Semmelweis University Department of Anatomy, Histology and Embryology

Faculty of Medicine 2nd year / 2nd semester

ANATOMY HANDBOOK



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Anatomy, Histology and Embryology for EM students

TEACHING DEPARTMENT:

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LEARNING OBJECTIVES

Aims of the lectures in anatomy: Presentation of the important and/or complicated chapters such as introductory chapters, thorax, pelvis, hand, foot, skull, heart, chapters of the visceral organs, central nervous system, organs of special senses, topographical anatomy.

Aims of the lectures in cell biology and histology: Presentation of the cell, basic principles in cell biology (mitosis, cytoskeleton, cellular motility), detailed presentation of the basic tissues (epithelial, connective, muscle and nervous). Completing the gross anatomy with the detailed presentation of the fine structure of the organs, including the ultrastructural details as well as the molecular arrangement. Important chapters: basic tissues, viscera, central nervous system.

Aims of the lectures in embryology: Presentation of the early development from the differentiation of the germ cells to the formation of the human embryo (general embryology). Presentation of the development of the organs and functional systems parallel with the gross anatomical and histological lectures including the frequently occurring malformations.

Aims of the practical sessions in the dissecting room: Based on the weekly programs the students study the preparations (bones, joints, muscles, viscera, brain) and dissect (parts of or an entire cadaver). They are aided by the lab instructors. Bones, joints, muscles and peripheral nervous system will be taught primarily in the dissecting room.

Aims of the practical sessions in the histology room: Facilitate the understanding of the basic tissues (epithelial, connective, muscle and nervous) and the fine structure of the organs through the observation and interpretation of histological specimens.

Discussion of the more complicated chapters of the embryology is presented on small group discussions connected to the practical sessions in the dissecting room.

The knowledge of the students will be checked by mid-term tests.

Lectures: first semester: 3x 45 min; second semester: 3x 45 min; third semester: 3x 45 min; fourth semester: 1x 45 min.

Topics of the lectures:

First semester: Gross anatomy of the bones, joints and muscles, basic cytology, basic histology, basic embryology, development of the skull, spine and limbs.

Second semester: Heart and vessels, lymphatic organs, viscera and body cavities; integrated gross anatomy, cytology, histology and embryology.

Third semester: Central and peripheral nervous system, organs of special senses, endocrine organs; integrated gross anatomy, cytology, histology and embryology.

Fourth semester: Topographical anatomy of the head, neck and body cavities (thorax, abdomen, pelvis), cross sectional anatomy.

Practical course

: 6x 45 min; second semester: 6x 45 min; third semester: 4x 45 min; fourth semester: 2x 45 min;

First semester: Gross anatomy of the bones, joints and muscles, basic cytology, basic histology, basic embryology, development of the skull, spine and limbs.

Second semester: Heart and vessels, lymphatic organs, viscera, topography of body cavities; integrated gross anatomy, cytology, histology and embryology. Topographical anatomy of the ventral regions of limbs and the trunk.

Third semester: Central and peripheral nervous system, organs of special senses, endocrine organs; integrated gross anatomy, cytology, histology and embryology. Topographical anatomy of the dorsal regions of limbs and the trunk, including spinal cord.

Fourth semester: Topographical anatomy of the head, neck and body cavities (thorax, abdomen, pelvis), cross sectional anatomy. Review of the subjects taught and studied during the four semesters.

Type of exams: first semester: semifinal; second semester: semifinal; third semester: semifinal; fourth semester: final exam from the subjects of the four semesters..

ECTS credits: four semesters together: 28 (first semester: 9; second semester: 9; third semester: 7; fourth semester: 3)

EM II

2nd year 2nd (4th) semester announcements

Signing of the lecture book: active participation in lectures and dissection room classes is obligatory for every student. Students should attend at least 75% of the scheduled hours to gain a signature proving the validity of the semester. Absences are therefore limited in **25%**. Presence will be recorded.

Midterm examinations: During the 4th semester, both practical and theoretical knowledge will be regularly evaluated. The **anatomy** mid-terms include both identification of several structures on the specimen and theoretical questions related to the subject.

Evaluation is made using a five-grade scale (1-5)

In the 4th semester the semester end dissection test (PIN TEST) will be replaced by the dissection part of the final examination. Therefore, here, at least one of the midterms will have to be completed with at least a pass (2) for the acceptance of the semester. The date of the tests is always set previously.

In case neither of the tests were successful, due to being absent from, or failure of, both of the midterm tests, one dissection room test may be **repeated** in the final week of the semester (TBA). The results of all tests will appear on the personal achievement cards.

