 were prepared for inlay.













### Definitív indirekt restoration







# Therapie of the not vital teeth or irreversible Pulpitis

Rootcanal treatment in one or more Sitting

Rootcanal treatment + Surgical tretment

Extraction