

**Content of „The Human Body; An Introduction to Structure and Function” modified for
EXAM REQUIREMENTS 2019.02.**

**Those parts that are not crossed through, are required
Additional requirements listed separately**

~~1-2 Biology of the Cell, Genetics and Evolution 1-66~~

3 Tissues 67

- Epithelial Tissue 68
- Surface Epithelia 68
- Glandular and Sensory Epithelia 72
- Connective and Supporting Tissues 72
- Connective Tissue 73
- Supporting Tissue 78
- Muscle Tissue 85
- Smooth Muscle Tissue 86
- Striated Muscle Tissue 87 (**NOT: 91-96**)

~~Nerve Tissue 97~~

The Neuron 97

~~The Nerve Impulse (Action Potential) 100~~

~~The Synapse 101~~

- The Glia Cells (Neuroglia) 105
- The Nerves 106

4 The Locomotor System (Musculoskeletal System) 113

- Axes, Planes, and Orientation 114
- Axes and Planes of the Body 114
- Nomenclature of Positions and Directions 114
- General Anatomy of the Locomotor System 116
- The Bones 116
- The Joints 117
- Function and Structural Principles of Skeletal Muscle 123
- The Tendons 127
- Auxiliary Structures of Muscles and Tendons 127

The names of the main bones, and the main parts of the following joints: shoulder, elbow, wrist, hip, knee, ankle are required.

Following figures are required:

4.9, 4.10, 4.15, 4.34b, 4.35, 4.45, 4.51, 4.52, 4.56

~~Special Anatomy of the Locomotor System 129 - 196~~

Summary - 197

5 The Heart and Blood Vessels 205

- The Heart (Cor) 206
- Shape and Position 206
- Structure of the Heart 208
- The Conduction System 214
- The Coronary Vessels 215
- Systole and Diastole 216

Cardiac Output 218

Nerve Supply of the Heart 218

Heart Sounds and Heart Murmurs 219

Resting and Action Potential of the Heart 220

- Differences between Cardiac and Skeletal Muscle 221

~~The Electrocardiogram (ECG), Blood Pressure, Examination of the Heart 221-226~~

The Vascular System—Structure and Function 228

The Blood Vessels: Arteries, Veins, and Capillaries 228

- The Structure of Arteries and Veins 228
- Structure of the Capillaries 229

Lymph Vessels 229

Systemic and Pulmonary Circulation 231

The Fetal Circulation 234

The Arterial System 234

The Venous System 238

~~The Vascular System—Physiological Principles 244-251~~

Summary - 252

6 Blood, the Immune System, and Lymphoid Organs 259

The Blood 260

Functions of the Blood 260

The Cells of the Blood 262

- The Erythrocytes 262
- The Leukocytes 263
- The Platelets 266

~~Blood Groups and Blood Transfusions, The Plasma, The Erythrocyte Sedimentation Rate (ESR), O₂ and CO₂ Transport in the Blood, The Anemias, The Regulation of Erythrocyte Generation, Hemostasis and Coagulation 266-281~~

The Immune System 282

~~Nonspecific Immunity 282~~

~~Specific Immunity 283-287~~

The Lymphoid Organs (Immune Organs) 287

The Thymus 290

The Lymph Nodes 291

The Spleen (Splen, Lien) 293

Lymphoid Tissues of the Mucous Membranes 295

Summary - 299

7 The Endocrine System (whole) 307-332

8 The Respiratory System 333

The Path of Oxygen to the Cell: External and Internal Respiration 334
Organs of the Air Passages 335
Nasal Cavity and Paranasal Sinuses 335
Pharynx 339
Larynx 339
The Windpipe and Bronchial Tree 344
Serous Cavities and Membranes of the Chest and Abdomen 348
Lungs (Pulmones) 348
Visceral and Parietal Pleura 350
External Structure of the Lung 350
Internal Structure of the Lung 350
Ventilation of the Lungs, Gas Exchange and the Blood-Air Barrier, The Regulation of Breathing, The Mechanics of Breathing 353-370
Summary - 370

9 The Digestive System 377

Metabolism, Energy Requirements and Nutrients 378-389
The Digestive Organs 389
The Oral Cavity 389
The Throat (Pharynx) 400
The Gullet (Esophagus) 402
The Stomach (Ventriculus, Gaster) 404
The Small Bowel (Intestinum Tenue, Enteron) 407
The Large Bowel (Intestinum Crassum) 414
Relations of the Peritoneum and Mesenteries of the Abdominal Organs 418
The Pancreas 421
The Liver 423
The Gallbladder (Vesica Biliaris) and Bile Duct 426
Overview of the Digestive Processes 428-440
Summary 433