Students will be asked to present their histology notebooks, containing the drawings, during the final exam.

N.B. – In case, neither the first nor the repeated takes of the final exam have been successful during the summer examination period, the students may register for **a CV final course** for the following semester, or, they may **reregister for ANA4** and repeat the semester in the Human Morphology Department.

EM II.

Subject matter of the 4th semester

I. Topographical anatomy in regions and sections

- a) upper and lower limbs
- b) thoracic and abdominal wall
- c) organs of the thoracic cavity
- d) organs of the abdominal cavity
- e) organs of the pelvis
- f) perineum
- g) regions of the head and the neck
- h) nasal and oral cavities, orbit
- i) cranium

II. Review of the histological specimens

Dates of the revision (consultations) TBA

III. Preparation for the final examination

Test I.

Topic: Organs of the head and neck (topographical aspects) Date: 7th week Monday or Tuesday

Test II.

Topic: Ventral regions of the limbs and the body wall, organs of the thorax and abdomen (topographical aspects)

Date: 11th week Monday or Tuesday

Final examination

Topics: Chapters of the four semesters in anatomy, histology, cell biology and embryology.

The final exam consists of three parts:

- 1. Macroscopical anatomy and dissection
- 2. Histology (2 specimens)
- 3. Theoretical part (6 topics + Cell biology)

Academic Year 2013/2014 Faculty of Medicine, Second Year, Second Semester EM II. Groups 1 - 8

Week	Lecture	Dissection room
	Monday 9.00 - 9.45	Monday (or Tuesday for Group 2)
Week 1 Febr 3 - 7	The topographical and sectional anatomy of the head, clinical relavances	Dissection of ventral and head&neck regions
Week 2 Febr 10 - 14	The topographical anatomy of the neurocranium, clinical relevances	Dissection of ventral and head&neck regions
Week 3 Febr 17 - 21	The topographical anatomy of the viscerocranium, clinical relevances	Dissection of ventral and head&neck regions. Body cavities
Week 4 Febr 24 - 28	The topographical anatomy of the neck, clinical relevances	Dissection of ventral and head&neck regions. Body cavities
Week 5 March 3 - 7	The sectional anatomy of the neck	Dissection of ventral and head&neck regions. Body cavities
Week 6 March 10 - 14	The topographical anatomy of the thorax	Dissection of ventral and head&neck regions. Body cavities
Week 7 March 17 - 21	The sectional anatomy of the thorax	<u>1. Midterm :</u> Topographical anatomy and the viscera of the head and neck
Week 8 March 24 - 28	The topographical anatomy of the abdomen clinical relevances .	Dissection of ventral regions. Body cavities
Week 9 March 31 – April 4	The sectional anatomy of the abdomen	Dissection of ventral regions. Body cavities and the pelvis
Week 10 April 7 - 11	The topographical anatomy of the upper limb	Dissection of ventral regions. Body cavities and the pelvis
	Easter holidays April 14 - 18	
Week 11 April 21 - 25	Easter Monday	No class for groups 1, 3 - 12
Week 12 April 28 - 30 Competition 1st round	The topographical anatomy of the lower limb, gait mechanism	2. Midterm : Topographical anatomy of the ventral regions of limbs, the thorax and the abdomen, body cavities
Week 13 May 5 - 9 PIN TEST 1 Competition 2nd round	The topographical and sectional anatomy of the female pelvis and perineum, clinical relevances	Dissection of the pelvis and the perineum, Brain. Presentation of prosected specimens of the final examination
Week 14 May 12 - 16 <i>PIN TEST 2 & 3 (?)</i>	The topographical and sectional anatomy of the male pelvis and perineum Announcement of the competition results	Brain dissection. Presentation of the placenta and the fetus

Academic Year 2013/2014 Faculty of Medicine, Second Year, Second Semester EM II. Groups 9 - 16

Week	Lecture	Dissection room
	Monday 14.00 - 14.45	Monday or Tuesday
Week 1 Febr 3 - 7	The topographical and sectional anatomy of the head, clinical relavances	Dissection of ventral and head&neck regions
Week 2 Febr 10 - 14	The topographical anatomy of the neurocranium, clinical relevances	Dissection of ventral and head&neck regions
Week 3 Febr 17 - 21	The topographical anatomy of the viscerocranium, clinical relevances	Dissection of ventral and head&neck regions. Body cavities
Week 4 Febr 24 - 28	The topographical anatomy of the neck, clinical relevances	Dissection of ventral and head&neck regions. Body cavities
Week 5 March 3 - 7	The sectional anatomy of the neck	Dissection of ventral and head&neck regions. Body cavities
Week 6 March 10 - 14	The topographical anatomy of the thorax	Dissection of ventral and head&neck regions. Body cavities
Week 7 March 17 - 21	The sectional anatomy of the thorax	<u>1. Midterm :</u> Topographical anatomy and the viscera of the head and neck .
Week 8 March 24 - 28	The topographical anatomy of the abdomen clinical relevances .	Dissection of ventral regions. Body cavities
Week 9 March 31 – April 4	The sectional anatomy of the abdomen	Dissection of ventral regions. Body cavities and the pelvis
		(no class for Groups 13 -16 because of Faculty Day)
Week 10 April 7 - 11	The topographical anatomy of the upper limb	Dissection of ventral regions. Body cavities and the pelvis
	Easter holidays April 14 - 18	
Week 11 April 21 - 25	Easter Monday	Dissection of ventral regions. Body cavities and the pelvis (<i>no class for Groups</i> 9 - 12 because of Easter Monday)
Week 12 April 28 - 30 Competition 1st round	The topographical anatomy of the lower limb, gait mechanism	<u>2. Midterm :</u> Topographical anatomy of the ventral regions of limbs, the thorax and the abdomen, body cavities
Week 13 May 5 - 9 PIN TEST 1 Competition 2nd round	The topographical and sectional anatomy of the female pelvis and perineum, clinical relevances	Dissection of the pelvis and the perineum, Brain. Presentation of prosected specimens of the final examination
Week 14 May 12 - 16 <i>PIN TEST 2 & 3 (?)</i>	The topographical and sectional anatomy of the male pelvis and perineum <i>Announcement of the competition results</i>	Brain dissection. Presentation of the placenta and the fetus

RULES AND REGULATIONS IN THE DISSECTING ROOM

IT IS STRICTLY FORBIDDEN to eat, drink, smoke, to chow gums, or to use music devices or phones. Bags and coats should be left in the lockers before entering the dissecting room. The lockers will have to be locked using your padlocks.

Please, remember to keep your valuables always on you, or lock them in the lockers since the department takes no responsibility for lost items.

Everybody is supposed to behave in the dissecting room conforming to the spirit of the site. Loud speech, out-of-place jokes and any kind of behaviour, disregarding the dignity of human corpses, should strictly be avoided.

Students are expected to be prepared for the practical work.

Students should take care of the furniture and equipment of the dissecting room. Do not sit on the dissection tables or stand on the tripod stools to avoid accidents. **Fire and work safety regulations** should be maintained. The dissection room is a hazard area. **Cleanliness and order** should be kept.

Working in the dissection room involves the use of **sharp and pointed tools**, injuries should be reported to the lab instructor. The technical personnel will provide first aid when necessary.

The white lab coats should be worn while in the dissection room, but should be removed before leaving the dissection room area. The purpose of wearing the lab coats is to protect one's clothing from contacting the cadaver specimen. Furthermore we advise you to wear closed toed shoes and clothing covering the legs. In the end of the class, lab coats should be emptied and left in order on the coat hangers. The department is not responsible for valuables left in the dissecting room.

Only the members of the study group can participate in the sessions, visitors may be present only with prior permission by the lab instructor. Students can leave the sessions only with the approval of the lab instructor.

Photos, or videos can only be made with the agreement and in the presence of the lab instructor.

Specimen preparations should be wrapped and labeled. Dissection materials of other groups or individuals should not be handled. Dissected cadaver pieces should be discarded in a designated container and discarded blades have to be collected separately.

Dissecting rooms are closed between 6:00 PM to 8:00 AM and over the weekends Students may not stay in the dissecting room without the supervision of one of the assistants of the department. In the absence of an instructor, the technical personnel should ask the students to leave the dissecting room.

SMOKING IS STRICTLY FORBIDDEN ON THE DEPARTMENTAL PREMISES, INCLUDING THE GARDEN AND THE YARD!

RECOMMENDED BOOKS





During dissection classes keep your belongings in the lockers and lock them with your padlock!