10 The Kidneys and Urinary Tract 441

Role of the Kidneys 442
Overview of Structure and Function of the Kidneys 442
The Kidney (Ren, Nephros) 443
Shape and Position 443
Renal Cortex and Renal Medulla 446
The Renal Vessels 448
The Renal Corpuscles and the Glomerular Filter 448
– Properties of the Glomerular Filter 450
Glomerular Filtration, Renal Tubules and Collecting Ducts, Composition of Urine 450-457
Urinary Tract 457
Renal Pelvis 458

Ureter 458

Urinary Bladder (Vesica Urinaria) 459

Urethra 463

Summary - 465

11 The Reproductive Organs 471

Function and Structure of the Reproductive Organs 472
Male Reproductive Organs 472
Overview 472
Testis (Orchis) 474
Epididymis 477
Vas Deferens 478
Seminal Vesicles (Vesiculae Seminales) 478
Prostate Gland 479
Cowper's Glands (Bulbourethral Glands) 481
Composition of... Castration and... 481
External Male Sex Organs 481
– Scrotal Sac (Scrotum) 482
– Penis (Male Member) 482
Erection, Ejaculation 484
Female Reproductive Organs 485
Overview 485
Ovaries 486
The Menstrual Cycle 492
Fallopian Tube (Uterine Tube, Salpinx) 493
Uterus 494
Vagina 495
External Female Sex Organs (Vulva) 496
The Female Breast (Mamma) and Mammary Gland 497
Summary - 499

12 Reproduction, Development, and Birth 505

Germ Cells 506
Fertilization 506
– Sex Determination 509
Transport through the Uterine Tube and Segmentation 511
Implantation and Development of the Placenta (Afterbirth) 513
Structure of the Placenta 514
Umbilical Cord (Funiculus Umbilicalis) 516
Development of the Embryo 516
Derivatives of the Germ Layers 518
Evolution of the Body 519
Development of the Fetus, Birth, Postnatal Development 520-528
Summary - 528

13 The Central and Peripheral Nervous Systems 533

- Classification of the Nervous System 534
- Role of the Nervous System 534
- Development of the Nervous System 535
- Central Nervous System 536
- Development and Organization 536
- The Brain (Encephalon) 538
 - Cerebrum or Forebrain (Telencephalon) 538
 - **Diencephalon, Midbrain—Pons, Cerebellum, Medulla Oblongata, Brainstem ... 548–556**
- Spinal Cord (Medulla Spinalis) 557
 - Spinal Nerves 558
 - Gray and White Matter of the Spinal Cord 561
- Ascending and Descending Tracts of the Spinal Cord, Voluntary Motor Tracts (Pyramidal Tracts), Extrapyramidal Motor System, Spinal Reflexes 563–572**
- Membranes of the Brain and Spinal Cord 573
 - Membranes of the Brain 573
 - Membranes of the Spinal Cord 574
- Cerebrospinal Fluid (CSF) and the Ventricular System 576
 - CSF Drainage 578
 - Lumbar Puncture 578
- Blood Supply of the Brain 578**
- Peripheral Nervous System 584
- Peripheral Nerves 584
- Ganglia 584
- Spinal Nerves 585
- Networks of Nerves (Plexus or Plexuses) 585
 - Cervical Plexus 586
 - Brachial Plexus 586
 - Lumbar Plexus 589
 - Sacral Plexus 589
- Cranial Nerves 589

14 The Autonomic Nervous System 605

- Function and Components 606
- Outline of the System 608
- Sympathetic Nervous System 609
 - Function 609
 - Structure 610
- Postsynaptic Receptors on Effector Organs 613
- Parasympathetic Nervous System 613
 - Function 613
 - Structure 614
- Cranial Parasympathetic System 614
- Sacral Parasympathetic Outflow 616
- Nervous System of the Intestinal Wall 616

15 Sense Organs 623

Receptors and Sensory Cells 624

- The Eye 625**
- The Eyeball (Globe, Bulbus Oculi) 625
- Anterior and Posterior Chamber of the Eye 627
- Intraocular (inside the eye) Pressure 628
- Lens and the Process of Accommodation 628
- Iris and Pupillary Reflexes 629
- Cornea 630
- Sclera 630
- Vascular Tunic (Uvea) 631
- Retina 631
- Rods and Cones 633
- Optic Disk (Discus Nervi Optici) 633
- Macula Lutea (Yellow Spot) 634
- Eye Ground (Fundus) 635
- The Optic System 635
- Nearsightedness 636**
- Farsightedness 636**
- Astigmatism 637**
- Visual Acuity 638
- The Visual Pathway 639
- Visual Field Defects 639
- Accessory Structures 641
- The Ear 644**
- The Organ of Hearing 645
- Hearing Problems 651
- The Organ of Equilibrium 651
- The Sense of Taste 654**
- The Sense of Smell 655**

16 The Skin and Its Appendages 663

- Skin (Cutis) and Subcutaneous Tissue (Tela Subcutanea) 664
- Layers of the Skin 664
- Sensory Organs of the Skin 667
- Tasks of the Skin 667
- Skin Appendages 668
- Glands of the Skin 668
- Hair 669
- Nails 670