TOPICS OF THE FINAL EXAMINATION IN ANATOMY, HISTOLOGY AND EMBRYOLOGY

- 1 .: Embryology
- 2.: Histology
- 3.: Locomotor system
- 4.: Circulatory system or organs of special senses
- 5.: Splanchnology (viscera)
- 6.: Nervous system

EMBRYOLOGY

Spermatogenesis

- Oogenesis, Female reproductive cycles
- Fertilization, cleavage of the zygote
- Blastocyst formation. The bilaminar embryonic disc
- Implantation
- Gastrulation, The notochord
- Neurulation
- Development and differentiation of the neural tube
- Derivatives of the ectoderm
- Derivatives of the endoderm
- Differentiation of the mesoderm. Formation and derivatives of the somites
- Derivatives of the mesoderm
- Lateral mesoderm and its derivatives
- Folding of the embryo
- Development of the primitive cardiovascular system and the placental circulation
- The structure of the placenta
- Fetal membranes.Umbilical cord
- The embryonic and fetal periods. Parturition, multiple birth
- Stages of human prenatal development
- Development of the limbs
- Development of the skull
- Development of the muscular system
- Early development of the heart. Folding of the heart tube.
- Development and partitioning of the primitive atrium
- Development and partitioning of the primitive ventricle.
- The aorticopulmonary septum.
- Development of the great arteries. Derivatives of the aortic arches.
- Development of the inferior vena cava and the portal vein.
- Development of the superior vena cava, the azygos and hemiazygos veins.

The fetal and neonatal circulation Development of the face and palate Development of nasal cavity and paranasal sinuses Development of the teeth and the tongue Development of the branchial arches and their derivatives Development of laryngo-tracheal tube, bronchi and the lung Development of branchial grooves, the pharyngeal pouches and their derivatives The formation and differentiation of the foregut Formation and development of the midgut Development of liver and pancreas The formation and differentiation of hindgut Development of the kidneys Development of the urinary passages Development of the gonads Development of the male genital ducts and auxiliary glands Development of the female genital ducts and auxiliary glands Development of the male and female external genitalia Formation and division of the body cavities Development of the peritoneum Development and differentiation of the spinal cord Development of the forebrain Development of the peripheral nervous system

- Development of the eye and optic nerve
- Development of the organs of hearing and equilibration.

HISTOLOGY

- Concept of basic tissues .
- Detinition and classification of epithelial tissue
- Simple epithelia
- Stratified epithelia
- Membrane specialisations of epithelia
- Glandular epithelia
- Pigment epithelium and sensory epithelium
- Cells of connective tissue
- Ground substance and fibres of connective tissue
- Types of connective tissue
- Blood and the formed elements of blood
- Bone marrow maturation of erythrocytes and platelets
- Maturation of granulocytes, limphocytes and monocytes.
- Histology of cartilage
- Histology of the bone
- Intramembranous ossification
- Endochondral ossification
- Growth and remodeling of bone
- Smooth muscle and myepithelial cells

Histology skeletal muscle Cardiac muscle Sarcoplasmic reticulum and transverse tubule system Histology of the neuron Microscopic structure of neurons in the CNS Neuroglia Nervous and supporting cells in the CNS Neurons and supporting cells of the neural crest Nerve fibres, Myelin sheath Receptors. Effectors. Motor end-plate Interneuronal synapses Gross anatomy of pituitary gland. Histology and development of neurohypophysis Blood supply of pituitary. Histology of adenohypophysis Gross anatomy and histology of pineal body Gross anatomy, histology and development of the thyroid gland Gross anatomy, histology and development of the parathyroid glands Microscopic anatomy and development of adrenal cortex Gross anatomy of adrenal glands, Histology and development of adrenal medulla Histology of pancreas and the islets of Langerhans Microscopic anatomy of lymph nodes Gross and microscopic anatomy of the spleen Microscopic anatomy of thymus Microscopic anatomy of tonsils Microscopic anatomy of arteries and arterioles Microscopic anatomy of capillaries and veins Microscopic anatomy of skin Microscopic anatomy of epidermal appendages of skin and mammary glands Microscopic structure of the wall in the gastrointestinal tract Microscopic structure of exocrine glands Microscopic structure of intestinal villi

LOCOMOTOR SYSTEM

Architecture and classification of bones

Fibrous and cartilaginous joints

Components of synovial joints

Classification of synovial joints. Movements and mechanisms

Structure and actions of somatic muscles

Structure of the vertebral column and the muscles responsible for its movements

Movements of the head and the muscles participating in them

Osteofibrous structure of the thoracic cage

Joints of the shoulder girdle and the muscles acting on them

The shoulder joint and the muscles acting on it

The axilla, the quadrangular and triangular spaces

The elbow joint, movements and muscles acting on it

The cubital fossa

Muscles and cross section of the arm Muscles and cross section of forearm Structure and movements at the wrist joint and the muscles acting on it Osteofibrous spaces and muscle compartments of the hand Joints of fingers and muscles concerned in their movements Joints of the thumb and the muscles concerned in their movements Structure of the osteofibrous pelvis Muscles of the buttock, the posterior abdominal wall and the pelvis (external and internal muscles of the hip). The hip joint and muscles concerned in its movements Osteofibrous compartments, muscles and cross section of the thigh The knee joint and muscles concerned in its movements Popliteal fossa Femoral sheath, vascular and muscular compartments. Adductor canal Osteofibrous compartments, muscles and the cross section of the leg Ankle joint and muscles concerned in its movements Subtalar and talocalcaneonavicular joints and muscles acting on them Structure of the foot. Arches of the foot Osteofibrous compartments of the foot Mechanism of walking Anterior cranial fossa (composition, boundaries, connections) Middle cranial fossa (composition, boundaries, connections) Posterior cranial fossa (composition, boundaries, connections) Walls and connections of the orbit Walls and connection of the nasal cavity Inferior surface and connections of the base of the skull Bony walls of the oral cavity, the temporal and infratemporal fossa Walls and connections of the pterygopalatine fossa Temporomandibularjoint and the muscles concerned in its movements Diaphragm Lateral superficial abdominal muscles and fasciae Rectus abdominis muscle and its sheath Inguinal canal Femoral canal Muscles of the pelvic floor Superficial muscles of the neck and the muscle triangles Deep muscles of the neck and the laminae of the cervical fascia Muscles of facial expression

CIRCULATION

Shape and surfaces of the heart Skeletone of the heart Structure of the myocardium Chambers of the heart Endocardium and the valves of the heart Conducting system of the heart Blood supply of the heart Pericardium Surface anatomy of the heart. Heart sounds Position and radiology of the heart. The pulmonary circulation Subdivisions and topography of the aorta Arch of the aorta and its branches Subclavian artery and its branches Axillary artery and its branches Arteries and veins of the arm and forearm Vessels of the hand External carotid artery and its branches Maxillary artery and its branches Course and distribution of the internal carotid artery Venous drainage of the head Course and branches of the thoracic aorta Course and branches of the abdominal aorta Coeliac trunk and its branches Superior mesenteric artery and its branches Inferior mesenteric artery and its branches Branches of the internal and external iliac arteries Vessels of the thigh and leg Vessels of the foot Course and tributaries of superior vena cava Course and tributaries of inferior vena cava Portal system of veins. Communication between portal and systemic veins Venous and lymphatic drainage of the body wall including the breast Lymph nodes and lymphatic drainage of head and neck Lymphatic drainage of upper limb Lymphatic drainage of lower limb Thoracic and the right lymphatic ducts.

ORGANS OF SPECIAL SENSES

Fibrous coat of the eyeball Vascular coat of the eyeball Retina Visual pathways Optic lens and the convergence-accomodation reaction Chambers of eye and vitreous body Extrinsic muscles of the eyeball Eyelids, conjunctiva, fascial sheath of eyeball. Lacrimal apparatus External ear and tympanic membrane Walls of the tympanic cavity. Auditory tube Shape, joints and muscles of auditory ossicles. Bony and membraneous labyrinth Bony cochlea and cochlear duct Auditory pathways Organs of taste and olfaction

INTERNAL ORGANS

Oral cavity Gross anatomy and histology of tongue Morphology of the permanent teeth, blood and nerve supply Fine structure of dentin and enamel Histology of cementum and periodontium Development of teeth. Dentition Gross anatomy, histology and topography of salivary glands Isthmus of fauces Gross anatomy and muscles of pharynx Microscopic anatomy, blood and nerve supply of pharynx Topography of pharynx. Para and retropharyngeal spaces Gross anatomy, histology and topography of oesophagus Gross anatomy and peritoneal relations of stomach Microscopic anatomy of stomach Gross anatomy of duodenum Gross anatomy ofjejunum and ileum Microscopic anatomy of small intestines Microscopic structure of intestinal villi Gross anatomy of large intestines and vermiform appendix Microscopic anatomy of large intestines Gross anatomy and histology of rectum and anal canal Gross anatomy and peritoneal relations of liver Microscopic structure of liver Gross and microscopic anatomy of gall bladder and bile ducts Gross anatomy and topography of pancreas Structure of nasal cavity and paranasal sinuses Skeleton of larynx. Joints and fibroelastic membranes Cavity of larynx. Mucous membrane and muscles Gross anatomy and histology of trachea Bronchial tree. Histology of the lung Gross anatomy of the lung Pleura Subdivision and contents of mediastinum Gross anatomy of the kidney Microscopic anatomy of the kidney Gross anatomy and histology of renal pelvis and ureter Gross and microscopic anatomy of urinary bladder Gross anatomy and histology of male and femal urethra Gross anatomy of the testis

Histology of the testis

Gross and microscopic anatomy of epididymis and ductus deferens

Spermatic cord, scrotum and coverings of testis

Gross anatömy and histology of seminal vesicle and prostate

Gross anatomy and histology of penis. Mechanism of erection

Gross anatomy of the ovary

Histology of the ovary

Gross and microscopic anatomy of the uterine tube

Gross anatomy and fixation of the uterus

Histology of the uterus. Menstrual cycle

Gross anatomy and histology of vagina and female external genitalia

Topography of femal genital organs in the pelvis. Connective tissue spaces, peritoneal relations

Topography of male genital organs in the pelvis. Connective tissue spaces, perito-neal relations

Anatomy of peritoneum . Lesser and greater omentum. Omental bursa, mesentery.

NERVOUS SYSTEM

Gross anatomy of spinal cord. Spinal segment. Spinal nerve. Blood supply and meninges of the spinal cord

Microscopic structure of spinal cord

Spinal proprioceptive reflex arc

Spinal flexor (withdrawal) reflex arc

Spinal autonomic reflexes

Fourth ventricle

Gross and microscopic anatomy of medulla oblongata

Gross and microscopic anatomy of pons

Gross and microscopic anatomy of midbrain

Cranial nerve nuclei

Tracts of the brainstem

Reticular formation and monoaminergic brainstem systems

Gross and microscopic anatomy of cerebellum

Afferent and efferent connections of cerebellum

Anatomy, blood supply and development of the diencephalon

Third ventricle

Gross and microscopic anatomy of thalamus

Hypothalamo-hypophyseal systems

Gross anatomy of hemispheres

Gross and microscopic anatomy of basal nuclei

Lateral ventricles

Arterial circle of Willis and veins of the brain

Microscopic structure of cerebral cortex. Cortical areas

Spinothalamic tract

Dorsal funiculus-medial lemniscus system

Pyramidal tract Extrapyramidal system Limbic system Cranial dura mater and its sinuses Arachnoid and pia mater. Subarachnoid cisterns Cerebrospinal fluid Central nuclei and peripheral distribution of cranial nerves III., IV., VI. Nuclei of trigeminal nerve and distribution of ophthalamic nerve Peripheral distribution of maxillary nerve Peripheral distribution of mandibular nerve Central nuclei and peripheral distribution of facial nerve Central nuclei and peripheral distribution of glossopharyngeal nerve Central nuclei and peripheral distribution of vagus nerve Nuclei and branches of accessory and hypoglossal nerves Cervical plexus **Brachial plexus** Dorsal rami of spinal nerves. Intercostal nerves Lumbar plexus Sacral plexus General structure of autonomic nervous system Cervical and thoracic part of sympathetic trunk Abdominal and pelvic part of sympathetic trunk Cranial parasympathetic Sacral parasympathetic

CELL BIOLOGY TOPIC LIST

1. LIGHT AND ELECTRON MICROSCOPICAL HISTOTECHNIQUES

1. 1. The histotechnical steps of the routine light microscopical preparation. *Specimen blocks, flat mounts and whole mounts, smears. Microscopical viewing of living cells. Difficulties of the used technique.*

1. 2. Types of staining procedures. *Histochemistry, enzymehistochemistry (with examples). 'Native stain' = no staining.*

1. 3. Electron microscopical histotechnique. *Differences and similarities when comparing to light microscopy together with the possible underlying reasons. Special electron microscopical techniques.*

2. IMMUNOHISTOCHEMISTRY

2. 1. The steps and significance of the immunohistochemical procedure. *Effects of temperature, pH and fixation. Epitopes. Monoclonal and polyclonal immune sera (antibodies). Visualization of the immune complex.*

2. 2. Specificity, cross-reactivity, false positive and false negative results, controls. *Masking, detection, blocking. Combined labelling using two or more markers. Selecting the most suitable experimental subjects. The significance of confocal microscopy..*

2. 3 Immunohistochemical methods for electron microscopy (*i.e. post-embedding immunohistochemistry*). Main differences when comared to the light microscopical (pre-embedding) procedure.

2. 4. In situ hybridization. *The possible combinations with other methods. Advantages and disadvantages.*

2. 5. Autoradiography. *The possible combinations with other methods. Advantages and disadvantages.*

3. THE STRUCTURE AND FUNCTION OF THE CELL MEMBRANE

3. 1. Structure of the whole membrane. *The significance of lipid polarity. Main types of the lipid components. Flip-flop, rafts, lateral diffusion. Asymmetry. The specific research methods of the membrane structure. The structure and significance of the gylcocalyx.*

3. 2. Protein components of the cell membrane. *Integral and peripheral proteins, transmembrane, extra-and intracellular types together with their importance. Function of membrane proteins. Aquaporins, orthogonally arranged particles.* 'Multidrug resistance protein'.

3. 3. Transport mechanisms through membranes. *The basic differences between active and passive transports, primary and secondary active transports, channels & carriers (carrier, transporter)*. What are the differences and similarities between the facilitated diffusion, simple diffusion and active transport? Uniport, cotransport, symport, antiport. Describe Na-K-ATP-ase pump relative to the previous processes.

3. 4. The major means and significance of the exo- and endocytotic transports. *Facultative and regulated forms. The significance of the cellular membrane cycles together with the importance of their constant renewal. Why is a balanced exo-and endocytotic process is important?*

4. INTRACELLULAR MEMBRANOUS ORGANELLES

4. 1. Differences between the rough and smooth endoplasmic reticula (structure, function). *The significance of 'Detoxification'. How is a protein produced in the interior of the reticulum, what happens there? Translocators.*

4. 2. The significance and possible ways of protein molecule signalling. *The role of protein conformation. Chaperones (heat-shock proteins). Proteasomes.*

4. 3. The structure, parts and functions of the Golgi apparatus and its relationship with other membranous organelles.

4. 4. The lysosomal system. *Relationship with other membranous organelles and the cytosolic proteins. Fate of the endocytosed substances. Autophagocytosis.*

4. 5. Vesicular transport. Cooperation and connections between membrane systems. Which cellular organelles produce lipo- and glycoproteins? Cytoplasmic membrane formation. Intracellular membrane formation. The fate of proteins produced within the rER. The fate of proteins produced by the free ribosomes.

5. FURTHER CYTOPLASMIC CELLULAR ORGANELLES

5. 1. Protoplasm, cytoplasm, cytosol, nucleoplasm. *Cell fractionation, ultracentrifugation, gradients, characterization and use of cell fractions.*

5. 2. Structure, main functions and origin of mitochondria. *The significance of mitochondrial DNA genealogy. Porins, cardiolipin. Peroxisome, peroxides, peroxidases.*

5. 3. Comparison between prokaryotes and eukaryotes. *Evolutionary advantages of the latter, the theory of their formation. Endosymbiosis.*

6. THE NUCLEUS

6. 1. Composition of the nuclear membrane, connections to other membranous organelles. *Lamins. Structure of the nuclear pores, transport processes. Nucleoporins, importins, exportins.*

6. 2. The organization and shaping of the chromatin substance, forms of chromatin. Constitutive and facultative heterochromatin. Territorial arrangement. Role of histones (in keywords), other proteins and nucleosomes. Nucleoplasm, interchromatic substance, matrix, nucleoskeleton. The structure, function and organization of the nucleolus.

7. CELL SURFACE SPECIALIZATIONS, CELL-CELL ADHESIONS

7. 1. Cuticle, brush border, kinocilium, stereocilium. Function and EM & LM composition of the basal striations (*together with their molecular aspects*).

7. 2. Classification of cell adhesion molecules and their connections. *Homophilic, heterophilic contacts, direct, indirect, and cis/trans bindings, etc.*. *Lectins. The specificity of cell-cell adhesions.*

7. 3. Functional classification of cellular adhesion structures detected by the electron microscope. *Molecular basis of the E.M. structure. Role of catenins, plakins, vinculins, etc. Compare desmosomes and zonula (fascia, punctum) adherens. Significance of the interdigitated junctions. Gap junction; structure and function. Connexon, connexins. Heterophil, heteromer types.*

8. INTERCELLULAR SUBSTANCE (ICS), GROUND SUBSTANCE (GS); THE CELL - 'ICS (GS)' RELATIONSHIP

8. 1. Summary of the components and relations/connections of the intercellular substance. *Comparison with the glycocalyx. Glycosaminoglycans, their design principles, types and examples. Proteoglycans. Fibronectin and related compounds. Matrix metalloproteidases, significance of the ground substance restructuring.*

8. 2. Laminin receptors. Integrins. Describe their features, and the connections formed by them. The dystroglycan-dystrophin complex, their relationship with the cytoskeleton or membrane skeleton. Compare them to cell-cell adhesions. Vinculin, talin, the role of alpha-actinin. The role of molecular RGD component.

8. 3. LM & EM morphology and the molecular composition of the basement membrane and the basal lamina. *Laminins. The role and LM & EM morphology of basal striations.*

8. 4. The role of intercellular contacts in development and tissue formation. *The cell adhesion as a stimulus. Focal adhesion complex. Cell adhesions and cell division. Cell adhesions and migration. Cell adhesions and cell recognitions. Cell adhesions and cell shape. Role of the glycocalyx in the above mentioned procedures.*

8. 5. Cell polarity, apical and basolateral membranes, lateral diffusion, the role of tight junctions and the basal lamina.

9. CELLULAR SKELETON, CELL MOTILITY

9. 1. Summary of the cytoskeletal elements together with their functions. *The common (similar) features of their composition. Significance of associated proteins. Plectin. Motor proteins.*

9. 2. Microtubules. *The structure and function of the centriole. MTOC. MAPs. Dinein, kinesin.*9. 3. Intermediate filaments. *Classification. Specificity. IFAPs. Roles and their relationship to the cell membrane. Plectin.*

9. 4. The organisation patterns (placement) of actin. *Stress fibers. Associated proteins and their functions (examples). Types of myosin. The membrane skeleton together with its functions.*

9. 5. The molecular basis of ameboid movement. *Receptors, cell adhesions, role of adherence (anchorage). Lamellipodium, filopodia. The role of the matrix metalloproteases.*9. 6. The general function of the actin-myosin system. *Troponin, tropomyosin, desmin, titin, nebulin, actinin, myomesin. Role of dystrophin. Calcium stores and their significance.*

10. CELL DIVISION

10. 1. The general description and phases of the cell cycle, main types. *Control points. Cyclins, Cdk's. Early changes in the chromatin and nuclear membrane. The structure and formation of chromosomes. Molecular diagnostic of chromosomes, high-resolution banding.*10. 2. The stages of mitosis. *The cytocentrum and the mitotic spindle. Cell division defects.*10. 3. The division of the cytoplasm. The recovery (reforming) of the cell nucleus. Amitosis, syncytium, plasmodium (examples). The essence of meiosis.

10. 4. Chromosomal sets, description of the genome, haplo-, diplo-polyploidia. Point, chromosomal and genomic mutations.

10. 5. The regulation of cell division. *Telomere, telomerase, transformed cells, immortalized cells, proto-oncogene, oncogene, tumor suppressor gene. External influence upon the dividing cells. Growth factors, adherence, focal adhesion complex, contact inhibition.*

10. 6. The main steps, two basic typesand regualtion of meiotic cell division. Crossing over.

10. 7. Place and time of meiotic divisions in the human body. The reasons of having two different gametes, the comparisons of the male and female gametes, developmental relevances. Composition of a sperm.

11. DEVELOPMENTAL BIOLOGY

11. 1. Stem cell, progenitor cell, precursor cell. *Clone, cell line, spare cells. Role of markers. The ability to divide. Postmitotic cells, the 'birth' of cells. Toti-, pluri-,(multi-, oligo-), bi- and unipotent cells (loss of cell potency). Determination in the absolute or relative terms. Differentiation, de-differentiation, regeneration.*

11. 2. Significance of induction. *Inducive 'signals'. Endocrine, paracrine, juxtacrine, matricicrine, autocrine, introacrine effects. Why could the same induction result in different, or no, response in different cells? Induction 'window'. Primary organization center, secondary organizers, Induction chain. How does this affect the appearance of certain conserved (primordial) structures during embryonic development?*

11. 3. Regulatory signals of development, receptors and the cooperation of regulatory genes. *Early genes. Homeobox genes: Hox and Pax genes, etc. their influence upon the life of cells. Explain the basis for divergent development of two cells sharing an identical genetic fingerprint. Distribution of cytoplasmic factors, topical differences, lateral inhibition.*

11. 4. The role of uneven growth in morphogenesis (examples). Comparison of apoptosis and necrosis. Role of apoptosis in development.

12. THE CELL BIOLOGY OF THE NERVOUS SYSTEM

- 12. 1. The composition of synapses. Neurotransmission. Function and types of synaptic vesicles. Docking, recirculation.
- 12. 2. The composition and formation of the myelin sheath. Differences between the peripheral and central myelin sheaths.
- 12. 3. Composition of the blood brain barrier, the neuromorphological components of the Blood CSF barrier.